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JUNE 11 - 17, 2020

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LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

FREE



2020 GRADUATES

The Class of 2020 talks about their unexpected
spring and their hopes for the future

INSIDE: NEW FOOD TRUCK

Virus, new and old

Just as a nation, battered by a global pandemic, prepares cautiously to reemerge from its sheltered and shuttered way of life, an older, even more deadly virus reemerges. The term “hot spots,” recently used to identify those places where outbreaks of Covid-19 were acute, now identifies those cities where protests and a painful reckoning are most acute. Fear has been replaced by outrage as our country witnesses yet another instance of brutality directed at a black man. The name of George Floyd has been added to the tragically long list of victims racism has marked for injustice.

The virus of racism has been in our national bloodstream from the very beginning, though the victims of the disease themselves have not been the carriers. Instead, the carriers have been others across our country — some with clear signs of infection such as white supremacy or outright bigotry, while others can bear the more subtle form of implicit bias.

While efforts have been made historically to fight the virus — the civil rights movement and subsequent legislation — this insidious disease persists, resistant to the most stringent efforts. As with the coronavirus, it is contagious, passed from one to another, quietly infecting until its impact is felt with life-shattering consequences.

And so we who are white shelter, each concerned that we not be blamed or harmed. In fact, however, we may be carriers ourselves of those more subtle forms of the virus: silence, inaction or disregard.

Understandable? Yes, but not excusable.

As media attention is focused on the virus that has taken its toll on a single black man, we all must face the tragic reality of its horrific impact in less headlines-grabbing ways on the daily lives of so many of our fellow Americans. Consider how brief a time it took for all of us to become knowledgeable about Covid-19 — what it is, how it is transmitted, how to deal with its deadly potential, and even how to possibly find a vaccine. What steps are needed now to address this even more pernicious evil? As before, so now it begins with clear-eyed recognition of what is happening. Not denial, no conspiracy theories, no seeking to blame others, no dodging responsibility. Awareness, resolve, care for one another as much as for ourselves, and action are our only options.

The signs posted in public places across the U.S. today that read “We are in this together” should be the rallying call for us even more urgently now. As we hope that through collective action we can overcome one virus, we must, at last, directly address this much older threat to our very society.

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**ON THE COVER**

2020 GRADUATES High school and college grads didn't get the senior year fun they expected, with most end-of-year events, including graduation ceremonies, canceled or postponed. We talked to students from the class of 2020 about what their final months of school looked like, what they missed most, and their hopes for the future.

ALSO ON THE COVER, why dandelions and clovers can be part of a healthy, happy lawn, p. 14. A new food truck makes its debut in Loudon, p. 16. And country musician Nicole Knox Murphy plays live at local restaurants, p. 26.

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A crowd gathered at the New Hampshire Statehouse in Concord June 6 after marching from Memorial Field. Photo by Forest Simon.

NH vigils and protests

As in cities across the nation, demonstrations and vigils related to the killing of George Floyd continued over the last week in southern New Hampshire, as well as in other parts of the state.

On June 2, hundreds of people attended a peaceful candlelight vigil at Stark Park in Manchester that was organized by Black Lives Matter.

Peaceful demonstrations were also held in both Concord and Nashua over the weekend. In Concord, almost 2,000 people attended a Black Lives Matter protest on June 6 that began at Memorial Field, and ended at the New Hampshire Statehouse, according to the New Hampshire program of the American Friends Service Committee, which organized the event along with student leaders of Concord High School.

About 1,200 people joined the Greater Nashua Area branch of the NAACP for a peaceful vigil in Greeley Park in Nashua, also on June 6, according to the Black Lives Matter Nashua Facebook page.

More Black Lives Matter demonstrations are scheduled later this week, including in both Londonderry and Merrimack on June 12. Visit [facebook.com/blmnashua](https://www.facebook.com/blmnashua).

After the June 2 vigil in Manchester, the Manchester Police Department made 13 arrests (later arresting an additional three people) from a group of people gathered on South Willow Street, most of whom were charged with disorderly conduct and rioting, according to police press releases.

“It’s important for the public to understand the difference between

both of last night’s events. The Stark Park event was very well organized and remained a peaceful candlelight vigil in memory of George Floyd,” Manchester Police Chief Carlo Capano said in a statement. “The acts of violence, rioting and disrupting our community in any way will not be tolerated and the two different events should not be confused.”

In a statement released the following day, Manchester Mayor Joyce Craig thanked the organizers of the vigil for a peaceful event and the chief for his department’s work.

Covid-19 updates

State health officials reported June 8 that the total number of Covid-19 cases in New Hampshire is 5,079. Three additional deaths attributed to the virus were reported on June 7, for a total number of 286, or roughly 6 percent of all cases. The overall percentage of people in New Hampshire who have recovered from the virus has risen to 67 percent, or 3,392 of all the confirmed cases, according to data from the Department of Health and Human Services. The percentage of hospitalizations, meanwhile, continues to decrease — as of June 8, just 10 percent, or 492 people, who have contracted the virus in the state have required hospitalization.

Governor’s updates

Gov. Chris Sununu made multiple announcements in the state’s ongoing response to Covid-19 in the past week.

In a June 3 press conference, Sununu gave a PowerPoint presentation on Covid-19 data trends in New Hampshire. The data included ongoing downward trends in both positive test results and hospital bed uses in the Granite State over the last several weeks. However, Sununu predicted the positive test rate will still hover around 2 to 6 percent for at least several more weeks, due to so many people being asymptomatic with the virus.

On June 5, Sununu signed Emergency Order 2020-10, extending the state of emergency in New Hampshire due to Covid-19 for another three weeks through at least June 26. It’s the fourth extension he has issued since originally declaring a state of emergency on March 13.

Also on June 5, Sununu announced the release of several phased reopening guidelines for more business sectors as part of his “Stay at Home 2.0” plan. As of June

5, Seacoast beaches are now open for sunbathing, lounging and other traditional stationary activities. Beachgoers must still remain at least six feet apart from other groups, and parking restrictions are in place to limit the number of people. Ocean Boulevard on Hampton Beach remains closed to vehicular traffic through Labor Day.

Golf courses are now open to non-New Hampshire residents as of June 5. Pro shops have reopened, and two golfers are now allowed in golf carts instead of one.

Several types of outdoor recreational attractions, such as batting cages, disc golf, ropes courses, zip lines, natural science centers, caves, petting zoos and balloon rides were also permitted to reopen on June 5. Attractions that involve larger groups in enclosed spaces, such as amusement parks, water parks, race tracks, tourist trains and indoor attractions, remain closed but will be considered for reopening in later phases, Sununu said.

Beginning June 15, restaurants across the Granite State will be permitted to reopen for indoor dining services. Restaurants in Hillsborough, Merrimack, Rockingham and Strafford counties will be able to reopen at 50 percent capacity, while those in the rest of the state can reopen at 100 percent capacity, provided all tables are spaced six feet apart.

Also beginning June 15, wedding ceremonies in New Hampshire can resume at indoor venues at up to 50 percent capacity, with six-foot distanced tables.

Overnight summer camps in the state will be allowed to open June 28, with several restrictions in place. All campers must be tested for Covid-19 both before and after they report for camp. Campers staying longer than two weeks must get tested a third time. No visitors will be allowed.

Details of all of Sununu’s announcements and orders can be found at [governor.nh.gov](https://www.governor.nh.gov).

Granite Promise

On June 8, Senate Democrats announced the rollout of the Granite Promise Plan, a package of legislative reforms to help New Hampshire through the relief and recovery efforts amid the state’s ongoing response to Covid-19. The package consists of three legislative amendments, all of which have been or will be heard this week before the Senate Com-

The New Hampshire Department of Environmental Services has issued advisories that cyanobacteria blooms have been observed on Clough Pond in Loudon and Millville Pond in Salem. The department advises the public to avoid contact with water that has elevated cyanobacteria conditions, and to keep pets out of the water as well, as cyanobacteria can produce toxins that pose health risks to people and animals. The advisory was still in effect as of June 9 and will remain in effect until the risk has abated.

The New Hampshire Veterans Home in Tilton recently announced the appointment of Paul DeHart of Concord as chaplain. DeHart served in the Army as a German linguist and in the Air Force as an intelligence office and instructor, and he has also worked as a church pastor, high school teacher and hospice chaplain, according to a press release from the veterans home.

A donation collection to benefit Hero Pups will be hosted by the American Legion Post 90 Riders on Saturday, June 13, from 10 a.m. to 3 p.m. in Raymond. People are invited to bring gently used towels, blankets, leashes and crates to the event at 32 Harriman Hill Road. There will be hamburgers and hot dogs, a raffle and Hero Pups in training. Drive-up service will be available as well.

The University of New Hampshire at Manchester is launching a new Master of Science program in Biotechnology: Industrial and Biomedical Sciences, to promote workforce development in the growing field of biotechnology, according to a press release. The program, designed for working professionals and those with related academic backgrounds, will be available for part-time or full-time enrollment, according to the release, and graduates will gain the skills needed for jobs in biotechnology research and development, medical testing, pharmaceutical and biotech manufacturing, and more.

merce, Health and Human Services and Election Law and Municipal Affairs committees. “The Granite Promise Plan addresses both the immediate needs of New Hampshire workers, families and communities, as well as the long-term impacts of the coronavirus pandemic,” Sen. Majority Leader Dan Feltes said in a statement. “The measures include permanent increases to New Hampshire’s weekly unemployment insurance benefits, funds to shore up our unemployment trust fund, advances worker safety, supports family businesses ... and improves computer systems and protections for homeowners and renters.”

Voter guidance

On June 3, state officials released guidance focused on issues related to voter registration for the September primary and the November general election. Per the guidance,

all voters are eligible to request an absentee ballot if they are unable to vote in person due to being sick from Covid-19 or fear they may be exposed to the virus. Voters can contact their town or city clerk or the Secretary of State’s office to request an absentee voter registration package. On June 4, the Senate Election Law and Municipal Affairs Committee passed an amendment to HB 1627-FN, titled the Coronavirus Election Protection Act of 2020. “Ensuring fair and accessible elections to every eligible New Hampshire voter is of critical importance,” Sen. Melanie Levesque, a sponsor of the amendment, said in a statement. “It is of everyone’s interest that we do everything in our power to protect public health, ensure free and fair elections, and work with our local election officials as New Hampshire continues to passionately participate in our democracy.”



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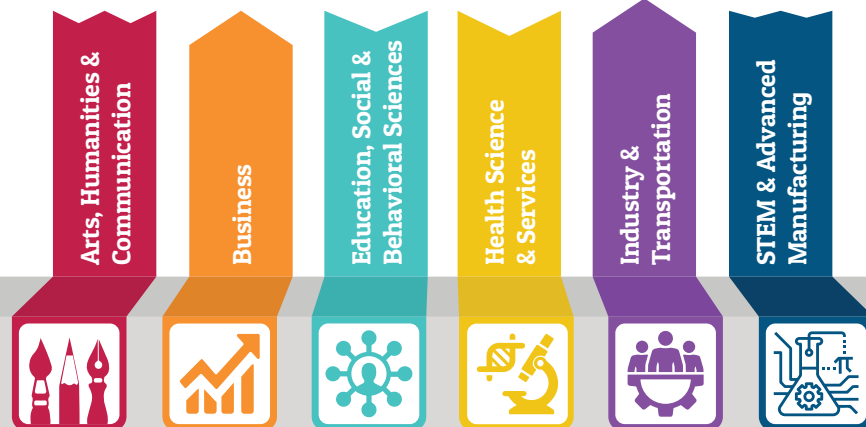
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2020 graduates

What they missed most, plus hopes for the future

It has been a strange end to the school year for all students, but especially seniors, many of whom missed out on fun celebrations and saying goodbye to all of their classmates. We talked to a few 2020 college and high school grads (and the mom of a kindergarten grad!) about what they missed most and what their hopes are for the future.

Alycia Ashby



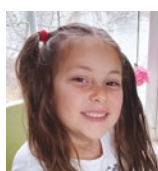
Senior at Manchester School of Technology, which moved its graduation ceremony to June 20 at Northeast Delta Dental Stadium. Alycia will attend Colby-Sawyer College in New London in the fall.

Ever since the fifth grade I have been working toward this moment. Walking across the stage. Grabbing my diploma. Shaking the hands of my admin and educators. Seven years later everything has changed. ... I can't help but marvel at the fact I may not walk across the stage. The Manchester School of Technology was my second home, my happy place, one that I had taken for granted. ... I miss going to school. I miss my friends. I miss learning from a physical teacher teaching in the classroom. ... I will never get the time back or the experience but one thing I know moving forward is I need balance. ... Recent unfortunate events have allowed for many of us to find ourselves again. As we get back to our lives, I hope I can hold on to the me I have found and never take for granted my happy places.

Jessica Aviles



Jessica's daughter, Evangeline, recently completed kindergarten at Jacques Memorial Elementary School in Milford. On May 29, Jacques hosted a special drive-through "sendoff" reverse parade to commemorate the conclusion of the school year.



Initially, our whole family was feeling uncertain about everything going on. My dad is a dialysis patient so we are used to self-quarantining when we get sick, but never expected it to be for this long. I reached out to fellow mom friends and was grateful for the constant communication from Jacques. ... I expected remote learning to be like homeschooling. It was not at all! The most challenging part for Evangeline was being away from her teacher, Miss Casey, and her first set of classmates. For me, it was finding a balance of time and a schedule for her and her sister, Adalaide. [Evangeline] told me her favorite part was that I try to make learning fun, like Miss Casey. ... For the fall, we plan to consider the advice of health officials along with Jacques and the state. I expect that Covid-19 will still be around, along with the usual concerns, and we will just have to take extra healthcare measures. We plan to learn and grow from this experience.

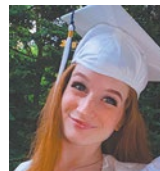
Katherine Buck



Communication and politics graduate of Saint Anselm College in Manchester, which has postponed its commencement ceremony. A livestreamed celebratory event for graduates was held on May 16.

Preparing for graduation this year has been a lot different than how I initially planned it at the beginning of the year. I remember talking with my parents trying to decide where we would want to go to celebrate after graduation and how we wanted to be with the families of my roommates one last time. ... My roommates and I were looking forward to being able to take those celebratory pictures ... with our diplomas in hand, like so many past. ... My future plans were to enter into my career. Although this has not changed, it has become increasingly difficult during this time. I remain hopeful and vigilant in my job search and actively work to not be discouraged while looking for jobs.

Samantha Burns



Senior at Merrimack Valley High School, which will have its commencement ceremony on June 13 at the New Hampshire Motor Speedway in Loudon. Students and their families will remain in their vehicles throughout the ceremony and will drive around the track, crossing the finish line to signify their official moment of graduation. Burns plans to attend New England College in the fall.

I have been preparing for graduation by making sure I have everything in line as far as [school] work goes, and picking out what I want to wear is a big part. Obviously, graduation is not going to go the same way I expected it to go. I am going to miss seeing the faces in the crowd as each of us walk down the aisle in our caps and gowns, but I believe that our graduation is going to be unique and one that we are all going to remember.

Julissa Castro



English graduate of Nashua Community College, which has moved its commencement to Sept. 26.

This semester was an adventure for me with online classes and working from home. I took six classes this semester so I could finish in time for graduation, which became more challenging when we switched online. ... Thankfully, I have been able to man-

age my time and balance classes and work, and I was able to finish all of my classes with higher marks. ... After graduation, I was going to spend my summer volunteering in Honduras, and then I was transferring to a four-year university to finish my bachelor's degree. I'm attending John Cabot University in Rome. ... Now, I have decided to defer for a semester so I could still be able to volunteer once the quarantine is over.

Hope Cataldo



Elementary education graduate of Rivier University in Nashua, which has postponed its commencement ceremony.

I sat down at my computer at the beginning of April and wrote my commencement speech without knowing if I'd ever give it. ... I feel with every ounce of my being the desire to be back at my school, my home, with the people who mean the world to me. ... At the start of the school, I was so ready to graduate. And now, all I want is to be back. ... Before this pandemic began, my plans were the same as any college graduate. I was excited and ready to start my job search. I was going to live in Nashua, at Rivier, working with some of my favorite people. I was focusing my job search mainly in the Nashua area, as I have truly found a home here. Yet once the pandemic hit, that changed. ... I conducted my job search in northern New Hampshire and Vermont, where I live. I accepted a job teaching fourth grade in Vermont, which I am so excited about. ... I find myself upset when thinking about what could have been, so instead I focus on the positives. I am home, with a family that supports me unconditionally. We are all safe and well and doing our best to continue to be.

Shaun Collupy

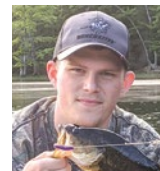


Science in Business Management master's program graduate of Southern New Hampshire University in Manchester, which has postponed its commencement ceremonies, with a new date TBD.

