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GRANITE VIEWS **STEPHEN RENO**

Ordinary time



As usual, I was running late, walking fast, and focused on the excuse I'd give for my tardiness. The truth is, I'd packed too much into the day's schedule and was now paying the price.

That's when I heard the first toll of the bell, followed by two more, and then a silence. Then the sequence was repeated: three tolls and a short silence, one more such pattern and then a full peal of the church bell. I stopped. In a moment came the recollection of a deep childhood memory. The was the Angelus. It is noon. Instinctively, I stopped, just as I would have done many years ago. This was the call to prayer I'd been raised to heed. The ringing of the Angelus had punctuated my early years, its summons occurring daily at 6 a.m., noon, and 6 p.m. At such times, the folks in my parish would pause, observe a minute of silence as the bell rang, utter a short prayer, and then resume what they were doing.

The practice was the layperson's counterpart to the eight canonical hours, those periods spaced throughout the day, from early morning through to nighttime, when monks and nuns would pause to pray. The purpose of the Angelus — like that of monastic life — was to remind one to pause in one's activities and reflect on spiritual matters: a brief period of meditation, if you will.

On this occasion, the Angelus had its traditional effect, at least to the extent that I stopped and reflected on the triviality of my rushing. The difference the Angelus made that day was precisely that recognition.

Across all religious traditions, there are practices designed to achieve a similar purpose. They are an antidote to the press of our daily lives. In a world supersaturated by social media, 24-7 news, timetables, schedules and expectations, there is little room for quiet moments of reflection. Yes, the practices may seem old-fashioned, formulaic or ritualistic, but they can occasionally take us out of ourselves and spawn insights and refreshment.

Jacob the Baker writes, "Eternity is any moment opened in patience." Perhaps such an appreciation comes with age and practice. Those who engage in daily meditation, those who cultivate mindfulness, know that care of the soul is the counterpart of care of the body.

"Slow down, you move too fast. You've got to make the morning last." That may be the message of the Angelus.

Stephen Reno is the executive director of Leadership New Hampshire and former chancellor of the University System of New Hampshire. His email is stepreno@gmail.com.



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195 McGregor St., Suite 325,
Manchester, N.H. 03102
P 603-625-1855 F 603-625-2422
hippopress.com
email: news@hippopress.com

EDITORIAL

- Executive Editor**
Amy Diaz, adiaz@hippopress.com
- Managing Editor**
Meghan Siegler, msiegler@hippopress.com, Ext. 113
- Editorial Design**
Tristan Collins
hippocollins@gmail.com
- Copy Editor**
Lisa Parsons, lparsons@hippopress.com
- Staff Writers**
Angie Sykeny, asykeny@hippopress.com, Ext. 130
Matt Ingersoll, mingersoll@hippopress.com, Ext. 152
Travis R. Morin, tmorin@hippopress.com
- Contributors** Jennifer Graham, Henry Homeyer, Michele Pesula Kuegler, Dave Long, Jeff Mucciarone, Eric W. Saeger, Michael Witthaus
- Listings**
Arts listings: arts@hippopress.com
Inside/Outside listings: listings@hippopress.com
Food & Drink listings: food@hippopress.com
Music listings: music@hippopress.com

BUSINESS

- Publisher**
Jody Reese, Ext. 121
jreese@hippopress.com
- Associate Publisher**
Dan Szczesny
- Associate Publisher**
Jeff Rapsis, Ext. 123
jrapsis@hippopress.com
- Production**
Tristan Collins, Nicole Reitano-Urquhart, Rachel Stone
- Circulation Manager**
Doug Ladd, Ext. 135
dladd@hippopress.com
- Advertising Manager**
Charlene Nichols, Ext. 126
ccesarini@hippopress.com
- Account Executives**
Alyse Savage, 603-493-2026
asavage@hippopress.com
Katharine Stickney, Ext. 144
kstickney@hippopress.com
Roxanne Macaig, Ext. 127
rmacaig@hippopress.com
Tammie Boucher, support staff, Ext. 150

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Need some motivation to get moving? Join a group! There are all kinds of ways to stay active and socialize at the same time, from bowling leagues and running groups to recreational and competitive teams for sports like basketball and softball. Check out some local groups to find the one that gets you excited to get off the couch.



ALSO ON THE COVER, head to Hooksett for its annual Winter Carnival, p. 24. Find music and comedy happening all week long, starting on p. 46. And spend a night learning to make — and eating — traditional Greek foods, p. 30.

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NEWS & NOTES

Youth suicide funds

The National Alliance for Mental Illness New Hampshire will receive a six-figure federal grant to combat youth suicide in the Granite State. In a Jan. 14 joint news release from the offices of Senators Jeanne Shaheen and Maggie Hassan and Representatives Chris Pappas and Annie Kuster, it was announced that NAMI would get a \$735,844 federal U.S. Department of Health and Human Services grant from the Substance Abuse and Mental Health Services Administration's Garrett Lee Smith Memorial Suicide Prevention Program. The funds will go to support the organization's youth suicide prevention efforts, including their confidential information and resource hotline, which helps individuals and family members of those struggling with mental illness to more easily access support and resources. In a statement, Shaheen said the funds will bolster the organizations anti-suicide efforts by "raising awareness, educating the public and ensuring those who are in crisis are able to get the assistance they urgently need."

Primary rules

With roughly two and a half weeks to go before New Hampshire's first-in-the-nation primary, the Democratic National Committee has announced the qualification requirements for the party's eighth

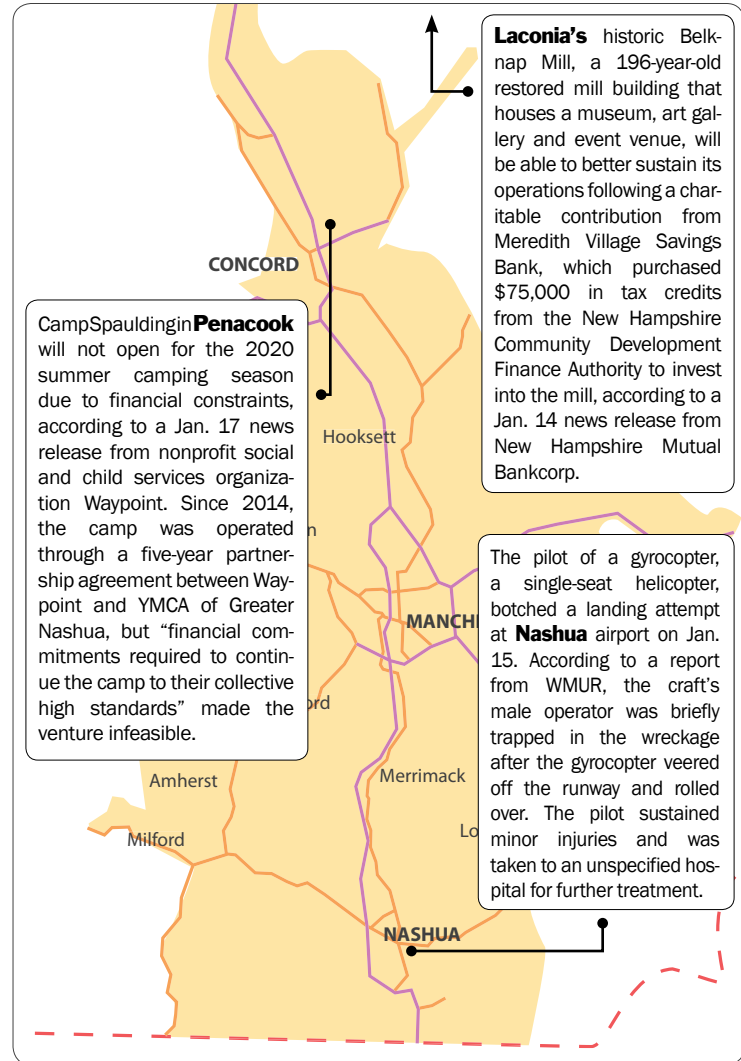
presidential debate. Slated for Feb. 7 on the campus of Saint Anselm College, the debate will be aired by ABC in partnership with WMUR-TV and Apple TV, according to a Jan. 17 DNC news release. In order to qualify, candidates must have earned at least one of Iowa's 41 pledged delegates based on the results of the state's Feb. 3 caucuses. Candidates without delegates can qualify if they meet the party's latest polling criteria (receiving 5 percent or more in national or single-state DNC-sanctioned polls in New Hampshire, South Carolina, and/or Nevada, or receiving 7 percent or more in two single-state DNC-sanctioned polls in New Hampshire, South Carolina and/or Nevada.) and grassroots fundraising criteria (receiving donations from at least 225,000 unique donors and possessing a minimum of 1,000 unique donors per state in at least 20 U.S. states, U.S. territories or the District of Columbia). Representing the most stringent debate qualification criteria of any debate so far this cycle, just six candidates have qualified as of Jan. 20: former Vice President Joe Biden, Massachusetts Sen. Elizabeth Warren, Vermont Sen. Bernie Sanders, Minnesota Sen. Amy Klobuchar, former South Bend, Indiana, Mayor Pete Buttigieg and businessman Tom Steyer.

Be nice

Gov. Chris Sununu on Jan. 16 issued an executive order "Regarding Respect and Civility in the Workplace." Ordering all state employees to "treat others in the workplace with respect and civility consistent with our core values," the decree singled out values like teamwork, diversity and a constructive attitude, and emphasized that the state will "respond to allegations of disrespect and incivility" by holding all state employees accountable. In a statement, Sununu said his latest order "marks a significant step forward for ensuring that our state employees are afforded the respect they rightfully deserve in the workplace."

Charge it!

Drivers of electric vehicles in the Granite State can soon expect to find new "fast" charging stations along several of the state's most heavily trafficked corridors. According to a Jan. 18 Union Leader story, the New Hampshire Department of Transportation put out requests for a proposal to install the six charging stations on Interstate 93 from Manchester to the Vermont border; I-89 from Concord to Vermont; Route 101 from I-93 to Keene; Route 16 from Portsmouth to Jackson; Route 2 in northern New Hampshire; and along an east-west route from I-93 to the Seacoast, which could be



either Route 4 or Route 101. The stations will come at no cost to the state, according to the UL, and will instead be funded by way of the \$4.6 million payout received by the state as part of Volkswagen's EPA-mandated settlement from the automaker's circa-2015 emissions scandal. According to the report, 2,366 of the 1,250,713 passenger vehicles registered in New Hampshire are electric. 🌩

Politics This Week

- **Tulsi Gabbard:** Hawaii Rep. Tulsi Gabbard will hold multiple events in the state this week, according to the campaign. On Thursday, Jan. 23, Gabbard will be in Claremont for a rally at the Sugar River Ballroom at 6 p.m. The following Friday, Jan. 24, Gabbard will hold a town hall in Andover at 6 p.m. inside the Barn at the Highland Lake Inn. On Saturday, Jan. 25, she will hold a 5 p.m. town hall in Moultonborough at the Moultonborough Function Hall, and on Sunday, Jan. 26, Gabbard will be in Plymouth for a 6:30 p.m. town hall in Samuel Reed Hall at the Heritage Commons. Visit tulsi2020.com.
- **John Delaney:** Former Maryland Rep. John Delaney will make a swing through the Granite State for an event on Friday, Jan. 24, according to the campaign. At 11 a.m., Delaney will speak at the New Hampshire Institute of Technology's Presidential Candidate Forum at the Grappone Conference Center in Concord. Visit johndelaney.com.
- **Joe Biden:** Former Vice President Joe Biden will be in New Hampshire on Friday, Jan. 24, for a rally in Claremont, according to the campaign. The event will take place at the Common Man Inn at noon. Visit joebiden.com.
- **Deval Patrick:** Former Massachusetts Gov. Deval Patrick will be in the state for a handful of events this week, according to the campaign. On Thursday, Jan. 23, Patrick will be in Merrimack for an 11:30 a.m. town hall meeting at the Fidelity campus before heading to Berlin for a 4:45 p.m. appearance at the Coos County Democrats January Thaw at the White Mountain Chalet Caterer. Visit devalpatrick2020.com.

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If I had a hammer

As construction booms, labor worries persist

By Travis R. Morin
tmorin@hippopress.com

Between 2011 and 2018, New Hampshire's construction industry grew at a faster rate than employment as a whole across the Granite State, according to a report released in December from the state's Economic and Labor Market Information Bureau.

In 2018 alone, the industry consisted of more than 4,000 privately owned businesses employing approximately 26,888 Granite Staters, or 4.7 percent of all private employment in the state, according to the report, called "Building New Hampshire's Future: The Construction Sector in New Hampshire."

But in 2005, 29,443 workers were employed by the construction industry. Although the New Hampshire Office of Strategic Initiatives has announced that 2018 saw the issuance of more new building permits than at any time since the start of the crisis in 2008, employment levels in both skilled trade contracting and construction of buildings remain below pre-recession levels.

Greg David, an economist with the Economic and Labor Market Information Bureau, says the industry faces a challenge of recruiting millennial and generation Z workers who may view trades in a negative light.

"We are working on drawing them to apprenticeships in general, but construction is one of the areas that [we're] focused on," David said.

Adding to the pressure is the aging of skilled workers who currently occupy the labor market. According to the U.S. Census Bureau, the average age of construction workers and electricians is 41, while the average age of plumbers is 55.

Coming up short

When it comes to skilled trade worker shortages, New Hampshire is by no means alone. For the last 10 years, Wisconsin-based global staffing group ManpowerGroup's annual Talent Shortage Survey has ranked skilled trade jobs as the hardest occupational vacancies to fill in the U.S. And in 2017, the Associated General Contractors of America announced that 70 percent of contractors faced difficulty in finding "qualified craft workers" across multiple trades.

One Granite State company that understands the trend is Langley Construction, which has been operating in the Goffstown area since 1986.

With just six full-time employees who handle accounting, project foreman and other managerial tasks within the company, Langley depends entirely on contractors and subcontractors to do the nuts and bolts construction work.

Because of a low unemployment rate and labor shortages, Denise Langley, the company's executive vice president, says this period is "definitely the worst we've ever seen with the labor market since we've been in business."

"This is the most difficult thing for us," Langley said. "It's very difficult for some of the sub trades if they're short of help or if their help doesn't show up. You can't just say 'find some-

body else.' The people are just not there."

Langley, who runs the company with husband and president Stephen Langley, says the shortage means the company has to factor buffer time into the expected completion dates for projects, which she says can often result in the loss of a contract.

"It's happened many times," said Lanley of lost projects. "But we stand by what we say. If we lose a job because of that, that's OK. We'd rather tell them the truth."

Kids these days

Standing on the front lines of the effort to recruit and train the next generation of skilled construction professionals is Tom Fischer, executive director of the North Atlantic States Carpenters Training Fund, who oversees the Carpenters' Union's newly constructed Carpentry Training Center in Manchester.

"In the daytime, train there," said Fischer of the center. "In the evenings and on Saturdays, journey level carpenters will be training there in over 150 by-choice electives including welding certifications, blueprint reading classes, metal stud drywall classes, scaffolding classes and foreman leadership classes, all available to our members."

Fischer, who spent 20 years teaching carpentry and technical education at Hopedale Junior-Senior High in Hopedale, Mass., prior to his role with the Carpenters' Union, says he too hears the concerns of understaffed contractors, and points to the public school classrooms where he got his start as the root cause of the industry-wide shortages.

"I understand what contractors are saying," Fischer said. "I hear this, not only in New Hampshire, but I hear it all over the country. I think a large part of it was the shift 15 years ago in education to really push college — not as an option, but as the only option. I think that's done a disservice to many students who really could have benefited from a hands-on learning environment."

Armed with the benefit of hindsight, Fischer says the Carpenters Union and others like it are making a full court press to get into high schools through college and career fairs in order to promote the skilled trades as a viable option for today's graduates. He said skilled trades and a college education need not be mutually exclusive, pointing to an articulation agreement between the Carpenters Union and Wentworth Institute of Technology that allows all union members to work toward an associate's degree or bachelor's degree in construction management while progressing through their apprenticeship training.

Above all, he singled out early exposure to hands-on trade work.

"Life has many pathways," Fischer said. "It can be very confusing for a senior in high school to make decisions about what they're going to do. A lot of money is on the line, especially with college costs going through the roof. I think anyone that is interested in pursuing something like a trade apprenticeship should understand there's a lot of pride that comes with our business." 🌩

Citizenship 101

Lawmakers study civics education in the Granite State

In an effort to improve civic engagement in the Granite State, a bipartisan committee of state representatives and state senators spent the latter part of 2019 investigating the state of social science education in New Hampshire's schools. Rep. Garrett Muscatel, D-Hanover, a senior at Dartmouth College says it concluded that a combination of lack of funding and a nationwide focus on STEM has had an adverse impact on the amount of time teachers spend covering subjects like history, geography and American government. Muscatel shares his take on the Granite State's bill of civic health.

Q: *What drove the creation of this committee?*

I think it's been pretty national news for a while now that civic engagement is declining and there's low youth participation in elections. So in my first year, one of the bills I wanted to introduce was a study of civic engagement and how we can get more people involved in the political process.

Overall, what were the committee's findings in regard to the current state of civic education here in New Hampshire?

It's not great. We pretty much removed most civics [education] requirements in the last decade or so. There's no requirement to teach civics until eighth grade in this state, and civics has to compete ... with STEM, which has had a much more successful lobbying effort behind it. STEM education is definitely valuable, but STEM education has become more prominent in schools at the expense of social studies.

Do you think an overemphasis on STEM is what's driving the downturn in civics education?

I would say a lack of sufficient funding is the problem. That lack of funding has resulted in schools' having to make tough choices, and STEM has won out a lot of the time. Rather than doing STEM and social studies, they have to choose STEM or social studies.

What are your recommendations for how to better improve the curriculum?

There is where it gets tough, because what we're going to need to do is spend more money on [education], and we know our education funding is not great here in New Hampshire. We obviously have great education here, but the way we fund it is not ideal. Trying to raise more property taxes to spend on public education is a great idea that doesn't turn out as well in practice a lot of the time.

So would you say this has more to do with a lack of funding than the actual teaching methods?

There's some cool stuff going on [in social studies education]. We have some pilot programs that deal with new assessment methods rather than just using standardized testing methods. I believe it's called the PACE program and it tries to do things that are more practical and deal with real-life experience in order to test knowledge of different standards. There's a lot of other groups that are trying to help like Youth in Government, Kid Governor and Boys State, but those groups



Rep. Garrett Muscatel, D-Hanover

should be supplements because they seek out the high achievers while the people who aren't high achievers get left behind.

You mention that inadequate civics education is a nationwide problem. As you look around the country, what do you see as the most negative consequences of civic illiteracy?

Obviously we see low voter turnout compared to other developed countries. We do a good job when it comes to presidential elections, but a lot of the time people definitely don't know who their senators or members of Congress are, and people definitely don't know who their state representatives are. This is anecdotal evidence, but we also heard from somebody who works in the Judicial System that half of all new judicial hires couldn't name the three branches of government. It's a difficult issue that's about preserving our democracy, and we can't do that if people don't know how it works, how to be involved or how to be good citizens.

Do you think our first-in-the-nation status makes it all the more imperative that we be civically fluent?

Of course. ... Part of the reason we justify having this primary is because we have a very [politically] involved population. But I think some of us in the politically active community are in kind of a bubble. There are a lot of people that don't participate because the barriers to doing so are high. In the state Legislature, we are not very technologically savvy and it's difficult to figure out when hearings are scheduled, unless you're doing this as a full-time job as a lobbyist. It's not a very accessible process.

The country [recently] seems to be playing catch-up on civics factoids [like impeachment] and I'm wondering if you see that as indicative of a broader lack of civic awareness.

People playing catch-up is definitely part of the lack of civic knowledge, but I think a lot of the stuff going on [in the country] wouldn't be solved by just increasing civics education. We should be doing more to make sure people know the three branches of government, or know which branch declares war. I think those are more realistic expectations for Granite Staters after high school when it comes to civics.

— Travis R. Morin

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NEWS & NOTES

QUALITY OF LIFE INDEX

Granite gives back

According to the Peace Corps, when it comes to the task of helping to make the world a better place, New Hampshire ranks among the very best. In a Jan. 14 news release from the global volunteering organization, at a rate of 4.1 volunteers per 100,000 state residents, the Granite State ranks seventh among the states that produce the highest number of Peace Corps volunteers per capita. This high rate of volunteerism is by no means a new phenomenon for the Granite State, with the release noting that New Hampshire has consistently ranked among the top volunteer producing states for the past decade. At the present time, the organization reports that there are 56 New Hampshire volunteers serving worldwide.

Score: +1

Comment: According to the Peace Corps, 1,822 New Hampshire residents have served in the organization since its founding in 1961.

Moose plate grants announced

Eighteen Granite State municipalities and organizations have been selected as the recipients for the State Conservation Committee's 2020 Conservation Moose Plate Grant Program. The grants, which are funded by the \$30 per year vehicle registration fees from the Division of Historical Resources Conservation License Plate Grant Program, are put toward the renovation and preservation of publicly owned historic structures. As announced in a Jan. 16 news release from the Conservation Committee, noteworthy projects chosen for 2020 include \$6,380 for the town of Atkinson's Land Conservation Plan, \$20,000 to the Trust for Public Land's Pearl Farm Conservation Easement and \$20,000 to the Five Rivers Conservation Trust for the Koreber Family Forest Conservation Easement.

Score: +1

Comment: In order to receive a Moose Plate Grant, projects must fulfill one of six project categories: Water Quality and Quantity, Wildlife Habitat, Soil Conservation and Flooding, Best Management Practices, Conservation Planning and Land Conservation.

Radon risk in New Hampshire

In an effort to raise awareness of the public health risk of radon contamination in the Granite State, Gov. Chris Sununu has officially designated January 2020 as Radon Action Month. According to the New Hampshire Department of Health and Human Services, radon is a naturally occurring radioactive gas that seeps from soil and bedrock like granite into homes by way of cracks and seams in building foundations. Exposure to radon gas is the second leading cause of lung cancer in the U.S., according to the American Lung Association, which notes over 21,000 deaths are attributed to radon-related lung cancer every year. Radon is associated with approximately 100 lung cancer and related deaths in New Hampshire residents each year. Although radon is found in 1 in 15 homes nationwide, state officials caution that New Hampshire's abundance of granite puts residents at a greater risk of exposure.

Score: -1

Comment: According to DHHS, communities in southeastern and eastern New Hampshire have the highest percentage of homes with elevated radon levels.

First flu death of season

In the New Hampshire Department of Health and Human Services' most recent influenza surveillance report, for the week ending Jan. 4, the department identified the death of one adult resident from Rockingham County after contracting the virus. In terms of timing of the death, the report goes on to say that due to delays in electronic filing of death certificates, any "newly identified deaths in the last week may have occurred at any point during the flu season and not necessarily within the last week."

Score: -2

Comment: According to the report, New Hampshire's flu activity in the state has been categorized as "widespread."

QOL score: 55

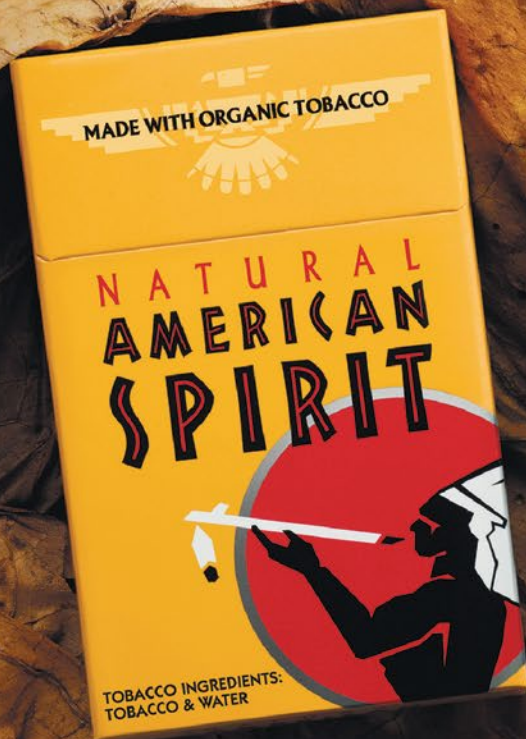
Net change: -1

QOL this week: 54

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Houston, we have a problem



The big news last week all through baseball was the Houston Astros cheating scandal. And since everything around here seems to be about us, it became gigantic in Boston after bringing down the plot's likeable mastermind **Alex Cora** as Red Sox manager.

Sox manager.

That threw Boston's managerial picture into a tizzy a month before spring training. Complicated by, with **A.J. Hinch** out in Houston and **Carlos Beltran** winning the Mets' **Wally Backman** Alumni Award, three teams looking for a manager in late January. Although with the Mets the last to hire during the October firing/hiring season they can probably go to the reject file and pick whoever finished second to Beltran.

But widening the view a bit, none of this surprises me as sports people have been cheating for an edge in various ways forever. This one is just a techno version of what **Leo Durocher** did managing the New York Giants in 1951. According to a Wall Street Journal report years later he had future Giants manager **Herman Franks** peering out of the Polo Grounds scoreboard with a military field scope stealing signs, then passing them on via an electronic buzzer wired to the dugout to folks who then relayed what was coming to their hitters. Coincidence or not, the Giants went on to rally from 13.5 back in mid-August to catch Brooklyn on the final day forcing a three-game playoff.

Was cheating back then bad? It was supposed to be, though the line was a bit more blurry because stealing signs has always been a time-honored baseball tradition and it was probably just viewed as a better way to do it. Which is probably how Cora and company justified what they were doing. However, their problem was that after the Red Sox got caught doing something similar with an Apple Watch the commissioner made clear using technology was illegal. Plus there's the unprecedented

scope to which they took the scheme.

The irony of the Giants' giant baseball crime was it led to one of baseball's most iconic moments when the historic playoff between hated rivals ended with **Bobby Thomson's** fabled shot heard round the world, a cherished memory heard over and over again via the great **Russ Hodges** call, "The Giants win the pennant, the Giants win the pennant."

No cheating – no great moment. Wonder if in retrospect it made the cheating worth it in a weird way.

But with the cheaters coming out on top it also supported Durocher's famous saying, nice guys finish last, while debunking what most parents tell their kids from the earliest age, cheaters never prosper. As **Gil Santos** used to say on Patriots broadcasts, au contraire mon ami, to the latter because cheating worked that time and Leo got away clean until long after he was pushing up daisies. Though Brooklyn fans have it, at the Downunder Bar with Satan himself for that and other issues today's Glossary recounts.

Sports' most notorious cheating scandal came in 1919, but from the opposite way, when eight members of the White Sox threw the 1919 World Series for money in a deal (gone bad) with gamblers. Most ironic about it was those involved in the scandal somehow beat the rap in court. But it didn't save them from Commissioner **Kenesaw Mountain Landis**, who banned them from baseball for life, because the Judge knew gamblers were a dire threat to the business of baseball.

Of course, as today, those in power were exempt, as earlier that year **Charles Stoneham's** purchase of the New York Giants was, incredibly, brokered by none other than **Arnold Rothstein**, the notorious NYC gambler about to finance the Black Sox plot a few months later. He'd also once partnered in a pool hall with baseball's biggest figure of that day, pugnacious Giants manager **John McGraw**.

I've always found both things beyond belief and testimony to how power has its protections. It also makes me wonder about how the punishment came down with Hinch

and Luhnow, first suspended by baseball, then fired by Houston owner **Jim Crane** two hours later. Call me crazy, but after seeing the players made patsies by the Mitchell Report I'm suspicious of power.

The MR was an epic PR bag job created, oh by the way, by Red Sox board member Sen. **George Mitchell**. Not so shockingly the players took the heat while the owners and commission mostly got away scot-free. But sorry, given how balls were flying out only an idiot couldn't know something was up. Yet no one stepped in because chicks dig the long ball and no one wanted the gravy train to stop. So when Congress began barking, the owners fingered the players. And it worked because steroid enabler **Bud Selig** waltzed into the Hall unscathed while Bonds, Clemens and McGwire are on the outside looking in.

