

# the Hippo

APRIL 23 - 29, 2020

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A WAY P. 20

ROCK &  
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## Standing proud again



On Feb. 3, the nation watched as the Iowa presidential caucuses began to fall apart. Here in New Hampshire our attention was even keener as it became obvious we had

the opportunity to show how a primary should be run. The decades-old New Hampshire pride in its primary suddenly took on even greater importance. "We stood proud before; we'll stand proud again" was the mantra.

Now New Hampshire has a second opportunity to stand proudly, this time in the wake of the Wisconsin election earlier this month. Despite requests from voters, poll workers, public health officials and even the governor and Democratic legislators, Wisconsin's state-wide Republican leadership insisted that the in-person election be held, even in the middle of a national pandemic. For so many voters, this forced a choice between risking their health and losing their franchise. The results were poignantly captured in photographs of huge, long lines of folks braving adverse weather and trying to maintain social distancing.

Our state now has a fresh chance to show what can be done to hold a safe and secure election — in September and in November — while ensuring that no one who is eligible and wishes to vote will be denied. A first step has been taken with the amplification of the "physical disability" reason for applying for an absentee ballot. In the context of a national health care emergency, any eligible voter will be able to request an absentee ballot for health risk reasons. But there are other steps that need to follow.

Election precincts across the state are not set up to process large numbers of absentee ballots. If the typical ratio of 90 percent in-person voting and 10 percent absentee voting were reversed, the impact would be enormous. Time, however, is on our side. Between now and the September election, and with additional federal assistance, our state can prepare for such a shift. The steps are clear: Facilitate the process by which a voter can register. At the appropriate time, mail out to all registered voters a ballot and postage-paid return envelope, bar-coded to ensure it is the registered voter who is sending it in. Allow two weeks for the voting process. Staff voting precincts with a mix of volunteers as well as members of the state's National Guard.

Will this take time and resources? Certainly. However, what more fundamental process do we citizens have for choosing our government? Should we not do what is needed and spend what is required to ensure universal franchise? New Hampshire truly has an opportunity to show again how it should be done.

*Stephen Reno is the executive director of Leadership New Hampshire and former chancellor of the University System of New Hampshire. His email is stepreno@gmail.com.*

# the Hippo

APRIL 23 - 29, 2020  
VOL 20 NO 17

News and culture weekly  
serving Metro southern New Hampshire  
Published every Thursday  
(1st copy free; 2nd \$1).  
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## ON THE COVER

### GROW SOME HAPPINESS

There may be no better time to beautify your home than right now, and no better way to do it than by adding splashes of color to your landscape (p. 12). And flowers aren't the only thing that can add some green-thumb happiness to your life - trying growing herbs, greens and other easy produce inside or out (p. 16), and plant early edibles now so you have something to look forward to next year (p. 13).

**ALSO ON THE COVER**, the beer industry is staying in the game, p. 20. A local musician mixes heavy metal and pilates, p. 26. And once again, to keep you busy, we have plenty of crossword puzzles and sudokus, p. 27-30.

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## Covid-19 updates

State health officials reported on April 20 that 1,447 cases of Covid-19 have been diagnosed in New Hampshire. Forty-two people have died as a result of complications from the virus. Of all the cases, 201, or roughly 14 percent, have required hospitalizations, while 521, or 36 percent, have recovered. According to the state Department of Health and Human Services, community-based transmission has continued to increase in several areas across New Hampshire, most notably in long-term residential care and assisted living facilities. In an April 16 press conference, DHHS Commissioner Lori Shibanette announced three outbreaks, at the Institute of Professional Practice in Concord, The Residence at Salem Woods in Salem, and Bellamy Fields in Dover. Despite all of this, state epidemiologist Benjamin Chan said in an April 17 press conference that social distancing measures appear to be working, citing the relative stability of hospitalization numbers over the past one to two weeks.

## Sununu lawsuit

On April 18, Gov. Chris Sununu filed a motion to dismiss a lawsuit brought by members of the state's Joint Fiscal Committee over the disbursement of \$1.25 billion in federal Covid-19 relief funds, according to a press release. Citing articles from the New Hampshire Constitution, Sununu said in a statement that he is acting within his executive power to approve spending decisions without the approval of the Committee. Senate President Donna Soucy, House Speaker Steve Shurtleff, Fiscal Committee chair Rep. Mary Jane Wallner and Fiscal Committee vice chair Sen. Lou D'Allesandro are all named as plaintiffs in the lawsuit. They are seeking a preliminary injunction, which Sununu, also on April 18, filed an objection against. On April 20, Hillsborough County North Superior Court heard testimony relative to the plaintiffs' request. "We presented our case to the court in our pursuit to ensure that public dollars are properly and swiftly provided to Granite Staters who need them now," read a joint statement from Soucy, Shurtleff, Wallner and D'Allesandro after the testimony. "The Joint Legislative Fiscal Committee is the rightful authority to have oversight of these critical funds."

## Governor's orders

On April 14, Gov. Chris Sununu issued Executive Order 2020-06, establishing the Governor's Office for Emergency Relief and Recovery (GOFERR), designed to work with the state Legislature on the management of relief funds received from the federal government.

Additionally, Sununu issued three new emergency orders in the past week in response to Covid-19. On April 16, he issued

Emergency Orders No. 31 and 32.

Emergency Order No. 31 establishes the Covid-19 Long Term Care Stabilization Program, providing temporary stabilization funding through Medicaid to incentivize frontline workers to either remain in or rejoin the workforce. The New Hampshire Department of Employment Security will distribute \$300 per week in stipends to full-time qualifying frontline workers, and \$150 per week to part-time workers. This will run through June 30 or until additional payments can be made through the state's Medicaid program.

Emergency Order No. 32 is an update of Emergency Order No. 1, extending remote learning for public K through 12 school districts through the remainder of the school year. In a letter addressed to education leaders in the state, Sununu wrote that he worked with the DHHS in the hopes to reinstate learning in classroom settings, but said they "determined that there is no model available at the present time to responsibly ensure the safety of our students, educators, faculty and staff." Later in the letter, Sununu encouraged education professionals to be flexible with grading measures by adopting a pass/fail model. In a separate letter addressed the same day, Education Commissioner Frank Edelblut thanked educators for "the tremendous work ... done in response to this unprecedented disruption" over the past month. "Remember, remote instruction plus remote support equals remote learning for our New Hampshire students," he wrote.

On April 17, Sununu issued Emergency Order No. 33, activating the New Hampshire Crisis Standards of Care Plan, which serves as a guide for how the state will move forward with addressing possible crisis situations, should hospitals become overwhelmed with patients.

Details of all Emergency and Executive Orders can be found on [governor.nh.gov](http://governor.nh.gov).

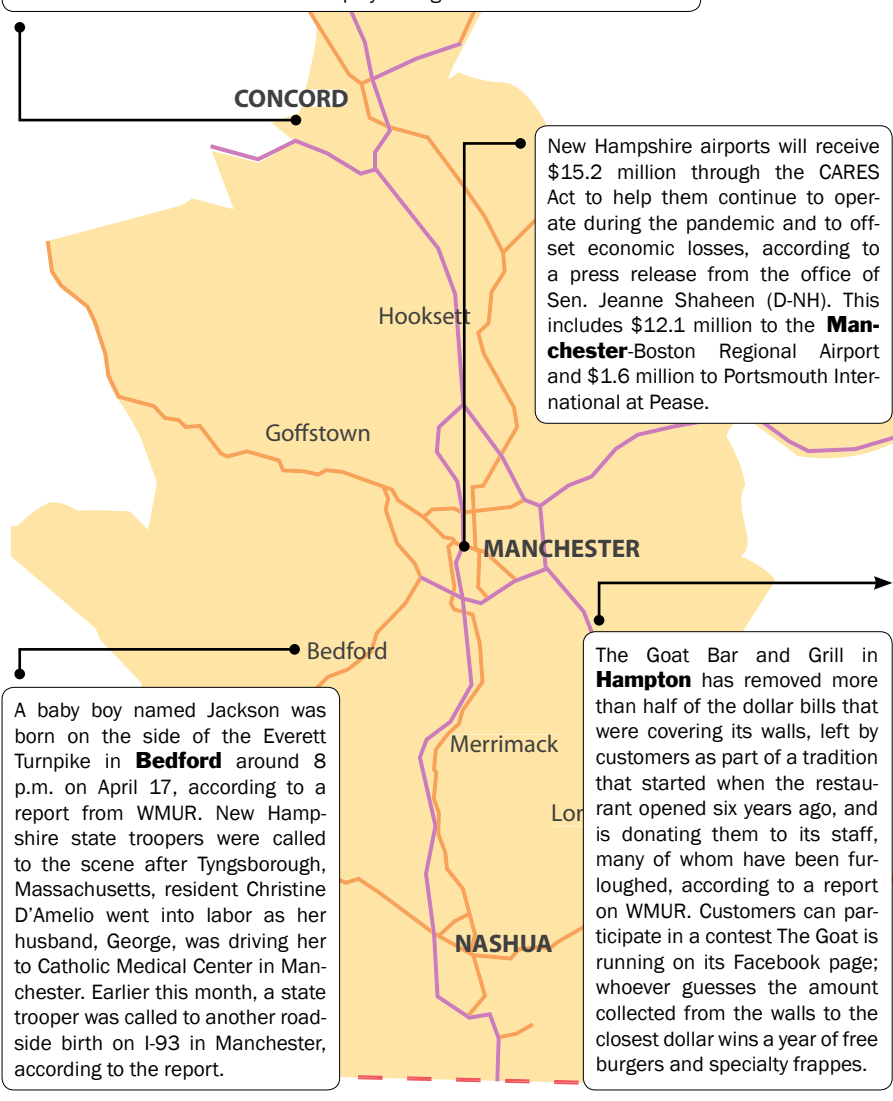
## Domestic violence grant

On April 15, Sununu approved a \$600,000 grant toward resources for victims of domestic and sexual violence during the Covid-19 pandemic, according to a press release. In a letter to state Attorney General Gordon J. MacDonald approving the grant application submitted by the New Hampshire Coalition Against Domestic and Sexual Violence, Sununu said the \$600,000 includes \$125,000 in funding for victims' immediate needs, \$75,000 for emergency shelter funding for hotel stays and \$400,000 for operations expenses at the state's crisis centers. "This ... will ensure that domestic and sexual violence centers have the resources needed to provide critical services to victims," Sununu said.

## At-risk millennials

According to a report released by QuoteWizard using data collected by the CDC, New Hampshire ranks seventh for

The **Concord** Housing Authority has received \$7,080 from U.S. Housing and Urban Development to offer housing assistance to young adults who are transitioning out of foster care and are at risk for homelessness, according to a press release. The funds come from HUD's Foster Youth to Independence Initiative, which was established to help communities make sure that every young person who has been involved with the child welfare system has access to safe and affordable housing and receives support to help them work toward education and employment goals.



New Hampshire airports will receive \$15.2 million through the CARES Act to help them continue to operate during the pandemic and to offset economic losses, according to a press release from the office of Sen. Jeanne Shaheen (D-NH). This includes \$12.1 million to the **Manchester**-Boston Regional Airport and \$1.6 million to Portsmouth International at Pease.

A baby boy named Jackson was born on the side of the Everett Turnpike in **Bedford** around 8 p.m. on April 17, according to a report from WMUR. New Hampshire state troopers were called to the scene after Tyngsborough, Massachusetts, resident Christine D'Amelio went into labor as her husband, George, was driving her to Catholic Medical Center in Manchester. Earlier this month, a state trooper was called to another roadside birth on I-93 in Manchester, according to the report.

The **Goat Bar and Grill** in **Hampton** has removed more than half of the dollar bills that were covering its walls, left by customers as part of a tradition that started when the restaurant opened six years ago, and is donating them to its staff, many of whom have been furloughed, according to a report on WMUR. Customers can participate in a contest The Goat is running on its Facebook page; whoever guesses the amount collected from the walls to the closest dollar wins a year of free burgers and specialty frappes.

states with the highest number of millennials with underlying health conditions. New Hampshire's rate of millennials with diabetes is 5 percent, while the national average is 4.78 percent; asthma is 13.95 percent, while the national average is 9.24 percent; and hypertension is 17.4 percent, while the national average is 17.18 percent. Millennials with underlying health conditions such as diabetes, cardiovascular disease, chronic obstructive pulmonary disease and asthma are at a higher risk of hospitalization and death from the coronavirus if they contract it. Though the national mortality rate for millennials who contract the coronavirus is only .2 percent, millennials have accounted for 20 percent of coronavirus hospitalizations. See the full report at [quotewizard.com/news/posts/states-with-millennials-and-underlying-health-conditions](http://quotewizard.com/news/posts/states-with-millennials-and-underlying-health-conditions).

## Virtual race betting

The New Hampshire Lottery announced in an April 15 press release that eNA-

SCAR is now available on its mobile and online sports betting platform. Launched by NASCAR in 2018, eNASCAR allows players to place bets on virtual races created with simulations of real cars, tracks and races. The next eNASCAR race will take place on Tuesday, April 28, at 9 p.m. at the simulated Dover International Speedway. The race is Round 6 of the 20-race Coca-Cola iRacing Series, which features 40 of the world's best simulation racers. Visit [nhlottery.com/sports/mobile-internet-sports-betting](http://nhlottery.com/sports/mobile-internet-sports-betting).

## Drug deaths

The Office of Chief Medical Examiner has released updated data on drug intoxication deaths for 2019 and 2020. The number of drug deaths in the state decreased from 471 in 2018 to 406 in 2019, 364 of which involved opioids, primarily fentanyl. Cities that had the most drug deaths in 2019 include Manchester with 79, Nashua with 38 and Rochester with 26. As of April 10,





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## Mental health matters

### How to cope with pandemic stress

Dr. Cynthia Whitaker, chief of services at the Greater Nashua Mental Health Center, talks about the impact the coronavirus pandemic can have on a person's mental health, plus healthy ways for people to cope with stress and anxiety.

**Q:** *What is the Greater Nashua Mental Health Center doing in response to the coronavirus pandemic?*

We are part of a network of 10 community mental health centers across the state whose mission is to provide services to vulnerable individuals with severe and persistent mental illness. Many of these folks struggle day to day, even without the anxiety of the coronavirus. Add coronavirus, and they need us even more. We have transitioned as many services as we can to telehealth, both through phone and through video, in order to keep everyone safe and promote as much distancing as possible while still providing support, but many services we have to provide face to face. For example, we have clients who are on long-acting injectable medication, so they still have to come into the office, and we have some clients who are unable to manage their oral medication on their own, so we send staff to their homes to make sure they're taking their medication appropriately. We want to keep folks as stable as possible so that we can keep them from going to the emergency room or hospital.

*How has the coronavirus affected people's mental health? What are some of your biggest concerns, as a doctor?*

I think there's a lot of anxiety, because so many things are unknown about the virus. When it first started we weren't getting a lot of information, and people were wondering, 'What's going to happen? Am I going to get it? Who's going to get sick? Who's going to die? Will there be enough medication?' Those questions are anxiety-provoking for a lot of people. As this goes on, we are also seeing the negative impacts of isolation. We know that isolation impacts mental health, and we need connection with other people to be healthy. Without that connection, we are certainly seeing more depression. Then, you think about the folks who have to grieve the loss of something that they were expecting. Maybe they were supposed to get married, or go on the trip of a lifetime, or go to a funeral for a loved one. Maybe they used to get together for weekly dinners with their extended family. Now they can't do those things. All of these [factors] coming together can really affect a person's mental health.

*Since the coronavirus pandemic began, has there been an increase in the number of people seeking treatment for mental health issues? Have people who were already receiving treatment for preexisting mental*



Dr. Cynthia Whitaker. Courtesy photo.

*health conditions required more medical attention?*

We have been offering more services than we did before. For example, if we saw someone [for an appointment] every other week prior to the coronavirus, we are now seeing them every week. The way things are constantly changing due to Covid ... means people's symptoms are constantly changing. There may be someone who is doing well, but a major news story breaks, and now they are symptomatic and struggling. We are constantly reassessing how our clients are doing. Many people who used to have extended family members or a community that they went to for support are reaching out to us now or needing more assistance from us now because they are alone due to social distancing. Because a lot of our mental health workers collaborated with schools and primary care doctors who aren't able to see their patients right now, we have been receiving many more phone calls to our emergency line.

*What kind of support does the health center offer through its emergency line?*

It depends on the crisis that the caller is in. If someone is calling because they are really anxious, we can talk them through that and [invite them] to become a patient and get an evaluation. Many people are experiencing panic attacks for the first time in their life, and that can be very scary, because it can feel like a heart attack, and people don't know what to do, so we can talk people through that and explain to them that they aren't in immediate danger and provide some anxiety management coaching.

*How is the coronavirus affecting children, mentally?*

It seems to depend on what they are being exposed to, the adults they have in their life and the support they have around them. One of the good things for kids is that they are more used to [technology], so switching to these telehealth video appointments is not



a big deal to them, and in fact some kids prefer it. As far as doing their schooling at home, the ways that affects them run the gamut. For kids who were receiving a lot of [in-person] support from school, it's stressful. Other kids are thriving because they were experiencing some anxiety at school.

**What are some things people can do to benefit their mental health during this difficult time?**

Think about how you are eating, if you're getting any exercise, if you're getting enough sleep. ... These are basic things, but we tend to forget about them when we're under stress. ... Keep a routine. Even though

you're staying at home, get up and get dressed every day. ... Take time to breathe deeply, be mindful, and be grateful. Even if you've lost things, ask yourself, 'What do I still have that I can be grateful for?' Focus on positivity. ... Think about another time that you experienced a crisis and managed to get through it, then tell yourself that you can get through this, too. ... We know that isolation is not good for mental health, so be creative in finding ways to connect with other people. Have dinner with people over video chat or have a virtual dance party. If you used to call your parents or friends once a week, call them more often. The important thing is to stay connected.

— Angie Sykeny

the number of drug deaths in 2020 is 41, 34 of which involved opioids, primarily fentanyl, with 78 suspected drug deaths currently pending a toxicology report. The data shows that 142 drug deaths had occurred by May during 2019.