At the beginning of the school year, I envisioned planning for graduation to consist of hugs and goodbyes to my friends, professors, and colleagues, spending last moments in my favorite places on campus, and celebration. Come April, preparation for graduation primarily consisted of ensuring my coursework items were completed on time and virtual goodbyes by way of phone calls and video conferences. What I was looking forward to most about graduating was having the opportunity to cheer on my friends and colleagues as they receive their diploma on Commencement Day. ... My plans before the pandemic were, and still are, to begin my career with a Boston-based tech company. Although the initial plan was to start my journey [at the company's headquarters], I am grateful to have committed to an employer who cares about their employees' success and is providing me with the tools and resources I need to start my journey on

time and remotely. I am excited for the physical office location to reopen and [to] have the opportunity to build relationships with my co-workers in person.

Cordell "CJ" Drabble



Senior at John Stark Regional High School in Weare, which will hold its commencement on June 13.

I had initially planned on all my immediate family coming to graduation to see myself and my close friends they've watched grow with me graduate. Now I am bringing just my parents. ... [I] am just fortunate we are having a graduation, period. ... My future plans haven't changed. I am still going to be attending Army basic training at Fort Leonard Wood in Missouri this July, and returning home as a New Hampshire National Guard soldier.

Emily Gamache



Senior and class vice president of Campbell High School in Litchfield, which will hold its commencement on June 12. She plans to attend the University of Rhode Island in the fall.

There are many events that I have planned in the past and at the beginning of the school year which are much different from how we have to plan events now. At the start of the school year we could hold in-person meetings [and] talk to different teachers for help while in the building. ... Now, everything needs to be thought out in a certain form. We need to make sure people are six feet apart, there is no interaction between different families and friends and there is a certain number of people on the field. ... I have attended different graduations in the past and there has always been a powerful energy throughout them. There are so many emotions, hugs and pictures at every graduation. I never thought much about being able to hug my friends until it is now something I am no longer able to do.

Ridge Gonzales



Senior at The Derryfield School in Manchester, which will hold an on-campus commencement ceremony with social distancing guidelines on Aug. 1.

I am looking forward to an in-class graduation in August. It has been very different from beginning to plan to graduate at the beginning of this year. For starters, I think there's less closure with the physical spaces that students correlate with school. For me, this means I can't even remember what room my last class was in, [and] I never got to say goodbye, knowing this is the last time I'm going to sit down at this exact library table. I was definitely looking forward to the actual graduation ceremony where everyone is dressed up all nice and there's a multitude of pictures with family and fellow students. To me, it's pret-

ty magical knowing that all those people have supported you all for this one last event. ... My independent senior project was originally [to] visit different workspaces of people who work in business. However, this changed into Zoom and phone calls, which is still amazing, but not as immersive as I would've liked. Beyond high school, I was planning to find a good summer job, but some places are not hiring or even open yet. In regards to college, I'm just hoping I can be there in person for the fall.

Trey Haynes



Senior at Pinkerton Academy in Derry, which will hold a virtual graduation ceremony on June 14, streamed via Facebook live.

I was looking forward to [having] a last day with all my teachers and friends, but it was spent in front of a computer screen. ... I also looked forward to hanging out with my friends and going on trips but those will have to be postponed. I still plan on going to college, although it might be online for the first semester, which isn't what I expected to do. I plan to major in biology at NHTI.

Samantha Jette



Communication graduate of Saint Anselm College in Manchester, which has postponed its commencement ceremony. A livestreamed celebratory event was held May 16.

The last months of senior year [are] usually filled with traditions and activities to commemorate the ending of a great four years. When Saint Anselm closed in March, that meant that a lot of these traditions that my classmates and I have looked forward to would not happen. ... While it was difficult to be home knowing I was missing time with my friends that I wouldn't get back, I am lucky to have had such great experiences at St. A's over the years. ... The pandemic has definitely made my post-grad job search more challenging. At the beginning of the year, my hope was to have a job secured after graduation. Now that graduation has come and gone, I am realizing this may be more difficult than I expected.

Morgan Kidwell



Graduate of Southern New Hampshire University in Manchester, which has postponed its commencement ceremonies, with a new date TBD.

I started my senior year off by making lists of what type of career I wanted to have, ... where I wanted to relocate to, ... and what types of companies I was interested in working for post-graduation. I also had a mindset [of making] every moment of my senior year count, which I definitely did! I was looking forward

to ... [an] entire day celebrating everything that my friends and I have overcome [and] accomplished over the last four years. We all sacrificed so much, pushed ourselves, and grew into amazing young adults throughout our time at SNHU. I did not have any set plans [for after graduation]. I was still searching for jobs, mostly in Colorado, Texas and Arizona. ... I have been actively applying and using connections to inquire about [job] positions, [but] with the current situation in the world, most companies ... have completely halted their hiring processes until as late as October. It's tough, but I have faith I will find the perfect marketing position for me. I am currently doing part-time remote work for my internship ... as a digital marketing intern as well as creating a website and curating social media posts for a construction company.

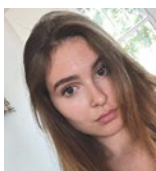
Jillian LaBrecque



Senior at John Stark Regional High School in Weare, which will hold its commencement on June 13. She'll be attending the University of New Hampshire in the fall.

At the beginning of the year ... I expected to be preparing for graduation by performing in my last school concert ... and spending this last year with my friends that would soon be going to far away schools for military training. Instead, I am now working at a supermarket and spending several hours per week on Zoom calls. ... For everything I lost in connection with concerts, performances and prom, I gained in humility and understanding. I finally understood for the first time what it means to have to sacrifice something important. We sacrificed our proms and large graduation ceremonies ... for public safety. ... I may never get to experience what I most looked forward to, but in reality what I experienced instead will be significantly more valuable to me in the future. So for that, I am very grateful.

Anna Lapadula



Senior at The Derryfield School in Manchester, which will hold an on-campus commencement ceremony with social distancing guidelines on Aug. 1. She will attend Boston University in the fall.

This past fall, I was focused on getting good grades, making it through the year, and being accepted into one of my top college choices. Graduation passed my mind once, maybe twice. ... By the time graduation was actually within sight, I wasn't allowed to be near people nor leave my house for anything other than essential errands. It wasn't until a week before the original graduation date that it hit me: I don't get to celebrate what was supposed to be one of the most momentous days of my personal and academic career, and I definitely won't get to experience it alongside the people that I love the most and have gone through it all with. I wanted to be able to

CONTINUED ON PG 8 ►



*From all of us at
The Hippo...*

**Congratulations to
New Hampshire's
2020 Graduating
classes!**

131415

Zoe Cousineau

2020 Graduate of
The Derryfield High School

Some people dream of meeting a "Super Star", we had one in our stage for 18 years. Her brilliant glow can never be contained and will now shine in service to our country. We are so proud and thankful!

We love you, Zoe! Mom & Gary, Dad & Beth and the Lemay and Cousineau Families

Plans after Graduating:
US Coast Guard Academy, New London, CT majoring in Cyber Systems and playing on the Women's Soccer Team

Elisabeth Gratton

2020 Graduate of
Academy for
Science and
Design



Congratulations Ellie! We are so proud of you. Your hard work will continue to guide you to your dreams. We love you and will miss you while you are off in Virginia! Best of luck in all you choose to do.

Mom, Dad, Nathaniel, and Genna

Plans after Graduating:
Virginia Tech - Core Cadets Officer Training
Majoring in International Relationships

Jakob Graudons

2020 Graduate of
Elm Street
Middle School



Your family is proud of you! Congratulations on being an honor roll student all through middle school and for being part of the National Junior Honor Society. It was a pleasure to watch your grow as a musician with the band and jazz band as well. We can't wait to see what your future in high school has in store!

Mom and Dad

Plans after Graduating:
Will attend Nashua North High School
as part of the class of 2024

Julianna Rival

2020 Graduate of
Holy Family
Academy



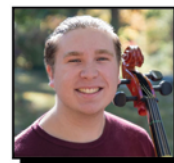
We are so proud of you! Never doubt yourself, you are capable of so much more than you think!

Love, Dad, Mom and Owen

Plans after Graduating:
Ave Maria University, Naples, FL
Double Major, Philosophy & Theology
Minor, Shakespeare in Performance

Jonah Savage

2020 Graduate of
Nashua High
School North



*We are so proud of you!!
Wishing you all the best in your future endeavors.*

Mom & Dad

Plans after Graduating:
Sacred Heart University double majoring in
Speech & Language Pathology and Musical Theater

Rebekah Savage

2020 Graduate of
Pennichuck
Middle School



*Keep being you, keep being great!
Wishing you the best of luck
in all your future endeavors.*

Love you, Mom & Dad

Plans after Graduating:
Attending Nashua High School North Class of 2024!

Nathan Statives

2020 Graduate of
Bedford
High School



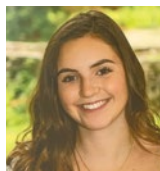
Congratulations on your high school graduation and all of your accomplishments your Senior year! All-Region Boys soccer selection and NH Scholars honor.

Mom & Dad

Plans after Graduating:
Attending Norwich University
and playing on the Men's soccer team.

say that I did it. That I survived 15 years of hard work and dedication to my academics in order to create the future that I wanted for myself. I wanted to be able to look at my parents from the stage with my diploma in my hand and tell them that I didn't let their unwavering support go to waste. I know that walking across a stage seems irrelevant in the light of a burning world, but I still wish I could've closed this chapter of my life in the way I had planned to for 15 years. My plan was to maintain my job through the summer, volunteer at local food banks and shelters, finish moving houses, go on a short road trip with my best friend (and fellow senior) as a "last hurrah" before college. ... Now ... my summer is shaping up to be a lot of solitary and indoor activities.

Emma Montenero



Senior at Campbell High School in Litchfield, which will hold its 2020 commencement on June 12. She plans to attend the University of New Hampshire in the fall.

Since most of my senior activities have been canceled, this part of the year hasn't been as exciting as it would have been. My school has put together a different version of graduation for us this year, as we need to follow state orders regarding social distancing. ... We don't have to do rehearsals, there will be no speeches ... and we can't take pictures with classmates at our ceremony. These past couple of months have really made me think about what I'm most grateful for and how much I took certain activities for granted. ... My class is only 100 students and we've all been together since first grade. I'm grateful that we can still graduate together ... even though the rest of town isn't allowed to come and watch.

Rebecca Oswald



Senior at Campbell High School in Litchfield, which will hold its 2020 commencement on June 12. She plans to attend Sacred Heart University in Connecticut in the fall.

Under the circumstances, planning for graduation this year has been different than what I expected it to be. ... I am truly so grateful that as a class we do get a live graduation, and though we don't have a Senior Week or any of the activities that come with the last month of senior year, we do get to spend that time together and cherish those moments. ... After graduation, I was going to go abroad in Europe with my grandparents and truly enjoy my summer before I go off to college in the fall. Sadly, due to the pandemic, I have had the trip to Europe canceled.

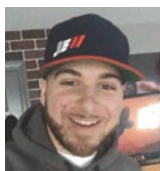
Erica Royle



Public health graduate of Rivier University in Nashua, which has postponed its commencement ceremony.

Unfortunately, my time on campus came to an abrupt end when students had to move off campus due to Covid-19. I was devastated. I never thought this was how my senior year was going to end. ... Although the seniors at my school were not able to celebrate together in person, my school did an amazing job making all the seniors feel loved with virtual ways to connect during these difficult times. ... The thing I was looking forward to the most was getting to walk across the stage, receive my degree and getting to celebrate with my friends and family. ... Of course, it would have been amazing to celebrate that accomplishment with a graduation, but I still achieved what I set out to achieve, and that makes me happy. ... It was always my goal to secure a job immediately after finishing school, and with a lot of hard work, I was able to accomplish that goal. ... On May 4, I started my new job as an intensive case manager at Eliot Community Human Services.

Josh Sargent



Art and human development graduate at Plymouth State University, which has postponed its commencement ceremony.

Graduation this year didn't go as planned. There was no preparation once Covid-19 hit. ... The number one thing I was looking forward

to about graduating was seeing my mother's reaction to me walking across the stage. She deserves that piece of paper for supporting me just as much as I earned it.

Rose Spiegel



Senior at The Derryfield School in Manchester, which will hold an on-campus commencement ceremony with social distancing guidelines on Aug. 1. She hopes to attend the New England College Institute of Art and Design in the fall.

I had the idea in my head that I would wrap up my schooling, finish final assignments and then graduate among my peers. Now due to Covid-19, I am not sure what day I will graduate. My school has prepared three different dates throughout this coming fall and winter to hold our commencement ceremony, and there is no determining which date, if any, it will be. ... I left school on a Thursday in March assuming I'd be there that Friday, but school was canceled and now it's June. ... It felt like all these years would lead up to those special senior moments, and now it's been cut short. ... As far as I know, NECIAD will have classes on campus in the fall. However, if these plans and courses become online only, I will not attend until they are on campus again ... because my intent was to work in a studio with all of the art amenities it has to offer.

Victoria Williams



Senior at Manchester School of Technology, which has moved its graduation ceremony to June 20 at Northeast Delta Dental Stadium.

I started off the year as senior class president and looked forward to making this senior year the best one yet. I intended for graduation to be as heartwarming and memorable as possible but now it [seems] like that really isn't even my decision anymore. ... My original plans after graduation [were] leaving the state and going to college, but with all the colleges closing, I honestly doubt that I will actually be able to. I do still intend on doing

what I can to get as close to my long-term goal as possible, but I feel like it is not going to be a cake walk.

Kayleigh Zervos



Graduate of New England College in Henniker, which has postponed its commencement ceremony until Oct. 4, during Alumni Weekend.

I took extra classes so I was able to finish a semester early, allowing me to walk this May, but finish my last semester in the fall. ... One of the main reasons I wanted to walk early was the fact that all my best friends and boyfriend are older than me [and are] graduating this year. It was definitely disappointing working so hard by taking extra courses for graduation to be postponed. We always have a senior week the week of graduation ... so it was really sad knowing that we'll never get to experience that together. I was really looking forward to ... all of us [being] together one last time before entering the big world. My future plans were to finish my student teaching in the fall and possibly get hired at that school to work until the end of the school year. Otherwise, I would just move to Washington ... to live with my boyfriend. If schools don't open in the fall, I'm not sure whether or not I'll be able to do student teaching with remote learning or have to wait until the next semester.

Lauren Zervos



Senior at John Stark Regional High School in Weare, which will hold its 2020 commencement on June 13. She'll be attending the Maine College of Art in the fall.

I initially thought leading up to graduation would be extremely stressful. ... Instead, the year ended so quickly I feel like it's not real. Yesterday was March 13 in my mind. Now it's June. Preparing for graduation has been quite different because we've been saying goodbye over video chat instead of ... in person. I still am [attending college] but it might be a little different because of the chance that we would have to begin remotely. 🌧️

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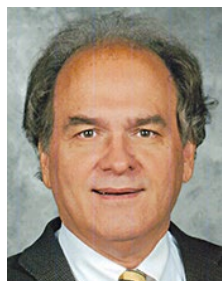
Forty years later...

Principal retires after decades in Manchester

After 40 years of service in the Manchester School District, Arthur Adamakos is retiring and will officially end his tenure as the principal of Manchester Memorial High School on June 30. Adamakos discussed the highlights of his career in education and what it's like to be retiring during a pandemic.

Q: *Tell us about your career in education.*

I was born and brought up in Nashua. I went to Boston University, and then to Rivier University for my master's degree. ... I started out as a substitute teacher in Nashua, just for a few months. Then, when I got certified, I was offered a position at Hillside [Middle School] in 1979. After a year and a half there, I got transferred to [Manchester] Memorial [High School], and I was a teacher there for six and a half years, from 1981 to 1988. Then, I became an assistant principal at [Manchester High School] West, and I was there for six and a half years. In 1994, I left West to be the principal at Hillside for a year and a half. In 1995, I came to Memorial, where I've been ever since, except for a two-year span when, in 2000, I was the assistant superintendent of schools for secondary ed in Manchester. ... Then, I came back [to Memorial], where I've been for the last 18 years as a principal. So, [in total] I've been the principal at Memorial for 23 years. That's a long time.



Arthur Adamakos

How would you like to be remembered as a high school principal?

I want to be remembered as a firm but fair person who listened to the kids and sided with them more often than they thought, and made sure they had the best experience they could possibly have while they were in high school.

What have your students taught you over the years?

They've taught me to be young — to feel young, to stay current, to know pop culture. They've taught me that it's important to constantly be changing my approach to things. Some people in my position don't change a darn thing in the 30-odd years of their administration. The way I operate now is certainly not the way I did when I first started, back in the '80s. My approach is much different. The way I look at things is much different, and the kids taught me that. They've taught me how to evolve.

Do you have any parting words for your students?

Education is a lifelong experience. It doesn't end with high school. I've been out of college for 42 years now, and I'm still learning new things each and every day. I hope that [the students] never stop using their minds to learn new things, even as they get older.

What will you do now?