So I wonder if a similar bag job went on in Houston to let ownership come out of it as best it could. Is it possible the Commissioner always wanted Hinch and Luhnow fired, but hatched a plan to announce his suspension first, then have Crane fire them soon after to make him look like he was tough on crime? Just a suspicion, but made a little more plausible after Crane apologized to everyone in the known universe for what his bad employees did, except to the Dodgers and their fans after his team basically stole the 2017 World Series from them 98 years after the Black Sox scandal.

None of this takes Cora, Beltran, Hinch, the so far unpunished participating players or the steroid gang off the hook. But how could this somehow not filter up to the owner eventually? Maybe it did and maybe it didn't, but it's his team and their penalty should be more severe – like vacating the 2017 Series won while cheating. Because to paraphrase **Harry Truman**, the buck stops at the top.

Sadly, the same goes for the Red Sox if any similar shenanigans went on as they won in 2018.

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Gabriel game goes north

The Big Story – Alumni News: Wenyen Gabriel from Manchester was on the move last week as part of a five-player, two-draft-pick trade last week between the Sacramento Kings and the Portland Trailblazers. It's unclear whether this is a good thing or a bad thing for Gabriel, but with him making the minimum salary it may be good since the motivation for the deal was cost-cutting to reduce Portland's luxury tax penalties.

Sports 101: What is the highest-rated TV broadcast of a hockey game?

Stat Sheet Milestones of the Week: Merrimack's Zach Stimeling reached not one but two milestones during Merrimack's 7-0 win over Alvirne-Milford. His first of three goals gave him his 50th career goal and 100th career point at the same time. The next two started him on the path to 100 and 200 with 52 goals and 102 points.

She Did It Again Award: Goffstown's Kelly Walsh scored at least as many points as G-Town's opponent for the second time this year when she went for 32 in a 61-32 win over Concord.

The Numbers

5 – goals scored by Lindsay Hult to outscore St. Thomas/Winnacunnet/Dover by herself in a 9-4 Bishop Guertin win in NHIAA hockey action when Brooke Yabroudy had two more for BG.

7 – straight wins to start the season for undefeated Merrimack after a methodical 50-36 win over Dover when Theresa Twardosky had a game-high 16 points for the Tomahawks.

20 – game-high points

scored by Jennessa Brunette as 5-0 Memorial stayed undefeated with a 44-39 win over Portsmouth when Lyric Grumblatt chipped in to the tune of 15 more.

25 – game-high points scored by sophomore Jack Tarleton to help Merrimack break a frustrating two-game skid with a 58-49 win over Dover.

38 – shots peppered on Memorial goalie Kody Boyce in a 7-0 Bishop Guertin win over the Crusaders when Pat Madden

Century City Award: To the Derryfield boys for hitting the century mark in a 101-76 pounding of Hinsdale when (super) Max Byron had a game-high 26 points, while Ridge Gonzalez and Janai Cruz threw in 18 and 16 respectively.

Nick of Tyme Award: To Owen Roberto for scoring the game-winning goal as time expired to make Bedford a 3-2 winner over Windham after a fantastic final period at Sullivan Arena.

Sports 101 Answer: The highest-rated hockey TV broadcast was the Miracle on Ice when the upstart Americans beat Russia's Red Army hockey team in Lake Placid during the 1980 Winter Olympics.

On This Day – Jan. 23: 1950 – the NFL changes its rules to allow for a newfangled two-platoon system that allows teams to have different players to be on offense and defense. **1981** – the Red Sox send free agent to be Fred Lynn to the Angels for junk baller Frank Tanana and over-the-hill left fielder Joe Rudi. **1983** – After winning five Wimbledon and six French Open titles the great Björn Borg stuns the tennis world by retiring at 26. 🌈

and Aaron Pratt led the scoring parade with two goals.

51 – combined points from River Hart and Andres Hulfachor (24) as the River ran through Alvirne for a game-high 27 in Nashua South's 73-68 win.

53 – points scored in back-to-back Bedford wins by red hot Isabella King when she went for 34 in a 72-54 win over Keene and 19 more in Tuesday 52-44 win over Salem. 🌈

Sports Glossary

Leo Durocher: Mouthy skipper known as Leo the Lip during managerial stints with the Brooklyn Dodgers, New York Giants, Chicago Cubs and Houston Astros between 1939 and 1973. The contentious demeanor led to 95 ejections, a season-long 1947 suspension for consorting with gamblers and jumping from Brooklyn to the hated Giants during the 1948 season.

Gil Santos: Late, great New England Patriots radio guy with the baritone pipes who was a bit of a homer, but it worked especially in the biggest moments. The best being the "It's good, it's GOOD!" on Adam V's right down broad street 49-yard FG to win Super Bowl 36.

Mets Wally Backman Alumni Award: Named for Ex-Mets second sacker who got fired before managing even one game after being hired in November 2004 to be Arizona Diamondbacks manager after allegations of legal, financial and domestic abuse issues surfaced days later.

Arnold Rothstein: Kingpin of the NYC Jewish mob during the early 1900s rubbed out in 1928 after skipping out on a \$300K debt from a high stakes poker game.

Miracle on Ice TV broadcast: Highest-rated hockey broadcast in U.S. history because it was shown on tape delay long after the results were known. Normally a ratings killer, but since no one gave the college age Americans a chance against the professionals on the Red Army team, people jammed TV rooms and bars around the country to see how the heck they pulled off the greatest upset in American sports history. 🌈



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Find your team

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In this final week of our annual four-week Look Good, Feel Great series, we're helping you find fun ways to be active and social. Maybe you want to play an interactive team sport like basketball or softball. Maybe you want to run or swim with other runners or swimmers. Or maybe bowling is more up your alley. Check out some of these options to get you off the couch and having fun with friends. Just remember to talk to your doctor to make sure your new activity of choice is safe for you.

Get in the game

Local sports teams and leagues for adults

By Matt Ingersoll
mingersoll@hippopress.com

Kids shouldn't get to have all the fun out on a field or a court — from baseball and softball to tennis, volleyball, basketball and soccer, there are all types of adult sports opportunities in New Hampshire, whether you want to play competitively or just for fun.

Your local branch of the YMCA can be a good way to start. Granite YMCA, for example, has both a volleyball league and pickup basketball opportunities at its downtown Manchester location, and tennis at its Goffstown location, according to senior marketing coordinator Deb Caron, while at the YMCA of Greater Nashua, there are leagues for pickleball, basketball, soccer and volleyball.

Becoming a part of a team or league helps you stay active, but it also provides a chance to form long-lasting friendships.

"It ends up bringing people together," said Dave Brown, tennis director for the YMCA Allard Center of Goffstown. "People play together and form friendships, and then before you know it, they're going out to lunch, or they're going to birthday parties or whatever. It's just a great way to have fun, enjoy a pastime and meet new people."

Some city or town parks and recreation departments in New Hampshire offer adult sports programming too. In Pelham, for example, a women's volleyball program is

available for both town residents and non-residents, according to town Parks & Recreation Director Brian Johnson, and there's also men's pickup basketball for Pelham residents.

The Concord Parks & Recreation Department offers opportunities for drop-in basketball and pickleball, according to recreation assistant John Andersch. Both sports are held at the Green Street or City Wide community centers and are available to residents and non-residents.

Many towns' parks and rec departments have a resource on their website for local independent team or league offerings, so check your town's site. There are several within the city of Nashua, for example, like the Nashua Senior Softball League, which is accepting new members now for its upcoming season.

Join a local sports team

This list includes both member-based facilities in southern New Hampshire that offer organized team sports, as well as private sports leagues, available for adults. You can also contact your local parks and recreation department for more opportunities on how to join a sports team or league, as many city or town departments have fields or courts that are used by these teams.

- **Bedford Men's Softball League** (bmsl.net) is open to Bedford residents over the age of 30. The league typically plays on Tuesdays,

Thursdays and Sundays, with the season running from April or May to September. Contact them for information on the next season.

- **Concord Coed Softball League** (concordcoedsoftball.com) plays its games at multiple fields across Concord, Bow and Suncook. Team registration opportunities are available. Contact them for information on the next available seasons.

- **Concord Men's Basketball League** (concordmensbasketball.com) plays all of its games at Green Street Community Center (39 Green St., Concord). Team registration and sponsorship opportunities are available. Contact them for information on the next available sessions.

- **Concord Family YMCA** (15 N. State St., Concord, 228-9622, concordymca.org) currently has multiple sports opportunities for adults, including pick-up basketball Monday through Friday, from 1 to 2 p.m., for members, and pickleball classes on Wednesdays, from 9 to 9:45 a.m. (\$15 for members and \$30 for non-members).

- **Executive Health & Sports Center** (1 Highlander Way, Manchester, 668-4753, ehsc.com) has multiple opportunities for members to join sports teams, including an adult co-ed basketball league and a women's basketball league that both run for eight weeks of organized play (next session dates TBA), plus programs in tennis, pickleball, golf and swimming.

- **FieldHouse Sports** (12 Tallwood Drive, Bow, 226-4646, fieldhousesports.com) offers men's and women's indoor soccer leagues, as well as coed leagues. The next sessions begin the week of Jan. 27. A league for women ages 25 and over is held on Monday evenings. A league for men ages 30 and over is held on Tuesday evenings. Adult coed leagues are held on Wednesday, Thursday and Sunday evenings.

- **Granite State Baseball League** (gsbl.net) is a nonprofit adult baseball league comprised of teams throughout New Hampshire

Granite State Penguins swim team

If you enjoy swimming as an aerobic exercise, the **Granite State Penguins**, an organized swimming team for adults based in Nashua, is currently looking for new members. The team meets every Monday, Wednesday, Thursday and Friday, from 6:30 to 8 a.m., at the pool located at the Boys & Girls Club's Nashua branch. Each meeting features structured workouts geared toward swimmers ages 20 and over with a variety of abilities. You can make the experience as competitive as you want it to be — some members participate in local or national competitions or triathlons, while others participate just for fun or to stay in shape. Full year membership is \$375, but now through the end of January, 30-day trial memberships are available for \$30. Visit granitestatepenguins.org.



Adult tennis at the YMCA Allard Center of Goffstown. Courtesy photo.

and Massachusetts. There are two divisions, for players 18 and over and for ages 28 and over. Contact them for information on the next season.

- **The Hampshire Dome** (34 Emerson Road, Milford, 673-8123, hampshiredome.com) offers various soccer leagues for men over the age of 30, held on Wednesday and Thursday evenings. The next session begins Feb. 27 and runs for eight weeks. The cost is \$1,000 per team of eight. Coed pickup soccer is also available for players over 30. The cost is \$10 per person.

- **Hampshire Hills Athletic Club** (50 Emerson Road, Milford, 673-7123, hampshirehills.com) offers basketball leagues for adults ages 25 and over, as well as men's and women's tennis leagues (2020 season begins in September).

- **Londonderry Women's Softball League** (londonderrywomenssoftball.com) is open to Londonderry women over the age of 18. The season typically runs from the end of May through August. Each team plays one to three games per week during that time. Contact them for information on the next season.

- **My Social Sports** (mysocialsports.com) contains information for several organized sports leagues and teams for adults, including volleyball, dodgeball, indoor soccer, basketball and more. Go to mysocialsports.com/regions and scroll down to "New Hampshire" to find registration and pricing information for a league near you.

- **Nashua Senior Softball League** (nashuaseniorsoftball.org) is accepting new members now for its 2020 season. The league

is open to all players ages 60 and over, of all skill levels. The player fee for 2020 is \$80 before March 1 and \$90 after March 1. All games are played on the field near the Yudicky Farm Conservation Area in Nashua.

- **New Hampshire Sportsplex** (68 Technology Drive, Bedford, 641-1313, nhsportsplex.com) offers a wide variety of sports leagues for adults, include men's and coed soccer (next sessions begin in March), men's and coed flag football (next sessions begin in February), and men's lacrosse.

- **New Hampshire Urban Sport** (nhurbantransport.com) is a coed sports league offering both adaptive and non-adaptive sports for adults in New Hampshire, such as softball, flag football and basketball. Most leagues consist of a seven-week regular season, followed by the playoffs.

- **New Hampshire Volleyball** (nhvball.com) has adult coed volleyball leagues that play weekly from November to May at both Conant Elementary School and Rundlett Middle School in Concord.

- **Power Play Hockey League** (powerplayhockey.com) is a coed adult hockey league open to players of all levels in southern New Hampshire and northern and central Massachusetts. Registration is open now for the spring 2020 season. The league plays at the ICenter (60 Lowell Road, Salem), the Tri-Town Ice Arena (311 W. River Road,

Hooksett) and the JFK Memorial Coliseum (303 Beech St., Manchester), as well as several locations in Massachusetts.

- **SportsZone** (7 A St., Derry, 537-9663, nhsportszone.com) has several sports leagues available for adults, including a men's basketball league, a coed soccer league (next session begins Jan. 30) and a men's flag football league.

- **YMCA Allard Center of Goffstown** (116 Goffstown Back Road, Goffstown, 497-4663, granitemca.org) offers various tennis team opportunities for adults. Both singles and doubles matches are played on one of the facility's four indoor courts. Contact tennis director Dave Brown at 232-8688 or at dbrown@thegranitemca.org for information on how to join a team or a league.

- **YMCA of Downtown Manchester** (30 Mechanic St., Manchester, 623-3558, granitemca.org) offers team opportunities for adults for volleyball, plus drop-in pickup basketball. Volleyball sessions run 10 weeks (the next one begins in March) and are open to both members and non-members. The cost ranges from \$42 to \$70 per session, depending on the player's membership status.

- **YMCA of Greater Nashua** (24 Stadium Drive, Nashua, 882-2011; 6 Henry Clay Drive, Merrimack, 881-7778; nmymca.org) offers league opportunities for adults for pickleball, basketball, soccer and volleyball.



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Spare time for bowling

Hit the lanes with a league



Alexa Morrill of Concord bowling candlepin at Boutwell's Bowling Center in Concord. Courtesy photo.

By Travis R. Morin
tmorin@hippypress.com

Getting out of the house to head to the gym can be a struggle, but what if you could be active while having fun with your friends? Bowling offers both benefits, whether you're part of a league or you just want to meet up with a group for a little friendly competition.

chucking a 2 pound candlepin ball, bowling is one sport that's accessible across the age spectrum.

"It's a healthy activity that anybody can do," said Yankee Lanes of Manchester manager Craig Coplan, pointing to the 21 different bowling leagues that the alley offers for all ages and skill levels. "We have players from the age of 3 up to the age of 90. We have people here who are 87 and 88 years old and bowl. Anybody can do it."

Along with the approachability, bowling has the potential to be a great workout for the entire body. According to the Mayo

BOWLING CONTINUED ON PG 15 ▶

Walk a mile in bowling shoes

Whether it's a toddler using both hands to roll a standard 15-pound ten-pin ball between their legs or a senior one-hand

A few places to bowl

Contact one of these local alleys to learn more about their leagues for different age groups and ability levels, or just head there for a string or two.

Boutwell's Bowling Center

152 N State St., Concord, 224-0941, boutwell-sbowl.com

Hours: Sunday, 10 a.m. to 9 p.m., Monday, 10 a.m. to 10 p.m., Tuesday through Thursday, 8:30 a.m. to 10 p.m., Friday, 8:30 a.m. to 11 p.m., Saturday, 10 a.m. to 11 p.m.

King Bowling Lanes

751 Mast Road, Manchester, 623-9215, kinglanes.com

Hours: Sunday, noon to 6 p.m., Monday, 3 to 9 p.m., Tuesday, 9 a.m. to 2 p.m., Wednesday and Thursday, noon to 10 p.m., Friday and Saturday noon to 11 p.m.

Lakeside Lanes

2171 Candia Road, Manchester, 627-7722, lakesidelanes.com

Hours: Sunday, noon to 9 p.m., Monday through Thursday, 8:30 to 10 p.m., Friday, 9 a.m. to 11 p.m., Saturday, 10 a.m. to 11 p.m.

Leda Lanes

340 Amherst St., Nashua, 889-4884, ledalanes.com

Hours: Sunday, 9 a.m. to 10 p.m., Monday through Saturday, 9 a.m. to midnight.

Merrimack Ten Pin

698 Daniel Webster Hwy., Merrimack, 429-0989, merrimacktenpin.com

Hours: Sunday through Thursday, 9 a.m. to 11 p.m., Friday and Saturday, 9 a.m. to 1 a.m.

Strikers East Bowling Center & Function Room

4 Essex Dr., Raymond, 895-9501, strikerseast.net

Hours: Sunday, noon to 9 p.m., Monday and Tuesday, 2 to 9 p.m., Wednesday, 9 a.m. to 10 p.m., Thursday, 4 to 10 p.m., Friday, noon to 11 p.m., Saturday, 9 a.m. to 11 p.m.

Park Place Lanes

16 Rockingham Road, Windham, 898-4422, parkplacelanes.com

Hours: Sunday and Monday, 10 a.m. to 6 p.m., Tuesday through Thursday, 10 a.m. to 10:30 p.m., Friday and Saturday, 10 a.m. to 1 a.m.

Yankee Lanes

216 Maple St., Manchester, 625-9656, yankeelanesentertainment.com

Hours: Sunday through Thursday, 9 a.m. to 12 a.m., Friday and Saturday, 9 a.m. to 1 a.m. 🍷

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Cold feet

Join a local running group this winter



Gate City Striders Freeze Your Buns 5K series. Courtesy photo.

By Angie Sykeny
asykeny@hippopress.com

If you could use a little extra motivation to go running this winter, a running group may be just what you need.

“It absolutely helps to run with people,” said Rebecca Dorr, vice president of the Gate City Striders in Nashua, the largest running club in New Hampshire, and race director for the club’s Freeze Your Buns 5K series. “Having someone to keep you accountable to your goals is huge for becoming a better runner.”

Participating in a club like the Striders gives you access to all kinds of group running programs, including year-round, recreational weekly group runs that are open

to runners of all abilities; running group training programs and guided workouts; and race series, like Freeze Your Buns, a five-week series of 5K races held every winter.

“It’s not a big pressure event. Most people just like to see how they improve over the series, so it’s an easy, active thing for friends and families to do together,” Dorr said.

Many runners in the club have years of experience running and can provide guidance that is “invaluable” to less experienced runners, Dorr said. While running alongside more experienced runners can be a great way to improve your own running, encouraging less experienced runners can also be rewarding.

RUNNING CONTINUED ON PG 16 ▶

◀ BOWLING CONTINUED FROM PG 14

Clinic, the average bowler can burn anywhere from 150 to 300 calories during just one hour of bowling because of the exertion required to lift and follow through with the weight of the ball and the steps needed to get from the approach (the part of the wood floor farthest from the pins) to the foul line (the part of the lane closest to the pins.)

“They say that bowling three games is equal to the same steps that you would if you walked a mile, both in terms of the muscles that get used and the walking calories that get burned,” said Alexis Bouley, general manager of Leda Lanes in Nashua.

A league of their own

Beyond the physical benefits, bowling also offers the chance to get out of the house and off your electronic devices to meet and interact with other human beings. An adult bowling league allows friends or even perfect strangers to meet and form a community in an offline setting.

“It’s a good way to get together once a week,” said Elizabeth Pierce of Manchester, a member of the “I Can’t Believe It’s

Not Gutter” United States Bowling Congress-sanctioned league at Merrimack Ten Pin in Merrimack.

Pierce, an off and on bowler since she was a child, now bowls with her boyfriend and a group of close friends every Sunday at Merrimack Ten Pin. She said their group has been fairly consistent in terms of members over the past several seasons.

“It is nice to see people progress,” Pierce said. “We have a prize fund and a few weeks ago one of the bowlers bowled a perfect game. We all watched his last frame of the game and clapped and cheered for him.”

Alexa Morill of Concord, an employee and regular bowler at Boutwell’s Bowling Center in Concord, says she sees the connections she’s made in the last few years of bowling at the alley as her “new bowling family.”

“My dad used to be in a bowling league when he was younger and I grew up having my birthday party at the alley every year,” said Morill. “But it wasn’t until [three years ago] one of my friends asked me to go one night to try it out and I stayed and I love it.” 🍷

Feb 20

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LOOK GOOD, FEEL GREAT



Gate City Striders Freeze Your Buns 5K series. Courtesy photo.

◀ **RUNNING CONTINUED FROM PG 15**

“Being able to cheer on other runners and have other runners cheer you on can really help you be more successful in running,” Dorr said. “It’s all about a sense of involvement. Being part of a community of people who are all supporting each other is the most powerful thing.”

The Striders also host social nights, when runners meet up and go to the movies, go out for ice cream and do other non-running activities.

“It’s just another way for us to reach out to the community,” Dorr said. “We stay very active and have lots of stuff going on.”

Runner’s Alley, a running store with locations in Manchester, Concord and Portsmouth, also has running groups that meet year-round, twice weekly, open to runners at every level.

Matt Harris, a manager at the Runner’s Alley Manchester store, said there are many

benefits to running in a group, including, as Dorr said, having other runners to motivate you and keep you accountable to your goals.

Running with others can also get you to push yourself harder than you would if you were running on your own.

“It provides pacing, so if you start to slack off, someone else will be there to help you keep up and run farther and faster,” Harris said.

Harris said joining a running group can be a good way to make new friends with a shared interest, and that many people from the groups form their own private running groups on the side and get together for social gatherings.

“A lot of people show up not knowing anyone and then form friendships that last for years and years,” Harris said. “There’s a lot of camaraderie and a lot of connections made.”

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Winter running groups and programs

- **Gate City Striders** (gatecity.org)
- **Pennichuck Runs**, Wednesday, 6 p.m., late October through April, starting at Pennichuck Middle School (207 Manchester St., Nashua), around five miles.
- **Saturday Morning Running Group**, 8 a.m., year-round, meets at Lawrence Barn (28 Depot Road, Hollis), eight to 16 miles.
- **Sunday Morning Running Group**, 8:30 a.m., year-round, meets at Lawrence Barn (28 Depot Road, Hollis), five miles.
- **Monday Morning Running Group**, 6:15 a.m., year-round, meets at the 99 Restaurant parking lot (10 St. Laurent St., Nashua), five to six-and-a-half miles.
- **Freeze Your Buns 5K Series**, has already begun but there are still three races left, Sundays, Feb. 2, Feb. 16 and March 1, 9 a.m., starting at the Conway Arena (8 Riverside St., Nashua), \$5 per race for adults, \$3 per race for youth age 17 and under.

and Saturday, 8 a.m., year-round, starting at the shop (104 Congress St.).

- **Greater Manchester Running Club** (gmrcnh.org/home)
- **Winter Group Runs**, Wednesday, 5:30 p.m., starting at DCC (parking lot across the street from Mammoth Road Fire Station, 630 Mammoth Road), 6-mile and 9-mile options.

- **Greater Derry Track Club of Southern New Hampshire** (gdte.org/run)
- **Fun Runs**, Sunday, Jan. 25 through April 18, 8 a.m., various locations in Windham, Hampstead, Salem and Derry, four to six miles.

- **Total Image Running Club** (totalimagerunning.com/club)
- **Run, Walk, Brew**, Wednesday, 6 p.m., year-round, meets at various pubs and bars in Manchester, two to five miles, includes one free beer after the run, included in \$80 yearly membership fee.

- **Runner’s Alley** (runnersalley.com)
- **Manchester Run Group**, Thursday, 6 p.m., and Saturday, 8 a.m., year-round, starting at the shop (669 Elm St.), three to eight miles
- **Concord Run Group**, Thursday, 6 p.m., and Saturday, 8 a.m., year-round, starting at the shop (142 N. Main St.).
- **Portsmouth Run Group**, Thursday, 6 p.m.,

- **Fleet Feet** (fleetfeetnashua.com/events/winter-warriors)
- **Winter Warrior Run Group**, Monday and Thursday, 6 p.m., through March 5, starting at the shop (4 Coliseum Ave., Nashua), six miles.

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THIS WEEK

EVENTS TO CHECK OUT JANUARY 23 - 29, 2020, AND BEYOND



Sunday, Jan. 26

The fourth annual **Bob Gilman Fun Run** is today from 10 a.m. to noon at McIntyre Ski Area (50 Chalet Court in Manchester; mcintyreskiarea.com). Registration for the race costs \$20 and includes a full-day lift ticket; the race is open to skiers and snowboarders of all abilities, according to bobgilmanfunrun.com. The event, which will include raffles to benefit local charities, is held in honor of the late Bob Gilman, who helped to coach and reinstate skiing at Manchester's high schools, according to the website.



Friday, Jan. 24

Fody's Tavern (187 Rockingham Road in Derry; fodystavern.com, 404-6946) will hold a **Winter Festival and Ice Bar** tonight and tomorrow night, from 5 p.m. to midnight each night. The event will feature ice bars, martini luges, live music, winter games, fire pits, beer and wine tastings and more, according to the website. On Friday night, musical performances will be Joe MacDonald, Shelf Life and Brian House. On Saturday, catch After Image and Pop Roks. The event is 21-plus and tickets cost \$15; find them at eventbrite.com, where organizers remind attendees to wear outdoor-appropriate clothes and footwear.



Friday, Jan. 24

Get some laughs this weekend. Jeff Dunham presents **Jeff Dunham: Seriously!?** tonight at 7 p.m. at SNHU Arena (555 Elm St. in Manchester; snhuarena.com); tickets start at \$53.50. Or head to Derry for **A Tupelo Night of Comedy** at the Tupelo Music Hall (1 A St.; tupelomusicall.com) at 8 p.m. with Mark Scalia and John Perrotta; tickets cost \$18. Tomorrow, Jan. 25, at the Rex Theatre (23 Amherst St. in Manchester; palacetheatre.org) catch **Comedy at the Rex with Kelly MacFarland and Joe Yannetty**; tickets cost \$29.50. Find more comedy in our Comedy This Week listings on page 48.



Saturday, Jan. 25

Best actress? Best director? Best community production of a musical? It's the **New Hampshire Theatre Awards**, celebrating the best professional and community productions (and the folks on stage and behind the curtain who make them happen) of 2019. The show includes highlights of theatrical productions. The award show takes place tonight at 7 p.m. at the Capitol Center for the Arts (44 S. Main St. in Concord; ccanh.com, 225-1111). Tickets start at \$38.50. See nhtheatrealliance.org for a rundown of the nominees and for information about the after party at the nearby Bank of New Hampshire Stage.



Sunday, Jan. 26

Catch **Girl Shy** (1924), a silent film starring Harold Lloyd, at the Wilton Town Hall Theatre (40 Main St. in Wilton; wiltontownhalltheatre.com) today at 4:30 p.m. with live musical accompaniment by Jeff Rapsis. Admission is free but \$10 donation is suggested.

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Saturday, Jan. 25
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EAT: Soup in unique bowls

The **15th Annual Potter's Bowl** will feature soups from area restaurants (as well as bread and desserts) served in handcrafted pottery bowls to benefit Community Caregivers of Greater Derry on Saturday, Feb. 1, from 5 to 8 p.m. at Pinkerton Academy (5 Pinkerton St. in Derry). The events costs \$40 per person and will also feature a raffle, musical entertainment and a silent auction. Kids under 12 get in for \$15. Takeaway pints of soup will be available for purchase for \$5. See potters-bowl.eventbrite.com for tickets.

DRINK: Tea for Valentine's Day

The Cozy Tea Cart (104 Route 13 in Brookline; thecozyteacart.com, 249-9111) will hold a **Valentine's Day afternoon tea** on Sunday, Feb. 9, from 1 to 3 p.m. The cost is \$34.95 per person. Enjoy fresh baked scones with clotted cream, bacon & dill tea sandwiches, milk chocolate torte with assam tea ganache along with other treats with your choice of teas. Call for reservations.

BE MERRY: With winter weather

Catch the on-ice competition and downtown fun of the **Black Ice Pond Hockey Championship and Winter Festival** in Concord, running Thursday, Jan. 23, through Sunday, Jan. 26. A heated spectator tent (and concessions) will open at 5 p.m. with games starting at 6 p.m. in Concord's White Park on Thursday. The Winter Festival in downtown Concord runs Friday, Jan. 24, from 3 to 9 p.m. and Saturday, Jan. 25, from 11 a.m. to 4 p.m. See our story about this annual winter event in last week's (Jan. 16) issue of the Hippo. Go to hippopress.com and click on "Read the Entire Paper: See Our Flip Book on Issuu," where you'll find complete issues that can be read on any device. Or, from our home page, click on "past issues" to find the PDFs. The story starts on page 22.