**Turkey hunting is a go**

The New Hampshire Fish and Game Department announced that turkey hunting season in New Hampshire will open as planned, but with some precautions regarding the coronavirus, the AP report-

ed. Youth turkey hunting weekend will be held on Saturday, April 25, and Sunday, April 26, and spring turkey hunting will be open from May 1 through May 31. To prevent the spread of the coronavirus, Fish and Game recommends that hunters go on day hunts rather than camping overnight, and that hunters only hunt alone or with people in their own household. Hunters should also seek more secluded areas and avoid popular areas where outdoor enthusiasts tend to gather. Visit [wildlife.state.nh.us/hunting/turkey.html](http://wildlife.state.nh.us/hunting/turkey.html) to learn more.

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SPORTS DAVE LONG'S LONGSHOTS

# Part II begins in Foxboro



Welcome to Part II of the **Bill Belichick** regime with the New England Patriots. It kicks off an 18-month retooling period encompassing the next two drafts and the anticipated spending spree in 2021 free agency. It begins tonight (Thursday) with the socially distanced NFL draft and continues through Saturday as announcers go way overboard on the potential of all taken in the first three rounds despite history telling us 60 percent won't live up to it.

Given their recent defections and awful draft record since 2014 it's a huge draft for the Pats, which they need to come out of with at least three solid to prime-time, long-term players through picks or trades for veterans. Here's a closer look.

**2020 Draft Capital:** Forget a trade-up to the early first round for a QB. They do have 12 picks, but with just one first and no second, thanks to ridiculously overpaying for **Mohamed Sanu**, they don't have enough ammo to do it unless they mortgage next year's draft. I wouldn't do that until I see what I had just prior to the 2021 draft. They have three picks in Round 3, but since two are compensatory picks added to the end of the Round 3, they're really top of Round 4 picks.

### Biggest Position Needs – Immediate

I'm a "take the best player available" guy, but filling needs seems to be the bigger priority this time, and the biggest are these.

**Tight End:** Do I need to tell anyone this was the black hole in 2019? And, while some hold out hope for Gronk's eventual return, with his QB buddy now gone for good that has no shot. So this must be addressed this weekend.

**Linebacker:** After losing **Kyle Van Noy**, **Elandon Roberts** and **Jamie Collins** it doesn't take a rocket scientist to know they need help here. **Chase Winovich** and **Ja'Whaun Bentley** will have bigger roles, but they still need a big play guy who can bring pressure off the edge.

**Middle D-Lineman Run Stoppers:** I kept hearing what a great year **Danny Shelton** had. But with them getting carved on the ground by **Nick Chubb** (131), **Mark Ingram/Lamar Jackson** (combined 176), **Joe Mixon** (136) and especially **Derrick Henry** (182) in the playoff loss to Tennessee I guess I missed that. He's gone anyway, so they need help ASAP.

**Place Kicker:** The last time they dumped a kicker for the ages, they took **Steve Gostkowski** in Round 5 after letting Adam Vinatieri walk in 2006. That worked fine, so expect the same, though with **Nick Folk** unsigned, they could go back to him if they don't find someone they like.

### Big Needs by End of 2021

Brought on by either financial or aging reasons.

**Slot Receiver:** Despite being beat up most of the year, with career bests in catches (100) and

receiving yards (1,117), **Julian Edelman** had his best season. But he'll be 34 next month so the end is near. Coach B is a "better to trade a guy a year too early" type, so the exit visa may come sooner than later.

**Guard:** The **Joe Thuney** and **Shaq Mason** tandem is durable and productive. But with them making a combined \$25 million per they're expensive. So go for a cheaper model, where Thuney would bring the most back in a trade.

**Offensive Tackle:** That cheaper model could be **Isaiah Wynn** since he's better suited to play guard than tackle given his lack of size. Sliding him over saves \$5 million to \$10 million per, which can be put into a more physically dominant left tackle.

**Recent History:** There've been a few home runs, like **Trey Flowers** (Round 4, 2015) and **Thuney** (Round 3, 2016), but the parade is larger of first- and second-round picks that didn't live up to expectations (**Malcom Brown**) or totally busted (**Dominique Easley**, **Jordan Richards**, **Cyrus Jones** and **Duke Dawson**). This time they need to be better, like in 2013, when they got **Collins**, **Logan Ryan** and **Duron Harmon** in rounds 2, 3 and 4.

**Trade Up for Tua Tagovailoa:** Since I scoffed at reports TB could sign with TB, let's address this. Sorry, but no. You have to be careful taking guys from teams with huge top-to-bottom talent gaps over opponents. Because by winning most of the one-on-one match-ups as Alabama does, guys can seem better than they are, which is what I think the case will be with Tua. The draft pundits say he'll be great, but they also said that about titanic first or second overall pick busts **Ryan Leaf**, **David Carr**, **Tim Couch** and **JaMarcus Russell**. I also know since 1990 34 of the 73 QB's taken in Round 1 busted, as 23 very good QB's were taken after Round 1, including three (**Brees**, **Brady** and **Favre**) of the four all-time leaders in TD passes. But even if I'm wrong, unlike the similarly smallish and mobile **Russell Wilson** he's gonna get killed because he doesn't avoid major contact. That's why he had three major injuries in two years, which is the deal-breaker.

**2020 Strategy:** With 12 picks Coach B can wheel and deal to get a second first-round pick to add some high-end talent ahead of the 2021 spending spree. Then hope for a third solid contributor from Round 4 on, where they've found **Flowers**, **Mason**, **Roberts** and **James White** in recent years.

**Proposed Trade for That Second No. 1 Pick:** If you bring in a 43-year-old QB as Tampa Bay has done you have to go for it now! Yes, the Bucs have nice outside weapons – but **Tom Brady** makes his living off safety value receivers. So with the Gronk rumors to TB not being denied, how about a deal that brings TB's pick (16th overall) and disappointing tight end **OJ Howard** back to New England to give Brady his boys – Gronk and Edelman along with two of their third picks?

OK – Coach B is now on the clock.

Email [dlong@hippopress.com](mailto:dlong@hippopress.com).



## QUALITY OF LIFE INDEX

### First responders and health care workers unite



Photos by Matt Ingersoll

The Manchester Professional Firefighters Association Local 856 held two shows of appreciation for the city's hospital workers on April 17. At 3 p.m., members of the Manchester, Bedford and Goffstown fire departments gathered outside Catholic Medical Center for its employees' shift change. A similar show of appreciation was held later that same day at 7 p.m. at Elliot Hospital.

**Comment:** *Dozens of hospital workers wearing masks came outside to wave to the first responders lined up in solidarity on the streets, each group thanking the other for their service during the ongoing Covid-19 pandemic.*

### A good state to work from home

In light of the large number of people now working from home as a result of the Covid-19 pandemic, WalletHub recently released a report that ranks the states by how conducive they are to working from home. New Hampshire ranked high at third overall, fifth for the share of population working from home pre-Covid-19, sixth for household internet access, 17th for average home square footage, fourth for cybersecurity and 19th for access to low-priced internet plans.

**Comment:** *Before the Covid-19 pandemic only 29 percent of workers in the U.S. were considered to have jobs that could be done remotely, and only 25 percent of workers actually worked remotely regularly, according to the report.*

### Many more masks

The Office of the Governor announced in an April 18 press release that 540,000 more medical-grade face masks were delivered to New Hampshire on April 18 in addition to the 6.6 million masks delivered on April 12 as part of the state's effort, facilitated by local inventor Dean Kamen, to bring more personal protective equipment into the state as quickly as possible. The masks are being distributed to first responders and health care workers. Beeze Tees Screen Printing, a custom apparel and printing business with retail stores in Manchester and Keene, announced in a press release that it is manufacturing masks to sell as a way to keep some of its employees, and masks to donate to front line workers. As of April 15 the company had manufactured 1,600 masks. Seacoast Mask Makers now has 2,000 members in its Facebook group who have created more than 30,000 masks and donated them to more than 185 Seacoast-area organizations.

**Comment:** *These are just a few of the many mask-making initiatives being organized all over the state.*

### Virtual webinar series

Dartmouth-Hitchcock in Lebanon has launched a mental health webinar series in response to Covid-19, according to a press release. Each webinar is streamed live on D-H's Facebook page and features experts discussing challenges and concerns brought about by the pandemic, as well as information and tips for coping with it. The first of the six-part series was scheduled to take place April 22, focusing on parents of infants through sixth-graders. Subsequent webinars are scheduled for Wednesdays at noon, from April 29 to May 27, focusing on parents of seventh-graders through college age students (April 29), high school students (May 6), health care workers and first responders (May 13), navigating stress and wellbeing for adults (May 20), and seniors (May 27).

**Comment:** *Anyone is invited to submit questions on the Facebook page during the live stream, or beforehand by emailing [social@hitchcock.org](mailto:social@hitchcock.org). Each webinar will be archived on Facebook and can be uploaded to YouTube.*

**QOL score:** 63 (the score is temporarily suspended, but QOL will still be keeping tabs on New Hampshire's well-being each week)

*What's affecting your Quality of Life here in New Hampshire? Let us know at [news@hippopress.com](mailto:news@hippopress.com).*

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# ARTS NEWS

The latest from NH's theater, arts and literary communities



"Mother and Child" sculpture in Nashua wears a mask, encouraging people to stay safe during the Covid-19 crisis. Courtesy photo.

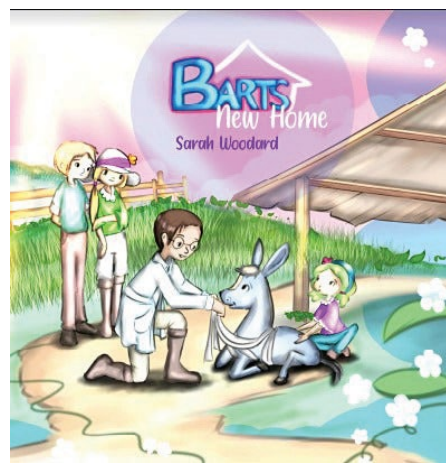
## • New date set for sculpture symposium:

The 2020 Nashua International Sculpture Symposium scheduled to begin on May 7 has been postponed until Aug. 20 due to the Covid-19 crisis, according to a post on the event's Facebook page. "Now, more than ever, we need the arts and artists," the post said. "Please know that during this challenging time, we will continue to serve our mission of enriching the quality of life in Nashua with amazing sculptures for all to see, touch and enjoy." The Nashua International Sculpture Symposium is the only international sculpture symposium in the U.S. held in a city, with the sculptures being placed on public property. During the symposium, three renowned sculptors from around the world spend three weeks in Nashua to create three new sculptures that are permanently placed in various spots around the city. This year's sculptors are Jina Lee of South Korea, Jorg Van Daele of Belgium and Taylor Apostol of the Boston area. The sculptors work outside

The Picker Artists studios in Nashua, where the public can watch them work and interact with them during their breaks. A map of the 36 existing sculpture sites along with suggested walking and biking tour routes is available on the symposium website. Visit [nashuasculpture-symposium.org](http://nashuasculpture-symposium.org).

• **Children's book launch:** Local author Sarah Woodard will have a virtual launch party for her new book *Bart's New Home* on the video conferencing platform Zoom on Tuesday, April 28, at 7 p.m. In addition to a reading of the book, local musician Wyn Doran will perform and interview the author. Woodard's 10th children's book is about a donkey named Bart and the family that raised him. The family can no longer care for Bart's special needs and considers euthanizing him, but ultimately finds a farm sanctuary where he can live out the rest of his life. Woodard's books introduce kids to social issues through stories. "[I'm] on a mission to create a world in which all beings are respected and honored. One way I do this is with books," she said in a press release. "I believe books change the world one reader at a time." The author is also a Reiki Master Teacher, Certified Shamanic Practitioner, animal lover and communicator and a chemical-free beekeeper. Search "Sarah Woodard - Authoress and Healer" on Facebook and send her a message to RSVP to the virtual launch party. She will reply with a link to join the event on Zoom.

• **Call for actors to set a world record:** Manchester-based theater company Cue Zero Theatre Co. is accepting video auditions from actors for its World Record Breaking Theatre Marathon. The company will attempt to be recognized by the Guinness Book of World Records for hosting the longest marathon theater performance, with 80 consecutive hours of performances at the Derry Opera House from Aug. 6 through Aug. 9. Twenty actors will be chosen to participate. During the marathon, the actors will be divided into small groups and perform in shifts. Performances will be public domain works by playwrights like Shakespeare, Sophocles, Oscar Wilde and Henrik Ibsen. To audition, send a two-minute monologue showcasing your acting range and a one-minute video explaining your love for theater and a one-minute video stating why you should be chosen for the project. Send your videos and your theat-



*Bart's New Home*. Courtesy photo.

rical resume to [cztheatre@gmail.com](mailto:cztheatre@gmail.com) with the subject line "Theatre Marathon Audition - [your name]" by 11:59 p.m. on May 3.

• **Spreading love through art:** Local organizations including the New Hampshire State Council on the Arts, the New Hampshire Department of Education, the New Hampshire Art Educators Association and others are seeking New Hampshire youth to participate in the Art is Love project, an effort to create artwork for residents at assisted living and health care facilities across the state. "Our neighbors in assisted living facilities across the state are experiencing one of the most vulnerable times of their lives. They are at high risk for contracting the coronavirus and they are unable to be with their loved ones," reads an email addressed to New Hampshire arts educators. "Please join this statewide effort to send them artwork and messages of hope and appreciation." Art educators who are interested in having their students participate in the project should send an email to [sara@kimballjenkins.com](mailto:sara@kimballjenkins.com).

• **Indie cinema at home:** Red River Theatres, an independent movie theater in Concord, is currently closed due to the coronavirus, but theater-goers and film-lovers can continue supporting the theater and stream new independent films from home through the theater's "virtual cinema." "The virtual cinema allows our community to connect and engage through their love of independent films in their own homes," the theater stated in a press release. When you purchase a "ticket," you will be sent a link to access the film. Ticket costs vary depending

on the film, but most cost \$12. New films are released each week. Visit [redrivertheatres.org](http://redrivertheatres.org).

• **Virtual music gala:** Manchester Community Music School's Share the Music Gala, which would have been held on April 1 in Bedford, was canceled due to the coronavirus, but the school is converting the gala to a virtual event called "Share the Music - Home Edition." The annual gala is traditionally the school's biggest fundraiser of the year and a celebration of the school's students, faculty and supporters. The virtual event, which will be live streamed from April 27 through May 3 on the school's website, will feature musical performances by students and faculty, a look at the school's outreach work and stories from students, faculty and supporters about what the school means to them. "Although we are all disappointed not to share this year's stories and amazing music live, we are excited to come together to celebrate the power of music, virtual-style," the school stated in a press release. Visit [mcmusic-school.org](http://mcmusic-school.org).

• **Share a poem:** To celebrate National Poetry Month, the Warner Public Market is inviting customers to submit their favorite poems or original poems, which will be shared on the market's social media and displayed in the market's front window through April. Submit your poem by putting it in the "notes" section when you place an online order or emailing it to [info@warnerpublicmarket.com](mailto:info@warnerpublicmarket.com). Visit [facebook.com/warnerpublicmarket](http://facebook.com/warnerpublicmarket).

• **Free online art class:** Heart Studio Art & Design Learning Center in Windham is offering free virtual art classes live on Facebook on Friday, April 24, and Friday, May 1, at 2 p.m. You'll need unruled paper; a marker, pen or pencil; and colored pencils for the 20-minute class. Visit [facebook.com/heartstudionh](http://facebook.com/heartstudionh).

• **Livestream concert:** The Listening Room Pandemic Music Series presented by New England College will livestream a free concert, "Music & Monsters with Marek Bennett," on Saturday, April 25, from 7:30 to 8:30 p.m. Bennett, multi-instrumentalist of the Cold River Ranters and a comic artist, will "play songs old and new, summon strange monsters, and show how to draw your own stick-figure comics," according to the event page. Watch the concert at [facebook.com/coldriveranters/live](http://facebook.com/coldriveranters/live).

— Angie Sykeny 🍀

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## Beautiful blooms

Color your landscape with spring and summer flowers

By Angie Sykeny  
asykeny@hippopress.com

With New Hampshire's stay-at-home order still in effect until at least May 4, what better way to keep busy and enjoy the warmer weather than to work on your outdoor garden? Some local garden designers shared their go-to spring and summer flowers (which you can pick up now at a nursery, greenhouse, garden center or agriculture store, which are all deemed "essential businesses" in New Hampshire) and tips for how to plant them and incorporate them into your landscape.

### Pick your flowers

Bill Parker of Parker Garden Design in Nashua said you'll want to stick to long-blooming perennials, flowers that bloom for multiple years, to get a "good bang for your dollar."

One of his favorite combinations for spring, he said, is the purple **May Night salvia** mixed with a couple different types of **daylilies**, like the pale yellow **Happy Returns** and the golden yellow **Stella d'Oro**, all of which bloom around the same time. For summer blooms, Parker likes to pair the yellow **Goldsturm black-eyed susan** with the pink **Autumn Joy sedum** and pinkish purple **echinacea**, also known as coneflower. **Russian sage** and **allium Summer Beauty** can also be used to add some purple color. For an exceptionally bright pop of color that draws the eye, Parker said he often adds in the hot pink **Knock Out rose**, which will bloom through the end of October.

"All of these flowers on the purple, pink and yellow color spectrum work really well together," he said.

Colleen Boliver of Stone Blossom Landscape & Design in Bedford said her favorite flower combination for spring is the yellow **daffodil**, blue **scilla** and **hyacinth**, which comes in a variety of shades of pink, purple, blue and white. A beautiful combination for summer, she said, is the white and pale green **Limelight hydrangea**; **Cheyenne Spirit echinacea**, which is typically a shade of orange, yellow or pink; **Russian sage**; and **Autumn Joy**. The purple **geranium** and red **monarda**, also known as bee balm, are also solid additions to any garden.

Though all garden designers have their favorite combinations, Boliver said, there are no set rules when it comes to choosing the colors for your garden.