This September will be the first time in 50 years — from the time I entered first grade in 1962, all the way until now — that I won't be going back to school and entering a school building every day. I'm kind of on pins and needles about that. I'm an adjunct faculty member at Southern New Hampshire University — I teach in the Education Leadership graduate program — so I'll still be teaching, but it won't be the same world that I'm in now. It will be nice to be able to relax and take some time off, though. I've been working nonstop for a long time. ... I'm an avid golfer, but I've had to take it easy the last few years. I'm getting a shoulder replacement surgery next month, so hopefully next year I'll be able to start playing again. That's something I'm really looking forward to. Anything else that comes my way? I can't predict that, so I'll just take it as it comes. — *Angie Sykeny*

How does it feel to be retiring after such an unconventional end to the school year?

I always get excited as the year progresses, because the nicest part of the year is all the ceremonies at the end of the year celebrating the students' achievements. Those will not be taking place this year because of social distancing. It's unfortunate for me that I'm going to miss out on that. ... It's certainly not the way I intended to go out of my career, but the priority is that the kids stay safe and healthy.

What will you miss most?

I'll miss the people I work with. Kids come and go; they're here for four years, and then they move along, but a lot of our faculty have been here for 10, 20, 30 years, so we've been together as a group for quite a while. I'll miss seeing them on a regular basis.

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SPORTS DAVE LONG'S LONGSHOTS

A bit of good news



After three long months sports fans got good news last week when the NHL and NBA ok'd plans to open camps in July and begin playing in early August. Meanwhile the league that should be closest to returning put its season at risk by doing what baseball usually does with tone-deaf bickering over money between the owners and players at a time when 40 million just lost their jobs. The NFL meanwhile remains on track for the usual September start, though college football is still mostly up in the air.

It won't be business as usual, however, as normal league schedules will be way out of whack and the return will require concessions to playing with effects of Covid-19. Not the least of these will be playing games with no fans, at least until football season, where social distancing plans are underway to have about 25,000 paying customers on hand at least. There's also the threat of infections rising for people playing in such close proximity as they sweat, regularly bang into each other and are laying on top of each other after almost every play in football.

And most amazingly, the pandemic is just one of three national calamities that will impact sports in 2020. Depending on how long it lasts, immediate economic difficulties and a possible deep recession likely will restrict spending power for tickets, sponsorships and merchandise. That in turn should affect 2021 free agency, a big thing for the Patriots, who have many players on expiring contracts and up to an expected \$100 million to spend next spring. Then there's the civil unrest following the death of **George Floyd** while in custody of the police in Minneapolis. The Black Lives Matter protests it sparked throughout the country will likely impact the NFL in a most divisive way that puts fans, players and the less than shy president in constant conflict.

Finally, it'll be interesting to see if any pandemic-related changes become permanent. Like a new NBA calendar with an early December start to be closer to its real opening day when all those big games are played on Christmas Day with the playoffs ending in August. That would not be great news for baseball, which already has declining attendance and perhaps now a missed season. If you were the NBA who would you rather go head to head with MLB or the NFL?

That's the big picture. Now here are some more thoughts on the restart and stories related to it:

Interested to see if teams like the Bruins and Bucks who were rolling to their league's best records restart in similar fashion or will that momentum be gone and it be more like starting a new season.

I'm all in on the Bruins, but "ice" hockey games in the heat of summer doesn't seem like a good fit.

If baseball does get its act together, will the

growing rage gathering steam during spring training stay focused on the cheating Astros? Or, since that seems like 50 years ago and with no fans in the stands did they luck out? Here's my suggestion: have a special soundtrack for the Astros when crowd noise is piped into their TV/radio broadcasts that has boos, catcalls and hisses mixed in.

Quickly apologizing was a good move by **Drew Brees** after starting a major hoo-ha with his original thoughts on kneeling during the anthem. Beyond getting killed in the court of public opinion, I'm still wondering if defenders will line him up for a little extra shot if they don't buy the apology. Hope not.

Buckle up on the kneeling protests, though. Because with his presidential campaign in peril (at the moment) expect DJT to inflame tensions to fire up his base as a likely nasty campaign rages through the NFL's first 10 weeks. And with Adrian Peterson already saying "without a doubt" he'll kneel I don't see the players backing down. So the brass had better have a better plan than the last time.

I couldn't be more sick of the unending series of stories on **Jarrett Stidham** and everything you-know-who does in Tampa Bay. I'd rather wait to see what happens on the field. But for the record, Stidham will be better than expectations, at 43 **TB** won't meet his and thanks to a year off to get healthy and recharged **Gronk** has the best year of the three.

It's just one guy's opinion, but I like **Jalen Rose's** reasoning for why he thinks the Celtics will beat Milwaukee if they meet in the playoffs. He said with the Bucks' huge home court advantage lost, the games will be more like playing a pick-up game in the park. And if they were, Giannis is picked first for sure, but the next five guys taken would be all Celtics. Meaning the C's have the overall talent edge and that could be deadly for the Bucks in a neutral site.

Vegas doesn't buy that, however, as the C's odds to make the finals have gone up from what they were in February.

Heard this from a caller on talk radio: to reward teams like Milwaukee losing their earned home court advantages, let the highest seed choose who they face in each playoff round from the lower seeds. That would add major bulletin board "I'll show you" material into the mix, which I love.

I wonder if the NBA doing all play-by-play announcing remotely from home base studios with noise from Orlando mixed is the beginning of the end of road announcers being on site in the future.

No baseball season makes the **Mookie Betts** trade look even better, as the Sox keep the top three prospects while L.A. gets no games from Mookie and still has to swallow **David Price's** contract.

Finally, I'm fine with baseball not getting started because with all the problems going on around them, if they're too clueless to work it out, so be it.

Email Dave Long at dlong@hippopress.com.

QUALITY OF LIFE INDEX

Gala success

The Humane Society for Greater Nashua moved its annual fundraising gala online and surpassed its goal by raising more than \$105,000 during the May 31 event, according to a press release. The livestream production featured an auction as well as entertainment, and more than 2,000 viewers tuned in. The Humane Society also delivered 82 Party Boxes that were ordered ahead of time to people in the Greater Nashua community. Those people got to enjoy a 1920s themed box with a meal from McNulty and Foley Catering and a bottle of wine from Incredibrew, plus treats for the humans and their pets.

Comment: "I thought this was the best event I have experienced in all of my years in nonprofit management," President and CEO of the Humane Society for Greater Nashua Doug Barry said in the press release.

No city fireworks

Both Manchester and Nashua have canceled their fireworks this year due to concerns about large gatherings and social distancing, according to WMUR. Manchester's fireworks, which are usually held July 3 at Arms Park, were canceled by the Manchester aldermen at a meeting June 2, with the initial vote tied 7-7 and Mayor Joyce Craig breaking the tie. Nashua voted June 4 to cancel its show, according to WMUR, and other towns like Andover and Portsmouth have canceled theirs as well.

Comment: There is still hope — as of June 9, Merrimack had canceled its Fourth of July parade but not its fireworks show, according to the town's parks and recreation webpage, and no official announcement has been made to cancel Concord's fireworks, or fireworks at Hampton Beach.

Know & Tell

The Granite State Children's Alliance is getting support from local celebrity Seth Meyers, who appears in a new video for its Know & Tell program, which urges people to know the signs of abuse and tell authorities when they see it, according to a press release from the alliance. The video also features clips from local health care workers, Gov. Chris Sununu, Senators Maggie Hassan and Jeanne Shaheen, and kids of all ages urging adults to help keep kids safe by knowing that anyone over the age of 18 is required by law to report suspicions of abuse and neglect.

Comments: Find the Know & Tell video on YouTube at youtu.be/hcnJkiGX95o.

QOL score: 63 (the score is temporarily suspended, but QOL will still be keeping tabs on New Hampshire's well-being each week)

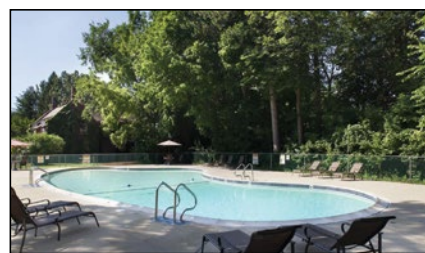
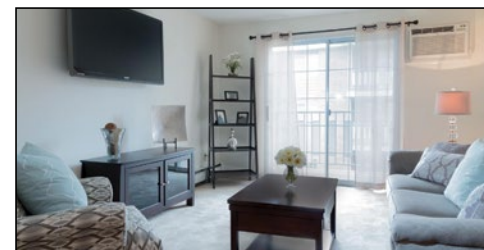
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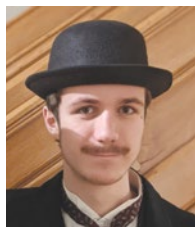
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Block by block

Young artist awarded for virtual replica of Kimball Jenkins Estate

By Angie Sykeny
 asykeny@hippopress.com



Clark Todd as Amos.
 Courtesy photo.

Eighteen-year-old Clark Todd was recently named the winner of the very first Dartmouth-Hitchcock Health Artrepreneur Award, given by the New Hampshire Business Committee for the Arts. The award

was created to recognize artists who use technology to expand their creative practice and collaborate with other artists and organizations. Todd built a replica of the Kimball Jenkins Estate, a historic building in Concord featuring high Victorian gothic architecture from 1882, on the popular building video game *Minecraft*. The replica has been used as a promotional piece to raise awareness of the Estate's fundraising campaign for a \$400,000 restoration of the original slate roof of the building. See a video of the replica at vimeo.com/417753858.

What is your connection to Kimball Jenkins?

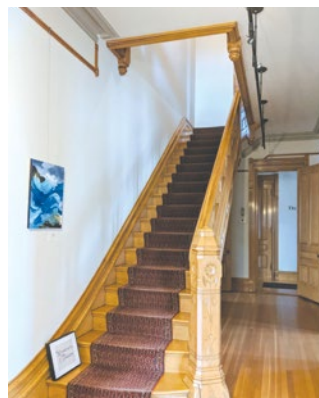
My mother has been working there for a few years. During that time I took some art classes and went to the summer camp for a year. I've also done volunteer work there, including role-playing Amos P. Cutting, the original architect of the house, during historic tours.

Why did you decide to do this project?

I'd said to my mother that the house might be good to build in *Minecraft*, and she suggested that it might be an interesting showpiece. We never thought in the beginning that it would be as useful as it is now. So, I built it for my own entertainment and as a sort of tribute to the house itself.



Kimball Jenkins Estate. Courtesy photos.



Minecraft Kimball Jenkins Estate Replica by Clark Todd. Courtesy graphics.



What inspires you about Kimball Jenkins' architecture?

The craftsmanship, the attention to detail in the design, the floorplan, and the build quality are all incredibly good. It feels wonderful just to be in there.

Describe the process of building the replica.

My brother Glen set up the 'realm' that the replica is built in, and our friend Nathan got it all ready for exhibition. I did most of the actual building and all the design work. I had copies of the original floor plans, so I recreated them on the ground in-game by placing blocks. Then I dug out the foundation, copied the basement floor plan into it and built up the walls. Next I did the same thing for the first, second and attic floors. At this point I had all the interior walls, window holes and doorways, so I sort of wrapped the whole thing in brick blocks and did some detailing. Then I built the roof, which was at least as hard as working out the floor plans. I built the porches, detailed the interior and exterior and, with a bunch of small alterations, it was done. I don't know how many hours I put into it, but I ended up working on and off for about four months.

How can people interact with the replica?

You can watch a video of a walkthrough of the build. The realm is currently private, but we're working on making it possible for people to log in and tour it. *Minecraft* is three-dimensional, and you can control your in-game character from a first- or third-person perspective. You can move freely, either on the ground or through the air, and can view the exterior of the house or go through the rooms inside.

What would you like people to understand about video games and architecture?

This is difficult to answer. It is true that adults, including people connected to Kimball Jenkins who have seen the video of the replica, showed great interest and maybe gained appreciation for the game. It's also true that kids who toured the replica during events may have had something familiar to compare the real house to when they went through it. But at the end of the day, *Minecraft* is just a game. The real structure is infinitely more important. I feel like that's true with many things. It's my opinion that the world needs less games and entertainment and more good work and tangible things.

How did it feel to be the recipient of the first Artrepreneur Award?

I was surprised and felt honored. I've never been given an award like this before. I'm pleased that my creation was so appreciated.

How long have you been playing Minecraft? What do you enjoy about it?

I've been playing about six to eight years, on and off. I mostly enjoy building houses of my own design in the game.

What other kinds of video games do you enjoy?

I'm not into many other video games. I play *Minecraft* mostly because I'm interested in houses. My real-life interests are greater than my interests in any game. I'm interested in vehicles, tools and machines. I like creating things. Lately I've been making masks to donate.

What are you doing now? What are your future plans?

I home-school, and since kindergarten I've been pretty much self-taught. I have many interests, and I'm not sure yet what work I'm going to do in the future.

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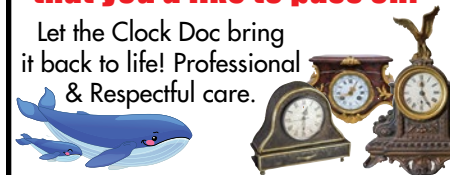
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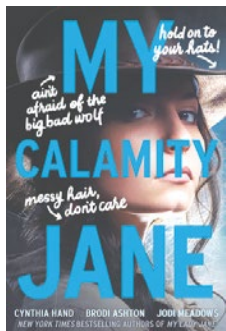


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THE ROUNDUP

The latest from NH's theater, arts and literary communities



• **Virtual author events:** Gibson's Bookstore has two virtual author events coming up. On Thursday, June 11, at 6 p.m., Juliet Grames, author of *The Seven or Eight Deaths of Stella Fortuna*, will join Erika Swyler, author of *Light*

from *Other Stars* and *The Book of Speculation*. On Friday, June 12, authors Cynthia Hand, Brodi Ashton and Jodi Meadows will present their new book *My Calamity Jane*. In this historical reimaging of 1876 America, characters from Wild Bill's Traveling Show, including Calamity Jane, Annie Oakley and Frank "the Pistol Prince" Butler, hunt werewolves. The events are free and will be streamed live via Zoom. Registration is required on the events' respective pages at gibsonsbookstore.com.

• **Livestreamed classical music:** The Manchester Community Music School's Live Stream Concert series presents its final concert, "Sounds of the Oboe," on Friday, June 12, at 7 p.m. The series features free online concerts performed by MCMS faculty members. "Sounds of the Oboe" will include oboe music performed by Kyoko Hida-Battaglia. Visit mcmuschool.org.

• **Celebrate Juneteenth online:** Humanities to Go Online presents "Juneteenth: A Historical Celebration of Black Liberation," on Friday, June 12, at 5 p.m. The free live Zoom event will explore how Juneteenth has been celebrated in New Hampshire and why it is important now, more than ever, to continue to acknowledge and honor the holiday. Executive director of the Black Heritage Trail of New Hampshire JerriAnne Boggis will lead the program. Visit nhhumanities.org.

• **Players' opening night online:** In April, the Peterborough Players announced the cancellation of their 2020 summer season. On Wednesday, June 17 (what would have been the opening night of their 87th season) the Players will post "The Players Backstage (from Home) Party," a pre-recorded cocktail party and talkback during which Players actors, designers and others will gather on Zoom and answer pre-submitted questions from the public. The video will be posted at and accessible any time after 7:30 p.m. on the Players' Facebook page and YouTube channel. Visit peterboroughplayers.org.

— Angie Sykeny 🍷



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INSIDE/OUTSIDE

Be kind to clovers

How to have a better lawn

By Henry Homeyer
listings@hippopress.com

— THE GARDENING GUY —

Let's face it: Most of us do not have a lawn that looks like the grass on a major-league infield. And I, for one, don't want one that does. Most professional ballfields are doctored weekly with chemicals: fungicides, herbicides, fertilizers, insecticides. They are cut very short, and look "perfect." I want a lawn that is green but also full of diversity — clover, different kinds of grass, and (I can see some of you shuddering) even a few dandelions.

The turf grass industry decided long ago that clover is a weed. Why is that? Because the herbicides they promote to control weeds like dandelions and plantain also kill clover — but not grasses. But clover is not a weed. It is a nitrogen-fixing legume that actually adds nitrogen to the soil. It is a friend to your lawn — and your children, who delight in finding good luck with a rare four-leafed clover. Add Weed-n-Feed and the clover is gone.

So what can you do to have a better lawn when the heat of summer arrives? I talked to Paul

Sachs of North Country Organics, an organic fertilizer company in Bradford, Vermont. Paul has written books about lawn care and soil biology, and really is a very knowledgeable lawn guy. He mentioned several things you can do. First among them: adjust your mower blades up high.

Sachs explained that cutting the lawn at 3 to 4 inches will help to shade the crown of the grass and keep it cooler, which is good. Hot weather stresses most grasses. Taller grass will also develop a deeper root system because the longer blades will produce more food to nurture the roots.

