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**GRANITE VIEWS ALLYSON RYDER** 

#### Charting a new path forward



The headlines across New Hampshire and the nation have been filled with one thing over the last few weeks. No. I'm not talking about the presidential primary, I'm talking about

sexual assault, discrimination and harassment.

At the national level, the guilty verdict in the Harvey Weinstein case shocked the nation as we witnessed a powerful white man be held accountable for his actions. There were messages of hope that perhaps we are turning a corner in this nation, that the days of victim-blaming and of assaults not being given priority by our justice system may be on their way out.

Here in New Hampshire we read about the issues of sexism and harassment within UNH's Student Senate. According to news sources, the issues are not new but there is a renewed commitment by administration and students to eradicate this culture at the university.

Finally, there was the headline just days ago about the group in our state's legislature who chose not to attend the mandatory sexual harassment training. The process for naming those individuals was perhaps not the most efficient or effective manner, but how do we hold people accountable for not following through on the obligations put forth to them as elected officials in the state?

In several capacities throughout my career I have spent a significant amount of time in the legislature. At times the culture there was very uncomfortable as you felt the need to appease men who were making comments and/or held the power to determine whether your bill could pass or fail. Unfortunately this was not unique to me.

These power dynamics can affect both parties as one is feeling threatened while the other is completely unaware of how their behaviors could be seen as harmful. This is why a mandatory training is so critical as it helps bring to light all that we may not know about the ways our words, actions and attitudes impact one

In most cases, it's my belief that many of us are operating from ignorance; we simply do not understand the breadth of sexism. The solution lies in awareness at individual, institutional and systemic levels. We have to educate ourselves as to the complexities of gender dynamics in order to chart a safer and more just path forward.

These dynamics start at a young age, as is evident with the UNH situation. Mandatory trainings are important but they're not the only tool we should be using to address situations of harassment, discrimination and assault. We all have to push for and act on broader awareness, and ensure that we are upholding the value of equality and justice, regardless of identity, this nation was founded on.

Allyson Ryder addresses social justice issues in a variety of professional and volunteer capacities across New Hampshire. She can be

reached at almryder@outlook.com.



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#### ON THE COVER

**12 EVERYTHING MAPLE** It's Maple Month in New Hampshire! Whether you want to find out what's going on at local sugar shacks during the upcoming Maple Weekend or you want a delicious maple doughnut from a local bakery, we've got the sweet details for you. Plus, find out how climate changes might impact the future of maple production in New Hampshire.



On the cover, a maple bacon doughnut from The Bakeshop On Kelley Street in Manchester and a dossant, their version of the cronut, with maple frosting (maple fans can also get one with maple syrup).

#### ALSO ON THE COVER,

head to Milford for a

three-day all-things-outdoors, p. 21. Get ethnic eats at the Umoja Gala in Concord, p. 28. And play all kinds of board games at the Granite Game Summit in Nashua, p. 35.

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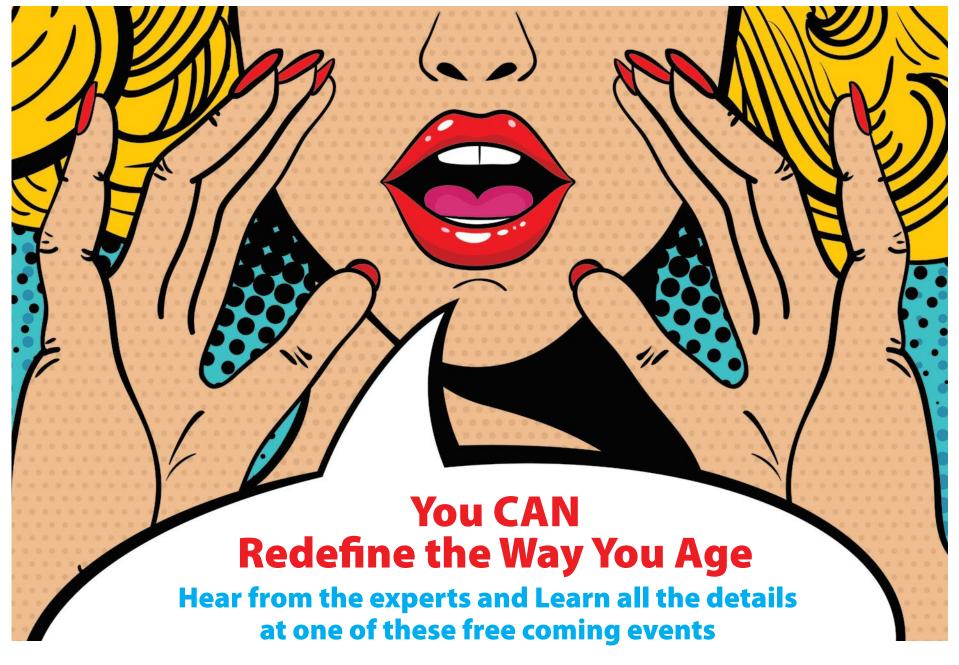
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#### **April 1**

Lunch and Learn 11:45

**The Truth about Tox** (wrinkle relaxers)

#### **April 2**

Dinner Event 5:00 pm

Anti Aging Options in Men's and Women's Health (with break out session for Men Only)

#### **April 15**

Lunch and Learn 11:45

**Demystifying Dermal Filler Options** 

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Dinner Event 5:00 pm

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## **NEWS & NOTES**

#### Coronavirus

On March 2, state health officials confirmed New Hampshire's "first presumptive positive" identification of COVID-19, the coronavirus that originated in China in December. At a March 3 press conference held by Gov. Chris Sununu, all four members of the state's congressional delegation and officials with the New Hampshire Department of Health and Human Services, state epidemiologist Dr. Benjamin Chan said an adult in Grafton had been identified as presumptive positive and was identified as an employee of Dartmouth-Hitchcock Hospital in Lebanon who had recently traveled to Italy. Chan said officials do not believe it is a case of person-to-person transmission in New Hampshire. In a statement, Chan said DHHS would continue to work with other state health agencies, Sununu's office and the congressional delegation to "investigate this most recent identification and to identify any potential susceptible contacts who may need to, themselves, be placed in self-quarantine." Chan called on Granite Staters to practice frequent handwashing, stay home if they are sick with a fever or other symptoms of respiratory illness and communicate with health care providers about any recent travel to coronavirus affected areas.

#### Juul

New Hampshire has taken the first steps of legal action against San Francisco-based electronic cigarette company Juul Labs as part of a multistate investigation of the e-ciga-

.....

#### Correction

In the Feb. 20 Hippo, the cover story about summer day camps should have said that weekly day camp sessions at Camp Kettleford in Bedford are Monday through Friday, from 7 a.m. to 6 p.m.

rette giant. In a Feb. 27 news release. the office of state Attorney General Gordon MacDonald announced the Granite State would be joining 39 other states in order to probe the company's sales and marketing practices. The release said the investigation will focus on potential "targeting of youth, claims regarding nicotine content and statements regarding risks, safety and effectiveness as a smoking cessation device." According to MacDonald, the Granite State's role in the investigation will be headed up by the AG's Consumer Protection and Antitrust Bureau and overseen by senior assistant attorney general Brandon Garod. The release cites a 2019 report from the U.S. Food and Drug Administration and Centers for Disease Control that found that the number of youth who had reported using an e-cigarette product within the previous month was up by more than 3.6 million individuals compared to the previous year at the same time that conventional tobacco use is down among the same group.

#### **Moose grants**

Local organizations and municipalities can now submit letters of intent for the State Conservation Committee's 2020 Conservation "Moose Plate" Grant Program. Managed through the New Hampshire Department of Natural and Cultural Resources, the Moose Plate grants allow towns and private organizations to apply for grant funding to help finance projects that will provide for the "restoration, preservation and/or conservation of publicly owned items significant to New Hampshire's cultural heritage." According to a March 2 release from the department, potential applicants must submit a letter of intent that confirms the resource is publicly owned and provides a description of what the project would consist of by May 8. Projects that fit all of the department's criteria will then be asked to complete a full application by June 19. Funded through the \$30 vehicle registration fees for the state's conservation Moose Plate licenses, nearly \$270,000 for 30 projects was given out in 2019.

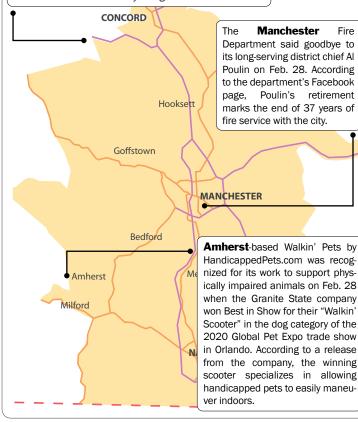
#### Census jobs

Ahead of the 2020 Census, U.S. Census Bureau officials are reportedly struggling to hire enough workers to support the bureau's Granite State counting efforts. According to a Feb. 26 report from NHPR, the Census Bureau has only hired approximately half of the 13,000 temporary Census employees the bureau hoped to hire for this decade's national headcount of all U.S. residents. A Jan. 2 news release from the U.S. Census Bureau-New York Region announced that the hourly rate for census takers in New Hampshire had been increased from \$17.50 to \$20 an hour.

#### **Recovery options**

New Hampshire residents seeking medication-assisted treatment for substance use will now have increased access to services following the recent contract agreement between New Hampshire-based managed care organization AmeriHealth Caritas and Burlington, Mass.-based Groups Recover Together. According to a Feb. 27 news release from AmeriHealth, the contract between the two organizations will allow Granite Staters in treatment to access the physicians and counselors at any one of Groups Recover Together's eight New Hampshire locations. The release noted difficulty for Medicaid patients to find accessible medication-assisted treatment facilities in the state as a primary barrier to recovery, and AmeriHealth New Hampshire medical director Dr. Donald McNally said the new contract with Recover Together will "bring much needed substance use care" to people struggling with addiction.

Contoocook Creamery has officially kicked off production at its newly constructed bottling and processing facility in **Hopkinton**, according to a Feb. 28 news release from the company. Prior to the new facility, the farm was having its milk processed by off-site facilities. The company noted that New Hampshire is now home to fewer than 100 dairy farms, and it hopes the new facility will help maintain the farm's viability "for generations to come."



# BEST WEEK for... CATCHING BIG FISH

On Feb. 25, Thomas Knight of Meredith shattered New Hampshire's record for catching the largest freshwater fish after reeling in a 37.65-pound lake trout while ice fishing on Big Diamond Pond in West Stewartstown. According to a Feb. 27 news release from the New Hampshire Department of Fish and Game, Knight's catch was estimated to be at least 60 years old and beats the previous record for the biggest catch held by the catch of a 28-pound fish in 1958.

# WORST WEEK for... MODELL'S SHOPPERS

New Hampshire will officially be without a Modell's Sporting Goods Store following the Feb. 25 announcement by the company of the planned closure of Manchester's South Willow Street location. The closure is part of the planned liquidation of 24 locations in the Northeast, according to a statement from the company.

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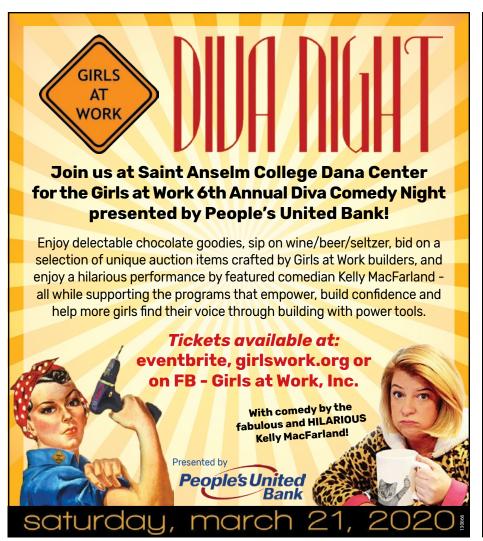
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# **Under pressure**

As heart disease rises, health officials get active

In a Feb. 24 news release from the New Hampshire Department of Health and Human Services, officials announced that heart disease has overtaken cancer as the leading cause of death in the state. DHHS population health and community services bureau chief Dr. Sai Cherala, public health physician Dr. Susan Fischer Davis and manager of diabetes, heart disease, obesity and school health Marisa Lara talk more about the news.

Prior to this development, the leading cause of death in New Hampshire was cancer. Were there any specific reasons why New Hampshire was previously an outlier?

SFD: As far as being an outlier, you're correct in that heart disease has been the leading cause of death nationally in the U.S. for many years. Unlike the national picture, New Hampshire has had cancer as a leading cause of death, and this is the first time in over a decade that heart disease has overtaken cancer. I should mention that, although cancer has been No. 1, heart disease and cancer have been very close ... for the leading cause of death.

Are there demographic factors that may have influenced cancer previously playing such a prominent role, [like] New Hampshire having an older population?

SC: Age could be one of the causes, but in many ways it shows that the population is generally healthier [in terms of heart disease]. Actually, we are one of the healthiest states in the country when you look at the nation as a range. But it also shows that something has changed for that to happen — for cancer, which you normally see most of the time in older age groups, to go down while heart disease is increasing. Even if you look at the last 20 or 30 years, there have been a lot of changes in health care in terms of both prevention, treatment and even early detection of cancer. Heart disease has also seen those changes, but this kind of sudden flip between heart disease going up and cancer being the second within the decade is something we're looking at as bigger than just aging, but something else that's going on in the population.

Do you have any idea what may have changed?

SC: I think there are many risk factors for heart disease. Diabetes, high blood pressure, obesity, unhealthy diet, physical inactivity, smoking and excessive alcohol use — all of these can contribute. So we are trying to tease out what made this change for the first time in almost a decade so we can frame our programs better and say where we need to put our resources for health promotion.

Marisa, you manage the state diabetes and heart disease grant from the CDC. Can you tell us about the grant program and its role in the community?

**ML:** Our grant is really set up to prevent diabetes and heart disease and also to manage diabetes. We are trying to increase access and

participation in evidence-based programs in order to try and control these risk factors. For instance, diabetes health management education: about two-thirds of people with diabetes actually die of heart disease, so managing diabetes is absolutely essential. A lot of work we do is actually focusing upstream a little bit to address pre-diabetes before people actually develop type 2 diabetes in order to prevent or delay the development through a program called the National Diabetes Prevention Program. On the heart disease side, we're looking at a number of interventions like working with pharmacists in order to help people better manage their medications, as medication adherence is a big issue in terms of managing hypertension and diabetes.

I'm curious if you have any guidance for younger people in their early to mid 20s who can think of themselves as invincible when it comes to things like high blood pressure, diabetes and heart disease.

ML: I'm really glad you mentioned that because a new diabetes statistics report just came out on the prevalence of diabetes and pre-diabetes in younger populations. I would say that younger groups aren't immune to this, it's the same risk factors, but age isn't factored in yet. Physical inactivity, obesity, nutrition plays a role and having those discussions with your provider about your family history

According to that report Marisa mentioned, prevalence of pre-diabetes in people ages 18 to 44 is estimated to be about 28 percent. That seems scary.

SC: For us, it's a call for action. ... One of the recent developments is more heart disease in younger, working age groups. It's not only about the quality of life for these people once they are impacted with heart disease, but we're also thinking long-term and its impact on the productivity of our residents and New Hampshire.

Ending on a more optimistic note, is there health advice or lifestyle changes you would prescribe regardless of age?

SC: At any point of life you're at, we always prescribe lifestyle changes like a healthy diet low in salt, cholesterol and saturated fats, exercise or at least a 10-minute brisk walk five days a week, and not smoking are some of the biggest things we can say. And one of the most important pieces is your annual checkup and appointments where you can have that kind of check-in with your health care provider.

— Travis Morin 🧢



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**NEWS & NOTES** 

#### **QUALITY OF LIFE INDEX**

#### As weather warms, prices cool

The 84,000 members of the New Hampshire Electric Cooperative will see lower utility costs thanks to a combination of a mild winter and good market factors. In a Feb. 26 press release, the co-op said that the group's board had voted to approve a 26-percent rollback of its members' electricity supply rate, which will result in a monthly decrease of more than \$11 for the average residential member using 500 kilowatt-hours per month. Rates are typically evaluated and reset in November and May and the "market cost of electricity had plummeted" due in large part to a "very mild winter, which kept the cost of electricity low."

QOL Score: +1

**Comment:** According to the co-op, members will begin to see the impact of the cost reduction as soon as their March billing statements are available.

#### **Getting salty**

On the topic of warmer winters, state officials with the Department of Environmental Services say warmer and wetter winters are resulting in the overuse of road salt that makes its way into the state's waterways. According to a Feb. 26 report on NHPR, the department's watershed bureau administrator, Ted Diers, said that approximately 50 bodies of water in the state have excessive salt levels. The salted waters can be traced back to warmer winters that feature more rain, freezing rain and sleet, Diers said in the report. According to the department's website, the accumulation of road salt in the state's bodies of water "poses a risk to the water quality and the plants, animals, and humans who depend upon it."

OOL Score: -1

**Comment:** The DES website said road salt also causes damage to private property and public infrastructure through corrosion.

#### Classic Americana

Manchester's Puritan Backroom has been recognized on the national stage by leading culinary industry group the James Beard Foundation. According to a March 3 news release from the New Hampshire Division of Travel and Tourism Development, the foundation selected the Puritan as one of six recipients for this year's "America's Classic" award, given to local and oftentimes family-owned establishments "that are cherished for their quality food, local character and lasting appeal." The foundation highlighted the Queen City restaurant's 103 years of operation, the much-loved chicken fingers and mudslides and the devoted customer base that still drives Granite Staters to "line up for Puritan ice cream, and crowd into booths for American comfort food and Greek classics."

QOL Score: +1

Comment: The James Beard Foundation also selected Black Trumpet Bistro in Portsmouth as a semifinalist for its "Outstanding Hospitality" category," Jay McSharry of Portsmouth, owner of Jumpin' Jay's Fish Café, Vida Cantina and others as a semifinalist in the "Outstanding Restaurateur" category and Vida Cantina chef David Vargas as a semifinalist for "Best Chef – Northeast."

#### **Year of Giving for Anthem**

Granite State nonprofit organizations benefited from a total of more than \$1.4 million donated by Anthem Blue Cross and Blue Shield New Hampshire. In a Feb. 26 news release from Anthem, the company announced the final tally of its 2019 charitable giving in the Granite State and broke down some of the individual causes that benefited. Local causes that benefited include the Boys & Girls Club of Manchester, whose food pantry received 500 bags of nonperishable foods, Granite State Independent Living, which received a \$10,000 grant to support one-on-one guidance, wheelchair accessible transportation and home modifications for individuals with spinal cord injuries, and the annual Footrace for the Fallen 5K in Manchester.

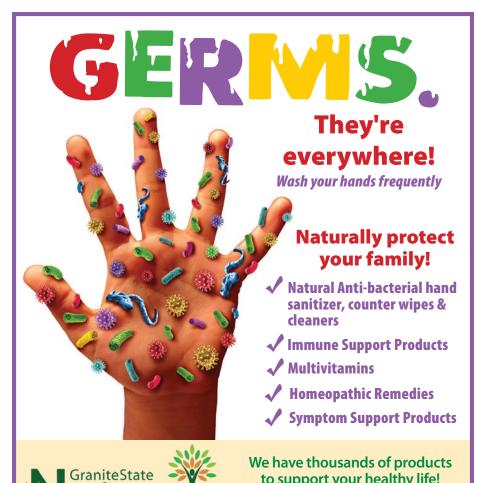
**QOL:** +1

**Comment:** Anthem supported 115 nonprofits through grants, sponsorships and monetary and volunteer contributions from employees, the release said.

QOL score: 61 Net change: +2 QOL this week: 63

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# Cheating scandal reactions go south



After a lackluster winter for on-the-field news, baseball is in spring training. That finally puts players on the field to hopefully push the Houston sign-stealing cheating scandal story to below the fold. Though with Commissioner Rob Manfred's

completely inept handling of the scandal and punishments, the absolutely tone deaf/clueless response of Houston owner Jim Crane and a wide range of stories involving individual players and not just the team, that's proving hard to do. Well, until they, ahh, got a break, if that's what you want to call it, by fears over the growing coronavirus pandemic story diverting media attention away from their story to something that actually matters. But this is the sports page, so we'll stick with looking at those stories and others outside of the Mookie Betts trade hubbub as camps kick into high gear in Florida and out west.

#### News Item: Houston Owner Says Sign **Stealing Didn't Affect Games**

Yup, that's what the aforementioned Astros owner actually said in his first comments during spring training. Making the first question, "Then why did they do it?" Crane's comment makes him one of three things: tone deaf, delusional or, most likely, a man who regularly treats people like they are stupid. Since I'm not the latter, here's a second question: What do you have to say about just two examples of what your players did with and without the aid of everyone knowing what was coming — (1) Marwin Gonzalez hit .303 with 57 extra-base hits, which included 23 homers, and knocked in 90 runs in 455 at-bats while the Astros cheated their way through the 2017 season, and after leaving those advantages behind it was just 34 extra-base hits (15 homers) with 55 RBI's while hitting .263 in a comparable 425 at-bats with Minnesota in 2019; (2) Josh Reddick was .281 with 28 extra-base hits and 37 RBI in 398 at-bats during a split season with the A's and Dodgers in 2016. Some teammates

say Reddick didn't participate in the scam, but the .314, 51 extra-base hits and 82 RBI in 79 (477) more at-bats the next year in Houston were all career highs, so it seems he benefited in some way. Anecdotal evidence, but those are pretty big differences, ain't they? Got it, Mr. Crane — no impact whatsoever.

### News Item: Judge Altuve MVP For

Amid the loudest reactions to the Houston cheating scandal is that MLB should renounce their 2017 World Series win. But what about head cheat Jose Altuve's MVP award for 2017? It brings to mind Mike Greenwell saying he should have been the 1988 American MVP because Jose Canseco was juiced when he won the award that year. So if Altuve's MVP win was helped by knowing what was coming all year long, does Aaron Judge have a similar claim for 2017 when he hit 52 homers and knocked in 114 as a rookie? That would put him in the rare Rookie of the Year/MVP group of Fred Lynn (1975) and Ichiro Suzuki (2001).

#### News Item: Yankees Fans 'We Got Cheated' Mantra Hysterical

You've got to love Yankees fans' indignance over Houston's cheating. True, they did lose to them in the ALCS, so there's validity to claims they may have gotten cheated out of a 2017 World Series run. Of course they came up small against them again in the 2019 ALCS, so who knows. But these are the same fans who loved arguably the biggest steroid cheat of them all, Jason Giambi, when he had back-toback 41-homer seasons in 2002 and 2003, then didn't after the production fell way off after regular testing began in 2004. Many also backed the team when it considered suing Giambi for fraud because they claimed the huge contract they gave him resulted from his being juiced in Oakland. Of course the Yanks didn't mind those 41-homer seasons either when everyone knew players were juicing. So I guess the message in the Bronx is it's OK to cheat for us, as long you produce while doing it. There are no bigger frauds around.

#### News Item: Yanks Turning into Paper **Tigers**

The latest lesson that they don't give you the title for what your team has on paper going into spring training is the 2020 Yanks. After adding Gerrit Cole to a team that won 103 games, folks said all winter they have the best team on paper. But suddenly the starting pitching is really thin as No. 2 Luis Severino is gone after Tommy John surgery, James Paxton is out until July at best, Domingo German is suspended till mid-June for alleged domestic abuse and Masahiro **Tanaka** is a question mark after bone spurs surgery on his pitching elbow. There's also poster boy for why long-term contracts are bad Giancarlo Stanton already going down in spring training. After he played just 18 games in 2019 the NYC media is grumbling with New York Post columnist Joel Sherman writing "he's becoming a bigger, stronger Jacoby Ellsbury" while noting the Yanks still owe him \$244 million from his 13-year deal. Finally, there are questions of whether Cole will get blowback after coming over from Houston. He wasn't there in 2017, but given the next entry who knows what fans will do.

#### News Item: America Goes Overboard – Again.

Maybe it's just the coarseness ignited by the social media age, but the public reaction to the sign-stealing scandal has gone beyond the pale in some quarters. Several Houston players have reported they've received death threats, Reddick says his family has too and that when he posted a video of his toddler twins rolling over, one response was "I hope your kids get cancer." There also was Sunday Night Baseball analyst Jessica Mendoza calling whistleblower Mike Fiers "a snitch," which David Ortiz of all people did as well three weeks later. And there's Vegas setting a betting line for how many times Astros batters will get drilled by vigilante pitchers.

Email Dave Long at dlong@hippopress. com.

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# **Putting Z in Manch**

The Big Story: Yes, that was 6'9" Boston Bruins defenseman Zdeno Chara walking into Elliot at River's Edge last week. He was there for a little air hockey with some kids during the ninth annual Big Z Challenge to raise money for the Mary & John Elliot Charitable Foundation. The \$29,000 raised in 2020 goes to help open its regional cancer center later in the year.

players behind the formation of baseball's players association in the 1960s later ironically became a right-wing, anti-labor politician. Name that future Hall of Fame pitcher.