"If you see a color combination that you like, just go with it. You can't go wrong," she said. "That's what's great



Landscape by Parker Garden Design. Courtesy photos.

about gardening. You don't have to listen to what someone else is telling you. You can be creative and make it your own."

### Plant well, grow well

Successful planting and growing starts with preparing the garden space. Before you start planting, Parker said, loosen the soil, and it "certainly doesn't hurt to mix in a bag of compost."

"So much [of gardening] comes down to soil preparation," he said. "Take the time to build a quality soil and a nice planting bed. Your plants will be much happier."

It's too late to plant spring flowers from bulbs (they need to be planted in the fall in order to bloom by spring, Boliver said) so you'll have to buy them grown and transplant them into your garden. You can plant summer flowers from bulbs in the spring, once it becomes clear that it's not going to snow again, and expect them to bloom in the summer, or you can also buy them grown and transplant them in the summer.

Try to choose flowers with the same sun and soil requirements, and with the same blooming seasons and durations, to maximize your garden's fullness and color.

"Do your homework and look at what you're buying," Boliver said. "It should tell you on the tag everything you need to know about when and how to plant your flowers."

You should also check the tag to find out how big the plant will be when it's fully grown. One of the biggest mistakes people make when planting a garden, Boliver said, is planting too many flowers, and planting them too close together.

"Less is more," she said. "People always think more is better because they want that

instant gratification of a full flower bed, but they don't take into consideration how much the plant will grow and spread. Then you have plants growing into one another, and you'll have to dig them out and move them, so you're just making more work for yourself."

### Eye for design

If you're creating a garden from scratch, the first decision you'll have to make is where to place it within your landscape. Don't rush this step, Parker said; be strategic.

First and foremost, the placement of your garden must be conducive to your flowers' sunlight requirements.

Then, consider how you use your property.

"If you have a walkway but you know that people are naturally going to cut across the grass because it's quicker, don't put your garden there," he said. "Choose an unused part of your yard."

It's a nice bonus, Parker said, if you can place your garden so that it's visible from somewhere inside your house.

"Sure, you can hang out in that space when it's nice [weather], but there's some pleasure in being able to look out your window on a dreary day and see this beautiful space you've created," he said. "There's a real psychological benefit to that."

While personal preference is fine for choosing color combinations, there are some basic rules of design for arranging your flowers so that your garden looks more natural and aesthetically pleasing.

One rule is to "work in odd numbers," Parker said. For example, you could plant one **Knock Out rose**, three of the **May Night salvia** and five of the **Happy Returns**



daylilies. Make sure that the flowers are staggered apart and not positioned in a straight line.

"It's challenging because we're wired to put things in an organized fashion," Parker said, "but try to be whimsical and think outside the box. You may not nail it the first time, but it's all trial and error, and the beauty of perennials is that you can always relocate them at the end of the season and try something different."

Another general rule is to put the taller flowers toward the back of the garden and the shorter flowers toward the front, but be careful not to make it look too artificial.

"You can intermingle a few short ones in the back, too, to mix things up a bit so that it's not all the tall ones together and all the short ones together," Parker said.

### A touch of green

The addition of decorative grasses and shrubs can make your flowers pop and make your garden appear more full.

Boliver said her personal favorite is **zebra grass**. It's tall, with a reddish plume at the top, and works well as a border along the back of the garden. Evergreen shrubs like **boxwood** and **holly** are also some "good greenery" to enhance any garden, she said.

"A lot of ornamental grasses can flop over and look messy," Parker said, which is why he prefers **dwarf fountain grass**, which has a "beautiful arch," and **feathered reed grass**, which "stays erect and blends really well."

Some flowering plants can also keep your garden looking beautiful, even after the colorful blooms are gone.

"A lot of perennials have a pretty foliage with a nice color that stays throughout the summer and fall," Boliver said. 🍌



# Early edibles

Parsnips, ramps, sorrel and rhubarb

By Henry Homeyer  
listings@hippopress.com



Sorrel, left, and ramps, right. Photos by Henry Homeyer.

OK, you may not want to go to the grocery store so much anymore. Tired of eating canned beans? Want something new for your taste buds? Here are some early things I look forward to each spring. These plants are all perennials, so if you don't have them you will need to plant them this year for future years.

**Parsnips** that I planted the previous spring are always one of my first garden treats. I harvest them as soon as the soil thaws. Yes, it's an old-fashioned vegetable, but it's tasty if prepared properly and easy enough to grow.

Plant parsnip seeds in early summer for next spring's fare. But if you have seeds saved from last year, don't use them. Although most vegetable and flower seeds are good for three years, parsnip seeds are only good for one year, as are onion and parsley seeds.

Parsnips take an interminable time to germinate — three weeks, on average. The roots survive winters in the ground, but the seeds like warm soil to germinate. And as with most root crops, no one starts them indoors to get them going early. Just plant them in the ground in late May or early June. Thin to 2 or 3 inches between plants by the Fourth of July.

As to eating parsnips, don't overcook them. Steam lightly or sauté them in butter and coat with maple syrup at the last minute. The syrup will glaze them and make the dish fit for a queen. You can cook them with carrots or add fennel seeds for a change of pace.

Next I go to my woods for a real treat: **ramps**. These are also called wild leeks and are related to onions, leeks and garlic. They grow wild in moist, dark soil, often alongside streams in maple and beech forests. They often grow in huge swaths, thousands growing in one area. But they are slow-growing, so don't over-harvest them.

For several years I dug up and planted about 50 ramp plants each year in my woods, and they have multiplied by offsets nicely. Two or three years ago I started harvesting seeds in late summer and sprinkling them on the soil and covering with just a little forest duff. These have grown and are doing nicely, though they are still too small to eat.

If you want to start some ramps in your woods, find a friend who will teach you how to recognize them. Ramps have pointed green leaves roughly the shape of a canoe and 6 to 9 inches long. They grow from a single point, each plant having 2 to 4 leaves. Frequently the base of the stem is maroon, but it may be green. And the key is this: They smell like garlic. You need to dig down 4 inches or so in the soil to harvest the bulbs, which slightly resemble leeks.

I use ramps the way I use onions — I add them to stir fries, scrambled eggs and stews.

The nice thing is you can eat the leaves, not just the little bulbs.

Another early spring treat is a perennial green called **sorrel**. Although seeds are available, I recommend buying plants at your local garden center if possible because it takes a long time to get big plants from seed. This plant's leaves are very tart and almost lemon-flavored.

When cooked, sorrel leaves cook down to almost nothing. Fortunately, I found a recipe in Deborah Madison's fabulous cookbook, *Vegetable Literacy*, that takes advantage of sorrel's sharp flavor but mixes it in with other veggies to bulk it up. Here is what you can do:

Melt one tablespoon of butter in a pan, add 5 ounces of leeks (I always have some frozen from my garden) and one cup of water, and simmer 10 minutes covered on medium heat. Add one and a half cups of peas and 3 cups water and simmer for 5 minutes. The stir in 2 to 3 cups sorrel, allow to wilt, and puree in a blender. Finally stir in a little cream, crème fraîche or yogurt.

The last of my early spring treats is another old-fashioned one: **rhubarb**. Like sorrel, this has a tangy, sharp flavor. I love it in pies, tapioca pudding and jam. Some cooks spoil it by cooking with strawberries, but I feel that diminishes its flavor.

Rhubarb is easy to grow. You will need to buy plants or get roots from a friend — although rhubarb produces flowers, stalks and seeds by the gazillion, it does not easily reproduce that way, though I'm told it can be done.

Amend the soil with lots of compost and/or aged manure. Add some organic fertilizer, too, as the roots will be in the same soil for decades — rhubarb lasts forever. I have some plants over 25 years old and going strong. Full sun is best, but like any leafy green it will produce in part shade. Four hours of sunshine will be fine.

One of my favorite rhubarb uses is to make punch. Chop up a few stems and boil in an equal quantity of water. Once it gets mushy you can strain it and add more water and some sugar until you have a nice drink. I just use a little sugar; I like the tea plenty tart. I like to use red stems for the tea, as it looks so nice in a glass or cup. Most people who grow rhubarb have plenty, so you might beg a few stalks if you don't have your own — yet.

Reach Henry by email at [henry.homeyer@comcast.net](mailto:henry.homeyer@comcast.net). His website is [Gardening-Guy.com](http://Gardening-Guy.com). 🍷

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## INSIDE/OUTSIDE KIDDIE — POOL —

Family fun for the weekend

### Music time

- The **Manchester Community Music School** ([mcmusicschool.org](http://mcmusicschool.org)) is offering its spring gala “Share the Music” Monday, April 27, through Sunday, May 3, on its website. The fundraiser will feature performances by the school’s students and teachers as well as stories about the school’s work and impact, according to the website. If the gala sparks musical interest in your kids, check out the school’s offering of classes and lessons that have gone online.

- Keith Munslow**, a New England-based musician and storyteller who has performed locally, has live-streamed family shows featuring music, stories and a bit of live cartooning accompanied by kazoo. The April 11 show (along with previous shows) is available on his Facebook page; find a link and more at [keithmunslow.com](http://keithmunslow.com).

- Steve Blunt**, a New Hampshire-based kids’ musician, has also released videos featuring songs and a rainstick making craft on his Facebook page. The videos were created for remote learning for Nashua’s Title 1 preschool, according to the posts. Fans can also get a look at pages from his coloring book, which features pictures by Marty Kelley to go with 15 songs (the book and companion CD are \$15 at [steveblunt.com](http://steveblunt.com)).

### Storytime

- The Children’s Museum of New Hampshire in Dover ([childrens-museum.org](http://childrens-museum.org)) offers storytimes for the littlest littles in videos posted to the museum’s blog. On Fridays, it’s “**First Friends**” **baby storytime** featuring songs and rhymes with lyrics posted to the blog so parents can sing

along. The museum also has videos for older kids with craft projects and science experiments.

- For **dinosaur lovers**, check out the two storytime videos from the SEE Science Center in Manchester ([see-sciencecenter.org](http://see-sciencecenter.org)) featuring sections from its book *We Thought You’d Never Ask*, written by Adele Maurier and illustrated by Peter Noonan (and available for sale from the center). The SEE’s collection of videos also features science demonstrations and lessons.

- Joining the ranks of people reading to kids is former first lady Michelle Obama, whose “**Monday with Michelle Obama**” storytime from PBS Kids kicked off April 20 with a reading of *The Gruffalo* by Julia Donaldson. The storytimes will happen Mondays at noon and you can find the videos afterward at PBS Kids YouTube channel and social media.

- The **New Hampshire Audubon** ([nhaudubon.org](http://nhaudubon.org)) is also offering weekly storytimes. The Audubon presents a storytime on Wednesday at 10 a.m. featuring a children’s book about nature (storytimes are live-streamed and available after). See the website for details. The April 15 book was *Bird Dogs Can’t Fly* by Mary Jane Auch.

### Art time

- Tony Loungo, an illustrator and New Hampshire native whose work has appeared on Hippo’s cover and who co-founded the art supplies subscription box Smile Create Repeat, has created **Drawing a Day**, an ebook featuring drawing prompts and links to five art lessons according to [smilecreaterepeat.com](http://smilecreaterepeat.com), that appears to be all-ages-of-artist friendly based on the 10 pages available for viewing on the website. The ebook costs \$9.99 and the website said 50 percent of the profits from the book will be donated to charity.

- Speaking of **Marty Kelley**, the New Hampshire author and illustrator has new printable pages on his website, [martykelley.com](http://martykelley.com). The pages feature drawing and writing prompts as well as one printable with a comic strip prompt. 🐾

### INSIDE/OUTSIDE TREASURE HUNT

Dear Donna,

I came across these toys while cleaning out my parents’. They were all in a shoe box with nothing to give us any information. If you could let us know if they could be valuable we would appreciate it. They seem to be wood with paper decoration.

Allen and Cynthia



Courtesy photo.

Dear Allen and Cynthia,

I think you have pieces to a pie but not the whole thing. Your farm pieces are from the early 1900s and were part of a larger set with a barn and many other pieces. If you had all of that, the value would be different than just for odd pieces.

First, you want to make sure they are all in good condition with no tearing on the lithographing (the paper over the wood). You want all of the pieces to have the bottom pieces that allow them to stand.

Then I think the value might be to someone who has other pieces. If these are the only pieces

you have, it would be in the \$25 to \$30 range if they are all in good condition. If you had all of the pieces complete the value could be in the \$150+ range.

I have to say, finding any toys from the early 1900s should be valuable. Children played with them and never thought we today would be looking at them for an antique value.

I am always amazed how they made it through to today.

*Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and instructing, and recently closed the physical location of From Out Of The Woods Antique Center ([fromoutofthewoodsantiques.com](http://fromoutofthewoodsantiques.com)) but is still doing some buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at [footwdw@aol.com](mailto:footwdw@aol.com), or call her at 391-6550 or 624-8668. 🐾*



# Why are there no four-door convertibles?



By Ray Magliozzi

*Dear Car Talk:*  
*Why do convertibles and coupes have such large doors, which makes it hard to get in and out in tight parking spots? Why can't they have four normal-sized doors? — Raymond*

I guess the autobody repair lobby is very powerful, Raymond. Those supermarket parking lot dents have sent a lot of their kids to college. And on to medical school.

Actually, the reason convertibles (and traditional coupes) have only two doors is because they have no “B-pillars” to which rear doors can be attached.

Cars generally have between one and four structural pillars that go from the bottom of the car to the roof. Those structural pillars provide rigidity and safety, so the car doesn't fold like a used Amazon box after you open the top and bottom flaps.

The A-pillar is the forward-most pillar, the top of which holds the windshield.

The B-pillar is the pillar between the front and rear doors.

The C-pillar is the next most rearward pillar. On sedans, it holds the rear window.

And on station wagons or SUVs, there's a D-pillar, which is at the very back of the

vehicle.

Convertibles only have A-pillars. Coupes have nothing but A-pillars and C-pillars. In order to hang a door, you have to attach the hinges to something. Obviously, the front doors attach to the A-pillars.

In a sedan or SUV, the rear doors attach to the B-pillars. But in a coupe or convertible, there's no B-pillar, so there's nothing to attach the rear doors to.

And because they can't use four doors, they make the two doors they have bigger to provide at least some access to the back seats.

So, should you be unlucky enough to have to sit in the back seat of a coupe or convertible, you can at least squeeze your way in through that larger door opening, rather than diving in through the rear window.

*Dear Car Talk:*

*I have a 2019 Honda Odyssey. At somewhere around 30,000 miles, my owner's manual says I will need to change the transmission fluid. The Honda dealership says that they only change a portion of the fluid, for whatever reason.*

*That makes no sense to me. A partial change is like doing a half oil change on your engine. I asked about the shops that have a machine that hooks into the transmission line and pumps all the old fluid out and new flu-*

*id in. The dealership said that was not a good idea because junk in the transmission could clog the lines.*

*That much junk, after 30,000 miles? I will probably go to a shop that uses the “full change” method, but am curious what you think. — Allan*

Well, for most transmission fluid changes, the machine works great. You hook it up to the transmission cooler lines — one going in and one going out — you add the correct amount of new fluid to the machine's reservoir, then you start the engine and the machine pulls out all the old fluid and replaces every bit of it with new fluid.

And, generally speaking, you're right, Allan. It's better to change all of the fluid than some of the fluid.

Imagine we were talking about your coffee cup at work. If you found it half full of cold coffee on a Monday morning, would you just add half a cup of new coffee? Or would you pour it out and add all new fluid. I rest my case, even though I just disgusted myself.

But actually — and unusually — on this car, I would use both methods. Here's why: Honda is unique in that they recommend a transmission fluid change at only 30,000 miles. They also recommend that at each fluid change, you clean off a magnet that's attached to the drain plug. And that's prob-

ably the most important part of this required maintenance.

The magnet at the bottom of the transmission collects all the metal shavings that are worn off the gears, clutches and bearings. The magnet takes hold of those shavings and prevents them from circulating, and doing damage to other internal components, or clogging the small internal fluid passages in the valve body.

And here's the problem. If you just use the machine, or use it first, you could force those shavings off of the magnet and recirculate them, either clogging those passages, or leaving the shavings suspended in the fluid again where they can clog things up later.

So ideally, you'd use both methods. Drain the transmission by removing the drain plug and cleaning the magnet like they tell you to, and then hook up the machine to change all of the fluid.

On the other hand, if I were just going to use one method or the other, I'd probably opt for the drainplug on this vehicle.

Honda did have some transmission problems, and I'm guessing that the magnet — and the cleaning of the magnet — is a key part of their solution. So at least get the magnet cleaned. And if you're feeling fastidious, use the machine after that.

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By Matt Ingersoll  
food@hippopress.com

• **Spirits of relief: The New Hampshire Liquor Commission** is raffling off bottles of six of the world's rarest spirits in an effort to raise money for state restaurant and hospitality employees impacted by Covid-19, according to a press release. Now through June 1, up to 1,250 raffle tickets are available for purchase online for \$100 each. Each ticket gives you a chance to win decades-old rare bottles of Pappy Van Winkle Family Reserve bourbon whiskey, Buffalo Trace O.F.C. bourbon or Sazerac Kentucky straight rye whiskey, as well as selections from Heaven Hill and Michter's distilleries. All proceeds from the raffle ticket sales will be donated to the New Hampshire Restaurant and Lodging Association's New Hampshire Hospitality Employee Relief Fund. Visit [liquoradwineoutlets.com/restaurantr relief](http://liquoradwineoutlets.com/restaurantr relief).

• **Georgia's Northside reopens:** After being closed for nearly three weeks due to Covid-19, **Georgia's Northside** (394 N. State St., Concord) reopened on April 16, owner Alan Natkiel confirmed. The takeout-only Southern kitchen and craft beer market has retooled its business model by implementing an online-only ordering system through its website and installing a pickup counter out in front of the door. The menu is updated daily, but will usually include a chef's choice version of its Meat & Three entrees (options such as buttermilk fried chicken, smoked Texas brisket and classic or Carolina-style pulled pork, with three market sides). While Natkiel is temporarily scaling back the craft beer offerings, from around 120 types of beers to around 18 to 25, almost all of them are local. Featured breweries include Northwoods Brewing Co., Concord Craft Brewing and Lithermans Limited Brewery. Natkiel also recently started the Georgia's Recipe Club, a Facebook group where recipes featured on the menu are regularly posted. Visit [georgiasnorthside.com](http://georgiasnorthside.com).