I don't recommend that you bag the clippings when you mow the lawn. If you are tending your lawn organically (avoiding all chemicals), the clippings will break down, creating a thin layer of compost. Earthworms will turn that organic matter into the soil, too, like little rototillers. The chopped grass will serve to shade the soil a little, helping to reduce heat stress. The only time I collect the grass clippings is when we get a week or more of hot, rainy weather and I can't or don't



Dandelions and clovers are not bad. Photo by Henry Homeyer.

mow. When there are big lumps of grass, it can smother the grass and turn it yellow, eventually killing it. Fresh grass clippings, added to a compost pile, will add lots of nitrogen and heat up the compost quickly, and help it to break down the carbon-based brown matter.

If you have bare spots in the lawn, now is the time to plant some grass seed. Do that as soon as you can, as the hot weather ahead will make it harder for a new lawn to establish itself. You want to get new grass established before annual crabgrass takes over. The best choice for that is a perennial rye grass, according to Paul Sachs. It germinates quickly, in five to seven days.

Start by loosening the soil in the bare spots with a short-tine garden rake. Scratch it back and forth to loosen the soil and to remove any rocks. Scatter a layer of seed, then use a lawn rake to work it into the loose soil. I turn the lawn rake upside down, so I can drag the back of the tines across the seed. This will cover most of the seed.

You can help your new planting by shaking out some straw over the area, providing a thin layer to shade the soil. It is important that the seed not dry out once it has begun to grow. So if the weather is hot and dry, check the soil every day, and water as needed.

Paul Sachs told me that if you have an irrigation system for your lawn, you can help your lawn by giving it a tenth of an inch of water every day at the heat of the day. That light watering evaporates, cooling the soil and your grass. It's similar to what we do when we sweat to cool down. Then once a week, he said, give your lawn

an inch of water for a deep watering — if we have not gotten that moisture from the sky.

Another way you can help your lawn to grow better and avoid heat stress is to add mycorrhizal fungi to your soil. These fungi work with plant roots in a symbiotic relationship — one in which both organisms benefit. According to Paul Sachs, these are best added at planting time when preparing the soil.

The mycorrhizal fungi coat plant roots and benefit from sugars produced and exuded by the roots. In turn the mycorrhizal fungi breakdown soil minerals and provide needed nutrients to the green plants in a form they can use. Not only grasses benefit from mycorrhizal fungi; most green plants do. Learn more at mycorrhizae.com. A number of commercial products are available to provide these beneficial organisms, and many are present without treatment.

One last thought: If we could purchase dafodils that would grow in the lawn and rebloom after mowing, we would pay big bucks for them, right? Especially if they would send out seeds and show up even where we have not planted them. But call them dandelions, and some people declare war. Me? I love those bright harbingers of spring and summer and don't mind them in my lawn. A diverse lawn is a healthy lawn. I like to say, if it's green and I can mow it, it's a lawn!

Henry is now offering workshops online using Zoom to garden clubs and library groups. Contact him at henry.homeyer@comcast.net. He is the author of four gardening books.

INSIDE/OUTSIDE

KIDDIE

— POOL —

Family fun for whenever

Animal adventure

Sneak in a little learning during your walks through nature. The New Hampshire Fish and Game department have **Wildlife of New Hampshire cards** available on their website at wildlife.state.nh.us/nongame/cards.html. The two-page color or pdfs are on subjects such as "Wildlife of Young Forests," "Backyard Wildlife of New Hampshire" and "Wildlife of Rivers and Streams" as well as cards for hawks, wild bees, frogs, dragonflies, different kinds of birds and more.

Join a circus

The **Flying Gravity Circus** based in Wilton will be offering an at-home program called "Circus in a Box" this summer. With two programs (one for ages 6 to 8 and one for 9 to 14) and three week-long sessions, "Circus in a Box" delivers circus-related materials (such as a pup-

pet stage for the younger group, juggling balls for the older group and clown noses to everybody) in a box and then offers five days of programming for kids to follow at home, according to the website. The cost is \$100 and camps run the weeks of June 29, July 6 and July 13. See flying-gravitycircus.org.

Circus Smirkus, the Vermont-based youth circus that has traveled to New Hampshire in past summers, won't be touring this summer but Smirkus fans can still get in some clowning. Circus Smirkus will present Smirk-O-Vision, an online presentation of six events. A season pass costs \$90 or individual events (six are scheduled) cost \$15 to \$18,

according to the website, which lists the shows including "Inside the Circus: Backstage at the HQ" (on Aug. 6 at 7 p.m.), which looks at how they put on the shows each year, and "Inside the Circus: Directors' Commentary" (July 2 at 7 p.m.). The group is also offering Smirkus@Home programming on subjects including juggling, magic, clowning, contortion and more, with classes for kids as young as 5 and schedules that include one-day classes, weeklong classes or sessions with weekly classes. See smirkus.org.



Photo courtesy of Circus Smirkus.

Bee prep

Netflix's new documentary *Spelling the Dream* (see page 24 for a review) is all about kids (and their families) competing in the Scripps National Spelling Bee. The movie is rated G and might be a good way to inspire kids who are "meh" about spelling but like competition, trophies and the idea of going on ESPN. And, if they **catch the Bee bug** (or if

you are just looking for ways to get kids spelling practice), you can check out the official Scripps app Word Club. It has a paid component, of course, but it offers some free word lists that users can be quizzed on in a variety of ways. The app presents the phonetic spelling, audio of someone saying the word, definition, part of speech and other information similar to what you'd get in a bee.

TREASURE HUNT

Dear Donna,
Can you possibly tell me what this is and what it was for? It is solid wood and 3.5 inches. I recently found this in a barn and thought it was interesting.

Ellen



Courtesy photo.

Dear Ellen,
What you found is called a bung. I have seen many in the tops of old milk cans. I think, though, that they were used also in barrels such as whiskey, bourbon, etc., tapered like yours to be pounded in to fit tight and secure and prevent leaking. You can almost make out the ring around it.

Not all bungs are wood; they can be rubber, wax, cork or, I am sure these days, a lot of other materials as well. Yours is most

likely an older one and looks to be in great condition. The value is in the \$10 range, as they are not that easy to find in good condition. This is not a huge financial treasure for you, but it sure will make a fun story to share.

Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and instructing, and recently closed the physical location of From Out Of The Woods Antique Center (fromoutofthewoodsantiques.com) but is still doing some buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550 or 624-8668.

Should I get a Hyundai Kona?



By Ray Magliozzi

Dear Car Talk:

I'm a huge fan of your radio show, and I still listen to it today!

While I was in college, I received my first car; a blue, 2011 Ford Fiesta. While it started as a loving relationship, it has

turned into a "meh, it gets me from point A to B relationship."

The transmission in this car is horrible to the point Ford had to extend the warranty for up to 150,000 miles (I'm at 70k).

If I were to move on from the Fiesta to a crossover of some sort, what would you suggest? I personally really love the looks of the Hyundai Kona, but haven't test-driven one yet.
— Your Fan, Alex

We like the Kona, too, Alex.

We've also learned over many years of answering car questions that when people ask us whether they should buy a certain car, what they really want from us is positive reinforcement.

So when an orthodontist having a mid-life crisis writes to ask us whether the Alfa Giulia Quadrifoglio is a reliable car for him and his young dental assistant, we swallow hard and tell him he'll love it and he'll never need his

AAA card.

In your case, positive reinforcement is easy, Alex, because we actually do like the Kona. It's reasonably priced, fun to drive for a crossover, well laid out ergonomically, practical and versatile. (And Hyundai promised to send us our check this month.)

We consider it a little bit noisy inside, but not out of line compared with other small, inexpensive cars. And compared with a 10-year-old Ford Fiesta, it's going to feel like a sensory deprivation tank, Alex.

It comes standard with at least a couple of the safety features we consider absolutely mandatory these days — forward collision warning and automatic emergency braking. To get the equally important blind spot warning system, you'll have to step up from the lowest trim level.

And safety is as good a reason as any to upgrade your ride, Alex. The Fiesta is tiny. And overall structural safety has improved in the years since your Fiesta was designed. And that's not even taking into account the new, electronic safety features like the ones we list above.

So if you can manage it financially, sell your Fiesta to another needy college student who will mostly use it to get around campus at low speeds. And get yourself the Kona. Send us a picture of you in it.

Dear Car Talk:

I have a 2015 Nissan Frontier. It only has 57,000 miles and does not leak or burn oil, to my knowledge. I take it to a reputable national oil-change place every 3,000 miles for oil and filter. I have never checked the dipstick right after the oil change, as I assume that is being done professionally.

They now tell me I have "blow-by" on my air filter. I looked in my truck's owner's manual, and it said my vehicle takes 5.3 quarts. The past two repair slips say they put in 6.1 quarts and 5.8 quarts, respectively.

When I told them this, they drained out a bit of oil for me and gave me a new air filter. But could this "blow-by" be a result of them overfilling the oil, or is it something else? — Bob

For those who aren't familiar with the term, "blow-by" doesn't mean what happens when you're waiting for the bus on a winter morning, and the driver doesn't see you and blows right by the stop.

Blow-by is when exhaust gasses from inside the cylinders sneak past the piston rings, and get into your crankcase.

A little bit of blow-by takes place in every engine — even a new one. And normally, it's not a problem. There's a system called the PCV — positive crankcase ventilation — that regularly removes exhaust gasses from your crankcase by sending them back into cylinders to be burned.

But if your PCV system isn't working prop-

erly, those gasses in the crankcase can build up.

And from your experience over a lifetime of eating beans, Bob, I'm sure you know what eventually happens when gasses build up in your combustion chamber.

That's right, they find their way out! And in the case of blow-by, they push back through the air intake, and contaminate your air filter (which, I guess, is kind of like your car's BVD system).

So if you're seeing extensive oil on your air filter, the most likely cause is a stuck PCV valve — especially on a reasonably young engine like yours.

Overfilling the crankcase by half a quart or so is nowhere near enough to cause this problem.

On older engines, excessive blow-by can be caused by piston rings that are all worn out and let too much stuff get by them. And that's a much more serious, and expensive, problem. But I think that's unlikely in your case.

A new PCV valve for your truck costs about \$10 online. And it's really easy to change — I think it just sticks into one of the valve covers.

If you're so inclined, you can buy one, take it out of the box, and then spend a Saturday afternoon trying to find a part that looks just like it on the top of your engine, and swap it out.

Or just let your mechanic replace it for you. Then, since you have a new air filter, at your next oil change, you'll know whether that solved your blow-by problem. I'll bet it does, Bob

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News from the local food scene

By Matt Ingersoll
food@hippopress.com

• **Taste of New Hampshire goes virtual:** Join the Boys & Girls Clubs of Central New Hampshire for the annual **Taste of New Hampshire**, which, for the first time in its 15-year history, will be going virtual. Normally a one-night event held in the fall at the Grappone Conference Center in Concord, Taste of New Hampshire this year will take place online over the course of a week. At 6 p.m. every day from Monday, June 15, through Friday, June 19, you can tune in to a free livestream through the event website, where discounted gift cards to several local restaurants will be sold. Local musicians are also expected to host livestreamed performances each evening. Visit tasteofnewhampshire.com or search “Taste of New Hampshire” on Facebook for more details.

• **“Window” service:** A new eatery offering made-from-scratch comfort foods and home-cooked meals is now open in downtown Manchester for online ordering and window pickup. **Diz’s Cafe** officially opened on May 29 in the former space of Lorena’s Cantina at 860 Elm Street, according to Judi Window, whose husband, Gary “Diz” Window, is the head chef. Due to Covid-19, windows directly adjacent to the front door of the restaurant are currently being used for walk-up orders and pickups. The menu is available for viewing in the window too; there’s a customizable “build-your-own” menu featuring a protein and three sides, plus other offerings like sandwiches and flatbreads, soups and salads, and specialty entrees, like chicken Parmesan, grilled steak skewers, buttermilk chicken macaroni and cheese, meatloaf and honey ginger shrimp stir-fry. Menu items, Judi Window said, will change all the time. For now, Diz’s Cafe is open Monday through Saturday, from 11 a.m. to 9 p.m., but the plan, she

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FOOD

Whisked away

New food truck debuts in Loudon



Photos courtesy of the Whisked Away Cafe.

By Matt Ingersoll
mingersoll@hippopress.com

A new food truck rolled into Loudon last week, and as its name and the whisks on its logo suggest, the Whisked Away Cafe wants to “whisk” you away to a different part of the world — or to Grandma’s house — each week with an ever-changing menu of specials that includes creative takes on wraps, sandwiches, burgers, salads, kid-friendly eats and more.

Sisters Korrie Garland and Crystal Hopkins run the truck with their mother, Louise Cloutier. They began offering lunch service on June 2 at a dirt turnaround road on Route 106 in Loudon, steps away from Cascade Campground. You can now find them there every Tuesday, Wednesday and Thursday, from 10 a.m. to 2 p.m., where a few dining tables are set up out front.

Fifteen years ago the three women also operated the Bonne Femmes restaurant in downtown Pembroke, a spot that was known in town for its breakfasts, sandwiches and soups. Years after she and Hopkins both had kids of their own, Garland said, they became interested in the freedom a food truck would give them to create different recipes. They ended up finding and

purchasing the truck last November.

Prior to starting a regular lunch service last week, the Whisked Away Cafe sold homemade holiday pies late last year and dinners for local delivery in the Pembroke area in March.

“We were doing the deliveries ... just to kind of help out the people that didn’t want to or couldn’t leave their homes, so that picked up some steam,” Garland said.

Now, Whisked Away Cafe’s menu features a variety of sandwiches, chicken or steak fajita sandwiches, chicken or seafood salad, and grilled cheese sandwiches called “toasties,” with flavors like jalapeno chicken popper, chicken cordon bleu and Buffalo chicken. There are also breaded chicken fingers, steak fingers, hand-cut french fries and beef, pork or veggie empanadas.

Hopkins said she, her sister and her mother wanted to create a section of the menu that was fun and accessible for kids too. The children’s menu features options like homemade macaroni and cheese and a grilled peanut butter and Fluff sandwich, plus an “octodog” and a “redneck sushi,” both of which come with chips.

“[An octodog] is a hot dog that we slice up so when it cooks it curls up and it looks like



a little octopus with legs,” she said. “The redneck sushi is just a slice of ham with cream cheese and a pickle in the middle, so when you roll it up and slice it, it looks like little rolls of sushi.”

Garland said they’ve had several pages of ideas for what will be on their specials menu. They began their first week by featuring a special of pulled pork with homemade barbecue sauce and coleslaw on grilled ciabatta, with either fries or pasta salad as a side.

“Our idea was that we’re ‘whisking’ you away to Mexico, or to your grandma’s house, or to college with a ramen noodle dish,” she said.

For now, Garland said, the trio is sticking with the Tuesday through Thursday schedule. But eventually, she said, they may appear on additional days on the weekends, as well as at events at C-R Helicopters in Nashua, which Cloutier owns with her husband.