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Timeless words

Winter landscapes converge with quotes from historical figures

By Angie Sykeny
asykeny@hippopress.com

Winter walks and a trip to Washington, D.C., are what inspired Boston artist Matt Brackett's latest exhibition, "Bitter Chill," on view Jan. 23 through Feb. 29 at the McIninch Art Gallery at Southern New Hampshire University in Manchester, with an opening reception and artist talk on Thursday, Jan. 23.

Brackett's work, which consists almost exclusively of oil paintings, has been through several evolutions since he started painting full time in 2003.

He first became known, he said, for his semi-allegorical and semi-autobiographical figurative pieces.

"They were paintings with people in them that looked naturalistic and real but suggested a story or narrative that wasn't quite spelled out and was carefully designed to provoke an interpretation from the viewer," Brackett said.

In 2011, Brackett was diagnosed with cancer (he is now five years cancer-free) and his art began to incorporate darker themes involving animals and landscapes.

"It was pretty difficult work to process, but it was more emotionally resonant to me at that time," he said.

Brackett eventually returned to figurative work until 2016, the year of the presidential election.

"The election was a jarring moment for me ... [and I was] deeply shocked and saddened by the election results," he said.



"Stranger in a Strange Land" by Matt Brackett. The quote on the frame of the painting reads, "I had crossed the line of which I had so long been dreaming. I was free; but there was no one to welcome me to the land of freedom. I was a stranger in a strange land." - Harriet Tubman, 1887. Courtesy photo.

The following winter, Boston had a series of winter storms that Brackett, who typically doesn't do much hiking, said were "calling [him] outside to walk in them." He would go alone, exploring wild areas and finding beauty in the active storms, which had a "consoling effect" for him. He started taking pictures on his walks to use as inspiration for a new artistic project he had been pondering.

The second part of the inspiration for that project came from a family trip to Washington, D.C. There, he saw the words of people from U.S. history whom he admired, like

John Adams, Red Cloud, Harriet Tubman, Theodore Roosevelt, Frances Harper and other notable women and people of color who helped move the country in progressive directions, memorialized and celebrated throughout the city.

"I felt that their words are in direct conflict with the words from our current administration, and I ruminated on that," he said. "I wanted to delve into those words [of the people I admired]."

Brackett then started a new series of work, which included winter landscape paintings,

based on the photographs he took on his winter walks, done on panel, with custom painted frames on which he put some of his favorite quotes from those historical people, written in ink in calligraphy.

"My language is painting, but I felt like I needed to say more to give more weight to [the winter landscapes]," he said. "So I decided to repeat those words because I felt like they needed to be shared during this national crisis."

That series, consisting of 25 pieces, makes up the "Bitter Chill" exhibit, which Brackett said is "an expression of protest" and a "fight for justice," but "doesn't directly critique the current administration." His mission with the exhibit, he said, is to encourage people to reflect on the intentions, ideals and morals of the people who fought to make the U.S. a better country.

"I think those ideals are in jeopardy right now and are something that we need to continue to fight for," he said. "I'm just trying to spark thought and spark conversation, because that's where it starts." 🍓

"Bitter Chill" by Matt Brackett

When: Jan. 23 through Feb. 29, with an opening reception and artist talk on Thursday, Jan. 23, at 5 p.m.

Where: McIninch Art Gallery, located in Robert Frost Hall at Southern New Hampshire University, 2500 N. River Road, Manchester

Visit: mattbrackett.com

20 Art

Includes listings for gallery events, ongoing exhibits and classes. To get listed, e-mail arts@hippopress.com.

Art

In the Galleries

- **"THE ROAD: PAINTINGS FROM 2009 TO 2019"** London based surrealist painter Emily Fischer Field will show more than 50 paintings, large and small. The House of Art, 846 Main St., Contoocook. On view now through Jan. 26.
- **NEW HAMPSHIRE ART ASSOCIATION MEMBERS SPECIAL INTEREST EXHIBITION** Works by members in the plein air, painting and photography groups. Robert Lincoln Levy Gallery, 136 State St., Portsmouth. On view now through Feb. 2. Visit nhartassociation.org.
- **NEW HAMPSHIRE ART ASSOCIATION NEW MEMBERS EXHIBITION** Robert Lincoln Levy Gallery, 136 State St., Portsmouth. On view now through Feb. 2. Visit nhartasso-

ciation.org.

- **21ST ANNUAL MEMBER EXHIBIT & SALE** Presented by the New Hampshire Society of Photographic Artists. The exhibit features work done in a variety of styles and techniques, including old and new methods, by fine art photographers from all over the state. There are black and white silver gelatin prints, conventionally inspired handmade contact prints and digital images printed on archival papers. Now through Feb. 2. Gallery hours are Saturday and Sunday from noon to 4 p.m. Town Hall Gallery in Exeter (10 Front St.). Visit nhspa.org.
- **"THE SHAKERS AND THE MODERN WORLD: A COLLABORATION WITH CANTERBURY"** Special exhibition. Currier Museum of Art (150 Ash St., Manchester). Now through Feb. 16. Admission is \$15 for

23 Theater

Includes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com.

- adults, \$13 for seniors, \$10 for students, \$5 for youth. Visit currier.org or call 669-6144.
- **CHERYL VRATSENE'S** Artist exhibits paintings full of color and unique with subjects such as coastal birds, fish, animals and landscapes of New Hampshire. CCA Global Partners (670 N. Commercial St., Suite 300, Manchester). Now through Feb. 28. Paintings are available for purchase through Sullivan Framing & Fine Art Gallery (15 N. Amherst Road, Bedford, 471-1888, sullivanframing.com).
- **"NATURE'S PALETTE** An exhibition of paintings by New Hampshire Art Association artist Debbie Campbell. On view now through March 19. Greater Concord Chamber of Commerce Gallery, 49 S. Main St. Visit nhartassociation.org.
- **"CONSTRUCTED VISIONS"** An exhibition fea-

- turing the mixed media works of Adele Sanborn and composite photography of Richard Moore that assembles images, words and memories into new narratives. 2 Pillsbury St., Concord. On view now through March 19. Visit nhartassociation.org.
- **"MATT BRACKETT: BITTER CHILL"** Brackett's paintings combine ice-locked landscapes with hand lettered quotations of leaders, philosophers and activists from America's history as well as notable women and people of color who helped push the country in a more progressive direction. There are words from John Adams, Red Cloud, Harriet Tubman, Theodore Roosevelt, Frances Harper and others. The paintings were created to comment on the current presidential administration and to invite viewers to reflect on the responsibility and trust given to

23 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

- elected representatives and the power of the collective moral will wielded by the citizens who elected them. The McIninch Art Gallery, located in Robert Frost Hall at Southern New Hampshire University (2500 N. River Road, Manchester). On view Jan. 23 through Feb. 29. Visit snhu.edu or call 629-4622.
- **"TRANQUILITY & DRAMA"** Curated from the college's permanent collection, the exhibit features a group of landscape paintings by German artist Julius Lange (1817 - 1878) depicting scenes of the mountainous regions surrounding Lake Como. The exhibit will also feature paintings by American artists of the Hudson River School and examples of European genre painting from the mid to late 19th century. On view Jan. 24 through Feb. 21. The Chapel Art Center at Saint Anselm College (100

- Saint Anselm Drive, Manchester). Visit anselm.edu/arts/chapel-art-center/exhibitions.
- **"LOCALITY"** Curated from the college's permanent collection, the exhibit features fine and decorative art by artists from New Hampshire and the surrounding region, including historic and modern furniture, studio ceramics, glass, paintings, drawings and prints. On view Jan. 24 through Feb. 21. The Chapel Art Center at Saint Anselm College (100 Saint Anselm Drive, Manchester). Visit anselm.edu/arts/chapel-art-center/exhibitions.
- Call for artists**
- **34TH ANNUAL OMER T. LASSONDE JURIED EXHIBITION** Presented by the New Hampshire Art Association. This year's theme is "Travels Near and Far." NHAA members and non-members are invited to

LOCAL — COLOR —

NH art world news



Cyanotype, "Plunder of Constantinople," by Christy Utter, featured in the New Hampshire Society of Photographic Artists exhibit. Courtesy photo.

• **Call for artists:** The New Hampshire Art Association is having a call for art for its 34th annual Omer T. Lassonde juried exhibition. This year's theme is "Travels Near and Far." NHAA members and non-members are invited to submit one or two pieces in any medium by Feb. 14. The exhibit will run April 1 through April 26 at the Robert Lincoln Levy Gallery in Portsmouth, with an opening reception on Friday, April 3, from 5 to 8 p.m. The exhibit honors Omer T. Lassonde, who helped found NHAA in 1940 to exhibit the work of contemporary artists throughout the state. Prizes of \$1,000, \$750 and \$500 are awarded to the top three submissions. Visit nhartassociation.org.

The Londonderry Arts Council has a call to artists for its sixth annual Arts Cafe, happening Saturday, Feb. 15, at the Orchard Christian Fellowship in Londonderry. The coffeehouse-like event will feature musical performances, with art and crafts by local artists and artisans for sale. An exhibit space is \$25, and the registration deadline is Feb. 5. Visit londonderryartscouncil.org/arts-cafe.

• **Local and German art:** The Chapel Art Center at Saint Anselm College (100 Saint Anselm Drive, Manchester) begins its spring season with two exhibitions curated from the permanent collection, on view Jan. 24 through Feb. 21, with a public open house on Thursday, Jan. 23, from 4 to 6 p.m. "Locality" features fine and decorative art by artists from New Hampshire and the surrounding region, including historic and modern furniture, studio ceramics, glass, paintings, drawings and prints. "Tranquility & Dra-

ma" features a group of landscape paintings by German artist Julius Lange (1817 - 1878) depicting scenes of the mountainous regions surrounding Lake Como. The exhibit will also feature paintings by American artists of the Hudson River School and examples of European genre painting from the mid to late 19th century. Visit anselm.edu/arts/chapel-art-center/exhibitions.

• **Photography exhibit:** The New Hampshire Society of Photographic Artists has its 21st annual Member Exhibit & Sale up now through Feb. 2 at the Town Hall Gallery in Exeter (10 Front St.). The exhibit features work done in a variety of styles and techniques, including old and new methods, by fine art photographers from all over the state. There are black and white silver gelatin prints, conventional color prints, historically inspired handmade contact prints and digital images printed on archival papers. Gallery hours are Saturday and Sunday from noon to 4 p.m. Visit nhspa.org.

submit one or two pieces in any medium by Feb. 14. The exhibit will run April 1 through April 26 at the Robert Lincoln Levy Gallery in Portsmouth, with an opening reception on Friday, April 3, from 5 to 8 p.m. Prizes of \$1,000, \$750 and \$500 are awarded to the top three submissions. Visit nhartassociation.org.

• **6TH ANNUAL ARTS CAFE** Presented by the Londonderry Arts Council. The coffeehouse-like event on Sat., Feb. 15 at Orchard Christian Fellowship in Londonderry will feature musical performances, with art and crafts by local artists and artisans for sale. An exhibit space is \$25, and the registration deadline is Feb. 5. Visit londonderryartscouncil.org/arts-cafe.

Events

• **15TH ANNUAL POTTER'S BOWL** Attendees will be able to

pick a handcrafted pottery bowl donated by New Hampshire professional and student artists, and enjoy a dozen different soups donated from restaurants in the Derry area, as well as breads and desserts. There will also be a 50/50 raffle, live music and a silent auction. Proceeds benefit Community Caregivers of Derry. Sat., Feb. 1, 5 to 8 p.m. Pinkerton Academy, 5 Pinkerton St., Derry. \$40 per person. Visit pottersbowl.eventbrite.com.

Markets & fairs

• **ANNUAL CUP SHOW AND SALE.** Studio 550 Art Center (550 Elm St., Manchester). Now through Feb. 28. Browse mugs by clay artists from around the country to find the perfect Christmas or Valentine's Day gift. Visit 550arts.com.

Openings

• **"LOCALITY" OPEN HOUSE** Curated from the college's permanent collection, the exhibit features fine and decorative art by artists from New Hampshire and the surrounding region, including historic and modern furniture, studio ceramics, glass, paintings, drawings and prints. Thurs., Jan. 23, 4 to 6 p.m. The Chapel Art Center at Saint Anselm College (100 Saint Anselm Drive, Manchester). Visit anselm.edu/arts/chapel-art-center/exhibitions.

• **"TRANQUILITY & DRAMA" OPEN HOUSE** Curated from the college's permanent collection, the exhibit features a group of landscape paintings by German artist Julius Lange (1817 - 1878) depicting scenes of the mountainous regions surrounding Lake Como. The exhibit will also feature paintings by American artists of

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ARTS

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Notes from the theater scene

• **Kids do Fiddler:** The Majestic Theatre youth and teens present *Fiddler on the Roof Jr.* Friday, Jan. 24, and Saturday, Jan. 25, at 7 p.m., and Sunday, Jan. 26, at 2 p.m., at the Derry Opera House (29 W. Broadway, Derry). The play is about a poor milkman whose love, pride and faith help him face the oppression of czarist Russia and navigate the courtship and marriage of his three daughters. Tickets cost \$12 to \$15. Call 669-7469 or visit majestictheatre.net.

• **Theater recap:** Celebrate the best in New Hampshire theater in 2019 at the New Hampshire Theatre Awards, held at the Capitol Center for the Arts (44 S. Main St., Concord) on Saturday, Jan. 25, at 7 p.m. Highlights from the year's most memorable performances will be performed by original cast members and an ensemble of actors. Tickets cost \$38.50 and \$50. Call 225-1111 or visit ccanh.com.

• **Opera series:** The "Opera on Main Street" concert series returns to Main Street United Methodist Church (154 Main St., Nashua) on Saturday, Jan. 25, at 7 p.m., with "Opera Potpourri," selections from the world's opera favorites. The series continues monthly through May, with "Sacred Music," selections from Malotte, Gounod, Hadyn, Schubert and Mozart on Feb. 29; "The Coffee and Peasant Cantatas" by Bach on March 28; music from musicals by Webber, Rod-



Pontine Theatre presents *The Snowflake Man*. Courtesy photo.

gers, Bernstein and others on April 25; and "Orfeo e Euridice by Gluck" on May 30. Admission for all concerts is \$12 for adults, \$10 for seniors and free for children.

• **Puppet theater:** Pontine Theatre presents Puppetkabob Puppet Theater's *The Snowflake Man* on Friday, Jan. 24, at 7 p.m., Saturday, Jan. 25, at 3 p.m., and Sunday, Jan. 26, at 2 p.m., at the Historic 1845 Plains Schoolhouse (1 Plains Ave., Portsmouth). Told with Czech-style marionettes with a backdrop of pop-up book watercolor scenery, the story is inspired by the life of Wilson "Snowflake" Bentley (1865 - 1931), the Jericho, Vermont, farmer who became the first person to photograph a single snow crystal. Tickets cost \$27 and may be purchased online or at the door a half-hour prior to each show, based on availability. Call 436-6660 or visit pontine.org.

— Angie Sykeny 🍀

the Hudson River School and examples of European genre painting from the mid to late 19th century. Thurs., Jan. 23, 4 to 6 p.m. The Chapel Art Center at Saint Anselm College (100 Saint Anselm Drive, Manchester). Visit anselm.edu/arts/chapel-art-center/exhibitions.

Workshops/classes/ demonstrations

• **RUG BRAIDING** By making a 1-foot by 1.5-foot rug, participants will learn all the techniques needed to complete a piece. Tuesdays, Jan. 28 through March 3, 10:30 a.m. to 12:30 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. Class tuition is \$150, due upon registration, with a \$75 materials fee payable to the instructor. Visit nhcrafts.org or call 595-8233.

• **TRADITIONAL ZENTANGLE WORKSHOP** Zentangle is an easy to learn method of creating images using simple structured patterns. This class is open to all adults and teens with any level of experience.

Sat., Feb. 1, 10:30 a.m. to 12:30 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. Class tuition is \$25 due upon registration, with a \$12 materials fee payable to the instructor. Visit nhcrafts.org or call 595-8233.

• **MACRAME WORKSHOP** Attendees will learn all of the essential macrame knots necessary to make and take home a macrame plant hanger. The class is open to all adults and teens ages 14 and up with any level of experience. Sat., Feb. 8, 10:30 a.m. to 1 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. Class tuition is \$32 due upon registration, with a \$18 materials fee payable to the instructor. Visit nhcrafts.org or call 595-8233.

• **CRAZY FOR A LAZY SUSAN** Participants will create their own lazy susan, a table to aid in distributing food. You'll apply a stain color of your choice, apply a "home sweet home" stencil and embellish the piece with handles and hardware. The workshop is open to adults and teens with any

level of experience. Sat., Feb. 22, 1:30 to 3:30 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. \$25 tuition due upon registration, with a \$30 materials fee payable to the instructor. Visit nhcrafts.org or call 595-8233.

• **MINDFULNESS MANDALA ART CLASS** Taught by Kathryn Costa, Manchester artist and full-time mandala art instructor, and author of *The Mandala Guidebook: How to Draw, Paint, and Color Expressive Mandala Art*. Every Tuesday from 1 to 4 p.m., and 6 to 9 p.m. Studio 550.

• **ONGOING ART CLASSES** For adults and kids ages 12 and up, of all levels and 2-dimensional media. Classes run in 4 week sessions on Thursdays and Fridays. Saturdays and Sundays are drop-in classes, (require a 24-hour notice) and pay-as-you-go. All classes are \$20 each, and students bring their own supplies. Diane Crespo Fine Art Gallery, 32 Hanover St., Manchester. Call 493-1677 or visit dianecrespofineart.com.

RACHMANINOFF AND MORE



Visit symphonynh.org or call 595-9156.
Symphony New Hampshire music director Roger Kalia. Courtesy photo.

Symphony New Hampshire presents "Kalia Conducts Rachmaninoff" on Saturday, Jan. 25, at 7:30 p.m., at the Keefe Center for the Arts (117 Elm St., Nashua). The concert, conducted by new Symphony New Hampshire music director Roger Kalia and featuring Dominic Muzzi on piano, will include "Ascending Bird" by Jacobson and Aghaeli, a Symphony New Hampshire premiere; "Symphony No. Eb Major" by Shostakovich; and "Piano Concerto No. 2, C Minor" by Rachmaninoff. Tickets cost \$18 to \$52 to adults, \$18 to \$47 for seniors, \$10 for students and free for youth with the purchase of an adult or senior ticket.

Theater

Productions

• FIDDLER ON THE ROOF JR.

The Majestic Theatre (669-7469, majestictheatre.net) presents. Opening Fri., Jan. 24 at Derry Opera House, 29 W. Broadway, Derry. Tickets cost \$12 to \$15.

• THE SNOWFLAKE MAN

Pontine Theatre and Puppetkabob Puppet Theater present. Fri., Jan. 24, 7 p.m., Sat., Jan. 25, 3 p.m., and Sun., Jan. 26, 2 p.m. Historic 1845 Plains Schoolhouse (1 Plains Ave., Portsmouth). Tickets cost \$27 and may be purchased online or at the door a half-hour prior to each show, based on availability. Call 436-6660 or visit pontine.org.

• NEW HAMPSHIRE THEATRE AWARDS

Celebrate the best in New Hampshire theater in 2019. Highlights from the year's most memorable performances will be performed by original cast members and an ensemble of actors. Sat., Jan. 25. Capitol Center for the Arts (44 S. Main St., Concord, 225-1111, ccanh.com).

• SHERWOOD: THE ADVENTURES OF ROBIN HOOD

The New Hampshire Theatre Project presents. 959 Islington St., Portsmouth. Now through Sun., Jan. 26, with showtimes on Friday and Saturday at 8 p.m., and Sunday at 2 p.m. Tickets cost \$30 for adults and \$26 for students, seniors and veterans. Visit nhtheatreproject.org.

• A NIGHT OF ONE ACTS

Nashua Theatre Guild (nashuathreguild.org) presents. Opening Fri., Jan. 31, at Janice B. Streater Theatre, 14 Court St., Nashua.

• PIANO MEN

Palace Theatre (80 Hanover St., Manchester, 668-5588, palacetheatre.org) presents. Now through Feb. 2. Tickets are \$25 to \$46.

• FROZEN JR.

Riverbend Youth Company (672-1002, amatocenter.org/riverbend-youth-company) presents. Opening Fri., Feb. 7 at The Amato Center for the Performing Arts, 56 Mont Vernon St., Milford. Tickets are \$8 to \$12.

• THE ODD COUPLE (THE FEMALE VERSION)

Community Players of Concord (753-6653, communityplayersofconcord.org)

opening Fri., Feb. 14 at Concord City Auditorium, 2 Prince St., Concord. Tickets are \$18 to \$20.

• THE IMPORTANCE OF BEING EARNEST

Cue Zero Theatre Company (cztheatre.com) presents. Opening Fri., Feb. 28 at Krevia Academy, 470 Pine St., Manchester.

• LEND ME A TENOR

Lend Me A Theater (lendmeatheater.org) presents. Opening Fri., Feb. 28, at the Hatbox Theatre, 270 Loudon Road, Concord. Tickets are \$12 to \$18.

• PRIDE AND PREJUDICE

Theatre KAPOW (info@tkapow.com, tkapow.com) Opening Fri., Feb. 28 at Derry Opera House, 29 W. Broadway, Derry. Tickets are \$15 to \$20.

• NOVEMBER

Milford Area Players (milfordareaplayers.weebly.com) presents. Opening Fri., March 6 at The Amato Center for the Performing Arts (56 Mont Vernon St., Milford).

• MIRIAM

Manchester Community Theatre Players (327-6777, manchestercommunitytheatre.com) presents. opening Fri., March 20 at the MCTP Theatre at The North End Montessori School (698 Beech St., Manchester).

• CHILDREN OF EDEN

Stockbridge Theatre, 5 Pinkerton St., Derry, 437-5210, stockbridgetheatre.com. Opening Fri., March 20.

Workshops/other

• PLAYWRIGHT'S CIRCLE

Cue Zero Theatre Company hosts a monthly Playwright's Circle for local playwrights looking to improve their craft. Playwrights of all ages and experience levels are invited to bring 10 pages of an original work, which the circle will read aloud and offer feedback on while discussing the process and philosophy of playwriting. Bring at least one copy of your scene for every character. Every third Sun., 11 a.m. to 1 p.m. Jupiter Hall, 89 Hanover St., Manchester. Visit facebook.com/CZTheatre.

• ACTING CLASSES

Peacock Players of Concord (753-6653, peacockplayers.org)

• **ACTING CLASSES** The Majestic Theatre, 880 Page St., Manchester, 669-7469, majestictheatre.net.

Classical Music

Events

• "A GRAND TIME FOR SINGING"

Suncook Valley Chorale with the New Hampshire Gay Men's Chorus and the New Hampshire Master Chorale perform. Concord City Auditorium (2 Prince St., Concord) on Sun., Feb. 23, at 3 p.m. Tickets cost \$23. Visit svcnh.org.

• OPERA ON MAIN STREET

Concert series. "Opera Potpourri," selections from the world's opera favorites, Jan. 25; "Sacred Music," selections from Malotte, Gounod, Hady, Schubert and Mozart, Feb. 29; "The Coffee and Peasant Cantatas" by Bach, March 28; music from musicals by Webber, Rodgers, Bernstein and others, April 25; and "Orfeo e Euridice by Gluck," May 30. All concerts start at 7 p.m. Main Street United Methodist Church (154 Main St., Nashua). Admission for all concerts is \$12 for adults, \$10 for seniors and free for children.

• "WINTER IDYLLS & SPRINGTIME VISIONS"

Presented by the New Hampshire Philharmonic, featuring Bruckner's Symphony No. 4 "Romantic;" Finzi's "Romance for Strings;" and Haydn's Symphony No. 73 "The Hunt." Sat., Feb. 1, 7:30 p.m., and Sun., Feb. 2, 2 p.m. Seifert Performing Arts Center (44 Geremonty Drive, Salem). Tickets cost \$30 for adults \$25 for seniors 60+, and \$8 for students. Visit nhphil.org.

Open sing events

• **OPEN SING** The Suncook Valley Chorale is a non-auditioned community chorale. The Open Sing is an opportunity for prospective singers to sing through the spring concert program, meet chorale members and learn about the chorale. Mon., Jan. 27, 6:30 to 8:30 p.m. Concord High School band room (170 Warren St., Concord). Visit svcnh.org.

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Brian Mazur of Glen Lake Libations

Brian will be at Goffstown Ace Hardware on January 25th to tell you what Kombucha is, what it's not, the origins/history and legends, as well as the potential health benefits of drinking it.

SATURDAY, JANUARY 25TH | 10:00 AM - 12:00 PM



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Chilled fun

Hooksett Winter Carnival returns for second year

By Angie Sykeny
 asykeny@hippopress.com

There will be ice sculpture demonstrations, sledding, snowshoeing and more during the Hooksett Winter Carnival on Saturday, Jan. 25, with activities held inside and outside of the Hooksett Town Hall.

“It gives people something to do in the winter instead of just sitting inside in front of their TVs or their PlayStations or their iPads,” event organizer Barry Cogan said. “It’s a chance to get outside with their families and do something different.”

Outside on Donati Field, located right outside the town hall, there will be active field games for kids, led by volunteers; snow-sculpting for kids, with volunteers there to help them create their own snowy masterpieces; and cornhole games for kids and adults. There is also a small hill and a larger hill nearby where people can go sledding if they bring their own sleds.

Around two dozen pairs of snowshoes will be provided for people to “go tramping around,” Cogan said, with volunteers there to assist.

“It’s mostly kids who do it, but adults can do it too,” Cogan said. “A lot of people don’t even know how [snowshoes] work or how they can be used in deep snow.”

Additionally, a local bike shop will bring some winter mountain bikes for people to



2019 Hooksett Winter Carnival. Courtesy photos.

try, which have special tires for biking in the snow.

“Those were a huge hit last year,” Cogan said. “Most people have never seen [winter mountain bikes] before, and it wouldn’t even occur to them that they can go biking in the winter.”

Two professional ice sculptors from Ice Breakers, a Manchester-based ice sculpting company, will be outside demonstrating their skills.

“They’ll be there with their chisels and chainsaws. They always do a fabulous job,” Cogan said. “A lot of people come to watch because a lot of people have never seen [ice



sculptures] being made.”

Inside the town hall in the gym, there will be a DJ; around 20 tables represented by community organizations, health-related organizations and vendors selling art and crafts and more; and two food vendors, New England’s Tap House Grille and Johnny’s Pizzeria, both based in Hooksett.

Home cooks can bring their best chili to enter in the chili cook-off between 10 a.m. and noon, which will be judged by a “panel of experts” a little after noon, Cogan said.

On the stage, local youth dance, twirling and martial arts groups will do demonstrations throughout the day.

Finally, the Hooksett Police will be there to conduct free car seat safety inspections.

“Parents can just pull their car up, and [an officer] will check to make sure their car seats are in good working order,” Cogan said.

The carnival is a community effort put on by the Hooksett Boy Scout 292 Troop, the Girl Scouts of Hooksett, the Kiwanis Hooksett Chapter and the Hooksett Youth Athletic Association.

There used to be a winter carnival held annually in Hooksett a few decades ago, but at some point, the event stopped happening. Last year, the Hooksett Kiwanis decided to bring the carnival back.

“We said, ‘We do all these things in the spring and summer and fall. Why don’t we do something in the winter and bring in other groups from the community to get involved and help?’” said Cogan, who was president of the Hooksett Kiwanis at the time.

Cogan said the carnival was well-attended last year— about 600 people, he estimates — and he expects a larger turnout this year, if the weather cooperates. 🍷

Hooksett Winter Carnival

When: Saturday, Jan. 25, 10 a.m. to 4 p.m.

Where: Inside and outside the Hooksett Town Hall, 51 Main St., Hooksett

Cost: Free admission

Visit: hooksettkiwanis.org/wintercarnival

25 Kiddie pool

Family activities this week.

25 Treasure Hunt

There’s gold in your attic.