• **Meals for Mom:** City Moose Cafe & Catering Co. (30 Temple St., Nashua) is taking special orders now for **Mother's Day**, offering a brunch menu for four (\$60; includes crustless quiche, seasonal fruit salad, thick cut bacon and apple-stuffed French toast with cinnamon apple maple syrup) or a dinner menu for four (\$100; includes garden salad, dinner rolls, petite filets of beef with red

# FOOD

## Indoor harvest

Tips and tricks for edible gardening in your home

By Matt Ingersoll  
mingersoll@hippopress.com

Growing your own edible herbs is a great way to supplement your food while staying indoors — and the best part is just about anyone can do it.

"Even if you have ... just a tiny little apartment with one window available, you can absolutely still grow plants," said Jessica LaBrie, president of the New Hampshire Herbal Network and owner of Blackbird's Daughter Botanicals in Barrington.

Whether you're harvesting herbs like basil or thyme, or veggies like tomatoes or kale, local gardening experts say there are many types of plants that can thrive in the comfort of your home with the right ingredients and techniques.

### Seeds of success

Most indoor-friendly herbs and vegetables can start from seeds — in fact, you can purchase packets of herbal seeds or even save some seeds the next time you cook with a squash or a pumpkin to plant, LaBrie said.

If you are starting from seeds, the seed packet will usually have information on how many days are required until the crop's germination (when the seedling pops out of the soil) and maturity (when it is ready to be harvested). Or you can purchase seedlings, or already planted seeds that have just sprouted, from a local nursery, farmstand or garden center.

"Most of the common culinary plants are pretty easy to find as seedlings," said Maria Noel Groves, clinical herbalist at Wintergreen Botanicals in Allenstown and author of the book *Grow Your Own Herbal Remedies*. "These gardeners ... raise them in a similar ecosystem with the goal for them to go off to someone's home in the near future."

Seedlings have the advantage of planting in a harvestable stage much faster, as well as a more manageable crop versus buying a packet of seeds, according to Groves.

"You might have a packet with 300 seeds in them ... but maybe you only need one or two plants," she said. "Well, that packet of 300 seeds is almost the same price as one plant of seedlings would be."

### Location and potting

Gardening indoors requires you to pay special attention to where you will set up and take care of your plants. In most cases this comes down to how much natural sunlight your home gets.

"Whether you have full or partial sun, or mostly shade, that's going to determine what you're most successful with," LaBrie said. "If you have a space that has partial to full



Gotu Kola. Photo courtesy of Maria Noel Groves of Wintergreen Botanicals in Allenstown.

sun, then you can grow most herbs like mint, thyme, basil, oregano, rosemary or sage."

There are steps you can take to manipulate the natural environment your plant would normally grow in, such as taking advantage of your windowsill space, or drying your plants in a warm car during the day. You can also purchase a sun lamp or a grow light for your plants if you live in an area that doesn't get a ton of natural sunlight. A lightly running fan can help circulate the air and make it harder for pests to get cozy, according to Groves.

Ceramic and plastic pots work great for your herbs — or, LaBrie said, you can recycle empty milk jugs, egg cartons or orange juice cartons as a cost-effective way to plant them.

"All you would need to do with those is cut off the tops of them and make sure you take a hammer and nail or something and poke some drainage holes in the bottom," she said.

If you have the space for them, there are several vegetables that can grow indoors in pots and other containers, like tomatoes,

cucumbers, kale, Swiss chard and romaine lettuce.

"It depends on the plant, but I would say to look for a one-gallon to five-gallon pot for vegetables," said Jim Ramanek, owner of Warner River Produce in Webster. "Most of them need full sunlight [and] ... an inch of water a week. You can place them out on your deck, or any south-facing window if you don't have one. There are some that do like it [to be] a little cooler, so you compensate for that by not placing it in direct sunlight."

As for the soil, a good-quality store-bought potting soil, such as an all-purpose organic soil, is the way to go when growing herbs or vegetables indoors, according to Groves.

"It's really not a great idea to just go out and grab dirt from your yard to grow [with], because it may not have the adequate nutrition," she said.

Because the soil can quickly dry out, having an effective watering system is important. Groves said she likes to use plant stakes placed inside water-filled wine bottles, which create periodic drip irrigation into the soil.

### Use your basil: Tomato and burrata salad with grilled bread

Courtesy of New Hampshire food blogger Susan Nye of *Around the Table* ([susannye.wordpress.com](http://susannye.wordpress.com))

- 1 tablespoon red wine vinegar
- Extra virgin olive oil to taste
- 2 garlic cloves
- 1/4 to 1/2 red onion, thinly sliced
- 2 1/2 to 3 pounds ripe tomatoes, cut into wedges
- Sea salt and freshly ground pepper to taste
- 8 slices ciabatta bread
- 2 to 4 balls fresh burrata cheese
- 1/2 to 3/4 cup torn basil leaves

Preheat grill to high. Place the vinegar in a large bowl, then add olive oil to taste and

whisk to combine. Mince one of the garlic cloves, then add with the onion to the oil and vinegar and toss to coat. Add the tomatoes, season with salt and pepper and toss again. Arrange the bread on the grill and cook, turning once, for about 30 seconds per side or until nicely toasted. Remove from the grill, rub each piece of bread with the remaining garlic clove, brush lightly with olive oil and sprinkle with a pinch of salt. Place the still warm bread on individual plates, top with tomatoes and burrata. Garnish with torn basil leaves and serve.





Rosemary. Photo courtesy of Maria Noel Groves of Wintergreen Botanicals in Allentown.

### Pest management and harvesting

While you don't have to worry about birds or larger insects that would normally be a threat to your plants outside, there are a few pests to watch out for indoors. Fungus gnats, which look like tiny flies or mosquitos, tend to go for fungi growing in soils with organic matter, Ramanek said. They can especially be a nuisance in warm or humid environments.

"They don't like soap, so one thing you can do is spray the surface of your pot with a really frothed up mix of dishwashing liquid and water," he said. "Some people will put a layer of sand across the surface of the pot, and that prevents the larvae from coming out of the ground."

The red spider mite, another plant-feeding pest, is "virtually impossible to get rid of," according to Ramanek. There are chemical

remedies to control the spread, but the best way to manage them is to inspect your plant for any trace of them before you buy it. They cling onto the bottoms of the leaves, so you'll see the leaves start to wilt.

It's also possible to run into aphids, which look like small, pear-shaped insects, but those are also easily controlled with a soapy solution.

The date of maturity is going to vary depending on the plant, but Ramanek said there usually are visual indicators. Any lettuce or salad mix, for example, is harvestable at any stage once it produces leaves, while cucumbers are ready once they reach a length of about six to eight inches. As for the herbs, you'll know they can be harvested once you can smell their distinct scent.

"You can just use a sharp knife or a pair of scissors to cut the leaves off of the stem," he said. 🍷

### Five easy vegetables to grow indoors

Here's a list of non-herb foods you can easily grow inside your own home with the right tools, including any container with proper water drainage at the bottom (generally one to five gallons large), a good potting soil, water, and adequate sunlight or a grow light.

- **Microgreens** (sunflower, radish, pea, clover)

- **Asian greens** (bok choy, spicy or mild mustards, non-heading cabbage leaves)
- **Carrots** (little finger, adelaide or any baby carrot variety)
- **Spinach**
- **Lettuce**

Source: Jim Ramanek of Warner River Produce in Webster

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# IN THE KITCHEN

WITH **ALYSSA PITTERA**



Alyssa Pittera is the owner of The Salty Rose ([thesaltyroseco.com](https://thesaltyroseco.com), find her on Facebook @thesaltyroseco), a company offering a small line of organic and herbal items. Her flagship product is pepita “mylk,” a dairy-free alternative to milk made from pumpkin seeds (with the added option of New Hampshire maple syrup), while other offerings include gluten-free pancake mix, tempura mix and pumpkin seed meal. She produces everything out of a family friend’s kitchen in Deerfield and, prior to Covid-19, was selling at the Downtown Concord Winter Farmers Market in Eagle Square. In recent weeks, Pittera has pivoted to mostly grocery store deliveries and local pickups, with deliveries on Wednesdays. Her products can be found at Tuckaway Farm and Dog Rose Farm, both in Lee, and at Vernon Family Farm in Newfields. She’ll also be returning to the Concord Farmers Market’s summer season, scheduled to start May 2 on Capitol St.

**What is your must-have kitchen item?**

A Vitamix blender. Once I was able to buy one for myself, that was a game-changer.

**What would you have for your last meal?**

I really love salmon. Some really good Atlantic salmon over a bed of arugula would be my ideal last meal. I also love a good pile of foraged mushrooms sautéed in butter or ghee.

**What is your favorite local restaurant?**

Umami in Northwood. I usually get their veggie patty on a gluten-free bun, with curry fries.

**What celebrity would you like to see trying one of your products?**

I would say [mycologist] Paul Stamets. He’s basically the father of mushroom foraging in our country.

**What is your favorite product that you offer?**

The maple pepita milk straight up with cinnamon is really good. It’s a nice little treat to drink because it’s not too sweet.

**What is the biggest food trend in New Hampshire right now?**

New Hampshire is really finally starting to figure out that the local food system is the way to go. We are very lucky in that we have an amazing agricultural scene here [with] so many great local farmers and producers.

**What is your favorite thing to cook at home?**

One of my favorite things is spaghetti squash. I also really love poached eggs with some capers and avocado. I love to cook seasonally.

— Matt Ingersoll 🍷

## Pepita golden “mylk”

Courtesy of Alyssa Pittera of The Salty Rose

12 ounces maple pepita “mylk”  
1 teaspoon unrefined coconut oil  
1 teaspoon organic turmeric powder  
1 teaspoon organic cinnamon  
1/8 teaspoon ground organic cardamom  
1/2 teaspoon organic maca root  
New Hampshire maple syrup to taste  
A sprinkle of cracked black pepper

On the stove, or with a steamer, slowly warm the milk (do not boil). Once warmed up, add the powder ingredients and stir in the coconut oil. Continue to warm and stir until ingredients are blended consistently. An electric frother is a great option to achieve a foamy consistency. Taste and then sweeten with maple syrup.

## Weekly Dish

Continued from page 16

wine mushroom demi glace, red bliss mashed potatoes, buttered green beans and chocolate ganache tart with seasonal berries). Mimosa kits are also available for \$40, featuring a bottle of Cupcake Vineyards prosecco, a gallon of orange

juice, six shatterproof wine glasses and fresh fruit garnish. Orders are due by Monday, May 4, at noon (email orders at [info@citymoosenh.com](mailto:info@citymoosenh.com)), with curbside pickup on Saturday, May 9, from 10 a.m. to noon. 🍷



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## TRY THIS AT HOME

# Roasted rhubarb & ricotta flatbread

In these times of stay-at-home orders and flattening the curve, I like to look for the silver lining. One of those is that there's more time to cook at home. Obviously, cooking is something I enjoy, but I'm hoping others who may have more time without a commute to work or fewer errands to run can also find some joy in cooking.

This week's recipe's star ingredient is rhubarb. Fairly soon it should appear in the produce department. When you make your next trip or place your next order, see if it's available. It has a short window of availability, so be sure to get some if you see it.

Many people think of rhubarb as a dessert-only ingredient. Sure, it's delicious in rhubarb bars and strawberry rhubarb pie, but it can be so much more than that. This week I'm using it as a topping for flatbread pizza. It provides some nice texture and tangy bite that contrasts well against the creaminess of the ricotta and the sweet bite of the onions.

Another fun aspect to this pizza? When the rhubarb is roasted, it changes from a deep pink hue to a softer pink. How often do you get to eat pizza that has pink toppings?

This pizza is probably unlike any oth-



Roasted rhubarb & ricotta flatbread. Photo by Michele Pesula Kuegler.

er you've had. Create a noteworthy new pizza, and discover how delicious cooking at home can be.

*Michele Pesula Kuegler has been thinking about food her entire life. Since 2007, the Manchester resident has been sharing these food thoughts and recipes at her blog, Think Tasty. Please visit [thinktasty.com](http://thinktasty.com) to find more of her recipes.* 🍷

### Roasted Rhubarb & Ricotta Flatbread

Serves 2-3

1/2 batch pizza dough\*  
1 tablespoon olive oil, divided  
1 cup sliced sweet onion  
4 rhubarb stalks  
1 cup whole-milk ricotta  
Freshly ground black pepper  
Flaked sea salt  
Honey

Preheat oven to 400°.  
Heat large frying pan over medium heat, add 1/2 tablespoon olive oil.  
Add onion, reduce heat to low, and sauté for 5 minutes  
Stir the onions; sauté for another 5 minutes.  
Stir the onions, sauté for a final 5 minutes or until tender and golden brown.  
Set onions aside.  
Cut rhubarb into 1-inch sections, which should make about 1 1/4 cups.  
Place rhubarb on rimmed baking sheet, and toss with 1/2 tablespoon olive oil.  
Bake for 5 minutes.

Remove rhubarb from oven to cool.  
Increase oven temperature to 450 degrees.  
Place a pizza stone or an inverted baking sheet in oven.  
Put ricotta in a medium-sized bowl, and whisk for 30 seconds.  
On a floured work surface pat and/or roll dough into approximately 13"x9" rectangle.  
Place dough on preheated pan, and bake for 10 minutes.  
Remove dough from oven.  
Top dough with ricotta, rhubarb and onion.  
Bake for 5 minutes.  
Sprinkle with pepper, salt; drizzle with honey.  
Slice and serve

\* If using frozen pizza dough, defrost and allow to rise. If making homemade dough, make and allow to rise according to directions.

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# At your service

Breweries get innovative in the face of Covid-19

By Jeff Mucciarone  
[food@hippopress.com](mailto:food@hippopress.com)

I've always found the beer industry, or at least the local beer industry, to be a community of business owners who are legitimately pulling for one another. I think part of that is simply because beer is something that brings people together. You just don't really hear brewers talking about how they want to "bury" the competition — at least not publicly.

And I think beyond that, brewers can see that in New Hampshire a successful local, craft beer industry is good for everyone — the whole "rising tide lifts all ships" phenomenon. As someone who enjoys craft beer, I want to see the whole New Hampshire beer scene elevated. Frankly, I think New Hampshire brewers were doing a terrific collective job of really establishing the Granite State as a beer destination.

Of course, the economy has largely come to a screeching halt as the coronavirus pandemic has caused entire industries to shut down and forced most of us to embrace working from home. Obviously the situation has had a major impact across industries, and that includes craft brewers, who in normal times would invite patrons into their breweries to enjoy freshly brewed beer, and would see patrons enjoying their libations at restaurants and taverns across New Hampshire and beyond.

Neither of those two things can happen right now but that doesn't mean you can't get your hands on some New Hampshire beer. Breweries have gotten creative to ensure people can still enjoy their beer and thus they can stay afloat in an uncertain time.

Most breweries, including 603 Brewery in Londonderry, Stoneface Brewing Co. in Newington and Schilling Beer Co. in Littleton, are offering takeout opportunities or curbside pickup options, where you can order online or over the phone and pick it up at the brewery. Those options are both critical because now more than ever people just need a beer.

But other breweries, like Great North Aleworks in Manchester, Able Ebenezer Brewing Co. in Merrimack and Throwback Brewery in North Hampton, are taking things a step further and actually delivering beer (and in some cases food) right to your door. Despite the circumstances, that



Able Ebenezer Brewing Co. in Merrimack will deliver to your door. Courtesy photo.

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is pretty cool. It's an innovative way to keep businesses running and employees working, and frankly, to meet the demand from customers who are still longing for fresh, locally brewed beer.

Who wouldn't want Throwback Brewery's Cashmere Track Suit New England-style Double IPA, a Barrel Aged Black Bear Russian Imperial Stout by Great North Aleworks or Able Ebenezer's Burn the Ships Smoked IPA delivered to your door? No one in their right mind would be displeased by any of these possibilities. And, look, I get it, a lot of us aren't exactly in our right minds at the moment, but I'd like to think you can see through the haze on this one.

There are some limitations in terms of how far breweries will deliver and there may be minimum order requirements, so make sure to check out their websites or call before you try to order.

Your favorite local brewery may or may not offer a delivery option but it's likely that they are still doing takeout orders, so don't forget about them in this trying time.

*Jeff Mucciarone is a senior account manager with Montagne Communications, where he provides communications support to the New Hampshire wine and spirits industry.*

**What's in My Fridge**

**Town Pound Porter by Concord Craft Brewing Co. (Concord)** Remember when it snowed just a few days ago? I do. Frankly, that was just demoralizing. Skiers can't even be happy about it given the circumstances. Well, that night I grabbed this robust porter from my fridge and found myself nearly mesmerized by the rich, creamy character of this brew. I picked up big notes of slightly bitter dark chocolate and a nice, roasty finish. This could be your dessert beer, but I think it might be best with a steak. Perfect on an unexpectedly cold spring night. Cheers!