Whisked Away Cafe food truck
Where: 485 Route 106 South, Loudon
When: Tuesdays, Wednesdays and Thursdays, 10 a.m. to 2 p.m.
More info: Find them on Facebook @ [whiskedawayfoodtruck](https://www.facebook.com/whiskedawayfoodtruck)

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Local Business Resource Guide



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Listings Key

- Retail Open to the Public
- Reservations/Appointments
- Delivery
- Curbside Pickup
- Takeout
- Order Online
- Outdoor Seating

Greater Concord SERVICES

Equality Health Center | "Compassionate, Client Centered Health Care", By Appointment, 225-2739, 38 S Main St, equalityhc.org

Contoocook River Canoe **Dude's Barbershop** **Pembroke Pines Country Club** **Scenic Railriders** **Vianor Tire Center and Auto Repair**

RETAIL

Concord Farmers Market | Sat 8:30am-noon, Capitol Street Downtown Concord, concordfarmers-market.com

Countryberries | "Whimsies for your country home and garden", W-S 10am-5pm, S 12am-5pm, 463-7615, 330 North Rd, Deerfield, countryberries.com

Granite State Candy Shoppe, M-S 11am-6pm, 225-2591, 13 Warren St, granitestatecandyshoppe.com

Granite State Naturals "Contact Free Pick Up!", M-S 10am-6pm, 224-9341, 164 N. State St, granitestatenaturals.com

Healthy Buffalo, "Purveyors of Heart Healthy Meats", Th & F 12pm-5pm, S & Su 10am-4:30pm, 369-3611, 258 Dover Rd (Rt 4), healthybuffalo.com

Rocky's Ace Hardware "Your helpful hardware store!", M-S 8am-6pm, Su 9am-5pm, 229-1380, 20 Loudon Rd, rockys.com

Bona Fide **Capitol Craftsman & Romance Jewelers** **Cole Gardens** **Deerfield Leathers** **Gibson's Bookstore** **Goldsmiths Gallery** **Gondwana Clothing** **Hilltop Consignment**

RETAIL

McAuliffe-Shepard Discovery Center Gift Store **Viking House**

RESTAURANTS

Area 23 | "Outdoor Live Music Wed & Sat!", T/W/F 4-9pm, Sat 4-10pm, 219-0856, 254 N State St unit H, TheArea23.com/events

Cheers, Our patio is open! Live music on the patio Thurs & Sun, 17 Depot St, cheersnh.com

Flying Goose Brew Pub Award winning burgers & handcrafted beer to go, 526-6899, 40 Andover Rd, flyinggoose.com

Hungry Buffalo, "Now open for outside dining!", M-F 3pm-9pm, S-Su 12pm-9pm, 798-3737, 58 Route 129, hungrybuffalotavern.com

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RETAIL

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RETAIL

Angela's Pasta & Cheese Shop | M-S 10am-5pm, 625-9544, 815 Chestnut St, angelaspastaand-cheese.com

Bert's Better Beers "Find us on Facebook and Instagram", M-W 10am-7pm, Th & F 10am-8pm, Sat: 10am-7pm, Sun: 11-3, 413-5992, 545 Hooksett Rd, bertsbetterbeers.com

Elliot Pharmacy | Drive Thru Only M-S 8:30am-5:30pm, 175 Queen City Ave, 663-5678, elliotpharmacy.com

Flight Coffee Company "Pick up your coffee at our Roasting Lab", M-S 9am-5pm, 836-6228, 30 Harvey Rd, flightcoffeecc.com

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Giorgio's Ristorante | "A taste of the Med", M-W 11:30am-9:30pm, Th-S 11:30am-10pm, Su 12pm-9pm, 232-3323, 270 Granite St, giorgiostogo.com

Restoration Cafe #cleanfoodrealpeople, T-S 8am-4pm, 518-7260, 235 Hanover St, restorationcafenh.com

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Greater Nashua SERVICES

American K9 Country | "Open normal hours for Daycare & Boarding", M-F 6:30am-6:30pm, S-Su 9am-4pm, 672-8448, 336 NH-101, americank9country.com

New England Sharpening | "Full service sharpening for home and industrial tools.", M-S 8:30am-5pm, 880-1776, 28 Charron Ave #14, nesharpening.com

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RETAIL

Incredibrew | "Curbside Wine!", W-F 12-6pm, S 9am-5pm, Su 12-5pm, 891-2477, 112 Daniel Webster Hwy, incredibrew.com

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Haywards Ice Cream "Homemade since 1940!", M-Th 11am-9pm, F-Su 11am-10pm, 888-4663, 7 D.W. Highway, haywardsicecream.com

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IN THE KITCHEN

WITH CARMEL SHEA



Carmel Shea of Londonderry is the owner of O'Shea's Caife & Tae (44 Nashua Road, Londonderry, 540-2971, osheasnh.com), a health-focused eatery and coffee shop that opened in 2018. O'Shea's offers fair trade coffees, teas and espresso drinks, pastries and breakfast sandwiches, and bagels with homemade butters and whipped cream cheeses. The lunch menu features sandwiches, salads, smoothies and mroe. Shea co-owned The Grind Rail Trail Cafe in Derry before opening O'Shea's. The cafe is currently open for takeout.

What is your must-have kitchen item?

The mixer. We do a lot of whipped creams and cream cheeses with it. We just started doing a whipped coffee.

totally imagine her coming in here.

What is your favorite thing on your menu?

The oatmeal latte. It's espresso with oat milk, brown sugar and cinnamon. It just has this really warm, comforting flavor.

What is the biggest food trend in New Hampshire right now?

People supporting local. ... I think it's been amped up even more now.

What is your favorite thing to make at home?

You can't beat a nice batch of warm chocolate chip cookies right out of the oven.

— Matt Ingersoll

What would you have for your last meal?

Filet mignon, mashed potatoes, green beans and a nice cabernet.

What is your favorite local restaurant?

I am a huge fan of the Copper Door [in Bedford and Salem].

What celebrity would you like to see ordering from O'Shea's?

Ellen DeGeneres. I just love her and I can

O'Shea's homemade peanut butter

Courtesy of Carmel Shea of O'Shea's Caife & Tae in Londonderry

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131395

Weekly Dish

Continued from page 16

said, is to open for breakfast on Sundays once restaurants in the Granite State are allowed to resume indoor dining. Visit dizsafe.com.

- **Pie season:** The Live Free or Pie Stand (455 East Road, Hampstead), a seasonal business offering home-baked pies with local ingredients, will reopen for the season on Saturday, June 13, at 10 a.m., according to a May 27 post on its Facebook page. Owner Crystal MacDonald launched the stand in June 2018 at the end of her driveway. Throughout the summer and early fall she'll restock the stand twice a week with full-sized and mini fruit pies for sale. Flavors include strawberry rhubarb, blueberry, triple berry, peach, peach raspberry, peach blueberry and apple, all of which are baked in her home kitchen with hand-picked fruits from farms, orchards or farmers markets in New Hampshire and Massachusetts. The stand will be open Thursdays at 4 p.m. and Saturdays at 10 a.m., and masks are required for all visitors. Visit livefreeorpiestand.com.
- **Market news:** Both the Milford Farmers Market and the Bedford Farmers Market are scheduled to hold their outdoor season openings this week. The Milford market will begin on Saturday, June 13, from 10 a.m. to 1 p.m. at 300 Elm St. in Milford, continuing every Saturday through Oct. 10. Bedford's market will kick off on Tuesday, June 16, from 3 to 6 p.m. in a new location,

the parking lot of the old Harvest Market (209 Route 101, Bedford). That one will continue every Tuesday through Sept. 29. In other local market news, the Derry Homegrown Farm & Artisan Market will not be taking place this year. Its board had announced in a May 11 press release that the scheduled June 3 start date would at least be delayed, but in a June 2 update the market was cancelled for the season. "We hope that people will understand that this decision was not made lightly and was a very difficult one to make," the statement read. "At the end of the day, weighing the health and safety issues along with the impact of existing restrictions, the board did not feel we could offer the kind of market experience that patrons and vendors ... have come to expect."

- **Burgers and brews:** Join The Barley House Restaurant & Tavern (132 Main St., Concord) for its 15th annual Burgerfest, a gourmet burger fundraiser for Children's Hospital at Dartmouth-Hitchcock (CHaD). All kinds of unique burger creations with beef, pork, turkey, vegetables and seafood will be available at the restaurant from noon to 10 p.m., Monday, June 15, through Saturday, June 20, alongside a lineup of local craft brews. Since its inaugural event in 2005 Burgerfest has raised more than \$10,000 in annual donations to CHaD, according to a press release. Visit thebarleyhouse.com.

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FOOD



TRY THIS AT HOME

Tropical fruit stack

The weather finally is turning to the warmth of summer. Although we, as New Hampshireites, are excited for the increased temperature, we also will be complaining about how hot and humid it is in the very near future. With that in mind, I have created a dish that welcomes the arrival of summer while keeping one cool.

Allow me to introduce to you the tropical fruit stack. While its name may make you think that it's a sweet dish, it actually has a nice balance between sweet, savory, salty and even a little bit of spice. Yes, it's all of the taste categories in one dish. Additionally, it has a nice balance between tender and crunchy, so what's not to like?

This is a simple dish to make, but because of its simplicity you also need to be mindful when purchasing your ingredients. All of the produce needs to be fully ripened, as it won't spend any time cooking or macerating to highlight its flavors. If you can only find under-ripe produce, that's fine. The mango and avocado can be ripened by placing them in a paper bag on the



Tropical fruit stack. Photo by Michele Pesula Kuegler.

counter for a day or two. The same is supposed to work with pineapples, although I've never tried that.

You may hesitate to try this recipe because you need a ring mold. However, there are many substitutes for a ring mold. You can make one out of aluminum foil. If you buy your pineapple whole but with the skin removed, that container can work, if you cut off the bottom. You also could cut the bottom off a large disposable

plastic cup and use it with the widest part as the bottom of your mold.

With fresh ingredients and your tool acquired, you're ready to make a dish that's sure to wow. It's pretty easy to make, elegant to view and refreshing to eat. Summer dining doesn't get much better than that.

Michele Pesula Kuegler has been thinking about food her entire life. Since 2007, the Manchester resident has been sharing these food thoughts and recipes at her blog, Think Tasty. Please visit thinktasty.com to find more of her recipes. 🍓

Tropical Fruit Stack

Serves 2

- 1 1/3 cup diced pineapple
- 1/2 teaspoon chili powder
- 1/4 teaspoon salt
- 1 avocado
- 1 teaspoon lime juice
- 1 cup diced mango
- 2 tablespoons finely chopped salted macadamia nuts

In a small bowl combine pineapple, chili powder, and salt.
Stir until pineapple is fully coated.

Remove skin and pit from avocado. Place avocado and lime juice in a small bowl. Using a fork, mash until avocado is creamy. Place a 4-inch ring mold on a small plate. Spoon half of the pineapple mixture evenly as the bottom layer. Spread half of the mashed avocado on top of the pineapple. Spoon half of the diced mango over the avocado. Sprinkle 1 tablespoon of macadamia nuts over the mango. Carefully remove mold, and repeat for second serving. Serve immediately.

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131095

Bird Friend, *I Am the Hand* (self-produced)

Desolate but hopeful hipster-chill direct from Manchester, New Hampshire, here, mainly an unplugged-guitar solo project for chef-cook-bottle-washer Geoff Himsel with some help from his girlfriend, Carson Kennedy. The entry point here would be Sufjan Stevens, but it's of course more raw and quirky than that; throw a little Eels in the crockpot and that oughta do it. Himsel is a fan of fingerpick-style guitarists like Neil Young and John Fahey, which explains the rather full sound of this mildly quirky bareness; this sort of

thing is a snapshot of an artist getting things off his chest, redolent of movie opening-credit scenes depicting world-weariness, animations drawn in crayon. You get it, I'm sure, but don't be scared of this just because the guy's a local; there's some nice creativity here, as heard in such things as a segue consisting of recorded rain and train station sounds; some not-cheap-sounding handclaps ("Ohio"); a reed line played on a clarinet or somesuch ("Cuando Era Caballero") and so on. All told then, Pitchfork wouldn't necessarily throw this out of bed unless the writer broke his vape pen. There's a psychedelic angle to this that needs to be mentioned, like a twee version of Wooden Shjips or whatnot. He knows what he's doing, is what I'm saying. **A** — *Eric W. Saeger*

The Brazilian Gentleman, *L & L* (Internet & Weed Records)

Meanwhile on the dwarf planet Pluto, we have this New York City collective of underground scene veterans with weird record collections, banded together to make what amounts to a Throbbing Gristle-ized version of Battles. To translate that depthlessly annoying music-wonk-ese, there's a lot of gently rendered industrial noise here woven into the very listenable melodies, and that will surely lead a good number of critics to tag it as an EDM project and bag it just to get away from it. I wouldn't be wildly surprised to hear something like this from The Orb, but it does get disconcerting, evoking the feeling of having boarded the wrong galactic battle cruiser ("Star Stuck in It"). But it's not supposed to be an easy ride, as becomes plain in the hooted and dentist-drilled "Metals," which is a pure let's-ride-the-subway-and-disorient-the-strights earbud trip. "All Natural" is chill drone pocked with world-music-ish loops; "You're Boring" explores some Frank Ocean-ish fever-dream bliss. **A-** — *Eric W. Saeger* 🍷

happened in the late '80s and their comparatively mellow album *A Bell is a Cup Until It is Struck* was suddenly rising in something resembling an actual Top 20 chart. I babbled about their 2013 album *Change Becomes Us* in this space, and I still absolutely love it, from the skronky, nonsensical "Eels Sang" to the soul-healing "Reinvent Your Second Wheel," both sung by their permanently weird bassist Graham Lewis. I've met and hung out with rock stars before, but he's the

only one who'd reduce me to a puddle of uncool if I ever got a chance to meet him.

Another band I always try to sell to anyone who can't escape my presence is **Elbow**, from the town of Bury in Manchester, U.K. In 2011, I told you guys about their then-new *Build a Rocket Boys!* LP, which, as usual for the band, was shortlisted for a Mercury Prize, this time on the strength of tunes like "Lippy Kids," a hauntingly gorgeous rock ballad that made you rethink

PLAYLIST

A seriously abridged compendium of recent and future CD releases

• The next general-release date for CDs is Friday, June 12, when you can buy *To Love is to Live*, the debut album from **Jehny Beth**, the lead singer from Savages! No, not the DJ, you know, Savages! No, come on, not Screaming Lord Sutch's old backup band; we're talking about the way-cool Savages, the one made up of girls, and they're pretty cool, like this Jehny Beth lady sounds a lot like Siouxsie Sioux, and their music is all post-punk, noisy, deconstructionist and awesome. That leaves only one question: Is there any earthly reason for Jehny Beth to make a solo album when she's in such an awesome band? Well, by cracky, I'm going to toddle off to YouTube to see if this is worth anything. Ah, here we are, a single called "Heroine." It's got an understated jazzy 1970s drum track with grooving bass, some spooky sampling, and Jehny Beth's Siouxsie karaoke going full force. It's not something I'd picture Siouxsie singing, but come on already, this isn't a Siouxsie song, just an OK tune that Siouxsie probably wouldn't sing, because it's largely uneventful until the literal last five seconds. I don't know, am I being too picky here? Be honest.

• Wait, this should be a good one, the new album from **Norah Jones**, *Pick Me Up Off the Floor!* This will be her eighth full-length, and she is officially a folk-jazz goddess, because she is awesome, and at least she's not trying to become a media conglomerate like everybody else who lucks into a hit record, like, the only real acting she's done was on the 2010 indie film *Wah Do Dem*, which only got made because the director won cruise ship tickets (back then, the Village Voice called it nothing more than "a glorified vacation video"). Sounds good to me, because hopefully now we won't have to worry about Norah Jones doing anything more than playing herself on *Sesame Street* and *30 Rock* and spending most of her time singing, which she does on the title track of this new album, a torchy, feathery, very slow, Maria Muldaur-like piano-crooner.

• **Paul Weller** was the frontman for the mod-punk band The Jam during the 1970s and early 1980s, but only people in England cared, but then they had an annoying ska-punk hit in the U.S. called "Start," which was created simply by recycling the Beatles' "Tax Man," and then it was basically over, everyone recite the Funeral Prayer, and then the Beastie Boys sampled the tune for the song "Alive." But wait, here is Paul Weller again, with a solo album, called "Sunset," which means you're probably wondering if there's a song on there that sounds like that Beastie Boys song or whatever. I sure am, so I shall endeavor to stomach the new single, "Village." Wow, it's wicked '70s-chill-funk, and he sounds like Peabo Bryson somewhat. There's wicked mellow electric piano in there, like your grandparents could probably "get reacquainted" with this song playing in the background, nudge-wink. Talk about sassy!

• To end this week with our sanity hopefully intact, let's go investigate the new **Built to Spill** album, titled *Built to Spill Plays the Songs of Daniel Johnston!* I can't imagine what this will sound like, probably fluffy, despicable, hipster versions of equally aggravating Daniel Johnston songs. Yes, here's one, "Bloody Rainbow." Sounds like a twee version of a Roy Orbison B-side. I do not like this, Sam I Am. — *Eric W. Saeger*

Local bands seeking album or EP reviews can message me on Twitter (@esaeger) or Facebook (eric.saeger.9). 🍷

CDs pg22

• Bird Friend, *I Am the*

Hand **A**

• The Brazilian

Gentleman, *L & L* **A-**

BOOKS pg23

• *Breath, the New Science*

of a Lost Art **B+**

• Book Notes

To let us know about

your book or event, email

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library events and more

listed, send information to

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FILM pg24

• *Spelling the Dream* **B+**

Retro Playlist

Eric W. Saeger recommends a couple albums worth a second look.

On the quarantine goes, and for that, the only remedy is focusing on good stuff, like criminally underrated British art-rock bands.

After so many years, I'm convinced I'm the only "bloke" in New Hampshire who's a huge fan of **Wire**, a four-piece that's been around since the 1970s. They were more noise-punk back in the day, but then college rock



the soul-healing "Reinvent Your Second Wheel," both sung by their permanently weird bassist Graham Lewis. I've met and hung out with rock stars before, but he's the

all those scary kids in hoodies, who are, I assure you, just as scared as you. Try it, you'll like it.



If you're in a local band, now's a great time to let me know about your EP, your single, whatever's on your mind. Let me know how you're holding yourself together without being able to play shows or jam with your homies. Send a recipe for keema matar. Email esaeger@cyberontix.com for fastest response. 🍷

Breath, The New Science of a Lost Art, by James Nestor (Riverhead, 304 pages)

The pandemic has forced publishers to delay the release of dozens of books that didn't seem appropriate to bring to market as a potentially deadly respiratory disease was spreading.

No such problem for *Breath*, journalist James Nestor's examination of how generations of us became mouth-breathers, and how the practice is ruining our looks and our health. You with the sleep apnea. Me with the perpetually clogged sinuses. Nestor bids us to breathe only through our nose, "the gatekeeper of our bodies, pharmacist to our minds and weather vanes to our emotions," and to adopt a pace of inhaling and exhaling that comprises what he calls "the perfect breath."