26 The Gardening Guy

Advice on your outdoors.

27 Car Talk

Ray gives you car advice.

Children & Teens

Summer camps

• **EARLY EDUCATION AND SUMMER CAMP FAIR** Representatives from Nashua-area daycare centers, preschools and summer camps will be in attendance to talk about the programs and activities they offer. At the fair, families can also sign up for reading programs, like 1,000 Books Before Kindergarten and the Mayor’s Winter Reading Challenge. Sun., Jan. 26, 1 p.m. Nashua Public Library, 2 Court St., Nashua. Visit nashualibrary.org or call 589-4610.

Clubs

Garden

• **NASHUA GARDEN CLUB FEBRUARY PROGRAM: DRAGONS & DAMSELS OF NEW HAMPSHIRE** Pam Hunt, avian conservation biologist for New Hampshire Audubon, will talk about the biology and ecology of dragonflies and damselflies. She will include information about their life cycle and

explore their diversity. Light refreshments will be served. Wed., Feb. 5, 7 p.m. First Baptist Church, 121 Manchester St., Nashua. Free for Nashua Garden Club members and \$5 for non-members. Visit nashuanguardenclub.org.

Continuing Education Certificates/degrees

• **CELEBRATION & EDUCATIONAL OPPORTUNITIES FAIR** Learn about local educational options for the 2020-2021 school year by visiting with multiple schools all in one place. The event will also feature live interactive drumming with Mr. Rich of YouthBeatz. The fair is hosted by the Children’s Scholarship Fund New Hampshire and School Choice for New Hampshire. Thurs., Jan. 30, 4 to 7 p.m. DoubleTree by Hilton Manchester Downtown, 700 Elm St., Manchester. Visit csfnewhampshire.org.

Crafts

Rug-making workshops

• **RUG BRAIDING** By making a 1-foot by 1.5-foot rug, participants will learn all the techniques needed to complete a piece. Tuesdays, Jan. 28 through March 3, 10:30 a.m. to 12:30 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. Class tuition is \$150, due upon registration, with a \$75 materials fee. Visit nhcrafts.org or call 595-8233.

Dance

Special folk dances

• **FIRST SATURDAY CONTRA DANCE** Presented by the Monadnock Folklore Society, this dance will feature Hannah Johlas calling with the band Kingfisher. Sat., Feb. 1, 8 p.m. Peterborough Town House, 1 Grove St., Peterborough. \$10 general admission and \$7 for students and seniors. Visit monadnockfolk.org or call 762-0235.

Museums & Tours

History & museum events

• **A HISTORY OF THE NEW**

HAMPSHIRE PRESIDENTIAL PRIMARY

This program will present a brief history of the state’s presidential primary, from its origins during the Progressive Era of the early 20th century to its present status. Clips from the documentary *The Premier Primary, New Hampshire and Presidential Elections* will be interspersed with a discussion and questions, facilitated by John Gfroerer. Thurs., Jan. 23, 6:30 p.m. Brookline Public Library, 16 Main St., Brookline. Visit bplnh.weebly.com.

MT. KEARSARGE INDIAN MUSEUM’S ANNUAL MEETING

All members and the general public are invited to attend. A potluck lunch will begin at noon, followed by the meeting from 1 to 3 p.m. Following the business portion of the meeting, award-winning Penobscot master basket maker Barbara Francis will give a presentation on her craft. Sat., Jan. 25, 1 to 3 p.m. Mt. Kearsarge Indian Museum, 18 Highlawn Road, Warner. Visit indianmuseum.org or call 456-2600.

DISCOVERING NEW ENGLAND STONE WALLS

Author and presenter Kevin Gardner will explain how and why New England came to acquire its thousands of miles of stone walls, the ways they and other stone structures were built, how styles emerged and changed over time, and their significance to the famous New England landscape. This program is presented by the Pembroke Historical Society, with support from New Hampshire Humanities. Sat., Jan. 25, 1 p.m. (snow date: Sun., Jan. 26, 1 p.m.) Pembroke Town Library, 313 Pembroke St., Pembroke. Free admission. Visit nhhumanities.org.

RADIO AT 100

Mike Morin, co-host of Frank FM, will celebrate the 100th year of radio by bringing its history alive with his collection of clips from some of the greatest radio entertainers of the past century. Sun., Jan. 26, 2 p.m. Nashua Public Library, 2 Court St., Nashua. Visit nashualibrary.org or call 589-4610.

UNVEILING TABOO TOPICS OF COLONIAL LIFE

Mother/daughter duo Velya Jancz-Urban

Nature & Gardening

and Ehris Urban of groundedgoodwife.com will discuss how women dealt with taboo topics in the colonial days. Thurs., Jan. 30, 7 p.m. Nashua Public Library, 2 Court St., Nashua. Free and open to the public; no registration required. Visit nashualibrary.org or call 589-4610.

Nature & Gardening

Birding events

BINOS AND BIRD FEEDERS: WINTER BACKYARD BIRDS

Participants will get to gather around the bird feeding stations at the Squam Lakes Natural Science Center to see what birds overwinter in New Hampshire and how they survive. Participants will also learn about bird feeding basics and make a bird feeder from natural or recycled materials to take home. 10 a.m. to noon, dates offered Saturday, Jan. 25; Sunday, Feb. 16; Thursday, Feb. 27; and Sunday, March 8. Squam Lakes Natural Science Center, 23 Science Center Road, Holderness. \$9 for members and \$11 for non-members. Visit nhnature.org or call 968-7194 x7.

KIDDIE

— POOL —

Family fun for the weekend

Tales

The Majestic Academy of Dramatic Arts (for youth and teens) will present **Fiddler on the Roof Jr.** on Friday, Jan. 24, and Saturday, Jan. 25, at 7 p.m. and Sunday, Jan. 26, at 2 p.m. at the Derry Opera House (29 W. Broadway in Derry). Tickets cost \$15 for adults, \$13 for seniors and \$12 for 17 and under. See majestictheatre.net.

Catch the animated movie **Happy Feet** (PG, 2006), featuring voices of Brittany Murphy and Robin Williams as well as Nicole Kidman, Hugh Jackman and Elijah Wood, on Saturday, Jan. 25, at 10 a.m. at Red River Theatres (11 S. Main St. in Concord; redrivertheatres.org, 224-4600). Tickets cost \$5.

Area Barnes & Noble stores (in Manchester at 1741 S. Willow St., 668-5557; in Nashua at 235 Daniel Webster Highway, 888-0533; in Salem at 125 S. Broadway, 898-1930, and in Newington at 45 Gosling Road, 422-7733) will feature the book **How to Catch a Dragon** by Adam Wallace (released in Nov. 2019; part of the *How to Catch* series) at story-time on Saturday, Jan. 25, at 11 a.m.

On the ice

Catch **Southern New Hampshire Pen-**



Happy Feet

men's men's ice hockey on Friday, Jan. 24, at 7:20 p.m. as they take on Franklin Pierce University at the Ice Den (600 Quality Drive in Hooksett). Admission costs \$6 for adults, \$3 for kids 12 and under. See snhupenmen.com

Make some noise

“Celebrate the New Year with Sound” this weekend at the **SEE Science Center** (200 Bedford St. in Manchester; 669-0400, see-sciencecenter.org). On Saturday, Jan. 25, and Sunday, Jan. 26, guests can make their own “Screaming String Thing” and kazoo to take home from 1 to 2 p.m., according to the website. The SEE is open Mondays through Fridays from 10 a.m. to 4 p.m. and Saturdays and Sundays from 10 a.m. to 5 p.m. Admission costs \$9 for everybody ages 3 and up. 🍌

INSIDE/OUTSIDE TREASURE HUNT

Dear Donna,

My mother received this as a gift from her boyfriend in the late 1930s. She told me that it's silver with ivory around the edges. While researching on the web I saw some Sadeli Mosaic boxes but couldn't find a match. Do you have an idea as to its value?

Norm



Courtesy photo.

Dear Norm,

I am no expert on this but I did do some research for you. I found that your Sadeli box is most likely a dresser box or jewelry box.

The value for them varies. It comes from the workmanship and details. They were all usually made from wood with bone or ivory, pewter or even horn, with lots of inlays (mosaic) detailing both inside and out. The more interact carving and inlay, the higher the value.

Yours has a temple carved into the top so nicely and some inlay. For ones similar to this one, I found them to be in the \$50 to

\$200 range, with few bringing even more. The more detail, the higher the value.

Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and instructing, and recently closed the physical location of From Out Of The Woods Antique Center (fromoutofthewoodsantiques.com) but is still doing some buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550 or 624-8668. 🍌

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129374

INSIDE/OUTSIDE THE GARDENING GUY

Grow your own ingredients

A look at a gardener's cookbook

By Henry Homeyer
listings@hippopress.com

I can't wait till spring. Don't get me wrong: I love winter. But I look forward to trying a recipe I just found for pea, leek and sorrel soup while reading Deborah Madison's fabulous cookbook, *Vegetable Literacy* (Ten-Speed Press, 2013, \$40). And sorrel, a leafy perennial, is one of my first vegetables ready for eating in the spring.

I have grown sorrel for many years but have never found a good use for it. Yes, it has an interesting lemony taste, but it cooks down to almost nothing — even more so than spinach. And I have added it to salads, but it never tickled my taste buds enough to remember to pick some regularly.

Ms. Madison's recipe is simple: Chop 5 ounces of leeks and cook with butter and a cup of water for 10 minutes. Add 1.5 cups of peas (fresh or frozen) and 3 cups of water. Simmer till peas are cooked, then turn off the heat and stir in the sorrel leaves but not stems. Then puree the soup in a blender until very smooth and add a little cream or yogurt on top. Simple and easy.

One of the great things about *Vegetable Literacy* is that Deborah Madison is a very knowledgeable gardener as well as a great cook. She not only includes tips about how to grow veggies (plant lettuce under the shade of big plants like tomatoes in the heat of summer), she generally lists names of good varieties and what makes each special. And she includes nutrition tips, as well (cooked carrots have more nutritional value than raw ones, for example).

Brussels sprouts are a favorite of mine, but avoided by many. Deborah Madison's theory is that they are often overcooked and mushy. Her solution? Cut them into three or four pieces so that the center is cooked, but the outer leaves are not overdone, a common problem. She likes to pair them with bacon, smoked paprika, roasted peanuts, walnuts or chestnuts. I never would have thought of those pairings, having just used butter or seasoned rice wine vinegar (something I use often on brassicas in place of butter).

I have never grown Belgian endive nor known how to use it, but she explains both. Europe, she notes, grows 70,000 acres of it annually, but we grow only 400 acres. It is quite a complicated procedure that can take a full year from seed to table. A related but much easier plant is radicchio, which I plan to grow this year. She notes that you can get seeds from gourmetseeds.com, a company I don't know, but it looks good online. It is also available from Johnny's Selected Seeds in Maine, where I buy many of my seeds, and Fedco, a seed cooperative I like.



Vegetable Literacy. Courtesy photo.

I love cauliflower but rarely grow it because it's so fussy. It won't produce a head if it is too hot or too cold, too wet or too dry. This book taught me that you can also eat the stem, which is delicious peeled and then sliced or diced and steamed. The leaves are also edible and tasty. That's a bonus for a plant that, unlike its cousin

broccoli, only produces one set of florets. She also notes that cauliflower is loaded with vitamins and nutrients that contain cancer-fighting compounds that are not diminished by steaming (but are by boiling).

In the chapter on squashes, Deborah Madison notes that winter squash "have been found effective in the remediation of chemically contaminated soils, the plants pulling up all sorts of unwanted contaminants, thus this is another vegetable where you are better off to choose organic over conventional." Or grow your own where no sprays are used.

Tomatoes, for me, are the queens of the garden: juicy, flavorful, sweet and delicious. Deborah Madison also explains that in addition to vitamins, tomatoes are rich in lycopene. Lycopene is an antioxidant "that quite possibly protects against different cancers and lowers the risk of heart disease, of eye diseases such as cataracts and macular degeneration, and more." She goes on to say, "The good news is that these benefits are not undone when a tomato is cooked." Given how many I grow and eat annually, I should live to be 100!

We all know parsley, and many of us grow it. But *Vegetable Literacy* reminded me that a lesser-known cousin of parsley is parsley root, a different species. It is an intense flavor, and great to add to soups. It's not sold by most seed companies; I found it at Johnny's Selected Seeds with the name Arat. They say it takes 14 to 30 days to germinate, and should be planted directly in soil outdoors.

This lovely book with fabulous photos is organized by plant families. Deborah Madison explains in the beginning that she believes plants in the same family go well together in recipes. Thus in the carrot family we also find parsley, fennel, cilantro and anise — and all cook well together. She has divided all her ingredients into 12 plant families according to their taxonomic grouping.

Deborah Madison has written about a dozen cookbooks, most with a vegetarian bent. This one is not strictly vegetarian, but most recipes are. She writes with ease and clarity that makes reading this cookbook a joy. I look forward to trying many of her recipes.

Henry is a UNH Master Gardener and the author of four gardening books. His email is henry.homeyer@comcast.net.

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Slow and steady wins the Prius race



By Ray Magliozzi

Dear Car Talk:
Do Prius owners really think they need to set the (slow) pace for everyone else?

Very often, at the head of a line of slow-moving vehicles is a Prius, or one will pull out in front of another car and slow down every car behind it.

Is it because the car cannot accelerate, or is it because the owners of that particular car feel the need to control others? — Susan

I don't think it's either one, Susan.

We know a famous researcher named Dr. David Giovannoni. We call him Dr. Joe Baloney. He once explained to us that humans (and organizations) achieve what they measure.

So, for instance, if you want to lose weight, what would you do? Well, you might cut out sweets, drink water instead of soda and maybe start to exercise (Note: we're talking about you, not me).

Then you'd get on a scale. And if the number on the scale was lower than it was the week before, you'd keep doing those things, because you'd know they're working.

You achieve what you measure.

Now, who buys a Toyota Prius? Someone who wants to get better gas mileage than the

rest of us mortals. And guess what a big screen on the dashboard of the Prius does? It measures mileage. Constantly. By watching the numbers change on that screen, Prius drivers learn very quickly that by accelerating very gently, they can coax their mileage up from 53.8 mpg to 54.1 mpg.

That makes them feel good. So they learn to feather that gas pedal and take 25 seconds to get from 0-60 while you're cursing at them through your windshield.

It's not that the Prius can't accelerate. It will accelerate like pretty much any other car if you put your foot down.

And it's not that they feel a need to be controlling. They're just pursuing their personal goal of maximizing their mileage — because they care about it, and they're constantly measuring it.

Likewise, if you measured your blood pressure, Susan, you'd probably find that it goes up when you're stuck behind a Prius.

If you took a few deep breaths and said to yourself, "How nice, there's a person who cares about the planet and is making the world a better place by wasting less fuel," you'd see your blood pressure go down.

Then you'd throw the blood pressure monitor out the window and pass the Prius with a few choice hand gestures.

Dear Car Talk:

I have a 1997 Cadillac Seville. The power steering was making noises, so I took it to the old Cadillac dealer (which is now a Chevy dealer). This led to an expensive succession of repairs. They said the fluid was leaking from the pressure hose, the pump, and the steering rack and pinion. They replaced all three for \$2,200. The remanufactured pump they put in made a grinding noise, so they replaced that with another one. After that, the car was harder to steer, so I took it back again. They did a pressure test on the second remanufactured power steering pump, and found that it was producing 800 psi, below the minimum acceptable 1,700 psi. So they put in a third one. The SLS was still hard to steer, so I went back again. They confirmed that it's harder to steer than it should be but said the third pump is "operating as designed." Now the car drives like it barely has power steering at all. What do I do now? — John

I'm guessing you've already tried crying, John. If not, we're shipping you a full box of our patented, extra-soft Car Talk tissues. Have at it.

It could be a seized universal joint in the steering column, but if they missed that coupling when they changed the rack and pinion, shame on them.

They're using remanufactured power steering pumps because new ones probably aren't made

anymore for this car. And they're obviously not of great quality since at least two out of three of them failed — and the jury's still out on the third one. It's possible that your current pump is subpar, too. You could ask them to take one more shot at it, especially since they agree the car is supposed to be easier to steer.

If it's harder to steer primarily when the car is cold, or primarily in one direction rather than both directions, then they might have given you a defective rack and pinion.

I would think they'd have put a new one in, but who knows? And as you now know, power steering racks are very expensive to replace. It's not a cheap part, and there's a lot of labor involved. So they're going to whine if you push them for another new one. But they owe it to you to solve this problem after all the money you spent. And if they replace the rack and pinion again, ask them to find you a new one.

But really, the pump, the rack and pinion, the hoses and the universal joint represent pretty much the whole system, so there's not much else it can be.

If you're not willing to fight with them, John, you could accept the steering as is, and join your local YMCA instead. There you'll be able to bulk up your arms, which will make the steering seem easier. It'll help with jar-opening at home, too.

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ON THE JOB

TYRELLE APPLETON

ESPORTS PROGRAM DIRECTOR

Tyrelle Appleton of Concord is the electronic sports program director at New England College in Henniker. The school's esports program allows students to play multiplayer video games at a competitive level.

Can you explain what your current job is?

Q: I'm currently the Esports Program Director at New England College. In 2018, as a consultant, I designed and built our [esports] arena and recruited on an international level for the program. I work with players to develop interpersonal skills, direct esports fitness programs, build mechanical skill and game knowledge and improve both microscopic and macroscopic levels of play. I also oversee sponsorship opportunities and manage all social media accounts.

College since July 1 of 2018. Prior to working at NEC, I established one of the first esports programs in New England at College of St. Joseph in Vermont.

How did you get interested in this field?

I grew up playing video games since I was a toddler. In 2012, I created a semi-professional esports organization where my team was sponsored and participated in tournaments. During this time, I discovered that the industry was beginning to expand and found it quickly becoming my biggest passion. I saw the value in esports from the very beginning and decided it was in my best interest to invest all of my efforts in the field.

How long have you worked there?

I have been employed at New England

What kind of education or training did you need for this job?

It was preferred that I had my bachelor's in business administration; however, I knew that achieving more had the potential to bring me to greater heights. In 2018, I finished college with my master's in business. In addition, I had to have knowledge and experience in esports, which I had spent years acquiring.

How did you find your current job?

A former faculty member at the College of St. Joseph knew that I had successfully established an esports program at the school and reached out to me about a position that NEC was looking to fill. I connected with NEC and was initially hired as a consultant. That position transitioned into the role of esports coach.

What's the best piece of work-related advice anyone's ever given you?

You will face a lot of rejection but just keep after it, from the president of the Toronto Football Club & Argonauts.

What do you wish you'd known at the beginning of your career?

I wish that I knew that it's OK to decline offers that you don't find fitting for your vision and future goals.



Tyrelle Appleton. Courtesy photo.

What is your typical at-work uniform?

Typically, business casual, but occasionally on Fridays I dress more comfortably for work.

What was the first job you ever had?

The first job I ever had was working in a car audio shop where I helped to clean and install radios and TVs in vehicles when I was 13 years old. Simultaneously, I worked in my family restaurant preparing food, cleaning and stocking supplies.

— Travis R. Morin 🍌

What are you into right now?

Aside from growing my career in esports, I am also getting back into playing basketball by playing in men's leagues around New Hampshire. Basketball has always been a close love of mine.



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News from the local food scene

By Matt Ingersoll
food@hippopress.com

• **Mead in paradise:** Take a trip to paradise this weekend at **Ancient Fire Mead & Cider** (8030 S. Willow St., Building No. 1, Unit 7-2, Manchester). From Thursday, Jan. 23, through Sunday, Jan. 26, five Hawaiian-inspired draft-style meads will return to the lineup, each of which is made with either lehua or macadamia blossom honeys. Other features will include a Hawaiian shirt contest and pulled pork tacos as a food special throughout the weekend. Ancient Fire is open Thursday and Friday, from 4 to 9 p.m., and Saturday, from 11 a.m. to 7 p.m. A special Hawaiian-inspired Sangria Sunday will also be held this Sunday, from noon to 5 p.m. Visit ancientfirewines.com or find them on Facebook @ancientfiremead-cider for more details.

• **Wines from down under:** In observance of Australia Day (officially Jan. 26), Local Baskit (10 Ferry St., Suite 120, Concord) will host a special **wine tasting** on Tuesday, Jan. 28, from 4 to 6 p.m., featuring Courtney Mosher of Crush Wines. Attendees will have a chance to explore wines and wine varieties from Australia and New Zealand. Admission is free but RSVPing is strongly encouraged. Visit localbaskit.com or call 219-0882.

• **Lasagna supper:** St. John the Baptist Parish (10 School St., Suncook) is hosting a **lasagna supper** on Saturday, Jan. 25, at 5 p.m., which will also feature salad, rolls, beverages and desserts. The cost is \$8 per person, with proceeds to benefit the Knights of Columbus. Takeout is also available. Visit catholicsuncook.org or call 485-3113.

• **Smuttynose tasting:** Join Barley & Hops (614 Nashua Road, Milford) for a **beer tasting** on Thursday, Jan. 30, from 6 to 8 p.m., featuring the Hampton-based 34 ▶

FOOD

Delicious dolmathes

Yiayia's Greek Night Out returns



Yiayia's Greek Night Out. Courtesy photos.



By Matt Ingersoll
mingersoll@hippopress.com

If you've ever attended one of the many Greek food festivals held across the Granite State and walked away wishing you knew how to make some of the dishes that were served, Yiayia's Greek Night Out events offer cooking demonstrations for traditional Greek foods.

Since late 2018, Holy Trinity Greek Orthodox Church in Concord has hosted this ongoing series of community events that feature food demonstrations followed by Greek dinners, live music and dancing. The next one, its fifth, is scheduled for Saturday, Jan. 25.

Past cooking demonstrations have featured authentic Greek items like spanakopita (spinach pie), baklava and tsoureki (Greek Easter bread) — this one will showcase both meat and vegetarian versions of dolmathes (rolled grape leaves).

"We started doing these events because there was a lot of interest in the Greek food

outside of the church community, with some people that were very curious as to how it was made," said Anna Newman, who participates in the demonstrations and whose husband, Fr. Constantine, is the pastor of the church. "With the dolmathes in particular, we'll actually give them a chance to try to roll them out themselves, so it's very involved."

According to Newman, attendees will get to view two different demonstrations of dolmathes — a meat version with ground beef and a vegetarian version with rice. Both also contain onions, mint, dill, lemon juice and olive oil.

"The demonstrations usually take about an hour to an hour and a half, and we also hand out written recipes for people who want to make them at home," she said.

A dinner will be served after the demonstrations, featuring an assortment of dolmathes; you can choose all meat, all vegetarian or a combination of the two. The dinner will also include bread and a Greek salad with fried feta cheese, plus karydopita (Greek walnut cake) for des-

sert. Following the dinner will be a Greek dance demonstration, and live Greek music is also expected for the duration of the event.

The \$10 entry tickets, Newman said, can be purchased in advance by contacting the church. Tickets will be sold at the door as well.

All proceeds from the event benefit programs of the church's Outreach Ministries, which are overseen by Newman's daughter Elena. Through the Ministries, the church has relationships with several charities in and around the Capital City, like the Concord Coalition to End Homelessness. 🍷

Yiayia's Greek Night Out

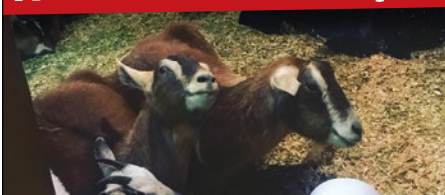
When: Saturday, Jan. 25, 4 to 7 p.m.

Where: Holy Trinity Greek Orthodox Church, 68 N. State St., Concord

Cost: \$10 per person

Contact: Visit holytrinitynh.org, call 225-2961 or email htgoc@comcast.net

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NEW HAPPY HOUR

MENU

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A different kind of brew

Pipe Dream Brewing to open onsite coffeehouse

By Matt Ingersoll
mingersoll@hippopress.com

Pipe Dream in Londonderry will soon be brewing more than beer, as plans are under way to open an onsite coffeehouse in its event room on Saturday, Feb. 1.

In addition to breakfast sandwiches and cocktails made with fresh ingredients, the new coffeehouse will feature several types of artisan coffees, all provided by Hometown Coffee Roasters of Manchester. Jon Young, Pipe Dream's founder and owner, said he started a partnership with Mike Brown of Hometown Coffee Roasters after using Brown's coffee in some of his beers, later serving his nitro brew on tap.

Last year, the brewery opened an adjoining 1,000-square-foot function room that became available to book for private parties and corporate events.

"The event room is fantastic but we really only utilize it on Fridays, Saturdays and Sundays," Young said. "So I was thinking about how I could utilize that space better and more efficiently, and I saw a demand for good, fresh coffee in this immediate area."

The space will still be available to rent out for events in the evenings, Young said, but in

the mornings through 2 p.m. during the week and noon on the weekend, it will be all about the coffee and breakfast options.

Brown said he started Hometown Coffee Roasters in 2017 as a hobby out of his Bedford home, eventually expanding it into a commercial roastery. In October 2018, he moved the business into his current space in Manchester, where he's also working on opening a coffee bar of his own within the next few months.

"We source our beans from all of the major growing regions, including Central and South America and Africa ... and then we roast them right in our facility in Manchester," he said. "Fresh, specialty small-batch coffee is what we're all about. People don't realize how good it is compared to a coffee from Dunkin' Donuts or Starbucks until they've tried it."

Everything from hot and iced espresso-based drinks to cold brew and nitro cold brew on tap is expected to be available at the coffeehouse.

"We're going to get creative with a few things too, so we'll have some special seasonal espresso-based drinks, and a few different nitro cold brews on tap that will rotate," Brown said.



Photo by Matt Ingersoll.

Bloody marys, mimosas and Irish coffees will also be available daily. As for the food, Young said he's thinking of starting with four or five types of bagels with your choice of options for breakfast sandwiches, like freshly cooked eggs, thick bacon, sausage patties and cheese.

"When you order a sandwich, you're literally going to watch us make it," he said. "It's also going to be a small menu. We're trying to keep it local and fresh, so it's not going to be a ridiculous menu of all different kinds of options."

Because the hours of the brewery only slightly overlap with the anticipated hours of the new coffeehouse, Young said he would like the space to be an environment for people to casually sit and enjoy a cup of coffee

and breakfast sandwich with friends or while working on their laptop.

"During the week, we're hoping to hit all the people that are driving to work with the coffee and breakfast sandwiches, because there are so many businesses around here," he said. ☕

Pipe Dream Brewing Coffeehouse

Grand opening is Saturday, Feb. 1

Where: 49 Harvey Road, Londonderry
Anticipated hours: Monday through Friday, 6 a.m. to 2 p.m., and Saturday and Sunday, 7 a.m. to noon
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IN THE KITCHEN WITH KEVIN TAILLON



Kevin Taillon of Newmarket is the owner of Naked Hot Sauces (nakedhotsauces.net, find them on Facebook @nakedhotsauces), a small-batch producer of eight types of sauces using all-natural ingredients. After more than three decades working various jobs in the restaurant industry, Taillon bottled his first sauce, a green chile pepper-base sauce called Garden Variety, in 2015. The sauce received such a positive reaction that Taillon said it inspired him to make more. Eventually, he began experimenting with other types of sauces and started to sell them at local farmers markets. Taillon makes all of his sauces at Creative Chef Kitchens in Derry; his other products include a Korean barbecue-inspired sauce he calls The One, a sweet chili-like sauce called Cider Apple Thai Chili, and a Mexican-inspired sauce called Red Haired Sinse. Eight-ounce bottles are available for purchase online and at several stores in New Hampshire and Massachusetts. A few of the sauces, Taillon said, are also available in five-ounce or 1.7-ounce variety-sized bottles. Taillon is scheduled to appear as a vendor at several events later this year, including at two shows in Manchester: the Made in New Hampshire Expo in March and the New Hampshire Home Show in April.

What is your must-have kitchen item?

A funnel to get my sauces into the bottles.

What would you have for your last meal?

A nice thick mesquite-grilled New York strip with chimichurri sauce, and a loaded baked potato. For a drink, it would be a Patrón tequila, neat, with a couple of lime wedges.

