

the Hippo

JULY 23 - 29, 2020

HATBOX THEATRE
RETURNS P. 10

TASTE OF
NEPAL P. 23

LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

FREE



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How to get moving, keep going and join a race — even now

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- Takeout
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GRANITE VIEWS **ALLYSON RYDER**

The English language



"It is America! You should be speaking English!" "Is anybody here illegal?!" "It's America speak English!"

Those words rang out in a now viral video filmed by a woman in downtown Nashua as she began harassing men who were installing hardscapes. This tirade was unprovoked except for the fact that she happened to overhear the white foreman speaking to his employees in a language that they felt most comfortable conversing in — Spanish.

For most of my life, half of my family did not speak English; a fact most don't know about me as my French Canadian roots disappeared when my mother married a man with the last name Ryder. Between my father not speaking French and our desire to simply become "White Americans," my brother and I never learned the language.

My mother grew up in Nashua and was surrounded by her big French-Canadian family where the words that flowed from their mouths were never taught in schools. Her family found its way there thanks to the factories with pensions and unions to protect their jobs. In just two generations, our family went from having not even an eighth-grade education to having post-graduate degrees.

I remember spending my summers jumping in my peperc's pool as my grandparents and mom spoke to one another in a language I did not understand. When I would hear them speaking that way, I would think to myself, and sometimes say aloud to them, "Speak English!"

I say all this to remind myself and others that many of us started here with different experiences, languages, and intentions. I know the mindset of "It's America — speak English" is how we have all been conditioned.

Despite the fact that speaking a language other than English is relatively harmless, there is real damage for those who do not abide by those rules. The violent words and actions hurled at the Latinx employees from the white woman is a perfect example of how white privilege permeates even the most innocent of spaces.

Fortunately, the public outcry from the video was enough to silence her, but I know that those workers will not soon forget what happened or how they were treated. We all have to work twice as hard to undo the harm done out of fear and hate.

I wish I could go back and listen to my grandparents speak, to hear their voices and laughter at the words I did not understand, and know that they were only trying to express themselves in the way that felt most natural to them. Unfortunately, that time has long passed and with it a key part of our cultural identity — all in the name of ignorance.

Allyson Ryder addresses social justice issues in a variety of personal and professional capacities across New Hampshire. She can be reached at almryder@outlook.com.



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ON THE COVER

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ALSO ON THE COVER, for its first live, in-person performance in months, Hatbox Theatre presents *Copenhagen*, p. 10. It's blueberry and raspberry season; find out where to pick your own, p. 22. And Gurung's Kitchen opens inside Bunny's Superette, p. 23.

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NEWS & NOTES

Governor's updates

Gov. Chris Sununu made multiple announcements in the past week amid the state's ongoing response to the Covid-19 pandemic.

On July 14, in a press conference, Sununu announced the creation of a new online portal through New Hampshire Employment Security, calling it a "centralized database for New Hampshire-based employers." You can access it by visiting unemployment-benefits.nh.gov and clicking on the "Covid-19 response recruitment" tab.

Also on July 14, Sununu announced the fall reopening plan for public schools across the state. The guidance documents were designed by the School Transition Reopening and Redesign Taskforce, providing districts with the flexibility to safely reopen, continue remote learning into the fall or adopt a hybrid model. The guidance includes multiple recommendations for professional development and staffing preparation, should a teacher or faculty member need to quarantine as a result of the virus. It also encourages school districts to actively communicate with students and faculty about social distancing and mask wearing. Sununu added that the guidance goes over transportation protocols and recommendations, such as encouraging assigned seating on school buses. Finally, the documents discuss what can be done if a school district elects to take the hybrid learning route, or a combination of in-person and remote learning and instruction. To view the full guidance recommendations, visit covidguidance.nh.gov and click on "K-12 Back-to-School Guidance."

On July 15, Sununu issued Exhibit L to Emergency Order No. 29, which had been issued on April 9. Emergency Order No. 29 requires state agencies, boards and commissions to submit recommendations to Sununu if any regulatory deadlines should be adjusted in response to the state of emergency. Per Exhibit L, requests by employees of the New Hampshire Department of Administrative Ser-

vices to use floating holidays have been waived through June 30, 2021.

In a July 16 press conference, Sununu announced that the state's Business Finance Authority will oversee the New Hampshire General Assistance & Preservation Fund (NH GAP Fund), a new fund of \$30 million for individuals and businesses that did not meet the eligibility requirements for the Main Street Relief Fund, the Non-Profit Emergency Relief Fund or the Self-Employed Livelihood Fund. The application period for the NH GAP Fund began on July 21 and runs through Aug. 4. Franchises and new businesses in the state are among the potential applicants of this fund. Visit gofer.nh.gov to access the application.

During the same press conference, Sununu said the state is giving a \$19 million grant to the University System of New Hampshire for remote learning transition assistance, as well as a \$6 million grant to the state's Community College system for tuition support.

Details on all of Sununu's orders and guidance documents can be found at governor.nh.gov.

Face coverings at school

The Manchester Board of School Committee voted Monday night to require face coverings when schools reopen, according to a press release from the Office of the Mayor. The board also voted in favor of modified classroom layouts with desks situated 6 feet apart. "By Aug. 10, Superintendent Goldhardt will present a reentry plan to help keep educators, staff, students and their families safe," Mayor Joyce Craig said in the release. The board also pushed back the school start date by one week to Sept. 9, according to a report from WMUR.

House bill action

Gov. Chris Sununu was also busy signing and vetoing numerous bills in the past week, according to multiple press releases from the Office of the Governor. Here are a few of the highlights:

HB 1162 was signed into law. The legislation "enhances programs for at-risk children in New Hampshire and expands the Office of the Child Advocate" and allows unmarried couples to adopt, according to a press release from the House Majority Office. "This bill reaffirms our commitment and builds upon the progress we have made in reforming and enhancing the state's child welfare system," Sununu said in a statement. "While the Department of Justice has raised concerns regarding this bill as it pertains to the Office of the Child Advocate, I am confident that the Attorney General can work with the Office of the Child Advocate to ensure that the Office operates within appropriate legal limits and consistent with Constitutional requirements."

HB 1240 and **HB 705** were signed into law, both of which address sexual assault and related offenses, including in school settings. "We know that unfortunately, there are people out there who will use a power disparity to try and take advantage of others," Sununu said in a statement. "This is something that even happens in schools. It is important that school be a place of trust and responsibility. If someone violates the trust and authority we place in them and takes advantage of a child, we are now able to act appropriately."

HB 1280 was signed into law. "This bipartisan legislation lowers prescription drug costs for Granite Staters," Sununu said in a statement. "Additionally, this legislation will inject transparency in drug pricing, allow New Hampshire to import low-cost prescription drugs from Canada, and puts a price cap on insulin to ensure no one will have to worry about being able to afford life-saving insulin. This bill now makes the cost of insulin in New Hampshire the lowest in the nation."

HB 1645 was signed into law. It prohibits the use of chokeholds by law enforcement; prohibits private prisons in New Hampshire; requires

North Conway has once again made the Top Ten Small Towns for Adventure list in the USA Today 10 Best Readers' Choice Awards, according to a press release. This is the third year in a row that the town has made the list and is the only one that's in New England. Access to Mount Washington and four-season recreation helped North Conway make the list, according to the release.

Deerfield resident Dwight Barnes will start a 1,000-mile walk on Aug. 17 to benefit the Ronald McDonald House Charities of New England. Barnes, a retired McDonald's owner and operator, plans to start in Boston and walk 20 to 25 miles a day as he makes his way across New England.

The Veterinary Emergency Center of **Manchester** has a brand new, 12,800-square-foot facility at 2743 Brown Ave., according to a press release. The center offers 24-hour emergency care and features full digital radiology, a laboratory and surgery and monitoring equipment.

Coppal House Farm in **Lee** will hold its annual Sunflower Festival from Saturday, July 25, through Sunday, Aug. 2, to coincide with the flowers' bloom dates. The weekend will feature a craft fair, live music, food vendors, a wine garden and animal viewings, and there will be special events during the weekdays as well. Hours are from 10 a.m. to 6 p.m. each day. Find ticket information at nhsunflower.com.

police officers to report misconduct; further reforms bail reform; and provides funding to municipalities for psychological stability screening for candidates seeking certification as law enforcement officers.

HB 1266 was signed into law, making temporary modifications to the absentee voter registration, ballot application and voting processes in response to Covid-19.

HB 1166 was vetoed. The bill addressed federal unemployment funding under the CARES Act. According to a press release from the Office of the Governor, the bill contains provisions that violate federal law and would make New Hampshire ineligible for federal unemployment funding. "Our job is to open doors of opportunity in times of need, not cut off federal support when families are struggling," Sununu said in his veto message.

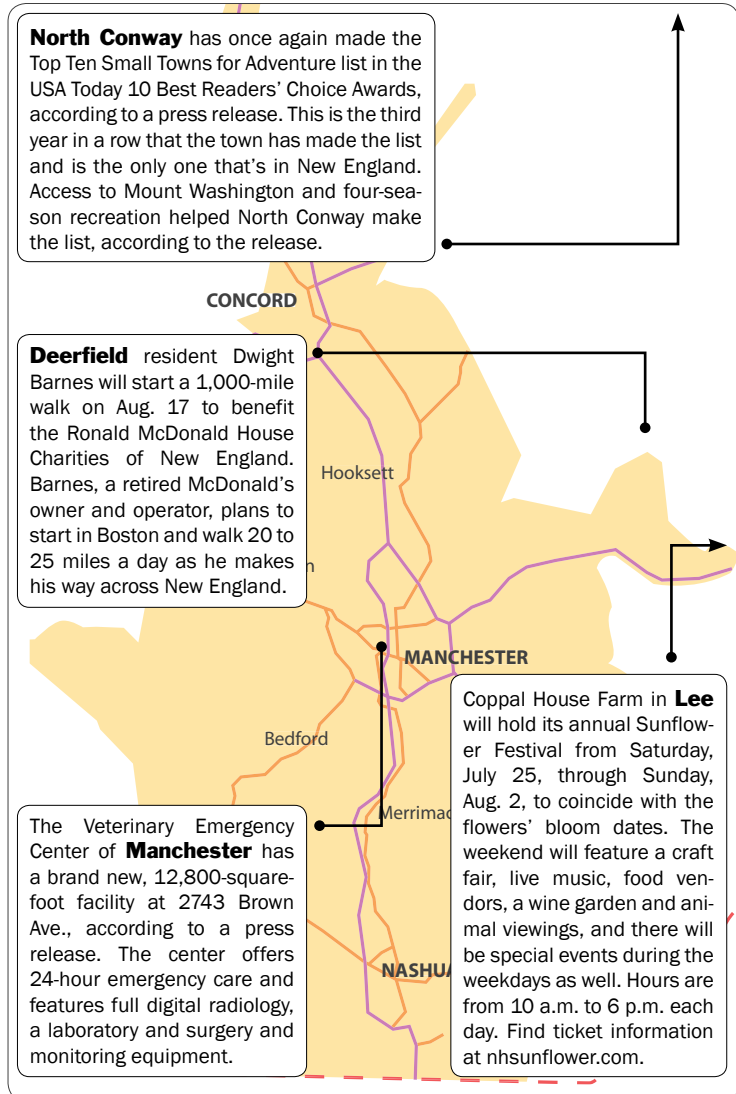
SNAP online

Anyone who gets Supplemental Nutrition Assistance Program (SNAP) benefits can now purchase and pay for groceries online, using EBT cards to purchase eligible food items through Amazon and Walmart, according to a press release from the New Hampshire

Department of Health and Human Services. The pilot program is in response to the pandemic, allowing SNAP recipients to stay home and practice social distancing. The benefits cannot be used for service or delivery charges, according to the release.