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## CDs pg22

• Amanda McCarthy,

*Road Trip* A+• Bitter Pill, *Desperate**Times* A+

## BOOKS pg23

• *Whistleblower* B• **Book Notes**

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your book or event, email

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## FILM pg24

• *Underwater* B-• *Spies in Disguise* C+• *Triple Frontier* B-• *Selah and The Spades* BAmanda McCarthy, *Road Trip* (Elephant Records)

One of the myriad downsides of The Great Downtime is that the career plans of our best local musicians are frozen in stasis for the time being. Londonderry resident McCarthy was named Songwriter of the Year at the 2019 New England Music Awards for good reason; with the slightest bit of luck she'll do well in Nashville, which is where she was headed before the world stopped. Kick-off track "Idaho" is a proclamation of her commitment to living up to the fearless vagabond archetype; she's well aware that she's going to have to leave the state armed with some great stuff — which this is — if she's

going to get noticed in one of the three music meccas. Nashville is the right move for her really; the song sounds exactly like what you'd expect to hear if you thought of a Jewel and Shania Twain team-up, an exuberantly sunny jaunt on a balloon of open-chord strumming. The zydeco-pocked "Folk Song" shows her Tay-Tay side; "Tiki Bar" moves from phone-patch vocal giddiness into a full-blown singalong. Help her move to Music City by buying the album at [amandamccarthy.bandcamp.com/album/road-trip](http://amandamccarthy.bandcamp.com/album/road-trip). A+ — *Eric W. Saeger*

Bitter Pill, *Desperate Times* (single) (self-released)

I don't know how many times I've gotten rightly freaking triggered over local New Hampshire bands neglecting to reveal what town they're from in their FaceTwitAgram profiles, and I'd express my disapproval again in this instance, but these guys would probably just respond by flicking a lit Marlboro at my head. I'm guessing either Dover or Manchester, but wherever they're from, I approve of the junkyard-loft/'50s-rock/whatnot mess they hawk. The quintet's core comprises the Butlers, dad Billy on cello and daughter Emily on ukulele, trading vocal turns on the styles that suit them best. Bil-

ly takes the throwback-blues-rawk-ish stuff (this track, available now for download as an album teaser), making like an alternate-universe Bob Dylan who wanted to be a bank robber when he was growing up, while Emily's trip involves laying dead-ringer Billie Holiday imitations over drunken hayseed-indie notions of Dresden Dolls doing Jamba Juice commercials ("Too Many Vampires," from their 2018 full-length *Prepare Your Throats*). This song, as well as preorder info for their June album *Desperate Times on the New Hampshire State Line*, can be found at [bitterpill.bandcamp.com/album/desperate-times-on-the-new-hampshire-state-line](http://bitterpill.bandcamp.com/album/desperate-times-on-the-new-hampshire-state-line). A+ — *Eric W. Saeger* 🍷

## PLAYLIST

A seriously abridged compendium of recent and future CD releases

• A lot of people like British neo-synthpop band **The 1975**, mostly because their songs don't suck. No, don't laugh, most new bands do well *because* they suck, but we won't get into that, because I'm supposed to be watching my blood pressure. They have a new release coming out (originally scheduled for an April 24 release, it has now been pushed back to May 22). When last we left these guys, in 2018, they had bagged the idea of making a double album and only released, um, half a double album, called *A Brief Inquiry into Online Relationships*. People didn't seem to think the songs were as awesome as their previous hits, like the Killers-ish "Robbers" or their Prince-meets-boyband tune "The Sound," but it was OK, if you just wanted to be an obedient fan and avoided reading all the dissing of it by critics (the overhyped kickoff single "Give Yourself a Try" was pretty uneventful and too emo, come on, even *you* have to admit it), and whatever, the singer had just gotten out of rehab. What we face now is the second half of (OK, no more double-album-fail jokes just to fill space that I'll want back later, when I'm running out of room) whatever, *Notes on a Conditional Form*. Let's listen to the single "Me & You Together Song" and see if this will erase the shame of that last stupid album and put them back in the running to become the Goo Goo Dolls of Generation Z. Oh no, the video starts with a blonde hipster groupie chick acting dumb in her bedroom, I'll betcha this is gonna be super stupid. Wait. Nope, this is awesome, a jangly mixture of Dashboard Confessional and Gin Blossoms. If Hollywood ever remakes *Say Anything*, this should be the song playing on Lloyd's tiny Pandora boombox outside whatserface's window. They are redeemed, let's continue.

• **LA Priest** is the stage name of space-pop wingnut Sam Dust, who was once in a band called Late of the Pier. Don't worry, I'd never heard of them either, so your hipness is safely intact, but you have heard this project's greatest hit, "Oino," at a velvet-rope afterparty (or, more likely, while shopping for Hello Kitty hair scrunchies at Forever 21); it's a subdued, bubbly runway-techno tune with cool vocals that are nevertheless too loud in the mix. "What Moves," the lead single from *Gene*, his new album, is scheduled for release April 24 and is a slower, tribal, stalking-panther-in-the-grass warehouse-funk tune with yodeling vocals that are cool but not great.

• Jangle-indie-folk stalwarts **Indigo Girls** are cool with me; they've played at Londonderry's Tupelo Music Hall, after all, and their late-'80s hit "Closer To Fine" is essential if you like '60s folk and Birkenstocks or whatever. The duo's 15th LP, *Look Long*, is scheduled to be released April 24 and includes the tune "Change My Heart," which is a little bit Beatles and a little bit Juliana Hatfield.

• We'll close with *The Ritual Begins at Sundown*, the new album from original Doors guitarist **Robby Krieger**, who turns 75 this year, yay birthday so much fun. I was expecting something horrible, because I have no idea what he's done since the 1800s or whatever, but this is simply modern jazz for dummies, quite a bit like Yellowjackets overall, nice and clean, happy and slick, a little grungy on the guitar end, but there's no harm in that really. — *Eric W. Saeger*

## Retro Playlist

*Eric W. Saeger recommends a couple albums worth a second look.*

If anyone had ever told me that at some point one of the few forms of music I'd be listening to for pleasure was clarinet jazz, I would have told them they were completely daft. The instrument — a small breath-powered woodwind that's usually pictured in thesauruses as an antonym for "cool" — is traditionally part of the nursing home vibe. It has a sleepy sound and couldn't hurt a fly. It was cool back in the '50s and early '60s (yeah, the *Mad Men* days), when beatniks would occasionally play it in an attempt to wrest it from the domain of chain-smoking eggheads, who drank gasoline-flavored martinis while debating for hours the crazy



thoughts of post-war free-market nonsense-philosophers like Ayn Rand, Edith Efron and all those guys. To me, the most unforgettably vivid quote Matt Taibbi ever uttered was when he called neoliberal destructo-bot Alan Greenspan a "party-crashing clarinetist." It perfectly evokes how things were back when husbands wore ties and hats to work. Clarinets were freaking *cool*.

You'd think by now that the instrument would have made a comeback, particularly within the hipster set, but I haven't heard any at all. On the jazz side, I often complain about not receiving many clarinet jazz CDs from my lovely PR people, but then again, I used to just throw them right into one of the Bottomless Boxes around here and forget about them. That was before I bought the

2007 two-CD set *The Essential Benny Goodman* and it became my favorite leisure-drive record, especially when the wife and I are heading to estate sales in tiny New England towns to pick out awesome, cheap, super-old stuff for adoption. The live version of "Stealin' Apples" is a clinic, capturing Goodman going absolutely nuts in a clarinet solo. It's the same sort of crazed melodic freak-out you've heard from many a heavy metal guitarist. Seriously, the *same*.

One newer clarinet-jazz CD I didn't toss into a Bottomless Box was **Adam Price's** 2018 album *House Ghosts*. It's a triptych of influences, remembering his time spent in places like Kenya ("Mzungu"), Florence (the spooky title track), and



depressed Pennsylvanian coal country (the mawkish "The Girl in the White Dress"). There's a certain richness to it all that I sure didn't expect.

Mind, I'm not encouraging intentionally bad indie-rock bands to ruin the clarinet the way they did the xylophone. Lionel Hampton is rolling in his grave, trust me. But the sound is no longer something I, for one, religiously avoid.

*If you're in a local band, now's a great time to let me know about your EP, your single, whatever's on your mind. Let me know how you're holding yourself together without being able to play shows or jam with your homies. Send a recipe for keema matar. Email [esaeger@cyberontix.com](mailto:esaeger@cyberontix.com) for fastest response.* 🍷



*Whistleblower*, by Susan Fowler (Viking, 260 pages)

If you're getting most of your sustenance these days from Uber Eats, *Whistleblower* might not be the best book to read. It's a first-person account of the ride-sharing company's early history of misogyny and sexual harassment, written by the woman who first brought it to light.

Susan Fowler was 25 in 2017 when she wrote a now-famous blog post titled "Reflecting on One Very, Very Strange Year at Uber." In it, Fowler revealed that shortly after she'd joined the company, her manager had openly propositioned her over the company's internal messaging system. She took screenshots of the exchange and reported the cretin to human resources, but was told that nothing would happen to him because it was his first offense and he was a "high performer."

She also wrote that other women had been harassed, and that in a single year, the percentage of women working for Uber had fallen from 25 percent to 6 percent.

That post was the start of bad things for Uber and good things for Fowler, who went on to be one of the "Silence Breakers" on the cover of Time magazine and "Person of the Year" for The Financial Times. And so, of course, there would also be a book.

With so much written already about Fowler's experience in Silicon Valley, *Whistleblower* threatened to be a painfully repetitive yawner of a book. It is redeemed, not because of any startling new revelations of boys behaving badly, or lyrical prose, but because of Fowler's truly astonishing path to success.

Fowler is, as it turns out, is the Tara Westover (*Educated*) of Silicon Valley, a largely self-educated polymath whose accomplishments seem an argument against public education. She is hailed as a role model for women in the workplace, but in fact, it doesn't take an extraordinary amount of courage to blog about a bad job after you've left it or to report a creepy boss to HR. Far more impressive is what she accomplished before she ever got Uber, not what happened after.



She grew up in true poverty in Arizona, one of six children in a home-schooling family; one year, her parents made only \$5,000, she writes. Her parents were deeply religious Christians, Evangelicals, and her father worked part-time as a preacher; he also worked as a door-to-door salesman, selling vacuums, phones, life insurance. But despite the hardships of having so little money in a large

family, Fowler looks back at her upbringing with affection. The bedroom that she shared with three sisters would flood, but she remembers rollicking afternoons playing outside with her siblings. Her mother sewed the children's clothes but taught Fowler music on a paper piano she made with posterboard and a permanent marker.

Their education was short on math and science but rich in music, art, literature and history, and most importantly, Fowler's father taught her to study, not superficially, but intensely. He'd taught himself eight languages, including Hebrew, ancient Greek and Aramaic. "He had an insatiable hunger for knowledge, both religious and secular. At night, long after dinner had been cleared away, he would sit at the kitchen table with his notebooks and books in front of him, his head down, a pen in his hand, studying and learning."

It was a habit that Fowler adopted after her father died and her mother had to go to work. The youngest children were enrolled in public school, but Fowler was too old at that point to start high school, and so she took it upon herself to learn enough to get into college. She worked during the day (at perhaps the most interesting jobs a teen ever had: a spider breeding business called Spider Pharm, and another business called Brand New Dead Things). She studied at night, and became accomplished on the violin.

When it came time to apply to colleges, she created her own transcript, titled "Susan Fowler Home School," listing every book she'd read and the subjects she'd mastered. The first standardized test she ever took was the ACT. Her score earned Fowler a full scholarship to Arizona State University, and from there she

transferred to the University of Pennsylvania — to study physics.

From there, however, Fowler's trajectory seems repeatedly interrupted by the bad behavior of others. There's a messy and complicated story at Penn involving a suicidal student she was trying to help that resulted in an unpleasant departure from there. Then, her first two tech jobs, which both lasted under a year, ended unhappily before she landed at Uber.

Had the Uber story not turned in her favor, Fowler could have, in 2017, looked not like a hero but like a difficult employee who had a hard time keeping a job.

As it happens, she is a hero of #MeToo and credited with changing a toxic culture at Uber.

Fowler is a credible storyteller, and no one has refuted the stories she puts forth in *Whistleblower*. As compelling as her story is, she at times seems a little tone-deaf with regard to how she presents herself. There is much humble-bragging, bereft of the humble, as when she lists what she wanted to do before she started dating again:

#### BOOK NOTES

If you're unemployed, broke and still waiting on that stimulus check, the author Roxane Gay may be your new hero.

Gay was at the forefront of a wave of social-media altruism, using her Twitter account (@roxanegay) to connect with struggling people and then sending them money via Venmo.

She said on *The Daily Show* that she had enough money to get through a couple of months with diminished income but was worried about the people who don't. "A lot of what people need right now is just cash. No questions asked," she told Trevor Noah.

"In a better world, the government would handle it, but we don't live in a better world; we live in this world. And those of us with the means have to do our part to the extent that we can."

Noah asked how Gay dealt with the possibility of being scammed. She replied, "If you are really running a scam for a hundred dollars, then your karma ... whatever happens to your karma, is what happens to your karma."

To help karma reward Gay for her kindness, you might want to order one or more of her books.

"I'd finally become fluent in Ancient Greek, improve my violin and piano playing, understanding everything in Steven Weinberg's three books on quantum field theory, and become a truly, genuinely good human being, holding myself to the highest standards."

Yeah, us too.

It's been said that Fowler's story should have been written by someone impartial, like an investigative reporter with a fact-checking budget who could have confirmed her telling of what happened at Penn and the companies where Fowler worked before going to Uber. True that. There's also always reason to be suspicious of any autobiography written before the author turns 30. There, of course, will be much more to her story, and there's much she doesn't tell here, such as whether the lives of her siblings have turned out equally well.

That said, *Whistleblower* is more interesting than expected and holds a magnifying glass to two fascinating, disparate worlds. Spoiler alert: She now takes Lyft.

**B** — Jennifer Graham

*Hunger: A Memoir of My Body* (Harper, 2017) is a searing, intimate memoir of a woman who was brutally raped as an adolescent and once weighed 577 pounds. The short story collection *Difficult Women* came out the same year from Grove Press. *Bad Feminist* was a collection of essays (Harper Perennial, 2014). Her other titles are the story collection *Ayita* and the novel *An Untamed State*.

Another author giving money to people on Twitter is Shea Serrano (@sheaserrano). His books are *Movies and Other Things* (Twelve, 2019) and *Basketball and Other Things* (Harry N. Abrams, 2017).

Meanwhile, a spat of damning publicity notwithstanding, A.J. Finn's *The Woman in the Window* (William Morrow, 2018) has just been released in a paperback version connected to the upcoming film. (The film was set to release May 15; like many others, the release has been postponed indefinitely.) Read it in conjunction with The New Yorker's 2019 profile of the author, whose real name is Dan Mallory. The story of how the thriller came to be published is just as strange and riveting as the book. — Jennifer Graham

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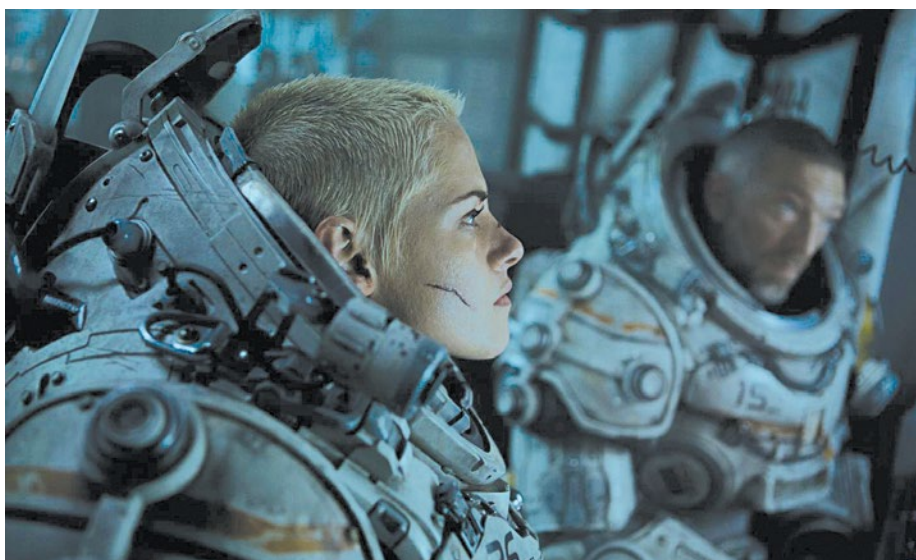


**Underwater (PG-13)**

**Kristen Stewart sports a buzz cut and a no-nonsense attitude in *Underwater*, a horror-ish thriller that won me over by getting right down to business.**

We get backstory (a company is running a big mining operation on the sea floor in some of the deepest parts of the ocean) delivered via newspaper clippings and memo-text under the credits. When the movie itself starts, we meet Norah (Stewart) just minutes before an earthquake (maybe?) jolts the underwater base and destroys part of it. There are hull breaches and collapsed floors and Norah has to scramble through water- and debris-filled hallways to reach this and then that screen or control center where she attempts to find usable escape pods. Along the way, she finds other survivors and attempts to help them dig out of rubble and pass through narrow crawl spaces, eventually making it to a room where they meet up with the captain and others and we get our group of people whose names we will bother learning: the captain (Vincent Cassel), Rodrigo (Mamoudou Athie), Smith (John Gallagher Jr.), his girlfriend Emily (Jessica Henwick) and requisite wisecracker Paul (T.J. Miller).

A plan emerges: the group will don spe-



*Underwater*

cially underwater gear and walk across the sea floor to one substation and then later to a central drill where other escape pods can likely be found. There are, of course, problems with this. Can the suits withstand the pressure of this extensive time in the deep water? Is there enough oxygen? Will the equipment at these other two locations be in working order? And what about those “earthquakes”? Were they quakes resulting from the drilling of the ocean floor? Or

did that drilling awaken and let loose something else?

I mean, obviously, it’s that second one. You couldn’t sustain a whole 95-minute movie if it wasn’t the second one.

Though we get tidbits of everybody’s backstories as we go along, this movie is very focused on the core action and Stewart turns out to be a very solid action hero. The intensity that at times seemed laughably way too much in, say, the *Twilight*

movies works perfectly here. She is competent with occasional notes of very dry humor and hints at a great well of grief. It works for what the movie needs her to do.