Who's Hot: That would be Bedford's Isabella King who outscored Dover in a 77-37 win with a career-high 38 points and then got 30 more in a 65-34 thumping of Winnacunnet.

Nick of Tyme Award: To quick thinking/reacting Michael Kiely for scoring off a face-off as time expired to make Bishop Guertin a 5-4 winner over Salem.

Upset of the Week: The Central girls for knocking off crosstown rival Memorial 45-41 as **Destiny Jordan** had a game-high 23 points for the Green. It dropped the 15-3 Crusaders to the 3-seed in next week's state tournament while moving 12-6 Central into a four-way tie for the 5-seed.

Don't See This Very Often Award: That would be seeing a winning team score no points from the field in the fourth quarter of a showdown game as Exeter did in its 56-50 win over Bishop Guertin by scoring all 13 fourth-quarter points from the foul line to wrap up the 1-seed in the D-I playoffs.

Alumni News: Nice seeing Wenyen Gabriel getting some run vs. the Celtics Sports 101: The driving force among as he went for three points, two rebounds, two assists and a plus-3 night in 8:11 of PT during the C's 118-106 win Tuesday over

> Sports 101 Answer: The pro-labor pitcher when it was convenient in the 1960s who later became anti-labor to get elected to Congress in Kentucky was Hall of Famer Jim Bunning.

> On This Day - March 5: 1964 - Atlanta Mayor Ivan Allen Jr. announces the Braves will leave Milwaukee to begin playing in Atlanta in 1966. 1966 – In a move leading to profound financial changes in baseball Marvin Miller is named Executive Director of its Players Association. 1973 – In the biggest trade of the MLB's off-season, zany Yankees lefty hurlers Fritz Peterson and Mike Kekich ignite a moral national outrage by announcing they'd swapped wives over the winter.

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#### The Numbers

Evan Roy handed out three dimes as Merrimack hockey rolled over Kingswood 7-1.

3 – third-period goals 4-1 Astros win.

girls hockey, St. Thomas/ which came from interna-Winnacunnet/Dover.

scored by Mason Drouin er's Claden Daubney, with Londonderry beat Salem by during a four-goal Pinkerton the 1-0 shutout win going a neck 58-52. hockey explosion to turn a to Hardy thanks to Alex

> 24 & 12 – points and Pinkerton 59-50. rebounds double-double for

4 - goals by Molly Fahey freshman Kur Tengto in a 2 - goals each from Zach in an 8-6 win for Pinkerton 29-point West win (78-49) Stimeling and Kai (Moe, over the team with the lon- over Pembroke when Josh Larry and) Schimp, while gest name in New Hampshire Rose had 18 more, all of tional waters.

> 20 – saves by Merrimack's 25 – game-high points Ben Hardy and Oyster Riv- from Colleen Furlong as

26 - points scored by Jack 1-0 Londonderry lead into a Lapointe's first-period goal. Dewitt to lead Alvirne past

#### **Sports Glossary**

Jim Bunning: Hall of Fame hurler who perfect-gamed the Mets on Father's Day 1964, was the first to win 100 games in the AL and NL and was second to Walter Johnson in career strikeouts (now 19th) when he retired after 17 MLB seasons. When elected by Kentucky in 1998 he became the only person ever elected to both Baseball's Hall and the U.S. Senate.

Mike Greenwell: Collision waiting to happen while playing left field at Fenway between 1985 and 1996. But the .303 lifetime hitter could swat it, with the best year being his .325, 22-homer and 119-RBI campaign of 1988.

Fred Lynn: Author of the most inspirational rookie season in baseball history when the biggest day was the incredible 16-total-bases, 10-RBI night in Detroit when he hit three homers and missed the fourth by three inches. The overall .331/21/105 numbers don't begin to tell his true impact on the Sox in 1975, but they did make him the first ever MVP and Rookie of the Year in the same season

Jacoby Ellsbury: Cautionary tale to the 'give Mookie what he wants' crowd whom the Sox passed on after a good but injury-prone time in Boston when the Yanks offered \$158 million over eight years. For their money they got two full seasons and parts of two others before he missed all of 2018 and '19 to convince the Yanks to release him this winter even with \$60 million still on the meter.



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Maple syrups from Windswept Maples Farm in Loudon. Courtesy photo.

It's Maple Month in New Hampshire, so we're celebrating everything maple! Whether you want to find out what's going on at local sugar shacks during the upcoming Maple Weekend or you want a delicious maple doughnut from a local bakery, we've got the sweet details for you. Plus, find out how climate changes might impact the future of maple production in New Hampshire.

# All about that syrup

NH Maple Month features tours, special events

By Angie Sykeny asykeny@hippopress.com

Nearly 100 sugar houses from all over the state will open their doors to the public during the four weekends of New Hampshire Maple Sugaring Month, which runs March 7 through March 29, many of which will also offer tours, demonstrations, tastings, family activities and more during the 25th annual New Hampshire Maple Weekend on Saturday, March 21, and Sunday, March 22.

"The maple sugaring season is a very short season — generally four to six weeks — so many [of the sugar houses] aren't open a lot throughout the year," said Brenda Noiseux, marketing and publicity manager for the New Hampshire Maple Producers Association, which sponsors Maple Sugaring Month and Maple Weekend. "This is the time of year to visit, because now is when all the hard work happens."

Maple Sugaring Month kicks off, as it has for nearly 50 years, with the ceremonial maple tree-tapping with the governor, held at a different sugar house each year. This year, the ceremony with Gov. Chris Sununu will be held at Mapletree Farm in Concord on Thursday, March 5.

Mapletree Farm founder and owner Dean Wilber said the sugar house will have educational tours of its maple tree orchard and educational activities for kids during Maple Weekend.

"We've educated a lot of people about the maple process since we started 45 years ago," Wilber said. "[Producing maple] is all we do here, so if people want to learn about maple, this is the place to come. We hope people bring their children, bring their grandchildren, ask lots of questions and get involved and really take in the aromas and the tastes of the products."

Additionally, Mapletree Farm will provide free samples of all kinds of maple products, including maple syrup, maple cotton candy made fresh onsite and, one of the most popular maple treats, sugar-onsnow, maple syrup boiled down and ladled over shaved ice so that it solidifies into a taffy-like maple candy.

"Last year, I handed out at least 750 bowls of sugar-on-snow, and probably about 1,000 [maple] samples total," Wil-

Mapletree Farm and most other sugarhouses will have their regular maple products for sale as well, such as a wide variety of maple syrup, maple candies, maple cream, maple-coated nuts, maple fudge, maple popcorn and more.

"There are all kinds of really interesting maple products that you may have never thought of or tried before, and they vary from sugar house to sugar house," Noiseux said, adding that many of the smaller sugar houses do little to no distribution to retailers, making Maple Month "the perfect opportunity to stock up on products that you won't find in stores."

#### Visit a sugar house

New Hampshire opening their doors for New Hampshire Maple Month. For more details about the sugar houses or to see the full list of Mount Dearborn Road, Weare, 396-2800, sugar houses participating throughout the state, find them on Facebook) serves fresh biscuits visit nhmapleproducers.com/maple-month.

- Ben's Sugar Shack (83 Webster Highway, Temple; 693 Route 103, Newbury; 924-3111, bensmaplesyrup.com) will have maple doughnuts during its tours, every Saturday and Sunday from 10 a.m. to 5 p.m., beginning March 7 and through April 12, according to Emily Sliviak. They also offer maple cream and "sugar on snow," or a taffy-like candy featuring maple syrup drizzled over packed snow.
- Blueberry Hill Sugarworks (31 Blueberry Hill Road, Raymond, 300-6837, wickedsappy.com) offers pecans, cinnamon-infused syrup and occasionally maple fudge.
- Wilton, 654-7961) will have homemade doughnuts on Maple Weekend (Saturday, and maple candy for sale.
- Crow Valley Farm (1038 Hopkinton Road, Hopkinton, 224-7520, crowvalleyfarm. com) sells its own maple syrup and maple candy out of its barn store.
- Folsom's Sugar House (130 Candia Road, Chester, 887-3672, folsomssugarhouse.com) offers maple cream, maple candy, maple taffy and maple cream cones.
- Four Saps Sugar Shack (10 Fredette Drive, Lyndeborough, 714-4503, foursapssugarshack.com) will be open from 9 a.m. to 5 p.m. on Saturday, March 21, and Sunday,

- Here is a list of sugar houses in southern cream, maple-coated nuts and other treats, including a selection of baked goods.
  - Grant Family Pond View Maples (224 with maple butter, as well as samples of maple cream and maple candy.
  - Intervale Farm Pancake House (931 Flanders Road, Henniker, 428-7196, find them on Facebook) is open for breakfast year-round, offering its own maple syrup over pancakes and other items.
  - Journey's End Maple Farm (295 Loudon Road, Pittsfield, 435-5127, journeysendmaplefarm.com) offers maple cotton candy, maple-coated nuts, maple granola and a variety of other treats.
- Kaison's Sugar House (75 Forest Road, maple-coated Weare, 660-6019, find them on Facebook) will host its annual open house on Saturday, March 21, from 10 a.m. to 4 p.m., which will fea-• Brookview Sugarhouse (154 Gage Road, ture several of its maple products for sale, like maple lollipops and maple drops.
- Kearsarge Gore Farm (173 Gore Road, March 21, and Sunday, March 22, from 10 a.m. Warner, 456-2319, teamkgf.com) offers hometo 4 p.m.), as well as maple syrup, maple cream made waffle sticks dunked in maple syrup as a way for visitors to try the product.
  - Lamb's Maple Syrup (228 Shaker Road, Canterbury, 783-9912) offers "sugar on snow," a taffy-like candy featuring maple syrup drizzled over packed snow.
  - Ledge Top Sugar House (25 Oak St., Boscawen, 753-4973, ledgetopsh@myfairpoint. net) will be offering homemade doughnuts on Maple Weekend (Saturday, March 21, and Sunday, March 22).
- The Maple Guys (311 Cram Hill Road, Lyndeborough, 801-3158, mapleguys.com) will be open on Maple Weekend from 9 a.m. March 22, offering maple cotton candy, maple to 4 p.m. on Saturday, March 21, and Sunday,



Governor Chris Sununu (at a previous year's ceremony) will kick off NH Maple Month with the traditional maple tree-tapping ceremony with the governor at Mapletree Farm in Concord on Thursday, March 5. Courtesy photo.

The New Hampshire Maple Producers Association is also sponsoring two contests to promote Maple Month. The Sugar House Passport Contest challenges participants to visit at least five sugar houses for a chance to win a grand prize pack filled with New Hampshire-made maple products. For the #NHMaple Selfie Contest, participants can take a selfie photo at a sugar house they

are visiting and post it on social media with the hashtag #NHMaple for a chance to win a smaller maple prize pack.

"It's our way of supporting [the sugar houses] and a fun way to encourage people to get out and visit multiple sugar houses, because each one is different," Noiseux said. "They each have different [offerings] and do things differently, which is fun to see."

#### Visit a sugar house continued

March 22, offering maple cream, maple cotton candy and other treats.

- Maple Ridge Sugar House (268 Loudon Ridge Road, Loudon, 608-8834, mapleridgesugarhouse.com) offers homemade doughnuts for Maple Weekend (Saturday, March 21, and Sunday, March 22), as well as maple ice cream, maple milk, maple lemonade and mini maple cream cones.
- cord, 224-0820, mapletreefarmnh.com) offers cream and maple candy. maple cotton candy, maple cream, maple-coated almonds and pecans and bourbon-flavored barrel-aged maple syrup.
- Matras Maple (821 Catamount Road, Pittsfield, 724-9427, find them on Facebook) is expected to be open every Saturday in March, from 10 a.m. to 4 p.m., through Maple Weekend if sap is flowing. They offer pure maple syrup in products for sale. addition to a few other maple products in season.
- Nature's Sweet Secret Sugar House (41 Tirrell Hill Road, Goffstown, 361-3156, naturessweetsecret.com) is open every Saturday from 9 a.m. to 3 p.m., usually through March. In addition to maple syrup, they offer maple cream, maple dog bones, maple cotton candy, maple popcorn and more.
- North Family Farm (341 Shaker Road, Canterbury, 783-4712, northfamilyfarm.com) will be holding maple candy making demonstrations at Canterbury Shaker Village (288 Shaker Road, Canterbury) on Saturday, March 21, and Maple Festival.
- Road, Mason, 878-2308, parkersmaplebarn. com) currently offers maple raised and maple cake doughnuts on the weekends, plus caramel
- Peaceful Acres Farm (110 Chester Road, Raymond, 706-2221, find them on Facebook) maple nuts and other maple-themed treats and makes its own 100 percent pure maple syrup.

- Ridgeland Farm (736 Loudon Ridge Road, Loudon, 520-4337, find them on Facebook) offers maple cinnamon rolls, maple cookies, maple peanut butter fudge and maple granola, all made on the farm, according to Stefan Lillios.
- Rogers Maple Syrup (133 Couchtown Road, Warner, 456-3139, nhliquidgold.com) will be open from 9 a.m. to 4 p.m. on both Saturday, March 21, and Sunday, March 22, offering • Mapletree Farm (105 Oak Hill Road, Con- maple syrup for sale, plus products like maple
  - Spring Harvest Maple Farm (761 Franklin Pierce Highway, Barrington, 828-6172, springharvestmaplefarm.com) will host its annual open house during Maple Weekend, on Saturday, March 21, from 8 a.m. to 4 p.m., and on Sunday, March 22, from 8 a.m. to 3 p.m. They'll be offering maple syrup and several other maple
  - The Sugar House at Morningstar Farm (30 Crane Crossing Road, Plaistow, 479-0804, sappyguys.com) will offer maple-crusted cider doughnuts for Maple Weekend (Saturday, March 21, and Sunday, March 22, plus bourbon barrel-aged maple candies, maple whoopie pies and cupcakes, maple cream and several types of maple-crusted nuts.
  - Sugarmomma's Maple Farm (213 Ridge Road, Northwood, 942-7005, sugarmommasmaple.com) makes its own maple popcorn, maple ice cream and maple cotton candy.
- Sunnyside Maples (1089 Route 106 N, Sunday, March 22, as part of the Canterbury Loudon, 783-9961, sunnysidemaples.com) offers maple cream, maple seasonings, maple • Parker's Maple Barn (1316 Brookline sugar candy and more. During Maple Weekend (Saturday, March 21, and Sunday, March 22), they will also be offering maple cotton candy.
- Windswept Maples (845 Loudon Ridge corn, maple peanut brittle and other maple treats. Road, Loudon, 267-8492, windsweptmaples. com) offers maple cream, maple sugar candy, products.



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# Maple doughnuts and more

#### A look at some local maple-flavored goodness

By Matt Ingersoll mingersoll@hippopress.com

Sugar houses aren't the only spots in New Hampshire where you can enjoy fresh maple-flavored treats. Several restaurants, bakeries and cafes serve up their own maple creations like doughnuts, cookies and candy, often using locally made syrup.

The Local Moose Cafe in Manchester, for example, currently bakes maple bacon doughnuts every Saturday and Sunday morning. Owner Marc Lee said the yeast-risen brioche-style doughnuts feature a maple frosting made with dark, robust syrup from McLure's in Littleton, while the smoked nitrate-free bacon comes from North Country Smokehouse of Claremont.

The maple bacon doughnut was originally going to be part of a rotating menu of flavors when the cafe started making them about three years ago. But its popularity quickly made it a regular staple that the cafe now makes fresh every weekend.

"People weren't sure about it at first. They kind of looked at it and were like, 'Bacon on a doughnut? What is that?" Lee said. "But if you like bacon and you like maple, you can't go wrong. We experimented and brainstormed with a lot of different flavors, and this was something great that was both sweet and savory."

Lee said the doughnuts are usually available from around 9:30 a.m. until they sell out that day. The cafe also offers both a maple-themed latte and a sandwich with free-range maple sausage.

Over at The Bakeshop on Kelley Street in Manchester, owner Denise Nickerson makes all kinds of maple-inspired baked goods of her own, including three doughnut options every Saturday and Sunday — regular maple-frosted, maple pecan and maple bacon, all using Nature's Sweet Secret syrup of Goffstown. The cafe also uses the same syrup to make brown sugar whoopie pies with a maple filling and maple-frosted shortbread cookies in the shape of leaves, plus maple walnut cake, maple pecan pie and maple granola.

"We started off with apple cider doughnuts, which is more of a cake doughnut as opposed to yeast, and we even put the maple frosting on those too," Nickerson said. "The maple bacon is super popular. We pretty much make a certain amount, but we can do them for special orders."

Maple bacon doughnuts are also among the many flavors that can be special-ordered anytime from City Moose Cafe & Catering, which has all of its ingredients sourced within a 100-mile radius of its Nashua location. Vermont maple syrup is used to make the frosting and candy the bacon, according to co-owner Stacy Lamountain. She said the maple bacon doughnuts are requested yearround, but tend to especially be popular in the fall. Chef Jason Lamountain will often rotate them out in the case at the cafe.

One of the newest eateries to get maple-inspired doughnuts is the New Hampshire Doughnut Co., which opened on Route 4 in Chichester last August and is planning a second location in the Capital Plaza in Concord this spring. Owner Amanda Baril said those offerings include maple-glazed, maple walnut and maple bacon, plus a recently introduced maple waffle doughnut that will be available through March. That doughnut features a maple glaze, topped with a miniature waffle and a dollop of whipped cream.

Other unique maple doughnut creations can be found at Just Like Meme's, a Rumney-based food trailer that often



Maple Pecan doughnuts from The Bakeshop on Kelley Street in Manchester. Photo by Matt Ingersoll.

appears at breweries and festivals in southern New Hampshire. Owner Kelly Bryson said she utilizes syrup from Fuller's Sugarhouse of Lancaster for her doughnuts, which include cider and maple doughnuts with a maple syrup drizzle, as well as maple-frosted cinnamon sticks, coffee buns and maple-filled doughnut "horns."

#### Maple grading

Maple syrups are categorized — or "graded" - based on color, taste and the amount of light that passes through it. "Grade A" maple syrup is pure syrup that has a good color and odor and is free of any cloudiness or sediment. Grade A maple syrup is then sorted into four color-distinct types:

- Golden: syrup that's generally produced from the first sap of the season, when days are warmer and nights are colder. The syrup has a light golden color and mild taste. It's often used to make maple cream, candy or sugar, but it's also a good option over ice cream or
- syrup is popular for pouring over pancakes, kets and Food, agriculture.nh.gov

ice cream or oatmeal.

- Dark: made later in the season, when the sugar content of the sap has dropped and it requires much more to make the syrup. This syrup has a very robust taste and a much stronger maple flavor, making it a good option to use for cooking.
- Very Dark: typically made at the end of the season. The syrup is even darker in color and stronger in taste than the Grade A dark. It's another syrup that works well with

Sources: New Hampshire Maple Producers Association, nhmapleproducers.com; New • Amber: usually made mid-season. This Hampshire Department of Agriculture, Mar-

#### **Upcoming maple events**

- by the New Hampshire Maple Producers Association, invites sugar houses from all over the state to open their doors to the public on Saturdays and Sundays, March 7 through March 29. It kicks off with the annual NH Maple Tree Tap with the Governor on Thursday, March 5, at 11:30 a.m., at Mapletree Farm (105 Oak Hill Road, Concord), which is free and open to the public. The month also encompasses New Hampshire Maple Weekend, held Saturday, March 21, and Sunday, March 22, when participating sugar houses all over the state offer tours, demonstrations, tastings, family activities and more. Visit nhmapleproducers.com.
- Tap Into Maple is a 90-minute educational program for all ages, offered Saturdays,
- New Hampshire Maple Month, hosted a 20-minute walk to a sugar house, where participants can partake in every step of the syrup-making process, from tapping a tree to tasting the syrup. They will learn how to identify the best maple tree to tap and how to use traditional and modern tree tapping tools; and they will learn about the history of maple sugaring and the science behind the boiling process. Time slots are available on the hour from 10 a.m. to 2 p.m. The cost is \$10 per person, and pre-registration is recommended. Visit prescottfarm.org.
- Maple Express is a two-hour maple experience for families at Charmingfare Farm (774 High St., Candia) that includes a horse-drawn ride to a sugar shack, where participants can meet a sugar maker, learn about maple trees Canterbury Shaker Village (288 Shaker Road, March 7 through March 28, at Prescott Farm and tapping, see how sugar shack equipment Environmental Education Center (928 White operates, taste the freshly made syrup on pan-Oaks Road, Laconia). The program involves cakes and visit with live animals. A variety of Village will run from 8 a.m. to 3 p.m., and will

in the gift shop. The experience is offered on Saturdays and Sundays, March 14 through March 29, with available time slots every half-hour from 10 a.m. to 1:30 p.m. Tickets cost \$22 per person, with free admission for children ages 23 months and under. Visit visitthefarm.com.

- Kearsarge Maple Festival, happening Friday, March 20, through Sunday, March 22, is a town-wide maple celebration in Warner featuring a variety of festivities hosted by Warner organizations and businesses, as well as a self-guided tour of area sap houses. Visit kearsargechamber.org.
- Canterbury Maple Festival, hosted by Canterbury), will be held on Saturday, March 21, and Sunday, March 22. Festivities at the music. It's free, open to the public and fami-
- maple products will be available for purchase include a pancake breakfast, maple demonstrations, historical programs and exhibits, children's activities and open hours at the museum store on both Saturday and Sunday, and, on Saturday only, there will be a beginner make-your-own-syrup workshop and maple toffee and chocolate samples. It's free and open to the public. Also part of the festival is a self-guided tour of Canterbury sugar houses and other small businesses offering maple syrup and maple-inspired food and drink samples and products for sale. Hours at the sugar houses and businesses vary. Visit shakers.org.
  - Fifth annual Maple Madness celebration at Throwback Brewery (7 Hobbs Road, North Hampton) takes place on Sunday, March 29, from 10 a.m. to 4 p.m., and will feature maple beer, maple food, maple samples and live ly-friendly. Visit throwbackbrewery.com.

#### Where to get maple-flavored doughnuts

This list includes locally owned bakeries and doughnut shops in southern New Hampshire that offer some type of maple-flavored doughnut, from doughnuts with a maple base to maple-filled or maple-frosted doughnuts.

- The Angry Donut (157 Portsmouth Ave., Stratham, 580-2591, theangrydonut. com) offers maple-glazed doughnuts with candied bacon.
- The Bakeshop on Kelley Street (171 Kelley St., Manchester, 624-3500, thebakeshoponkelleystreet.com) offers fresh baked maple-frosted doughnuts (with added toppings like pecans or bacon) using maple syrup from Nature's Sweet Secret Sugar House in Goffstown. Owner Denise Nickerson said they are usually available first thing in the morning on Saturdays and Sunwalnut cake and maple pecan pie.
- Franklin, 934-6678, find them on Face- over the state line in Methuen, Mass. book) offers maple-glazed and maple cream doughnuts.
- Farm, 18 Quarry Road, Meredith, 707-9657, buns. ciderbelliesdoughnuts.com) is closed for the will be offering maple-glazed and maple com) offers maple-frosted and maple cream bacon-glazed doughnuts on its menu when it doughnuts, owner Patti Klemm said. reopens in April.
- ple St., Nashua, 943-5078, citymoosenh. cafe.com) offers maple bacon doughnuts on com) offers maple-frosted doughnuts with Saturdays and Sundays, featuring a frosting candied bacon as part of a rotating menu of made with McLure's maple syrup of Littledoughnut flavors. Follow them on Facebook ton, and topped with nitrate-free bacon from in the case each day.
- Crosby Bakery (51 E. Pearl St., Nashua, 882-1851, crosbybakerynh.com) offers free-range maple sausage. maple-frosted doughnuts made with a maple
- offers maple-frosted doughnuts year-round.
- Donut Love (112 Lafayette Road, North potato doughnuts in a variety of flavors, cream. including maple-frosted and maple bacon.
- offers a few maple-flavored goodies, like a raised maple doughnut and a maple cinnamon roll.
- (376 Central Ave., Dover, 742-6029, harsquare with buttercream frosting and a maple round doughnut.
- Road, Windham, 458-2616; 134 N. Broad- with maple cream).