What is your favorite local restaurant?

I really don't go out to eat much at all, but I like the idea behind a lot of the local restaurants like Vida Cantina and Black Trumpet [in Portsmouth], which get their products from local farms. If I'm going to go out, I'm going to seek out those kinds of places.

What celebrity would you like to see trying one of your sauces?

Probably Oprah [Winfrey]. I'd like it to be one of her favorite things.

What is your personal favorite sauce that you make?

It would definitely be The One, because it's just so multi-layered. The flavors are so spot-on that I knew it was a game-changer from the first time I tasted it.

What is the biggest food trend in New Hampshire right now?

More authentic cuisines and using locally raised products.

What is your favorite thing to cook at home?

We grill quite a bit, especially steaks and chicken. I also love to make simple Mexican dishes like tacos, loaded nachos and enchiladas, and Asian dishes like stir-fry, poke bowls and bibimbap. I do end up using a lot of my sauces with what we cook at home too.

— Matt Ingersoll 🍷

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Smoky salsa verde

Courtesy of Kevin Taillon of Naked Hot Sauces

6 ounces tomatillos
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2 ounces Serrano chili peppers
2 ounces cilantro
3 ounces lime juice
1/3 ounce garlic
1/4 teaspoon black pepper
1 teaspoon kosher salt

1/4 teaspoon toasted cumin
1/2 teaspoon chipotle powder

Roast tomatillos, onions and chili peppers on grill until charred. Place all ingredients into a food processor and pulse to desired consistency. Serve over chimichangas, burritos, meatloaf or just with tortilla chips.

Weekly Dish

Continued from page 30

Smuttynose Brewing Co., one of the Granite State's longest running craft breweries. Visitors will get to sample both old favorites and new offerings from Smuttynose. Visit barleyhops.beer or call 249-5584.

• **All about kombucha:** Goffstown Ace Hardware (5 Depot St.) will host **The Art of Making Kombucha** on Saturday, Jan. 25, from 10 a.m. to noon, featuring Brian Mazur of Glen Lake Libations. He'll discuss what the popular drink is and how it's made, as well

as its origins, history and the potential health benefits of drinking it. There will be examples of kombucha going through both its first and second stages of fermentation, plus finished kombucha available to taste. Attendees will also have a chance to win a homebrew kombucha kit. Admission to the workshop is free; Mazur is also working toward opening a brewery and taproom for kombucha under the Glen Lake Libations name sometime later this year. Visit glenlakelibations.com. 🍷



TRY THIS AT HOME

Healthy poached pears

January is nearing its end, so I have one more healthy recipe before we tiptoe into February and Valentine's Day cooking. To balance out this month of healthy eating I created another good-for-you dessert recipe. I believe that even when you're trying to eat in a more mindful way, you still need to treat yourself to things you like. So this week features a dessert that should satisfy your sweet tooth but isn't full of sugar and calories.

This healthy dessert is a poached pear, which works for a multitude of reasons. First of all, if you eat two halves, you are getting a serving of fruit. Second, you also are getting a bit of calcium from the yogurt. Third, there's very little added sugar in this recipe, just enough to trick your mind into thinking you're eating an indulgent dessert.

I chose to poach these pears in cranberry juice because I liked the slight pink hue it gave the fruit. It also helped that I had spare cranberry juice in my house from the holidays. If you have cider or apple juice on hand, either of those would work well.

In addition to being a healthy dessert, these poached pears are really simple to make and can easily be made in advance. Poach the pears whenever you have time, and then they can sit in the



Healthy poached pears. Photo by Michele Pesula Kuegler.

fridge for a couple hours or a couple days. When it's time to serve them, simply mix up the yogurt and cinnamon (or you can do that earlier as well), and top the pears. Ta-da! Dessert is ready.

Honestly, these poached pears are so healthy, you might want to make a double batch and keep a few on hand. They work as a breakfast dish or could be part of your lunch. Who says you can't eat dessert as your meal?

Michele Pesula Kuegler has been thinking about food her entire life. Since 2007, the Manchester resident has been sharing these food thoughts and recipes at her blog, Think Tasty. Please visit thinktasty.com to find more of her recipes.

Healthy Poached Pears with Cinnamon Cream

- 1 cup cranberry juice
- 1 cup water
- 4 seckel pears
- ¾ cup vanilla yogurt
- ¼ to ½ teaspoon cinnamon

Bring cranberry juice and water to a boil in a small saucepot.

Cut pears in half lengthwise; using a spoon remove seeds and stem.

Place 4 pear halves at a time in cranberry mixture; reduce heat to low.

Simmer for 8-10 minutes, or until just fork tender.*

Repeat with the remaining halves.

When all 8 halves are poached, place on a plate and refrigerate for at least 1 hour.

Combine vanilla yogurt and cinnamon in a small bowl.

Place pear half on serving plate, skin side down.

Top pear with a tablespoon of the cinnamon cream.

Serve immediately.

(Pears can be poached in advance and stored in the refrigerator for up to 2 days.)

Makes 4 servings.

**Don't let them boil to the point of being mushy.*

Food & Drink

Beer, wine & liquor

• 17TH ANNUAL EASTERSEALS WINTER WINE SPECTACULAR Acclaimed winemakers from all over the world come to the Granite State for this expo-style event, which has become the largest gathering of wines in northern New England with more than 1,600 types to taste. In addition, more than 20 local restaurants serve up food options to go with the wines. The event is the centerpiece of New Hampshire Wine Week, a

weeklong celebration of wines across the state. Thurs., Jan. 23, 6 to 9 p.m. DoubleTree by Hilton Manchester Downtown, 700 Elm St., Manchester. Tickets start at \$65 per person. Visit nhwine-week.com.

• FOUNDERS BREWING CO. TASTING Thurs., Jan. 23, 6 to 8 p.m. Barley & Hops, 614 Nashua St., Milford. Visit barleyhops.beer or call 249-5584.

Church & charity suppers
• LASAGNA SUPPER The dinner will feature lasagna, salad, rolls,

beverages and desserts, all to raise money for the Knights of Columbus. Sat., Jan. 25, 5 p.m. St. John the Baptist Parish, 10 School St., Suncook. \$8 per person. Visit catholicsuncook.org or call 485-3113.

Classes/workshops

• CHEF'S TABLE: SAUTE 101 William Walsh will lead this hands-on culinary skills class. Fri., Jan. 24, 5 to 8:30 p.m. Lakes Region Community College, 379 Belmont Road, Laconia. \$65 for individuals or \$95 for couples. Call 524-3207.



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DRINK

Ski country to wine country

A conversation with Peter Merriam of Merriam Vineyards

By Fred Matuszewski
food@hippopress.com

Peter Merriam hails from the ski country of Maine, and it is this heritage and his athletic talent for skiing that led him on the long road to becoming a vineyard owner in California's Sonoma Valley.

I met Peter in the very first years of Wine Week when he signed on as one of the presenters. Because he has houses on both coasts, he visits New Hampshire regularly, and I get to see him on many of those visits.

Among other awards, Merriam Vineyards Windacre Vineyard was awarded 90 Points by Wine Advocate's Robert Parker in 2015, and Merriam's 2016 Pinot Noir was awarded 92 Points by James Suckling.

Merriam Vineyard wines available in the NH Wine and Liquor Outlets include **Merriam Vineyards 2014 Windacre Russian River Valley Estate Merlot**, originally priced at \$29.99 and on sale at \$26.99. This wine has a deep red color and intense dark cherry notes. To the taste it is intense, with a long finish. It can be paired well with beef or lamb.

Another Merriam wine is the **Merriam Vineyards Russian River Valley 2014 Pinot Noir Cuvee**, currently on sale at \$26.99. This is described as a Burgundian style pinot noir but with Russian River Valley fruit. The color is a deep dark purple; notes are of baking spices and cherry. There is a bit of cedar or leather to the tongue, with a long, dry finish. This wine will hold for 15 years, if you wish to cellar it.

I spoke to Peter by phone and what follows is our conversation (edited and condensed).

Peter, how did you go from Northwest Maine to owning a vineyard in Sonoma Valley?

I was born and raised in Livermore Falls, an old mill town. My family was long associated with the mills. I began skiing at a very early age and attended New England College on a Nordic skiing scholarship. I have since traded my Nordic skis for Alpine skis. I never went back! At college, I met my wife, Diana. We honeymooned for a month in France, starting with the Bordeaux region, then to the Rhone and Loire River valleys. Our first day in Bordeaux was an experience. We arrived late in the day at Chateau Prieuré-Lichine, so late we did not expect to experience a tasting or tour. As luck would have it, Diana was nipped by the 'Winery Dog Bacchus'! Everyone was so



Courtesy photo.

taken aback, they invited us in for very personal samplings of the wines, along with directions on where to go and which chateaux to visit. We got to talk to Alexis Lichine, the owner. In his late 70s, he had no predisposition of who he was [he co-authored the *First Encyclopedia of Wine and Spirits*]. What an experience on our first visit to France!

After your honeymoon in France, did you immediately settle on becoming a vineyard owner?

After a brief stint in the skiing retail industry, Diana and I bought a package store in Burlington, Mass. We ran the store for 20 years. It provided us with the opportunity to more fully experience an abundance of varieties of wine. Friends from Maine moved to Healdsburg, Sonoma County, California, and in visiting them we started to look at properties that were on the market. In 2000 we found a small 12-acre property planted as a vineyard with merlot grapes in the 1970s by the Meitz brothers. We bought the property in June and made our first wine in September! We had the good sense to keep the former owners on hand as winemakers, as we were totally inexperienced in what to do. In fact, the Meitz family made wine for us for the next eight years! In 2008 we completed construction of our own Estate winery. We have re-planted the vineyard and now call it our "Bordeaux Vineyard," as it is planted in cabernet sauvignon, cabernet franc, merlot and petit verdot. All that is lacking is malbec. We now have another four acres of pinot noir and a very fragrant sauvignon blanc, and another five acres of chardonnay. In total, we have 35 acres, of which 24 are under vines. Today, 95 percent of what we bottle is estate grown. Our acreage is located within about 80 percent Russian River Valley and 20 percent Chalk Hill. It is on the warmer eastern side of the valley.



Courtesy photos.

Are your vineyards organically farmed?

All our vineyards are either certified CCOF (California Certified Organic Farmers), a United States Department of Agriculture-accredited organic certifying agency and trade association, or certified sustainable. They are sustainably farmed, which puts severe limitations on how we farm. The soils of our vineyards vary greatly depending on the location. In our Bordeaux vineyard we have gravelly rock, sand and mixed clay. The merlot is planted on sandy clay soils that result in small, intense berries. Pinot noir, chardonnay and sauvignon blanc are mostly planted in clay soils.

What does the future hold for Merriam Vineyards?

As a small vineyard owner, I worry about what is happening to the industry. Large corporate entities are purchasing not only vineyards to consolidate their holdings, but they are also purchasing long-term contracts from vineyard owners to produce crops at tight margins. Land costs have become astronomical, limiting the expansion of small producers and wineries. We are looking at producing wine for restaurants, with their labels. We want to control and maintain our high level of quality, over quantity. We want to leave to our children, our next generation, an established winery that is highly accredited.

Fred Matuszewski is a local architect and a foodie and wine geek, interested in the cultivation of the multiple strains and varieties of grapes and the industry of wine production and sales. Chief among his travels is an annual trip to the wine producing areas of California.

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- Home, 18 B
- Crowhurst + Gavin
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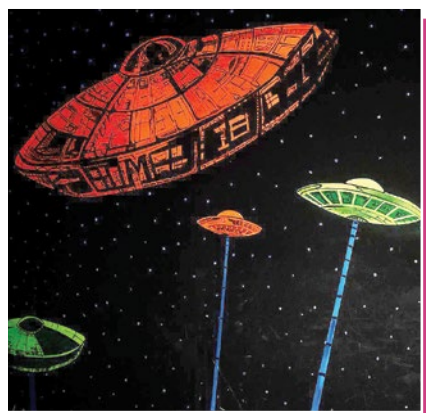
- *The Great Pretender* A
- Book Report

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events.

To let us know about your book or event, email asykeny@hippopress.com.

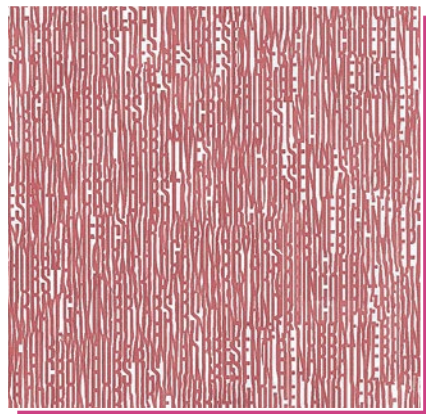
To get author events, library events and more listed, send information to listings@hippopress.com.

- *Dolittle* D
- *Bad Boys For Life* B-



This band has lived an admirably weird existence since its birth in the mid-'90s. The group's first eight albums were in cassette form only, produced and self-manufactured out of their original base camp, a house the band members shared in Florida down the street from Busch Gardens. The cassettes were sold out of a cookie jar at the counter of a local record shop, where, by all rights, the story should have ended. At some point, though, someone from a Sony Records imprint plucked a tape out of the jar and found himself liking it enough to

Crowhurst + Gavin Bryars, *Incoherent American Narrative* (Prophecy Productions)



throw some money at them, and suddenly they were reading short, nice-enough review blurbs about themselves in some of the country's biggest magazines. I say "nice-enough" because their self-professed art-pop isn't on the level of, say, Wire, but it does belong in the same Pandora mix. There's a goofiness to their instantly catchy post-punk-redolent hard-soft-hardness, they're quite talented, and fans of off-center stuff will like it. The female singer's vocals — she's apparently a guest? — are my only quibble with this one; she overdoes the Linda Kasabian moonbat act to the point of pain, but past that it's pretty cool. **B** — *Eric W. Saeger*

We descend deeper into the twilight zone with this unlikely team-up between avant-garde bassist Bryars (a double-bassist and highly celebrated composer whose 1969 experimental found-sound piece *The Sinking of the Titanic* was remixed in 1994 by Aphex Twin) and extreme-metal noise-maker Jay Gambit, a.k.a. Crowhurst. There are three pieces on this LP, and it's clear that they all, starting with "Blistered Glaciers," key off Bryars' *Titanic* masterwork, not only in an allusive sense but, as it turns out, as raw samples. Gambit, who was looking for

music grants until he wound up being mentored by Bryars, asked Bryars if it would be OK to rework a few live versions of the *Titanic* piece and release them as drone exercises. The results here reinvent Bryars' vision as a set of ghostly, intimately haunting sounds that extend the original idea of how the *Titanic's* band, which played on until the end, might have sounded as their clarinets and trumpets and such went into the freezing water. Any drone-head would appreciate the imagery here — all that's missing is the bubbles, really. **A+** — *Eric W. Saeger* 🍷

• I know I'm a couple of weeks late, but boy, did anyone watch all the old-people-rock specials on CNN just after New Year's? First off were their oldies shows, like *The 80s*, where we were reminded that '80s music was the best, because **David Bowie** said so, so shut up and dig all that crazy random noise-pop on his *Scary Monsters* album, from which the only really awesome song was "Fashion." Then — then — there was the **Linda Ronstadt** special, *The Sound of My Voice*, which reminded us that even the poor unfortunate daughter of the guy who *invented the electric stove and the freaking toaster* can have a shot at stardom. All I thought about while watching CNN's weird, day-long paean to acid-country-pop was all the times I've heard Ronstadt's songs in taxi cabs, dentist offices, and the school bus, back when I didn't understand anything about anything and didn't think I ever would, the latter of which of course came true in most glaring fashion. The point of all my nonsense here is political, on which I won't expound too much, but, you know, really, CNN? Why doesn't every freshly showered member of the mainstream media just Sharpie "We only care about older voters, I mean, viewers" on their foreheads? Really, whether or not **Billie Eilish** is pandering to socially anxious Zoomers, she has literally a *billion* plays on Spotify, but meanwhile "the world's most respected news organization" rolls out a nice comfy Linda Ronstadt thingie to keep boomers and X-ers in their Barcaloungers, safely protected from all the political, cultural and random-generational-shift truths that are being widely discussed everywhere *except* on mainstream cable? I mean, what was that? They were advertising that show like they were going to reveal what really happened to Jimmy Hoffa.

• Right, so, new records, the ones coming out on Jan. 24! Zoiks, Scooby Doo, it's **Black Lips**, with their new one, *Sing in a World That's Falling Apart!* Now that's awesome, isn't it? Are they still the millennials' answer to The Stooges? I don't know, let's go find out! Ooh, here's a song, called "Gentlemen," maybe it's good. Hm, at first it's like Violent Femmes trying to be Hank Williams Sr., then it gets a little louder, like Hank Williams Jr. They still can't sing for beans, I love it.

• Wait, everyone shut up, it's the totally awesome **Pet Shop Boys**, with their new album, *Hotspot*. That CNN '80s-music special should have contained nothing but stuff about Pet Shop Boys, because then maybe I would have been more receptive to that Linda Ronstadt show and wouldn't have been so angry over the fact that this girl I knew at the Kripalu yoga ashram had a higher level of natural singing talent than Linda Ronstadt, except this girl is probably working at Talbots instead of dating Jerry Brown. The single, "Burning the Heather," is, as always, awesome, chilly techno-pop, wicked nice chorus, download it now.

• Lastly — wait, *what*, OMG, it's my literally favorite '80s band, **Wire**, with *Mind Hive!* Did PR send me a download and I missed it? The tune "Cactused" is typical of the incredible art post-punk they've done for a couple of decades now. I love it, and must dig through my emails this minute. (Gosh, those dudes look *old*.) — *Eric W. Saeger*

Local bands seeking album or EP reviews can message me on Twitter (@esaeger) or Facebook (eric.saeger.9). 🍷



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Just a number

Schilling hopes to inspire aging women with new memoir

By Angie Sykeny
 asykeny@hippopress.com

Concord author Gail Schilling's new travel memoir, *Do Not Go Gentle. Go to Paris: Travels of an Uncertain Woman of a Certain Age* is a kind of coming-of-age story, but not in the traditional sense of transitioning from childhood to adulthood. Her story is about getting older while holding on to a spontaneous and adventurous spirit.

"As an older woman, I was losing my looks, my job, my sweetheart, and I had to do something to reclaim my self-confidence," Schilling said.

In 2010, at age 62, Schilling decided, with very little money and having never traveled before, to go to Paris.

"Paris always called to me," she said. "I always thought it was so romantic, and I'm a romantic at heart, so I always wanted to go there, even if I was sleeping in a bunk bed in a hostel."

The trip wasn't always easy. With no GPS, no cell phone and the 2010 French strikes shutting down much of the public transportation system, navigation was difficult. All Schilling carried was a camera, an adapter and a laptop, and only some towns had access to Wi-Fi. She struggled with communication, since she wasn't fluent in French and not many people spoke English.

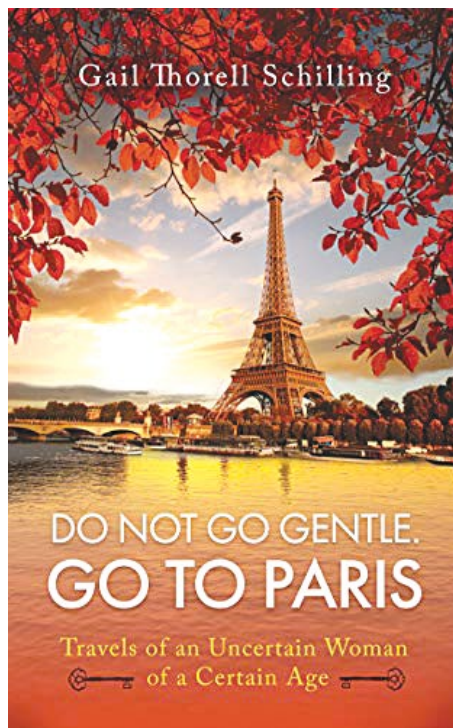
"Several women I bumped into said, 'I don't think I could do what you're doing,'" she said. "It was a lot to cope with, but somehow I kept motoring on."

Each chapter of the book begins with a quote that Schilling found inspiring. Based on the journaling she did during the trip, she describes the geography, the culture, anecdotes and conversations that she had with other women, particularly older women.

Schilling said she met many "strong and colorful" women much older than herself who reminded her that true beauty has little to do with external beauty and youth.

"They were so sure of themselves and held their heads in such a way that they were so self-assured," she said. "I admired their vitality. It made me realize there is no expiration date on the joy of living."

When Schilling returned to the U.S. after the month-long trip, she felt compelled to write a book, not only to share her travel experience but to inspire other women who, like herself, were struggling with their sense of identity as they aged.



Courtesy photo.

"So many women feel washed-up in their 60s," she said. "You don't look like you used to, you've retired from your job, your kids don't need you and you start to wonder who you are."

Her "final line" to those women, she said, is that "there is still time," to be adventurous, try new things and live life to the fullest.

"Don't dwell on the exterior," she said. "Do the things you've been putting off. Challenge yourself. Take care of the vitality that you carry within you."

Schilling said her trip to France got her hooked on traveling, and her next project will be a compilation of travel stories from Greece, England, Sweden and possibly more.

"For me it's not about being a tourist or going on cruises. It's about seeing how other people live," she said, "and what I find beautiful is that we're all similar, even in our differences. We're all one global family." 🍷

Do Not Go Gentle. Go to Paris: Travels of an Uncertain Woman of a Certain Age by Gail Schilling

The book is available at Gibson's Bookstore in Concord, the Toadstool Bookshops in Peterborough, Nashua and Keene, and on Amazon. Learn more about the author at gailthorellschilling.com.

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Creative Welding Select afternoon or evening	Elective	R. Caradonna	1	Tuesday	Feb. 4-May 26	3:45-5:45pm or 6-8pm	\$150+\$150
English	Academic	E. Mahoney	1	Tuesday	Feb. 4-May 26	6-8pm	\$150
HiSet - Math	N/A	D. Kalloger	N/A	Tuesday	Feb. 4-May 26	6-8pm	\$30
Plato	Academic	B. Carey	1	Tuesday	Feb. 4-May 26	3-5pm	\$150
Woodworking	Elective	C. Whiteman	1	Tuesday	Feb. 4-May 26	6-8pm	\$150+\$50
Biology with Lab	Academic	A. Strickland	1	Thursday	Feb. 4-May 28	5-7pm	\$190
Chemistry with Lab	Academic	M. Clickner	1	Thursday	Feb. 4-May 28	6-8pm	\$190
English	Academic	E. Mahoney	1	Thursday	Feb. 4-May 28	6-8pm	\$150
HiSet- Language	N/A	C. McDermott	N/A	Thursday	Feb. 4-May 28	6-8pm	\$30
US History	Academic	E. Romein	1	Thursday	Feb. 4-May 28	3-5pm	\$150
Enrichment				Open to 16+			
Career Exploration	Enrichment	A. Lafond	N/A	By Appointment			FREE
Creative Welding Select afternoon or evening	Enrichment	R. Caradonna	N/A	Tuesday	Feb. 4-May 26	3:45-5:45pm or 6-8pm	\$120+50
Web Design	Enrichment	G. Girolimon	N/A	Tuesday	Feb. 4-Mar. 10	6-8pm	\$150
Woodworking	Enrichment	C. Whiteman	N/A	Tuesday	Feb. 4-May 26	6-8pm	\$120+50

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POP CULTURE BOOKS

The Great Pretender, by Susannah Cahalan (Grand Central Publishing, 366 pages)

The Great Pretender is a jaw-droppingly interesting and brilliant read about the treatment of mental health in America. Cahalan certainly has credibility in this area. She wrote the book *Brain on Fire: My Month of Madness*, in which she chronicled her own descent into madness, her family's inspiring faith in her, and the lifesaving diagnosis that nearly didn't happen. It turned out that she had an undiagnosed brain infection.

Of course, this got her interested in the world of psychiatry and how someone is diagnosed as being mentally ill. In her newest book she centers her research on an important study conducted by David Rosenhan. "On Being Sane in Insane Places" is his paper. It's a nine-page article published in *Science*, January 1973, that helped to revolutionize thinking about the abuses of psychiatric hospitals. In his study, Rosenhan sent several participants who had been tested as "psychologically fit" into psychiatric hospitals and found that every single one was diagnosed with a mental illness and prescribed medications.

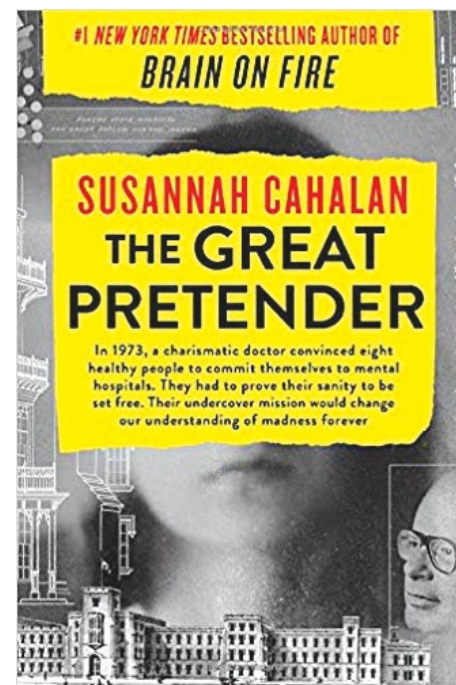
It was a revolutionary study showing how inaccurate psychiatry can be, but on the other hand it did damage to the specialty because people then had significant doubts that psychiatry could accurately help mental illness. Rosenhan's study cast a particularly dark shadow on psychiatric hospitals. On the positive side, the creation of the DSM-III (the then-newest edition of the American Psychiatric Association's diagnostic manual) was influenced by this study, but on the negative side, as a result, psychiatric hospitals closed down from lack of funding all over the country. In short, Rosenhan's study exposed real fraud but it also hurt those with true mental illness.

With this study on top of the history of lobotomies, shock treatment and the institutionalization of (primarily) women, all of a sudden the field of psychiatry became very questionable.

Cahalan wonders whether other patients might have undiagnosed ailments like she did. She recounts a few cases of patients who had brain inflammation but because it was diagnosed so late they ended up having permanent damage that resulted in a diagnosis of mental illness.

So, what is mental illness and how is it diagnosed? That's what *The Great Pretender* is all about. Cahalan is here to tell us: It's complicated.

This summer I attended a conference on the subject of PANDAS (Pediatric Autoimmune Neurological Disorder



Associated with Strep) in children. There are children around the world who, for whatever reason, once exposed to strep start showing psychiatric symptoms. The strep gets into their brains and sets up shop. They become aggressive, have intrusive thoughts, and develop severe OCD tendencies. Many of these kids are initially treated with psychiatric counseling and OCD medication. However, there is no amount of counseling that would help a brain infection. You need the correct medication (in this case antibiotics) to correct that. Do these children have mental illness? Or is their mental illness a side effect of another illness?

Things are not so clear when you're talking about the human brain and behavior.

I found this book to be fascinating. It's an intelligent discussion of what mental illness is and how the field of psychiatry has advanced (and yes, you'd better believe that it has advanced) through the years.

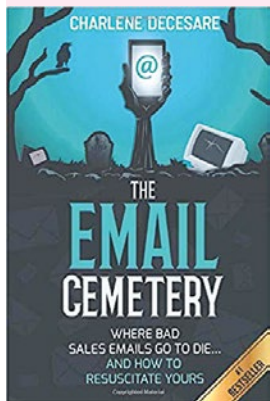
We've gotten much better with diagnosis and treatment, but I think we'll find that we've barely scratched the surface regarding how to diagnose and treat those with mental illness. We still have so much to learn.

The Great Pretender is a meticulously researched piece of nonfiction. It may change the way you see mental illness. I would not recommend this book if you are in a mental crisis — the last thing you would need then is to doubt treatment. But I would recommend it to advocates, caretakers or anyone who is interested in the history of mental illness treatment in America.

Highly interesting and provocative read. This one comes with a very strong recommendation.