New PSAs

District of New Hampshire U.S. Attorney Scott W. Murray has announced the launch of public service announcements aimed at combating drug and gun crimes. According to a press release from the Department of Justice, the opioid crisis has led to an increase in gun use and guns being traded for drugs. In response, the U.S. Attorney's Office has developed social media public service announcements to educate people about these illegal activities and their consequences. "Drug trafficking and violent crime jeopardize the safety and security of the citizens of New Hampshire," Murray said in the release. "We are seeking to raise awareness about these crimes and to solicit the public's assistance in helping us to make the Granite State safer. A fully informed public is a powerful deterrent against the harm caused by drug traffickers." 🗨️



Covid-19 update	As of July 13	As of July 20
Total cases statewide	6,068	6,249
Total current infections statewide	621	565
Total deaths statewide	391	398
New cases	158 (July 7 to July 13)	190 (July 14 to July 20)
Current infections: Hillsborough County	354	328
Current infections: Merrimack County	37	31
Current infections: Rockingham County	134	127

Information from the New Hampshire Department of Health and Human Services

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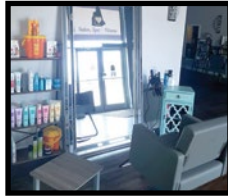
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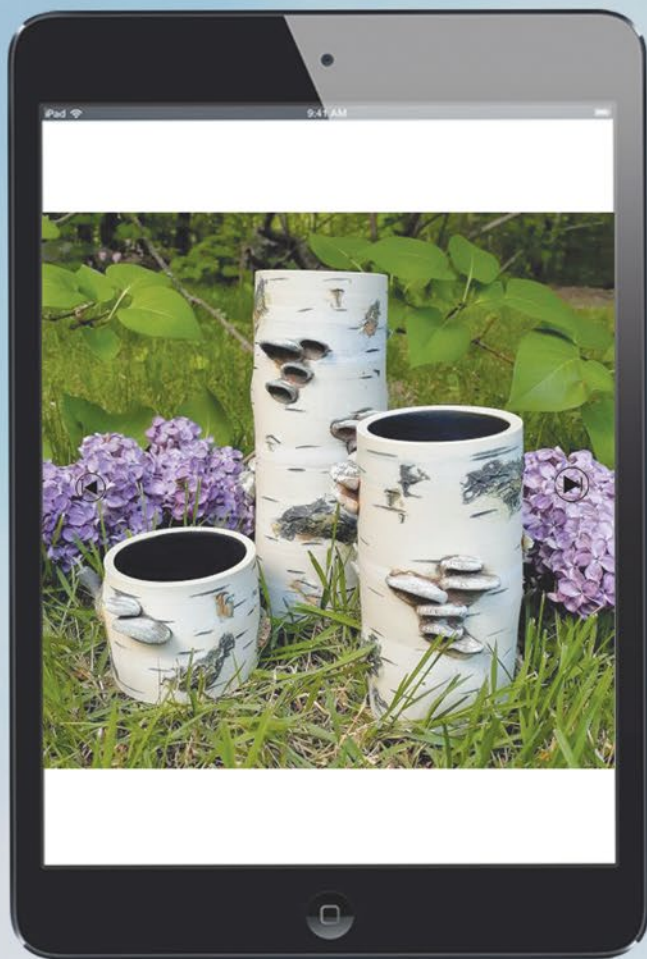
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NEWS & NOTES Q&A

Summer Quaranteen

Camp offers creative outlet for teen girls

Tracey Miller, a wellness coach and yoga instructor from Manchester, and her teenage daughter McKenzie have created a new two-week virtual summer camp for teen girls called Camp Quaranteen. Miller talked about camp activities, how the first session is going and how teen girls can benefit from a program like this. The next CampQ session starts Aug. 3. Visit traceymiller.co/campq.

Q: *What inspired you to create Camp Quaranteen?*

I have a 14-year-old daughter, and all of her camps were canceled. Then, I started talking to other mothers, who told me their kids' camps were also canceled, and they felt that their girls were becoming isolated. It's really easy for girls to get stuck sitting around on their phones all day. My daughter, for example, is really very creative, and I know she loves [doing creative projects], but the older she gets, the more I have to provide a little initiation or inspiration to get her to keep doing it. ... I wanted to [create a program] where girls could engage and collaborate safely, be creative and think outside the box so that they don't get bored at home.

What are some camp activities?

The girls get an e-journal and guide with journaling prompts and art projects for them to do each day. The first art project is actually making a notebook for their journal, which they'll print out. ... Another project we're doing is a fashion project, where the girls are upcycling a piece of clothing to express something about who they are and what they like. ... They do a scavenger hunt, which is my attempt to get them outdoors, because all the things they have to find are around their house. ... There are live cooking demos that teach the girls how to cook healthy food, and one of the final projects is a cookbook that the girls put together with their own recipes. ... We meet online for an hour to an hour and a half each day to talk about what they've been doing, to brainstorm random acts of kindness they can do and other [topics] that get the girls to be more reflective and expressive about who they are and what's important to them.

How is the first session going?

It's been really great. We have eight girls participating, and I'm so inspired at how creative the girls are. Some of them already sew, and many of them like to cook. It's been really fun, and the girls seem to be really excited about it.

How is your daughter helping with the camp?

She's helping me come up with ideas for



Tracey Miller with her daughter McKenzie. Courtesy photo.

the girls to keep it cool, because when you're 14 your mom's not so cool. ... She loves to cook, and she inspired some of the recipes that the girls are learning. She's also helping with the cooking lessons. This morning she taught the girls how to make a poached egg and avocado toast.

How can parents get involved?

I've provided parents with a materials list and a shopping list of food they need for the recipes, and I've tried to keep it simple with a lot of common ingredients that they probably already have. I'm really encouraging the girls and their parents to be creative and use what they already have around the house so they don't have to go out and spend \$80 on materials and ingredients. ... I'm also encouraging the girls to go through their journal with their parents at the end of the week so they can share some of the things that came out in their journaling and show them their art projects.

What would you like girls to take away from their camp experience?

I'm hoping to really provide more tools for them during these teen years that they can carry with them through their whole life. This is such a formative time for girls, and an important time for them to start expressing themselves, become more confident and take care of their bodies. ... I want them to learn new cooking skills and be creative [with] and curious about new food. I want them to become more mindful about their uniqueness and to appreciate their uniqueness rather than feeling like they have to be "normal." I want them to be able to share their feelings so they can understand that they're not in this alone, and that other girls are going through some of the same things and having some of the same thoughts and feelings.

Do you plan on continuing CampQ, or something like it?

I definitely plan on continuing to do some workshops in the fall that teach girls about how to be more mindful and grounded, how to be more confident and how to deal with things like stress and anxiety.

— Angie Sykeny

Baseball — ready, set, go



Ready or not baseball kicks off Thursday, July 23, in what will likely be the strangest baseball season ever. No one knows what to expect beyond the fact that with only 60 games each one will have a far greater impact than it would in a marathon-like 162-game season. That urgency is the most interesting thing about the season ahead.

So here's a preview of the biggest stories and changes the 2020 MLB season may lead to.

No Crowds at Games: I don't get the hubbub by some over piping background noise into telecasts. As long as they don't overdo it, why not if it makes it sound less hollow?

Astros Cheating Scandal: If ever a team could benefit from no fans in the stands and a schedule not as closely watched as past years, it's the Houston Astros. Before the pandemic hit, the retribution parade for their cheating scandal was likely going to be the year's biggest story. Now it's an afterthought.

Dark Horse Candidates: As usual the Yankees are getting a lot of ink, especially after signing **Gerrit Cole**, but I see more money going down on Tampa Bay to win. That is based on a strong 2019 when they finished 12 games ahead of Boston while spending \$140 million less and a belief strong bullpens matter most in a 60-game season. I'd argue the opposite, as starters won't have to pace themselves like over a six-month season. Tell me a 12-start season wouldn't have been perfect for **Chris Sale**, which would've eliminated his annual post-All-Star game fizzes from overwork.

Non-Dark Horse Candidate: With **Masahiro Tanaka** already getting nailed in the head by a vicious **Giancarlo Stanton** line drive the annual injury parade has started for the Yankees. Given their history, I expect more to follow. In the NL I guess it's L.A., though only because I'll be watching how **Mookie** does.

The Stats: **Jack Chesbro's** (41) and **Hack Wilson's** (190) records for wins and RBI are safe. But what if someone hits .400? If so, there goes **Ted Williams** being the last to hit .400 in a season. So the question is, should it count? Well, when **Roger Maris** hit 61 homers in 1961 to break **Babe Ruth's** single-season record, Commissioner **Ford Frick** tied an asterisk to it because it happened during the new 162-game schedule, while Babe's came in 154. Frick, it should be noted, was a Babe binky and was protecting the big fella. With no one watching out for Ted, who knows. But if ever an asterisk should be attached, it's to hitting .400 in 60 games! While I know the Commish has a lot going on, he should state what's what before the season begins.

Can Someone Hit .400? It still may be a long shot, though, since according to a story I found in a FanSided column by someone named **Bill Felber** the last to be over .400 after 60 games

was **Andres Galarraga** in 1993, which came in Denver's thin air. That makes **Nomar Garciaparra's** .389 in his first 68 of 2000 closer to today's reality. So, if anyone does it, it happens at Fenway, making the most likely culprit **Rafael Devers**.

Alumni News: The rising star who got away to shine will be **Yohan Moncada** in Chicago. While it took him a while to roll, he hit .315 with 25 homers in 2019 and all signs point higher. A huge year will be extra painful because in addition to costing **John Henry** \$50 million to sign him, with Sale out for the year the guy Moncada was traded for faces an uncertain future that comes on the heels of 2019's dismal 6-11/4.40 campaign and an injury-shortened 12-4 season in 2018. That surprisingly points the needle for winner of that deal a little more toward the White Sox.

Never-ending A-Fraud Saga: It remains beyond belief that two-time PED cheat **Alex Rodriguez** is allowed to be the face of baseball on ESPN and beyond-er (if that's a word) belief that MLB is actually considering letting this serial liar into the bidding to buy the Mets less than six months after the Astros cheating scandal exploded. But he's got a new problem, after blatantly pandering to MLB owners last week by saying that after earning \$448 million in baseball's free market, players should accept a salary cap. Player outrage was best expressed by ex-Yankee **Brandon McCarthy**, who said players should boycott "self-serving liar" Rodriguez during his ESPN gig. Agreed, because if there's ever been a bigger me-first fraud, I've yet to see him or her.

Radical Realignment Ahead: Playing games within a 10-team region to cut down on travel may be the forerunner to radical realignment that could erase the lines between AL and NL. For the Sox it'll be facing the Mets, Yanks, Phillies, Blue Jays, Orioles, Nationals, Braves, Marlins and D-Rays. The history lover in me won't love that, but I will say that after the NFL-AFL merger I hated seeing the Colts, Steelers and Browns leave the NFL to be part of the new AFC and I got over that pretty quick.

New Extra-Innings Rules: Thanks to dug-out micro-managers making nine-inning games endless I'm for starting extra innings with a runner on second base. Anything to eliminate ending games at 3 a.m. with seven people in the stands.

Universal DH: The DH will be used in both leagues. Will it lead to it universally going forward? Probably, but who cares.

The Pandemic: As much as we'd like to, we can't ignore the world's biggest story with the biggest question being, with 10 teams playing in the nation's four biggest hot spot stats of Texas, Florida, Arizona and California, will baseball be able to miss all the land mines to finish the season at all?

Cross your fingers, because I think making it through the year is a, ah, long shot.

Email Dave at dalong@hippopress.com. 🐼

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NEWS & NOTES

QUALITY OF LIFE INDEX

No fall sports for UNH players and fans

The University of New Hampshire Department of Athletics announced July 17 that its fall sports teams — cross-country, soccer, football, field hockey, and women's volleyball — will not compete in intercollegiate athletics this year. "For months, we have worked ... to establish safe protocols and practices that would protect our student-athletes, coaches, staff and the greater community," UNH Director of Athletics Marty Scarano said in the announcement, which was posted on the UNH Athletics Department website. "As of the last few weeks it has become obvious that ... the virus is not under control and continues to present a significant risk." The announcement noted that all athletic scholarships and eligibility will be honored for this year.