Manle Bacon doughnut from City Moose Cafe & Catering in Nashua. Photo by Matt Ingersoll.

days until they sell out, but special orders way, Salem, 782-9490; 120 Pleasant St., can be placed during the week. Other maple Salem, 912-5067; 44 Route 125, Brentwood, treats include a maple whoopie pie filling, 347-5178; several other locations in Mass.; maple-frosted shortbread cookies, maple heavnlydonuts.com) will occasionally offer maple-flavored doughnuts like maple bacon • Brothers Donuts (426 Central St., at its New Hampshire stores, handmade just

- Just Like Meme's (726-1653, justlikememes@gmail.com, find them on • Chichester Country Store (257 Main Facebook) is a Rumney-based mobile unit St., Chichester, 798-5081, chichestercount that offers cider and maple doughnuts with trystore.com) offers maple-frosted cider a maple drizzle using Fuller's Sugarhouse doughnuts with New Hampshire maple of Lancaster, plus a doughnut "horn" with maple filling and drizzle. They also make · Cider Bellies Doughnuts (Moulton maple-frosted cinnamon sticks and coffee
- · Klemm's Bakery (29 Indian Rock winter, according to Jessica Stephens, but Road, Windham, 437-8810, klemmsbakery.
- The Local Moose Cafe (124 Queen City • City Moose Cafe & Catering (30 Tem- Ave., Manchester, 232-2669, thelocalmoose-@citymoose for updates on what they have North Country Smokehouse of Claremont. Owner Marc Lee said the cafe also offers a maple-themed latte and a sandwich with
- · New Hampshire Doughnut Co. (114 Dover Road, Chichester, 961-0352, • Donut Fresh Express (112 Elm St., nhdoughnutco.com) offers maple-glazed, Milford, 672-0298, find them on Facebook) maple walnut and maple bacon doughnuts. Owner Amanda Baril said the shop also recently introduced the maple waffle dough-Hampton, donutlove603.com) offers Maine nut, topped with a mini waffle and whipped
- River Road Tavern (193 S. River Road, • Goody Good Donuts (235 Union Ave., Bedford, 206-5837, riverroadtavern.com) Laconia, 528-4003, find them on Facebook) offers fried bourbon maple doughnuts on its
- Stonehouse Baking Co. (746 Calef Highway, Barrington, 664-2307, stonehousebaking. Harvey's Bakery & Coffee Shop com) makes a few different types of maple doughnuts, including maple squares (cream veysbakery.com) offers multiple types of filled with maple cream frosting), maple cream maple-flavored doughnuts, like a maple (maple-glaze with cream filling), maple bacon (maple-frosted cake doughnut topped with bacon), maple-glazed (with or without nuts) • Heav'nly Donuts (125 Indian Rock and maple stick (yeast-raised doughnut topped

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#### NEW HAMPSHIRE JEWISH FILM FESTIVAL

#### Thursday, March 19, 2020 Crescendo

7:00 PM, Mara Auditorium, Webster Hall, SNHU, Manchester

### Saturday, March 21, 2020 Fiddler: A Miracle of Miracles

8:00 PM, Roger and Francine Jean Student Center Special Guest: Bruce Seidel, Director St Anselm College, Manchester GALA CELEBRATION

#### Sunday, March 22, 2020 Good Morning Son

1:00 PM, Cinemagic, Merrimack

#### Shooting Life

1:00 PM, Peterborough Community Theatre, Peterborouah

#### My Name is Sara

1:00 PM, The Music Hall Loft, Portsmouth

#### Futures Past

3:30 PM, Cinemagic, Merrimack Special Guest: Jordan Melamed

#### The Keeper

3:30 PM, Peterborough Community Theatre, Peterborough

#### Shooting Life

3:30 PM, The Music Hall Loft, Portsmouth

Tuesday, March 24, 2020 Food Flirts: Pastrami and Ramen Short Film Program includes Egg Cream, Cheeseburger, How to Swim, Sushi, Meatballs and Everything 7:00 PM, Mara Auditorium, Webster Hall, SNHU, Manchester

# Thursday, March 26, 2020

7:00 PM, Red River Theatres, Concord

#### Saturday, March 28, 2020 **Paris Song**

8:00 PM, Red River Theatres, Concord SOCIABLE SATURDAY NIGHT EVENT!

#### Sunday, March 29, 2020 The Keeper

1:00 PM, Red River Theatres, Concord

Leona

3:00 PM, Red River Theatres, Concord PJ LIBRARY EVENT -- FREE

#### **Love In Suspenders**

3:30 PM, Red River Theatres, Concord

#### Picture of His Life 5:30 PM, Red River Theatres, Concord FESTIVAL WRAP PARTY





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# 'Tis the season — or is it?

How climate change may affect maple production

By Travis Morin tmorin@hippopress.com

Local scientists and maple producers say climate change could translate into a sticky situation for Granite State maple makers.

#### Long running sap

New Hampshire Maple Weekend's late March spot on the calendar is the byproduct of the time-honored tradition of sugar makers tapping their maple trees around the first week of March, when the onset of spring thaws produce the perfect conditions for sap collection.

"It's the hard freezing at night and the thawing during the day that allows for sap to flow from maple trees and allows us to have maple sugaring here in the Northeast," said Cheshire County Forester and UNH Cooperative Extension maple specialist Steve Roberge. "And it's really a relatively stable climate that allows for things like trees to exist, regenerate and grow over hundreds of years."

The problem, Roberge said, arises when shifts in climate introduce "unknowns" like warmer temperatures or irregular rainfall that "takes away that perceived stability."

Tim Meeh, owner of North Family Farm in Canterbury, says he has no trouble discerning the warming planet's impact.

"We definitely notice a change in the climate," said Meeh, who's been producing syrup on his farm for over 46 years. "The sap is starting to run earlier, and we're tapping [on average] about three weeks earlier than we did 40 years ago, and the season is ending about three weeks earlier on average than 40 years ago."

#### **Turning up the heat**

According to a 2016 Environmental Protection Agency fact sheet on climate change in New Hampshire, most of the Granite State has "warmed two to three degrees (F) in the last century," translating into an increase twice that of the rest of the contiguous states.

Meeh said every tapping season is different but recent warming trends have increased the level of unpredictability in the

"It used to be more reliable," Meeh said. "You could get a sense of predictability because we tapped around March 1 and would be done by the end of March. Now we're tapping at the end of January and sometimes we're done in the middle of March."

Elizabeth Burakowski, research assistant professor at the University of New Hampshire in the Institute for the Study of Earth, Oceans and Space, has created models that predict that New Hampshire's winters approximately 50 to 60 years in the future will more closely resemble those of warmer states in the Mid-Atlantic region.

"If we don't act to reduce emissions and continue burning fossil fuels and allowing greenhouse gases to trap heat in the atmosphere, we will end up with winters that are much closer to what Virginia experiences today," Burakowski said in an interview in December.

Warmer winters like the ones Burakowski is forecasting would spell trouble for the Granite State's maple sugaring industry, according to Meeh, who says production would be severely curtailed anywhere outside of the highest-elevation areas of the state that could still maintain healthy freeze and thaw cycles.

#### Knock on wood

Sue Folsom, treasurer of New Hampshire Maple Producers Association, says individual producers are increasingly turning to technology as a way to supplement unpredictable seasons.

In particular, she cites the use of efficient vacuum tubing, which "assists with the sap flow process when the trees are running on a given time" while also giving producers the ability to draw a little more sap from trees on days when weather conditions may have it running less abundantly.

Additionally, Folsom said many producers are utilizing reverse osmosis technology to more efficiently reduce sap to its thick and syrupy end product without the energy-intensive process of boiling.

"It allows them to extract and concentrate the sap to a higher sugar content by removing a good portion of the water," Folsom said. "They end up boiling far less sap to make a gallon of syrup, which saves them an energy cost."

Folsom says the extra efficiency has also driven many producers to expand their tapping of red maple trees, which were long viewed as inferior to the sugar maple tree due to a lower sugar content and smaller outputs. But red maples are more common than sugar maples are in New Hampshire, according to Bruce Bascom, owner of Bascom Maple Farm in Alstead. Unlike Vermont, a lot of New Hampshire's sugar maples were cleared during the pre-industrial era when people were settling the wooded areas of the state, Bascom said.

Sugar maples also need more particular growing conditions than red maples, according to Roberge. Sugar maples need a pretty reliable supply of moist but not flooded soil, he said, while red maples are "less susceptible to some of those [climate] stresses that we see. It doesn't mean they're not impacted by stresses like drought or root damage, but they're able to tolerate that a little more."

603-232-2006

### THIS WEEK

#### EVENTS TO CHECK OUT MARCH 5 - 11, 2020, AND BEYOND



#### Thursday, March 5

Enjoy poems created to order by the Traveling Poetry Emporium at the Currier Museum of Art (150 Ash St. in Manchester: currier.org, 669-6144) during "Currier After Hours: Art and Poetry" tonight from 6 to 9 p.m. The evening will feature an interactive tour, the "poems-to-order" and an opportunity to write and read your own poetry, according to the website. The Winter Garden Cafe will offer the full menu and a cash bar. Admission (which is available for purchase online in advance as well as at the door) costs \$15 for adults, \$13 for ages 65+, \$10 for students and \$5 for youth (ages 13 to 17), and is free for children 12 and under.



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#### Thursday, March 5

Catch the new exhibit "Weather or Not" from the Merrimack River Painters, on display now through Friday, March 27, at Kimball Jenkins Estate School of Art (266 N. Main St. in Conkimballienkins.com. cord: 225-3932). An opening reception for the show will run from 5 to 7 p.m. tonight.



#### Friday, March 6

Hear about ice storms from Dr. Lindsey Rustad, who led a team of researchers who created their own ice storm to better study it, at tonight's Super Stellar Friday at the McAuliffe-Shepard Discovery Center (2 Institute Drive in Concord; starhop.com, 271-7827) from 6:30 to 9:30 p.m. (the presentation begins at 7 p.m., followed by an optional Tonight's Sky planetarium show). The event is recommended for ages 8-plus. If skies are clear, the center's observatory will be open and members of the New Hampshire Astronomical Society will hold a sky watch on the center's southside front lawn, the website said. Admission costs \$11.50 for adults, \$10.50 for seniors and students and \$8.50 for children.



#### Friday, March 6

Bedford Off Broadway's production of The Fantasticks kicks off a two-weekend run tonight with a show at 8 p.m. at the Bedford Old Town Hall (10 Meetinghouse Road in Bedford). Shows continue on Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Sunday, March 15. Tickets cost \$15 for adults, \$12 for children, seniors and students. See bedfordoffbroadway.com. Check out Hippo's story about the production in the Feb. 27 issue. Go to hippopress.com and click on "Read the Entire Paper: See Our Flip Book on Issuu," where you'll find complete issues that can be read on any device. Or, from our home page, click on "past issues" to find the PDFs. The story starts on page 20.



#### Friday, March 6

Catch Entrain, a six-piece band described as a blend of musical styles all based around drums and rhythm, tonight at the Tupelo Music Hall (10 A St. in Derry; tupelomusichall.com, 437-5100) at 8 p.m. Tickets cost \$30. Find more concerts in our listings on page 47; find live music at area bars and restaurants in our Music This Week listing, which starts on page 42.

#### **EAT:** And help your neighbors

The Front Door Agency (which offers support to individuals and families in need of housing and other support) will hold its 32nd annual Gourmet Festival and Auction on Sunday, March 22, from 4 to 8 p.m., at the Nashua Country Club (25 Fairway St. in Nashua). Tickets cost \$95 per person. The event will feature gourmet foods from more than 20 chefs, wine and spirits tastings, silent and live auctions and more. See frontdooragency.org.

#### **DRINK: And craft**

It's **Paint & Sip** night at LaBelle Winery (345 Route 101 in Amherst; labellewinerynh.com, 672-9898) on Wednesday, March 11, from 6:30 to 9:30 p.m. For \$45 or \$55 (depending on the project you pick), get the materials and instruction to make a sea glass art piece as well as a LaBelle wine tasting. For an additional \$26 you can also add a cheese slate or get a cheese slate and a full glass of wine for \$41; a small bar will also sell soft drinks, wine and beer, according to the website.

#### **BE MERRY: Supporting the arts**

City Arts Nashua will hold its 10th annual Psychic Fair on Sunday, March 8, from 11 a.m. to 4 p.m. at the Hunt Memorial Building (6 Main St. in Nashua) featuring craft vendors, readers (readings start at \$25) and more. Proceeds from the event help support City Arts Nashua, according to cityartsnashua.org.



### ARTS

# **Living tales**

#### Annual Storytelling Festival expands to three weekends

By Angie Sykeny asykeny@hippopress.com

Now in its fourth year, the New Hampshire Theatre Project's annual Storytelling Festival, previously a weekend-long event, will span three weekends this year, with storytelling performances and workshops on Fridays, Saturdays and Sundays from March 6 through March 22 in Portsmouth, celebrating traditional tales, legends and myths of Native American and Celtic origins as well as modern personal narratives.

"For the last three years we've had everything jam-packed into three days," New Hampshire Theatre Project artistic director Catherine Stewart said. "We chose to extend it because there was a lot of interest in the festival, both from storytellers who want to share the rich tradition of storytelling in New Hampshire and the Northeast, and from community members who want to hear and interact with storytelling."

This year's featured storyteller is Diane Edgecomb, a Boston-based professional storyteller with 30 years of experience. She describes her storytelling style as "embodied" or "theatrical" storytelling.

"I am totally transformed into the characters," Edgecomb said, "I live them, I embody them. I evoke the events so that [the story] feels very much alive."

Edgecomb will be joined by six other storytellers — Anne Jennison, Sarah Bauhan, Regina Delaney, Kent Allyn, Pat Spalding and Genevieve Aichele — putting on performances and leading workshops.

Each weekend of the festival will be centered around a different theme: earth, nature and springtime the first weekend, March 6 through March 8; Celtic story-

telling the second weekend, March 13 through March 15; and the New Hampshire Theatre Project's season theme "Can one person make a difference?" the third and final weekend, March 20 through March 22.

In addition to the one-day workshops focusing on select storytelling topics, Edgecomb will teach a workshop series, "The Golden Thread: Finding Meaning in Traditional Tales," every Friday, which is open to both experienced and novice storytellers. The series will explore all facets of storytelling, including voice, movement, characterization and narration techniques as well as how to adapt ancient stories for a contemporary audience. "The Golden Thread" participants will have the opportunity to perform in the Storytellers Showcase on the final day of the festival.

"Teaching is a wonderful thing. I love to pass on the art of storytelling and see a person open up their expressive abilities and imagination," Edgecomb said, adding that the skills taught in the workshop series can also be applied to "personal storytelling, public speaking and even regular conversation" and help participants to "communicate so much better."

Stewart said the Storytelling Festival is an important part of the New Hampshire Theatre Project's yearly programming as it provides a break between the company's highly produced mainstage shows and serves as a reminder that storytelling is "the core work" of theater.

"This is an opportunity for us to put away the costumes and the props and all the showy stuff that we use in theater and really dig into the art form, which starts with knowing how to tell a good story," she said.

**19 Art** 



Storyteller Anne Jennison will perform at the Storytelling Festival. Courtesy photo.

#### New Hampshire Theatre Project's 4th annual Storytelling Festival

Where: 959 Islington St., Portsmouth When: Fridays, Saturdays and Sundays from Edgecomb – Saturday, March 21, 8 p.m. March 6 through March 22

Cost: Saturday performances are \$25; Sunday performances are \$20; standalone workshops are \$60 and include a ticket to one performance; and "The Golden Thread" workshop series is \$190 and includes tickets to three performances Visit: nhtheatreproject.org

#### **Performances**

- "In the Groves" with Diane Edgecomb Saturday, March 7, 8 p.m.
- "Native American Tales" with Anne Jennison - Sunday, March 8, 2 p.m.
- · "An Irish Rhapsody" with Diane Edgecomb - Saturday, March 14, 8 p.m.
- "Sarah Bauhan in Concert" with Kent Stories" with Genevieve Aichele Saturday, Allyn – Sunday, March 15, 2 p.m.

- · "A Thousand Doorways" with Diane
- · "Storytellers Showcase" hosted by Pat Spalding – Sunday, March 22, 2 p.m.

#### **Workshops**

- "The Golden Thread: Finding Meaning in Traditional Tales" with Diane Edgecomb - Fridays, March 6, March 13 and March 20, 6:30 to 9 p.m.
- "Native American Storytelling" with Anne Jennison - Sunday, March 7, 9:30 a.m. to 12:30 p.m.
- "Irish Music & Storytelling" with Regina Delaney - Saturday, March 14, 9:30 a.m. to 12:30 p.m.
- "Mythologizing Oral History & Personal March 21, 9:30 a.m. to 12:30 p.m.

#### 18 Theater

ncludes listings, shows, auditions, workshops and more. To get listed, e-mail arts@hippopress.com.

#### Auditions

- HAMLET AUDITIONS Produced by Cue Zero Theatre Company in June. Kreiva Academy Public Charter School, 470 Pine St., Manchester. Sun., March 8, 2 p.m., and Tues., March 10, 6 p.m. Callbacks on Thurs., March 12. Visit cztheatre.com.
- JUDY CREW AUDITIONS Grammy-nominated children's entertainer Judy Pancoast is looking for boys and girls ages 12 through 17 with dance training to join her Judy Crew. The Crew dances with Judy onstage during her summer shows, performs skits and dances with the children in the

# audience. Come prepared to learn

a short routine and dance. Posi-

tion is unpaid. Fri., April 3, 1 to 3

p.m. N'Step Dance Center, 1134

Hooksett Road, Hooksett, Email

• LEND ME A TENOR Lend Me

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judypancoast@comcast.net.

**Productions** 

get listed, e-mail arts@hippopress.com. theater show. Dinner begins at 6

Includes listings for gallery events, ongoing exhibits and classes. To

- p.m. and the show begins at 7:30 p.m. Tupelo Music Hall, 10 A St., Derry. Tickets cost \$40. If you skip dinner and come just for the show, tickets cost \$20. Call 437-5100 or visit tupelomusichall.com
- MAMMA MIA! Presented by the Palace Theatre (80 Hanover St., Manchetster). Now through March 29. Tickets cost \$25 to \$56. Visit palacetheatre.org.
- THE FANTASTICKS Bedford Off Broadway presents. March 6 through March 15. Showtimes on Friday and Saturday at 8 p.m., and Sunday at 2 p.m. Bedford Old Town Hall, 10 Meetinghouse

- Road, Bedford. Tickets cost \$15 for adults and \$12 for children, students and seniors. Visit bedfordoffbroadway.com
- · NOVEMBER Milford Area Players present. March 6 through March 15, with showtimes on Friday and Saturday at 8 p.m. and Sunday at 2 p.m. The Amato Center for the Performing Arts (56 Mont Vernon St., Milford). Due to coarse language and adult situations, the show is not appropriate for children. Tickets cost \$15 for adults and \$10 for seniors age 60 and up and students. You can buy tickets in advance at the Toadstool Bookshop in Nashua or online at the Players' website,

#### 20 Classical

Includes symphony and orchestral performances. To get listed, e-mail arts@hippopress.com.

- or you can buy them at the door (cash or check only). Visit milfordareaplayers.org or call 654-
- STUART LITTLE The Junior Service League of Concord presents. Fri., March 13, 7 p.m., and Sat., March 14, 11 a.m. Saint Paul's School, 325 Pleasant St., Concord. Tickets are \$7, \$6 with the donation of a non-perishable food item.
- · MIRIAM Manchester Community Theatre Players (327-6777, manchestercommunitytheatre. com) presents. opening Fri., March 20 at the MCTP Theatre at The North End Montessori School

(698 Beech St., Manchester).

- CHILDREN OF EDEN Stockbridge Theatre, 5 Pinkerton St., Derry, 437-5210, stockbridgetheatre.com. Opening Fri., March 20.
- HARLEM GLOBETROT-TERS The famous theatrical exhibition basketball team will be playing two shows in the Granite State as part of its "Pushing the Limits" World Tour. Sat., March 21; 2 p.m. or 7 p.m. SNHU Arena, 555 Elm St., Manchester. Tickets range from \$26.50 to \$131.50. Visit harlemglobetrotters com
- THE DROWSY CHAPERONE The Anselmian Abbey Players of Saint Anselm College present. March 27 through April 4, with

and Saturday at 7:30 p.m., and Sunday at 2 p.m. Hatbox Theatre 270 Loudon Road Concord Tickets cost \$18 for adults and \$15 for students and seniors

# CURTAIN — CALL —

Notes from the theater scene

- Political comedy: The Milford Area Players present November at the Amato Center for the Performing Arts (56 Mont Vernon St., Milford) March 6 through March 15, with showtimes on Friday and Saturday at 8 p.m. and Sunday at 2 p.m. The comedy by David Mamet follows a fictional president behind the scenes as he desperately tries to avoid a humiliating political defeat. Due to coarse language and adult situations, the show is not appropriate for children, according to a press release from the Players. Tickets cost \$15 for adults and \$10 for seniors age 60 and up and students. You can buy tickets in advance at the Toadstool Bookshop in Nashua or online at the Players' website, or you can buy them at the door (cash or check only). Visit milfordareaplayers.org or call 654-5678.
- Fathers play matchmaker: Bedford Off Broadway performs the *The Fantasticks* at Bedford Old Town Hall (10 Meetinghouse Road, Bedford) March 6 through March 15, with showtimes on Friday and Saturday at 8 p.m., and Sunday at 2 p.m. The world's longest-running musical, *The Fantasticks*, based on the 1894 play Les Romanesques by Edmond Rostand, with music by Harvey Schmidt and lyrics and book by Tom Jones, opened off-Broadway in 1960 and ran for a total of 42 years. It follows two young people, Matt and Luisa, who live next door to each other with their fathers. The fathers believe their children would make a good



The Milford Area Players present *November*. Courtesy photo.

romantic match, so they devise a scheme; knowing that young people resent taking orders from their parents, they pretend to have a feud that results in building a wall between their houses and banning Matt and Luisa from seeing or speaking to each other, in hopes that the restriction will give the two an even stronger desire to be together. The fathers then take their scheme a step further by arranging a fake kidnapping of Luisa so that Matt can rescue her and become her hero, leading them to fall in love and eventually get married. "What I love about it is that the story seems very simplistic but it's actually quite complex and speaks a lot about the human condition," director Pam Thornhill told the Hippo last month. "It interweaves life, love, friendship, having loved and lost, then refinding love again, all kinds of human emotions." Tickets cost \$15 for adults and \$12 for children, students and seniors. Visit bedfordoffbroadway.com or call 647-2864. To read the full story about The Fantasticks, visit hippopress.com and click on "past issues," then click on the Feb. 27 issue pdf and look for the story on p. 20.

— Angie Sykeny 🦚



# showtimes on Friday and Saturday at 7:30 p.m., and Sunday at 2 p.m. The Dana Center for the Humanities, Saint Anselm College, 100 St. Anselm Drive, Manchester. Tickets are \$17 for general admission; \$15 for seniors,

children, and New Hampshire college students; and \$7 for Saint Anselm College students. Visit anselm.edu/dana.

- URINETOWN THE MUSI-CAL Windham Actors Guild (windhamactorsguild.com) presents. Opening Fri., May 1 at Windham High School, 64 London Bridge Road, Windham.
- LEGALLY BLONDE THE MUSICAL Peacock Players (886-7000, peacockplayers.org) Opening Fri., May 8, at Court Street Theatre, 14 Court St., Nashna
- *HAMLET* Cue Zero Theatre Company (cztheatre.com) presents. Opening June 5. Derry Opera House, 29 W. Broadway, Derry.

#### 4

## Openings • ART IN BLOOM OPENING

RECEPTION Nine New England artists - Linda Greenwood, Cindy Heath, Joe Caracappa, Harikleia Harriet Kuliopulos, Daniel Saccardo, Amy McGregor-Radin, Lily Featherston, Johniene Papandreas and Karen Fortier - celebrate their perceptions and visuals of nature and emotions that inspire them. Gallery at the Offices at Depot Square, Peterborough. Fri., March 6, 5 p.m. Free and open to the public. Visit shoppeterboroughnh.com.

#### Workshops/classes

• RUG HOOKING: MAKE
AND TAKE Participants will
work on a small, decorative project
involving basic techniques used in
traditional rug making. Sat., March
7, noon to 3 p.m. League of New
Hampshire Craftsmen Nashua
Gallery, 98 Main St., Nashua. \$38
class tuition due upon registration,
with a \$30 materials fee payable to
the instructor. Visit nhcrafts.org or
call 595-8233.