As for the rest of the movie: there have been better special effects (the answer to “what did the drilling awaken” is “the best we can do for this movie’s probably not-huge budget”) but the underwater-ness of it all helps to offer an excuse to obscure as much as possible (which in terms makes what you can’t see scarier). What *Underwater* lacks in originality it makes up for in its storytelling economy. **B-**

*Rated PG-13 for sci-fi action and terror, and brief strong language, according to the MPA. Directed by William Eubank with a screenplay by Brian Duffield and Adam Cozad, Underwater is an hour and 35 minutes long and distributed by Twentieth Century Fox Film.*

**Spies in Disguise (PG)**

**An “I work alone” James Bond type learns to be a team player after he is turned into a pigeon in *Spies in Disguise*, an animated movie originally released toward the end of 2019.**

Will Smith voices Lance, a spy who can ignore his boss (voice of Reba McEntire) while on assignment but is still a star when

**AT THE SOFAPLEX**

Several movies that were in theaters at the time they closed are now available for home viewing. Here is a rundown of recent releases and some of the bigger award movies and end-of-year movies from 2019. Indicates a movie to seek out. Find full reviews for most films in past issues, which are available at [hippopress.com](http://hippopress.com).

***Frozen 2* (PG)**

Voices of Kristen Bell, Idina Menzel.

The adventures of Elsa and Anna continue in this sequel to the 2013 blockbuster. There are some cute songs — Olaf’s “When I’m Older” and Kristoff’s 1980s power ballad “Lost in the Woods” — and some nice moments and some beautiful visuals but the movie didn’t, like, dazzle me. However, “me” is probably not the point. I do think the movie, particularly in its final third, skews a little dark and might be more elementary school than preschool fare. **B Available for rent or purchase or with a Disney+ subscription.**

***The Gentlemen* (R)**

Matthew McConaughey, Charlie Hunnam.

Plus Michelle Dockery, Henry Golding, Jeremy Strong, Colin Farrell and Hugh Grant having all the fun. The real star here is the classic Guy Ritchie caper. If you like that (and don’t mind the associated violence and self-conscious naughtiness), then you’ll like this just fine. **B Available for purchase.**

***The Good Liar* (R)**

Helen Mirren, Ian McKellen.

Mirren and McKellen have a great time in this very meh movie about a con man, his rich-widow mark and the inevitable twistiness of their relationship. Is two actors having fun with their roles enough to make up for some otherwise average movie-iness? With these two actors, yeah, maybe. **B- Available for rent or purchase.**

***Harriet* (PG-13)**

Cynthia Erivo, Leslie Odum Jr.

Janelle Monae also shows up, doing the best she can with a very book-report-y character in a very book-report-y movie about the life of Harriet Tubman, who deserves a better biopic. Erivo, however, elevates the movie, bringing something of a real human to the superhuman-seeming person. **B Available for rent or purchase.**

***The Hunt* (R)**

Betty Gilpin, Hilary Swank

Gilpin is the standout element of this thriller that gives an internet-troll-woke-culture sheen to what is basically a movie about a group of people getting killed one by one. The movie features some fun storytelling misdirection in moments but it is Gilpin’s performance as a woman extremely well-equipped to fight off whatever comes her way that makes this darkly comic, quite gory movie pluckily enjoyable at times. **B- Available for rent for \$19.99 for a 48-hour period.**

***Hustlers* (R)**

Jennifer Lopez, Constance Wu.

A group of exotic dancers develop a multi-layer scam to separate unlikeable Wall Street-types from their money in this totally fun crime caper movie that earns a **B+** in part because of the A+ performance from Lopez as the larger than life ringleader Ramona. **Available for rent or purchase.**

***The Invisible Man* (R)**

Elisabeth Moss, Oliver Jackson-Cohen.

You almost don’t need the “invisible” to make this update of the classic horror movie completely terrifying. Moss plays a woman so cowed and abused by her rich tech-

guy husband that she has to sneak away from him in the movie’s opening moments. When she starts to suspect that the report of his death was all part of his own plan to drive her mad, Moss’s character finds herself increasingly isolated from her loved ones and even maybe doubting her own sanity (they certainly doubt her sanity). Moss is great at selling this kind of big, intense performance and putting you in it with her. **A- Available for rent for \$19.99 for a 48-hour period.**

***The Irishman* (R)**

Robert De Niro, Al Pacino.

An aging mob hitman recounts his life, to include his friendship with and ultimate assassination of Jimmy Hoffa, in this three-and-a-half hour saga from director Martin Scorsese. I think home-viewing (and your ability to pause when you need a break) might be the best way to view this movie, with all its small moments and details and story detours. **B Available on Netflix.**

***Jojo Rabbit* (PG-13)**

Taika Waititi, Scarlett Johansson. Yes, Waititi (who also wrote and directed this movie) plays Hitler, the goofy (but still terrifying) imaginary friend of Davis’s

10-year-old Jojo, a boy trying to find his place in a Nazi Germany near the end of the war. *Jojo Rabbit* reminded me a bit of Danny Boyle’s *Millions*, where magical realism and a kid’s imagination act as a prism that real-world events are filtered through, coming out askew and more rainbow-colored than the reality (a reality which we, in the adult audience, can see around the edges). I think this movie, while it is at times wobbly, mostly threads the needle of showing the terror and the ugliness of Nazi Germany while being lighthearted and optimistic about humanity. **B+ Available for rent or purchase.**

***Joker* (R)**

Joaquin Phoenix, Frances Conroy. Phoenix was nominated in the lead actor category for this movie, which puts the chocolate of the Batman saga in the peanut butter of late 1970s-early 1980s cinema, in particular *The King of Comedy*, for this aggressively aggressive look at the Joker’s origin story that really likes itself and all the Serious Film work that Phoenix is doing. Except, blech, this movie is no fun at all to sit through and its outlook on society is, er, unpleasant. **C- Available for rent or purchase.**



he returns to home base. But when a villain sets him up and gets Lance marked as a turncoat, Lance turns to Walter (voice of Tom Holland), one of the spy agency's tech guys who Lance had personally just fired for diva-ish reasons. Walter had been trying to explain his plan for a revolutionary bit of tech that would help a spy hide in plain sight. Lance shows up at Walter's house demanding to see it and, because he's not much of a listener, accidentally drinks the prototype.

"Always ask for the details first" is a lesson Lance might learn from the experience, as the way he is hidden in plain sight is by being turned into a bird. A pigeon, specifically, Walter's favorite bird; he even has a pet pigeon named Lovey (who becomes quite taken with pigeon-Lance).

Despite his preference for working alone, bird-Lance finds that the lack of opposable thumbs means he needs some assistance and so he and Walter (and Lovey and some birds they meet along the way) work together to attempt to find the villain (voiced by Ben Mendelsohn, of course) who set him up while keeping away from the spy agency's internal affairs agent (voice of Rashida Jones) who is trying to arrest Lance.

I'd peg the audience age of this movie at something like 9 years old and up; part of Lance's shtick is that he's a "shoot to kill first, ask questions later"-guy. Not being so violent and working with a team/found family are part of the lessons that make up Lance's arc. Walter, meanwhile, is learning to have confidence and embrace his "weird science kid" personality. The movie conveys all of this adequately if not particularly creatively. There are moments of bird humor that are cute, Smith line deliveries that are chuckle-worthy jokes. There are also extended scenes of talking and arguing that might have kids bored or fast-forwarding, which rather defeats the purpose of a kid-centric movie, especially one that you have to pay for. C+

*Rated PG for action, violence and rude humor, according to the MPA. Directed by Nick Bruno and Troy Quane with a screenplay by Cindy Davis, Brad Copeland and Lloyd Taylor. Spies in Disguise is an hour and 42 minutes long and distributed by Twentieth Century Fox Film. It's available for rent or purchase.*

### **Triple Frontier (R)**

**Ben Affleck, Oscar Isaac, Charlie Hunnam, Garrett Hedlund and Pedro Pascal star in the somewhat inert Triple Frontier, a 2019 Netflix Original.**

Garcia (Isaac) had some altruistic mission to go to Colombia and help fight the drug war, but when we meet him there he's discouraged. He gets a piece of information that the head of the cartel, Lorea (Rey



*Triple Frontier*

Gallegos), is living in a compound in the jungle with all of his cash. Garcia gets his old military buddies — Davis (Affleck), Miller (Hunnam), Miller's brother Benny (Hedlund) and Morales (Pascal), each with his story about difficulty fitting in to the non-combat world — and, after more of the movie than is necessary, convinces them to come to Colombia to help him find Lorea. Initially he recruits them for just reconnaissance with the plan to give the information to Colombian authorities.

But once the men have figured out how they'd attack, Garcia lays out his real plan: suppose they take down Lorea themselves. They'll shoot the kingpin, whom Garcia wants dead after his years of fruitless raids and crime-fighting, and take his millions, each getting a cut, with a few million for the woman who tipped Garcia to Lorea's location.

After some resistance the men decide to go for it, expecting to score tens of millions. Instead they find hundreds of millions at Lorea's house, the physical weight of which causes unplanned-for dilemmas and leads the men, especially Davis, to act in unexpected ways.

The Davis character, whom we first meet when he is trying (and failing) to sell a mediocre condo to an uninterested couple, feels like the warm-up for a down-on-his-luck character Affleck plays in this year's *The Way Back*. He brings a soul-weariness to the part that makes his character's growing desperation an interesting story beat.

Affleck and Isaac are probably given the most layered characters to play in this movie. Both characters are motivated by greed but also by other things, including disappointment with how their endeavors have turned out. It's a nice mix of elements for them to play and I feel like they are doing good work, backed up by Hunnam, Hedlund and Pascal. Everybody is solid.

So why does the movie frequently feel

like it hasn't been turned on yet?

I think part of the drag on this movie that features a heist and an action-filled journey is that the pacing is off. The movie takes nearly 30 minutes to get the men to Colombia and basically 45 minutes to get to the central action of the story. Considering what comes after the heist, this feels like too much time repeating information we already know about these five men and their situations. Once the story really kicks into gear, there are still unnecessary stretches that sap the energy out of what should be a very tense sequence of events.

*Triple Frontier* feels like it could have been a decent action movie with some emotional heft — it also feels like to achieve this it needed another round of drafts to sharpen the action and quicken the pace. **B-**

*Rated R for violence and language throughout, according to the MPA. Directed by J. C. Chandor with a screenplay by Mark Boal & J.C. Chandor, Triple Frontier is two hours and five minutes long and is distributed by Netflix.*

### **Selah and The Spades (R)**

**Private high school students vie for power in Selah and The Spades, an entertaining mash of Heathers and Game of Thrones.**

Selah (Lovie Simone) and her right hand man Maxxie (Jharrel Jerome) run the Spades, one of the five factions at the private boarding school, Haldwell School. The Spades sell an assortment of drugs and booze; the other factions hold illegal parties, sell tests, facilitate gambling and keep the authorities at bay. They have a high council to settle disputes and keep the peace. Selah's Spades reign supreme, but Bobby (Ana Mulvoy Ten), head of the drama-kid filled party-running faction called the Bobbys, wants to make a power grab, especially since Selah, in the spring of her senior year, hasn't yet named a successor.

Enter Paloma (Celeste O'Connor), a

sophomore. Selah takes a shine to Paloma and starts to groom her as a possible heir. When we meet Paloma, she is a shy new kid, a scholarship student and primarily engaged in the school's social life through her work as a school newspaper photographer. She seems drawn to Selah and her faction — to the ready-made social group and to the appearance of power. But will Selah's queenly favors start to go to Paloma's head?

High school feels like a sensible setting for stories featuring ridiculous and baroque social rules and dramatic power struggles — most of which actually have no stakes. (No stakes most of the time; Selah, we learn, has a habit of taking things too far.) Like the would-be rulers of Westeros, some faction heads here scheme to bring another down but are also susceptible to larger forces beyond their control (in *Game of Thrones* it's dragons and ice zombies; here it's parents and school administrators).

I feel like the characters and the setup of this movie work within the world of this movie. (Are any high schoolers actually like this? I have no idea. But I am old enough and the actors are young enough that everybody has kind of a baby face to me and there is a *Bugsy Malone* quality to the proceedings that is, well, sort of funny.) Simone, in particular, is able to give her steely leader layers and inner turmoil that help to make sense of her actions. I also feel like the movie sets up more than it knows how to pay off. Or maybe the point of the ending is to once more reduce these characters to the children they are. Either way there was something a little abrupt about the way a movie with so many character notes and plot points that seemed to point the way to a twisty third act just ended.

I also suspect that I am officially Not the Audience for this movie and that were I high-school-ish aged I might find *Selah and The Spades* a more weighty thriller. As it is, I think this movie shows off the promise of its young cast and its writer/director Tayarisha Poe. **B**

*Rated R for teen drug content and language. Written and directed by Tayarisha Poe, Selah and The Spades is an hour and 37 minutes long, distributed by Amazon Studios and available via Amazon Prime Video.* 🍷

#### **More Netflix flicks**

Flip through the Netflix original movies and you'll find two recent offerings: a comedy called *Coffee & Kareem* (starring Ed Helms; it looks like a family movie but it is not) and a rom-com called *Love Wedding Repeat* (a more successful offering but one that could have really been something with another draft or two). Find these reviews by going to [hippopress.com](http://hippopress.com) and clicking on "Click here to see a PDF version of the paper." — *Amy Diaz*



# THE ROUND UP

Local music news & events

By Michael Witthaus  
mwitthaus@hippopress.com

• **Stay loose:** Here's hoping that come summer **G. Love & Special Sauce** will be back at Hampton Beach to lay down a deep groove. For now, their eponymous front man — real name Garrett Dutton — is jamming from home. Formed in a Boston bar, the group blew up on MTV beginning with the single “Cold Beverage” and cemented a reputation for high-energy shows on the H.O.R.D.E. tour in the mid-1990s. A new album, *The Juice*, came out in January. Thursday, April 23, 4 p.m. See [instagram.com/phillyglove](https://www.instagram.com/phillyglove).

• **Down home:** With a guitar, microphone and a sound machine, **Nicole Knox Murphy** is a ubiquitous presence on the local music scene, playing shows most every weekend during normal times. The New Hampshire Country Music Association honored her as Songwriter of the Year, and her CD *Music in My Heart* was named 2017's best. During the quarantine she's doing it from her Candia homestead. Friday, April 24, 7 p.m. on Facebook Live: [facebook.com/NKMSings4u](https://www.facebook.com/NKMSings4u).

• **Hardscrabble:** Husband and wife duo **Hungrytown** are a closer-to-home Gillian Welch and David Rawlings, with earthy originals that sound like they were written in another age, “timeless as any traditional songs,” in the words of Northern Sky. Rebecca Hall and Ken Anderson are beloved for blending music and history at places like Nashua Public Library. The couple's upcoming performance originates from their living room. Friday, April 24, 5 p.m., information at [bandsintown.com](https://www.bandsintown.com).

• **Mixed media:** The theme of a livestream concert from **Marek Bennett** is *Music & Monsters*. The latest in a series originating from New England College, the event blends music from the multi-instrumentalist — also a member of gonzo folk band Cold River Ranters and a teacher at Currier Museum of Art — with a primer on comic book illustrating. Bennett is the author of *The World is Made of Cheese — The Applied Cartooning Manifesto*. Saturday, April 25, 7:30 p.m., multiple networks and platforms, see [globalcitizen.org](https://www.globalcitizen.org).

• **Helping hand:** A benefit show includes performers who were due to perform in the region this spring, before Covid-19 upended the music business. Tip jar proceeds will go to **Sweet Relief**, a long-running charity that provides medical and other assistance to struggling artists. The lineup includes Samples front man Sean Kelly, Seth Glier, Grace Pettis (also part of supergroup Nobody's Girl), Rachael Sage and Dom Kelly. Sunday, April 26, 4 p.m. on [youtube.com/user/mppressrecords](https://www.youtube.com/user/mppressrecords).

## NITE Metal health

Rocked up Pilates offered by Nashua show promoter

By Michael Witthaus  
mwitthaus@hippopress.com

When the world isn't locked down, Eleanor Luna promotes shows in New Hampshire and the Massachusetts border area. Her Triple Moon Entertainment is an advocacy, management and promotions company for artists and musicians, focused on goth and metal bands. She manages doom rockers Dead Harrison, and she's also the marketing director at Somerset Swim & Fitness, a boutique health club in Nashua.

When Covid-19 closed the clubs and the gyms, Luna had an idea to fill the void that merged her two livelihoods. So she launched a YouTube channel, *Good Bones Wellness & Pilates*. She discussed it in a recent telephone interview.

### *How did your new effort combining music and Pilates happen?*

Basically everything that I love crumbled. ... Musicians have had all these shows lined up and everything is falling apart in their world. In the fitness world, no one can use the club right now, and people are trying to figure out how to stay healthy during this time. So I figured I would merge the two things I love best together, and see how I can help the most people.

### *So you bought a bunch of band merch...*

I knew I couldn't promote any of the shows that I have in the far distant future and I still really wanted to give back to the community. So I had some extra money and I decided to start buying band merch ... random T-shirts and things like that. At the same time I thought, I'm giving them 20 bucks for a T-shirt, but is it getting them recognition? No. How can I do something different? So I decided, since I'm now learning to be a Pilates instructor, to do Pilates demonstration videos and promote these bands at the same time.

### *Why the name Good Bones?*

I wanted to focus on the network of musicians I know. A lot of aging musicians are trying to get healthy and are looking for personal training, exercise, things like that ... how can I get those people as some of my first clients? I didn't want to be ‘Bad to the Bone’ or anything like that. So I did Good Bones because basically being strong and healthy is a foundation of Pilates — a strong core and healthy bone structure

are essential for good health.

### *You'll be posting a new video every Friday?*

Yeah — I bought merch from 10 different bands, and I'll be starting with them. In my first video I showcased Infinite Sin, a metal band from the Lakes Region; then I did Purging Sin from Manchester. I will probably do Dead Harrison, Lucretia's Daggers, and Frost of Doom, which is a dark wave band out of Boston.

### *This gives you a way to be energized, which is really hard right now.*

Yes! If I didn't have these two outlets of music and fitness I probably would go stir crazy, because there's just nothing for me to do. I realize a lot of musicians are very active online, which is completely awesome, but I'm used to being a showrunner. They've got that market covered. I see a different viability for bands to get some promotion through an alternate market, and I think it's something people haven't necessarily thought of yet. I'm kind of taking the lead on doing that.