A — Wendy E. N. Thomas 🍷

Book Report



• **Email fails:** Charlene DeCesare, professional sales trainer and author, will be at the Bookery (844 Elm St., Manchester) on Wednesday, Jan. 29, from 6 to 8 p.m., doing a reading from her book *The Email Cemetery*. The book includes failed emails from real entrepreneurs and salespeople, providing important takeaways about email marketing. Learn about how to establish your email persona and what it takes to be successful with your emails and sales goals. Call 836-6600 or visit bookerymht.com.

• **Fantasy world:** Erin Morgenstern, bestselling author of *The Night Circus*, presents her new fantasy book *The Starless Sea* at Gibson's Bookstore (45 S. Main St., Concord) on Sunday, Jan. 26, at 2 p.m. The book tells a timeless love story set in a secret underground world filled with pirates, painters, lovers, liars and ships. Call 224-0562 or visit gibsonsbookstore.com.

• **Dani Shapiro visit:** The Music Hall Historic Theater (28 Chestnut St., Portsmouth) welcomes bestselling author Dani Shapiro on Monday, Jan. 27, at 7 p.m., as part of its Innovation and Leadership literary series. Shapiro will discuss her new New York Times bestselling memoir *Inheritance*, "an exploration of the ethical questions surrounding fertility treatments and DNA testing, and a profound inquiry of paternity, identity, and love," as described in the press release. Shapiro will be in conversation with psychiatrist and author of international bestseller *The Body Keeps the Score* Dr. Bessel van der Kolk. The conversation will be recorded and broadcast as a bonus episode on Shapiro's hit podcast *Family Secrets*. Tickets cost \$13.75, and for each one to two tickets sold, the purchase of a book voucher costing \$16.95 is required. Vouchers can be redeemed after the event for a signed paperback copy of *Inheritance*. Call 436-2400 or visit themusicahall.org.

— Angie Sykeny 🍷

Books

Author Events

• **MIMI BULL** Author presents *Celibacy, a Love Story: Memoir of a Catholic Priest's Daughter*. Thurs., Jan. 23, 6 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **JIM FINI** Author presents *Locally Grown: The Art of Sustainable Government*. Fri., Jan. 24, 6 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **KEVIN GARDNER** Author will discuss books on New England stone walls. Sat., Jan. 25, 1 p.m. Pembroke Town Library, 313 Pembroke St., Pembroke. Visit nhhumanities.org.

• **ERIN MORGENSTERN** Author presents *The Starless Sea*. Sun., Jan. 26, 2 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **MIKE ERUZIONE** Author presents *The Making of a Miracle*. Thurs., Jan. 30, 6 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **MICHAEL CAMERON WARD** Author presents *Sketches of Lee*. Thurs., Feb. 6, 6 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **ALLEGRA MAY** Book launch for author's debut novel, *Appointment with Unreality*. Sun., Feb. 9 and Feb. 16, 2 to 3:30 p.m. The Plains Schoolhouse, 1 Plains Road, Portsmouth. Visit actonenh.org.

Writing events

• **FLASH FICTION COMPETITION** The Monadnock Writers' Group presents preliminary round of the statewide 3-minute fiction slam. The competition is open to anyone to read three minutes of original fiction to a panel of judges. The Peterborough winner will be invited to read at the state finals sponsored by the New Hampshire Writers Project. Sat., Feb. 1, 10 a.m. Peterborough Town Library, 2 Concord St., Peterborough. Visit nhwritersproject.org/three-minute-fiction-slam.

Poetry

• **POETRY READING** Presenting poets Kimberly Burwick and Elizabeth Bradfield. Tues., Jan. 28, 6 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Call 224-0562 or visit gibsonsbookstore.com.

• **SLAM FREE OR DIE** Weekly poetry open mike and slam. Thursday, 8 p.m. Stark Brewing Co., 500 N. Commercial St., Manchester. \$3. Visit facebook.com/slamfreeordie.

Book sales

• **BOOKS & PUZZLES** Books, puzzles, DVDs, CDs and VHS tapes for sale. Each item is 50 centers. Sat., March 7, 8 a.m. to noon. First Church Congregational, 63 S. Main St., Rochester. Call 332-1121.

Book discussion groups

• **ANIME & MANGA CLUB** A new club seeks members to join. Will involve book discussions, anime viewings, and workshops. No set date. Rodgers Memorial Library, 194 Derry Road, Hudson. Free. Visit rodgerslibrary.org. Call 886-6030.

• **BOOK DISCUSSION GROUP** Second Thurs., 7 p.m. Manchester City Library, 405 Pine St., Manchester. Visit manchester.lib.nh.us.

• **BOOKENDS BOOK GROUP** Monthly discussion group. First Sun., 4 to 5 p.m. MainStreet Book-Ends, 16 E. Main St., Warner. Visit mainstreetbookends.com.

• **BROWN BAG BOOK CLUB** Book discussion group. Last Tuesday, 12:15 p.m. Manchester City Library, 405 Pine St., Manchester. Visit manchester.lib.nh.us.

• **GIBSON'S BOOK CLUB** Monthly book discussion group. First Monday, 5:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com.

• **MORNING BOOK GROUP** Monthly discussion. Fourth Wed., 10 a.m. to noon. Kimball Library, 5 Academy Ave., Atkinson. Visit kimballlibrary.com.

• **MORNING BOOK GROUP** Book discussion group. Second Thursday, 11 a.m. to noon. Smyth Public Library, 55 High St., Candia. Visit smythpl.org.

• **NASHUA NOVEL READERS** Monthly book discussion. Second Thursday, 7 p.m. Nashua Public Library, 2 Court St., Nashua. Visit nashualibrary.org.

Writers groups

• **PLAYWRIGHT'S CIRCLE** Cue Zero Theatre Company hosts a monthly Playwright's Circle for local playwrights looking to improve their craft. Playwrights of all ages and experience levels are invited to bring 10 pages of an original work, which the circle will read aloud and offer feedback on while discussing the process and philosophy of playwriting. Bring at least one copy of your scene for every character. Every third Sunday, 11 a.m. to 1 p.m. Jupiter Hall, 89 Hanover St., Manchester. Visit facebook.com/CZTheatre.



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Dolittle (PG)

Why is *Dolittle*, a family-friendly-seeming live-action movie full of talking animals and with a big star fresh off his Marvel career, being released in mid-January?, I thought. But then I saw it — “ooohh,” I thought, “I see” — and now I’m a little surprised it wasn’t released earlier.

This feels very “release it the first weekend of January, maybe nobody will notice.”

This movie begins with a fully animated introduction to Dr. Dolittle (Robert Downey Jr. when we see him in the flesh), an eccentric scientist-doctor who can talk to animals in their own gorilla or parrot or tiger languages. He fell in love with a woman named Lily and they had many adventures together, but then sadly Lily died at sea and he became a hermit. The animation (a kind of old-fashioned watercolor look) and the story before Lily’s death would have made for a much more interesting movie — especially when we find out that Lily is the daughter of a vaguely aaarrh-piratey-looking guy played by Antonio Banderas.

Instead, we fade into live action and the inciting events for this story, of which, for no good reason, there are two, simultaneously, neither one of which is all that important. The first involves a softhearted boy, Tommy Stubbins (Harry Collett), trying to rescue a squirrel and then he becomes Dolittle’s apprentice, which for the movie’s purposes



Dolittle

means he stands and watches things a lot. The second involves the Queen, who I guess is supposed to be Queen Victoria (Jessie Buckley), who is mysteriously sick and needs the special Something Something Fruit of Questy-Quest Island in order to survive. I feel like more important than anything to do with the queen is that this plot gives us a villain in royal doctor Dr. Blair Müdfly (Michael Sheen), who hates Dolittle from way back in their school days and is part of a scheme to kill the queen for, I forget, reasons. Joining Dolittle in his quest are a bunch of his animal pals, who talk to him (and us) in human, big-

name actor voices. (Those voices include Emma Thompson, John Cena, Kumail Nanjiani, Octavia Spencer, Tom Holland, Craig Robinson, Ralph Fiennes, Selena Gomez — according to IMDb, though honestly because each animal gets so little personality-building only Thompson and Nanjiani really stood out to me. I didn’t immediately place Robinson, and his character, the injured squirrel, doesn’t get a whole lot to do, but I do give some points for what appear to be his ongoing, completely unnoticed plans for revenge or something against Stubbins. This little plotline isn’t well-constructed but it has

a little bit of cuteness and life about it.)

I’ll say this: Michael Sheen goes for it. Michael Sheen always goes for it, whether he’s Tony Blair (*The Queen*) or a vampire with a ridiculous laugh (the *Twilight* movies) or a werewolf (the *Underworld* movies), he shows up and goes all in. His character’s motivations never totally make sense to me but I was at least more likely to be interested (or, you know “interested,” by which I mean not just waiting for it to be over) in a scene with him in it.

The opposite is true of Downey, who feels like somehow the movie has Kryptonited him of his natural watchability and charm. Dolittle’s soft Scottish-or-something accent pulls some of the warmth out of Downey’s voice and the way the movie is edited or shot or structured (or all three?) pulls out the energy.

I saw at least one headline that compared *Dolittle* favorably to *Cats*: “Well, It’s Better than *Cats*,” says the review header at Vanity Fair. Is it, though? Because *Cats*, though deeply technically flawed and super weird, also had some good-weird moments and some not-terrible performances. I suppose the special effects are marginally better here, because we’re just seeing animals, not strange people-cats. But whatever it achieves on the technical side is pretty deeply undercut by the nothing performances and the energy-free non-adventure that is the story. What is the opposite of charming and magi-

AT THE MULTIPLEX — OSCAR EDITION**Reviewlets**

* Indicates a movie to seek out.

Oscar nominees — The following nine movies are this year’s best picture nominees for the Oscars (which will be handed out on Sunday, Feb. 9). The theater listings here are as of Jan. 20 and may change on Jan. 24.

***Ford v Ferrari (PG-13)**

Matt Damon, Christian Bale. Damon and Bale are car racers and designers working on behalf of Ford to build a car fast enough to beat Ferrari in a 24-hour race in the mid-1960s. Both actors do good work making the processy work of building and racing a car interesting, even to the car novice. **B+** Screening in the Boston area (including at AMC Methuen), the movie will be available for home viewing on Jan. 28.

***The Irishman (R)**

Robert De Niro, Al Pacino. An aging mob hitman recounts his life, to include his friendship with and ultimate assassination of Jimmy Hoffa, in this three-and-a-half-hour saga from

director Martin Scorsese. I think Netflix (and the comfort of your own screen, where you can stop and start the movie at your leisure and even turn it into something of a miniseries if you’d like) might be the best way to view this movie, with all its small moments, details and story detours that can get lost when you view the whole thing at once. **B** Available on Netflix. The movie is also screening at The Music Hall in Portsmouth.

***Jojo Rabbit (PG-13)**

Taika Waititi, Scarlett Johansson. Johansson, twice nominated this Oscar season, gets her supporting nod for this movie. Yes, Waititi (who also wrote and directed this movie) plays Hitler, the goofy (but still terrifying) imaginary friend of Davis’s 10-year-old Jojo, a boy trying to find his place in a Nazi Germany near the end of the war. Jojo Rabbit reminded me a bit of Danny Boyle’s *Millions*, where magical realism and a kid’s imagination act as a prism that real-world events are filtered through, coming out askew and more rainbow-colored than the reality (a reality

which we, in the adult audience, can see around the edges). I think this movie, while it is at times wobbly, mostly threads the needle of showing the terror and the ugliness of Nazi Germany while being lighthearted and optimistic about humanity. **B+** Screening at some area theaters (including Cinemark Rockingham Park and AMCs in Tyngsboro and Methuen), the movie will be available for home viewing on Feb. 4.

Joker (R)

Joaquin Phoenix, Frances Conroy. Phoenix was nominated in the lead actor category for this movie, which puts the chocolate of the Batman saga in the peanut butter of late 1970s-early 1980s cinema, in particular *The King of Comedy*, for this aggressively aggressive look at the Joker’s origin story that really likes itself and all the Serious Fi-uhl work that Phoenix is doing. Except, blech, this movie is no fun at all to sit through and its outlook on society is, er, unpleasant. **C-** Available for rent or purchase and screening at some area theaters (including Regal Hooksett and AMC Londonderry).

***Little Women (PG)**

Saoirse Ronan, Florence Pugh. Both of whom received Oscar nominations, as Jo and Amy respectively. Other Marches include Emma Watson and Elizabeth Scallen and Laura Dern as Marmee; Timothee Chalamet is Laurie. Director and screenwriter Greta Gerwig (somehow not nominated for best director, “congratulations to those men”) has crafted a perfect movie in this adaptation of the beloved story of sisters coming of age in Massachusetts during and after the Civil War. The movie starts the story in the middle of the book, giving us a portrait of each sister separately before we see them fully together, which makes this well-known story feel fresh. **A** Screening at most area theaters.

***Marriage Story (R)**

Scarlett Johansson, Adam Driver. Both of those actors have lead actor nominations for playing a wife and husband in the midst of a divorce in this surprisingly funny, heartfelt and sweet movie written and directed by Noah Bombach. Laura Dern, play-

ing Johansson’s divorce lawyer, earns her supporting actress nomination, somehow being both a warm heart and a cold reality. **A-** Available on Netflix.

***1917 (R)**

Dean-Charles Chapman, George MacKay. This fairly straightforward World War I battlefield movie from director Sam Mendes pretty solidly offers the illusion of being one continuous shot, a structure that helps to ramp up the tension of this movie that follows the attempt to deliver important orders from one spot on the front to another. This movie puts its head down and does its work and the result is excellent. **A** Screening at most area theaters.

Once Upon a Time ... in Hollywood (R)

Leonardo DiCaprio, Brad Pitt. An aging star of TV Westerns and his stunt double try to reconcile themselves with what comes next, while the hippie girls of the Charles Manson cult flit around Hollywood in 1969 in Quentin Tarantino’s big nostalgia-soaked

movie. I enjoyed this more than I thought I would — despite the slightness of Margot Robbie’s Sharon Tate and all the strangeness of that plotline. **B** Available for rent or purchase (and screening at theaters in the Boston area).

***Parasite (R)**

Song Kang Ho, Cho Yeo Jeong. Director and co-writer Bong Joon Ho crafts a kind of dark fairy tale about the oblivious wealthy and the knife’s-edge existence of the people who work for them. What starts as a small resume lie — a friend recommends a buddy for a tutoring job and the new tutor sells the recommendation with some forged university student identification — quickly becomes an elaborate con. The movie is full of strong performances (Song Kang Ho and Cho Yeo Jeong in particular) and smart comedy and isn’t afraid to get dark. **A** The movie is screening in some area theaters (including Red River Theatres in Concord) and is available for purchase and will be available for rent on Jan. 28.

POP CULTURE FILMS

cal? *Dolittle* is that — unmagical. Like, not just not magical itself but sucking the idea of magic, your capacity for wonder, your interest in being charmed, right out of you while you watch. While watching *Cats*, I could kind of see what was going wrong and imagine how it could have been done differently. With *Dolittle*, I'm not entirely certain what went wrong and I never really want to see it or any derivation of it again. **D**

Rated PG for some action, rude humor and brief language, according to the MPA. Directed by Stephen Gaghan with a screenplay by Stephen Gaghan, Dan Gregor, Doug Mand and Chris McKway (with a screen story by Thomas Shepherd, based on the character created by Hugh Lofting), Dolittle is an hour and 41 minutes long and distributed by Universal Studios.

Bad Boys for Life (R)

Will Smith and Martin Lawrence ride again in *Bad Boys for Life*, which is 100 percent exactly what you think it's going to be.

Detectives Mike Lowrey (Smith) and Marcus Burnett (Martin Lawrence) are still “bad boys,” driving fast, taking down criminals and getting yelled at by Captain Howard (Joe Pantoliano). But Marcus, whose daughter has just had her first child, is considering life beyond policing even if single-and-claiming-to-love-it Mike plans to chase criminals for the rest of his days. This disagreement between the longtime partners — Marcus’s desire to get out and Mike’s plan to be a “bad boy for life” — pulls them apart after a shooting that turns into the start of a vendetta against a string of law enforcement types. Pulling the strings

is a mysterious Mexican woman, Isabel (Kate del Castillo), widow of a drug kingpin whose son Armando (Jacob Sipio) has just broken her out of prison.

When Mike finds himself investigating the deaths by himself, he turns to a team run by Rita (Paola Nuñez), a sorta ex-girlfriend, and featuring tech guy Dorn (Alexander Ludwig), enthusiastic troublemaker Kelly (Vanessa Hudgens) and cocky jerk Rafe (Charles Melton). These kids show Mike their tech-based investigative skills and are actually kind of fun and charismatic but are kept pretty B-team in terms of screen time and story involvement.

Quip, car chase, violence, quip, another quip, more violence, some kind of cool action, quip ... that might not be the exact order, but that’s the general idea of what’s happening here. This is a familiar song, but

it is a very well-done rendition of it. Lawrence is good at the quip, Smith is good or better at the quip and good at the action — he’s even good at being an older guy doing action in the mix with younger guys and the movie can joke about that while still credibly pulling off that action. You completely get what you pay for with *Bad Boys for Life*, which feels both a little underwhelming (nothing about this movie is a surprise) and basically satisfying. **B-**

Rated R for strong bloody violence, language throughout, sexual references and brief drug use, according to the MPA. Directed by Adil El Arabi and Bilall Fallah with a screenplay by Chris Bremner and Peter Craig and Joe Carnahan, Bad Boys For Life is two hours and four minutes long and distributed by Columbia Pictures.

MOVIES OUTSIDE THE CINEPLEX

RED RIVER THEATRES

11 S. Main St., Concord, 224-4600, redrivertheatres.org
 • *Uncut Gems* (R, 2019) Thurs., Jan. 23, 8:15 p.m.
 • *WBCN and the American Revolution* (NR, 2019) Thurs., Jan. 23, 6 p.m.
 • *Little Women* (PG, 2019) Thurs., Jan. 23, 2, 5:25 and 8:10 p.m.; Fri., Jan. 24, and Sat., Jan. 25, 12:35, 3:15, 6 and 8:45 p.m.; Sun., Jan. 26, 12:35, 3:15 and 6 p.m.; and Mon., Jan. 27, through Thurs., Jan. 30, 2, 5:25 and 8:10 p.m.
 • *Parasite* (R, 2019) Thurs., Jan. 23, 2:05 and 5:30 p.m.; Fri., Jan. 24, and Sat., Jan. 25, 2:50 and 7:55 p.m.; Sun., Jan. 26, 6:20 p.m.; and Mon., Jan. 27, through Thurs., Jan. 30, 7:40 p.m.
 • *Jojo Rabbit* (PG-13, 2019) Fri., Jan. 24, and Sat., Jan. 25, 12:30 and 5:35 p.m.; Sun., Jan. 26, 4 p.m.; and Mon., Jan. 27, through Thurs., Jan. 30, 2:05 and 5:20 p.m.
 • *Clemency* (R, 2019) Fri., Jan. 24, and Sat., Jan. 25, 1, 3:15, 5:30 and 7:45 p.m.; Sun., Jan. 26, 1, 3:15 and 5:30 p.m.; and Mon., Jan. 27, through Thurs., Jan. 30, 2:10, 5:30 and 7:45 p.m.

• *In Search of Mozart* Sat., Jan. 25, 10 a.m.
 • *Happy Feet* (PG, 2006) Sat., Jan. 25, 10 a.m.
 • *Wetware* (NR, 2019) Sun., Jan. 26, 1 p.m.

WILTON TOWN HALL

40 Main St., Wilton, 654-3456, wiltontownhalltheatre.com
 • *Uncut Gems* (R, 2019) Thurs., Jan. 23, 7:30 p.m.
 • *Little Women* (PG, 2019) Thurs., Jan. 23, through Thurs., Jan. 30, 7:30 p.m., plus Sun., Jan. 26, at 2 p.m.
 • *Knives Out* (PG-13, 2019) Fri., Jan. 24, through Thurs., Jan. 30, 7:30 p.m., plus Sun., Jan. 26, 2 p.m.
 • *Father Goose* (1964) Sat., Jan. 25, 4:30 p.m.
 • *Girl Shy* (1924) Sun., Jan. 26, 4:30 p.m.

MANCHESTER CITY LIBRARY

Main Branch, 405 Pine St., Manchester, 624-6550; West Branch, 76 Main St., Manchester, 624-6560, manchester.lib.nh.us
 • *Hunt for the Wilderpeople* (PG-13, 2016) Sat., Jan. 25, noon (main)
 • *Anita* (Kanopy Film Series, NR) Tues., Jan. 28, 1 p.m. (main)

• *Pay it Forward* (PG-13, 2000) Wed., Jan. 29, 1 p.m. (main)

NASHUA PUBLIC LIBRARY

2 Court St., Nashua, 589-4611, nashualibrary.org
 • *Blinded By the Light* (PG-13, 2019) Thurs., Jan. 23, 1 p.m.
 • *Three Peaks* (2017) Tues., Jan. 28, 6:30 p.m., and Thurs., Jan. 30, 1 p.m.

CINEMAGIC

1226 Hooksett Road, Hooksett, 644-4629; 11 Executive Park Drive, Merrimack, 423-0240, cinemagic-movies.com
 • *Blind Eyes Opened: The Truth About Sex Trafficking in America* Thurs., Jan. 23, 7 p.m.

CHUNKY'S CINEMA

707 Huse Road, Manchester, 206-3888; 150 Bridge St., Pelham, 635-7499; 151 Coliseum Ave., Nashua, 880-8055, chunkys.com
 • *The Big Lebowski* (R, 1998, 21+ showing) Thurs., Jan. 23, 8 p.m.
 • *Top Gun* (PG, 1986, 21+ showing) Thurs., Jan. 30, 8 p.m.

THE MUSIC HALL

Historic Theater, 28 Chestnut St., Portsmouth; Loft, 131 Congress

St., Portsmouth, 436-2400, themusic-sichall.org
 • *The Lighthouse* (R, 2019) Thurs., Jan. 23, 7 p.m. (loft)
 • *Becoming Nobody* (NR) Thurs., Jan. 23, 7 p.m. (theater)
 • *The Irishman* (R, 2019) Sun., Jan. 26, 3 p.m. (theater)
 • *Parasite* (R, 2019) Fri., Jan. 24, and Sat., Jan. 25, and Tues., Jan. 28, through Thurs., Jan. 30, 7 p.m. •

Harriet (PG-13, 2019) Fri., Jan. 24, 3 and 7 p.m., and Tues., Jan. 28, 7 p.m. (theater)

PETERBOROUGH COMMUNITY THEATRE

6 School St., Peterborough, pctmovies.com
 • *Little Women* (PG, 2019) Thurs., Jan. 23, and Fri., Jan. 24, 7 p.m.; Sat., Jan. 25, Sun., Jan. 26, and

Wed., Jan. 29, 2:30 and 7 p.m.; and Thurs., Jan. 30, 7 p.m.

CINEMAGIC STADIUM 10

2454 Lafayette Road, Portsmouth, 319-8788, cinemagicmovies.com
 • *Blind Eyes Opened: The Truth About Sex Trafficking in America* Thurs., Jan. 23, 7 p.m.
 • *Halloween* (1978, R) Thurs., Jan. 23, 8 p.m.

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Sport your vintage Targeé pjs and your couture Old Navy hoodie at Red River Theatres (11 S. Main St. in Concord; 224-4600, redrivertheatres.org) for **Red River Theatres' Couch Potato Oscar Party** on Sunday, Feb. 9, starting at 7 p.m. and going until whenever the last envelope is opened and (correctly) announced. This year's dress code is “comfy casual so that means flannel pjs, comfy sweaters and sweats. Feel free to bring slippers and even a pillow! No spanx allowed!” according to the website. O Steaks & Seafood will provide eats and during the awards ceremony there will be Oscar bingo and movie trivia during commercials, the website said. Tickets cost \$45.

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THE ROUND UP

Local music news & events

By Michael Witthaus
mwitthaus@hippopress.com

• **Local color:** The slate of great regional showcases at the Capitol City's newest venue continues with a double bill featuring **The Mallett Brothers Band**, a jammy Maine Americana group, and New Hampshire native **Dusty Gray**, a singer-songwriter lately making his mark in Nashville (his "Let the Rain Come Down" appeared on Brent Cobb's debut LP, *Shine on Rainy Day*). Thursday, Jan. 23, 8 p.m., Bank of NH Stage, 16 S. Main St., Concord. Tickets \$12 and \$20 at banknhstage.com.

• **Focused fun:** Three area comics winning fans in the region gather to benefit Kiwanis Club. **Drew Dunn** won competitions on both coasts and performed at last year's Just for Laughs festival in Montreal. **Nick Lavallee** tells jokes, plays power pop with Donaher and makes custom action figures like Bill Burr's Star Wars character and Weezer's Rivers Cuomo. **Paul Landwehr** hosts. Friday, Jan. 24, 7 p.m., Sweeney Post, 252 Maple St., Manchester. Tickets \$20 at eventbrite.com.

• **Reaching down:** Enjoy a night of Aussie and Kiwi rock from **Geeze Louise** at an event marking Australia Day and raising money to help victims of the devastating fires Down Under. In 1788, Britain raised its flag in Port Jackson near Sydney, setting in motion the forming of AC/DC, Men At Work, INXS and Midnight Oil. Grab a pint and a pie and help out a good cause. Saturday, Jan. 25, 6 p.m., Millyard Brewery, 25 E. Otterson St., Nashua. More information at facebook.com/millyardbrewery.

• **Moody mashup:** One of the key elements of the British Invasion led by The Beatles was the pre-prog Moody Blues led by singer-guitarist **Denny Laine**, who later formed Wings with Paul McCartney after The Fab Four broke up in 1970. Laine presents a combo show of both bands dubbed Moody Wings, playing everything from "Go Now" to "Mull of Kintyre." Saturday, Jan. 25, 7:30 p.m., Flying Monkey Movie House, 39 Main St., Plymouth. Tickets are \$29 and up at flyingmonkeynh.com.

• **Doppel gang:** New York City-based tribute act **The Machine** has channeled the spirit of Pink Floyd since the progressive rock progenitors' last remnants stopped touring in the early 1990s. Separating itself from the pack of cover bands with theatricality and musical improvisation, it's as close to the real thing as can be short of another Roger Waters/David Gilmour peace summit, an unlikely event. Sunday, Jan. 26, 8 p.m., Tupelo Music Hall, 10 A St., Derry. Tickets \$35 & \$45 at tupelohall.com.

NITE

For love of music

River Sister's jazzy folk in Concord

By Michael Witthaus
mwitthaus@hippopress.com

Along with being a *my bueno* restaurant, Hermanos Cocina Mexicana in Concord is one of the most music friendly establishments in New Hampshire. Every night but Friday there's jazz, blues and soul from local musicians. Drummer Paul "PJ" Donahue has been returning for years. His upcoming set will include Elissa Margolin and Stefanie Guzikowski, performing as River Sister Trio.

The Seacoast-based quartet is usually a balance of "Sisters" and "Misters," but bassist Nate Therrien will be absent.

The group came together after Margolin, a veteran singer-songwriter, sang with Guzikowski at an open mic in Portsmouth. That night, the pair evinced a harmony so magical that everyone in the room felt it must continue.

"They were saying our voices blend so well together," Guzikowski said in early 2019. "So we thought maybe we should keep doing it."

After making an eponymous EP in 2017, River Sister has maintained a well-curated calendar, appearing at places that allow their music to shine — like Hermanos.

"It feels very community-like," Margolin said in a recent joint interview. "There's a connection with both the patrons and staff, so it's a warm and fuzzy type of gig. We like it."

"They treat us well," Guzikowski agreed. "You can tell that people do come there to actually have dinner and listen to the music; they're not just going there to have dinner. It's part of the draw."

River Sister has built a solid fan base playing rooms like Bookery in Manchester, Flight Coffee of Dover and Portsmouth Book & Bar. A few months ago, they provided the music at a Currier Museum of Art party led by artist Steve Paquin, who painted while patrons drew in coloring books. In November, the band realized a bucket list item, playing at Rockwood Music Hall in



Courtesy photo.

New York City.

The River Sister sound is a wonderful melding of folk traditions and jazz rhythms, pure harmony married to musical complexity. This is particularly in evidence on a new song written by Margolin called "River Breeze," released with a video that explores the soulful connection shared by the two Sisters, and the musical chemistry between all four.