Score: -2

Comment: *According to the announcement, the possibility of moving fall sports to the spring is being considered, and decisions regarding winter sports will take place in early fall.*

Record-breaking spring turkey hunt

New Hampshire hunters set a record during this year's spring turkey hunt, harvesting 5,719 turkeys, which is 643 more turkeys than last year, according to a news release on the New Hampshire Fish & Game website. The youth hunt weekend also saw an increase, with a harvest of 500 turkeys (8.7 percent of the season's total), compared to 424 last year. There were plenty of heavy birds this spring, with the largest weighing between 24 and 29 pounds. The top five towns for number of turkeys harvested were Weare (84), Concord (77), Gilmanton and Claremont (75 each), and Belmont (73), according to the news release.

Score: +1

Comment: *New Hampshire Fish and Game is asking the public to provide turkey brood observations through Aug. 31 for its annual turkey brood survey. Visit wildnh.com/surveys/turkeybrood.html to participate.*

Backpack Drive is on

The New Hampshire Department of Education announced in a press release that it is now accepting donations of new backpacks for its fifth annual Backpack Drive. Backpacks are needed for students of all ages and will be accepted through Aug. 19 at the Department of Education, 101 Pleasant St. in Concord. The backpacks will be distributed statewide to school nurses, law enforcement and PPE stations, which will make them available to students in need. "New Hampshire families sometimes struggle with the out-of-pocket expenses of sending their kids back to school, and this is one way people can lend a hand," Diana Fenton, who first created the Backpack Drive for the department in 2016, said in the release. Last year, more than 600 backpacks were collected.

Score: +1

Comment: *QOL is welcoming all signs of normal "back to school" happenings this year.*

We suck at driving

New Hampshire ranks No. 5 in the nation when it comes to the number of at-fault car accidents, according to a study from Insurify, an auto insurance quotes comparison site that analyzed the driving records of 2 million car insurance applicants across the country. Their data found the following in New Hampshire: percentage of drivers with a prior at-fault accident, 15.71; percentage of drivers with a prior speeding violation, 12.78; percentage of drivers with a prior DUI, 2.13; and number of drivers with a prior reckless driving incident, 30 out of 10,000. "Based on New Hampshire's high volume of reckless driving incidents ... a possible determinant of this state's accident rates could be a lack of common discretion on these less congested, open roads, leading to an abundance of carelessness and an increase in driving errors," the report reads.

Score: -1

Comment: *At least we ranked higher than our neighbors, Massachusetts and Maine, which came in at No. 1 and No. 2, respectively.*

QOL score: 52

Net change: -1

QOL this week: 51

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippopress.com.



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¹ Includes basic services of the funeral director, initial transfer, embalming, dressing and casketing, service vehicle and simple graveside service.

² Includes basic services of the funeral director, initial transfer, embalming, dressing and casketing, service vehicle, hearse and full gathering or ceremony.

³ Includes basic services of the funeral director, initial transfer, embalming, dressing and casketing, service vehicle, hearse and full gathering or ceremony, viewing preceding ceremony, and cremation process.

*Source: National Funeral Directors Association, 2017.

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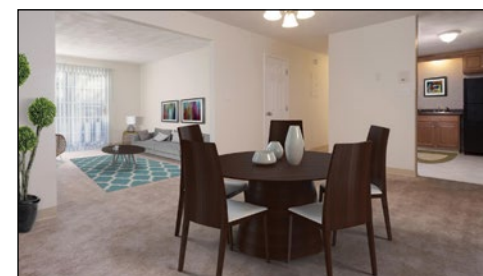
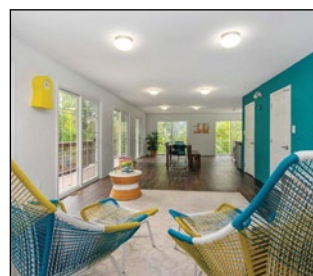
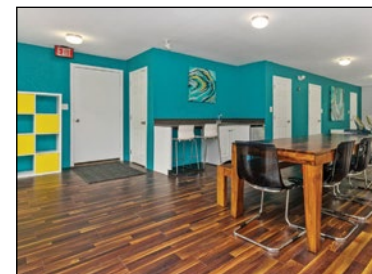
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Physical theater

Copenhagen opens as live shows return to the Hatbox Theatre

By Angie Sykeny
asykeny@hippopress.com

The Hatbox Theatre will reopen on July 24 with Phylloxera Productions's staging of *Copenhagen*, the first show at the small Concord theater since it closed its doors in the spring.

Friends and physicists Niels Bohr and Werner Heisenberg were the world's leading experts in nuclear fission during World War II. With their countries at war — Bohr was from Germany and Heisenberg was from Denmark — and Germany racing to develop atomic weapons, meeting would be a dangerous endeavor. *Copenhagen*, written by Michael Frayn, is a speculative look at what happened during the secret meeting between the two men that took place in Copenhagen, Denmark, in 1941.

The play premiered at the National Theatre in London in 1998 and opened on Broadway in 2000. It won numerous prestigious awards, including the Drama Desk Award for Best New Play, the New York Drama Critics' Circle Best Play and the Tony Award for Best Play.

Director and producer Gary Locke first

read the script for *Copenhagen* 12 years ago after he had seen several actors perform monologues from the play as part of their auditions for his productions.

"They were such rich, complex and wonderful monologues, and that made me curious about [the play]," Locke said. "I started reading it, thinking I'd be reading a story about World War II, but what I got was insight into the way the world works philosophically, emotionally — from every standpoint. It's been on my radar [to produce] ever since."

The three-person cast depicts Heisenberg, Bohr and Bohr's wife Margrethe.

"It's a wonderful play for actors," said Jim Sears, the actor playing Niels Bohr. "There isn't a lot of fanfare to it. It's just three people and their interactions, with nothing else in the way. It's one of those plays where you [as an actor] discover who you are during rehearsals."

Though *Copenhagen* is chock full of science-related dialogue, audience members do not need to be fluent in the scientific concepts to enjoy the play, Locke said.

"I don't want to convey the idea that it's dense, not interesting and not fun," he said. "It's really a fascinating slice of history and

character study of these three people."

The play was originally scheduled to open in late April. The actors started learning their lines last fall and rehearsing in January, but in March, Covid-19 brought their in-person rehearsals to a halt. Still, they continued running their lines together over the video conferencing platform Zoom.

"We had to have a way to keep interacting and repeating the words while looking at each other," Sears said. "It's an incredibly pale [way of rehearsing] relative to being on stage with the other actors, but it was all we could do, and it was necessary."

Locke said that because the play only has three cast members he "never had any doubt that it could still go forward in the era of Covid," and he had always planned on bringing it to the stage as soon as theaters were allowed to reopen.

"This is a massive work of memorization for these actors, so they had already put a big commitment into it at that point, and I owed it to them not to cancel," he said, adding that, even though the actors will be paid less than expected due to the limit on ticket sales, "I never heard a single complaint or doubt from any of them." 🍷



Copenhagen. Courtesy photo.

Copenhagen

Where: Hatbox Theatre, Steeplegate Mall, 270 Loudon Road, Concord

When: Friday, July 24, through Sunday, Aug. 9, with performances on Friday and Saturday at 7:30 p.m. and Sunday at 2 p.m.

Tickets: \$18 for adults; \$15 for theater members, seniors and students; and \$12 for senior theater members.

Covid-19 guidelines: Audience members will be required to social distance and wear face masks during the performance.

Contact: 715-2315, hatboxnh.com

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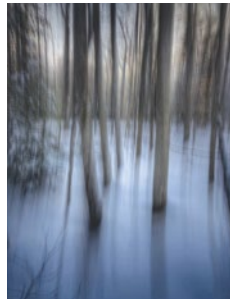
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THE ROUNDUP

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Art by Susan Lirakis, featured in "Tree & Twig" at Twigg's Gallery. Courtesy photo.



Art by Katy O'Gorman featured in "Tree & Twig" at Twigg's Gallery. Courtesy photo.



Art by Pam Tarbell featured in "Tree & Twig" at Twigg's Gallery. Courtesy photo.

• **Author discusses women's suffrage:** The Tory Hill Author Series will feature feminist historian and biographer Susan Ware on Saturday, July 25, at 7 p.m. on the video conferencing platform Zoom. Ware will discuss her book *Why They Marched: Untold Stories of the Women Who Fought for the Right to Vote* (2019), which looks at some of the lesser-known icons of the women's suffrage movement. Ware is currently the Honorary Women's Suffrage Centennial Historian at Harvard University's Schlesinger Library and is the general editor of American National Biography. The Library of America will publish her edited volume *American Women's Suffrage: The Long Struggle for the Vote, 1776-1965* this summer. Tickets cost \$25 and can be purchased online. Every year the Tory Hill Author Series, presented by the Warner Historical Society, features local and nationally known authors who read from and discuss their books and personal experiences. Other authors being featured will include biology writer Bernd Heinrich on Saturday, Aug. 8, and storyteller Rebecca Rule and middle-grade and young adult novelist Adi Rule on Saturday, Aug. 22. Visit toryhillauthorsseries.com.

• **Forest inspiration:** Twigg's Gallery (254 King St., Boscawen) presents a new art exhibit, "Tree & Twig," from July 25 through Aug. 23, with an opening reception on Saturday, July 25, from 1 to 3 p.m. It features 10 local artists — Debra Claffey, Richard Gombar, Susan Lirakis, Laura Morrison, Katy O'Gorman, Adele Sanborn, Jean Stimmell, Pam Tarbell, Dave Therrien and Arielle Van De Water — whose work focuses on their deep and personal connections to New Hampshire forests. There will be paintings, photography, sculptures and other media. Gallery hours are Thursday through Friday from 11 a.m. to 5 p.m., and Saturday from noon to 4 p.m. Call 975-0015 or visit twiggsgallery.wordpress.com.

• **Reopening pushed back:** Cinemagic Stadium Theaters in New Hampshire (1226 Hooksett Road, Hooksett, 644-4629; 11 Executive Park Drive, Merrimack, 423-0240; 2454 Lafayette Road, Portsmouth, 319-8788; cinemagic-movies.com) has pushed its reopening date back to July 31 because of changes to theatrical release dates, according to a press release. All locations will feature

classic movies for \$5, as well the premiere of *Unhinged* (R), starring Russel Crowe. Moviegoers are required to wear face masks while moving around the facility but can remove them while seated in the auditorium, observing social distance at all times. Contactless ticket and concession purchases are encouraged and can be made via the Cinemagic app. A limited-time buy-one-get-one-free popcorn special will be available, and beer, wine and specialty drinks can now be purchased at the concessions stands, according to the release.

• **Jewish Film Fest continues virtually:** In place of its traditional festival, which was canceled due to Covid-19, the New Hampshire Jewish Film Festival is presenting a virtual summer film series featuring international films that would have made their New Hampshire premieres. The next film is *My Name is Sara*, a U.S. drama, on Thursday, July 23, followed by *Futures Past*, a U.S. documentary, on Thursday, Aug. 6; *Shooting Life*, an Israeli drama, on Thursday, Aug. 20; and *Paris Song*, a Latvian historical drama, on Thursday, Aug. 27. *My Name is Sara*, *Futures Past* and *Paris Song* screenings will include a post-movie discussion with the filmmakers on the following Sunday at 7 p.m. All screenings are free, with a suggested donation of \$18 to support the festival and future programming. Advance registration is required. Visit nhjewishfilmfestival.com/2020-virtual.

— Angie Sykeny 🍀

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Just keep running

How to challenge yourself to get going, stay at it and join a race — even now

By Meghan Siegler
msiegler@hippopress.com

Two years ago, I got my dad a shirt that says “I’m a stalker,” and he gets endless enjoyment out of allowing strangers to think he is in the habit of taking off his clothes and running naked in public. In reality, it’s a Runner’s World shirt created for crazy people like my dad who have (fully clothed) running streaks of days, months or years.