### *The quarantine makes it hard for a band to be a unit. You're about everything a band does, all the heavy stuff.*

That really pumps me up when I'm doing a workout. I really love working out and I really love metal. I think there are more people that don't have an outlet to work out at the gym anymore. Here is a new outlet to work out with this person and also find really cool new bands to listen to.

### *What happens to this when we get to the all-clear signal?*

Well I definitely hope that everybody can get back to their lives and their regular show schedules. I think we're going



Eleanor Luna. Courtesy photo.

to probably take some time to get there, and I'll keep doing this. I'll probably do one-on-one or small group training sessions and probably do them with the music that I'm collecting from these artists as part of my workout routines.

### *What's happening with Dead Harrison?*

They're right now working on releasing two singles. One of them is basically the anthem for our times. It's called “End of the Bloodline” — a couple of years ago they released a beer [made by Concord brewery Lithermans Limited] called End of the Blood Lime. They wrote it well in advance of Covid-19, but ... I think it's going to be just one of those really strong anthems for our times. 🍷

### Good Bones Wellness & Pilates

**When:** Friday, April 24, 7 p.m.

**Where:** YouTube - [tinyurl.com/ycz394pm](https://www.tinyurl.com/ycz394pm)

**Also:** [DeadHarrison.com](https://www.facebook.com/DeadHarrison.com)



# MAMA DON'T LET YOUR BABIES GROW UP TO BE PUZZLES

**Across**

- 1. Go up and down one for a musical exercise
- 6. Apollyon Sun debut about a woofer speaker?
- 9. The show locale
- 13. Eminem said 'No One's \_\_\_' than him
- 14. AC/DC's second outing that was a big bang producer?
- 15. 'You Can Call Me Al' Paul
- 16. Ramones song about an age 13-19 having an incision into the prefrontal lobe of the brain (7,8)
- 19. Use roofing this, for dilapidated rehearsal shack
- 20. 'Keep On Loving You' \_\_\_ Speedwagon
- 21. Stones concert film '\_\_\_ \_\_\_ Light' (5,1)
- 22. Carly Simon classic about waiting in expectancy
- 26. Certain genre might be a fleeting this
- 27. Willie, to Lukas Nelson
- 28. Willie Nelson 'If I \_\_\_ My Way'
- 31. Marcy Playground's 'Joe On The School Bus' was an angel or

- this
- 34. Bob Dylan pulled his boat up to Detroit's 'Belle \_\_\_'
- 35. Country sing/songster Bobby
- 36. Howlin' Maggie song about the sauce
- 38. Did 'No Other Love' w/John Legend
- 40. Queens Of The Stone Age pulled out a blanket and sang '\_\_\_ \_\_\_ By The Ocean' (1,3)
- 41. Bunny Wailer eats this soft pear-shaped fruit under his 'Tree'
- 43. Jacob Sartorius could be '\_\_\_ \_\_\_ Miss' (3,2)
- 44. Henley of Eagles
- 45. Smashing Pumpkins '\_\_\_ Adore'
- 46. Sir Mix-A-Lot might want a cinnamon one for breakfast
- 47. 'Give A Little Bit' singer/Supertramp cofrontman (5,7)
- 53. Rod Stewart '\_\_\_ \_\_\_ Goes By... The Great American Songbook Vol II' (2,4)
- 56. Jon \_\_\_ Jovi
- 57. Michael Schenker 'Phenomenon' band that came from outer space?
- 58. Brian Ferry covered Jimmy Reed song that caused 3x the humiliation? (5,5,5)
- 62. 1976's 'I Can't Hear You No More' Reddy
- 63. '88 Bad Company album 'Dangerous \_\_\_'
- 64. Sunny Day Real Estate song played after #6?
- 65. Questions guitar teacher or does this
- 66. Emily Osment 'Get \_\_\_ Yah-

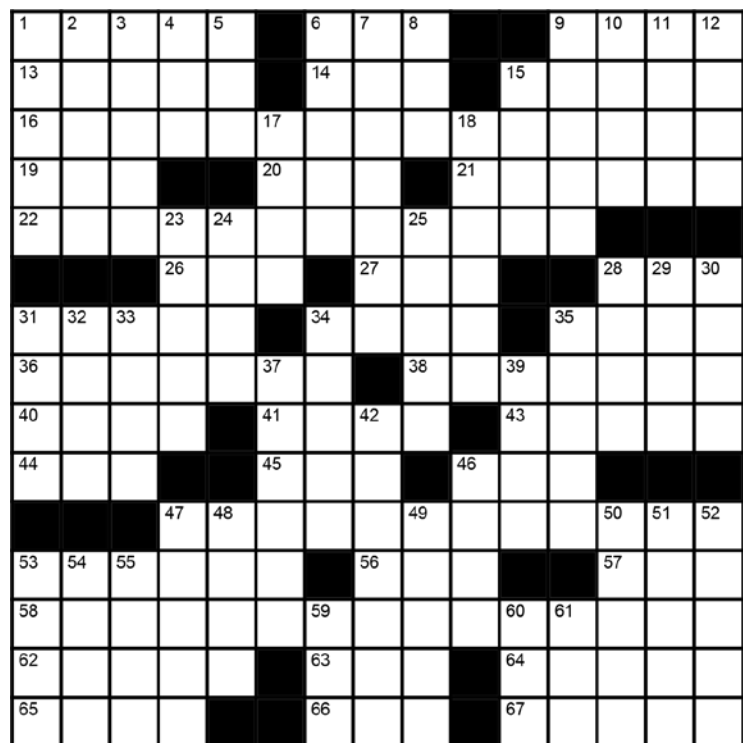
- Yah's Out'
- 67. What's happening presently is the latest this

**Down**

- 1. Harvey Danger hit 'Flagpole \_\_\_'
- 2. Waylon Jennings & Willie Nelson 'If I Can Find A \_\_\_ Shirt'
- 3. To make buddy aware of show
- 4. Composer Bernstein (abbr)
- 5. Historical period of time in music is this
- 6. Like price of rock star car
- 7. What concert semi does w/ equipment when it pulls up and the roadies open it
- 8. 'You Ain't Seen Nothing Yet' band (abbr)
- 9. To join a band on stage (3,2)
- 10. Willie Nelson "Knowing \_\_\_ the street where you live" (2,2)
- 11. Billy Joel 'It's Still Rock And Roll \_\_\_' (2,2)
- 12. 'A Day Without Rain' Irish softrock queen
- 15. 'Hippiechick' English band that started in Lower Manhattan?
- 17. Electronic 'Swamp Thing' band
- 18. Not the singles on a 45 but the flip side (hyph)
- 23. '11 Incubus album '\_\_\_ \_\_\_ Now, When?' (2,3)
- 24. Death Cab For Cutie 'Narrow Stairs' single short for Catherine, perhaps
- 25. Primus '\_\_\_ From The Punch Bowl'
- 28. Gateman's shout
- 29. 'Washington County' Guthrie

- 30. Ted Nugent big game target
- 31. Willie Nelson thinks 'It Could Be \_\_\_ That Way'
- 32. Fever Tree 'The Sun \_\_\_ Rises'
- 33. Willie Nelson 'Nothing \_\_\_ Do About It Now' (1,3)
- 34. '03 Ill Nino hit "How can \_\_\_ without you?" (1,4)
- 35. Tracy Bonham 'The Burdens Of \_\_\_ Upright'
- 37. Def Leppard classic 'Rock \_\_\_' (2,4)
- 39. Springsteen "His body hit the street with such a beautiful \_\_\_"
- 42. 'Stupid Girl' band that's trashy?
- 46. Willie Nelson "I'd rather have one than none Lord 'cause I'm flesh and \_\_\_"
- 47. Patsy Cline-ish LeAnn
- 48. Prodigy song that foreshadows?
- 49. Cartoon Dad that sings on 'The Simpsons Sing The Blues'
- 50. Gerardo sang of this 'Rico' in 1990
- 51. '00 Nickelback hit 'Leader \_\_\_' (2,3)
- 52. \_\_\_ In Sight: The Very Best Of Foreigner (2,3)
- 53. Cornershop 'Brimful Of \_\_\_'
- 54. Patti LaBelle album "\_\_\_ loving, when a woman loves"
- 55. Willie Nelson "\_\_\_ to me, buddy. Stay with me, buddy"
- 59. Singer Barry of Golden Earring
- 60. Greg Gihn's SoCal label Minutemen were on
- 61. Willie Nelson 'Every Time He Drinks He Thinks Of \_\_\_'

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**NITE SUDOKU**

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week's puzzle answers on pg 29.

**Conceptis Sudoku Puzzle A** By Dave Green

8								5
		4	5	1	3	9		
	9		6		4			1
	5							4
	3		2		9			5
		6	4	3	7	2		
9								6

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Difficulty Level ★★★★★

**Conceptis Sudoku Puzzle B** By Dave Green

6			4		7	3		
	7					5	1	
			5			6		9
		9						
3			2					8
						3		
4		5			1			
7	3						2	
	6	2		3				5

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Difficulty Level ★★★★★

**Conceptis Sudoku Puzzle C** By Dave Green

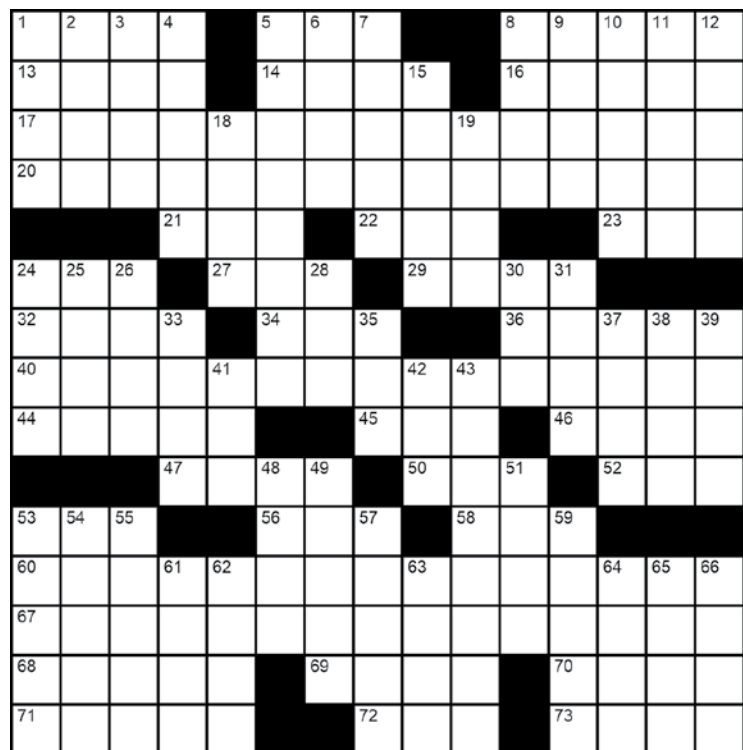
3			8		6			1
	8			1	4	2	5	
	1							
4	6		5		9			2
	9			3				8
8			4		7			3
								4
	3	4	2	7				1
9			1		3			8

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Difficulty Level ★



# “Cool, Cool” — another door opens



**Across**

- 1 Completely chill
- 5 Cat's resting spot
- 8 “Sweat smile” or “money-mouth face,” e.g.
- 13 Et \_\_\_ (Latin for “and others”)
- 14 Golden \_\_\_ O's (cereal variety that somehow exists)
- 16 Fix with a needle
- 17 ITEMS IN THE FREEZER
- 20 ITEMS IN THE FREEZER
- 21 Affectionate greeting (that I'm guessing there will be a lot of when this is done)
- 22 Raphael's weapon, in “Teenage Mutant Ninja Turtles”
- 23 Gallery offering
- 24 Raíz cúbica de ocho
- 27 Long sandwich
- 29 Makeshift car cleaners
- 32 Exclamations that have their moments?
- 34 Ewe's mate
- 36 Answer a stimulus
- 40 ITEMS IN THE REFRIGERATOR
- 44 Phone maker from Finland

45 “Born in the \_\_\_”

- 46 New employee
- 47 Degs. for many professors
- 50 Alternatives to Macs
- 52 It's usually due April 15
- 53 Breakfast hrs.
- 56 Android program
- 58 Carp in some ponds
- 60 ITEMS IN THE VEGETABLE CRISPER
- 67 ITEMS IN THE VEGETABLE CRISPER
- 68 Words before ante
- 69 It ended on April 9 this year
- 70 Musk of Tesla Motors
- 71 Bedding item
- 72 Get the idea
- 73 Some TV rooms

**Down**

- 1 Golden State, informally
- 2 “30 Rock” star Baldwin
- 3 Longest possible sentence
- 4 Go together perfectly
- 5 With “The,” 2008 Mike Myers flop

- 6 Carpet calculation
- 7 Stereotypical '80s hairdos
- 8 Words in the middle of everyone's favorite Napoleon-based palindrome
- 9 Alternate nickname for Sporty Spice (as opposed to Scary)
- 10 Home of Suntory's headquarters
- 11 2000 World Series MVP Derek
- 12 “\_\_\_ let you down!”
- 15 Green “Sesame Street” character
- 18 “It's either them \_\_\_”
- 19 Karmann \_\_\_ (classic VW model)
- 24 Rhett Butler's last word
- 25 The \_\_\_ State University
- 26 Jonas who developed a polio vaccine
- 28 Actress \_\_\_ Ling of “The Crow”
- 30 “Despicable Me” supervillain
- 31 “Late Night” host Meyers who's currently broadcasting from home
- 33 Omit
- 35 Initialism for the series of “Avengers” movies
- 37 “Keep \_\_\_!” (“Don't give up!”)
- 38 “Scott Pilgrim vs. the World” star Michael
- 39 “Jurassic Park” beast
- 41 God, to a Rastafarian
- 42 Preternatural power
- 43 Make retroactive, like a payment
- 48 “Hawaii Five-O” detective, to McGarrett
- 49 Go letter by letter
- 51 “Bon \_\_\_” (good evening, in France)
- 53 Photographer Diane
- 54 Transform bit by bit
- 55 Dealt a sharp blow, in the Bible
- 57 Asks intrusive questions
- 59 “The Sky \_\_\_” (1950 Italian drama)
- 61 Hurt all over
- 62 Rapper in “Law & Order: SVU”
- 63 Dermatologist's case
- 64 Miniature golf goal
- 65 English school founded by Henry VI
- 66 1040 IDs

**R&R answer from pg 21 of 04/16**



**R&R Classic answer from pg 31 of 04/16**



**Jonesin' answer from pg 34 of 04/16**



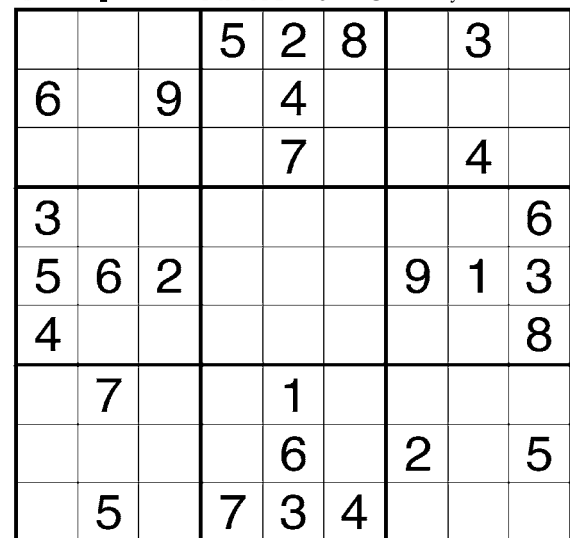
**Jonesin' Classic answer from pg 20 of 04/16**



**NITE SUDOKU**

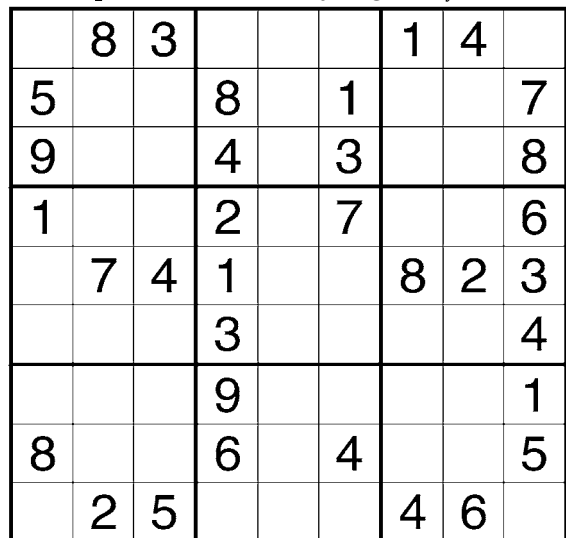
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week's puzzle answers on pg 29.

**Conceptis Sudoku Puzzle D** By Dave Green



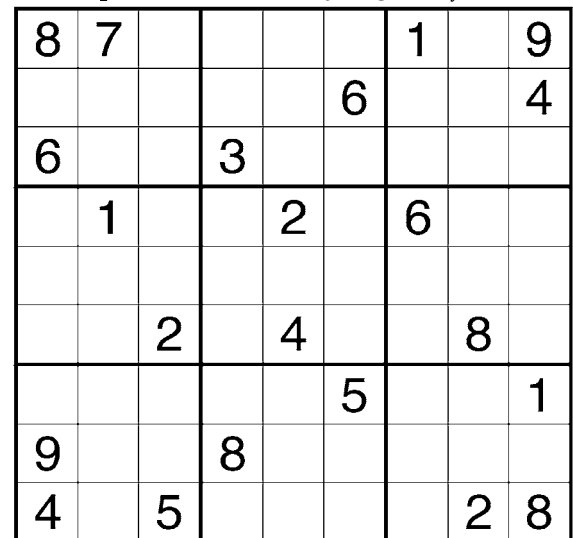
Difficulty Level ★★

**Conceptis Sudoku Puzzle E** By Dave Green



Difficulty Level ★★★

**Conceptis Sudoku Puzzle F** By Dave Green



Difficulty Level ★★★



# THE TUNE WILL COME TO YOU AT LAST

Enjoy this Rock and Roll Crossword, originally printed in 2012!