- MAKE YOUR OWN CHEESE BOARD CLASSES In this threehour class, participants will learn to cut out a basic shape for a cheese board, use a router on the edges, sand the board and apply food-safe finishes, choosing from a variety of hardwoods. No prior experience is necessary, but you must be at least 14 years of age to take the class (minors must be registered alongside a parent or guardian). Classes are offered every Saturday and Sunday throughout March (see website for available times). Cirro Studio, 718 Riverwood Drive, Pembroke. Registration is \$55 per person. Visit cirrostudio.com/ workshop or call 219-1391.
- KIDS' LEPRECHAUN TRAP WORKSHOP Kids ages 9 and up with any level of experience can make their own leprechaun "bait" out of a variety of new, recycled and upcycled items. Sat., March 14, 10:30 to 11:30 a.m., or 12:30 to 1:30 p.m. League of New Hampshire Craftsmen Nashua Gallery, 98 Main St., Nashua. Class tuition is \$13 due upon registration, with



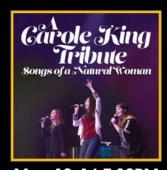
# Bellwether PRESENTS



Mar. 6 7:00PM



Mar. 7 7:30PM



Mar. 12-14 7:30PM Mar. 15 2:00PM



Mar. 20 7:30PM



Mar. 27 7:30PM



Mar. 28 7:30PM

#### COMING SOON



Apr. 3 7:30PM Apr.



Apr. 26 3:00PM



Apr. 30 7:30PM

129

Tickets at 603.668.5588 or PalaceTheatre.org





# MIRIAM: A New Musical



#### SHOW TIMES —

Friday, March 20<sup>th</sup> at 7:30PM Saturday, March 21<sup>st</sup> at 7:30PM Sunday, March 22<sup>nd</sup> at 2:00PM

Adults .....\$20

Seniors (65+)......\$18 Students (18 & under).....\$10

The MCTP Theatre at the North End Montessori School 698 Beech St. Manchester NH See www.mctp.info for more information and tickets ARTS

# LOCAL — COLOR —

NH art world news • Painter turns to printmaking: The McIninch Fine Art Gallery at Southern New Hampshire University (2500 N. River Road, Manchester) presents an exhibition of prints by Nicole Eisenman from March 5 through April 4, with an opening reception on Thursday, March 19, at 5 p.m. Eisenman, born in France and raised in Scarsdale, New York, received her B.F.A. from Rhode Island School of Design in 1987, according to a press release from the gallery. She is a contemporary painter, printmaker and sculptor inspired by Social Realism and German Expressionism. Her figurative, autobiographical and often humorous work frequently refers to art history, with imagery that both satirizes and mourns for the bourgeois. In 2011, Eisenman decided to focus on printmaking, specifically mono print, woodcut, etching and lithography. Her prints in the exhibition "illustrate scenes of murky bars and late night diners, of sexual

encounters and spiritual gatherings ... [and]

employ a mixture of surrealism and expres-

sionism, which reveal the highs and lows of

the human experience ... creating a complex

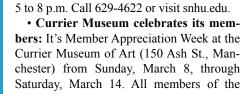
world of love, melancholy, appetite, spiritu-

ality and desire," the press release states. All

exhibitions and events at McIninch Fine Art

Gallery are free and open to the public. Gallery hours are Monday through Saturday,

from 10 a.m. to 3 p.m., plus Thursday from





Print by Nicole Eisenman. Courtesy photo.

museum will receive a 20-percent discount on purchases in the museum shop and the Winter Garden Cafe and on Art Center programs for which they register that week. There will be special members-only museum programs and tours, and all members who visit that week will be entered into the member appreciation raffle and will receive a collectible 2020 Currier Museum of Art member pin featuring a work of art from the museum's collection. There is still time for non-members to buy a membership and take advantage of Member Appreciation Week. Membership packages, which are valid for one year, range from \$50 to \$750. The most basic package, the "Individual" membership, costs \$50 and includes unlimited free admission to the museum, invitations to members-only events, a 10-percent discount on purchases in the museum shop and the Winter Garden Cafe and on Art Center program registrations, and other perks. Visit currier.org or call 669-6144.

— Angie Sykeny 🦡

a \$9 materials fee payable to the instructor. Visit nhcrafts.org or call 595-8233.

#### **Events**

• 10TH ANNUAL PSYCHIC FAIR Presented by City Arts Nashua, the event will feature local craft vendors, readings from spiritual mediums and more. Sun., March 8, 11 a.m. to 4 p.m. The Hunt Memorial Building, 6 Main St., Nashua. Readings start at \$25. Visit cityartsnashua.org.

• 2ND ANNUAL UMOJA GALA
This event features international
foods, entertainment by local performers and artists, themed raffle
items and more. Proceeds benefit
the Concord-based New American
Africans. Sat., March 14, 6 p.m.
Grappone Conference Center, 70
Constitution Ave., Concord. Tickets are \$80. Visit refugeesuccess.
org.

• "OBSERVATIONS ON THE

ART AND LIFE OF VINCENT VAN GOGH" Second Saturday presentation by Frank Oehlschlaeger, former Professor of Art, Art History and Humanities at Notre Dame College. Creative Ventures Gallery, 411 Nashua St., Milford. Sat, March 14, 5 to 6 p.m. Light refreshments will be provided. Visit creativeventuresfineart.com.

#### In the Galleries

• "NATURE'S PALETTE An exhibition of paintings by New Hampshire Art Association artist Debbie Campbell. On view now through March 19. Greater Concord Chamber of Commerce Gallery, 49 S. Main St. Visit nhartassociation.org.

"CONSTRUCTED VISIONS"
 An exhibition featuring the mixed media works of Adele Sanborn and composite photography of Richard Moore that assembles images, words and memories into new nar-

ratives. 2 Pillsbury St., Concord. On view now through March 19. Visit nhartassociation.org.

• FRANK OEHLSCHLAEGER
Weare artist and former Professor
of Art, Art History and Humanities
at Notre Dame College will exhibit
examples of his work, which
includes paintings, sculptures and
photographs. Creative Ventures
Gallery, 411 Nashua St., Milford.
Through March. Visit creativeventuresfineart.com.

#### Classical Music

and \$8 for students age 21 and

• "DRAWN TO THE MUSIC: BIRDS AND BEASTS" Presented by New Hampshire Philharmonic Orchestra. Seifert Auditorium, 44 Geremonty Drive, Salem. Sat., March 14, and Sun., March 15, 2 p.m. Tickets cost \$30 for adults, \$25 for seniors 60+,

under. Visit nhphil.org.

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# **INSIDE/OUTSIDE**

# **Bringing the outdoors in**

New Hampshire Outdoor Expo returns to Milford

By Angie Sykeny asykeny@hippopress.com

Whether you're already an avid outdoorsman or you're interested in picking up a new outdoor hobby, the New Hampshire Outdoor Expo, happening Friday, March 6, through Sunday, March 8, at the Hampshire Dome in Milford, will give you a chance to purchase outdoor equipment, learn about outdoor topics through seminars and demonstrations, and participate in family-friendly activities.

Expo producer Dan Kenney started the New Hampshire Outdoor Expo last year. He saw a need for an event in New Hampshire that focuses solely on all things outdoors.

"There was another outdoors show in the state in the past, but they started letting in vendors selling windows and doors and things, so we came in and resurrected the idea of an outdoors show," Kenney said. "Ours isn't a home show or a flea market; it's a high quality, true outdoors show covering all aspects of the outdoors and nothing else, and there is a lot of interest for that."

The expo will feature more than 100 exhibitors, Kenney said, including "retailers from all over the country, national companies and major brands" as well as "mom-and-pop businesses" and independent craftsmen. Products



Last year's New Hampshire Outdoor Expo. Courtesy photo.

for sale will include outdoor apparel; survival gear; supplies for hiking and backpacking, camping, birding, archery and boating; and equipment specific to a wide range of types of hunting and fishing.

Dealers will also have some of their kayaks and other boats, trucks and ATVs, and campers set up in the 94,000-square-foot arena.

"Basically, we're bringing the outdoors indoors," Kenney said.

Additionally, there will be exhibitors book-

ing outdoor trips and experiences, lodging and campsites, hunts and boat charters.

What draws most attendees to an event like the New Hampshire Outdoor Expo, Kenney said, is the selection of unique products that aren't commonly available at local outdoors shops, as well as the deals that they won't find at a shop or online.

"If people are going to pay the cost of admission, they want to get a deal, or what we call 'show specials," Kenney said. "You can

buy anything online nowadays, so if you're not going to find products at discounted rates [at the show], why go to the show?"

However, the expo features more than just shopping. Every hour, starting on the hour, there will be a seminar or demonstration led by an industry expert, covering topics like waterfowl hunting, deer hunting, turkey calling, bird dogs, kayak fishing, game cameras and more.

"This is an educational platform for both the beginner and the expert [outdoorsman]," Kenney said. "Everyone can find something that they might want to learn about or hear about."

Finally, kids and families can enjoy a number of hands-on activities, including free, all-day fishing in the trout "pond" and shooting at the archery range.

"Both serious-minded outdoorsmen and families can come spend an enjoyable day and have a great time," Kenney said.

.....

#### **New Hampshire Outdoor Expo**

Where: Hampshire Dome, 34 Emerson Road, Milford

When: Friday, March 6, 1 to 8 p.m.; Saturday, March 7, 10 a.m. to 7 p.m.; and Sunday, March 8, 10 a.m. to 5 p.m.

Cost: \$12 for adults, free for kids age 12

and under, and free parking Visit: nhoutdoorexpo.com

22 Kiddie pool

22 The Gardening Guy

**22 Treasure Hunt** 

23 Car Talk Ray gives you car advice.

#### Children & Teens Children events

 SOUTHERN NH KIDSFEST admission. Visit nmymca.org. Hosted by the YMCA of Greater Nashua, this annual community event features kids' games and activities, live music and entertainment, interactive booths, prizes, bounce houses and more. You'll also activities and summer camps available for kids at the YMCA of Greater Nashua. Sat., March 7, 10 a.m. ing epimediums with other shade derrypl.org or call 432-6140.

to 3 p.m. Westwood Park YMCA, perennials in the garden. Mon., 90 Northwest Blvd., Nashua. Free

#### Garden

• MILFORD GARDEN CLUB PROGRAM The Derry Garden MARCH MEETING Karen Perkins, owner of Garden Visions stration on how to create a flowbe able to learn about the year-round Epimediums in Mass., will talk er arrangement. Wed., March 11, about tgrowing and propagation, 6:30 p.m. Derry Public Library, pests and diseases and combin- 64 E. Broadway, Derry. Free. Visit

March 9, 10:30 a.m. First Congregational Church, 10 Union St., Milford. Free and open to the public. Visit milfordnhgardenclub.org. FLORAL ARRANGEMENT Club will present this live demon-

#### **Continuing Education** Open houses

• MANCHESTER COMMUNI-TY COLLEGE OPEN HOUSE Meet an admissions counselor tour the campus of MCC, meet with faculty and learn about financial aid options. Thurs., March 5, 4 to 6:30 p.m. Manchester Community College, 1066 Front St., Manchester. Visit mccnh.edu or call 206-8100.

NHTI INNOVATION LAB **OPENING** NHTI's Innovation Lab

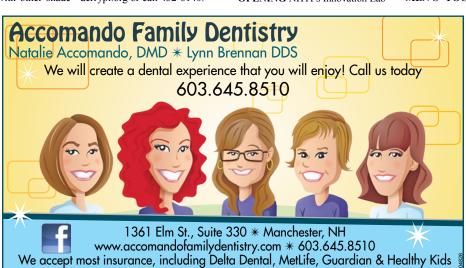
is a space where faculty and students can connect on project-based learning. Faculty will share examples of possible projects and discuss project criteria. Fri., March 6, noon to 2 p.m. NHTI, Concord's Community College, 31 College Drive, Concord. Contact Amy Proctor at aproctor@ccsnh.edu.

Classes/workshops

· MEN'S YOGA WORKSHOP

This workshop will highlight the many ways men can benefit from a yoga practice, including building strength, improving flexibility, balance and cardiorespiratory health, increasing mental focus, stress relief and injury prevention. All levels of experience and ability are welcome. Sat., March 7, 1:30 to 3:30 p.m. YogaBalance Yoga Studio, 135 Hooksett Road, Manchester. \$20 per person. Visit yogabalance.info or call 625-4000.







# INSIDE/OUTSIDE

Family fun for the weekend

#### Fest!

The YMCA of Greater Nashua will host Southern New Hampshire Kidsfest on Saturday, March 7, from 10 a.m. to 3 p.m. at Westwood Park YMCA (90 Northwest Blvd. in Nashua; nmymca.org). This free event will feature information about the Nashua YMCA's programs and summer camps, kid-focused vendors, live music and entertainment, games and activities, bounce houses, food trucks, touch-a-truck and more, according to the



event's Facebook page.

· At the Children's Museum of New Hampshire (6 Washington St. in Dover; childrens-museum.org, 742-2002), Friday, March 6, is the monthly day for \$3 per person after **3 p.m.** as part of a "first Friday" program. The museum is open until 7 p.m. on the first Friday of each month, which corresponds with the monthly **Dover Art Walk**, which runs from 4 to 8 p.m. Find a list of special deals during the Art Walk at doverartwalk.com.

Shrek

· Catch the second week of the SEE Science Center's (200 Bedford St. in Manchester; see-sciencecenter.org, 669-0400) new weekly Super STEM Sunday program this Sunday, March 8, with activities designed for visitors ages 5 and up (to engage with for about 5 to 15 minutes) starting at 11 a.m. and available throughout the day while supplies last, according to a press release. March will celebrate Pi (with special celebration on Saturday, March 14, Pi Day). Admission to the center costs \$9 for visitors ages 3 and up. The Center is open Sat-

urday and Sunday from 10 a.m. to 5 p.m. and on weekdays from 10 a.m. to 4 p.m.

#### Mid-week movies

Normally the Kiddie Pool keeps to the days off, but there are a few mid-week kid-friendly movies on the schedule.

On Thursday, March 5, catch Shrek (PG, 2001), the movie that kicked off the saga, featuring the

voices of Mike Myers as the friendly ogre, Cameron Diaz as Princess Fiona and Eddie Murphy as Donkey, at Cinemagic in Hooksett (38 Cinemagic Way) and Merrimack (11 Executive Park Drive). The show starts at 8 p.m. and tickets cost \$8.75 (available now at cinemagicmovies.com).

On Wednesday, March 11, Chunky's theaters (707 Huse Road in Manchester, 151 Coliseum Dr. in Nashua, 150 Bridge St. in Pelham; chunkys.com) will screen Bee Movie (PG, 2007) featuring the voices of Jerry Seinfeld, Renee Zellweger, Matthew Broderick and more, as part of a "Little Lunch Date" event. The screenings start at 11:30 a.m. and 12:30 p.m. Admission is free (sponsored by Collins Dentistry for Children) for young patrons and their guardians (with tickets only available via walkup) and the lights will be slightly dimmed, according to the website.

#### **INSIDE/OUTSIDE** TREASURE HUNT

Dear Donna.

I purchased this mask (approximately 2.5' by 2.0') when I was in high school in the 1980s for \$200 at an estate sale. The horns are animal, possibly goat, and the hair is likely horse hair. There is a leather strap in the back that is very rustic, a piece of leather that slides into a large piece that has two slits to secure it. The mask itself is detailed with a large bull-

frog on the forehead and a man with a beard clasping a cup coming out of the mouth of the beast. It is not a very dense wood.

I have searched masks for over 30 years and can't quite figure out where it originated. It has been hanging in my living room for decades. Robin

Dear Robin,

Well, we hope it was worth at least the money you paid for it. It must be a tribal representation mask — I am not really sure. It's very crude (meaning the detailing is not super quality), but perhaps having real horn could make it more interesting and valuable.



Courtesy photo.

This stumped me. I will say that if you were marketing it to me I wouldn't have paid any more for it than you did. It might not even be a real mask but just an artist-made item.

I did see all kinds of masks online, but I still think it's in the range of what you paid for it, going by many others I found, unless you can somehow find more of the story of where it came

from and when, and how it was acquired. Without that information, if you decide to sell it, you could start in the range of what you paid.

Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and instructing, and recently closed the physical location of From Out Of The Woods Antique Center (fromoutofthewoodsantiques.com) but is still doing some buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550 or 624-8668.

**INSIDE/OUTSIDE** THE GARDENING GUY

# **Starting seedlings**

A few plants to start in March

By Henry Homeyer listings@hippopress.com

Winter is long, and for a gardening guy like me, winter can be oppressive. I keep sane, in part, by starting seeds indoors. I am just now getting ready to start a few plants that need a long head start before they go outside.

Starting plants now means I will have to baby them along for three months or so, providing light and water. It's a chore I like, so it doesn't feel so much like a chore. For tomatoes and most other veggies, I plant seeds indoors around April 10, and put them outside around June 10. Starting too early stresses most things.

You can't keep plants happy on a windowsill for six to 16 weeks. You will need special indoor lighting and a plant stand of some sort if you do many plants. Fluorescent lights are the standard for home growers. I have purchased four-foot fixtures that I hang in an A-frame plant stand I built myself that will accommodate 10 flats of plants and five light fixtures.

I do not use special "Gro-Lights" with the same wavelength light as the sun, as they are much more expensive than ordinary. I use a mixture of cool white and warm light tubes, or just cool whites, and that has always worked

Many companies sell plant stands. Some light up just one flat of plants, others two, some several. A flat is a plastic tray that holds eight or more little six-packs of plants. You need to decide if you want something that fits on a table or countertop, or if you want to get into it big time. Get directions to build your own plant stand on my website (gardening-guy.com) and search for "plant stand."

So what do I start in March? Onions, hot peppers, perhaps a few flowers such as lisianthus that need a long time to germinate and get to a good size for planting. I find that starting onions by seed offers me the opportunity to grow varieties that I will not find available as "sets." I also have found that by growing my own plants, I get better onions. Hot peppers also take a long time to get big, so I like to start them mid-March.

This year I am making a big push not to buy anything plastic that is not reusable by me. That means no flimsy six-packs for seeds. I got some heavy-duty, reusable plastic flats from Gardener's Supply last year, and like those a lot. They are also self-watering, which takes off the pressure to track the moisture of every plant every day. They are called the "GroEase" system, with either 24 large cells or 15 extra-large cells per flat.

The other way to avoid plastic is to plant in soil blocks. I have a little hand tool that will compact and squeeze out 2-inch cubes of a special planting mix I make. These cubes sit in a plastic flat, but I have plenty of those, and reuse them every year. The tool is sold by Johnny's



Selected Seeds and Fedco Seeds.

Here's my recipe for the soil blocks: In a wheelbarrow or large plastic storage bin mix 10 quarts dry peat moss, 3 quarts sand and 1/4 cup agricultural limestone (powdered, not pelletized, is preferred, but either is OK). Mix in 1/4 cup of each of these: dried blood, rock phosphate, green sand and granite dust or Azomite (optional). Instead of all those, you could substitute 1 cup organic fertilizer. Then add and mix in: 10 quarts peat humus, 10 quarts fine compost (your own or purchased) and 10 quarts top soil (your own is preferred, but purchased is OK).

Place 4 quarts dry mix in a plastic basin or flat-bottomed container, and add about 1 quart water. Mix until gooey but firm, not watery. Push your soil block tool into the mix, compressing the soil against the bottom of the bin. Then hold the tool over a plastic flat and squeeze the handle, which will push out four tidy blocks with a divot for a seed in the middle of each. The four cubes just fit across a plastic flat, and eight rows will fit per flat.

One big advantage the soil blocks have is that they contain all the nutrition a plant needs from seed to planting. Sterile soil mix sold for seedlings runs out of minerals in just a couple of weeks, and one must add fertilizer to the watering mix to keep plants healthy. Many greenhouses water with a dilute fertilizer mix every day. I find soil-block raised plants take off and grow as soon as they get in the ground, as their roots do not get tangled up the way they might in a six-pack.

How much light do seedlings need per day? Set your lights on a timer and give them light for 14 hours. But keep the lights near your seedlings — 6 inches above the tops of your plants is good. I hang my lights by lightweight jack chain and raise the lights as my plants get tall.

Don't let your seedlings wilt due to water insufficiency. Check them daily, and water when they are nearly dry. But you don't want them soggy all the time, either.

So if you are lamenting our long winter, start some seedlings, and talk to them daily. That might help, too.

Henry is available to talk to your gardening club or library group. Just email him at henry. homeyer@comcast.net.

# **Going to the PROM**



By Ray Magliozzi

Dear Car Talk:

How does a digital odometer keep its reading when you disconnect the battery?

No, I don't work for a used car dealer.

— Steve

It uses something called a PROM, Steve. And it's not the thing that you rented a tuxedo for in high school.

A PROM is a type of computer chip. The letters stand for Programmable Read-Only Memory. There's a PROM in the odometer itself, which is constantly updated with the new odometer reading.

Each time a new reading is recorded, it permanently replaces the old reading. And it doesn't require a battery. It stores whatever information was last written on it indefinitely. Think of it like an etching. Except not the kind you tried to invite your prom date up to your room to see.

The odometer's PROM cannot be tinkered with. At least not by us mere mortals.

When someone comes into our shop with a bad speedometer head, we can't

simply order a new one and install it and set the odometer's mileage. We have to send it to an authorized facility, where they transfer the old mileage reading to the new odometer and send it back to us.

We have neither the equipment nor the authorization to set a PROM reading in an odometer. Otherwise, like you, Steve, we'd go into the used car business.

Dear Car Talk:

My 2010 Chevy Impala keeps telling me that I don't have a left-rear tire! But I can see it right there on the car. And it's even correctly inflated to 32 psi.

It happened soon after I took the car to the tire guy to get my winter tires put on. Two days later the tire sensor says "POOF," my left-rear tire is not even recognized. Gone.

I take it back to the tire guy and the sensor light goes off as we drive into tire guys' parking lot.

The tire sensor light is playing games and goes off and on when the weather fluctuates. Can I take this car on a road trip later this month, or is it not safe? Should I use the Car Talk black tape solution? — Mindy

My brother used to be confused by the Check Engine light. He'd check the engine, see it was still there, shrug, and get back in the car.

I think you've got a bad tire pressure sensor, Mindy. There's a tire pressure sensor in each tire. And each one communicates wirelessly with the car's computer.

They originally tried wiring them, but after the test drivers wrapped about 50,000 feet of wire around each axle, they gave up on that approach.

Anyway, if your sensor is broken, or if it's incompatible with your car, and the car's computer cannot connect to it, it'll trigger a warning that tells you it's not recognized.

It's possible that your tire guy damaged the sensor when he swapped out your tires and didn't know it. Or it's possible that he knew he broke it and replaced it with an aftermarket sensor that doesn't work well with your car. Or it's possible that the sensor's time was just up, or that its battery is dead after 10 years, and the visit to the tire store was just a coincidence.

In any case, a trip back to the tire store is in order. Explain that within two days of your visit, the warning light came on and is now coming on intermittently. The two days gives him plausible deniability. But if he's a good guy, and he thinks it's likely he damaged the sensor, he'll replace it. If he's a good guy and he doesn't think he damaged it, he may at least replace it without charging you for labor. If he's not a good guy, he'll still replace it, he'll just charge you for it. It'll cost you between \$50 and \$100.

But you should get it replaced. And ask him to use the original equipment (OEM) General Motors sensor for your Impala. The OEM sensors tend to pair up most easily and work most reliably, in our experience.

While we sometimes recommend the "black tape solution" (putting a piece of electrical tape over an offending warning light) for problems with no safety consequence, this is not one of those, Mindy.

Even though you've confirmed not only the presence of your rear tire but its proper inflation pressure, that could change on a road trip. And that's exactly the purpose of the tire pressure monitoring system; to let you know if you lose air and are in danger of a blowout. So get it fixed and enjoy your trip.

Visit Cartalk.com. 🦡





# ON THE JOB

# **LINDSAY IRVIN**

#### RECRUITING COORDINATOR

Lindsay Irvin of Londonderry is a recruiting coordinator for C Squared Systems in Auburn.

current job is? I work for a telecommunicaand other HR duties.

#### How long have you worked there?

I started with my company in May of last year. I am new to the recruiting function, but I have been in human resources for about five years.

### field?

I have always had a desire to feel fulfilled in what I do, and I enjoy helping people. I have had both pleasant and

Can you explain what your unpleasant interactions with HR in my beginning of your career? professional career, so I understood the value of having the right people in these tions company doing recruiting roles. This field allows me to give people opportunities and help them grow both professionally and personally, and I love that.

#### What kind of education or training did you need for this job?

Typically it is preferred to have a bachelor's degree, but I started off in an How did you get interested in this entry-level position as an assistant and worked my way up in the field while I have been in pursuit of my degree.

#### How did you find your current job?

I found it through an agency, but I actually used to clean the building as a second

#### What's the best piece of work-related advice anyone's ever given you?

Never believe that you are the smartest person in the room, and always be quick to accept work outside of your comfort zone to grow your skills.

# What do you wish you'd known at the

Not to fault myself for failing, because at least it meant that I believed in something enough to try. Never be scared of failure; anything worth doing usually never comes easy.

#### What is your typical at-work uniform?

I'm blessed enough to work at a place with a casual dress code, so typically I am in jeans and a blouse.

#### What was the first job you ever had?

My first job was babysitting, but the first job that I filed taxes for was working for Dunkin' Donuts.