You don’t have to run every day, or far, or quickly, to reap the benefits of running. Find out how and why to get off the couch, why streaks are, in fact, awesome (should you choose to go that route), and why running a virtual race is a great way to alleviate the fear of the starting line.

Just do it

One of the best things about running is how easy it is to get started, no matter what your fitness level is, how much time or money you have — or how much you dread the thought of being seen by your neighbors as you struggle, red-faced and sweaty, around the block.

Millennium Running owner John Mortimer watched his mom become a runner, starting by walking one mile a day — and only at night.

“She would put her reflective vest on in the cover of darkness and walk the mile,” Mortimer said.

She then started adding jogging intervals, going from one mailbox to the next while jogging, then walking to the next, and so on. She worked her way up to three laps — three miles — and then ran her first 5K.

“You can take baby steps,” Mortimer said. “It’s literally just about trying to move a little bit each day.”

Christine Lewis, co-owner of Total Image Running with business partner Lisa Misiaszek, has similar stories; she’s been training runners for more than two decades. She remembers training a friend, Lisa Trisciani, who had lost 100 pounds and set a goal to run the Disney half marathon. But she had never run before and was afraid to take that first step because she thought people would judge her. Lewis worked with her on walk/jog intervals as well as strength, core and balance training.

“Within eight weeks Lisa ran her first 5K,” Lewis said. “We continued to train and she ran the Disney half and crushed it.”

Trisciani has since run several full mar-

athons, relay events and half marathons.

“You’re never too young, too old or too out of shape to start running,” Lewis said.

Gear up

“The best part about running is you don’t need a gym membership or fancy, expensive equipment to begin,” Lewis said. “Just get yourself a good pair of running sneakers and step out your front door.”

She recommends getting fitted for running shoes at a specialty running store such as Runner’s Alley.

The Millennium Running retail store in Bedford can help you find the right shoes too, taking you through a full fit process that includes gait analysis.

Running too much in the wrong shoe can turn you off to the sport altogether, whether it’s because the shoes themselves are uncomfortable or because they cause aches and pains.

“I think runners or walkers often stop doing it because it starts to hurt,” Mortimer said.

Other gear might include reflective vests or headlamps for safety if you’re running in the dark.

But other than the right shoes, “There’s nothing overly critical that you need,” Mortimer said.

Start slow, but stick with it

Mortimer has three key suggestions to help people get in the right mindframe to start running. First, he says, is to find your motivation. Why do you want to start running? It could be to improve your heart health, to lose weight for a wedding or to change your lifestyle. Keeping that motivation in mind will help you commit to yourself mentally and emotionally.

Second, Mortimer says, is to be consistent; if you stop doing it after a week, you haven’t gained anything from the experience.

“But that doesn’t mean you have to run 10 miles every day,” he said.

Lewis agrees.

“The reason people get discouraged quickly is because they do too much too soon,” Lewis said. “Don’t plan to run the entire time. Start with very short jog/walk intervals, doing more walking than running at first. Do not be ashamed to walk. It’s all part of the process. Listen to your body and take a break when and if you need it.”

Similarly, Mortimer’s third guideline is to be patient. You’re not going to see results overnight — you won’t lose five

pounds overnight, and you won’t be able to go from running zero miles a day to running three overnight.

Lewis also recommends cross training, doing things like strength training and yoga to keep your body strong and limber. Mixing it up and balancing your body will help you stick with it, too, she said.

“It will help keep you injury-free and [avoid becoming] bored of the same running routine day in, day out,” she said.

Find support

There are all kinds of running clubs in New Hampshire, including the Millennium Running Club, the Runner’s Alley Club, and the Total Image Running Run Walk Brew Social Club. Becoming part of a club helps you meet other runners who will offer support and motivation.

“Our club is not just about running,” Lewis said. “It’s about motivating each other to work out then celebrate with socializing and a brew.”

Most clubs welcome all fitness levels and abilities, so even if you hesitate to call yourself a runner, well, you are.

“If you’re putting one foot in front of the other, you’re part of the running family,” Mortimer said.

Start streaking

Streaking runs in my family (yes, the terrible pun was unavoidable). My dad’s longest was 9,056 days; my uncle’s was 10,328 days (that’s more than 27 years of running every. single. day.). My cousin made it just past 1,000 days. It took an operation for prostate cancer to end my dad’s streak, and knee surgery to end my uncle’s.

I’m not a professional runner, but I have joined the streaking club (I’ll hit 1,000 days Aug. 16, barring injury or heat stroke), which I would say makes me qualified enough to tell you why running streaks are good for your mind, body and soul, whether you’ve never run before or you’ve run marathons.

1. They’re motivating. A streak will get you out the door when nothing else will. It was 96 degrees the other day, and the humidity brought the “feels like” temp to well over 100. If I didn’t have a streak to maintain, I absolutely would not have laced up my Sauconys and headed out for a run. I would have continued sitting on the deck in the shade at my parents’ cottage on the lake, justifying to myself that it was definitely too hot to run.

When I started this streak, I had no goal



Meghan Siegler nears the finish line at the 2018 Cigna 5K in Manchester, which is being held virtually this year (see p. 14 for details). Photo courtesy of Millennium Running.

in mind. My thought was that I’d just run every day until I had a good enough reason not to — and that hasn’t happened yet. Snowstorms, heat waves, being insanely busy — none of those are real excuses. Dress warmly and watch for plows, dress lightly and drink plenty of fluids, bring running shoes everywhere so you can run after dropping one kid off at soccer practice but before picking up the other kid at football — “I have to run” means you figure it out. Without a streak, a million excuses can get in your way.

2. They’re better for your body than a Netflix streak. Again, I’m not a professional, and many runners and doctors might cringe at the whole concept of a running streak — because rest days! — but I personally think the pros outweigh the risks. (Still, talk to a doctor before starting any serious fitness endeavor or if you have any preexisting conditions or concerns.)

Every body is different, and so far mine is holding up just fine. In fact, I would argue that I’m healthier now than ever before. When I started running in my early 30s, I couldn’t even finish a mile without walking. I’m not a natural athlete, and I spent the first 30+ years of my life doing very little in the way of exercise. Now, I generally feel better, I’m stronger, and all my vitals are fantastic. If I weren’t streaking, I would choose the couch more often than not.

Still, if you’re sick, achy, or just not feeling it, there’s no need to overexert yourself. The running community generally sees one mile a day as the minimum you need to keep your streak intact. It’s unlikely you will die while running or jogging one mile if you don’t have any medical issues. But, you know, bring your phone just in case.

3. They keep you sane. Perhaps even more importantly than the physical benefits, my streak has provided a no-excuses outlet to clear my mind and alleviate stress. It's built-in self care; my kids are almost always my priority, but because of this streak, I sometimes choose running over their wants and needs (I know, the audacity). If I didn't "have" to run every day, I probably would put them — or work, or laundry, or lawn mowing — first 99 percent of the time. Running is my outlet. It's where I can clear my head or think things through. I don't even listen to music. I like the silence, the sound of rain, the quiet when the roads are covered in snow and no one else is crazy enough to be out. Not every run is amazing, and sometimes all I want is for it to be over. But I have never, ever regretted going for a run.

4. They make memories. Having to run means I sometimes have to carve out time in creative ways, and I've had some great experiences come out of that. I once ran laps around a parking garage at the Fort Lauderdale airport during a lay-over. During a trip out west last summer that was jam-packed with sightseeing and driving, I ran along the Grand Canyon, at Yellowstone (while stuck in not-moving traffic for more than two hours due to a herd of buffalo crossing the road), on a trail at the Grand Tetons, in a parking lot at Mesa Verde, in four states at once at Four Corners, and, less glamorously, on random roads when my family stopped for food on long days of driving. One of my favorite runs ever was with my brother on a snowy Christmas Day that was otherwise not very festive. I've also run races with my dad, my brother and my kids, because why not get some swag and have some family fun when you have to run anyway?

5. Anyone can do it. Your streak can be whatever you want it to be — you make the rules. Run a little, run a lot, have an end goal in mind or just keep going until you can't or don't want to anymore. Some people do holiday streaks, from Thanksgiving to New Year's Day. Some people start with 30 days. Just start and see what happens. That's what I did — and now I'm the proud owner of my very own "I'm a streaker" shirt.

Race your way

Whether you're just starting out or you've been running for years, races can provide motivation in the form of time goals, finishing goals and community support — and the swag doesn't hurt either.

Of course, the racing landscape looks a little different right now. The cancellation of road races in the spring quickly led to a transition to virtual races. Many organizations that typically held 5Ks as

fundraisers turned them into virtual runs, and companies like Millennium Running in Bedford and Total Image Running in Auburn, which organize runs throughout the state, did the same.

There are some benefits to virtual runs, including their flexibility — most races offer a range of days and times you can run, and you can typically run anywhere you want.

Virtual runs can minimize race jitters, too.

"The fear of the starting line, the fear of that first step, is sometimes mitigated by [running virtually]," said John Mortimer, owner of Millennium Running in Bedford.

Millennium reintroduced in-person runs several weeks ago with exclusive 5Ks, keeping them to 100 participants, with two races every Saturday. The runners start one at a time, every five or 10 seconds, to avoid crowds gathering at the starting line and bunching up on the course.

Participants are taking the changes in stride, Mortimer said.

"By and large I think our running community has been super positive," he said.

Virtual runs

Here's a list of upcoming virtual races that under normal circumstances would be held at various locations around southern New Hampshire this summer and fall. A few are offering the option of running virtually or in person. Many races benefit local organizations. Check event websites for up-to-date information.

- There's still time to participate in the Total Image Running Virtual Race Series' **Christmas in July Virtual 5K**, going on now through July 25. Prizes will be awarded to the first-place male and female finisher. Registration costs \$30 and includes a print-at-home bib and a downloadable finishers certificate. The registration deadline is Saturday, July 25. Visit totalimagerunning.com.

- **Goffstown's Berry Classic Road Race** is going on now through July 26. Participants must run a continuous five miles, which they can do on the five-mile loop around the Piscataquog River in Goffstown or at another location of their choosing. Registration costs \$20 and closes on July 26 at noon. Visit runsignup.com/race/nh/goffstown/berryclassic.

- Swimming with a Mission presents **Virtual Swim with a Mission**. Participants can swim, paddle or kayak any body of water now through July 31. There are 1K, 5K and 10K options. Registration is free and closes on July 24. Visit runreg.com/swim-with-a-mission-virtual.

- The Colon Cancer Coalition presents **Get Your Rear in Gear** virtually.

CONTINUED ON PG 14 ▶

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◀ CONTINUED FROM PG 13

To participate, do a physical activity of your choosing between now and Saturday, Sept. 12, then join the virtual event on Facebook on Sept. 12 at 9 a.m. Registration is free. Visit donate.coloncancercoalition.org/newhampshire.

- The **Fox Point Sunset 5 Mile Virtual Road Race** is open now through Saturday, Sept. 12. Run, walk or bike a five-mile course anywhere. Registration costs \$10. Visit foxpoint5miler.org.

- The Total Image Running Virtual Race Series presents the **Hula Hustle Virtual 5K & 10K** from July 26 through Aug. 9. Register by July 24. The cost is \$30 for the 5K and \$35 for the 10K and includes a race T-shirt, a print-at-home bib and a downloadable finishers certificate. Visit totalimagerunning.com.

- The **Cigna/Elliott Corporate Virtual Challenge & 5K** will be held July 27 through Aug. 23 and is open to corporate teams and individuals. Participants are challenged to run or walk every day to train for the virtual 5K, which they can complete between Aug. 20 and Aug. 23. Registration costs \$25 per person and includes a race bib and race mask. The registration deadline is Friday, Aug. 14, at 9 a.m. Visit runreg.com/cigna-elliott-5k.