There's a formula that seems to show God likes math: Inhale 5.5 seconds, exhale 5.5 seconds equals 5.5 breaths a minute, for a total consumption of about 5.5 liters of air.

Some years ago, Nestor became interested in a subset of extreme athletes called freedivers, people who can hold their breath for more than five minutes and dive deep in the ocean without breathing equipment. His exploration of that culture led to 2014's *Deep, Freediving, Renegade Science, and What the Ocean Tells Us About Ourselves*. He also took a class in mindful breathing that, while boring at the time, resulted in more focus and calm the next day.

So he began studying super-breathers, people who believe that how we breathe is intimately connected to how healthy we are, and noticing the differences between them and ordinary people who can hold their breath for maybe 20 seconds without thinking they're going to explode.

And he concluded that most of us don't really know how to breathe, even though we do it 50,000 times a day. We breathe sloppily, through whatever orifice happens to be open at the time. We take short, shallow breaths, many more times a minute than necessary. We can breathe like this, but we're not meant to, Nestor argues. And the combination of a soft, modern diet that doesn't require energetic chewing, and poor breathing habits, is rearranging our skulls, not for the better, he says.

This is not a new idea. In 1862, an artist named George Catlin traveled through reservations of native Americans and documented their remarkable good health and straight teeth, which in his book *The Breath of Life* he attributed to breathing only through the nose. The native Americans, like other civilizations 1,000 years before Christ, were convinced that mouth breathing led to ill health. Mothers would watch their sleeping babies and gently pinch their mouths closed if they opened, so children would grow into adults who only breathed through their noses.

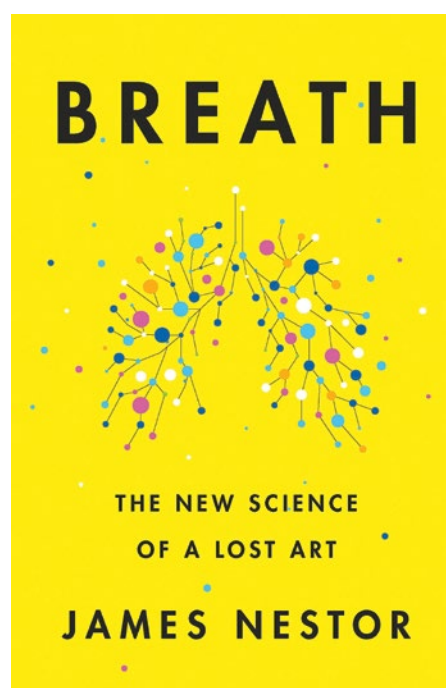
If this seems weird, you should know that there live among us modern humans who put a piece of tape on their mouths before going to bed at night, to achieve the same goal. For a while, Nestor was among them.

As part of his research, he became half of a two-subject study to monitor the effects of spending 10 days breathing only through his mouth, and then 10 days breathing only through his nose.

Nestor emerged from his experiment convinced that the ancients were right, that we sacrifice much of our health and vitality by ignoring the quiet, constant intake of air, which we take for granted until our capacity becomes diminished. Research has shown that we absorb 18 percent more oxygen when we breathe through our nose than through our mouth. Air taken in through the nostrils is substantively different from air processed through the mouth.

Believers include a Silicon Valley dentist who tells his patients that chronic mouth breathing causes periodontal disease, cavities and bad breath and suggests that they use "sleep tape" on their mouth at night to break the habit, and a woman convinced that breathing therapy can heal scoliosis, among other conditions.

The modern tendency to breathe with both the nose and the mouth has effects beyond our perpetually clogged noses. Our nasal cavity atrophies when it's not robustly used, and even our lungs suffer when we're not using them to their potential; they further deteriorate with age. But, according to Nestor, and the Tibetans, "The internal organs are malleable, and we can change them at nearly any time." Exercise helps, and so does proper breathing, which can also decrease anxiety and improve sleep, among myriad other improvements, Nestor promises. It did for him, although he warns that



there is no breathing exercise that can dissolve an embolism or heal cancer. In short, better breathing can improve your life, but not save it.

"The glories of nasal breathing" is not the sexiest topic, but Nestor is persuasive and his narrative sings, at least for the first hundred or so pages. Later, he drills down into techniques he calls Breathing+, which he admits is a sort of "respiratory gauntlet" and not nearly as appealing as shutting your mouth and counting to 5½.

But in a culture where some of us are so perpetually stressed and distracted that we forget to breathe for a half-minute — a phenomenon known as "email apnea" — we could use a breathing coach. *Breath* suggests that we should all shut our mouth, but for eating and brushing our teeth.

B+ — Jennifer Graham 🍷

BOOK NOTES

For a couple of pleasant hours during the last week of May, it looked like the nation was going to turn its eyes to ... birdwatching.

Before rage over the death of George Floyd exploded nationwide, rage over Amy Cooper's tirade against birdwatcher Christian Cooper in Central Park had spun off a delightful Twitter diversion, #Blackbirdersweek.

The virtual celebration was begun by a Georgia grad student, Corina Newsome, who studies seaside sparrows. It was quickly eclipsed by other, more momentous events, but in times of trauma there seems something healing in putting down the phone and picking up the binoculars. And there are a couple of new books out to assist.

Celebrated nature writer Jennifer Ackerman's *The Bird Way* is an examination of how birds "talk, work, play, parent and think" (Penguin, 368 pages). And Massachusetts naturalist David Allen Sibley has a new guide called *What It's Like to Be a Bird* (Knopf, 240 pages). And Todd Telander has written a

new Falcon Pocket Guide called *Birds of New England* (Falcon Guides, 192 pages).

Useful as they are, none of these are selling as well as the new Hunger Games prequel, Suzanne Collins' *The Ballad of Songbirds and Snakes*.

Meanwhile, it's not as useful as a \$1,200 stimulus check, but Publishers Weekly, the venerable trade magazine about books and publishing, recently made its digital edition available for free to anyone who signs up on its website. It's not clear how long this will last; the website says "free during the Covid-19 crisis." But there's an extraordinary amount of content that is usually behind a paywall, including current and past bestseller lists and a database of reviews going back to 1895. Not bad in exchange for an email address.

Another pandemic freebie is available from Audible, which has made a collection of children's stories free "as long as school is on pause." Go to stories.audible.com.

— Jennifer Graham

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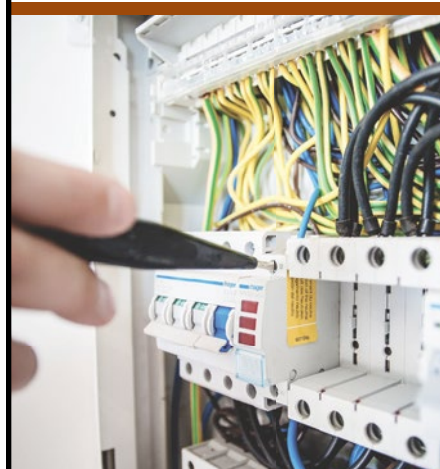


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Spelling the Dream (TV-G)

Competitors and their families hoping to reach the Scripps National Spelling Bee discuss competitive spelling and why Indian-American kids have had such success in the Bee in recent years in the Netflix documentary *Spelling the Dream*.

In the first minute or so of this upbeat, inspirational movie about kids and their dreams of spelling victory, I got a little verklempt over the scene of eight spellers being named co-champions of the 2019 Scripps National Spelling Bee. The kids' joy, their parents' joy — it's an infectious shot of happiness at the beginning of the documentary, which actually follows kids preparing for the 2017 Scripps Bee.

We meet Akash (who, at 7, has many Bee years ahead of him), Shourav (who at 14 is at the end of his Bee career), Ashrita (who is 10) and Tejas (also 14). In interviews with them and their families we learn how they got interested in spelling, how they study and a bit about their family backgrounds. The documentary explains



Spelling the Dream

that Indian-American kids have won the Bee 12 years in a row. Families and commentators speculate about the many reasons why, one of which is that growing up in a household where kids are fluent in many different languages might prime kids to more actively think about words and lan-

guage derivation. (You can see the kids doing the mental math when they ask spelling bee officials for the language of origin of a word: if it's from this language, this sound is likely spelled with this mix of letters. It's a fun element of the movie and one that helps to underline the literary,

geographic and even artistic, sides of spelling, which I think often gets treated more like rote mechanics.)

The movie also demonstrates the importance of representation and talks to Balu Natarajan, a doctor who in 1985 was the first kid from an Indian-American family to win the Bee. Adults like CNN's Sanjay Gupta and Fared Zakaria, ESPN's Kevin Negandhi (doing excellent sports commentary as the documentary focuses on the final competition) and comedian Hari Kondabolu discuss the wider cultural impact of Indian-American kids' competition and victories in the Bee.

This movie is very G-rated, perfectly acceptable for a reading-and-writing-level elementary schooler, if you can get them interested (which, any academic-ish port in a learning-free quarantine-era storm). "Hey, come watch this movie about kids having fun, being on ESPN and winning trophies! mumble mumble spelling" is how I plan to sell it to my kids. **B+**

Rated TV-G by Netflix, where it is streaming. Spelling the Dream is an hour and 22 minutes long and directed by Sam Rega.

AT THE SOFAPLEX

Musical-ish edition

Military Wives (PG-13)

Kristin Scott Thomas, Sharon Horgan.

The wives on a military base in the U.K. form a choir mostly as a form of getting their minds off their spouses' deployments in this feel-good film. Horgan plays the wife of a master sergeant who is responsible for leading the wives' social events; Thomas plays a colonel's wife who sort of horns in on those duties to keep from dwelling on the recent death of her son as well as the absence of her husband. Though Thomas isn't impressed with Horgan's song choices and Horgan doesn't really want to do the choir at all, they slowly come together and are able to lead the women to some success (measured both in "having fun" and in recognition for actual music-making skill). The movie has a light touch — maybe too light. While we get a fair amount about the camaraderie between

the various women — highlighting the stories of the two leads as well as Amy James-Kelly, who plays a young wife, and Gaby French, a shy woman with a standout voice — the movie doesn't get too deep into anybody's story except maybe Thomas'. *Military Wives* is low-pressure comfort food. **B-** Released in May via video on demand, it's available for rent or purchase and on Hulu.

**Wild Rose* (R, 2019)

Jessie Buckley, Julie Walters.

A woman continues to chase her dreams of country stardom despite the hurdles of living in Scotland, being recently released from prison and trying to reconnect with (and financially support) her two kids in this 2019 movie which had a song — "Glasgow" — on the Oscar shortlist (which you can find at [oscars.org/oscars/92nd-oscars-shortlists](https://www.oscars.org/oscars/92nd-oscars-shortlists), and features the sort of semi-finalist round of Oscar hopefuls in nine categories; it's worth checking out if you're looking for 2019 movies you may have missed). Buckley plays Rose-Lynn, who leaves prison with fellow inmates cheering her on about being the next Dolly Parton. The twentysomething Rose-Lynn

has a standout voice and has been singing with her band at Glasgow's only country bar since she was 14. But she doesn't have a clear sense of how to follow her musical dreams. What she does have is an apartment, bills to pay, an ankle monitor that requires her to be home by 7 p.m. and a difficult relationship with her mother, played by Julie Walters, who was raising her children when Rose-Lynn was in prison. She starts work as a housecleaner for a woman played by Sophie Okonedo who helps push her to get noticed, though Rose-Lynn isn't completely honest about all aspects of her life. Buckley makes Rose-Lynn imperfect and frequently self-defeating but also charming and surprisingly optimistic and there is a believable approach to the character and her growth. (Buckley was nominated for a BAFTA for the role.) The movie makes good use of the music and conveying why country, specifically, matters so much to Rose-Lynn. **A** Available for rent or purchase and on Hulu.

**Sing Street* (PG-13, 2016)

Ferdia Walsh-Peelo, Jack Reynor.

Fans of writer/director John Carney and his films *Once* (2007) and *Begin*



Wild Rose

Again (2013) need to check out this 2016 tale of teenage boy Conor (Walsh-Peelo), in 1985 Dublin, Ireland, who forms a band because he has told a girl he likes, Lucy Boynton as Raphina, that he has a band. As with those other movies, *Sing Street* (which Carney directs and co-writes) has a real love of music and its creation. Not only is Conor smitten with Raphina, he quickly becomes smitten with the act of songwriting, which he does with the help of his somewhat directionless older brother (Reynor) and his new school buddies (including Eamon, played by Mark McKenna, who loves music and his pet

rabbits unselfconsciously). There is a real joy in how these goofy teens come together to form a band with music that skillfully riffs on variations of mid-1980s music. The movie has strong supporting performances, including Aiden Gillen and Maria Doyle Kennedy as Conor's parents. **A-** Available for rent or purchase. *Fun fact: a musical based on the movie was set to open on Broadway a few months ago. Wikipedia says it is now slated to open in the fall, at the earliest. Both a film soundtrack and an original cast recording are available for sale now.*

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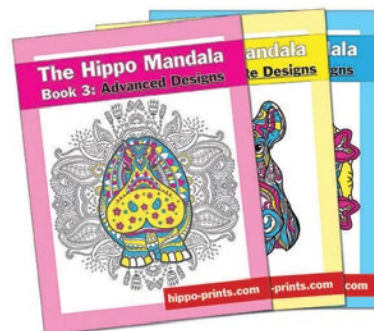
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THE ROUND UP

Local music news & events

By Michael Witthaus
mwitthaus@hippopress.com

• **Good people:** The pews have moved outdoors at a venerable Newmarket venue, as **Andrew Polakow** performs an early evening patio show. The singer, songwriter and guitarist is co-front man for People Like You, but full band shows aren't happening much now. Polakow's catalog of deep cut covers and whimsical original tunes are a worthy tonic. Friday, June 12, 6 p.m., Stone Church, 5 Granite St., Newmarket. Reserve at stonechurchrocks.com.

• **Solo turn:** As the leader of local band Mindset X, **Scott Haidaichuk** is known for making big, ambitious prog rock, like the concept album *Oceans*; the group was working on a follow-up when Covid-19 slowed things down. Haidaichuk also performs solo as The Deviant, doing acoustic covers with the same showbiz flair he brings to his original efforts. Saturday, June 13, 5 p.m., Jocelyn's Mediterranean Restaurant, 355 South Broadway, Salem. For reservations, call 609-6090.

• **Decked out:** Pandemic or not, outdoor music is always a joy at a favorite Queen City country club. **J-Lo Acoustic Duo** — guitarist John Maggio and singer Lola Domino — hold forth with covers of classic rock and modern hits. Their eclectic setlist includes Beatles and Stones, Elton and Prince, Bruno Mars, George Michael, Portugal The Man, Oasis and Rusted Root. Sunday, June 14, 6 p.m., Derryfield Restaurant, 625 Mammoth Road, Manchester. Reservations at 623-2880.

• **Get back:** One area musician stayed productive during lockdown. **Ryan Williamson** used the time to write new songs, play virtual events like Granite State Online Music Festival, and make videos promoting the many places he performed at in normal times. He's back with a busy calendar including multiple appearances at the Bedford branch of a favorite Manchester tap room and restaurant. Monday, June 15, 5:30 p.m., Murphy's Taproom & Carriage House, 393 Route 101, Bedford. Call 488-5975.

NITE Back on stage

Country singer Nicole Knox Murphy playing out again

By Michael Witthaus
mwitthaus@hippopress.com

After 10 weeks of playing weekly sets from her home in Candia for Facebook fans, on May 29 Nicole Murphy was elated to finally be back at Auburn Pitts Bar & Grill, the place where she returned to being a country singer after raising a family for 15 years. Guitar in hand and a backing track machine at her side, strumming and singing beneath an outdoor tent, Murphy gave her first performance in front of a live audience since Covid-19 shut down the local music scene in mid-March.

The multiple New Hampshire Country Music Awards winner called the experience "awesome" in a recent phone interview.

"All my regulars came out that weren't too nervous," Murphy said, noting that fans gleaned from her Friday night livestreams added a few new faces to the crowd. "It was just a fantastic night; the weather was perfect, and everybody did what they were supposed to do."

With that return done, Murphy's calendar is filling up again, even at a few places that are trying live music for the first time. She's booked a Thursday residency for the rest of June at an events center in Windham that isn't booking weddings and private parties.

"They've decided because of the coronavirus to do a bar and restaurant," she said. "They have everything set out on their back patio."

She's also set to play at a country club in her hometown.

The pandemic hit Murphy's bottom line hard — to the tune of \$6,500 in lost gigs — but the virtual tip jar she set up for online shows helped more than a bit.

"That's my grocery money," she said.

When WMUR interviewed her and fellow performer Chad Lamarsh for a story

on the state of live music, there was an immediate bump in Facebook Live love.

"The night after, I got like double and triple the money for my tips," she said. "That was really nice."