**Across**

1. Van Morrison "Like a full force \_\_, I was lifted up again"

5. Stone Gossard's band, when not w/ Pearl Jam  
 9. Zep 'Whole \_\_ Love'  
 14. Old school crooner Jackie  
 15. Stevie Wonder's mother and 'Signed, Sealed & Delivered' co-writer

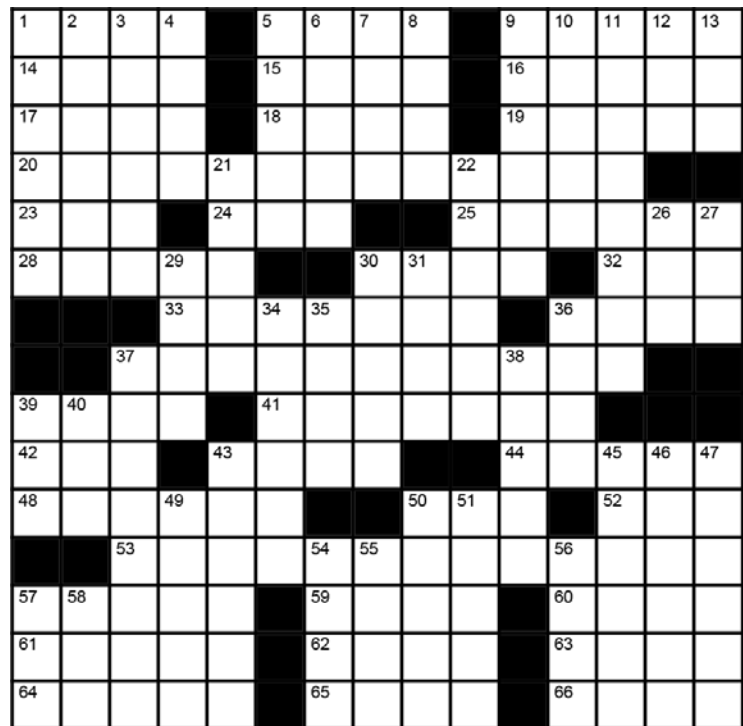
er Mae Hardaway  
 16. What your body does after mosh-pit show  
 17. Dangerous Toys ' \_\_ 'N Pleas'N  
 18. Fire a member  
 19. Springsteen song he planted in many places?  
 20. Marilyn McCoo & Billy Davis Jr 'You Don't \_\_\_\_' (4,2,2,1,4)  
 23. Led Zep "We come from the land of the \_\_ and snow"  
 24. William Morris Agency (abbr)  
 25. Barbershop quartet members  
 28. R&B singer Khan  
 30. Betty that started clinic recovering rockers go to  
 32. Bobby that filled in for Buddy Holly  
 33. Sister artists Tegan \_\_\_\_ (3,4)  
 36. How you find your friend at loud show  
 37. 'Love Travels' popster (5,6)  
 39. Mark Lanegan song about a coffee shop?  
 41. Cheap Trick guitarist Rick  
 42. Led Zep "Said there ain't no \_\_ in crying"  
 43. Taught techniques  
 44. Guitarist Peterson of The Bangles  
 48. 'There She Goes' band (3,3)  
 50. Maggie's last name, to The Beatles  
 52. Place to stay on the road  
 53. Killers 'Smile \_\_\_\_' (4,3,4,2)  
 57. 'Friends \_\_ \_\_' Bowling For Soup

(1,4)  
 59. 70s soul band inspired by a labyrinth?  
 60. 'How Far \_\_ Come' Matchbox Twenty  
 61. Often last movement of sonata  
 62. Bassist Kirkwood of Meat Puppets  
 63. Prodigy song that foreshadows?  
 64. Replacements 'When It \_\_'  
 65. Joseph Arthur 'Love Never \_\_ You To Lie'  
 66. Aerosmith ' \_\_ Child'

**Down**

1. Bauhaus genre  
 2. Prince "The kinda girl you wanna teach, she's \_\_\_\_" (1,5)  
 3. Billy Joel ' \_\_ \_\_ Tender Moment Alone' (5,1)  
 4. Led Zep's Eddie Cochran cover 'Somethin' \_\_'  
 5. Thin Lizzy 'Little Girl In \_\_'  
 6. Cuban dance  
 7. Simple Plan 'Your Love Is \_\_ \_\_' (1,3)  
 8. Biography info  
 9. What geriatric rockers did  
 10. Led Zep song 'The \_\_'  
 11. Led Zep 'Houses Of The Holy' song about a traveler? (3,5)  
 12. Pharmacists leader Leo  
 13. Skid Row "Sound of the door slammin' your \_\_ out"  
 21. Sound of plucked string

22. Some cats in the 80s?  
 26. Pantera bassist Brown  
 27. ' \_\_ Adrift On Memory Bliss' PM Dawn  
 29. Old school rapper Big Daddy \_\_  
 30. Progressive metal band \_\_ Warning  
 31. Agreement band shouldn't make  
 34. Pop star Ho from Hong Kong  
 35. Give it to security when you sneak to better seats  
 36. R&Bers Tony \_\_ Tone  
 37. Beatles 'I've Got \_\_\_\_' (1,7)  
 38. Zep "Mean old \_\_ taught me to weep and moan"  
 39. Led Zep "When you \_\_ it mama, save me a slice"  
 40. Wishbone \_\_  
 43. A-ha ' \_\_\_\_ Me' (4,2)  
 45. Where some concert films get shown  
 46. Fuel song that goes with forks?  
 47. Napalm Death 'Malicious \_\_'  
 49. McCartney of Wings  
 50. M 'Pop \_\_'  
 51. Murmurs single 'I'm \_\_ \_\_' (1,4)  
 54. Village People "It's fun to stay at the \_\_"  
 55. 'GuilDED' to Suidakra  
 56. Beasties 'Paul's Boutique' song that missed roll call?  
 57. Alex Paterson & Thomas Fehlmann ambient house band  
 58. Jam band w/period at end  
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**SIGNS OF LIFE**

All quotes are from *Much Ado About Nothing*, by William Shakespeare, born c. April 23, 1564.

**Taurus (April 20 – May 20)** *In a false quarrel there is no true valour. Walk away from an unfair fight.*

**Gemini (May 21 – June 20)** *I could not endure a husband with a beard on his face: I had rather lie in the woollen. Bluffs may be called.*

**Cancer (June 21 – July 22)** *In our last conflict four of his five wits went halting off, and now is the whole man governed with one! so that if he have wit enough to keep himself warm, let him bear it for a difference between himself and his horse; for it is all the wealth that he hath left to be known a reasonable creature. Keep your wits about you and stay reasonable.*

**Leo (July 23 – Aug. 22)** *How tartly that gentleman looks! I never can see him but I am heart-burned an hour after. Don't forget the antacids.*

**Virgo (Aug. 23 – Sept. 22)** *I do much wonder that one man seeing how much another man is a fool when he dedicates his behaviours to love, will, after he hath laughed at such shallow follies in others, become the argument of his own scorn, by falling in love: And such*

*a man is Claudio. I know you are, but what am I?*

**Libra (Sept. 23 – Oct. 22)** *So you walk softly and look sweetly and say nothing, I am yours for the walk; and especially when I walk away. Take a walk.*

**Scorpio (Oct. 23 – Nov. 21)** *Silence is the perfectest herald of joy: I were but little happy, if I could say how much. It's OK if you can't find the words at first.*

**Sagittarius (Nov. 22 – Dec. 21)** *Because you talk of wooing, I will sing; / Since many a wooer doth commence his suit / To her he thinks not worthy; yet he wooses; / Yet will he swear he loves. Woo woo!*

**Capricorn (Dec. 22 – Jan. 19)** *... they have committed false report; moreover, they have spoken untruths; secondarily, they are slanders; sixth and lastly, they have belied a lady; thirdly, they have verified unjust things; and to conclude, they are lying knaves. Keeping things in order can be difficult but helpful.*

**Aquarius (Jan. 20 – Feb. 18)** *Neighbours, you are tedious. We're all feeling it.*

**Pisces (Feb. 19 – March 20)** *I pray thee, cease thy counsel, Which falls into mine ears as profitless As water in a sieve: give not me counsel.... Unsolicited*

*advice doesn't stick, at least not right away.*

**Aries (March 21 – April 19)** *All this I see, and I see that the fashion wears out more apparel than the man. But art not*

*thou thyself giddy with the fashion too, that thou hast shifted out of thy tale into telling me of the fashion? Old-fashioned feels new, and whatever lasts longest is the most fashionable.*

**Sudoku Answers from April 2**

**Puzzle A pg 20**

9	3	1	4	2	7	5	6	8
6	2	4	3	8	5	1	7	9
8	5	7	6	1	9	3	2	4
5	7	2	8	9	3	6	4	1
4	1	9	7	6	2	8	3	5
3	6	8	1	5	4	7	9	2
7	4	5	2	3	8	9	1	6
2	9	6	5	7	1	4	8	3
1	8	3	9	4	6	2	5	7

Difficulty Level ★★★★★

**Puzzle B pg 20**

3	1	8	6	9	4	2	7	5
7	4	9	2	5	1	8	6	3
6	5	2	7	3	8	9	4	1
5	8	1	4	6	2	7	3	9
4	9	3	1	7	5	6	2	8
2	7	6	9	8	3	1	5	4
1	3	7	5	2	9	4	8	6
9	6	5	8	4	7	3	1	2
8	2	4	3	1	6	5	9	7

Difficulty Level ★

**Puzzle C pg 20**

6	2	8	3	7	4	1	5	9
3	1	9	6	2	5	8	7	4
4	7	5	9	1	8	6	3	2
5	9	2	1	8	6	7	4	3
8	3	1	7	4	2	9	6	5
7	6	4	5	9	3	2	1	8
9	4	6	8	3	1	5	2	7
1	8	3	2	5	7	4	9	6
2	5	7	4	6	9	3	8	1

Difficulty Level ★★

**Puzzle D pg 21**

9	5	8	3	4	7	1	6	2
2	4	6	9	1	5	3	8	7
7	3	1	6	2	8	9	5	4
4	8	3	1	9	6	7	2	5
1	9	7	4	5	2	6	3	8
5	6	2	8	7	3	4	1	9
8	7	9	5	3	1	2	4	6
3	2	5	7	6	4	8	9	1
6	1	4	2	8	9	5	7	3

Difficulty Level ★★★

**Puzzle E pg 21**

3	7	8	2	5	9	4	6	1
4	9	6	1	7	8	2	5	3
2	1	5	6	3	4	7	8	9
7	6	2	4	8	1	9	3	5
8	3	9	7	6	5	1	4	2
1	5	4	3	9	2	6	8	7
9	4	3	5	2	6	8	1	7
5	8	1	9	4	7	3	2	6
6	2	7	8	1	3	5	9	4

Difficulty Level ★★★

**Puzzle F pg 21**

8	9	2	5	3	6	4	1	7
6	5	1	8	7	4	9	2	3
4	7	3	1	9	2	5	6	8
3	8	9	2	5	7	6	4	1
1	4	6	9	8	3	7	5	2
5	2	7	4	6	1	8	3	9
7	3	8	6	2	5	1	9	4
9	1	5	3	4	8	2	7	6
2	6	4	7	1	9	3	8	5

Difficulty Level ★★★★★



**Bright idea**

As leaders worldwide search for ways to encourage people to stay home during the coronavirus pandemic, officials in Indonesia are taking advantage of its citizens' superstitions, Reuters reported on April 13. Kepuh, a village on Java island, is employing village residents to dress as "pocong," or the trapped souls of the dead, in Indonesian folklore. The ghostly figures, wrapped in white shrouds with their heads covered and dark-rimmed eyes peering out, surprise unsuspecting pedestrians, then disappear into the night. The strategy appears to be working: Villagers have been seen running off in fright when the pocong appear. "People will not gather or stay on the streets after evening prayers," resident Karno Supadmo said.

**Desperate measures**

Olive Veronesi, 93, of Seminole, Pennsylvania, wasn't shy about letting loved ones know what she needed during the lockdown. "I need more beer!" read a sign she held up, along with a can of Coors Light. A relative posted Veronesi's photo to social media, KDKA reported, and her predicament went viral. "I have a beer every night. ... I was on my last 12 cans. You know what, beer has vitamins in it. It's good for you, only don't

overdo it," Veronesi said. On April 13, she got her wish: Molson Coors delivered 10 cases of her favorite brew to her front door. Her new sign reads, "Got more beer!"

**Names in the news**

• A baby born on April 6 in Sheopur, Bhopal, India, will carry a special name with him through his life: Lockdown. Manju Mail, his mother, confirmed to hospital staff: "Yes, he is Lockdown, as he was born during the lockdown period." Her husband, Raghunath, told The Times of India: "It is a significant name. The whole world using lockdown as a means to stem this pandemic. We should not take Lockdown lightly."

• Similarly, in Chhattisgarh, India, another couple blessed their twins, born March 27, with timely names: Corona and Covid. Preeti Verma, 27, told the Press Trust of India her children's names symbolize triumph over hardships. "Indeed the virus is dangerous and life-threatening, but its outbreak made people focus on sanitation, hygiene and inculcate other good habits," she said.

**The continuing crisis**

Los Angeles County Sheriff's deputies responded to a home in Saugus, California, on April 7 after a dispute over toilet paper

turned violent, CNN reported. A 26-year-old man was arrested and charged with battery after his mother told deputies he had punched her. Sheriff's department spokesperson Shirley Miller said the man had accused his mother of hiding toilet paper, which she admitted to deputies, saying her son was using too much. "This is the first arrest I've heard of that started out over an argument over toilet paper," remarked Miller.

**Get the message out**

Civic-minded car designer Kanyaboyina Sudhakar of the Sudha Cars Museum in Bahadurpura, India, has built a one-seat vehicle in the shape of the coronavirus "so that awareness can be spread on social distancing," he told The Times of India on April 8. The six-wheeled Corona Car can go about 25 mph and took Sudhakar 10 days to build. "I have always made cars to give back to the society in my own way," Sudhakar said. "[It] is important to tell people to stay home and stay safe, and the coronavirus car is meant to convey the message."

**Priorities**

As tornadoes bore down on the Southeast on April 12, an unnamed family sought safety in a storm shelter in Crossville, Alabama, but said

they were turned away when they had only one face mask. The woman told WHNT a man who opened the door asked if they had masks. "I said I have one mask," the woman said. "He motioned no and shut the door." The family ran back to their car and looked for shelter elsewhere. Crossville Mayor Tera Fortenberry had posted the face coverings requirement on Facebook, but the family didn't see the message. After the story became public, masks were donated to the town anonymously.

**Buried treasure**

A man in Heckmondwike, West Yorkshire, England, set out to build a deck in his back garden in early April and uncovered a mystery. As John Brayshaw, 40, began digging post holes, he unearthed an automobile buried on its side, Yahoo News UK reported. "I thought it was an old air raid shelter at first, then I saw the roof," Brayshaw said. "Then I kept digging and saw the door, the steering wheel and realized it was a full car, complete with the registration plate. The only thing that was missing was the wheels." Brayshaw, who has owned the home for about six months, believes the 1955/56 Ford predates the previous owners, who resided in the home 50 years.

Visit [newssoftheweird.com](http://newssoftheweird.com).

**JONESIN' CROSSWORDS BY MATT JONES**

**"So They Say..." — it goes something like this**

Enjoy this Jonesin' Crossword, originally printed in 2012!

**Across**

- 1 Taco Bell entree
- 8 Ewe-nique noise?
- 11 Orch. section
- 14 Auto shop cloth
- 15 Fond du \_\_\_ (city in 25-down)
- 16 Tea, in French
- 17 The Pequod, for one
- 19 Hoover opponent's monogram
- 20 Put on a ship
- 21 "See ya," in Sorrento
- 22 "Scarborough Fair" herb
- 24 Pen
- 25 Phrase heard close to dinnertime
- 27 Life's work?
- 28 Major London insurer
- 29 Globe trekker's book
- 32 "Snug as \_\_\_"
- 34 "The Cask of Amontillado" author
- 36 Motto for the four long across answers
- 40 Lucy of "Charlie's Angels"
- 41 Ultrafast Usain
- 42 Unable to sit still
- 43 Shredding tool
- 46 Org. central to a 1999 Seattle protest
- 47 It can follow "Party people in the house!"
- 50 Mad scientist's haunt
- 53 One way to be taken
- 54 Lecherous look
- 55 Marquis de \_\_\_
- 56 Understood
- 57 Grape that makes a golden-hued dessert wine
- 60 It may be more than enough
- 61 Dance co. once directed by
- 62 Fluffy cleaning tools
- 63 The Legend of Zelda console, for short
- 64 Boxer Jones, Jr.
- 65 Bobby Fischer opponent Boris \_\_\_

**Down**

- 1 Monastery cover-ups
- 2 Drum kit component
- 3 "You're once, twice, three times \_\_\_"
- 4 Lovett with a "Large Band"
- 5 Mentalist Geller
- 6 Mexican revolutionary \_\_\_ Villa
- 7 Texas A&M student
- 8 Urge to kill
- 9 Small battery size
- 10 When Jud dies in "Oklahoma!"
- 11 Decided not to move
- 12 Secretive organization
- 13 Stopwatch button
- 18 Cessation
- 23 "\_\_\_! Wait! I got a new complaint..." (Nirvana lyric)
- 25 Madison's st.
- 26 Olympian Korbut
- 27 Corked item, perhaps
- 29 Tool used for hand-punching belt loops
- 30 Longest of its kind in the human body
- 31 Nobel Prize winners
- 32 Absence of guiding principles
- 33 \_\_\_ Paese (cheese)
- 35 Ice cream maker Joseph
- 37 Follow instructions
- 38 "Round and Round" hair metal band
- 39 Lennon's "bed-in" mate
- 44 Storyline shape
- 45 Sci-fi series written by William Shatner
- 46 Get ready for exercise
- 47 Toy with a long handle
- 48 Disappoint, with "down"
- 49 English university city
- 50 They can get tangled up
- 51 "It was \_\_\_ and stormy night..."
- 52 Heavenly woman?
- 55 Very fast flyers, for short
- 58 "Boardwalk Empire" network
- 59 Olympics chant

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