- Granite Ledges of Concord's **Race to the Ledges 5K Run/Walk** will be held virtually from July 31 through Aug. 9. The deadline to register is Aug. 7. Registration costs \$20 now through Aug. 5 and \$25 on Aug. 6 and Aug. 7. Visit genesish-cc.com/gl5k.

- The **Alton NH Old Home Week Virtual 5K** will take place Aug. 8 through Aug. 16. Registration costs \$15 and closes on Aug. 16 at noon. Visit runsignup.com/race/nh/altonbay/oldhomeweekvirtual5k.

- **Lamprey Health Care's Annual 5K Road Race** will be held virtually from Aug. 8 through Aug. 16. Registration costs \$25 and closes on Aug. 16. Visit runsignup.com/race/nh/anywhere/lampreyhealthcaresvirtual5k.

- You can do the **Wine Run 4 Mil-er** in person in Auburn, or you can do it virtually as part of the Total Image Running Virtual Race Series. The race takes place on Thursday, Aug. 13. Registration for the virtual race costs \$35 and includes a race T-shirt or tank top, a print-at-home bib and a downloadable finishers certificate. Registration is limited to 300 participants, so register soon. Visit totalimagerunning.com.

- The **Saunders at Rye Harbor 5K** will take place virtually from Aug. 13 through Aug. 20. Participants can do a run or a competitive walk. The deadline to register is Wednesday, Aug. 19, at noon. Registration costs \$30 and includes a race T-shirt. This race is a part

of the Seacoast Road Race Series. Visit saunder10k.com.

- The **Sabine Strong 3.3** will be held virtually on Sunday, Aug. 30. Registration costs \$35 and closes on Wednesday, Aug. 12, at noon. Visit runsignup.com/race/nh/newington/sabinestrong33kidsdash.

- The **Marcus Warner Memorial 5K Race** will take place virtually on Saturday, Sept. 5, and Sunday, Sept. 6. Registration costs \$10 and closes on Sept. 5 at noon. Visit marcuswarner7.wixsite.com/marcuswarner5k.

- Veterans Count presents the **Wolfeboro Pirates Cove 5K Fun Run & Walk** from Saturday, Sept. 5, through Monday, Sept. 7. Registration costs \$25 for runners and walkers age 13 and up and \$15 for service members, veterans and children age 12 and under and includes a printable bib and finishers certificate. The registration deadline is Friday, Sept. 4, at noon. Register by Aug. 12 to receive a free long-sleeved race T-shirt. Visit runreg.com/wolfeboro-pirates-cove-5k.

- Join the **12th annual Celebrate Pink 5K Run & Walk** virtually between Monday, Sept. 7, and Sunday, Sept. 13. Registration costs \$30 for adults and \$20 for youth under age 14 and closes on Sept. 13, at noon. Register by Aug. 14 to receive a free race T-shirt. Visit cp5k.mybreastcancersupport.org.

- The **Hunger is the Pitts 5K** will be held on Thursday, Sept. 17, in person in Auburn and virtually as part of the Total Image Running Virtual Race Series. Registration for the virtual race costs \$30 and includes a race T-shirt or tank top, a print-at-home bib and a downloadable finishers certificate. The registration deadline is Wednesday, Sept. 16. Visit totalimagerunning.com/hungeristhepitts.

- The **15th annual CHaD HERO** will be held virtually from Oct. 4 to Oct. 18. Participants can run, walk, hike or bike, or they can complete their own "Virtual Quest" activity like hiking the Appalachian Trail or racing across the state. A virtual celebration with live music, special guests, raffle prizes and more will take place on Sunday, Oct. 18. Registration costs \$15; register by Oct. 17. Visit chadhero.org.

- You can walk or run the **Great Island 5K** in person in New Castle or virtually on Sunday, Oct. 11. Registration costs \$25 and closes on Oct. 10 at noon. This race is part of the Seacoast Road Race Series. Visit greatisland5k.org.

- The **TangerFIT Virtual 5K** takes place Oct. 11 through Oct. 18. Registration costs \$25 for participants age 16 and up \$15 for youth age 15 and under and closes on Friday, Oct. 2, at noon. Visit tangeroutlet.com/race.

- The Animal Rescue League of New Hampshire presents its **Howl-O-Ween 5K** virtually from Thursday, Oct. 15, through Sunday, Oct. 18, with a finish

line celebration on Facebook Live on Oct. 18 at 11 a.m. Registration costs \$30 for participants age 13 and up, \$20 for youth age 12 and under and an extra \$5 to include your dog as an official participant. The registration deadline is Friday, Oct. 16, at noon. Electronic bibs will be emailed to participants the week of the race. Register by Sept. 12 to receive a free race T-shirt. Visit rescueleague.org/howloween5k.

- The **Pumpkin Regatta 10K** takes place on Sunday, Oct. 18, in person in Goffstown and virtually as part of the Total Image Running Virtual Race Series. Registration for the virtual race costs \$35 and includes a race T-shirt, a print-at-home bib, a training plan and a downloadable finishers certificate. The registration deadline is Saturday, Oct. 17. Visit totalimagerunning.com/pumpkinregatta.

- The **Seacoast Half Marathon** is going virtual. Participants can do a 5K, quarter-marathon (6.55 miles) or half-marathon anywhere, any day between Oct. 31 and Nov. 8. Standard registration costs \$15. Registration for the 5K or quarter-marathon that includes a long-sleeve race T-shirt costs \$35, and registration for the half-marathon that includes a long-sleeve race T-shirt and finishers medal costs \$40. Registration closes on Saturday, Oct. 31 at noon. Visit seacoasthalfmarathon.com.



Meghan Siegler proudly wears her "I'm a streaker" shirt on a (slow, walking) hike with her kids, Ben and Eisley, who have been very supportive of her streak despite constantly hearing things like "I'll be back in time for the second inning" and "We can't — I still have to run."

- Veterans Count, an Easterseals program, presents **Penmen for Patriots Virtual 5K** from Nov. 1 through Nov. 30. Registration costs \$30 and includes a race bib and long-sleeve T-shirt. The registration deadline is Monday, Nov. 30, at 7 p.m. Visit vetscount.org/nh/events/penmen-patriots-5k.



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A mid-summer garden dream

How to make your flowers happy

By Henry Homeyer
listings@hippopress.com

It is mid-summer now, and my garden is full of gorgeous flowers, some finishing up their display, others just beginning. Here are some I love, and what I do to make them happy.

The first flowers I see when I walk out my front door are annual poppies. I didn't plant most of them, or not this year. Each year I let them bloom and drop seeds after they're done. They reward me with dozens of blossoms the following year. Sometimes I pick the pods and save them to sprinkle seeds on the snow, an easy way to plant them in the dead of winter.

My poppies are in full sun and soil that is not particularly rich. I like these poppies because they ask nothing of me and each year the palette is a little different as they hybridize, offering some new colors and sizes. I have a nice deep red double annual poppy that blooms every year in one row of my vegetable garden. This year it is with the tomatoes.

Another favorite of mine is pink mallow. This is a big, often floppy perennial with lots of pink blossoms that resemble those of a hollyhock. In my garden it pops up anywhere and everywhere. I have to treat it a bit like a weed to keep it in control. It does best in full sun and rich soil that stays lightly moist.

Pink mallow has a tap root and does not transplant easily, unless you do so when small. I often stake mine to keep them upright — it can grow to be 2 to 5 feet tall. It's not often seen in garden centers, so get a seedling from a fellow gardener, and let it go to seed so you'll get more plants.

Another flower that moves around the garden, appearing by whim, is feverfew. Feverfew has white daisy-like flowers with a yellow center, blossoms just three-quarters of an inch across but appearing in vast numbers. It is a short-lived perennial that sows seeds freely, so if you don't want more plants cut off the flowers before the seeds are dropped.

Feverfew will grow in average soil but prefers moist, rich soil. It's blooming for me now and will continue for the rest of the summer, or nearly. The flowers do well in a vase.

My bee balm is just coming into full bloom now and is deliciously fragrant. It is in the mint family, with a square stem that is relatively fragile. But they make great cut flowers, in part because of their fragrance. Bees love them (hence the name), but hummingbirds do too. Mine grow to 5 feet tall.

Many books claim bee balm is a full-sun plant, but I disagree. It does best in morning sun or partial shade in rich, moist soil. It goes by quickly in hot, dry areas. The best blossom colors are red and purple, though cultivars in white and bluish

are sold. Recently short varieties have appeared in the marketplace, but I have not found that they are very hardy. Bee balm spreads by root but pulls easily if it gets too rambunctious.

Daylilies are in bloom now, too. The common orange daylily is the friend of anyone who thinks they can't grow flowers. You cannot kill a common orange daylily. I have dug them out, placed them on the lawn without any soil preparation, and they have thrived where placed.

Each blossom of a daylily blooms for just one day, but each scape, or flower stalk, has several buds that bloom in succession. The buds will open in a vase, too, so don't be afraid to use them in flower arrangements. Unlike true lilies these beauties are not eaten by lily-leaf beetles. They come in many colors from deep red to light yellow. I have tiny daylilies, and one variety that blooms on scapes as tall as me.

Great masterwort is an awkward name, so I prefer the scientific epithet, *Astrantia major*. This is a medium-height flower in the carrot family, along with Queen Anne's lace, a wildflower or weed I love too. The flowers range from white to purple-white and bloom in great profusion. It is a good cut flower, too. Each blossom is just an inch across and resembles scabiosa.

Astrantia does well in part shade but will grow in full sun if adequate moisture is present. The foliage is attractive even when the plant is not in



Feverfew. Photo by Henry Homeyer.

bloom, and it is very well-behaved — it stays as a nice clump and does not take over the garden.

I love knautia both for the smallish (3/4-inch) purple-red domed blossoms and for its willingness to keep on blooming from now until fall. Most perennials have much shorter bloom periods, but knautia is a real trooper.

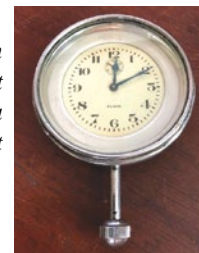
It has thin stems and delicate leaves, so is hard to display in a vase, but it is worth mixing with daisies or something else that will hold the blossoms up in a vase. I grow it in full sun with average soil, and it does well and will occasionally provide volunteers from seed.

Each garden has its own winners and losers. Good gardeners try a lot of plants to find those that do best for them. So go buy some or trade with a friend.

Henry is a longtime UNH Extension Service Master Gardener and the author of four gardening books.

TREASURE HUNT

Dear Donna,
I'm trying to figure this watch out; it's working, but other than that I know nothing. I bought it at a flea market a couple years ago and just recently dug it out of a drawer.



Yours is an Elgin, but other watch companies made them as well. They usually run in the \$75 range when working. I can see why you would like it; it's a fun piece of automobile history.

Bev

Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and

Dear Bev,
I am chuckling after your explanation of buying it and putting it away. So now it's like buying it all over again and liking it once more.

instructing, and recently closed the physical location of *From Out Of The Woods Antique Center* (fromoutofthewoodsantiques.com) but is still doing some buying and selling. She is a member of *The New Hampshire Antiques Dealer Association*. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550 or 624-8668.

What you have is a car clock that looks like a pocket watch. They were in automobiles in the early 1900s. They aren't seen too often, and they usually don't work. They were in the dashboards of automobiles and because they were so similar to pocket watches they were stolen frequently.

INSIDE/OUTSIDE KIDDIE POOL

Family fun for whenever

A show for the littles

The 2020 Bank of New Hampshire Children's Summer Series continues at the Palace Theatre (80 Hanover St. in Manchester; palacetheatre.org, 668-5588) with *The Little Mermaid* on Thursday, July 23, and *Aladdin*, Tues-

day, July 28, through Thursday, July 30. The kid-friendly shows are at 10 a.m. and 6:30 p.m. and are about 45 minutes long. Tickets cost \$10 and are only being sold over the phone.