"I often write about the darker side of existence," Margolin said. "But for some reason I was really feeling the light and decided to try and write in that space. ... I love what the Misters did with it; they're such good jazz musicians. They make folk music sound so much more complex."

The song began with a simple bass line. "PJ created a rhythm," Margolin said. "He doesn't play with cymbals in our band, he uses a tambo on his foot quite a bit. He got a groove that has this little chirp that's somewhat unusual, and then Nate added all these really interesting arpeggios."

Seacoast mainstay Chris Magruder produced the song, as he did on the group's debut effort.

"I like how he left the bass forward, which is somewhat unusual, but it becomes the

River Sister sound," Margolin said. "It was the first performance video we've ever done, so that was new territory."

No one is chasing fame with River Sister, however, and that's one of the best parts of it.

"A good thing about this band is we — particularly the Misters, who spend quite a bit of their time trying to make their money from music — when they're playing in River Sister, they are playing for the love of the music," Margolin said. "It's really gratifying when you focus your intention that way. ... You authentically grow community instead of just adding Facebook likes."

"We also have our day jobs and we try to keep it all at a manageable level as well," Guzikowski said. "It would be different if we were 20 years younger and this was all we did and that was it. But we're all enjoying having a passion come to fruition the way it has." 🍷

River Sister

When: Thursday, Jan. 23, 6:30 p.m.

Where: Hermanos Cocina Mexicana, 11 Hills Ave., Concord

More: facebook.com/riversistermusic



COMEDY BOWL 2020

Get some laughs and support some good causes at the Queen City Rotary Club's Comedy Bowl 2020 on Saturday, Jan. 25, at 6 p.m. at St. George's Greek Orthodox Cathedral (650 Hanover St. in Manchester). A social hour starts at 6 p.m., a buffet dinner starts at 7 p.m. (cash bar) and the comedy starts at 8 p.m. and will feature comedians Kyle Crawford, Dan Crohn and Paul Nardizzi. The evening will also feature a silent auction. The money raised goes to youth charities and agencies in greater Manchester supported by the club, according to a press release. Tickets cost \$50 per person or \$325 for a table of six. Contact mruth@clarkinsurance.com to purchase tickets. See queencityrotary.org for more about the club.

Pictured Dan Crohn. Courtesy photo.

PUZZLE O' THE TIMES

Across

- 1. Tesla tells it like 'The Way ___' (2,2)
- 5. Hallucinogen used to enhance shows, at times
- 8. God's book not oft read by death metal member
- 13. What ZZ Top was just looking for on '75 classic
- 14. Might split at best show of your life?
- 16. You will see a campfire one while strumming around it
- 17. The 10 minutes during recording where you step outside for air (5,4)
- 19. Chocolate drink at outdoor winter show

- 20. R Kelly '___ Fly' (1,7,1,3)
- 22. Raspberries '___ The Way' (2,3)
- 23. '66 'Fresh Cream' opener that meant "non-specific urethritis"
- 24. Distributes royalties, along w/ASCAP
- 27. Jason of Sebadoh
- 32. 'Let It Come Down' Smashing Pumpkin James
- 35. English Beat '___ Salvation'
- 36. 'Guitar Town' guitarist/singer/actor Steve
- 37. Prince might give you a '___ And Wet' kiss
- 39. Post-show hotel chain
- 42. Tori Amos album 'Boys For ___'
- 43. Counting Crows 'Across ___': Live In New York City' (1,4)
- 45. Nobodys 'Ain't No One Getting ___'
- 47. Bassman Kinchla of Blues Traveler
- 48. George Thorogood solo drinking song

01/16

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- (1,5,5)
- 51. Half of hippie t-shirt name
- 52. Goopy Collective Soul hit?
- 53. 'Buzzin' funk hopper
- 58. Muse will get off at this stop on '13 'The 2nd Law' single (5,7)
- 62. Billy Sheehan 'To Be With You' band (2,3)
- 65. '02 Chris Isaak album '___ Tonight' (6,3)
- 66. Beach Boys had a 'Little Deuce' one
- 67. Clothing line on a garment that might tear during show
- 68. Pet Shop Boys "Cause you're ___ New York City boy" (1,3)
- 69. What CD did w/free poster (w/"it")
- 70. Prince "What if God was ___ of us"
- 71. Sugarland 'All I Want ___' (2,2)
- 21. Stephen Stills band (abbr)
- 24. Prince told us she wore a 'Raspber-ry' ___
- 25. 'The Gentlemen Who Fell' singer/actress Jovovich
- 26. Marc Anthony '___ To Know' (1,4)
- 28. Goes with an "aah"
- 29. Springsteen pal Joe
- 30. Cher says sooner or later '___ Sleep Alone' (2,3)
- 31. Movie band Spinal ___
- 32. Killers 'Day & Age' bonus track 'Forget About What ___' (1,4)
- 33. Twisted Sister's 'Captain'
- 34. When camping, Crooked Fingers says 'You Must Build ___' (1,4)
- 38. Abby Ahmad '___-Me'
- 40. 1985 Rick Springfield album about Eastern "way", perhaps
- 41. Bowie band ___ Machine
- 44. What rock star item became after dating
- 46. Sevendust song w/a break down?
- 49. The Who drummer Jones (abbr)
- 50. "Gloria, I think they got the ___" Laura Branigan
- 54. Beck 'Where ___' (3,2)
- 55. '87 Prince album '___ The Times' (4,1)
- 56. What ballad did to the ladies
- 57. '98 Pearl Jam album 'Live ___ Legs' (2,3)
- 58. Cry Of Love passes a 'Peace ___'
- 59. Letters To 'Here & Now'
- 60. Kind of "song"
- 61. Subdued Prima J song?
- 62. One-time Boston label
- 63. 'Sailing' icon Stewart
- 64. Famous beer at concert stand (abbr)

Down

- 1. Wham! 'Make ___' (2,3)
- 2. Judas Priest '___ Lover'
- 3. Elle Fitzgerald "___ rainbow blending now, we'll have a happy ending now"
- 4. '01 Nick Cave album 'No More ___ We Part'
- 5. "It's too __, baby" Carole King
- 6. Dead Boys frontman Bators
- 7. '13 Stone Sour hit '___ A Favor' (2,2)
- 8. Dave Clark Five song that inspired a Beatles 'Abbey Road' song?
- 9. '03 3 Doors Down hit 'The Road ___' (2,2)
- 10. UK studio for live transmission
- 11. Brian Eno 'Small Craft On A Milk Sea' sidekick Abrahams
- 12. Slice of time in music
- 15. Klaus of The Scorpions
- 18. 'One Thing' Gravity ___

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Napa



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MUSIC THIS WEEK

<p>Alton JP China 403 Main St. 875-8899</p> <p>Amherst LaBelle Winery 345 Route 101 672-9898</p> <p>Ashland Common Man 60 Main St. 968-7030</p> <p>Atkinson Merrill's Tavern 85 Country Club Drive 382-8700</p> <p>Auburn Auburn Pitts 167 Rockingham Rd 622-6564</p> <p>Auburn Tavern 346 Hooksett Rd 587-2057</p> <p>Barrington Nippo Lake Restaurant 88 Stagecoach Road 644-2030</p> <p>Onset Pub Crotched Mtn. Ski Resort 588-3688</p> <p>Bedford Bedford Village Inn 2 Olde Bedford Way 472-2001</p> <p>Copper Door 15 Leavy Drive 488-2677</p> <p>Friendly Toast 125 S River Rd 836-6238</p> <p>Murphy's Carriage House 393 Route 101 488-5875</p> <p>T-Bones 169 South River Road 623-7699</p> <p>Belmont Lakes Region Casino 1265 Laconia Road 267-7778</p>	<p>Boscawen Alan's 133 N. Main St. 753-6631</p> <p>Bow Chen Yang Li 520 South St. 228-8508</p> <p>Bridgewater Bridgewater Inn 367 Mayhew Turnpike 744-3518</p> <p>Bristol Back Room at the Mill 2 Central St. 744-0405</p> <p>Bad Lab Beer Company 2 Central St. 744-0405</p> <p>Inn at Newfound Lake 100 Mayhew Turnpike 744-9111</p> <p>Kathleen's Cottage 91 Lake Street 744-6336</p> <p>LinCross Road Beef 16 Pleasant St. 217-0026</p> <p>Purple Pit 28 Central Square 744-7800</p> <p>Shackett's Brewing 268 Central Square 217-7730</p> <p>Candia Town Cabin Pub 285 Old Candia Road 483-4888</p> <p>Concord Area 23 State Street 881-9060</p> <p>Barley House 132 N. Main 228-6363</p> <p>Cheers 17 Depot St. 228-0180</p> <p>Common Man 1 Gulf Street 228-3463</p> <p>Concord Craft Brewing 117 Storrs St. 856-7625</p> <p>Granite 96 Pleasant St. 227-9000</p> <p>Hermanos 11 Hills Ave. 224-5669</p> <p>Litherman's Brewery 126 Hall St. Unit B 219-0784</p>	<p>Makris 354 Sheep Davis Rd 225-7665</p> <p>Penuche's Ale House 6 Pleasant St. 228-9833</p> <p>Pit Road Lounge 388 Loudon Rd 226-0533</p> <p>Tandy's 1 Eagle Square 856-7614</p> <p>True Brew 3 Bicentennial Square 225-2776</p> <p>Contoocook Covered Bridge Cedar St. 746-5191</p> <p>Farmer's Market Town Center 369-1790</p> <p>Deerfield Nine Lions Tavern 4 North Road 463-7374</p> <p>Derry Coffee Factory 55 Crystal Ave 432-6006</p> <p>Drae 14 E Broadway 216-2713</p> <p>Fody's Tavern 187 1/2 Rockingham Road 404-6946</p> <p>Dover 603 Bar & Lounge 368 Central Ave. 742-9283</p> <p>Cara 11 Fourth St. 343-4390</p> <p>Dover Brickhouse 2 Orchard St. 749-3838</p> <p>Flight Coffee 478 Central Ave. 842-5325</p> <p>Fury's Publick House 1 Washington St. 617-3633</p> <p>Garrison City Beerworks 455 Central Ave. 343-4231</p> <p>Sonny's 328 Central Ave. 343-4332</p> <p>Thirsty Moose 83 Washington St. 842-5229</p>	<p>Thompson's 2nd Alarm 421 Central Ave. 842-5596</p> <p>Top of the Chop 1 Orchard St. 740-0006</p> <p>Dublin DelRossi's Trattoria 73 Brush Brook Rd (Rt 137) 563-7195</p> <p>East Hampstead Pasta Loft 220 E. Main St. 378-0092</p> <p>Epping Holy Grail 64 Main St. 679-9559</p> <p>Popovers 11 Brickyard Square 734-4724</p> <p>Railpenny Tavern 8 Exeter Road 734-2609</p> <p>Telly's 235 Calef Hwy 679-8225</p> <p>Epsom Hilltop Pizzeria 1724 Dover Rd. 736-0027</p> <p>Exeter Neighborhood Beer Co. 156 Epping Road 418- 7124</p> <p>Sea Dog Brewing 9 Water St. 793-5116</p> <p>Station 19 37 Water St. 778-3923</p> <p>Thirsty Moose 72 Portsmouth Ave 418-7632</p> <p>Farmington Hawg's Pen 1114 NH Route 11 755-3301</p> <p>Francestown Toll Booth Tavern 740 2nd NH Tpk N 588-1800</p> <p>Gilford Patrick's 18 Weirs Road 293-0841</p>	<p>Schuster's 680 Cherry Valley Road 293-2600</p> <p>Goffstown Village Trestle 25 Main St. 497-8230</p> <p>Hampstead Jamison's 472 State Route 111 489-1565</p> <p>Hampton Bernie's Beach Bar 73 Ocean Blvd 926-5050</p> <p>Boardwalk Inn & Cafe 139 Ocean Blvd. 929-7400</p> <p>Cloud 9 225 Ocean Blvd. 601-6102</p> <p>CR's 287 Exeter Road 929-7972</p> <p>Logan's Run 816 Lafayette Road 926-4343</p> <p>Millie's Tavern 17 L St. 967-4777</p> <p>North Beach Bar & Grill 931 Ocean Blvd. 967-4884</p> <p>Old Salt Tavern 409 Lafayette Rd. 926-8322</p> <p>Shane's Texas Pit 61 High St. 601-7091</p> <p>Smuttynose Brewing 105 Towle Farm Road 436-4026</p> <p>The Goat 20 L St. 601-6928</p> <p>Tinos Greek Kitchen 325 Lafayette Rd 926-5489</p> <p>Wally's Pub 144 Ashworth Ave. 926-6954</p> <p>Henniker Country Spirit 262 Maple St. 428-7007</p> <p>Pat's Peak Sled Pub 24 Flander's Road 428-3245</p> <p>Hillsboro Brick House 125 West Main St. 680-4146</p>	<p>Hillsborough Mama McDonough's 5 Depot St. 680-4148</p> <p>Turismo 55 Henniker St. 680-4440</p> <p>Hooksett Asian Breeze 1328 Hooksett Rd 621-9298</p> <p>Chantilly's 1112 Hooksett Road 625-0012</p> <p>Granite Tapas 1461 Hooksett Rd 232-1421</p> <p>Hudson Backstreet Bar 76 Derry St. 578-1811</p> <p>Luk's Bar & Grill 142 Lowell Rd 889-9900</p> <p>Nan King 222 Central St. 882-1911</p> <p>River's Pub 76 Derry St. 943-7832</p> <p>The Bar 2B Burnham Rd 943-5250</p> <p>Kingston Saddle Up Saloon 92 New Hampshire 125 369-6962</p> <p>Laconia Acoustic Lounge 604 Endicott St. N 527-8275</p> <p>405 Pub 405 Union Ave 524-8405</p> <p>Broken Spoke Saloon 1072 Watson Rd 866-754-2526</p> <p>Granite State Music Hall 546 Main St. 884-9536</p> <p>Naswa 1086 Weirs Blvd. 366-4341</p> <p>The Big House 322 Lakeside Ave. 767-2226</p> <p>Patio Garden Lakeside Ave. No Phone</p> <p>Pitman's Freight Room 94 New Salem St. 527-0043</p>	<p>Tower Hill Tavern 264 Lakeside Ave. 366-9100</p> <p>Londonderry 603 Brewery 42 Main St. 404-6123</p> <p>Coach Stop 176 Mammoth Rd 437-2022</p> <p>Harold Square 226 Rockingham Road 432-7144</p> <p>Long Blue Cat Brewing 298 Rockingham Road 816-8068</p> <p>O'Shea's Caife & Tae 44 Nashua Road 540-2971</p> <p>Pipe Dream Brewing 40 Harvey Road 404-0751</p> <p>Stumble Inn 20 Rockingham Road 432-3210</p> <p>Twins Smoke Shop 128 Rockingham Rd No Phone</p> <p>Loudon Hungry Buffalo 58 New Hampshire 129 798-3737</p> <p>Manchester Backyard Brewery 1211 S. Mammoth Road 623-3545</p> <p>Bonfire 950 Elm St. 663-7678</p> <p>Bookery 844 Elm St. 836-6600</p> <p>British Beer Company 1071 S. Willow St. 232-0677</p> <p>Bungalow Bar & Grille 333 Valley St. 792-1110</p> <p>Cafe la Reine 915 Elm St 232-0332</p> <p>Candia Road Brewing 840 Candia Road 935-8123</p> <p>Central Ale House 23 Central St. 660-2241</p> <p>Yankee Lanes 216 Maple St. 625-9656</p> <p>Club ManchVegas 50 Old Granite St. 222-1677</p>	<p>Derryfield Country Club 625 Mammoth Road 623-2880</p> <p>Element Lounge 1055 Elm St. 627-2922</p> <p>Foundry 50 Commercial St. 836-1925</p> <p>Fratello's 155 Dow St. 624-2022</p> <p>Great North Ale Works 1050 Holt Ave. Unit #14 858-5789</p> <p>Ignite Bar & Grille 100 Hanover St. 494-6225</p> <p>Jewel 61 Canal St. 836-1152</p> <p>KC's Rib Shack 837 Second St. 627-RIBS</p> <p>Murphy's Taproom 494 Elm St. 644-3535</p> <p>Penuche's Music Hall 1087 Elm St. 206-5599</p> <p>Salona 128 Maple St. 624-4020</p> <p>Shaskeen 909 Elm St. 625-0246</p> <p>Shorty's 1050 Bicentennial Drive 625-1730</p> <p>Stark Brewing Co. 500 N. Commercial St. 625-4444</p> <p>Strange Brew Tavern 88 Market St. 666-4292</p> <p>Sweeney Post 251 Maple St. 623-9145</p> <p>Whiskey's 20 20 Old Granite St. 641-2583</p> <p>Wild Rover 21 Kosciuszko St. 669-7722</p> <p>Mason Marty's Driving Range 96 Old Turnpike Road 878-1324</p> <p>Meredith Camp 300 DW Highway 279-3003</p> <p>Giuseppe's 312 DW Hwy 279-3313</p>
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<p>Thursday, Jan. 23</p> <p>Ashland Common Man: Jim McHugh & Steve McBrian (Open)</p> <p>Auburn Auburn Pitts: Open Jam w/ Jay Frigoletto</p> <p>Candia Town Cabin Pub: Grace Rapetti</p> <p>Concord Cheers: Chris Lester Common Man: Gabby Martin Hermanos: Paul Donahue</p> <p>Dover 603 Bar & Lounge: DJ Pez</p>	<p>Cara: Open Bluegrass w/ Steve Roy</p> <p>Dover Brickhouse: Acoustic Night</p> <p>Exeter Sea Dog Brewing: Dave Drouin Station 19: Thursday Night Live</p> <p>Gilford Schuster's: Dan The Muzik Man</p> <p>Hampton CR's: Ross McGinnes North Beach Bar & Grill: Mike Lineau & Friends</p> <p>Hillsborough Turismo: Line Dancing</p>	<p>Laconia 405 Pub: Eric Grant</p> <p>Londonderry Coach Stop: Paul Lussier Stumble Inn: Swipe Right</p> <p>Loudon Hungry Buffalo: Jennifer Mitchell</p> <p>Manchester Bookery: Divergent Strings British Beer: Brad Bosse Central Ale House: Jonny Friday Blues Club Manchvegas: College Night w/ DJ Dadum Fratello's: Jazz Night</p>	<p>Jupiter Hall: Uncaged Art</p> <p>Penuche's: Bass Weekly</p> <p>Shaskeen: The Daylilies/Ham the Band/Five Feet/Snowhaus</p> <p>Shorty's: Justin Jordan</p> <p>Strange Brew: Howard Randall</p> <p>Whiskey's 20: DJs Shawn White/Ryan Nichols/Mike Mazz</p> <p>Yankee Lanes: DJ Dave</p> <p>Meredith Giuseppe's: Mary Fagan</p> <p>Merrimack Homestead: Ted Solovicos</p> <p>Milford Zinger's: It's Been Real/Parietal Eye</p>	<p>Nashua Boston Billiard Club: DJ Melody</p> <p>CodeX: Piano Phil DeVille</p> <p>Country Tavern: Peter Pappas</p> <p>Fody's: Girls Night Out</p> <p>Fratello's: Austin Pratt</p> <p>Shorty's: April Cushman</p> <p>Stella Blu: Wood, Wind & Whiskey</p> <p>Newmarket Stone Church: Irish Music w/ Jordan Tirrell-Wysocki & Jim Prendergast</p> <p>Peterborough Harlow's: Bluegrass Night w/ John Meehan La Mia Casa: Soul Repair</p>	<p>Portsmouth Beara Irish Brewing: Weekly Irish Music Cisco Brewers: Dubble Clipper Tavern: Pete Peterson Dolphin Striker: Michael Troy and Craig Tremack Portsmouth Book & Bar: Katie Matzell Press Room: Underground Upstairs All Ages Edition ft: Patches/Observa/Citizen Kane/Young Bob E</p> <p>Rochester Lilac City Grille: Acoustic w/ Shawn</p> <p>Somerset Old Rail Pizza: Tom Boisse</p>
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Merrimack
Able Ebenezer
 31 Columbia Circle
 223-2253
Big Kahuna's Cafe
 380 DW Highway
 494-4975
Homestead
 641 DW Highway
 429-2022

Jade Dragon
 515 DW Highway
 424-2280
Merrimack Biergarten
 221 DW Hwy 595-1282

Milford
Pasta Loft
 241 Union Sq. 672-2270
Rivermill Tavern
 11 Wilton Road
 554-1224
Tiebreakers at Hampshire Hills
 50 Emerson Road
 673-7123
Union Coffee Co.
 42 South St. 554-8879
Zinger's
 29 Mont Vernon St.
 zingers.biz

Moultonborough
Buckey's
 240 Governor Wentworth Hwy 476-5485
Castle in the Clouds
 455 Old Mountain Road
 478-5900

Nashua
110 Grill
 27 Trafalgar Square
 943-7443
CodeX B.A.R.
 1 Elm St.
 884-0155
Country Tavern
 452 Amherst St.
 889-5871
Liquid Therapy
 14 Court St., Unit B
 402-9231
Dolly Shakers
 38 East Hollis St.
 577-1718
Fody's Tavern
 9 Clinton St. 577-9015
Fratello's Italian Grille
 194 Main St. 889-2022
Haluwa Lounge
 Nashua Mall 883-6662
Killarney's Irish Pub
 9 Northeastern Blvd.
 888-1551
Margaritas
 1 Nashua Dr. 883-0996

Millyard Brewery
 25 E Otterson St,
 505-5079
O'Shea's
 449 Amherst St.
 943-7089
Peddler's Daughter
 48 Main St. 821-7535
Penuche's Ale House
 4 Canal St. 595-9381
R'evolution Sports Bar
 8 Temple St. 244-3022
Shorty's
 48 Gusabel Ave
 882-4070
Stella Blu
 70 E. Pearl St. 578-5557
White Birch Brewing
 460 Amherst St.
 402-4444

New Boston
Molly's Tavern
 35 Mont Vernon Rd
 487-2011

New London
Flying Goose
 40 Andover Road 526-6899
Newmarket
Stone Church
 5 Granite St. 659-7700

North Hampton
Barley House Seacoast
 43 Lafayette Rd 379-9161
Throwback Brewery
 7 Hobbs Road 379-2317

Northwood
Umami
 284 1st NH Turnpike
 942-6427

Peterborough
Harlow's Pub
 3 School St. 924-6365
La Mia Casa Pizzeria
 1 Jaffrey Road
 924-6262

Pittsfield
Main Street Grill & Bar
 32 Main Street 436-0005
Plaistow
Crow's Nest
 181 Plaistow Rd
 974-1686

Grumpy's
 20 Plaistow Road
 974-2406

Portsmouth
3S Artspace
 319 Vaughan St. 766-3330
Beara Irish Brewing
 2800 Lafayette Road
 342-3272
British Beer Company
 103 Hanover St. at
 Portwalk Place 501-0515
Cafe Nostimo
 72 Mirona Road 436-3100
Cisco Brewers
 1 Redhook Way 430-8600
Clipper Tavern
 75 Pleasant St. 501-0109
Dolphin Striker
 15 Bow St. 431-5222
Earth Eagle Brewings
 165 High S. 502-2244
Grill 28
 200 Grafton Road
 (Pease Golf Course)
 433-1331
Portsmouth Book & Bar
 40 Pleasant St. 427-9197
Portsmouth Gas Light
 64 Market St. 430-9122
Press Room
 77 Daniel St. 431-5186
Ri Ra Irish Pub
 22 Market Square
 319-1680
Rudi's
 20 High St. 430-7834
The Stately
 238 Deer St. 431-4357
Thirsty Moose
 21 Congress St 427-8645
White Heron Tea
 601 Islington St 501-6266

Raymond
Cork n' Keg
 4 Essex Drive 244-1573

Rochester
Governor's Inn
 78 Wakefield St.
 332-0107
Lilac City Grille
 103 N. Main St 332-3984
Magrilla's
 19 Hanson Road 330-1964

Radloff's
 38 North Main St.
 948-1073
ReFresh Lounge
 45 North Main St.
 402-4136

Revolution Tap Room
 61 N Main St. 244-3022
Smokey's Tavern
 11 Farmington Rd 330-3100

Salem
Black Water Grill
 43 Pelham Road
 328-9013
Colloseum
 264 North Broadway
 898-1190
Jocelyn's Lounge
 355 South Broadway
 870-0045
Sayde's Restaurant
 136 Cluff Crossing
 890-1032

Seabrook
Castaways
 209 Ocean Blvd 760-7500
Chop Shop
 920 Lafayette Rd.
 760-7706

Somersworth
Iron Horse Pub
 2 Main St. 841-7415
Old Rail Pizza
 400 High St. 841-7152

Suncook
Olympus Pizza
 42 Allenstown Rd. 485-5288

Warner
Schoodacs Cafe
 1 East Main St. 456-3400
The Local
 2 East Main St. 456-6066

Weare
Stark House Tavern
 487 South Stark Highway 529-0901

Wilton
Local's Café
 65 Main St. 782-7819

Windham
Common Man
 88 Range Road 898-0088
Old School Bar & Grill
 49 Range Road 458-6051

Weare
Stark House Tavern: Lisa Guyer

Windham
Common Man: Gabby Martin

Friday, Jan. 24

Auburn
Auburn Pitts: Full Throttle

Barrington
Onset Pub: Northern Stone

Belmont
Lakes Region Casino: DJ Mark

Boscawen
Alan's: Solitary Man

Concord
Area 23: Midnight Americans
Tandy's: DJ Iceman Streetz (105.5 JYY)

Contoocook
Covered Bridge: Don Bartenstein

Derry
Coffee Factory: Dave LaCroix
Fody's Derry: Winter Festival (\$15) - Joe MacDonald, Shelf Life, Brian House
603 Bar & Lounge: DJ Music / Frisky Friday
Dover Brickhouse: Duane Mark & The Nightblinders
Fury's Publick House: Red Tail Hawk
Thompson's 2nd Alarm: Freddy Dame, Jr

No Batteries Required!