Murphy has at least one more online show on her calendar. Taste of New Hampshire is an annual event that will be virtual for this, its 15th year. A fundraiser for Boys & Girls Clubs of Greater Concord and Central New Hampshire, it features a silent auction and live music over five days.

"I'll record myself for 30 minutes [and] send it to them," she said. "Then they'll play it between June 15 and June 19."

Everything else will be happening at places where she was busy before Covid-19, including Granite Tapas in Hooksett, Main Street Grill in Pittsfield and The Bar in Hudson. Both excitement and trepidation mark her return to live performing.

"I'm looking to be cautious," she said, concerned that the virus will resurge. "I'm nervous; I'm thinking I'll book up my calendar again, and then all of a sudden they'll say, 'Oh no, we're back in lockdown and nobody can go out.'"

She spent a lot of her time in quarantine working on new songs, and polishing up a couple. "I'm So Done" was released at the end of May. "The 802," an ode to her Vermont roots (she was a working musician and a beauty show contestant in her teenage years), will hopefully hit streaming sites in a few weeks.

Developing new material was more relaxing for Murphy than in the past.

"The last couple of projects. ... I haven't had the quietness that I needed to focus on music writing," she said. "This whole lockdown shut my weekends down, so I just started going up to my music room with a pad of paper and working."

The extra time at home with her husband was both encouraging and productive.

"Just me and him, doing things that



Nicole Knox Murphy. Photo by Tyke Frost.

we've been wanting to do that we've put off because we've all been so busy," she said. "Now that I had all these weekends free, we could work on projects."

She's happy it was temporary, however. "It's been good that way, but ... I really miss singing."

Nicole Knox Murphy

Where: Castleton Banquet & Conference Center, 58 Enterprise Dr., Windham

When: Thursday, June 11, June 18 and June 25, 5:30 p.m.

More: facebook.com/nicole.knoxmurphy

Also:

Saturday, June 13, 7 p.m., The Bar, 2B Burnham Road, Hudson

Sunday, June 14, 4 p.m., Cheers, 17 Depot St., Concord

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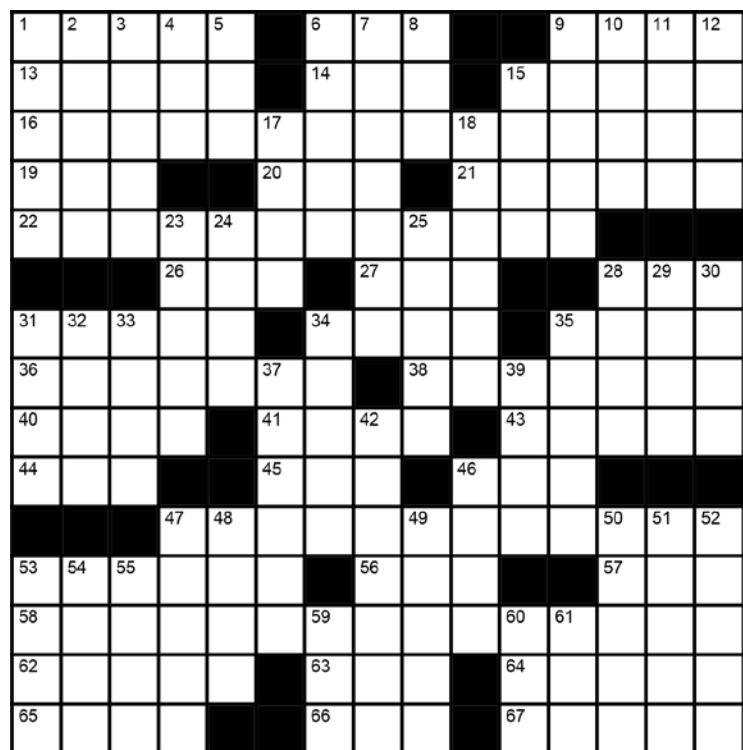
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GREAT PUZZLES OF FIRE



Across

1. 'More Than Words Can Say' band that had an assumed name?
6. 'Voices Carry' __ Tuesday
9. '81 Human League album someone double dogged them to make?
13. 'Signs' band named after pioneer Nikola
14. 'Not So Soft' DiFranco
15. What drum kit nuts & bolts should be so they don't squeak
16. '06 Jerry Lee Lewis album about final guy left on his feet? (4,3,8)
19. Daniel of Bauhaus
20. Repeated affirmative vote word in Santana 'Shaman' jam
21. Ten away from #100 goes w/Bless-the-fall's 'Five'
22. Genesis and GTR guitarist (5,7)
26. Guitar store friends that hook you up
27. Kinks invited us to 'Have A Cuppa',
28. Springsteen covered the classic 'Viva __ Vegas'
31. Disc categories: __/__/Blu-Ray (2,3)
34. Bob Dylan 'Desire' song about Egyptian goddess, perhaps
35. State school Neil Young sang about
36. 'Suicide Season' Bring Me The __
38. Live 'Operation Spirit (The __ Of Tradition)'
40. Barenaked Ladies song named after city in Oklahoma?
41. Tim of Into Eternity has the same name as Pulp Fiction actor
43. Prominent finger used by guitarists
44. Label A&R guy (abbr)
45. New Found Glory sang 'When I __' when planning their funeral
46. A cold John Hiatt said his girl has an ' __ Blue Heart'
47. Pre-Bob Seger System band
53. UB40 '83 album ' __ Of Love'
56. 70s 'Toby' soul band __ - Lites
57. The Cure never believed it and sang

Down

2. Jerry Lee Lewis "At __ I didn't have to hear the closing of the door"
3. Donovan couldn't find her so asked 'Where __' (2,3)
4. 'An Awesome Wave' __-J
5. Chuck Berry's least favorite taxing US uncle?
6. 'Just Another Love' Tucker
7. '01 Papa Roach hit 'Between Angels And __'
8. Beyond tippy 'Zip-Lock' rockers?
9. Jerry Lee Lewis "I don't want her, she __ love me anyway"
10. '12 Slash hit 'You're __' (1,3)
11. Rehearsal space landlord's due
12. Like bad boy image
15. When late for a gig the speeding bus driver said, "We have to step __ __!" (2,2)
17. Go with "ooohs"
18. Whitesnake took us down 'Slow __' (2,4)
23. '88 Living Colour 'Cult Of Personality' debut album
24. 'Someone To Love You' Ruff __
25. Richards of Rolling Stones
28. To advance recording money is to do this
29. This Murray is the 1st Canadian female solo singer to hit #1 in US
30. 'Mr Roboto' rockers
31. Singing star of The Witches Of Eastwick film
32. Neil Young "I'm sorry for the things I've __"
33. Failure heard a kerplow and wrote 'Let It __'
34. AC/DC will 'Cover You' (2,3)
35. '80s & Heartbreak' rapper West

WORD★Roundup™

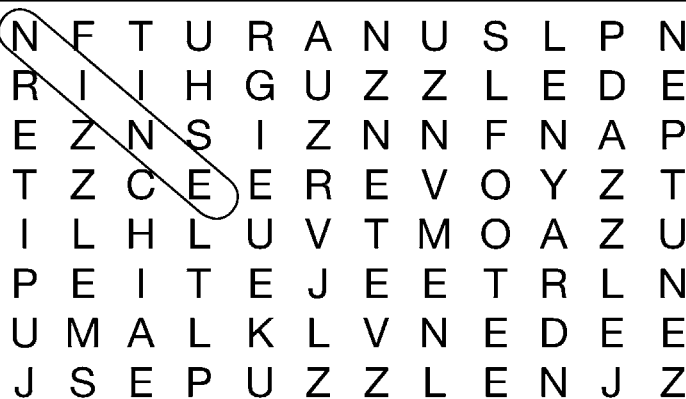
by David L. Hoyt & Jeff Knurek

Find and Circle...

- Four odd numbers
- Four planets
- Four words with ZZ in the middle
- Four units of length
- Five-letter citrus fruit

Last Week's Answers: CENTURY SECOND MINUTE DECADE MONTH
WEEK HOUR YEAR / OCTOPUS OYSTER SNAIL CLAM / FAST SLOW /
SPLASH / TEACH

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67. Pearl Jam doesn't care about the past and lives in the 'Present __'

Down

1. Book w/legends for the road
2. Jerry Lee Lewis "At __ I didn't have to hear the closing of the door"
3. Donovan couldn't find her so asked 'Where __' (2,3)
4. 'An Awesome Wave' __-J
5. Chuck Berry's least favorite taxing US uncle?
6. 'Just Another Love' Tucker
7. '01 Papa Roach hit 'Between Angels And __'
8. Beyond tippy 'Zip-Lock' rockers?
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33. Failure heard a kerplow and wrote 'Let It __'
34. AC/DC will 'Cover You' (2,3)
35. '80s & Heartbreak' rapper West

37. Pre-tour, you may get doctor's these
39. A poor Aerosmith wanted to 'Eat The __'
42. Repeated word in 38 Special '84 hit from Nick Nolte movie
46. Cat Stevens wanted to let it out and wrote 'Can't Keep __' (2,2)
47. __ & The Maytals
48. Tool & Deep Purple songs w/same title that tell us to shut up and listen
49. Peels off, as in former image
50. Pennywise song about UFO visitor, perhaps
51. They happen with the mobs when Axl Rose doesn't show up to a gig

52. Like crowd at big show
53. Amphitheater open area might be in the back, made of grass and called this on your ticket
54. Plot unit that a reggae label grows hemp on, perhaps
55. Drummer Wilk of Audioslave/Rage Against The Machine
59. Abby Ahmad said to come on and ' __-Me'
60. Like type of great guitar pupil
61. First part of foot that might tap at sound of good band

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KENKEN

THE LOGIC PUZZLE THAT MAKES YOU SMARTER.

EASY

7+	2÷		4
	2	3-	1-
2÷	12×		
		4+	

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WORKSPACE:

CHALLENGING

40×		2÷	6+
5-		9+	4
3-	1-	11+	1
		1	3+
			90×
6+		3-	
	6	2÷	
			9+

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5-19-20

RULES

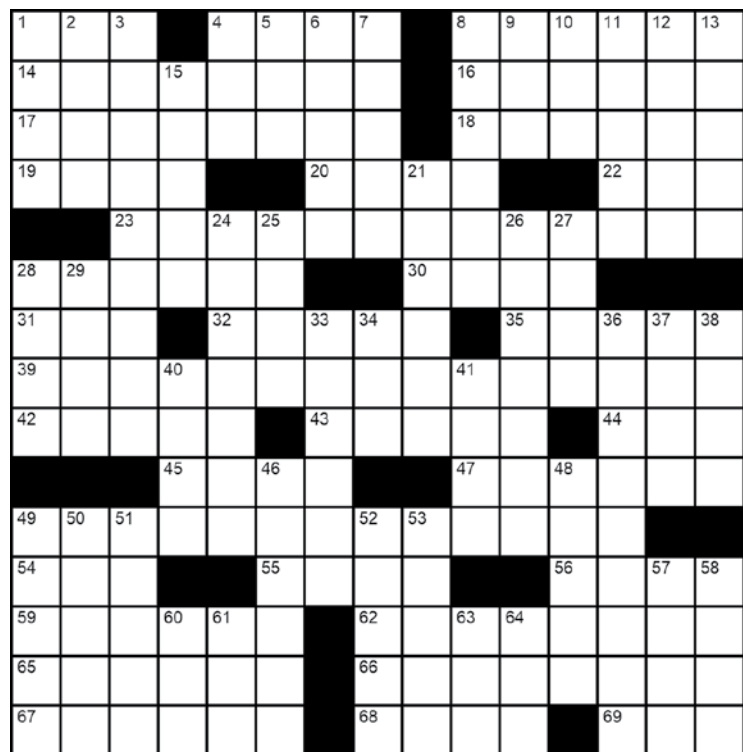
- 1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- 2 The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.
- 3 Freebies: Fill in single-box cages with the number in the top-left corner.

PREVIOUS ANSWERS

3	2÷	3-	4	1
3	2	4	1	3
2÷	2	4	1	3
4	3×	3	8+	2
1	3	2	4	

4	2÷	15×	1	3	5	3-
3+	1	3	4-	6	2	4
2	2÷	2	1-	3	5	6
15×	3	2	5	4	1	6
5	4	2	6×	6	3	1
11+	6	5	4	1	2	3

“Take Two” — one of each to connect



Across

- 1 “Interstate Love Song” band, briefly
- 4 “Fiddler on the Roof” dance
- 8 Frenziad
- 14 Some old Chryslers
- 16 Former Georgian president Shevardnadze
- 17 *Pioneering video game company founded in 1972
- 18 Egyptian goddess of love
- 19 Like almost all restaurant orders these days
- 20 Plate
- 22 Lennon’s second wife
- 23 *Japanese variation on a frozen dessert
- 28 Like old wristwatches
- 30 “I know! Pick me!”
- 31 Turn bad
- 32 “Where ___” (song by Beck)
- 35 “Wow, cool!”
- 39 *Redundant-sounding title for an “X-Files” agent
- 42 “I’m Gonna Git You ___” (Keenen Ivory Wayans film)

- 43 “Clueless” actress Donovan
- 44 Powerful sphere
- 45 “___ a Kick Out of You” (Cole Porter song)
- 47 First name in the 2020 campaign
- 49 *Home of Indira Gandhi International Airport
- 54 Prefix meaning “egg”
- 55 Nickname of a ‘50s-’60s sitcom kid
- 56 Freudian error
- 59 Is untruthful with
- 62 *Former TLC reality show about tattooists
- 65 Candle material
- 66 “Go easy on me”
- 67 Bequeaths
- 68 Show that moved from Fox to ABC, familiarly
- 69 “I just finished the puzzle!” exclamation

- 21 ___ Brothers Records (long-time label for “Weird Al” Yankovic)
- 24 Invention of new words
- 25 “House Hunters” cable channel
- 26 Did a Cuban ballroom dance
- 27 Cassowary’s cousin
- 28 Kennel noises
- 29 Chef Matsuhisa who co-owns a restaurant with Robert De Niro
- 33 Be really mad
- 34 Comm. from some translators
- 36 Characteristic of Schonberg’s music
- 37 “Boys for Pele” singer Amos
- 38 “It’s either hunt ___ hunted”
- 40 “Just joking around”
- 41 Publisher’s multi-digit ID
- 46 Macaroni shapes
- 48 “Mr. Mojo ___” (repeated words in The Doors’ “L.A. Woman”)
- 49 Nick of “Cape Fear”

Down

- 1 “Get a move on, Mittens!”
- 2 “The Wizard of Oz” dog
- 3 Down-to-earth
- 4 ___ polloi
- 5 Sash for a kimono
- 6 “Amazing” magician famous for debunking
- 7 PC character system used for some “art”
- 8 Laugh from Beavis
- 9 “When Your Child Drives You Crazy” author LeShan
- 10 Partner of paste
- 11 Lake between two states
- 12 Richie Rich’s metallic, robotic maid
- 13 Format for Myst, back then
- 15 Emulate Pavlov’s dogs

- 50 Dasani rival
- 51 Handle with skill
- 52 Fancy way of saying “feet”?
- 53 Covered with green creepers
- 57 “Lost ___ Mancha” (2002 documentary)
- 58 It’s seen near the hyphen
- 60 Traffic sign warning
- 61 Pull along
- 63 It may come after long
- 64 Blanc behind Bugs

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R&R answer from pg 31 of 6/4



Jonesin’ answer from pg 32 of 6/4



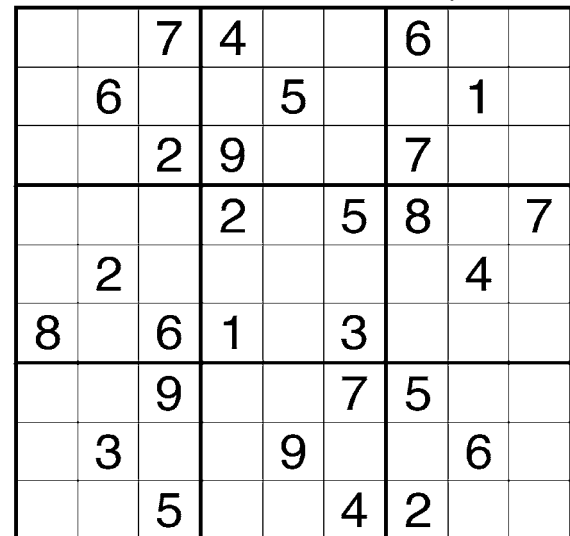
Jonesin’ Classic answer from pg 34 of 6/4



NITE SUDOKU

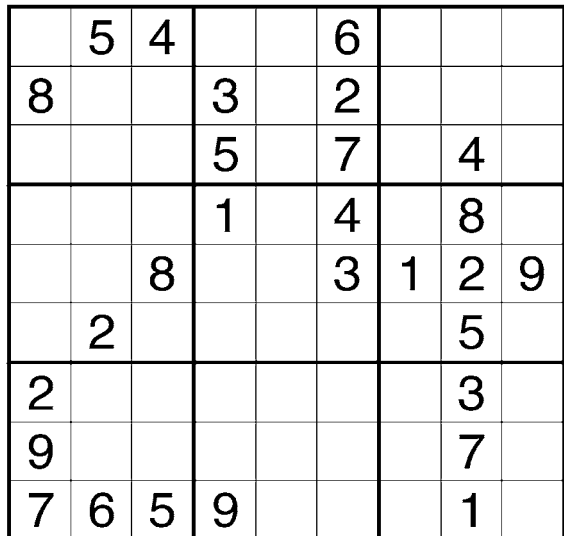
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week’s puzzle answers on pg 29.