A show for the bigs

Catch *The Goonies* (PG, 1985) Friday, July 24, at 8:45-ish p.m. at Fieldhouse Sports drive-in (12 Tallwood Drive in Bow; fieldhousesports.com, 266-4646). Like many 1980s PG movies, this may feel more modern-day PG-13; Common Sense Media pegs it at 10+. Admission costs \$25 per vehicle (for up to four people, \$5 for each additional person).

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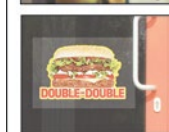
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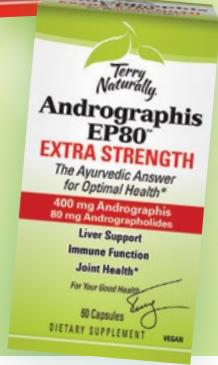
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Belt and hoses might need replacing

Dear Car Talk:

In 1999, I purchased a 2000 Chevrolet Silverado pickup. I bought it because, at that time, styles were changing, and I didn't want to drive something that looked like a semi. It was a good

By Ray Magliozzi

purchase. I have done the maintenance on it the entire time, and it is in good shape. It is garage kept and has less than 40,000 miles on it.

Two years ago, I replaced all the tires. They still looked almost new, but I was cautious because of the age. My question: Since the tires might have needed to be replaced due to age and not mileage, what about the belts and hoses in my engine? Is there a way to check and see if they need to be replaced? I'm hoping to keep this truck a lot longer. Thanks. — Chuck

Belts and hoses are two completely different animals, Chuck. Belts are part of the genus Beltasorus, and include species such as Beltasorus AirConditionus. Whereas hoses fall under the Hosiforus family, which includes Coolanthus and Gardenus.

Let's take belts first. Belts typically do wear out after a while. They get a lot of use and operate under a lot of friction and heat. But it's very easy to inspect your belts and see if they show any signs of wear and tear, drying or cracking.

Your Silverado, Chuck, has just one belt; a single, serpentine belt that runs the alternator, the power steering pump, the water pump and the air conditioning compressor. And any good mechanic can have a look at it and let you know in a couple of minutes if it looks ugly and needs to be replaced. Even though they're under the hood and protected from direct sunlight, your belts ARE still exposed to ozone in the air, which degrades rubber over time, regardless of your car's mileage. So they're worth checking.

Hoses, on the other hand, almost never need replacing these days. Twenty-five years ago, we'd see hoses that got so dried out and brittle that you could snap them like a twig. And obviously, hoses like that were prone to cracking and leaking. But they've improved rubber compounds so much that we rarely replace a hose anymore. And my retirement fund has suffered tremendously as a result.

That said, some (maybe all) of this stuff under your hood is 20 years old now, Chuck. And if you really intend to keep the truck for a lot longer, for a few hundred bucks, you can have your mechanic replace your serpentine belt and every one of your hoses.

And if you're the kind of guy who sleeps better after doing things proactively, and you've already stocked up on 244 rolls of pandemic toilet paper and don't have an urgent need for the money, you can go ahead and change all

your belts and hoses and then never think about them again.

Or if you'd rather not spend the money, just ask your mechanic to inspect your belt and hoses next time you're in for service, and do what he recommends, which may be nothing.

Dear Car Talk:

I've got a 2009 Toyota Venza. The right front likes to vibrate a lot. I've tried a lot of things over the years: New tires, rotating the tires, rebalancing the tires, new brakes, checking the wheel bearing, checking the ball joint, checking the flatness of the wheel against the hub, new tie rods, checking the steering system. Shops can't figure it out.

It comes and goes as though there's something harmonic going on. The only thing I haven't looked at yet is if the axle is slightly bent. This issue has been going on for as long as I've owned the car. I bought it with 60,000 miles on it, and now it's got 215,000.

Obviously, it's more of an intermittent annoyance than anything else. But it's still annoying. Especially when I go on road trips. Otherwise it's been a very solid vehicle. It'd be nice to finally get that sorted out. You guys have any ideas? — Paul

Well, you'll be glad to know that after checking and replacing almost every other part of the front end, you're finally getting warmer with

the axle. It sounds to me like a bad constant velocity (CV) joint.

At the end of each axle is a CV joint. It's a sealed connector that allows both flexible movement of the joint and the transmission of power through it. Your car has two axles up front. At one end of each axle is an inner CV joint that connects the axle to the transmission. And on the other end, a second, outer CV joint connects the axle to a wheel.

Gradually, those CV joints wear out. And when they wear out, they can occasionally bind up and vibrate. If your mechanic removed those CV joints and flexed them manually, he might notice that one of them — probably the outer right one — sometimes binds up or "catches." Those CV joints should flex perfectly smoothly. If there's any "catch" or rough spots at all, that could cause your problem.

So, what do you do? You replace the whole right-front axle. A new axle comes with two new CV joints. And the whole thing pretty much bolts into place.

By the time you're done, with parts, labor and the waiting room May 2014 People Magazine reading fee, you're probably talking a good \$400. But if the vibration is really bothering you, and you're certain that all those other parts you mention check out, the CV joints would be the next thing I'd ask my mechanic to look at.

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679-3200
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Portsmouth
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433-3339
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964-7451
7. **Beech Hill Farm**
107 Beech Hill Rd, Hopkinton
beechhillfarm.com
223-0828
8. **Ben & Jerry's**
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thebig1icecream.com
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465-2240
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881-9595
13. **Buza at Vibes Burgers**
25 S Main St, Concord
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14. **Ceo's Gelato Bistro**
43 Pleasant St, Portsmouth
ceos-gelato-bistro.square.site
425-8234
15. **Dipsy Doodle Dairy Bar**
143 Park St, Northfield
dipsydoodle.com
286-2100
16. **Dodge's Ice Cream**
77 Weare Rd, New Boston
tinyurl.com/dodgesicecream
487-3339
17. **Dudley's**
846 NH-106, Loudon
fb.com/dudleysicecreamshop
783-4800
18. **Frekey's Dairy Bar**
97 Suncook Valley Rd,
Chichester
frekeysdairyfreeze.com
798-5443
19. **Frekey's Dairy Bar**
74 Fisherville Rd, Concord
frekeysdairyfreeze.com
228-5443
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stonewallfarm.org
757-2522
21. **Golick's Ice cream**
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33. **Pete's Scoop**
187 Rockingham Road, Derry
petesscoop.net
434-6366
34. **Putnam's Waterview Restaurant**
40 Main Street, Goffstown
497-4106
35. **Shackett's Seafood Shack & Ice Cream**
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shacketts.com
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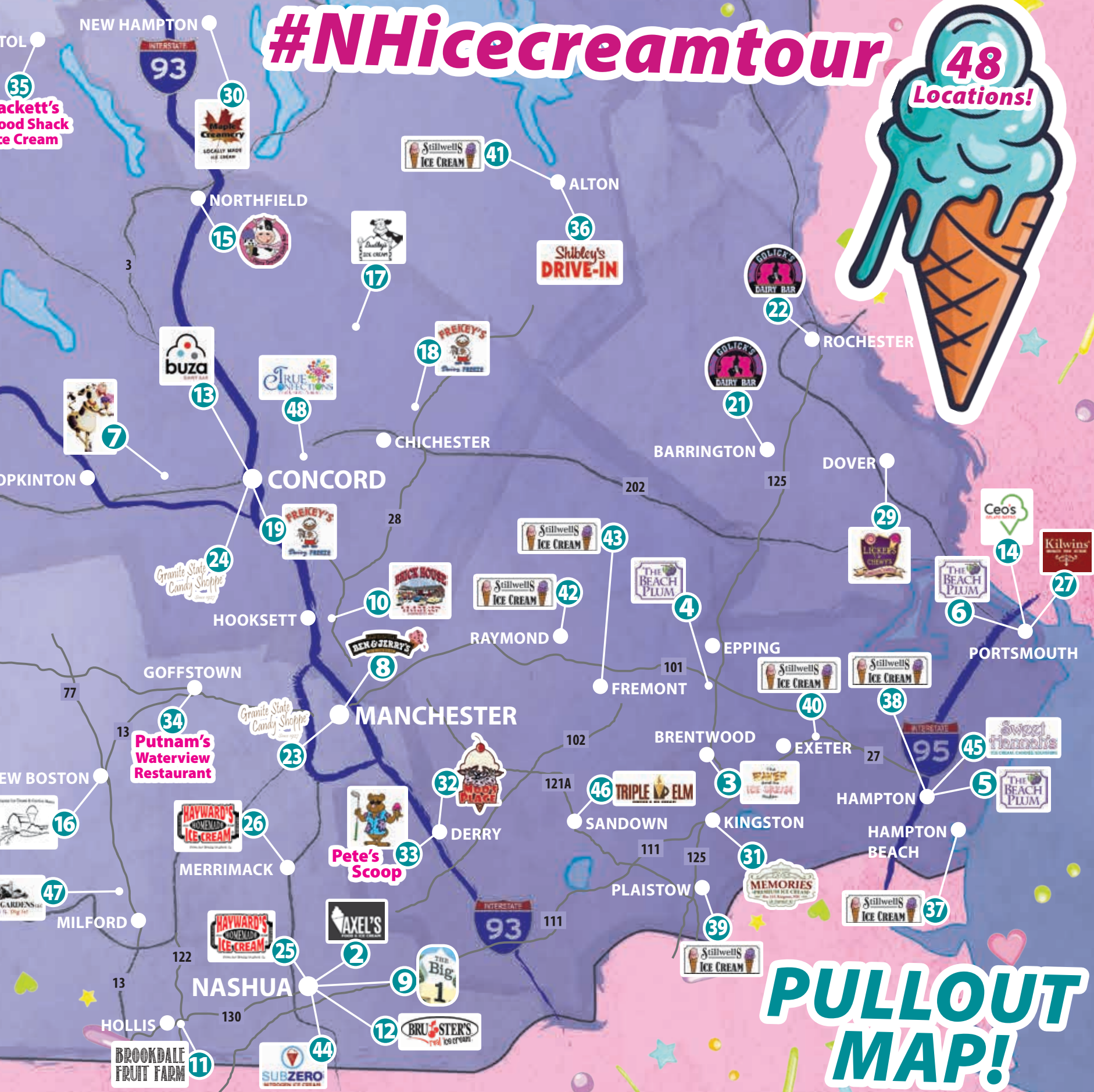
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PULLOUT MAP!



News from the local food scene

By Matt Ingersoll
food@hippopress.com

• Mobile scoops: The Loudon Firefighters Association (8 Cooper St.) will host a drive-thru ice cream social on Saturday, July 25, from 4 to 8 p.m.

• Keeping it local: The New Hampshire Liquor Commission has launched a "Keep it Local" campaign to support wineries and distilleries in the state, it announced in a press release.

• Quick bites: You can now find pasta salads, homemade whoopie pies, Italian desserts and other quick bites from Angela's Pasta & Cheese Shop for sale inside the cafe of the Bookery (844 Elm St., Manchester), which has new in-store hours Tuesday through Saturday, from 11 a.m. to 7 p.m.

• Farewell to The Foothills: The Foothills of Warner, a longtime staple in town known for its baked goods, including its nearly five-pound cinnamon rolls, has announced its closure as of July 19.

FOOD
Ripe and ready

Pick-your-own blueberries and raspberries

By Matt Ingersoll
mingersoll@hippopress.com

After an unusually short season for strawberries at some local farms, pick-your-own blueberries and raspberries are back, now through July or into August, depending on the weather conditions and the status of the crops.

Samantha Fay of Sunnycrest Farm said too much precipitation late in the fall and inconsistent temperatures in the winter were to blame for the poor showing of strawberries.

"We only had [pick-your-own] strawberries for two days before we were picked out," she said. "We usually have five beds, but this year we only had two, so we lost some."