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NITE MUSIC THIS WEEK

Exeter

Sea Dog Brewing: Todd Hearon

Fracesttown

Toll Booth Tavern: In Clover

Gilford

Patrick's: Jim Tyrrell & Guest
Schuster's: Dan The Muzik Man

Goffstown

Village Trestle: Charlie Chronopoulos

Hampton

CR's: Rico Barr Duo
Logan's Run: Radioactive
North Beach Bar & Grill: Sidecar Duo
The Goat: Courtney Burns

Henniker

Sled Pub: Mike Gallant

Hillsborough

Mama McDonough's: The DoBros

Hudson

Nan King: Bad Medicine
The Bar: Mitch Pelkey

Kingston

Saddle Up Saloon: Radio Roulette

Laconia

Acoustic Lounge: Eric Grant
Fratello's: Paul Warnick
The Big House: DJ Kadence

Londonderry

Coach Stop: Steve Tolley
Pipe Dream Brewing: Joe Sambo
Stumble Inn: Dcomp

Manchester

Backyard Brewery: Dwayne Haggins
Bonfire: Gabi Gotts
British Beer: Matt The Sax
Derryfield: Nimbus 9/90s Dance Party (American Cancer Society Benefit)
Foundry: Ryan Williamson
Fratello's: Paul Luff

Jewel: 96 Bitter Beings (CKY)/Native Howl/Locust Grove/Parts Per Million/Kennedy Drive/Mistaken For Strangers
Jupiter Hall: Jazz Collective
Murphy's Taproom: Pre-Game w/ DJs

Penuche's Music Hall: Off Duty

Angels
Shaskeen: Vaulted/Willzyx/Epicercenter/Iron Gag
Strange Brew: Peter Parcek
Whiskey's 20: DJs Jason Spivak & Sammy Smoove

Meredith

Giuseppe's: Michael Bourgeois
Twin Barns Brewing: Jeff Mitchell

Merrimack

Homestead: Austin McCarthy
Jade Dragon: DJ John Paul

Milford

Pasta Loft: Mica's Groove Train
Tiebreakers: Robert Allwarden

Moultonborough

Buckey's: The Red Hat Band

Nashua

CodeX B.A.R.: Piano Phil DeVille
Country Tavern: Malcolm Salls
Fody's: Hunter
Fratello's Italian Grille: Sean Coleman
Margaritas: Ronnie Lavoie
Peddler's Daughter: Fiesta Melon
Stella Blu: Grace Rapetti

Northwood

Umami: Honey Bees Trio

Peterborough

Harlow's: Varsity Material

Pittsfield

Main Street Grill: Brian Booth

Portsmouth

3S Artspace: Pink Talking Fish: Phish Phry
Cisco Brewers: Truffle Acoustic
Clipper Tavern: Don Severance
Dolphin Striker: Power Money Cake
Portsmouth Book & Bar: Myles Burr book release + performance featuring The Bulkheads
Portsmouth Gaslight: Rick Watson/Tom Emerson/Ladies Night
Press Room: Lonesome Lunch w/Dave Talmage + Laura Fox & Young Frontier
Ri Ra: The Dapper Gents
Rudi's: Cat Falkner
Thirsty Moose: The 1999

Rochester

Magrilla's: Hempcat Duo
ReFresh Lounge: Free Flow Friday Open Jam

Seabrook

Chop Shop: Star Power

Weare

Stark House Tavern: Josh Foster

Saturday, Jan. 25

Auburn

Auburn Pitts: Mystical Magic

Boscawen

Alan's: Jodee Frawlee

Bow

Chen Yang Li: Ryan Williamson

Bridgewater

Bridgewater Inn: Horsepower

Bristol

Bad Lab Beer: Sean Fell
Purple Pit: Soul Revival

Candia

Town Cabin Pub: Randy Hawkes

Concord

Area 23: Blues Bros Tribute/Crazy Steve Jam/Joe Messenio
Hermanos: Mark Bartram
Penuche's Ale House: Blu Light Rain 2020
Tandy's: DJ Iceman Streetz (105.5 JYY)
Winter Farmer's Market: Gabby Martin

Contoocook

Farmer's Market: Mikey G

Derry

Fody's Derry: Winter Festival (\$15) - After Image, Pop Roks
603 Bar & Lounge: DJ Music / Sexy Saturday
Dover Brickhouse: Wellfleet w/ New Nord
Flight Coffee: Now's The Time
Fury's Publick House: Slack Tide

Epsom

Hilltop Pizzeria: Jennifer Mitchell Band

Exeter

Sea Dog Brewing: Sierra and Andrew

COMEDY THIS WEEK AND BEYOND

Wed., Jan. 22

Manchester

Shaskeen: Robyn Schall & Chris Pennie

Thurs., Jan. 23

Rochester

Curly's Comedy Club: Pregame Comedy Show

Fri., Jan. 24

Concord

Hatbox Theatre: Queen City Improv

Derry

Tupelo Music Hall: Mark Scaia & John Perrotta

Manchester

Rex Theatre: Kelly McFarland & Joe Yanetty
SNHU Arena: Jeff Dunham
Sweeney Post: Drew Dunn/Nick Lavallee/Paul Landwehr (Kiwanis benefit)

Portsmouth

Tuscan Kitchen: Steve Sweeney/Rob Steen/Jody Sloane

Sat., Jan. 25

Keene

Colonial Theatre: Mike Donovan, Steven Guilmette, Bill Simas and The 603s Band

Manchester

Headliners: Dan Crohn

Nashua

Fody's: Brian Longwell

Tues., Jan. 28

Rochester

Curly's Comedy Club: Stand-up & Smokes

Wed., Jan. 29

Manchester

Shaskeen: Kwasi Mensah & Sam Mangano
Murphy's Taproom: Laugh Free Or Die Open Mic

NITE MUSIC THIS WEEK

Gilford
Patrick's: DJ Kevin Larson
Schuster's: Dan The Muzik Man

Goffstown
Village Trestle: Red Sky Mary

Hampton
The Goat: Ellis Falls
Wally's Pub: Woodland Protocol

Henniker
Sled Pub: NOB

Hudson
The Bar: Pozer

Kingston
Saddle Up Saloon: Country Mile Band

Laconia
Broken Spoke Saloon: Road Salt
Pitman's Freight Room: Tall Granite Big Band
Tower Hill Tavern: Amyz Angry

Londonderry
Coach Stop: Rick Watson
Stumble Inn: Westenders

Loudon
Hungry Buffalo: Flinch

Manchester
Backyard Brewery: Alex Cohen
Bonfire: Haywire
Club ManchVegas: Off The Record
Derryfield: Jimmy's Down
Foundry: Justin Cohn
Fratello's: Jeff Mrozek

Jewel: Sophistafunk with DELA and Steady Rock Easy, Lee Ross + more

Murphy's Taproom: Boss & The Sauce

Penuche's Music Hall: Shameless NH

Shaskeen: Holy Fool with Shaun McGyver

Strange Brew: Johnny & the Two Timers

Whiskey's 20: DJ Hizzy/Shawn White

Yankee Lanes: Granite Road

Meredith
Giuseppe's: Andre Balazs

Merrimack
Big Kahuna's Cafe: Brad Bosse
Homestead: Steve Tolley
Jade Dragon: DJ Laura

Milford
Pasta Loft: The American Who
Union Coffee: Five Feet/Happy
Just to See You/Trent Larrabee

Nashua
CodeX B.A.R.: Piano Phil DeVille

Country Tavern: Under Raps
Fody's: Resentments
Fratello's: Paul Gormley
Liquid Therapy: O'K and the Night Crew
Millyard Brewery: Geeze Louise (Aussie Fire Benefit)
Peddler's Daughter: Soul City
R'evolution: Savage Night w/ Jay Samurai
Stella Blu: Joe McDonald

Newmarket
Stone Church: Lunch At The Dump/Skyfoot

Northwood
Umami: Scott Solsky + Open w/ Island Mike

Peterborough
Harlow's: Mariah Delage

Pittsfield
Main Street Grill: Live Sessions w/Jackie Lee

Portsmouth
3S Artspace: Pink Talking Fish 4 Kids/Pink Talking Fish is Allman Brothers
Cisco Brewers: Truffle Acoustic
Clipper Tavern: Radioactive
Dolphin Striker: George Belli and the Retroactivists

Portsmouth Book & Bar: Side-walk & Steelqueen

Portsmouth Gaslight: Tom Emerson/Caroline Portu/Krystian Beal

Press Room: Amorphous Band w/ Peter Prince & Frenzie

Ri Ra: Swipe Right

Rudi's: Mike Effenberger

Thirsty Moose: The Pop Disaster

Seabrook
Chop Shop: Mess

Weare
Stark House: April Cushman

Sunday, Jan. 26
Bedford
Copper Door: Phil Jacques/Paul Luff

Bridgewater
Bridgewater Inn: Jay Hoad

Bristol
Bad Lab Beer: Red Tail Hawk

Concord
Hermanos: John Franzosa
Penuche's Ale House: Open w/ Steve Naylor
Tandy's: Open w/ Mikey G

Dover
Cara: Irish Session w/ Frank Landford
Sonny's: Sonny's Jazz

Gilford
Schuster's: Dan The Muzik Man

Goffstown
Village Trestle: Wan-tu Blues Band & Jam

Hampton
CR's: Jazz Brunch w/ Don Severance
The Goat: Nick Drouin

Hudson
River's Pub: Acoustic Jam

Manchester
British Beer: Jodee Frawlee
Jewel: Degraded & Deadculture/Bleach Temple/Unbounded/Sophisticated Adult/Hallowell & Okami
Shaskeen: Rap night, Industry night
Strange Brew: Jam

Meredith
Giuseppe's: Open Stage with Lou Porrazzo

North Hampton
Barley House Seacoast: Great Bay Sailor

Northwood
Umami: Bluegrass Brunch w/ Cecil Abels

Peterborough
Harlow's: Jam Night with Great Groove Theory

Portsmouth
Dolphin Striker: Tom Boisse
Press Room: Anglo-Celtic traditional folk/roots + Jazz ft. Donna Byrne Quartet

Ri Ra: Irish Sessions
Rudi's: Jazz Brunch w/

Rochester
Lilac City Grille: Brunch Music w/ Pete Peterson

Salem
Copper Door: Jimmy Magoon/J To Z

Concord
Hermanos: Paul Bourgelais

Monday, Jan. 27
Hampton
The Goat: Shawn Theriault

Manchester
Central Ale House: Jonny Friday Duo
Fratello's: Rob Wolfe or Phil Jacques

Meredith
Giuseppe's: Lou Porrazzo



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NITE MUSIC THIS WEEK

Merrimack

Able Ebenezer: Ale Room Music
Homestead: Doug Thompson

Nashua

Fratello's: Joe Winslow

Portsmouth

Dolphin Striker: Old School
Ri Ra: Oran Mor

Tuesday, Jan. 28

Concord

Hermanos: Michael Loughlin
Tandy's: Open w/ Mikey G

Dover

Fury's: Tim Theriault and Friends
Sonny's: Soggy Po' Boys

Gilford

Patrick's: Paul Luff

Manchester

Fratello's: Dave Zangri
Jupiter Hall: Miscast Cabaret
Shaskeen: Duane Mark
Strange Brew: Lisa Marie
Whiskey's 20: Sammy Smoove & DJ Gera

Meredith

Giuseppe's: Michael Bourgeois

Merrimack

Homestead: Josh Foster

Nashua

Burtens Grill: Dyer Holiday

Fratello's: Brad Bosse

Newmarket

Stone Church: Barn Dance

North Hampton

Barley House Seacoast: Traditional Irish Session

Peterborough

Harlow's: Celtic Music Jam

Portsmouth

Clipper Tavern: Tequila Jim Open Jam

Dolphin Striker: Dave Gerard
Press Room: Hoot Night w/Eric Fernald + Larry Garland Jazz Jam

Wednesday, Jan. 29

Candia

Town Cabin Pub: Dan Carter

Concord

Concord Craft Brewing: Chad Verbeck
Hermanos: Niho Gallo

Dover

603 Bar & Lounge: Rock the Mic w/ DJ Coach
Cara: Honey Badger Open

Dublin

DelRossi's Trattoria: Celtic and Old Timey Jam Session

Gilford

Patrick's: Cody James

Hillsborough

Turismo: Blues Jam w Jerry Paquette & the Runaway Bluesmen

Londonderry

Coach Stop: Jeff Mrozek

Harold Square: Houdana the Magician (Tableside Magic)

Manchester

Fratello's: Kim Riley
Strange Brew: Jesse's Open Extravaganza

Meredith

Giuseppe's: Paul Hubert

Merrimack

Homestead: Ryan Williamson

Nashua

Country Tavern: Brad Bosse
Fratello's Italian Grille: Austin McCarthy
Peddler's Daughter: Kate McDougall

Portsmouth

Clipper Tavern: Matt Luneau
Dolphin Striker: Jon Plaza
Ri Ra: Erin's Guild

Rochester

Lilac City Grille: Tim Theriault - Ladies Night
Revolution Taproom: Hump Day Blues w/ Jeff Hayford

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"Decade in Review, Part 1" — fun stuff from 2010 & 2011

Across

- 1 Part of PSL
- 6 Henna, e.g.
- 9 Bean that goes in bars
- 14 Make up (for)
- 15 Fish eggs
- 16 Ivy League sch.
- 17 Game show legend who, in his late 80s, returned to host "Let's Make a Deal" for a week in 2010
- 19 Heavy weight, in France
- 20 Health stat that can be misleading

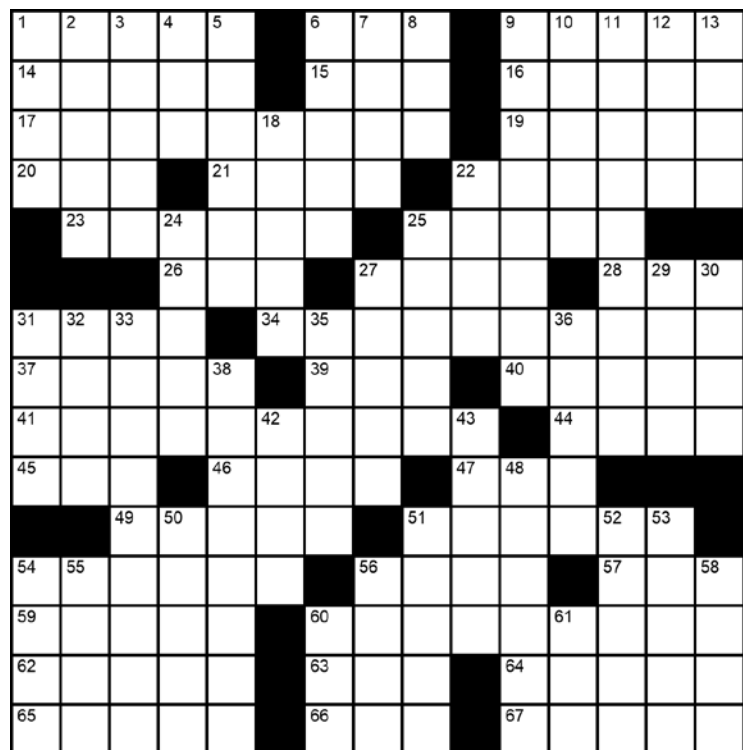
Down

- 21 Farm grunt
- 22 Billboard's Hot 100 #1 song of 2010 (originally a limited-time free download on Kesha's MySpace page in 2009)
- 23 Black Widow portrayer, in tabloids
- 25 Forest growths
- 26 Neptune's home
- 27 "Good Will Hunting" director Gus Van ____
- 28 Break down
- 31 Shareable PC files
- 34 Veteran actress who got to host "Saturday Night Live" in 2010 after a grassroots campaign
- 37 Red-headed Disney princess
- 39 AI game competitor
- 40 ____ Boogie ("The Nightmare Before Christmas" character)
- 41 A cappella group formed in 2011 that

Down

- won NBC's "The Sing-Off"
- 44 Part of RPI
- 45 Do some math
- 46 Elizabethan collar shape
- 47 Dorm leaders
- 49 Regrettable
- 51 Kind of poster
- 54 IBM computer that beat two humans on "Jeopardy!" in 2011
- 56 "____ oughta!"
- 57 Templeton, in "Charlotte's Web"
- 59 "Cast of thousands" films
- 60 Only one of 2011's top 10 highest-grossing films that wasn't a sequel
- 62 Broad, flat beans
- 63 Long-handled farm tool
- 64 Thrown for ____
- 65 Farm machinery manufacturer
- 66 ____ Poly (West Coast school)
- 67 Temptations

- by a vertical line
- 12 Part of A.D.
- 13 1,024 bytes, briefly
- 18 Hair-covering garment
- 22 Like nanotechnology's scale
- 24 It's on the plus side
- 25 "Lady Marmalade" singer LaBelle
- 27 Ring setting
- 29 Songwriter Redding
- 30 Round red root
- 31 Bear whose chair was too hard
- 32 1857 litigant Scott
- 33 Works into the schedule, with "for"
- 35 Magazine first published in 1945
- 36 Give a lift
- 38 North America's oldest sport
- 42 In shreds
- 43 Inside looks?
- 48 Drummer in the Electric Mayhem
- 50 Award for Alfonso Cuarón
- 51 Potter's device
- 52 Misjudgment
- 53 "Finding Dory" actor Willem
- 54 Join metal to metal
- 55 "Four and twenty blackbirds baked in ____"
- 56 "Hold up!"
- 58 Amts. in recipes
- 60 Active chemical in cannabis
- 61 Mauna ____ (former Hawaiian erupter that's neither one you're probably thinking of)




01/16



Down

- 1 Gyo ingredient, often
- 2 Smashable items
- 3 Gin complement
- 4 Crate contents in "Angry Birds"
- 5 Friend of Roo and Pooh
- 6 Brand used in pipes
- 7 Form of the Sanrio character Gudetama
- 8 Predatory fish
- 9 Bifurcate
- 10 Pig in ____
- 11 Symbol that's a lowercase letter split

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- 2/15 - BELLA'S BARTOK
- 3/6 - SOGGY PO BOYS
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- 3/20 - ROOT SHOCK
- 4/4 - LOTUS LAND (RUSH TRIBUTE)
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SIGNS OF LIFE

All quotes are from *Experiments and Considerations Touching Colours*, by Robert Boyle, born Jan. 25, 1627.

Aquarius (Jan. 20 – Feb. 18) Thus we restore Old pieces of Dirty Gold to a clean and nitid Yellow, by putting them into the Fire, and into Aqua-fortis, which take off the adventitious Filth that made that pure Metall look of a Dirty Colour. Clean off the mud and you've got pure gold!

Pisces (Feb. 19 – March 20) I must desire that you would look upon this little Treatise ... as the beginning of a History of Colours, upon which, when you and your Ingenious friends shall have Enrich'd it, a Solid Theory may be safely built. It's just a start.

Aries (March 21 – April 19) For the Sun at Noon-day, and in Clear weather ... appears of a Colour more approaching to White, than when nearer the Horizon, the Interposition of certain Sorts of Fumes and Vapours make him oftentimes appear either Red, or at least more Yellow. You may be looking at things through rose-colored fumes.

Taurus (April 20 – May 20) ... when the Ground is covered with Snow, (a Body extremely White) those that have Weak Eyes are wont to complain of too much Light: And even those that have not, are generally Sensible of an Extraordinary measure of Light in the Air; and if they are fain to Look very long upon the Snow, find their Sight Offended by it. Bring your sunglasses on that winter hike.

Gemini (May 21 – June 20) But both my Watch and my Eyes tell me that 'tis now high time to think of going to sleep, matters of this Nature, will be better, as well as more easily, clear'd by Conference, than Writing. Talking beats texting.

Cancer (June 21 – July 22) That a Solution of Silver does Dye Hair of a Black Colour, is a

Known Experiment, which some persons more Curious than Dextrous, have so Unluckily made upon themselves as to make their Friends very Merry: Curiosity meets merriment this week.

Leo (July 23 – Aug. 22) But, Sir, though I be very backward to admit strange things for truths, yet I am not very forward to reject them as impossibilities, and therefore I would not discourage any from making further Inquiry.... Keep an open mind and ask questions.

Virgo (Aug. 23 – Sept. 22) ... having once purposely plac'd a parcel of Snow in a Room carefully Darkned, that no Celestial Light might come to fall upon it; neither I, nor an ingenious Person, (Skill'd in Opticks) whom I desir'd for a Witness, could find, that it had any other Light than what it receiv'd. Snow does not glow in the dark.

Libra (Sept. 23 – Oct. 22) ... though I think the Opinion I have endeavour'd to fortifie Probable, yet a great part of our Discourse concerning Colours may be True, whether that Opinion be so or not. A person can be right about one thing and wrong about something else.

Scorpio (Oct. 23 – Nov. 21) ... yet not having then the advantage of my best Microscope, nor some Conveniences that might have been wish'd, I leave it to you, who have better Eyes, to try what you can do further.... You can only do so much without the right tools.

Sagittarius (Nov. 22 – Dec. 21) ... for you know well, how wide a difference I am wont to put betwixt things that barely may be, and things that are There is a difference.

Capricorn (Dec. 22 – Jan. 19) ... Men are often deceiv'd in taking Holes for Spots of Ink; And Painters to represent Holes, make use of Black, the Reason of which seems to be, that the Beams that fall on those Holes, fall into them So Deep, that none of them is Reflected back to the Eye. So there's light down there somewhere? 🐘

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1		6				4		9
				4				
3				6				5
			8		2			
	1	8				7	2	
			3		4			
9				5				4
				2				
8		5				9		6

SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. Last week's puzzle answers are below

01/16

8	3	9	1	6	2	4	5	7
1	6	7	5	3	4	9	2	8
4	5	2	8	9	7	6	1	3
6	9	1	2	8	5	3	7	4
3	4	8	7	1	6	2	9	5
2	7	5	9	4	3	8	6	1
5	8	3	6	7	9	1	4	2
9	2	4	3	5	1	7	8	6
7	1	6	4	2	8	5	3	9

Difficulty Level ★★★

1/23

Difficulty Level ★★★

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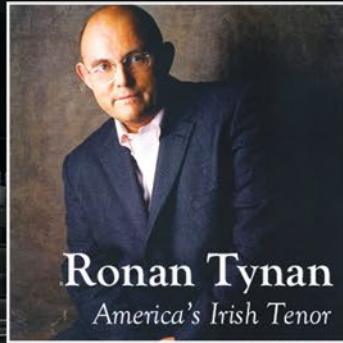
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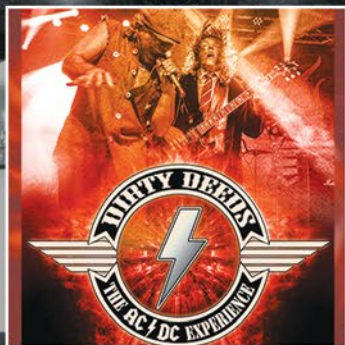
PRESENTS



Feb. 6 7:30PM



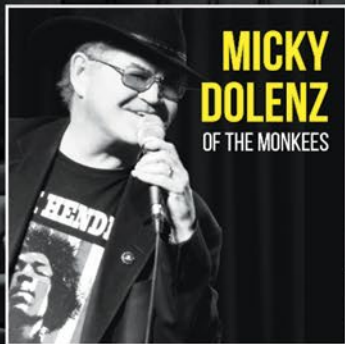
Feb. 7 7:30PM



Feb. 8 7:30PM



Feb. 13 7:30PM



Feb. 14 7:30PM



Feb. 20 7:30PM



Feb. 21 7:30PM



Feb. 22 7:30PM

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NEWS OF THE WEIRD BY ANDREWS MCMEEL SYNDICATION

Extreme measures

David Ostrom, 40, and his ex-wife, Bridgette Ostrom, 38, have been tussling over custody and visitation issues and property taxes for some time, but a frustrated David, of Paola, Kansas, has come up with a unique way of settling their differences. He has challenged his ex, of Harlan, Iowa, and her attorney, Matthew Hudson, to a trial by combat and asked the Iowa District Court in Shelby County to let them “resolve our disputes on the field of battle, legally,” the Des Moines Register reported. In court documents, Ostrom claims such a trial “has never been explicitly banned or restricted as a right in these United States.” Ostrom also asked for 12 weeks to secure some Japanese samurai swords. Hudson, for his part, argued that the fight could end in a death, and “such ramifications likely outweigh those of property tax and custody issues.” At press time, the court had not ruled on the motions.

The continuing crisis

In Mexico City, Mexico, on any given day, 22 of the 467 escalators at subway stations are broken down, reports the Associated Press, and on Jan. 14 Metro authorities published a list of causes, including “corrosion due to urine” among the top five. Fermin Ramirez, assistant manager for rails and facilities, said he’s concluded that riders urinate on the escalators in off-peak hours or at lightly used stations — “even though it seems hard to believe.” “When we open up escalators for maintenance, there is always urine,” Ramirez noted. Twitter users pushed back, noting that there are no restroom facilities in most Metro stations. The Mexico City subway provides 1.6 billion rides per year — the eighth largest in the world by some measures.

Least competent criminals

• Bibb County (Georgia) jail inmate Mary Beth Odum, 40, asked for and received a special Christmas card from a friend this year: a greeting filled with methamphetamine and Suboxone from Timothy Lee Snow, 40, according to authorities. The Associated Press reports deputies intercepted the card and began investigating Snow, detaining him on Jan. 9. On his person they found meth, Xanax and a revolver. In his home, deputies found more meth, Suboxone, marijuana, steroids, packing materials, a shotgun and a rifle. He was charged with possession and intent to distribute the drugs, along with giving an inmate drugs. Odom also faces charges of attempt to commit offenses pertaining to the possession of drugs.

• Storm Corral, 40, and a possible accomplice went to a lot of trouble to enter the Cigarettes Cheaper store in Sonora, California, on Dec. 22, according to police. They bored a hole in the ceiling, gaining access from a vacant building above the business, which probably took a couple of hours, Sonora Police Chief Turu VanderWiel told Fox40.

When Corral tripped an alarm inside the store, he tried to escape back up through the hole but ended up falling through the ceiling into a storage room, all of which was caught on surveillance video. For all his effort, Corral came away with just a bag of rolling tobacco and two energy drinks, said an employee of the business, but he caused thousands of dollars worth of damage. Corral, who was already on probation, was charged with burglary and conspiracy to commit a crime. Police are still looking for his suspected accomplice.

Can you blame her?

Shawna Joseph, 28, of Jersey City, New Jersey, lost her cool on Jan. 7 at the New Jersey Motor Vehicle Commission in Bayonne. Asked to leave around 2 p.m. after becoming angry over the length of the lines, authorities said she returned later that afternoon and unleashed her wrath, smashing computers, assaulting workers and kicking the police officers called to arrest her. The Associated Press reported that Joseph eventually was responsible for about \$23,000 in damages, according to authorities, and after she was arrested, she was found to have a PCP-laced marijuana cigarette in her possession; she was charged with criminal mischief, drug possession, aggravated assault and hindering apprehension.

The passing parade

KTVX reported a man in Sandy, Utah, mistakenly assumed his local 24 Hour Fitness was open ... 24 hours. Dan Hill went to the gym late on Jan. 11 and finished his session with laps in the pool after midnight. When he emerged, he realized everyone was gone and the doors were locked. “Doesn’t the name suggest that they stay open 24 hours?” Hill complained on Facebook. He called his wife, who suggested he “find a comfortable place to sleep.” Instead, he called police dispatch “and the guy pauses for like 10 seconds and says, ‘You’re where?’” Hill said. He explained that he didn’t want to risk tripping the alarm system and “get busted for breaking and entering,” so police responded and freed Hill from his unexpected prison. A manager from the gym apologized in a statement and said, “We made the decision recently to close select clubs in the overnight hours. ... We clearly did not do a good job of our closing procedures for this club on Saturday night.”

Irony

The Daily Hive reported on Jan. 15 that an event scheduled for that day at the University of British Columbia in Vancouver was postponed because of snow. Why is this weird? The event was a campus-wide snowball fight set to take place at 12:30 p.m. The university reasoned that traffic problems and canceled classes would make it more difficult for students to participate. The school rescheduled the snowball fight for the next day.

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Jan. 31 7:00PM



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MATT CORMAN

Feb. 1 8:00PM



COMEDIAN
JIMMY TINGLE'S

20/20 Vision

Feb. 6 7:30PM

COMING SOON

- Feb. 7 Willy Porter with Tom Pirozzoli
- Feb. 8 Nektar: The Legendary Rock Band
- Feb. 15 Puttin' on the Rex
- Feb. 21 Town Meeting with opening acts
- Feb. 22 The Fools
- Feb. 27 RUNA: Celtic Roots Music
- Feb. 28 ImprovBoston National Touring Co.

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NIGHT OF COMEDY

Mark Scalia & John Perrotta

Friday, January 24



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Two Shows/Two Nights

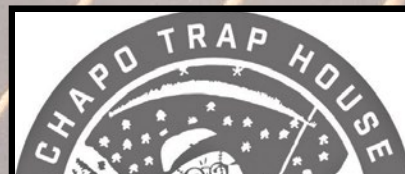
Fri-Sat, February 7-8



IMAGINATION MOVERS

CHILDREN'S SHOW

Saturday, January 25



CHAPO TRAP HOUSE

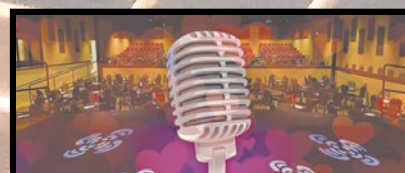
Live Podcast

Sunday, February 9



BEATLEJUICE

Saturday, January 25



**VALENTINE'S DAY
COMEDY NIGHT**

Friday, February 14



THE MACHINE

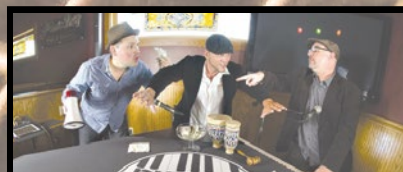
PERFORMS PINK FLOYD

Sunday, January 26



**SAVING ABEL
& TANTRIC**

Saturday, February 15



DUELING PIANOS

Saturday, February 1



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