— Travis R. Morin 🦡



Lindsay Irvin. Courtesy photo.

#### What are you into right now?

I absolutely love axe throwing at RelAxe Throwing in Manchester. I've only been doing it for a few months, but I love it because it makes me feel powerful and it's great stress relief.

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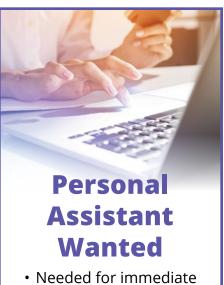
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News from the local food scene

By Matt Ingersoll food@hippopress.com

- Portland bye: After a decade in business on Elm Street in Manchester, the Maine-based pizzeria chain Portland Pie Co. abruptly closed its doors on March 1. In a statement provided to the Hippo, Portland Pie COO Dan Thomson cited "overwhelming economic factors" as the reason for the closure, going on to thank all of the eatery's employees and customers for the support. "We know the Elm Street corner has been a big part of Manchester's history and we are proud to have been a part of it for the past 10 years," Thomson said. The Elm Street restaurant was the last Portland Pie Co. to be open in New Hampshire after its location on Railroad Square in Nashua closed in 2017. Seven locations remain open, all in Maine.
- Time for tea: Enjoy Irish afternoon tea on Sunday, March 8, from 1 to 3 p.m. at The Cozy Tea Cart (104 Route 13, Brookline). Attendees will have a chance to sample a cup of the shoppe's Irish tea blend, or "cupan tae," as "cup of tea" is known in Gaelic. Other options available on the menu during the tasting will include Irish cheddar and apple tea sandwiches, Irish shortbread, Bailey's Irish cream and tea muffins, and bread pudding with orange sauce. The cost is \$34.95 per person and reservations are required. Visit thecozyteacart.com or call 249-9111.
- Local doughnuts: A custom doughnut shop that opened in Chichester last summer will soon expand to a second location in Concord. The New Hampshire Doughnut Co. is expected to open a new shop in the former space of the Capital Deli (2 Capital Plaza, Suite 108) sometime in May, owner Amanda Baril confirmed. Doughnuts baked at the Chichester location will be sent to Concord to be coated, topped and drizzled with all kinds of customizable options. Baril said the shop's new location will also enable them to expand to offering more gluten-free and vegan options. The New Hampshire

# **FOOD Ethnic flavors**

Umoja Gala returns to Concord





Photos by Becky Field of FieldWorks Photos.

By Matt Ingersoll mingersoll@hippopress.com

After a successful first year, a gala fundraiser that featured locally prepared authentic African food and live performances is expanding to represent multiple nations across the Middle East and Southeast Asia. The second annual Umoja Gala will take place on Saturday, March 14, at the Grappone Conference Center in Concord.

The word "Umoja" (pronounced oo-MOE-jah) is Swahili for "unity." Gala coordinator Jessica Livingston said last year's inaugural event was presented by the Concord-based nonprofit New American Africans, which has since merged with the Organization for Refugee and Immigrant Success. The organization also runs Fresh Start Farms, a collective of refugee and immigrant farmers in New Hampshire.

"We had highlighted the different regions of Africa to show the diversity of the continent," Livingston said of last year's event. "This year we're expanding it to also serve food from nations in the

Middle East and Southeast Asia."

Dinner stations will be set up inside the center where people can get food, each of them identified by the nation they represent. There will be three each for Northern, Eastern and Western Africa, plus a fourth for the Middle East and a fifth for Southeast Asia.

Featured foods at the dinner stations will be Egyptian lahma bil basal (a tender beef in a rich onion sauce), channa masala chole (chickpea curry), tharid (Emirati lamb stew), coconut white broken rice, Middle Eastern roasted cauliflower with tahini sauce, and egusi (spinach casserole with ground melon seeds and goat meat). Each will also have a beverage or a dessert for you to try, like nutmeg plantain cake, mandazi (African doughnuts), harissa coconut cake, caakiri (East African rice pudding), Thai coffee and gnamakoudji, a fresh ginger drink.

"It's almost all new items, so it's definitely a little more adventurous than it was last year," Livingston said. "We had someone from the organization who's actually from Burkina Faso put together to menu ... and we've worked with the chef at the Grappone Conference Center to source locally and keep it as authentic as possible."

In addition to the food, there will be live music and dance performances, themed raffle baskets and a fashion show. The line-up includes Martin Toe, a Concord-based hip-hop artist who's originally from Liberia; the Himalaya Heritage Performing Arts Group, which will play classical kirtan and Nepali folk songs; and the Jamhuri Band, returning from last year's gala to play Swahili music. Emelyne Adios of Style by Emelyne is also returning to present a fashion show featuring her designs made of kitenge, a fabric from her native country of Burundi.

#### 2nd annual Umoja Gala

**When:** Saturday, March 14, 6 to 10 p.m. **Where:** Grappone Conference Center, 70 Constitution Ave., Concord

Cost: \$80

Visit: refugeesuccess.org





# Soups of support

Taste soups and chilis at Empty Bowls fundraiser

By Matt Ingersoll mingersoll@hippopress.com

More than a dozen local restaurants will be offering homemade soup or chili during this year's Empty Bowls tasting fundraiser on Sunday, March 8, an event that's part of an international endeavor to combat hunger.

Returning for its 17th year to Brookside Congregational Church in Manchester, the event raises money for Families in Transition-New Horizons, which operates a soup kitchen, food pantry and homeless shelter in the city. This is the first time the organization is holding the event in March, according to Vice President of Resource Development Pamela Hawkes; it had previously been held in October.

"People actually thought it was going away because we didn't hold it last fall, but we just wanted to try something new because we're so event-heavy that time of year," Hawkes said. "It's also winter and it's colder, so a bowl of soup is a good way to warm up."

Local artists, including staff of the Studio 550 Community Art Center and members of the New Hampshire Potters Guild, have donated hundreds of handmade ceramic bowls in preparation for the event. Attendees can select a bowl for \$25 and use it to enjoy a locally made soup or chili of their choice. Most of the restaurants are Manchester-based — like Buba Noodle Bar, which will be donating a homemade chicken soup, owner Trumin Nguyen said - while others are from neighboring communities like Bedford (The Copper Door Restaurant and Hooksett (New England's Tap House Grille, which will have a tomato bisque).

The goal, Hawkes said, is for there to always be a variety of options, including a few gluten-free or vegetarian-friendly soups. Granite State Lunchbox is donating a roasted garlic tomato soup with fresh basil and sea salt that's both gluten-free and dairy-free, owner Spencer George said. Other featured options in past years have been a Buffalo chicken soup, a chicken lemon rice soup, a



clam chowder, a coconut curry and even a

"It is a family-friendly event, so if you wanted to bring the children, they can sample the soups for just \$5 donations," Hawkes said, adding that the prices of the soups usually get marked down toward the end of the

All attendees can keep the soup bowl they purchased, which serves as a symbolic reminder of all of the "empty bowls" across the country. Hawkes said the chief operating officer of Families in Transition-New Horizons will also likely speak about the impact of the organization's work on the community.

#### 17th annual Empty Bowls fundraiser

When: Sunday, March 8, 11:30 a.m. to 1:30

Where: Brookside Congregational Church, 2013 Elm St., Manchester

Cost: \$25 per tasting bowl for adults; \$5 for children (no bowl included)

Visit: fitnh.org

#### **Participating restaurants**

- 900 Degrees Neapolitan Pizzeria (Manchestestatelunchbox.com) ter, 900degrees.com)
- Airport Diner (Manchester, thecman.com)
- Angela's Pasta & Cheese Shop (Manchester, Jerome's Deli (Manchester, jeromesdeli.net) angelaspastaandcheese.com)
- The Bridge Cafe on Elm (Manchester, theb- mansd.org) ridgecafe.net)
- Buba Noodle Bar (Manchester, bubanoodle. taphousenh.com)
- Copper Door Restaurant (Bedford and chester, puritanbackroom.com) Salem, copperdoor.com)
- Nashua, fratellos.com)
- Granite State Lunchbox (Manchester, grani- ingcompany.com)

- · Ignite Bar & Grille (Manchester, hookedonignite.com)
- · Manchester School of Technology (mst.
- New England's Tap House Grille (Hooksett,
- The Puritan Backroom Restaurant (Man-
- The Red Arrow Diner (Manchester, Concord • Fratello's Italian Grille (Manchester and and Londonderry, redarrowdiner.com)
  - · Stark Brewing Co. (Manchester, starkbrew-

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#### Marilyn Mills, MS, RD, LD, CDE

Hooksett, 79 Bicentennial Dr. Manchester, 201 John E. Devine Dr. Manchester, 859 Hanover St. Goffstown, 605 Mast Rd.

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#### Heidi Tissot, RD, LD

Londonderry, 6 Hampton Dr. Mondays & select Fridays

Bedford, 7 Kilton Rd.

Tuesdays, select Fridays & Saturdays For times, please call the store or review Heidi's schedule at the store or on our website.

#### Jessica O'Connell, MBA, RD, LD

Exeter, 141 Portsmouth Ave.

Most Mondays & Fridays

Portsmouth, 800 Islington St.

For times, please call the store or review Jessica's schedule at the store or on our website.





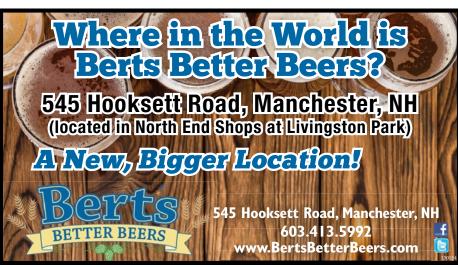
### Katy Magoon-Fredette, RDN, LD

Nashua, 175 Coliseum Ave.

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# EKITCHEN WITH SARAH ANDRIKOWICH

Sarah "Sandy" Andrikowich of Bedford is the owner of Sweets by Sandy (714-9267, sweetsbysandynh.com, find her on Facebook and Instagram), a homestead business specializing in custom hand-decorated sugar cookies for birthdays, baby showers, bridal showers, weddings and other occasions. A self-taught baker, she started the business a little more than a year ago by



decorating cookies for friends and family members before it quickly grew into a full-time operation. She has recently expanded into offering French macarons. Orders for custom sugar cookies or macarons can be placed via phone, email or social media, or by filling out an order form on her website (a minimum of one dozen cookies per order is required).

What is your must-have kitchen item? My KitchenAid mixer.

What would you have for your last meal? Anything with lobster. I'm a New Englander and there's nothing better than a good lobster roll.

#### What is your favorite local restaurant?

The Inside Scoop in Bedford. I actually used to work there, and the owner and I have developed a close relationship. I go to her about a lot of business questions. Everything tastes amazing, and she puts a lot of thought and heart in her business, which I admire.

# What celebrity would you like to bake home? I like

I'm a big country fan. I would love to just be able to sit down with the Zac Brown Band, or to bake or cook for them.

## What are some of your favorite cookie designs that you've done?

I really like projecting images onto them and making everything look perfect. Recently I did a space-themed cookie set in which I made an astronaut directly on the cookie. The toughest part is getting the consistency of the icing down. I'll often bake at least three or four additional cookies in preparation to mess up.

## What is the biggest food trend in New Hampshire right now?

Definitely I would say vegan and gluten-free are huge trends right now.

### What is your favorite thing to cook at home?

I like to experiment with making cookies that don't actually look like cookies, like piz-za- or pretzel-looking cookies.

— Matt Ingersoll 🦛

#### Raspberry almond thumbprint cookies

Courtesy of Sarah "Sandy" Andrikowich of Sweets by Sandy

2 cups + 2 tablespoons all-purpose flour <sup>1</sup>/<sub>4</sub> teaspoon salt

1 cup unsalted butter, cold and diced into one tablespoon-sized pieces

<sup>2</sup>/<sub>3</sub> cup granulated sugar

½ teaspoon almond extract

½ cup seedless raspberry jam

Glaze (optional)

1 cup powdered sugar

1 teaspoon almond extract

2 to 4 teaspoons water

Preheat oven to 350 degrees. Whisk together salt and flour and set aside. Cream together sugar and butter until combined, then add in almond extract until mixed in. Add in the dry ingredients and mix with beater or paddle until dough forms. Take a small ball of dough and roll it with your hands until it's round and smooth. Once on the baking sheet, press thumbprint in the middle of each, creating a small pocket for the raspberry jam to be placed in. Bake cookies for 14 to 18 minutes. While cookies cool, mix together all the ingredients for the glaze in one bowl. Once glaze is formed, drizzle over cooled cookies and enjoy.

#### **Weekly Dish**

Continued from page 28

Doughnut Co. opened last August on Route 4 in Chichester, featuring a menu of made-to-order customizable vanilla cake doughnuts and coffees from Woodshed Roasting Co. of Laconia. Visit nhdoughnutco.com, follow them on Facebook @ nhdohco or call 961-0352 for updates.

• Ham and bean supper: Main Street United Methodist Church (154 Main St., Nashua) will host its next ham and bean public supper on Saturday, March 7, from 4:30 to 7 p.m. The fam-

ily-style meal features ham with your choice of either navy or kidney beans, plus potato salad, a sweet and tangy coleslaw, bread, a drink (coffee, tea, iced tea, milk or iced water) and an assortment of pies for dessert. The cost is \$10 for adults, \$9 for seniors ages 60 and up, \$4 for children ages 6 to 12 and free for children ages 5 and under. The suppers are served on the first Saturday of each month, from October to May. Visit mainstreet-umc.org or call 882-3361.



# **Bruschetta**

My thought behind this week's recipe is that if you can't make spring arrive any sooner, you can ignore winter with some tasty snacks.

This bruschetta recipe leans toward a bit of sweetness. By no means is it actually sweet, but it also isn't fully savory either. Between caramelizing the onions and incorporating peaches, you have the start of a bruschetta that has elements of sweetness. However, I've tempered that sweetness with two ingredients: cinnamon and cider vinegar.

When you think about cinnamon, you may tend to think of sweet things: cinnamon and sugar toast, snickerdoodle cookies, cinnamon rolls. That thinking is correct, but cinnamon also adds a bit of spice, which can help minimize sweetness. Cider vinegar is an acidic component that will reduce the presence of sugar.

All combined you have a wonderful topping for crostini, crackers, or whatever vehicle you choose. Personally, I like to add a layer of goat cheese. It adds a bit more bite ing about food her entire life. Since 2007, to the flavor profile, as well as a creamy textural element.

age you to buy peaches that are slightly find more of her recipes.



Peach & Caramelized Onion Bruschetta. Photo by

underripe. As they spend some time sautéing, they become softer. In the final product you want the peaches to be the fruit version of al dente - tender but still with a little bite. If you buy fully ripe peaches, your final product will be mushy, and that's a less desirable

Even if we can't make winter magically disappear, we can think about (and make) fruity, spring-like snacks.

Michele Pesula Kuegler has been thinkthe Manchester resident has been sharing these food thoughts and recipes at her blog, When shopping for this recipe, I'd encour- Think Tasty. Please visit thinktasty.com to

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#### **Peach & Caramelized Onion Bruschetta**

Serves 6 as an appetizer

1/2 tablespoon butter or olive oil

1 cup diced sweet onion

2 cups diced peach (about 2 peaches)

2 tablespoons apple cider vinegar

2 tablespoons water

1 tablespoon brown sugar

1/2 teaspoon ground cinnamon

Preheat frying pan over medium heat. Add butter or oil and onion; reduce heat to low.

Sauté for 10 minutes, stirring frequently.

Add peaches, and sauté for 2 more minutes.

Add apple cider vinegar, water and brown sugar, stirring to combine.

Increase heat to medium.

Continue to stir regularly for approximately 2 minutes until all the liquid has been

Remove from heat, and sprinkle with cinnamon, stir well.

Serve with crostini and goat cheese.

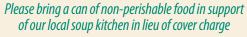
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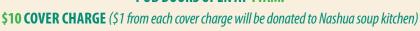






# Tuesday, March 17th



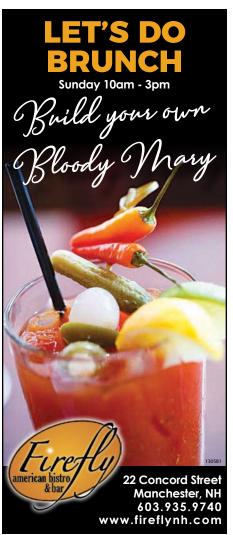


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DRINI

# Serious flavor, fun labels

A look at some big wines from Lodi

By Fred Matuszewski food@hippopress.com

This week, I'm having a little fun with some very serious wine!

Freakshow Cabernet Sauvignon (originally priced at \$16.49 at the New Hampshire Liquor & Wine Outlets and on sale for \$13.95), and Petite Petit Sirah (originally priced at \$13.99 and on sale for \$11.95) present fantastic opportunities to have fun with serious wines at very attractive prices. These wines come from the Michael David Winery in Lodi, California, a city and a wine region east of San Francisco and south of Sacramento, California. Lodi was recently recognized by Wine Enthusiast as a premier wine producing area, and honored Adam Mettler, of Michael David Winery, as winemaker of the year in 2018, no small accolade, as their "Best Of" categories are worldwide. According to the city's website, Lodi is home to over 100 varietals of grapes, more than anywhere else in North America. In her article for Retail & Food Best Practices about the winery, Staci Davidson writes, "Lodi is known for producing more wine grapes than any other California region. The city has 85 wineries that produce approximately 450 labels, and it has been recognized as the old vine Zinfandel capital of the world."

According to the Michael David Winery website, Michael and David Phillips are brothers who are the fifth generation of farmers in the Lodi region. Settling in the 1850s, their family has been involved in agriculture, growing fruits and vegetables for 150 years. A hundred years ago they began to grow grapes, with more than 800 acres now in cultivation.

Wine making was started as a hobby by Michael Phillips, enjoyed at the end of a day of farming, according to the website. In 1984 Michael was bonded and started selling wine. In 2000 the brothers offered their first vintage of **7 Deadly Zins**. In 2002 they sold 12,000 cases, and last year they sold 350,000 cases; so successful that in 2017 it was sold to The Wine Group. Freakshow followed 7 Deadly Zins in 2009 with a production of 6,000 cases and has turned into a 250,000-case brand today.

In 2007, while Kevin Phillips, Michael's son, was sitting on a local wine commission, standards for sustainable and responsible farming were established for the area, known as the Lodi Rules. The program involved more than 100 sustainability practices, grower-created and peer-reviewed, and called for passing all the tests established by the industry at large. Phillips liked the way the program was set up, so he applied it to all of the Michael David Winery vineyards so





Courtesy photo.

they could become certified to this standard. Now all of their wine is certified green, according to the website.

Now, enough of all this background information on this incredible company and on with our wines!

Freakshow Cabernet Sauvignon has 100 freaks on the label, and if you go on their website, there is an interactive face filter app wherein you can become your favorite freak and possibly win a spot on the label. On the website Jeff Farthing, the winemaker, explains that the grapes are among the last to be harvested and through an extended maceration of the grapes on their skins for a month, a full, rich extraction of great color and tannins are produced. The nose is of vanilla, cherry, cassis, black raspberries. To the tongue the taste is the same, with a long, smooth finish. Enjoy with a filet mignon with a bearnaise sauce.

Petite Petit has "fun animal characters" on its label. The two elephants in the center remind winemaker Derek DeVries of the two brothers, Michael and David. "Big and robust," he calls them. The blend is 85 percent petite sirah and 15 percent petit verdot. The petite sirah is robust, with tannins and structure, softened by the blending of the petit verdot, which adds floral notes of lavender and violets. Its dark color and full fruit is derived from the petite sirah. It is aged for 12 months in French oak. This wine made Wine Enthusiast "Wine of the Year" in 2015! It should be enjoyed with beef, perhaps a nice prime rib roast!

So, go online at michaeldavidwinery.com. Try the app; have a little fun and create your favorite freak. But, much more importantly, pick up these wines, and enjoy them with friends and family over a great dinner.

Fred Matuszewski is a local architect and a foodie and wine geek, interested in the cultivation of the multiple strains and varieties of grapes and the industry of wine production and sales. Chief among his travels is an annual trip to the wine producing areas of California.



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**BOOKS** 

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Book Report

Includes listings for lectures, author events, book clubs, writers' workshops and other literary events. let us know about

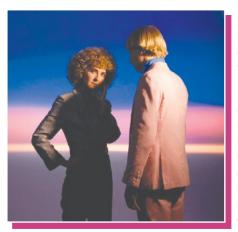
your book or event, email asykeny@hippopress. com. To get author events,

library events and more listed, send information to

listings@hippopress.com.

The Invisible Man A-

• The Assistant A-



I don't know if I agree with Pitchfork's assertion that this tech-pop duo holds down a middle ground between Phil Spector wall of sound-pop and the early days of punk. In fact, I'd say that's way off, but I won't deny that having to write 2,000word essays on hipster albums is a task I wouldn't wish on my worst enemy, and I suppose it's one way to assess what the Denver-based husband and wife team are doing. To me, it's more a mix of Goldfrapp-style touchy-feely synthpop, laptop indie and emo-

tionally passive dream-pop, barely escaping being labeled shoegaze by making their videos annoyingly upbeat. They've been lauded in some circles, to be sure, and they'll be popping up as top-billers at festivals like Georgia's Shaky Knees and such, and to reach that sort of level some rather formulaic stuff was necessary fodder on this, their fifth full-length; this album's "Runner" is nothing more than a sunnier version of their 2016 single "In the Morning I'll Be Better." It's for purely millennial tastes, if that's your thing. **B** — Eric W. Saeger

#### Gang of Four, This Heaven Gives Me Migraine (Gillmusic)



The first taste of a post-Gang of Four world comes in the form of this EP, most of which consists of reworks of older songs, the whole project literally directed by Andy Gill from his deathbed, prior to his passing away from pneumonia in February. As we've discussed before, the Leeds, U.K., band helped invent postpunk, at least in its purest form, with jagged, almost mechanically delivered guitar lines and enough ennui to make newcoming fans of Paisley Underground bands rethink her lives. Gill was, of

course, waiting for the end during this joint, and thus he did some rethinking his own life; here, "Toreador" gets a more odd-percussion-tinted rerub, while the (apropos) "Dying Rays" is much gentler than its original highway-cruising incarnation. Collectively, this isn't what fans would expect in a GO4 record, but whatever the circumstance, it was the direction in which Gill was planning to go and is thus essential. A — Eric W. Saeger

A seriously abridged compendium of recent and future CD releases

• The next new CD release date is March 6, and for that, we may as well talk about oh, I dunno, how about this one here, someone called **Swamp Dogg**, because I'm mildly interested in knowing what or who that is. Huh, he's an old dude, who was known as Little Jerry and Little Jerry Williams in the 1950s and 1960s, and then became a cult figure, and had a tertiary hand in producing Dr. Dre from what the internet is saying, not that anyone should believe the internet. Anyway, since he's somehow still alive at 77, it automatically means that various annoying hipsters are attaching themselves to him, for instance the Bon Iver guy, who guested on Swamp's 2018 album, Love Loss & Autotune. Since I'm out of Pepto Bismol at the homestead, I physically cannot go listen to any Bon Iver nonsense, even if it's saved by this old dude, but for the benefit of you nice people I'll take a listen to whatever single YouTube deigns to cough up from his new album, Sorry You Couldn't Make It, so let's giddyup and see what all the fuss is about. For the record, Wikipedia knows nothing about this album, which kind of ticks me off, because shouldn't one of those tedious hipster lampreys at least fire up a laptop and update Swamp's Wiki page? Come on. Fun fact first though, Swamp hasn't had a charting single since 1977. Yikes, Bon Iver is on board again, guesting on this new single, titled "Sleeping Without You Is A Dragg," along with '80s child actress Jenny Lewis and synthpop lady Channy Leaneagh, who fell and broke her back clearing ice dams last year. Anyway, it's a mellow bedroom-soul tune, with maximum guitar tremolo added to make me want to shut it off immediately, but it's kind of Otis Redding-y, so you might like it, whatever.

• Doop dee doob da dee... Ah, here's one, from mostly forgotten techno fixture Moby. Remember when he was the coolest thing, except to cool people? Whatever, I'm a sucker for deep house and progressive house, and since that's all techno artists are doing these days, I'll probably like "Power Is Taken" from his fast-approaching new album, All Visible Objects, and guess what, D.H. Peligro from the Dead Kennedys is a guest on this song, which is like adding a layer of suck-protection to it, like, a song with a Dead Kennedy legally cannot suck, so I'm off to see if laws are being broken here, respect my authoritah. Well check that out, it's kind of goth-electro, really, like a fast Front Line Assembly song, if you have the foggiest idea what that sounds like. Oh, I get it, it's about anarchy. The dude from Dead Kennedys is just ranting, and the video shows a bunch of militarized cops doing stuff to people who just want food or whatnot.