Blueberries and raspberries, on the other hand, have been going very well. Fay said both are available now for pick-your-own every day from 7 a.m. to noon.

Customers normally purchase a container and return to the farm stand after they're finished picking to have it weighed. But in an effort to maintain social distancing and limit the amount of surface contact, Fay said all containers are being provided with a flat rate.

Similar measures are being taken at Apple Hill Farm in Concord, which is also offering pick-your-own blueberries and raspberries after recently concluding its strawberry season.

"Usually you have to come back into the farm stand and have [your berries] weighed, but we've eliminated that this year," co-owner Diane Souther said.

According to Souther, some late varieties of blueberries at Apple Hill Farm are usually around until about mid-September. Raspberries will

likely last another couple of weeks from now, depending on the weather.

"Raspberries like the heat, so they've been going full force and doing great with the hot days we've been having," she said.

Apple Hill Farm is open for pick-your-own every Monday through Saturday, from 8 a.m. to noon. While you're not required to wear a mask while out on the farm picking berries, Souther said the farm does ask customers to wear one inside the farm stand and to keep children close by.

At Berrybogg Farm in Strafford, blueberries are ripening right on schedule, according to owner Julie Butterfield. For the first time this year you can call the farm to schedule a pickup for blueberries they'll pick for you.

Bob Marr of Durocher Farm in Litchfield, which features three acres of more than 2,500 blueberry bushes for picking, said there are separate designated entrances and exits for pickers.

Masks are recommended, but not required. Picking hours are daily from 7 a.m. to 2 p.m., with additional evening hours on Thursdays from 5 to 7 p.m.

"We have an outstanding crop this year," Marr said. "We have five varieties that extend our picking season into late August."

At Berry Good Farm in Goffstown, pick-your-own blueberries are available seven days a week. Co-owner Rich Bailey said more checkout stands on the farm and extra parking have been implemented to encourage social distancing.

"It's different every year, but a lot of times we'll make it until the end of August," Bailey said. "We have five to six different varieties that last for quite a while."



Blueberries from Berry Good Farm in Goffstown. Courtesy photo.

Where to pick your own blueberries and raspberries

Most of these local farms will offer pick-your-own blueberries through the middle or the end of August, depending on the weather conditions and the availability of the crop. Some also offer a few varieties of raspberries as well. Do you know of a farm offering pick-your-own blueberries or raspberries that isn't on this list? Let us know at food@hippopress.com.

Apple Hill Farm

580 Mountain Road, Concord, 224-8862, applehillfarmnh.com

What: Blueberries and raspberries

Picking hours: Monday through Saturday, 8 a.m. to noon

Berry Good Farm

234 Parker Road, Goffstown, 497-8138, find them on Facebook

What: Blueberries

Cost: \$3.09 per pound (cash or checks only)

Picking hours: Monday through Friday, 8 a.m. to 2 p.m., and Saturday and Sunday, 8 a.m. to 6 p.m.

Berrybogg Farm

650 Province Road, Strafford, 664-2100, berryboggfarm.com

What: Blueberries

Cost: \$2.75 per pound (\$2.65 per pound for seniors)

Picking hours: Tuesday through Friday, 8 a.m. to 2 p.m., Saturday, 8 a.m. to 5 p.m., and Sunday, 8 a.m. to 4 p.m.

Blueberry Bay Farm

38 Depot Road, Stratham, 580-1612, blueberrybayfarm.com

What: Blueberries and raspberries

Picking hours: Daily, 8:30 a.m. to 5 p.m.

Blue Moon Berry Farm

195 Waldron Hill Road, Warner, 410-9577, find them on Facebook

What: Blueberries

Picking hours: Tuesday through Saturday, 8 a.m. to 6 p.m., and Sunday, 8 a.m. to 4 p.m.

Brookdale Fruit Farm

41 Broad St., Hollis, 465-2240, brookdalefruitfarm.com

What: Blueberries and raspberries

Cost: Blueberries are \$3.25 per pound; raspberries are \$5 per pint

Blueberry balsamic salad dressing

Courtesy of Diane Souther of Apple Hill Farm in Concord

- 1 cup blueberries
2 tablespoons water
2 tablespoons maple syrup
2 tablespoons honey
1/4 cup balsamic vinegar
1 tablespoon lemon juice
Pinch of salt and pepper

Slightly simmer the blueberries in the water. After they soften up, whip them slightly and add in the remaining ingredients. Stir together and store in the refrigerator until ready to use. Drizzle on fresh green salad, or use as a marinade on grilled chicken or fish.

Big Nana's blueberry buckle

Courtesy of Rich Bailey of Berry Good Farm in Goffstown

- 1/4 cup butter or margarine
3/4 cup sugar
1 egg
2 cups sifted flour
2 teaspoons baking powder
1/2 cup milk
2 cups blueberries
1/2 teaspoon salt
1/2 cup sugar
1/3 cup flour
1/2 teaspoon cinnamon

For the crumb topping (ingredients blended together):

- 1/2 cup soft butter

Cream butter, add sugar and beat until light. Add egg and beat well. Add dry ingredients alternately with milk and beat until smooth. Fold in blueberries. Pour into a greased 9x9x2 pan. Sprinkle with crumb topping. Bake at 375 degrees for 35 minutes.

New Nepalese option

Gurung's Kitchen opens inside Bunny's Superette



Fried momos. Courtesy photo.



Chow mein. Courtesy photo.

By Matt Ingersoll
mingersoll@hippopress.com

You won't see it right away when you step inside Bunny's Superette in Manchester's North End, but walk all the way across the store and you'll find a new Nepalese takeout restaurant.

Gurung's Kitchen, which opened for business on June 27, features a menu of authentic Nepalese dishes like steamed or fried momos, thukpa (noodle soup) and shapale (fried meat pies), all cooked to order. Owner Sarmila Gurung opened the eatery with the help of Pramod Nyaupane, her friend and former landlord, who owns Bunny's Superette and Bunny's Convenience on Elm Street. Both Gurung and Nyaupane are natives of Kathmandu.

"I used to cook for [Nyaupane] and he loves my cooking," said Gurung, who remembers always helping her mother out in the kitchen growing up. "When I told him I was thinking I wanted to open a restaurant, he said, 'If you're really interested, I can help you.' So that's how we ended up opening the restaurant here."

Because her restaurant's space was formerly a butcher shop, Gurung said, it went under all kinds of renovations, including the introduction of new stoves, fryers, a freezer and a warmer.

Gurung's Kitchen accepts takeout orders via phone or walk-in, as well as delivery through either DoorDash or GrubHub. Among the most popular items, Gurung said, have been the momos, which are dumplings filled with chicken, pork or vegetables. She said she has also offered bison meat, but said it's been difficult to get regularly due to the pandemic. One order of momos yields eight dumplings, which are either steamed or fried, with the option to have them served in a homemade tomato sauce or chili sauce. You can also customize your order with a momo platter.

Other big sellers have been the chicken, pork or vegetarian chow mein, or the fried

noodles with turmeric, cumin, coriander and other spices; the chicken, pork or vegetarian fried rice; and the thukpa, or noodle soup. When it's available, Gurung will also make each of these dishes with bison meat as a protein option.

Some harder-to-find dishes available at the restaurant are shapale and pakoda. A common street food in Nepal, according to Gurung, shapale (pronounced sha-PAH-lee) features half-moon-shaped meat pies stuffed with either chicken or pork and deep fried. You get two pieces per order with a side of homemade sauce.

Pakoda, which Gurung described as being similar to hash browns, is also a Nepalese street food or snack featuring a mixture of potatoes, onions, flour and spices that's deep fried.

"We have different kinds of customers right now," Gurung said. "Our customers who come from Nepal ... usually come here for the shapale and the pakoda, because they know it and they can't easily find it here [in the United States]."

Gurung's Kitchen offers a small selection of non-traditional items like french fries, chicken wings and chicken nuggets. There is also black tea, masala tea and mango lassi, a smoothie-like drink featuring a blend of fresh mango, yogurt and ice.

Since between 700 and 800 people usually come inside Bunny's Superette every day, according to Gurung, she hopes her restaurant will continue to see new customers.

"We try to offer really fast service," she said. "People come here first and order their food, then they go [shop for] their groceries and when they come back here their food is ready." 🍷

Gurung's Kitchen

Where: 75 Webster St., Manchester (inside Bunny's Superette)

Hours: 11 a.m. to 8 p.m., seven days a week

More info: Call 316-1540 or search "Gurung's Kitchen" on Facebook

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In December 2019, Jon Buatti of Auburn took over ownership of Michelle's Gourmet Pastries & Deli in Manchester, bringing with him a culinary education and a specialization in custom cake decorating. With the business now known as the Bearded Baking Co. (819 Union St., Manchester, 647-7150, beardedbaking.com), Buatti has built upon the longtime success of the popular Queen City bakeshop and deli, offering custom cakes with many of his own sponge and buttercream recipes. The bakery and deli also features a selection of breakfast and lunch sandwiches and smaller treats like cookies, cupcakes, cheesecakes, bread pudding, chocolate-covered pretzels and more. A Salem native, Buatti got his start in the industry as a busboy at La Bec Rouge in Hampton Beach before volunteering to work a shift making plated desserts. He graduated from Salem High School's culinary program, followed by Southern New Hampshire University's associate's program in baking and culinary arts and its bachelor's program in culinary management.

What is your must-have kitchen item?

Either an offset spatula or a bench scraper.

What would you have for your last meal?

Anything with barbecue. Ribs, maybe, or barbecue chicken.

What is your favorite local restaurant?

My fiancée and I love The Crown Tavern [in Manchester]. I get the Pep N' Honey pizza, and their wings are outrageous.

What celebrity would you like to see ordering from your bakery?

Dwayne "The Rock" Johnson.

What is your personal favorite thing that you have ever baked?

As far as a specific cake that I've done, it's a two-way tie with both of the wedding cakes I did for my two older sisters. Those were fun because being part of the wedding, I worked

on it for a week straight for both of them, with a revolving door of friends and family coming in the kitchen to catch up and see how the cake was going.

What is the biggest food trend in New Hampshire right now?

Anything dietary, so gluten-free, vegan and sugar-free. We definitely do a lot more custom orders for those types of desserts.

What is your favorite thing to cook at home?

Our favorite dish to make at home together is zuppa toscana. It's a kale cream soup with tons of veggies.

— Matt Ingersoll 🍷



Homemade scones

From the kitchen of Jon Buatti of the Bearded Baking Co. in Manchester

- 4½ cups flour
- ½ tablespoon + ½ teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon salt
- 2 sticks unsalted butter, cubed
- 1½ cups heavy cream
- ¾ cup corn syrup

Combine all dry ingredients into a bowl. Cut cold butter into dry ingredients. Create a well with dry ingredients and fold in corn syrup. Add in fillings of choice and form into even disks (makes about 10).

◀ CONTINUED FROM PG 22

Picking hours: Monday through Friday, 8 a.m. to 3 p.m., and Saturday and Sunday, 8 a.m. to 5 p.m.

Carter Hill Orchard

73 Carter Hill Road, Concord, 225-2625, carterhillapples.com

What: Blueberries

Picking hours: 7 a.m. to 6 p.m., when blueberries are available; calling ahead is recommended.

Durocher Farm

157 Charles Bancroft Highway, Litchfield, 494-8364, pickyourownberries.com

What: Blueberries

Picking hours: Daily, 7 a.m. to 2 p.m., and Thursday, 5 to 7 p.m., now through mid-August.

Grandpa's Farm

143 Clough Hill Road, Loudon, 783-4384, grandpasfarmnh.com

What: Blueberries

Cost: \$2.75 per pound

Picking hours: Daily, 8 a.m. to dusk

Grounding Stone Farm

289 Maple St., Contoocook, 748-2240, groundingstonefarm.com

What: Blueberries

Picking hours: Daily, 9 a.m. to 7 p.m.