Conceptis Sudoku Puzzle A By Dave Green



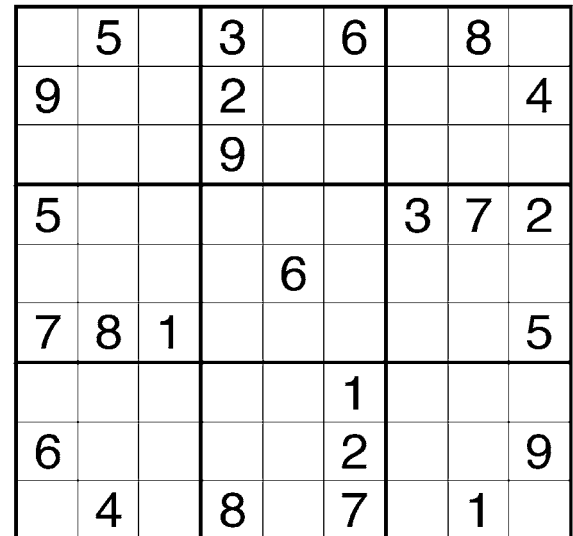
Difficulty Level ★★

Conceptis Sudoku Puzzle B By Dave Green



Difficulty Level ★★★

Conceptis Sudoku Puzzle C By Dave Green



Difficulty Level ★★★★★

SIGNS OF LIFE

All quotes are from *We Have No Idea*, by Daniel Whiteson, born June 17, 1975, and Jorge Cham.

Gemini (May 21 – June 20) More important, think carefully about what's happening in these fun science fiction movies. The aliens are moving through this fictional space-time, but, remember, motion implies time. This is why it's possible to go nowhere fast.

Cancer (June 21 – July 22) But why focus on just our galaxy? There are an estimated one to two trillion other galaxies in our observable universe. Look around.

Leo (July 23 – Aug. 22) Or, even weirder, we could have lived in a universe where things are not made of tiny particles at all. In such a universe, rocks would just be made of smooth rock stuff that can be cut into smaller and smaller pieces forever, and the knife you use to cut them would be infinitely sharp. But we don't and it's your turn to clean the toaster crumbs.

Virgo (Aug. 23 – Sept. 22) Nobody expects a surfer to understand string theory and compute the motion of 10^{30} particles in a wave in order to stand up on her surfboard. Similarly, when you are baking a cake, you wouldn't want to get the recipe in terms of quarks and electrons. Try not to get bogged down in details.

Libra (Sept. 23 – Oct. 22)

If someone told you that your house was somewhere between 2,000 and 1,000,000,000,000,000,000,000 square feet ... you would correctly assume that they were mostly guessing. Actually what they are doing is refusing to guess. If you don't know, say you don't know.

Scorpio (Oct. 23 – Nov. 21) It's like we've been studying an elephant for thousands of years and suddenly we discovered we've been looking only at its tail! Which is still interesting, but it's nice to know what's what.

Sagittarius (Nov. 22 – Dec. 21) Unfortunately, this means we are 15 orders of magnitude away from examining reality at the Planck length. ... Imagine if the smallest ruler you had or the smallest thing your eye could see was 1,000,000,000,000,000 (10^{15}) meters long. That's one hundred times bigger than the

width of the solar system. If the smallest ruler you had was that long, there would be all sorts of amazing things happening that you would have no clue about. No clue.

Capricorn (Dec. 22 – Jan. 19) The ... total mass of the llama is not just the mass of the stuff inside of it. It also includes the energy that holds that stuff together. You'd be surprised how much energy it takes a llama to hold it together.

Aquarius (Jan. 20 – Feb. 18) There are objects whose distance from us is growing so fast that light from them will never reach us. Don't try to run up the down escalator.

Pisces (Feb. 19 – March 20) What could possibly cause the space-time of a small universe to suddenly and absurdly expand twenty-five orders of magnitude? We don't know. A little imagination may be called for.

Aries (March 21 – April 19) You have to imagine that space has properties and behaviors, and that it reacts to the matter in the universe. You can pinch space, squeeze it, and, yes, even fill it with cilantro. What you do with your space is up to you.

Taurus (April 20 – May 20) You know what gravity is. ... But do you really understand gravity? You can't understand everything but you can understand some things if you work at it.

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 draw the short straw, say (4)	_____
2 draw up (7)	_____
3 draw near to (8)	_____
4 draw together (5)	_____
5 draw to a close (8)	_____
6 draw back (7)	_____
7 draw down (7)	_____

OSE	UNI	PR	DEP	CO
RE	LE	LO	CO	TE
CH	AT	MP	NCL	UDE
AP	SE	TE	RET	OA

Last Week's Answers: 1. GALLEY 2. HOLD 3. AISLES 4. ELEVATOR 5. RUDDER 6. WING 7. TURBINES

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Sudoku Answers from page 32 of June 4

Puzzle A

5	4	7	2	1	3	8	9	6
6	3	1	8	9	7	2	5	4
2	9	8	6	4	5	7	1	3
8	6	9	5	7	1	3	4	2
3	7	2	4	8	9	1	6	5
1	5	4	3	2	6	9	7	8
7	2	5	9	3	4	6	8	1
9	8	6	1	5	2	4	3	7
4	1	3	7	6	8	5	2	9

Puzzle B

6	7	4	3	2	8	1	9	5
8	3	5	4	1	9	7	6	2
2	1	9	5	7	6	8	3	4
4	2	3	7	6	5	9	1	8
5	9	1	8	4	3	6	2	7
7	8	6	2	9	1	4	5	3
1	4	7	9	3	2	5	8	6
9	5	2	6	8	7	3	4	1
3	6	8	1	5	4	2	7	9

Puzzle C

1	3	2	9	4	7	8	5	6
8	6	4	3	1	5	7	9	2
5	9	7	8	2	6	3	4	1
3	5	6	2	8	4	9	1	7
2	7	9	6	3	1	5	8	4
4	1	8	7	5	9	6	2	3
7	2	1	5	9	3	4	6	8
6	8	5	4	7	2	1	3	9
9	4	3	1	6	8	2	7	5

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NORTH HAMPTON Village Shopping Ctr, 69 Lafayette Rd. **NORTH LONDONDERRY** 137 Rockingham Rd. **PEMBROKE** Pembroke Crossing Place, 619 Sand Rd.
PETERBOROUGH Peterboro Plaza #1, 19 Wilton Rd. **PLAISTOW** Market Basket Plaza, 32 Plaistow Rd. **PLYMOUTH** 494 Tenney Mountain Hwy.
PORTSMOUTH Portsmouth Traffic Circle, 500 Woodbury **ROCHESTER** Ridge Market Place, 170-1 Marketplace Blvd. **SALEM** Rockingham Mall, 92 Cluff Crossing Rd.
SEABROOK Southgate Plaza, 380 Lafayette Rd. **SOMERSWORTH** 481 High St. **WARNER** 14 Nichols Mills Lane **WEST CHESTERFIELD** 100 NH-9 **WEST LEBANON** 265 N Plainfield Rd.

Cheeky

Alex Masmiej of Paris, France, is a 23-year-old with a strong sense of self-worth. So strong, in fact, that he sold shares of himself via an initial coin offering, or ICO, in April. Masmiej sold tokens, called \$ALEX, to 30 investors, raising more than \$20,000, which he plans to use to move to San Francisco. Investors in \$ALEX reportedly receive a share of any money he makes over the next three years, up to \$100,000; a vote on some of his life decisions; and promotion from Masmiej on his social media channels, Decrypt reported. (He has a whopping 3,200 followers on Twitter and 517 on Instagram.) “Since there are no legal contracts,” Masmiej said, “I can technically run away with the money.” But he won’t because “it will hurt my reputation amongst those very people I need help from. It’s more likely that I just don’t make money and pay back very little.”

Priorities

As rioters looted and vandalized stores and other businesses in Seattle on May 30, one woman, wearing a cloth mask and a backpack, was caught on news cameras calmly walking out of the Cheesecake Factory with a whole cheesecake, adorned with undisturbed strawberries on top. A KIRO news crew captured the footage as others threw bottles of liquor and broke windows. “With everything going on, sometimes you just have to take a moment to treat yourself,” one Twitter user commented.

Oops

• Dang those tricky Zoom calls. As at least 12 government officials met online on May 29 in Mexico, Sen. Martha Lucia Michler thought her camera was off and changed her top as her colleagues looked on. Michler, 66, issued an apology, saying: “In one part of the session, without realizing and while the camera of my computer was on, I got changed showing my naked torso. ... Thanks to a call from [other] senators ... I realized my error.” She went on: “I am a woman who has fought for the left for almost 40 years and who has occupied various public roles in my fervent commitment for the defense of human rights, I am a woman who is not ashamed of her body.” According to the Daily Mail, she blamed the mistake on her lack of technological savvy.

• Car buffs who were able to snag a 2020 Chevrolet Corvette C8 were lucky: Coronavirus shut down production before too many of them could be built. So imagine how angry the owner of one of the prized autos was when he took his car to a Chevy dealership in Jacksonville, Florida, for service on June 1 — and the car was dropped off the lift. According to CarBuzz, the new ‘Vette has a different weight distribution than its predecessors, and service techs didn’t know the right way to position it on the lift. Car owner Jake Anthony posted a photo of the wrecked hot rod on his Instagram account, where he noted that “I’ve spoken with [GM] executives, I’m not interested in a new base model.”

Not dead yet

The BBC reported that on June 2, railroad workers became alarmed after spotting a pair of human feet and “no signs of life” near the Chafford Hundred station in Essex, England. The British Transport Police reported that officers who rushed to the scene “found a man in his late 30s enjoying some nude sunbathing.” A spokeswoman for Network Rail punned: “Let me lay it bare, the railway is not a place to sunbathe. Please keep away from the tracks.” Another spokesperson said the episode was “not as uncommon as you might think.” The sunbather received “words of advice” but no citation.

The foreign press

Police in Madrid, Spain, caught up with a wanted criminal in late May, AFP reported. Nacho Vidal, a porn star, was charged with manslaughter relating to the death of fashion photographer Jose Luis Abad last year at Vidal’s country residence. According to authorities, Abad died after inhaling “venom of the bufo alvarius toad” during the “celebration of a mystic ritual.” The toad, which is native to Mexico and the southwestern U.S., secretes venom containing a powerful psychedelic substance. Police said Vidal and his cohorts have lured people who are “easily influenced, vulnerable or who were seeking help for illnesses or addictions” to the rituals on a regular basis. One of Vidal’s relatives and an employee were also arrested.

Unclear on the concept

Julie Wheeler of Beaver, West Virginia, pleaded guilty in February to health care fraud and faced up to 10 years in prison. So she and her husband, Rodney Wheeler, apparently cooked up a plan to keep her out of jail: On May 31, Rodney and the couple’s 17-year-old son reported that Julie had fallen from the Grandview overlook at the New River Gorge National River. Federal, state and local law enforcement agencies and rescue crews began a search for her, including use of a helicopter and rappelling into a jagged canyon, to no avail. After three days of searching, however, Julie turned up — hiding in a closet in her home, WVNS reported. Now, in addition to the fraud conviction, Julie and Rodney will face multiple charges of conspiracy and giving false information to West Virginia State Police. “It is hard to hide at home,” remarked U.S. Attorney Mike Stuart.

The entrepreneurial spirit

Cobbler Grigore Lup of Cluj, Romania, was disturbed to see people ignoring social distancing guidelines put in place for the Covid-19 pandemic. So he created a pair of size-75 (European) men’s shoes, each of which is about 2 1/2 feet long. The shoes have a regular space for the foot but then a long bill-like section that extends from the toe. Lup told United Press International that the shoes are designed so that two people facing each other (and wearing his shoes) have to keep a distance of about 5 feet.

Visit newssoftheweird.com.

JONESIN’ CROSSWORDS BY MATT JONES

“Who’s in Charge Here?”— four who should be

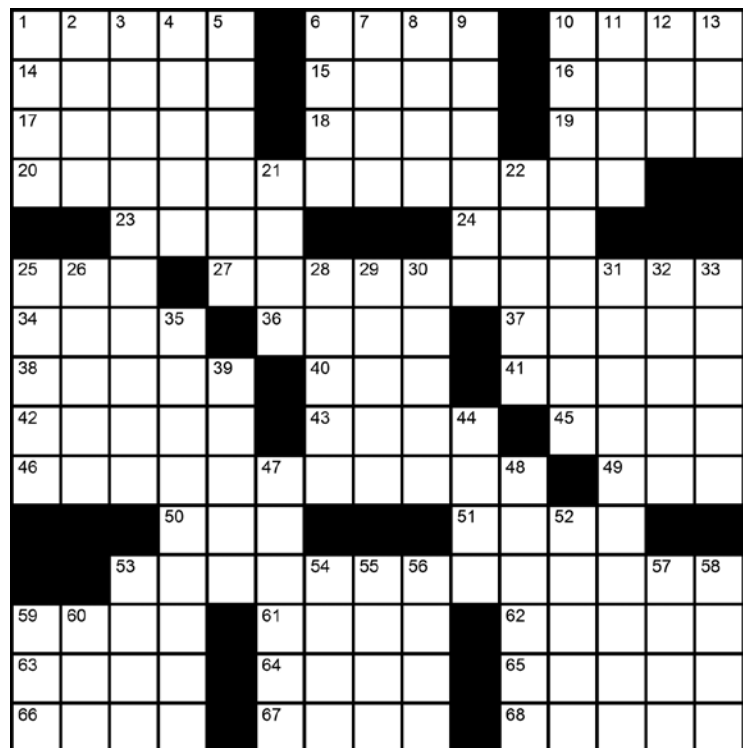
Enjoy this Jonesin’ Crossword, originally printed in 2012!

Across
1 Plenty of

- 6 Coffeehouse drink
- 10 Post your thoughts online
- 14 Hit the town
- 15 “Get ___”
- 16 Hawaiian island where much of “Lost” was filmed
- 17 Room under a roof
- 18 WWI spy ___ Hari
- 19 Mufasa, for one
- 20 Big shot overseeing metamorphoses?
- 23 Brother of Michael and Jermaine
- 24 Buenos Aires’ loc.
- 25 Dunking Ming
- 27 Big shot in the flexible straw industry?
- 34 ___ Domani wine
- 36 Big berry
- 37 “La Traviata” composer
- 38 Fend (off)
- 40 Cuba or Curacao: abbr.
- 41 Bartender on “The Love Boat”
- 42 Stuck in the microwave
- 43 Title role for Jodie Foster
- 45 Plus-size model born Melissa Aronson
- 46 Big shot in charge of locksmiths?
- 49 Nincompoop
- 50 Genetic messenger material

- 51 Five, in France
- 53 Big shot in the salad factory?
- 59 Guilty or not guilty
- 61 Furniture giant
- 62 Spotted laughter
- 63 Brazen
- 64 D.C. team
- 65 Fencing swords
- 66 Hot month
- 67 Watches closely
- 68 Income, in Paris

- 22 Roman fountain
- 25 Kind of question with a 50/50 answer
- 26 Go on the fritz
- 28 Cupcake topper
- 29 Prop for Bob Ross
- 30 Girl, in Grenoble
- 31 Everything’s always about her
- 32 Dutch cheeses
- 33 Jasmine and basmati
- 35 Heat ‘n’ eat
- 39 Patsy’s “Absolutely Fabulous” friend
- 44 Shoe string
- 47 Nobel Prize-winning novelist ___ Gordimer
- 48 Be indecisive
- 52 Semiconductor variety
- 53 “___ no, we won’t go”
- 54 Just fine
- 55 Party
- 56 Scottish miss
- 57 Technology website now owned by CBS Interactive
- 58 Effortlessness
- 59 Sandwich with the crusts cut off
- 60 Reed or Rawls
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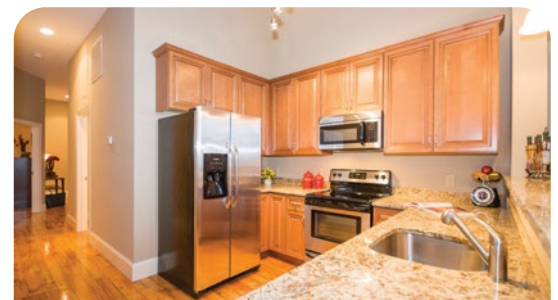
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