- Hmm, some pretty cool stuff this week, actually. Look, it's Body **Count**, with a new album called *Carnivore*, also due on the 6th. We're of course talking about the dude from Law & Order, Ice T, who simply does his New Jack City character on the show. Ah, as always, it's your basic Ministry-style thrash tune except with Ice T yelling over everything, meaning it's awesome.
- Finally, it's Mandy Moore's new record, Silver Landings. She's on that show This Is Us, which I'm all set on, no thanks. The single is "Save A Little For Yourself," a Shawn Colvin-sounding commercial folk-rock trifle with no hook, yay. — Eric W. Saeger

Local bands seeking album or EP reviews can message me on Twitter (@esaeger) or Facebook (eric.saeger.9).

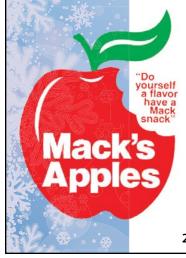


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# **Get on board**

#### Granite Game Summit celebrates board games

By Angie Sykeny asykeny@hippopress.com

The gaming never stops during Granite Game Summit, a three-day board game convention happening Friday, March 6, through Sunday, March 8, at the DoubleTree by Hilton Nashua

Granite Game Summit was founded in 2016 by friends and board game enthusiasts Kimberly Revia, Kevin Craine and Mike Taylor.

"There were a number of events in New Hampshire focusing on gaming as a whole, but none that focused just on board games," Taylor said, "so we got together and started talking about how there was a need for a board game event in New Hampshire, and from that, Granite Game Summit was born."

The convention has an open-play format, with tables "for every type and size of game" lined up for playing, Taylor said, and a growing "game library" with more than 500 games that have been provided by game developers over the years. Add that to the community game library, where attendees bring their own games from home to share, and there could be as many as 3,000 games available over the course of the weekend, Taylor said.

A wide variety of games will be represented, including word games, strategy games, card games, family games and more. Some classic, well-known games like Scrabble, Clue and Battleship will be available, but Taylor said most attendees want to take the opportunity to try out newer and rarer games to which they wouldn't typically have access without special-ordering the game.

"A significant amount of games have been developed within the last year," Taylor said. "There is definitely a stronger draw to play the games that have just come out and the more modern, designer board games [developed within] the last 15 to 20 years than there is to play



Granite Game Summit board game convention. Courtesy

#### Monopoly."

Attendees can select games from the game libraries and bring them to the tables, where they can play with their friends or with strangers. There will be two signs available at each table — "Players Wanted" and "Teacher Wanted" that players can set up based on their needs.

"It's a very open and welcoming environment," Taylor said. "If you come by yourself, it's easy to jump into a game, and if you have only ever played games from your childhood, this is a great opportunity to try games you've never heard of before with people there who can teach you. Maybe you find your new favorite game."

In addition to the open play, there will be special events each day of the convention, including organized games and tournaments, trivia, a board game flea market, live board game podcast recordings, a paint-your-own game miniatures activity and more, as well as a "Designer Alley" featuring around 20 game designers.

"Designers will be able to share their new games with attendees and teach them how to play," Taylor said. "Getting that one-on-one engagement with game designers is a pretty unique experience."

#### **Granite Game Summit**

Where: DoubleTree by Hilton Nashua, 2 Som- recording) 8 a.m. erset Parkway. Nashua

When: Friday, March 6, 10 a.m., through Sun- • Designer Alley - 10 a.m. to 6 p.m. day, March 8, 5 p.m.

Cost: Three-day pass is \$65; Friday pass is \$30; • Flip The Table Live Reunion Show (live pod-Saturday pass is \$30, sold out, waitlist only; Sunday pass is \$25

Visit: granitegamesummit.com

#### Special events

#### Friday

- Fancy Friday (dress in formal wear or costume) - 7 p.m.
- Geeky Trivia 9 p.m.
- Two Rooms and a Boom (organized game) -9:30 p.m.

#### Saturday

- Early Risers Cereal Club (cereal buffet) 6 a.m. noon

- Flea market 9 to 10 a.m.
- Minis Paint-and-Take 12:30 to 2 p.m.
- cast recording) 3 p.m.
- Raffle and Play-to-Win Drawing 6:30 p.m.
- Trick Taking Night (organized trick taking games and trick taking game tutorials) - 9 p.m.
- Two Rooms and a Boom (organized game) -9:30 p.m.

- Early Risers Cereal Club (cereal buffet) 6 a.m.
- Designer Alley 10 a.m. to 6 p.m.
- · Spread the Good Word (organized word games) - 10 a.m.
- 3-D Printing and Tabletop (demonstration)
- Patrick & Eric in the Morning (live podcast Sign-the-Sign Drawing 2 p.m.









#### **POP CULTURE BOOKS**

Dear Edward, by Ann Napolitano (Dial Press, 336 pages)

Dear Edward by Ann Napolitano will knock your socks off.

It's the story of a young boy, Eddie Alder, who travels with his parents and brother by commercial plane from New York to their new home in California. The plane crashes in Colorado and little Eddie is the sole survivor. He is alive but badly broken both physically and emotionally.

Eddie has lost his parents, his brother, and his future. He becomes the "boy who lived." His mother's only sibling, a sister, is asked how to refer to him in press releases while he is still in the hospital — is it Eddie or Edward? They decide on Edward.

And thus out of the crash's fires emerges Edward reborn.

Edward goes to live with his aunt and uncle. The couple had long been trying for a child and had been unable to have a baby. This sets up such an incredible dynamic.

The mythical boy who lived, a woman who longed for a child and who finally gets a child that doesn't want to be hers, and a boy who at the tender age of 11 must create an entirely new identity for himself while learning how to navigate the grief of being an orphan in a new family.

This book is not an action thriller; instead it is a brain thriller — the underlying psychological drama is where it's at. There are passages in this book that will crush your heart — absolutely crush it - like when he wears his older brother's coat even though it is too large but because it reminds him of being with his brother.

Or not being able to sleep in the room his aunt and uncle had set aside and decorated for the baby that never came.

Dear Edward is about rising from the ashes. It's about regaining strength when you thought you had none left and it's about finding your way in a world that is unfamiliar and terrifying. It does all this with phenomenal storytelling and literary grace.

As it is in all tragedies, others' lives and stories are also involved, not just the ones who make it into the news but those of whom you never hear, the other travelers who were also on the plane along with the loved ones on the ground who were waiting for them to return. Dear Edward also covers the stories of select passengers who were on the plane that day. A young woman who finds out she is pregnant and who is traveling to California to marry her boyfriend who doesn't know. A mysterious woman who somehow has wisdom of the ages and

who appears to have lived several lifetimes. A wounded member of the military who is trying to find balance and peace in his life. All people in the middle of figuring out who they are and how they fit into the world.

Just like what Edward must now do.

When I first started this book, I had set aside an hour to read. The first time I looked up after starting it, four hours had passed. Yes, it's that engrossing and thought-provoking. It's my favorite kind of book, the one where you think about it on and off long after you've turned the last page.

It's impossible to read this book without asking yourself, would I have had the strength of that little boy to keep getting up each morning? Would I have the inner resilience of the aunt who is also so clearly injured — she has lost her sister, lost her babies by miscarriage, and, by providence, has now gained a wounded son, the child she had always wanted, just not this way.

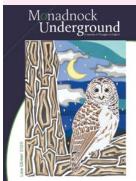
Dear Edward is stellar storytelling. Other writers should study how this book is written and constructed; it's that impressive. The author artfully weaves themes and stories so tightly that the result is nothing short of a work of art.

I can be a tough reviewer. I typically take points off for things like not maintaining a consistent pace, for dialogue that is stilted, and for backstories that bog down the plot's progress. You'll not see me deduct a point on any of those criteria for this book. Napolitano's Dear Edward is a masterpiece, innovative and heartwarming. A true story for the ages.

You will not be sorry if you pick this one up. A+ — Wendy E. N. Thomas



# **Book Report**



**Ouarterly** magazine releases second issue: Monadnock Underground, a new literary journal and media company launched last year by editor-in-chief Zoë Wroten-Heinzmann of Francestown and creative director Chris DiLoreto of Peterborough, will release its second print magazine anthology, Issue #2: Late Winter, at a release party at Peterborough Town

Library (2 Concord St., Peterborough) on Friday, March 6, from 6 to 8 p.m., as part of Peterborough's First Friday festivities. The 68-page glossy magazine features 15 original works by 13 different authors, most of whom have ties to the Monadnock region. The works include poetry, fiction, meditation and personal essays that focus loosely on "the theme of ends, beginnings and loss," according to a press release from the journal. The magazine features original artwork by local artist Hannah Ellingwood on the cover and graphic design work by the journal's new art director Chloe Johnson. The release party will include refreshments, a chance to meet the authors, live readings from the issue and more. Print copies of the issue will be available at the event. Print copies and digital PDF copies can be obtained by becoming a subscriber to the journal or through direct purchase on the journal's online store. Currently the region's only full-time literary publication, Monadnock Underground publishes original writing online several times a week and a quarterly print magazine anthology, the first of which was released last December. According to the press release, the journal has several new media projects in the works, including a weekly variety show podcast slated to launch at the end of March. Visit monadnockunderground. com or call 978-257-5328.

• Anne Enright visits: Booker Prize-winning Irish author Anne Enright will take the stage at The Music Hall Loft (131 Congress St., Portsmouth) as part of its Writers in the Loft series on Wednesday, March 11, at 7 p.m. Enright will discuss her new novel Actress, which "[brings] to life two generations of women with difficult sexual histories, both assaulted and silenced, both finding — or failing to find their powers of recovery," according to a press release from The Music Hall. The event includes an author presentation and an onstage interview with Kristen Bulger, digital marketing associate at The Music Hall, followed by a Q&A with the audience and a book signing and meet-and-greet with the author. Tickets cost \$41 and include a hardcover copy of the book, plus one complimentary bar beverage. Visit themusichall.org or call 436-2400. — Angie Sykeny

### Author Events

- JENNIFER ROSNER Author presents The Yellow Bird Sings. Gibson's Bookstore, 45 S. Main p.m. Call 224-0562 or visit gibsonsbookstore.com.
- ANNE ENRIGHT Author presents Actress. Wed., March 11, 7 p.m. The Music Hall Loft, 131 Congress St., Portsmouth. Tickets cost \$41. Visit themusichall.org.
- · R.W.W. GREENE Author pres-11, 6 p.m., at Bookery, 844 Elm St., Manchester. Visit rwwgreene.com.
- CHRIS BOHJALIAN Author presents The Red Lotus. Gibson's gibsonsbookstore.com.

- Bookstore, 45 S. Main St., Concord. Sun., March 15, 2 p.m. Call 224-0562 or visit gibsonsbookstore.com.
- TAMI BEMIS COLE Author St., Concord. Tues., March 10, 6 presents Anchored in Him: Finding Refuge in Your Storm. Gibson's Bookstore, 45 S. Main St., Concord. Thurs., March 19, 6 p.m. Call 224-0562 or visit gibsonsbookstore.com.
- NOLAN HIGDON Author presents United States of Distraction: Media Manipulation in Post-Truth ents The Light Years. Wed., March America (and What We Can Do about It). Gibson's Bookstore, 45 S. Main St., Concord. Fri., March 20, 6 p.m. Call 224-0562 or visit

- POETRY OUT LOUD SEMI-FINALS Poetry Out Loud is a national arts education program that utilizes the study of great poetry to help students master public speaking skills, build self-confidence, and learn about both literary history and contemporary life. High school champions from 40 schools and school groups will convene to compete for the opportunity to advance to the state championship, scheduled to take place at Representatives Hall in the State House in Concord on March 13. Thurs., March 5, 6 p.m., at Currier Museum of Art (150 Ash St., Manchester). Visit nh.gov/nharts.
- SLAM FREE OR DIE Weekly poetry open mike and slam. Thursday, 8 p.m. Stark Brewing Co., 500 N. Commercial St., Manchester. \$3. Visit facebook.com/slamfreeor-

### **Book sales**

- · BOOKS & PUZZLES Books, puzzles, DVDs, CDs and VHS tapes for sale. Each item is 50 centers. Sat., March 7. 8 a.m. to noon. First Church Congregational, 63 S. Main St., Rochester. Call 332-
- USED BOOK SALES Hills Memorial Library Building, 18 Library St., Hudson. Sun., March 8, 11 a.m. to 3 p.m., and Sun., April 12, 11 a.m. to 3 p.m. Visit rodgerslibrary.org.

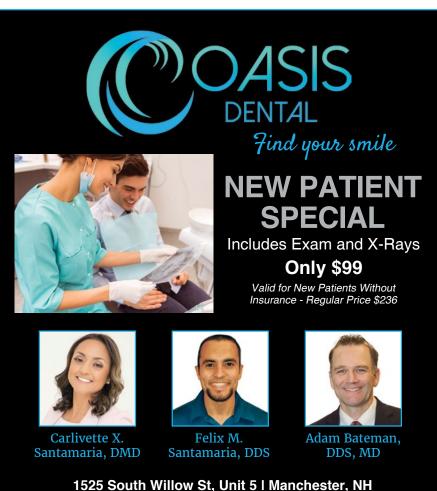
### **Special events**

MONADNOCK UNDER-GROUND **QUARTERLY** MAGAZINE ANTHOLOGY RELEASE PARTY Monadnock Underground, a new literary journal and media company, will release its second print magazine anthology, Issue #2: Late Winter. The 68-page glossy magazine features 15 original works by 13 different authors, including poetry, fiction, meditation and personal essays. Peterborough Town Library (2 Concord St., Peterborough). Fri., March 6, 6 to 8 p.m. The release party will include refreshments, a chance to meet the authors, live readings from the issue and more. Visit monadnockunderground.com or call 978-257-5328.

### **Book discussion groups**

- BOOK DISCUSSION GROUP Second Thurs., 7 p.m. Manchester City Library, 405 Pine St., Manchester. Visit manchester.lib.nh.us.
- · BOOKENDS BOOK GROUP Monthly discussion group. First Sun., 4 to 5 p.m. MainStreet Book-Ends, 16 E. Main St., Warner. Visit mainstreetbookends.com.
- GIBSON'S BOOK CLUB Monthly book discussion group. First Monday, 5:30 p.m. Gibson's Bookstore, 45 S. Main St., Concord. Visit gibsonsbookstore.com.
- MORNING BOOK GROUP Second Thursday, 11 a.m. to noon. Candia Smith Public Library, 55 High St., Candia. Call 483-8245.





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### The Invisible Man (R)

Elisabeth Moss fights back against an abusive husband whose invention makes him only slightly scarier than his usual monstrous self in The Invisible Man. some top-notch horror.

What's great about this movie, what makes it truly terrifying, is not the "invisible" part (though, is he invisible because of a fancy suit that creates an optical illusion of invisibility or is he "invisible" because as a rich and powerful tech guy, his abusive behavior would be overlooked?). Most of what happens in this movie could, with only slight tweaks, happen without any invisibility at all. Though we go in knowing, thanks not just to the trailer but the title, that there is a man and he's going to be invisible, the movie is able to keep the tension high, keep us guessing about what is going on psychologically and about who, if anyone, will ever see the reality of Moss's character's situation. The movie works to put you in the headspace of someone stalked and terrorized. And that, being in that woman's point of view, is more terrifying (and more realistically terrifying) than a whole knife drawer of slasher films.

The movie wastes no time showing us exactly how scared Cecilia (Moss) is of her visible husband, Adrian (Oliver Jackson-Cohen). We open on the extraordinary lengths she goes to to sneak away in the night and how just barely she makes her escape with the help of her sister, Emily (Harriet Dryer). The movie then quickly jumps to Emily informing Cecilia, who has been hiding at the home of friend/police detective James (Aldis Hodge) and his teenage daughter Sydney (Storm Reid), that Adrian is dead. Even when Adrian's brother Tom (Michael Dorman) points to a box of ashes and assures Cecilia that Adrian is gone, Cecilia never relaxes and the movie doesn't pretend that we should either. Immediately, she senses his presence in her life, gaslighting her in a way that keeps his existence from others but leaves her in no doubt that he is there (or, at least, mostly leaves her in no doubt; I think the movie plays a little with her confidence in what she knows in a way that also feels realistic).



The Invisible Man

the question here. Will she figure out how to convince others who is after her — or to convince others that anyone at all is after her before he is able to completely destroy her. These are the questions the movie deals with and does with real skill.

Moss is the center of not only the story itself but of how the movie builds all its emotional heft. She is excellent at showing real, messy responses to the mix of fear, madness and oppression (something that came out beautifully as biting her tongue and frustration in Mad Men and in a more raw way in the very few scenes of The Handmaid's Tale I've been able to bring myself to watch). She excells at digging into situations that bring out difficult and conflicted feelings in a character and the human responses that aren't pat in making the character a one-dimensional hero or victim. She is adept at playing big - big scenes, big reactions — in a way that doesn't tip over into hamminess. The Invisible Man is a good movie but she brings a real sheen of greatness to it. A-

Rated R for strong bloody violence, and language, according to the MPA. Distributed by Universal Studios. Screenplay by and directed by Leigh Whannell, The Invisible Man is two hours and four minutes and is distributed by Universal Studios. (This

Will she figure out who is after her, is not movie is the phoenix rising from the ashes of the whole "Dark Universe" attempt at a Universal Studios monster-movie cinematic universe. Nerd out by falling down a rabbit hole about that whole misbegotten mess.)

### The Assistant (R)

A young woman navigates her day not knowing but sort of knowing about the bad behaviors of her boss in The Assistant, a movie that also could have been called The Invisible Man.

Jane's boss fills the office with his presence and yet he isn't seen directly during this movie, which lasts one work day — we catch glimpses of his form behind the closed blinds of a window and hear, imperfectly over the phone, his torrent of insults directed at his underlings. Jane (Julia Garner), a recent college graduate in what seems like her first job, is the first one in and last one out at the New York City offices of a movie production company. She does the office grunt work, more so than the two more senior assistants (Jon Orsini, Noah Robbins) who share the big boss's outer office with her. She answers phone calls, confirms travel arrangements and begrudgingly takes a call from the boss's wife, which later requires her to send an apology email to her boss after he

reprimands her, for, nothing, basically - for not finding the magic words to mollify his, we suspect, justifiably angry wife.

She is almost treated as beneath the notice of her coworkers, aside from the other assistants, who tend to get her attention by throwing a piece of paper at her, but also all seem to acknowledge her with the occasional bit of "I've been where you are" sympathy. We learn that Jane has worked for five weeks in the office and therefore knows the rituals (when to give her boss a smoothie, how to lay out his lunch) without yet having totally absorbed the culture.

Perhaps that is why when a pretty, young girl shows for a promised assistant's job and Jane is given the task of taking her to a hotel, she feels like she now knows something she has to act on. A distraught nanny, a shouting wife, jokes about where the boss is, a girl coming to retrieve an earring found on the floor of the boss's office who refuses to get out of the elevator — these are all pieces of a puzzle that Jane thinks have come together in a damning picture. And yet, as Jane learns when she attempts to tell the human resources person (Matthew Macfadyen, even more banality of evil than in Succession). these elements add up to "knowing" without any knowledge of anything specific, understanding what she's probably seeing without really being able to prove it.

This unease builds as Jane un-jams copy paper and delivers lunch orders and issues her own sharply worded demand to a driver (whom she immediately calls back to apologize to, a moment that is tied up in all kinds of different workplace dynamics). That her boss is manipulative and a bully we see direct evidence of, that he is a predator is something we, like Jane, "know" but don't witness. It's a direct answer to the "how did he get away with this for so long" question that comes up whenever a powerful man is brought down by the discovery of his own bad behavior. This is how, the movie seems to answer — surrounded by people who understand what's happening but are powerless (or not willing to expend what power they have) to stop it.

The Assistant gets the details of office

### AT THE MULTIPLEX

### Reviewlets

Opening this week: Onward (PG) Pixar presents a tale of elf-dudes who attempt to use magic to bring back their father for one day. Voices include Tom Holland, Chris Pratt and Julia Louis-Dreyfus. The Way Back (R) Ben Affleck stars in this movie about a man struggling with alcoholism and the adults. Bpersonal tragedy who is tasked with coaching an embattled high school basketball team.

\* Indicates a movie to seek out Find reviews for most films in past issues, which are available at holiday vacation when they're hippopress.com.

### Sonic the Hedgehog (PG)

James Marsden, voice of Ben Schwartz.

The super-fast blue hedgehog of video game fame gets a buddy movie (with a very game Marsden) featuring Jim Carrey doing his Carrev-est as the villain. Very kid-friendly, very easy on

### The Call of the Wild (PG) Harrison Ford, CGI dog.

something the week before a too addled to be taught, so here's Margot Robbie, Rosie Perez.

lined adaptation of The Call of Elizabeth Winstead, Ella Jay the Wild. Ford actually brings Basco and about 60 percent too Dean-Charles Chapman, George some needed depth and emotional resonance to the role of a lost movie is at its very best when This fairly straightforward World soul who befriends Buck, the Forrest Gump of dogs during the Yukon gold rush. The CGI dog is a thing you can mostly suspend disbelief to follow but occasionally is so out of sync with his surroundings that it takes you out of the story. C+

### Seventh-graders need to watch Birds of Prey (And the Fantabulous Emancipation of One Harley Ouinn) (R)

a perfectly acceptable stream- Also Jurnee Smollet-Bell, Mary

much of Ewan McGregor. This the women are brought together but it doesn't get around to this until the last half hour or so. C

### **Bad Boys for Life** (R)

Will Smith, Martin Lawrence, If what you want is Will Smith and Martin Lawrence in a Bad Boys movie, this movie delivers, exactly that and nothing more but, like, exactly the quips and car cases signed up for. B-

### \*1917 (R)

MacKay.

director Sam Mendes pretty solidly offers the illusion of being one continuous shot, a structure that helps to ramp up the tension of this movie that follows the attempt to deliver important orders from one spot on the front to another. This movie puts its head down and does its work and the result is excellent. A

### \*Parasite (R) Song Kang Ho, Cho Yeo Jeong.

Director and co-writer Bong Joon Ho crafts a kind of dark (but multi-Oscar-winning!) fairy tale about the oblivious wealthy War I battlefield movie from and the knife's edge existence of the people who work for them. What starts as a small resume lie — a friend recommends a buddy for tutoring job and the new tutor sells the recommendation with some forged university student identification — quickly becomes an elaborate con. The movie is full of strong performances (Song Kang Ho and Cho Yeo Jeong in particular) and smart comedy and isn't afraid to get dark. A

### **POP CULTURE FILMS**

work and corporate life so perfect you could almost watch the movie just for the kind of break room still-life effect. Even Jane's outfit seems built to fade into the bland office surroundings. Garner knows how to make Jane be just enough in the room for us to see her watching but not so much that she sticks out. She has the hunch and slight facial movements of a young woman trying not to cry at work down in a way that tells you everything you need to know about her and put yourself in her shoes.

And the movie lets you read what you're watching from the perspective of the various ages and career levels of everyone in the office. We can see Jane's point of view,

as the newcomer and a member of a younger generation more sensitive to gender and power dynamics. Then there are the assistants a few years older than her, guys who seem most determined to stay out of the focus of their boss's ire. The "adults," a decade or two older, seem more resigned — it is what it is so why ruin your career for it, they seem to suggest. The movie shows you this slice of life and allows you to consider for yourself what you just saw. A-

Rated R for some language, according to the MPA. Written and directed by Kitty Green, The Assistant is an hour and 27 minutes long and distributed by Bleeker Street.

## Buying

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### MOVIES OUTSIDE THE CINEPLEX

### **RED RIVER THEATRES**

11 S. Main St., Concord, 224-4600, redrivertheatres.org

- *Jojo Rabbit* (PG-13, 2019) Thurs., March 5, 8 p.m.
- Parasite (R, 2019) Thurs., March 5, 2 and 5:20 p.m.; Fri., March 6, through Sun., March 8, 12:40 and 5:20 p.m.; and Mon., March 9, Tues., March 10 and Thurs., March 12, 2 and 7:30 p.m.
- The Assistant (R, 2020) Thurs., March 5, 2:05, 5:30 and 7:30 p.m.; Fri., March 6, and Sat., March 7, 3:25 and 8:05 p.m.; Sun., March 8, 3:25 p.m.; and Mon., March 9, Tues., March 10, and Thurs., March 12, 5:30 p.m.
- Once Were Brothers (R, 2020) Thurs., March 5, 1:30 p.m.; Fri., March 6, and Sat., March 7, 2, 5:45 and 7:50 p.m.; Sun., March 8, 4 p.m.; Mon., March 9, 1:30 and 7:40 p.m.; and Tues., March 10, through Thurs., March 12, 1:30, 5:35 and 7:40 p.m.
- Fantastic Fungi (2019) Fri., March 6, and Sat., March 7, 12:20 and 4:05 p.m.; Sun., March 8, 6:05 p.m.; and Mon., March 9, through Thurs., March 12, 3:35
- *Emma* (PG, 2020) Fri., March 6, and Sat., March 7, 12:30, 3:05, 5:40 and 8:15 p.m.; Sun., March 8, 12:30, 3:05 and 5:40 p.m.; and Mon., March 9, through Thurs., March 12, 2, 5:25 and 8 p.m.

### WILTON TOWN HALL

40 Main St., Wilton, 654-3456, wiltontownhalltheatre.com

- 1917 (R, 2019) Thurs., March 5, 7:30 p.m.
- *Parasite* (R, 2019) Thurs., March 5, 7:30 p.m.
- *The Gentlemen* (R, 2019) Fri., March 6, through Thurs., March 12, 7:30 p.m., plus Sun., March 8, 2 and 4:30 p.m.
- The Assistant (R, 2020) Fri., March 6, through Thurs., March 12, 7:30 p.m., plus Sun., March 8, 2 and 4:30 p.m.
- White Witch Doctor (1953) Sat., March 7, 4:30 p.m.

## MANCHESTER CITY LIBRARY

Main Branch, 405 Pine St., Manchester, 624-6550; West Branch, 76 Main St., Manchester, 624-6560, manchester.lib.nh.us

- Loving Vincent: The Impossible Dream (PG-13, Kanopy Film Series) Tues., March 10, 1 p.m. (main)
- *Iron Will* (PG, 1994) Wed., March 11, 1 p.m. (main)
- Growing Up Smith (PG-13, Kanopy Film Series) Tues., March 17, 1 p.m. (main)

### NASHUA PUBLIC LIBRARY

- 2 Court St., Nashua, 589-4611, nashualibrary.org
- *Judy* (PG-13, 2019) Thurs., March 5, 1 p.m.
- *Joker* (R, 2019) Tues., March 10, 6:30 p.m., and Thurs., March 12, 1 p.m.
- *Abominable* (PG, 2019) Sat., March 14, 2 p.m.
- *Rocketman* (R, 2019) Tues., March 17, 1 p.m., and Thurs., March 19, 1 p.m.

### **CHUNKY'S CINEMA**

707 Huse Road, Manchester, 206-3888; 150 Bridge St., Pelham, 635-7499; 151 Coliseum Ave., Nashua, 880-8055, chunkys.com

- *Bee Movie* (PG, 2007) Wed., March 11, 11:30 a.m. and 12:30 p.m.
- *Goldfinger* (PG, 1964) Wed., March 11, noon
- Bring It On (PG-13, 2000, 21+ showing) Thurs., March 12, 8 p.m. (Manchester and Nashua only)

### CINEMAGIC

1226 Hooksett Road, Hooksett, 644-4629; 11 Executive Park Drive, Merrimack, 423-0240, cinemagicmovies.com

- *Shrek* (PG, 2001) Thurs., March 5, 8 p.m.
- *Tokyo Godfathers* (PG-13, 2003) Mon., March 9, 7 p.m.
- Captain Phillips (PG-13, 2013) Fri., March 13, 6:30 and 7:30

p.m. (Merrimack only)

• Der Fliegende Hollander (Metropolitan Opera) Sat., March 14, 12:55 p.m.

### THE MUSIC HALL

Historic Theater, 28 Chestnut St., Portsmouth; Loft, 131 Congress St., Portsmouth, 436-2400, themusichall.org

- Fantastic Fungi (2019) Thurs., March 5, 7 p.m. (loft)
- IL Cinema Ritrovato: Blow Up (1966) Fri., March 6, 7 p.m. (theater)
- *Agrippina (Handel)* (Metropolitan Opera) Sat., March 7, 1 p.m. (theater)
- IL Cinema Ritrovato: Roma (2018) Sat., March 7, 3 p.m. (loft)
- IL Cinema Ritrovato: La Dolce Vita (1960) Sat., March 7, 7 p.m. (theater)
- IL Cinema Ritrovato: Musidora, La Dixieme Muse (2013) Sun., March 8, 1 p.m. (theater)
- Nick Mason's Saucerful of Secrets Tues., March 10, 7 p.m. (theater)
- BANFF Centre Mountain Film Fest Wed., March 11, and Thurs., March 12, 7 p.m. (theater)

### **CINEMAGIC STADIUM 10**

2454 Lafayette Road, Portsmouth, 319-8788, cinemagic-movies.com

• Der Fliegende Hollander (Metropolitan Opera) Sat., March 14, 12:55 p.m., and Wed., March 18, 6:30 p.m.

### **3S ARTSPACE**

319 Vaughan St., Portsmouth, 766-3330, 3sarts.org

• Teenage Mutant Ninja Turtles (1990, PG) Sat., March 7, noon

### THE FLYING MONKEY

39 S. Main St., Plymouth, 536-2551, flyingmonkeynh.com

• WBCN and the American Revolution Thurs., March 5, 6:30 p.m.

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**SUNDAY** 

FUN

# THE ROUND UP Local music news & events

By Michael Witthaus mwitthaus@hippopress.com

- New folk: Haunting harmonies and deft musical interplay characterize Gentle Temper, the duo of Ryan Meier and Marion Earley. Their sound evokes Shovels & Rope with a Big Thief edge, spare and potent. Critics agree; they received a Boston Music Awards nomination for Best Folk Artist in 2019, after a Best New Act nod the year before. Their latest single is a call to empowerment, "Triple Dog Dare." Thursday, March 5, 6 p.m., Bookery, 844 Elm St., Manchester. See facebook.com/pg/gentletemper.
- Irish times: With a motto of "St. Patrick's Day, anyday," Rebels of the Sacred Heart play Irish music, new and old, from pub vocals to Celtic punk. Setlists feature Flogging Molly, The Dubliners, The Pogues and plenty of crowd singalongs. Needless to say, this is their busiest season, and they're right at home playing an Irish pub that will be packed to the O'Gils on March 17. See them Friday, March 6, 8 p.m., at Peddler's Daughter, 48 Main St., Nashua. See facebook.com/pg/USARebel1.
- Get yer ya-ya's: Rock out to classics at Get What You Want: A Tribute to the Rolling Stones, an evening featuring local favorites Rippin E Brakes, The Hats, Who Knows What Band and Odd Fellows Way cranking through "Start Me Up," "Satisfaction," "It's Only Rock & Roll" and other nuggets. It's the latest show presented by Granite State of Mind's Rob Azevedo. Saturday, March 7, 7:30 p.m., Rex Theatre, 23 Amherst St., Manchester. Tickets \$20 at palacetheatre.org.
- Celtic roots: Part of the Concerts & Cookies series, Steve Brittain and Bob DeMarco perform on Irish Fiddle and Scottish Small Pipes, a musical program including traditional songs along with stories, historical tales and insights into origins. Brittain and DeMarco have played Celtic music together for close to four decades in the Vermont band Wind That Shakes The Barley. Sunday, March 8, 2:30 p.m., Public Library, 3 Meetinghouse Road, Bedford. See bedfordnhlibrary.org.

## **NITE**

# **Dublin with a difference**

Irish neo-traditionalists Lankum play Concord

By Michael Witthaus mwitthaus@hippopress.com

As the most Irish of months commences, the Dublin quartet Lankum would seem a fitting choice to perform ahead of St. Patrick's Day. Geography can deceive, however, and theirs isn't typical fare. On the band's new album *The Livelong Day*, for example, they turn a traditional standard, "The Wild Rover," inside out, and expose a wrenching soulfulness unheard in more well-known and sunnier versions.

"The Young People" is dark and hypnotic, a brooding song that begins with a suicide, yet manages to cast a hopeful light. "Fly on your wings like an eagle," brothers Ian and Darragh Lynch sing in mournful harmony. "Fly like the heroes of old." The dirge grows more insistent, a pulse rising and finally exploding as the Lynches and band mates Cormac MacDiarmada and Radie Peat craft a stunning soundscape around the hymn-like lyrics.

"That's definitely a sound that we've become fond of," Ian Lynch said in a Skype interview from his home in Ireland. "It probably comes from our own internal musical landscapes and interests – and other genres of music. It's something that I would like to keep on developing ... and see where it takes us."

On the instrumental "Ode to Lullaby," traditional instruments being played are the only hint at the band's origins, on a track that suggests Brian Eno's 1970s ambient projects. Think Uilleann pipes and a concertina subbing for synthesizer — though Peat will play a mellotron or electric organ on occasion.

Ian Lynch admits that Stateside audiences have on occasion been caught off guard by Lankum's adventurousness, if only momentarily.

"As an Irish band, there will be people coming to see us who are expecting a very definite thing and type of music that we real-



Lankum. Courtesy photo.

ly don't play at all, but I have to say I was quite surprised about how open people were to it," he said, recalling a show last September at Chicago's Irish American Heritage Center.

"A lot of people came up after and said they were really surprised, and really enjoyed it; that was a positive experience. Some gigs we've played over there, we've had people walk out after two or three songs — that's fair enough as well. But in Chicago it seemed to work anyway."

The new album has generated a lot of buzz. Prior to their show in New Hampshire, Lankum is booked for a prestigious NPR Tiny Desk Concert in Washington, D.C. They've toured the U.S. multiple times, and back home, the group routinely sells out big halls.

Lankum began as a brothers duo, then became a foursome in 2012.

"We'd been playing music with Cormac and Radie in a very informal way ... sessions and stuff," Ian said, which led to the pair playing to an album they were making. "It worked so well, we said, why don't we just have a band?"

They called themselves Lynched for five years, then switched to the current name,

which comes from the villain of an old children's ballad.

"He does lots of terrible things," Ian said of the murderous Lankum. "But there are some versions of the song where you find out that he was actually the mason who built the castle for the Lord, but he wasn't paid for his work. So it has this motif of working-class revenge, kind of French Revolution style."

As might be expected, Ian's musical tastes are as eclectic as his band's sound.

"At the moment I'm listening to a lot of Dungeon Synth, which is low-fi synthesizer music based around 1980s *Dungeons & Dragons* type games that were on old 16-bit computers like the Commodore 64," he said. "I have a really big soft spot still for early '90s grunge ... Sonic Youth, early Soundgarden and a lot of unreleased Nirvana material. It kind of varies from week to week or day to day."

### Lankum

When: Saturday, March 7, 8 p.m.

Where: Bank of NH Stage, 16 South Main

.....

St., Concord

Tickets: \$20 at banknhstage.com





**ROCKANDROLLCROSSWORDS.**com BY TODD SANTOS

# AND IT PUZZLED ME TO MY SOUL

- 1. Angus Young 'TNT' band
- 5. Sing with maximum emotion, slang
- 9. "Her hair reminds me of a warm safe place where child I'd hide, (2,1)
- 12. To not make it
- 13. Hard partiers might damage these organs on tour
- 15. Van Morrison "Half a mile from the 20. Clarinet is a single-\_\_ instrument county fair and the rain came pourin' down" song (3,2,6,2)
- 17. Your band is considered this, on the bill 18. Breeders debut album about a pea
- 19. Jam band w/period at end inspired by The Three Stooges?

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- 22. Pink Floyd "I've got a little black book with my poems in" song (6,4)
- 28. Flower Jeff Buckley would pick w/wine
- 30. 'Listen To Your Love' band
- 31. Onyx hit about stage dive gone wrong? 32. Van Morrison "\_\_ \_ dream that I had
- 33. '99 Megadeth album they took a chance
- 35. Rapper/actor Mos

in the night" (4,1)

- 36. Toby Keith '\_\_\_ Bar' (1,4,4)
- 40. UK chillout pioneers
- 43. Marcos Hernandez ' Known' (2,2)
- 44. Carly Simon wears an apricot one around her neck, perhaps
- 48. RTZ/Boston's singer Brad
- 50. Billy that danced with himself
- 52. Grateful Dead '\_\_ Magnolia' 53. Van Morrison '\_\_ See A River' (5,4,1)

### 02/27

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- nal artist's moves
- 57. Van Morrison ' Me Through'
- 58. Popular UK mag (abbr)
- 60. Van Morrison '\_\_ To Go Where The
- 61. Krisiun album about the killing of a prominent person?
- 66. Passenger '12 smash (3,3,2)
- 67. Sting might tell a summoner one
- 68. J Geils 80s hit for the altar? (1,2)
- 69. 'Wolf Like Me' \_\_\_ The Radio (2,2)
- 70. Jerry Reed ' Moses'

### Down

- 1. '90 Tom Petty video '\_\_ The Crowd'
- 2. "C'est la vie" say the old folks, it goes to show you never "(3,3)
- 3. Deana Carter ' I Shave My Legs For This?'
- 4. Short piece of video
- 5. Bob Marley song about learned experience?
- 6. A carpenter or fire one might march to
- 7. Statler Bros "But who am \_\_\_ say?"
- 8. Canadian 'Steal My Sunshine' band
- 9. Elle King 'Ex's \_\_\_\_' (3,3) 10. Dan Fogelberg '\_\_\_ Lang Syne' (4,3)
- 11. Kind of post-show pint
- 14. 'The Golden Hum' band \_\_ Zero
- 16. Devo 'O'Luv'
- 17. Folky Guthrie
- 21. '03 Pete Yorn album '\_\_ \_ Forgot'
- 23. Your fav band never causes this

- 56. What tribute singer will do with origi- 24. Beyonce 'Single Ladies (Put A Ring (2,2)
  - 25. Butterfly Boucher 'Another White \_\_
  - 26. Legendary 'Happy Birthday, Twenty-One!' West
  - 27. 'Unbelievable' dance-rocking Brits
  - 29. West coast state Journey is from, for short
  - 34. Peter Criss band
  - 37. 'Scratch The Surface' punks Sick \_\_\_ All (2,2)
  - 38. Hives hit album 'Veni Vicious'
  - 39. Norwegian lowlife black metal band?
  - 40. Ravonettes sang an '\_\_ To L.A.'
  - 41. Vixen got on their motorcycle to ' It
  - 42. Elton John hit he felt born lucky with?
  - 45. David Lee Roth classic 'Just
  - 46. 'I Wanna Be Sedated' band
  - 47. Guitar neck feature
  - 49. Rush's 13th album for a magic show?
  - 51. Beatle John

'Hell

- 54. Montgomery Gentry will give you a
- 55. Tech N9NE ' Playa' (2,1)
- 59. Iconic 'The Wallflower' female soul singer James
- 61. R&B singer/Fresh Prince Of Bel Air star Tatyana
- 62. Type of list on stage
- 63. Eric Johnson song for Stevie Ray Vaughan
- 64. Aerosmith "Crazy, baby \_\_ crazy" (1,2)
- 65. Van Morrison "Here \_\_\_\_ standing in your sad arrest" (1,2) ©
- 2020 Todd Santos

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Chen Yang Li 520 South St. 228-8508

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126 Hall St. Unit B

219-0784

354 Sheep Davis Rd 225-7665

Penuche's Ale House 6 Pleasant St. 228-9833 Pit Road Lounge 388 Loudon Rd 226-0533

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366-4341 The Big House 322 Lakeside Ave. 767-2226 Patio Garden Lakeside Ave. No Phone Pitman's Freight Room 94 New Salem St. 527-0043

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Ashland Common Man: Jim McHugh & Steve McBrian (Open)

Auburn Pitts: Open Jam w/ Jay Frigoletto

Concord Cheers: Dwayne Haggins Hermanos: Brian Booth

Night w/Tom Boisse

Auburn

Dover 603 Bar & Lounge: DJ Pez Cara: Open Bluegrass w/ Steve East Hampstead Pasta Loft: Barry Brearley

**Exeter** Sea Dog Brewing: Amanda

McCarthy Station 19: Thursday Night Live

Schuster's: Dan The Muzik Man

Hampton CR's: Ross McGinnes North Beach Bar & Grill: Mike Lineau & Friends

Hillsborough Dover Brickhouse: Acoustic Turismo: Line Dancing Laconia

405 Pub: Eric Grant

Londonderry Coach Stop: Sean Coleman

O'Shea's Caife & Tae: Nutfield Sessions Acoustic Open

Stumble Inn: Rob & Jody

Loudon

Hungry Buffalo: Jennifer Mitchell

Manchester Bookery: Gentle Temper

British Beer: Rebecca Turmel Central Ale House: Jonny Friday

Club Manchvegas: College Night Milford w/ DJ Dadum Fratello's: Jazz Night Penuche's Music Hall: Josh Teed Album Release Party Shaskeen: Jake McKelvie, New Neighbors, Ham the Band, Odd Fellows Way

Strange Brew: Seldom Playrights Whiskey's 20: DJs Shawn White/ Ryan Nichols/Mike Mazz Yankee Lanes: DJ Dave

Meredith Giuseppe's: Tim Theriault

Merrimack Homestead: Justin Jordan

Zinger's: The Katie Henry Band

222-1677

Nashua

CodeX: Piano Phil DeVille Country Tavern: Jeff Mrozek Fody's: Girls Night Out Fratello's: Tom Rousseau

Newmarket

Stone Church: Irish Music w/ Jordan Tirrell-Wysocki & Jim Prendergast

Peterborough

Harlow's: Bluegrass Night w/ John Meehan La Mia Casa: Soul Repair

**Portsmouth** 

Beara Irish Brewing: Weekly Irish Music Clipper Tavern: Dan Walker Dolphin Striker: Erin's Guild Portsmouth Book & Bar: River Sister

Press Room: DJ Logic The Goat: Dave Perlman

Rochester

Lilac City Grille: Pete Peterson Revolution Taproom: Poor Howard & The Bullfrog

Salem

Michael's Flatbread: Darlene Bosell

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Margaritas 1 Nashua Dr. 883-0996

Old Rail Pizza: Tom Boisse

Auburn Pitts: Breathe 14

Somersworth

Auburn

Belmont

Boscawen

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**Northwood** 

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32 Main Street

924-6262

**Pittsfield** 

436-0005

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974-1686

Crow's Nest 181 Plaistow Rd

379-9161

379-2317

Umami

942-6427

43 Lafavette Rd

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3 School St. 924-6365

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Main Street Grill & Bar

Concord

B. Snair

**Derry** 

Dover

Cara: Joel Cage

Area 23: Rev Todd

Makris: Classic Invasion Band

True Brew: RosesFromRuins &

Coffee Factory: Dave LaCroix Fody's Derry: Heart Beat City

603: DJ Music / Frisky Friday

Dover Brickhouse: A Night of

Tandy's: DJ Iceman Streetz

White Birch Brewing

578-5557

402-4444

**Portsmouth** 3S Artspace 319 Vaughan St. 766-3330 **Beara Irish Brewing** 2800 Lafayette Road 342-3272 British Beer Co. 103 Hanover St. at Portwalk Place 501-0515 Cafe Nostimo 72 Mirona Road 436-3100 Cisco Brewers

Grumpy's

974-2406

20 Plaistow Road

460 Amherst St. 1 Redhook Way 430-8600 Clipper Tavern 75 Pleasant St. 501-0109 **New Boston** Molly's Tavern **Dolphin Striker** 15 Bow St. 431-5222 35 Mont Vernon Rd **Earth Eagle Brewings** 

487-2011 165 High S. 502-2244 **New London** Grill 28 Flying Goose 200 Grafton Road (Pease Golf Course) 40 Andover Road 526-6899 433-1331

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Radloff's 38 North Main St. 948-1073 ReFresh Lounge 45 North Main St. 402-4136 **Revolution Tap Room** 61 N Main St. 244-3022 Smokey's Tavern 11 Farmington Rd 330-3100 Salem

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Weare **Stark House Tavern** 487 S. Stark Highway 529-0901

Wilton Local's Café 65 Main St. 782-7819

Windham

Common Man 88 Range Road 898-0088 Old School Bar & Grill 49 Range Road 458-6051

Flight Coffee: Open Sessions Fury's: Philadelphia Freedom Thompson's: Brad Bosse

**Exeter** 

Sea Dog Brewing: Qwill

Patrick's: Matt Langley & Guest Schuster's: Dan The Muzik Man

Village Trestle: Rose Kula



















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Bridgewater Inn: Shameless

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330-1964

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Popovers: Hugh McQueen

Goffstown







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10 Garvins Falls Road, Concord NH 03301 603-224-7787 | HealthClubofConcord.com membershipinfo@healthclubofconcord.com

### **NITE MUSIC THIS WEEK**

### Hampton

CR's: Steve Sibulkin

Logan's Run: R&R Musical Duo the Sacred Heart North Beach Bar & Grill: Nicole Stella Blu: Grace Rapetti

Knox Murphy

Wally's Pub: Bananagun

### Henniker

Country Spirit: Walker Smith Sled Pub: Mike Gallant

### Hillsborough

Mama McDonough's: Matt the Sax

### Hudson

Backstreet Bar: Crave The Bar: Mitch Pelkey

### Kingston

Saddle Up Saloon: Radio Star

### Laconia

Fratello's: Paul Warnick Granite State Music Hall: Dance Portsmouth Book & Bar: Carlin Night w/Underground & DJ Kadence

Pitman's: Comedian Tony V

### Londonderry

Coach Stop: Chris Gardner Stumble Inn: The Rock Blocks

### Manchester

Bonfire: Maddi Rvan British Beer: Austin McCarthy Derryfield: The Slakas Fratello's: Rick Watson Gaucho's: Diversity Duo

Jewel: Martial Law, Hallowell, Branch Davidian, Sophisticated Adult & When the Dead Won't Die ReFresh: Open Jam Penuche's: Alligator Wine

Shaskeen: Sirsy Strange Brew: Lights Out

Whiskey's 20: DJs Jason Spivak Chop Shop: American Ride & Sammy Smoove

### Meredith

Giuseppe's: Michael Bourgeois

### Merrimack

Homestead: Mark Lapointe Jade Dragon: DJ John Paul

### Milford

Rivermill: From The Earth Tiebreakers: Steve Tolley

### Moultonborough

Buckey's: French's Karaoke Showtime

### Nashua

CodeX: Piano Phil DeVille Country Tavern: Mark Huzar Fody's: One Fine Mess

### Fratello's: Brad Bosse

Peddler's Daughter: Rebels of Tandy's: DJ Iceman Streetz

### **New Boston**

Molly's Tavern: Jim Nicotera

### Newmarket

Stone Church: James Montgomery

### Northwood

Umami: Jared Garneau w/Chris O'Neill

### **Pittsfield**

Main Street Grill: Maven Jamz

### **Portsmouth**

Cisco Brewers: Salty Sweet Clipper Tavern: Mica Sev Project Sea Dog Brewing: Joel Cage Earth Eagle: Eric Fernald Grill 28: Alan Roux

Tripp

Portsmouth Gaslight: Sean McCarthy

Press Room: New Fame w/Bensbeendead/Jacobsen + Lonesome Lunch w/Dave Talmage Ri Ra: Sweep The Leg

Rudi's: Duke The Goat: Ellis Falls Thirsty Moose: Mattson

### Rochester

Governors Inn: Saturday Night Hillsborough Cleaver at the Hard Roch Cafe Magrilla's: Pete Peterson Radloff's: Unfinished Blues Band Revolution: Amanda McCarthy

### Seabrook

### Warner

The Local: April Cushman

### Saturday, March 7

### Ashland

Common Man: Don Bartenstein

### Bow

Chen Yang Li: Brien Sweet

Bad Lab Beer: The Honey Bees Purple Pit: Impulse 3

### Concord

Area 23: Catfish Howl Jam/Sonic Avionics/Brian Hermanos: Second Wind

Penuche's Ale House: Andrew North & The Rangers

Fody's Derry: High Road

Pit Road: Let Us Not Forget

603: DJ Music / Sexy Saturday

Chapel + Main: Rick Rude/John Andrews & The Yawns

Dover Brickhouse: Red Sky Mary/Victim of Circumstance Flight Coffee: Sneaky Miles - The

Indie Sessions Furv's: People Like You

### **Epping**

Holy Grail: Barry Brearley

### Exeter

Patrick's: Tim Theriault Schuster's: Dan The Muzik Man

### Goffstown

Village Trestle: Stray Dog

### Hampton

The Goat: Emily Rae Wally's Pub: The Pop Disaster

### Henniker

Sled Pub: David Chaisson

Roasted Root Café: Colin Isotti

### Hudson

The Bar: Granite Street Rhythm

### Kingston

Saddle Up: Jeffrey Allen Shaw

Broken Spoke: Talkin' Smack Granite State Music Hall: Girls Night Out Show

Pitman's Freight Room: James Montgomery & Friends

Tower Hill Tavern: Victim of Cir-

cumstance

### Londonderry

Coach Stop: Chris Cavanaugh Stumble Inn: Almost Famous

### Loudon

Hungry Buffalo: Flinch

### Manchester

Bonfire: The Hip Movers Central Ale House: Hackers Club ManchVegas: Best Not Broken Derryfield: Chad Lamarsh Band

### COMEDY THIS WEEK AND BEYOND

### Wed., March 4 Manchester

Shaskeen: 7 Years Of Shaskeen Comedy: Myq Kaplan

### Thurs., March 5 Hampton Beach

Old Salt: Paul D'Angelo

Manchester

Mic - Ben Davis & Tom Doubletree: Rob Steen/ Spohn host

### Friday, March 6

### Pitman's: Tony V

Manchester

Bookery: Cris Mach-Strange Brew: Open Martin

### Kristen Blinn/Will Noonan Millyard: Comedy Tour Rochester

### Curlie's Comedy Club: John Poveromo

### Saturday, March 7 **Bristol**

ado/Shawn Jackson/ Kathleen's: Zach Rus-Mame Ford

### Rochester

Nashua

Curlie's: Jay Birthday Bash

Grove

### Tues., March 10 Manchester

Cheddar & Rye: Zac Kindra Lansburg/Peter sell/Sean Duffy/Emily Silverman hosts High Noon Open Mic

HIPPO I MARCH 5 - 11, 2020 I PAGE 44



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# MARCH 11

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them Sunday, March 8, 6:30 p.m., at the Flying Monkey (39 S. Main St., Plymouth). Tickets \$39 and up at flyingmonkeynh.com.

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Fratello's: Paul Luff Jewel: Not Fade Away Band/Sans Souci JGB

Jupiter Hall: Ralph Baer Murphy's: The Complaints Penuche's: McCarthy: The Band Salona: Sundogs

Shaskeen: Take 4 Strange Brew: Pistol Pete and the Raymond Smoking Guns

To Share Brewing: Nick Ferrero & Miketon Graton Whiskey's 20: DJ Hizzy/Shawn

### Meredith

White

Giuseppe's: David Lockwood

### Merrimack

Big Kahuna's Cafe: Living It Up Homestead: Paul Gormley Jade Dragon: DJ Laura Pasta Loft: Fatha Groove

### Nashua

CodeX: Piano Phil DeVille Country Tavern: Johnnie James Fody's: The Humans Being Fratello's: Steve Tolley Liquid Therapy: Matt Runciman Peddler's Daughter: Mockingbirds R'evolution: Savage Night w/ Jay Samurai Stella Blu: Wooden Soul

### Newmarket

Stone Church: Wheel of Awesome

### Northwood

Umami: Island Mike

### **Pittsfield**

Main Street Grill: Mikey G

### **Portsmouth**

Cafe Nostimo: Freddy Dame Jr. Cisco Brewers: Salty Sweet Clipper Tavern: Michael Troy Portsmouth Book & Bar: Dave Richardson Portsmouth Gaslight:

Lapointe/Malcolm Salls Press Room: Kenny Brothers/ The Goat: Nick Drouin

Cold Engines Ri Ra: DJ

Rudi's: Craig Fahey The Goat: Jonny Friday The Statey: Rock Daddy Thirsty Moose: Mike Duane & Soul Jacker

Cork n Keg: Nicole Knox Murphy

Lilac City Grille: Bad Penny Revolution: Chad Verbeck/Wood Wind & Whiskey

### Seabrook

Chop Shop: Blackheast/Sunday Ave

### Wilton

Local's Café: Bees Deluxe Wolfeboro

Wolfeboro Inn: Jester Jigs

### Sunday, March 8

### Bedford

Copper Door: Phil Jacques/Pete Peterson

### **Bristol**

Bad Lab Beer: Anna Mae

### Concord

Area 23: Dance Party w/Anjo & Diamond Special

Hermanos: State Street Combo Penuche's: Open w/ Steve Naylor Tandy's: Open w/ Mikey G

Cara: Irish Session, Frank Landford Sonny's: Sonny's Jazz

Schuster's: Dan The Muzik Man

### Goffstown

Village Trestle: Wan-tu Blues Band & Jam

### Mark Hampton

CR's: Don Severance

### Hudson

River's Pub: Acoustic Jam

### Manchester

British Beer: LU

Shaskeen: Rap night: New Fame

& E-Turn

Strange Brew: Jam To Share Brewing: Reggae Sun-

### day w/ Rasone Meredith

Giuseppe's: Open Stage with Lou Porrazzo

La Medina: Derek Russell Fimbel

### Newmarket

Stone Church: Dave Ogden Open/ Sunday Afternoon Unplugged

### **North Hampton**

Barley House: Great Bay Sailor

### Northwood

Umami: Bluegrass Brunch w/ Cecil Abels

### **Portsmouth**

Press Room: Anglo-Celtic traditional folk/roots session + SNJ Sunday Brunch Edition ft. The Professors of Jazz/Control Top w/ Weeping Icon

Ri Ra: Irish Sessions

Rudi's: Jazz Brunch w/Jim Dozet The Goat: Rob Pagnano

### Rochester

Lilac City Grille: Brunch Music Salem

Copper Door: Steve Aubert/J To Z

### Monday, March 9 Concord

Hermanos: State Street Combo

### Hampton The Goat: Shawn Theriault

### Manchester

Central Ale: Jonny Friday Duo

## GET THE CROWDS AT YOUR GIG

Want to get your show listed in the Music This Week? Let us know all about your upcoming show, comedy show, open mike night or multi-band event by sending all the information to music@hippopress.com. Send information by 9 a.m. on Friday to have the event considered for the next Thursday's paper.

### **NITE MUSIC THIS WEEK**

Fratello's: Rob Wolfe or Phil Jacques Salona: Ironic

### Meredith

Giuseppe's: Lou Porrazzo

### Merrimack

Able Ebenezer: Ale Room Music Homestead: Doug Thompson

### Nashua

Fratello's: Clint Lapointe

### **Portsmouth**

Dolphin Striker: Old School Ri Ra: Oran Mor

### Tuesday, March 10

### Concord

Hermanos: Tim Hazelton Tandy's: Open w/ Mikey G

Tim Theriault and Fury's: Friends

Sonny's: Soggy Po' Boys

### Gilford

Patrick's: Paul Luff

### Manchester

Fratello's: Amanda McCarthy Shaskeen: Brett Wilson Strange Brew: Brad Bosse Whiskey's 20: Sammy Smoove & DJ Gera

Giuseppe's: Michael Bourgeois

### Merrimack

Homestead: Justin Cohn

### Nashua

Fratello's: Austin McCarthy

### Newmarket

Stone Church: Stone Country w/ Jim P & Friends

### **North Hampton**

Barley House: Irish Session

### Peterborough

Harlow's: Celtic Music Jam

### **Portsmouth**

Clipper Tavern: Tequila Jim Dolphin Striker: Pete Peterson Press Room: Hoot Night w/Jerry Tillett + Larry Garland Jazz Jam w/River City Jazz

The Goat: Isaiah Bennett

### Wednesday, March 11

### Candia

Town Cabin Pub: Nicole Knox Murphy

### Concord

Hermanos: Nihco Gallo Tandy's: Tandy's Idol 14

603: Rock the Mic w/ DJ Coach

### Gilford

Patrick's: Cody James

### Londonderry

Coach Stop: Tom Rousseau Magician (Tableside Magic)

### Manchester

Fratello's: Justin Jordan

### Meredith

Giuseppe's: Paul Warnick

Fratello's: Phil Jacques

### **Portsmouth**

Clipper Tavern: Brian Munger Ri Ra: Erin's Guild The Goat: Bailey Harris

### Rochester

Jeff Hayford

### **Dublin**

DelRossi's Trattoria: Celtic and Old Timey Jam Session

### Hillsborough

Turismo: Jerry Paquette & the Runaway Bluesmen

Harold Square: Houdana the

Strange Brew: Open Extravaganza

Merrimack

Homestead: Chris Gardner

### Nashua

Press Room: Unsung Heroes

Lilac City Grille: Tim Theriault - Ladies Night

Revolution: Hump Day Blues w/

**Bank of NH Stage** 

16 Main St., Concord, 225-1111 **Capitol Center for the Arts** 

**NITE CONCERTS** 

44 S. Main St., Concord

225-1111, ccanh.com

The Colonial Theatre 95 Main St., Keene

352-2033, the colonial.org

p.m. Music Hall

p.m. Palace Theatre

p.m. Music Hall Loft

p.m. Bank of NH Stage

Flying Monkey

ter Opera House

p.m. Flying Monkey

p.m. Tupelo

Tupelo

8 p.m. Bank of NH Stage

Tusk: Ultimate Fleetwood Mac

**Tribute** Thursday, March 5, 7:30

Soggy Po' Boys Friday, March 6,

Nellie McKay Friday, March 6, 8

Los Lobos Friday, March 6, 8

Entrain Friday, March 6, 8 p.m.

Lankum Saturday, March 7, 8

Mike Girard's Big Swinging

Thing Saturday, March 7, 8 p.m.

Kashmir (Led Zeppelin Tribute)

Saturday, March 7, 8 p.m. Roches-

Josh Kelley Saturday, March 7, 8

High Kings Sunday, March 8, 8

p.m. Rochester Opera House

The Flying Monkey 39 S. Main St., Plymouth 536-2551, flyingmonkeynh.com

### 316 Central St., Franklin 934-1901, franklinoperahouse.org

Hampton Beach Ballroom Casino 169 Ocean Blvd, Hampton

Franklin Opera House

929-4100, casinoballroom.com The Music Hall

28 Chestnut St., Portsmouth 436-2400, themusichall.org

The Music Hall Loft

131 Congress St., Portsmouth 436-2400, themusichall.org

Chris Botti Thursday, March 5, 8 Dweezil Zappa Tuesday, March Monkey

12, 8 p.m. Bank of NH Stage

March 12, 7:30 p.m. Palace

SixFoxWhiskey/Trichomes/

p.m. Bank of NH Stage

13. 8 p.m. Flying Monkey PMAC Jazz Night (also 3/14) Fri-

March 13, 8 p.m. Rochester Opera House

of NH Stage

Glen Phillips & Chris Barron Saturday, March 14, 8 p.m. Flying

### Palace Theatre

80 Hanover St., Manchester

**SNHU Arena** 

Pinkerton Academy, Rte 28, Derry 437-5210, stockbridgetheatre.com

10, 8 p.m. Tupelo Carbon Leaf Thursday, March

Blood, Sweat & Tears Thursday, March 12, 8 p.m. Flying Monkey Hollywood Nights Thursday,

Glengharry Boys Thursday, March 12, 8 p.m. Tupelo

Swimmer Friday, March 13, 8 Pink Talking Fish Friday, March

day, March 13, 8 p.m. Music Hall Spirit of Johnny Cash Friday, 8 p.m. Flying Monkey

Jordan Tirrell-Wysocki Trio Saturday, March 14, 8 p.m. Bank

668-5588, palacetheatre.org

555 Elm St., Manchester 644-5000, snhuarena.com

Stockbridge Theatre

10 A St., Derry

Tupelo Music Hall

437-5100, tupelomusichall.com

Into The Mystic (Van Morrison Tribute) Saturday, March 14, 8 p.m. Tupelo

Musical Box (Genesis Tribute) Thursday, March 19, 8 p.m. Tupelo Root Shock Friday, March 20, 8 p.m. Bank of NH Stage

Tapestry - Carole King Songbook Friday, March 20, 8 p.m. Flying Monkey

Damn The Torpedoes (Tom Petty Tribute) Friday, March 20, 8 p.m. Tupelo Blackout Summers/Secret Spirit

Saturday, March 21, 8 p.m. Bank of NH Stage Judy Collins Saturday, March 21,

Dirty Knobs w/ Mike Campbell Saturday, March 21, 8 p.m. Tupelo John Whelan (Irish Trad Music) Sunday, March 22, 4 p.m. Rex Theater





WEDNESDAY IS

# NTERTAINMENT **THIS WEEK**



FRIDAY THE 6TH **THE SLAKAS** 

SATURDAY THE 7TH **CHAD LAMARSH BAND** 

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18

69

# "Is It Or Isn't It?" — I didn't, but you did

1 Buster?

5 Bad mark

53

11 Actor Cage, in tabloids

14 "Remote Control" host Ken

15 "Now I remember!" preceder

16 "Another Day on Earth" artist Brian

17 Dish list

18 Winter wear with check stubs in 23 Furry neckwear the pockets?

20 "Hamilton" Tony winner Leslie

67

70

21 Q-V connection

22 Top of the line

26 Fort \_\_\_\_ National Monument

28 Lacking, like a bad luau? 34 Brit, award since 1886

35 Poet-political activist Jones

36 Zodiac sign boundaries

39 Diamond alternative

41 Kipling's "Rikki-\_\_ -Tavi"

43 "Right away!"

44 Kayak's kin

46 "I've got my \_\_\_ you"

48 Drink machine output

49 Feathery cattle comforter? 52 Sleeping-sickness vector

54 Brewpub stuff

### 02/27

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55 About, formally speaking

56 Candidate's proposal

60 Tug

64 Distill happiness and box it up?

67 Team on a farm

68 Zapp Brannigan's assistant, on

"Futurama"

69 Consideration

70 Get up

71 Utah's capital, for short

72 Props for some movie fights

73 Punta del

### **Down**

1 1995 N.L. Rookie of the Year Hideo

2 Troy's friend on "Community"

3 It's near Carson City 4 Debris in a toaster

5 ASPCA part

6 "\_\_\_: Ragnarok" (2017 Marvel

7 "\_\_\_ gonna say that!"

8 WTO precursor

9 Apply incorrectly

10 Get from \_\_\_ B

family-friendly Like organizations?

12 Senseless

13 More bashful

19 Renowned

24 Fryolator stuff

25 Work without

27 Bars below ISBN numbers

28 1700. to Caesar

29 Actress Fisher

30 Official name of Seattle's MLS team

31 "Good!" (Charlie Brown

phrase) 32 2020 Olympics city

33 One who may leave a trail

37 Spanish guitarist De Lucia

38 Crockpot dish

40 Baby's knitted shoe

42 Tiniest bit

45 Disgusted remarks

47 Org. with Sharks and Predators

50 Sibling's son

51 Dreary Milne character

52 Clock sounds

53 Slow-moving creature

57 "\_\_\_ Masters" (2020 Fox reality show)

58 Just open

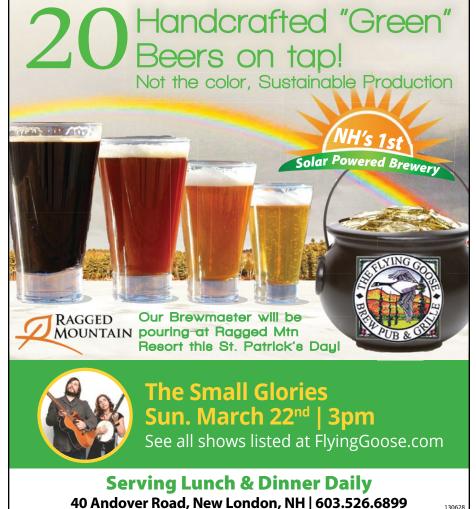
59 "L'Etoile du \_\_\_\_" (Minnesota motto)

61 Pivotal point 62 Bird's \_ soup (running joke in former HQ Trivia chats)

63 On bended

65 RadioShack's -80 computer

66 RB's gains © 2020 Matt Jones





All quotes are from Surpassing Certainty: What My Twenties Taught Me, by Janet Mock, born March 10, 1983.

Pisces (Feb. 19 - March 20) That was the start of my natural-hair journey. Hair is political and personal. The way we wear our hair is a statement we make about ourselves. I'm not one of those people who have deep opinions about how other women style their hair, because it's their hair. Sometimes the statement is 'I have other things to do right now.'

Aries (March 21 – April 19) No one in my family had left Hawaii or gone to college or achieved as much as I had, but they were proud of me. ... My journey was not an escape from them in order to find myself. I was leaving the nest — finally — to discover more of myself. There's more to discover.

**Taurus (April 20 – May 20)** ... *though I* could be on my own, I was not alone. I had people, people who may not have had much, but still pulled through to show up for me when I didn't even know I needed them. This see disclosure not so much as an obligation week's soundtrack is brought to you by Barbra Streisand and friends.

Gemini (May 21 – June 20) My commute felt like it belonged to a woman with children my age. It's not the job, it's the commute.

Cancer (June 21 – July 22) ... I knew there was more than this, more than the pile of work that never seemed to reduce, more than the commutes and the silence at home. Your "more" is calling.

Leo (July 23 – Aug. 22) The glow of my promotion faded when I realized that I had missed another opportunity to negotiate a higher salary for myself. Oh, snap.

Virgo (Aug. 23 – Sept. 22) ... I believed wholeheartedly and was deeply invested in my fashion editor dreams, further encour-

aged by Vanessa Williams's star turn as Wilhelmina Slater, the Botoxed editor in chief everyone loved to hate on Ugly Betty. You have your choice of role models.

Libra (Sept. 23 - Oct. 22) I was about to enter my sophomore year. I hadn't yet declared a major but was intent on studying law because of my pedantic nature and my obsession with Ally McBeal. You might as well pursue what interests you.

Scorpio (Oct. 23 - Nov. 21) AOL Instant Messenger (AIM) became our base of communications.... We gathered in group chats, gossiped, planned what we were wearing, relayed grievances and giddiness, and coordinated our daily schedules. Nothing was more important to me than my AIM status, which I changed at least three times a day — sometimes using quotes, other times stating my location and shouting out friends I was having a ball with. Your status is not the most important thing.

Sagittarius (Nov. 22 - Dec. 21) I began to but as a gift. My story was mine, and I felt a person had to earn the privilege of hearing it. You might enjoy one of the upcoming storytelling festivals in the area.

Capricorn (Dec. 22 - Jan. 19) My knowledge of music was limited to whatever my father had on his cassette player in the early '90s or the countdown on MTV's Total Request Live, which dominated my teen years in the early '00s. Your knowledge of music may be about to expand.

Aquarius (Jan. 20 - Feb. 18) But you can't escape your truth. It follows you. No matter how far you travel, how good you feel with it at a distance, it lingers and sticks to you. Remember to shower after you work out.

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Con	cept	s S	udok	Ü		В	y Dave	e Green
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Fill in the grid so that

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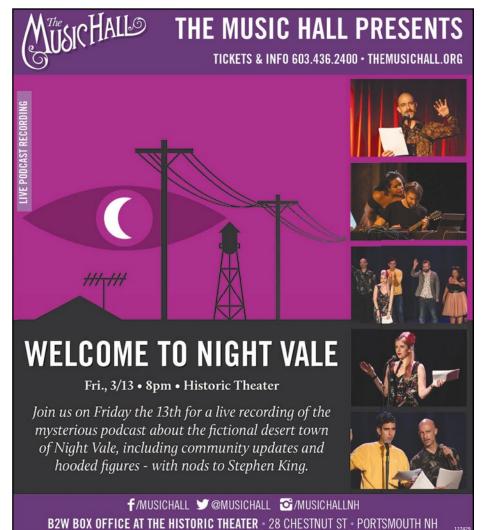
5/9 - MEDIUM LAUREN RAINBOW

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### **NEWS OF THE WEIRD** BY ANDREWS MCMEEL SYNDICATION

### The continuing crisis

A rider on the New York City subway employed a novel way of protecting his personal space on Feb. 7, Fox News reported. The seated passenger removed a bottle of ketchup from his bag and squirted a squiggly perimeter on the floor around his seat, apparently hoping to keep fellow straphangers away. Twitter erupted with funny comments after one user posted a photo: "Gotta protect yourself from the mustard demons they can't cross the barrier" and "What brand of ketchup though?" New York City Transit got a taste of the problem and promised to clean it up right away.

### The litigious society

Lacie the Norwegian Forest cat is at the center of a heated two-year dispute in Brewerton, New York, that has now gone to state Supreme Court. Original owner Carol Money accuses adoptive owner Danette Romano of refusing to let Lacie sleep in bed with her, a key provision that Money says was in the adoption agreement both parties signed in April 2018. Syracuse.com reported that according to the lawsuit, Money regularly visited Lacie in her new home after the adoption and found the cat to be skittish and fearful, and became very upset after Romano's husband allegedly admitted, "We don't let Lacie sleep with us." By Dec. 20, tensions had increased to the point that Romano complained to the Onondaga County Sheriff's office and had her lawyer send Money a letter ordering her to stop contacting Romano. Money's lawsuit accuses Romano of breach of contract and lying about her intention to let Lacie sleep in her bed, and demands the return of the cat.

### Unclear on the concept

In a report published on Feb. 18, the South Florida Sun Sentinel reveals school districts struggling to comply with the state's requirement that every school have "a good guy with a gun" are challenged to find enough qualified applicants. Among recent hiccups: Near Orlando, a safe-school officer sent her husband a nude video she recorded in a school bathroom while on her lunch break. In Hillsborough County, a school guardian thought her gun was unloaded when she shot through a mirror as she practiced in front of it for her firearms certification. Another officer pawned his service weapon and ballistic vest; his supervisor discovered he was carrying a pellet gun in his holster. Bob Gualtieri, sheriff in Pinellas County, remarked: "The reality is there is no perfect in the world."

### Clever

Vincent Putrino, captain of the cross-country/track and field team at Rensselaer Polytechnic Institute in Troy, New York, and his teammates, craved Chickfil-A for lunch on Feb. 22, but the only

location closer than an hour and a half away was at the Albany International Airport — beyond the security checkpoint. So, reported News10, the 18 teammates pooled their money (about \$5.50 each), bought a one-way ticket to Fort Lauderdale, Florida (\$98, the cheapest they could find), and sent Putrino in to collect the bounty. Putrino purchased \$227 worth of food, then left the airport and joined his teammates for their midday meal.

### Old story, new twist

An Oklahoma City homeowner hearing noises in his attic suspected squirrels might have gotten in, but when he went to inspect, he found instead ... a man, lying on a mattress. KOCO News reported on Feb. 28 the unnamed homeowner called 911 and reported a "stranger in my house. ... I have a gun on him right now." Police responding to the call told reporters "there was actually somebody that appeared to have taken up residence in [the] attic," and the home has a staircase "that goes up the side of the house with attic access." The homeowner escorted the squatter at gunpoint to the driveway, where officers were waiting.

### Oops!

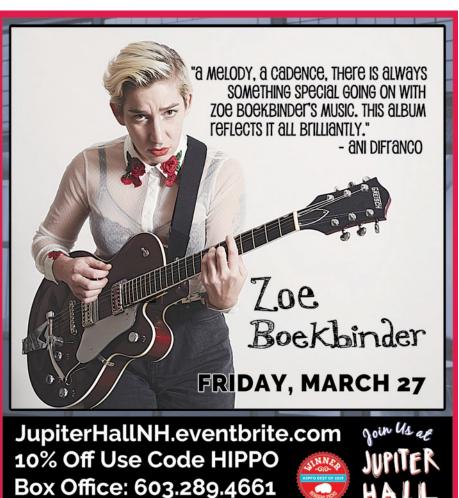
Dylan Bryant found more adventure than he expected on Feb. 23 as he explored a bayou in southwest Houston. Bryant told KTRK his exploration took him about 100 yards down a sewer line before he became trapped. "I can't go back because of how I had to scooch through," Bryant said. "I'm in the middle of raw, open sewage in this little bitty box." From under the street, Bryant yelled for help and a man heard him, then asked a passerby to call 911. Firefighters arrived and pulled Bryant out of his smelly predicament.

### It's a mystery

The Smith family of Lockport, Illinois, has a perplexing extra feature in their house that has occasionally kept the family up at night for about six years: "There are voices in the wall, and I don't know what it is," 9-yearold Brianna Smith told WLS. Music and talk radio emanate from the walls in Brianna's room in the middle of the night, but the family can't figure out why. There are no speakers in the walls, Brianna's father, Richard, said, and attempts by police to uncover the source were unsuccessful. The Federal Communications Commission couldn't help either. Richard Smith believes something in the wall is receiving a signal from one of the six radio towers near the home, but an engineer sent to the home from one of the stations told him: "I got to be honest with you, I don't know what is acting as a speaker." The Smiths have been advised to hire an engineer to pinpoint the signal and block it, but in the meantime. Brianna falls asleep in her parents' room.

Visit newsoftheweird.com.





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# Tupelo MUSIC HALL



**ENTRAIN**Friday, March 6



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VAN MORRISON TRIBUTE
Saturday, March 14



JOSH KELLEY
Saturday, March 7



DAVE MASON Sunday, March 15



**DWEEZIL ZAPPA Tuesday, March 10** 



THE MUSICAL BOX
A GENESIS EXTRAVAGANZA
Thursday, March 19



GLENGARRY BHOYS
Thursday, March 12



DAMN THE TORPEDOES

TOM PETTY TRIBUTE

Friday, March 20



Paul Nardizzi, Ryan Gartley, & Steve Halligan Friday, March 13



THE DIRTY KNOBS
WITH MIKE CAMPBELL
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