Kimball Fruit Farm

Route 122, on the Hollis and Pepperell, Mass., border, 978-433-9751, kimball.farm

What: Blueberries

Picking hours: Daily, 9 a.m. to 7 p.m.

Lavoie's Farm

172 Nartoff Road, Hollis, 882-0072, lavoiesfarm.com

What: Blueberries

Cost: \$3.99 per pound

Picking hours: Daily, 8 a.m. to 7 p.m.

Norland Berries

164 N. Barnstead Road, Barnstead, 776-2021, norlandberries.com

What: Blueberries

Cost: \$2.50 per pound (\$2.25 per pound for seniors)

Picking hours: Monday through Saturday, 7 a.m. to 6 p.m., and Sunday, 8 a.m. to 5 p.m.

Pustizzi Fruit Farm

148 Corn Hill Road, Boscawen, 496-1924, find them on Facebook

What: Blueberries

Picking hours: Daily, 8 a.m. to 6 p.m.

Rossvie Farm

85 District 5 Road, Concord, 228-4872, rossviewfarm.com

What: Blueberries

Picking hours: Opens daily at 7:30 a.m.; closing times vary depending on the crop and the weather conditions

Saltbox Farm

321 Portsmouth Ave., Stratham, 436-7978, find them on Facebook

What: Blueberries and raspberries

Cost: Blueberries are \$4 per pound; raspberries are \$5.65 per pound

Picking hours: Tuesday through Friday, 7:30 a.m. to 6:30 p.m., and Friday and Saturday, 7:30 a.m. to 5 p.m.

Stark Farm

30 Stark Lane, Dunbarton, 854-2677, starkfarmblueberries.com

What: Blueberries

Picking hours: Sunday through Friday, 9 a.m. to 7 p.m.; calling ahead the day of or the night before is recommended.

Sunnycrest Farm

59 High Range Road, Londonderry, 432-7753, sunnycrestfarmnh.com

What: Blueberries and raspberries

Picking hours: Daily, 7 a.m. to noon 🍷

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TRY THIS AT HOME

Double strawberry pavlovas

Pavlovas may be the ideal summer dessert. They're light and are baked at a very low temperature. Thus, your kitchen won't get overheated while you're making this dessert, and you won't feel weighed down after eating them.

You may look at this recipe and wonder how difficult they are to make. The short answer is not very difficult at all. Yes, you do have to spend a small amount of time getting the batter to the correct thickness and sheen, but it's just a matter of being patient and observant. Yes, you do need to bake them and then leave them to cool in a slightly open oven, but that isn't demanding.

So for a little bit of effort you get one of the



Double strawberry pavlovas. Photo by Michele Pesula Kuegler.

most amazing desserts.

These pavlovas have an incredibly crisp exterior and a marshmallow-like center. They deliver a lot of strawberry flavor and a decent amount of sweetness. And while they're not that difficult to make, they look like you spent hours in your kitchen.

So if you're looking for a dessert that's a showstopper, this is a recipe you need to try.

Michele Pesula Kuegler has been thinking about food her entire life. Since 2007, the Manchester resident has been sharing these food thoughts and recipes at her blog, Think Tasty. Please visit thinktasty.com to find more of her recipes.

Double Strawberry Pavlovas

Makes 8

- 1 cup sugar
- 1 cup freeze-dried strawberries
- 2 teaspoons cornstarch
- 4 large egg whites, room temperature
- 1 teaspoon white vinegar
- 1 teaspoon vanilla

Heat oven to 250 degrees; line a large baking sheet with parchment paper.

Process sugar on high in a food processor for 15 seconds.

Measure sugar again. (You need 1 cup) Place freeze-dried strawberries in food processor and purée for 10 seconds, until they are a combination of dust and very small pieces.

In a small bowl combine cornstarch and 2 tablespoons of the processed sugar. Set aside. Place egg whites in the bowl of a stand mixer and beat on medium-high speed until foamy peaks form, about 1 to 2 minutes.

Gradually add plain sugar, 1 tablespoon at a time, to the egg whites, beating until incorporated, about 1-2 minutes.

Add cornstarch/sugar mixture, 1 tablespoon at a time, beating until the egg whites are stiff and glossy, about 1-2 minutes.

Add vinegar, vanilla, and 6 tablespoons of the ground freeze-dried strawberries; beat for 1 minute.

Using a spatula, spoon meringue into 8 mounds onto prepared baking sheet.

Using the spatula, form each mound into a 4-inch disk.

Sprinkle remaining ground freeze-dried strawberries on pavlovas.

Bake for 40 minutes.

Turn off the oven and prop the door open, placing a wooden spoon in the opening.

Let pavlovas cool in the oven for an hour.

Transfer the pavlovas from the baking tray to a cooling rack.

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DRINK

Carpe diem

Something new in sparkling wines

By Fred Matuszewski
food@hippopress.com

Carpe diem — seize the day! Embark on something new! Even John Keating, played by Robin Williams in *Dead Poets Society*, famously says, “Carpe diem. Seize the day, boys. Make your lives extraordinary.” Well, broadening your experiences with wine is rewarding. Borrowing from that quote, an “extraordinary” array of wine produced from seemingly unlimited manners of blending of grape varieties produces a vastly diverse tasting spectrum and sensations.

Gruet Cuvée 89 Brut (originally priced at \$29.99 and on sale at the NH Liquor and Wine Outlets at \$14.99) is designed to be savored. The wine has a light straw color to it and to the nose there is a slight yeast note along with a little slate-like minerality. To the mouth, green apples along with citrus rind round the tongue. The label states, “Gruet specializes in Méthode Champenoise wines. The Cuvée 89 by Gruet is a brut style sparkling wine which boasts notes of green apple and ripe pear and finishes with round crisp acidity.” This wine is slightly “sweet” to some. That is not to be confused with an effervescent moscato, as it is not that sweet. This is a wine that can be enjoyed alongside some cheese and fruit; it is equally refreshing alone, sipped on a long summer’s afternoon.

What makes this sparkling wine so amazing is that it is from New Mexico, but its origins lie in France. Gilbert Gruet, the founder of Gruet Winery, was born to a poor family in the village of Bethon, in the Champagne region of France. He created a co-op in his village to market still wines, Champagnes and brandy. The family traveled to the American Southwest in search of soils and climate in which to farm and planted their first American vineyards in Engle, New Mexico, in 1984 on land with elevations of 4,000 to 5,000 feet above sea level. The sandy soils and dry climate with cool nights proved to be ideal. In 1989 their first releases developed a following, ultimately realizing awards in the early 2000s and in 2011 a No. 43 spot on Wine Spectator’s Top 100 Wines of the World list for its Non-Vintage Blanc de Noirs. Gilbert’s children Laurent and Nathalie now run the business.

Veuve du Vernay Ice Sparkling Demi Sec Rosé (originally priced at \$16.99 and on sale at the NH Liquor and Wine Outlets at \$11.99) has been created especially to be enjoyed on ice in a large glass. Defined as a “vin mousseux,” a sparkling wine with an alcoholic content at 11 percent, it is perfect as an aperitif or for dessert. Its color is the slightest of a pale pink and its nose is very slight with raspberries and some citrus. To the mouth it has fruit notes of raspberries



with a very slight edge of acidity. A blend of non-vintage syrah, cinsault and brenache, it is bright and refreshing, and with its low alcoholic content it is perfect for a warm, sunny afternoon. Like prosecco, the wine is created using the Charmat process — that is, its secondary fermentation takes place in pressurized stainless steel tanks. When complete, it is filtered and bottled under pressure. This is distinct from the Méthode Champenoise noted above wherein the secondary fermentation takes place in the bottle.

This wine is one of several sparkling wines owned by the house of Patriarche, a Beaune, Burgundy-based wine company that in turn is owned by the conglomerate Group Castel, a multinational beverage company producing wine, beer and soft drinks from estates around the world. These wines are produced in Bordeaux and exported to more than 40 countries. The wine is classified as a Vin de France, a new national appellation from France. This new classification releases the wine from the strict, confining, traditional classifications France has used since the start of the 19th century and allows the public to better understand French wine; a Burgundy becomes a pinot noir, named for the grape from which it is produced.

So break away from the traditional chardonnay or pinot grigio, or even prosecco, and explore these sparkling wines on a sunny weekend afternoon! You will be happy with your discovery!

Fred Matuszewski is a local architect and a foodie and wine geek, interested in the cultivation of the multiple strains and varieties of grapes and the industry of wine production and sales. Chief among his travels is an annual trip to the wine producing areas of California.

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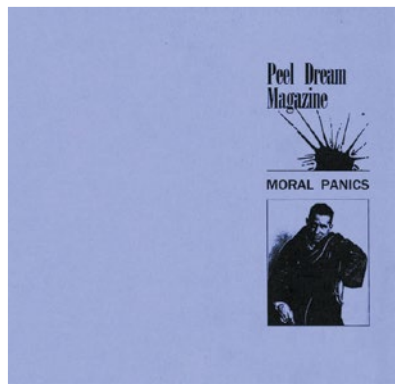
John Carpenter, "Skeleton"/"Unclean Spirit" (Sacred Bones Records)



It's funny how things work out, isn't it? I would have loved to hear the put-downs of Carpenter during the 1980s, mumbled during power-lunches with Hollywood executives, when they'd mercilessly tool on the musically untrained Carpenter's insistence on soundtracking his movies (*Halloween*, *The Thing*, *They Live*, etc.). Of course, they probably ate all those words when he won a Saturn award for soundtracking his 1998 film *Vampires*, or maybe, more likely, they didn't, but in any case, his musical style — bouncy, redundant Nintendo-techno — is pretty huge

these days. This advance two-song single offers his signature vibe, which of course has seen a rebirth of late (think the theme music to the Netflix show *Stranger Things*), and voila, music critics have to pretend to be paying attention. "Skeleton" is a rather upbeat offering, entry-level '80s krautrock with a good amount of heart, whereas the much darker "Unclean Spirit" conjures a cross between "Dies Irae" (the Gregorian chant that opens the movie *The Shining*) and, oh, something with the usual looping and piano-bonking, let's say the theme to *Halloween*. Hey, if he's happy, it's fine with me. **B+** — *Eric W. Saeger*

Peel Dream Magazine, *Moral Panics EP* (Slumberland Records)



I wrote off this New York crew as the latest tuneless pile of emperor's new clothes way back, upon hearing a few tunes from their 2018 debut LP *Modern Metaphysics*. Singer Joe Stevens is so bad that he single-handedly set back the entire hipster-pop movement a gorillion years (the only vocal comparison I can make is Lantern Waste, whose deliriously awful song "200 Miles to York" is often played as a joke by Toucher and Rich on their local 98.5 Sports Hub radio show in Boston). But whatever, here we go again, thankfully just an EP this time.

It starts out survivably enough with "New Culture," a droning stab at borderline no-wave reminiscent of Superdrag's "Destination Ursa Major," in other words amateurishly rendered Foo Fighters. Stevens doesn't suck as bad as he usually does there, which had me — well, "salivating for more" wouldn't be it; more like "not retching." Of course, that attempt at normal music is immediately ruined by the pointless crayon-drawn doofus exercise "Verfremdungseffekt." These folks have a gift for bad music, I'll give 'em that. **D** — *Eric W. Saeger* 🍷

A seriously abridged compendium of recent and future CD releases

• Friday, July 24, is ahead, and with it will come albums, some good, some bad, some why-would-anyone-bother-recording-this. To be honest, the list is pretty thin at this writing, which may be due to the fact that all the bands have figured out that people aren't interested in music anymore, because it's much more fun and self-fulfilling to argue with people on the internet, just to take the edge off the stir-craziness the coronavirus has wrought. Matter of fact, my usual source of hot new music nonsense, Metacritic, only has two upcoming new records listed, so I'm going by the list on Pause And Play. This means I am out of my comfort zone once again, having to deal with some stupid new website that wants me to fork over my email address and then drop a cookie into my Cookies folder, just so that Pause and Play can send me spam and slow down my "browsing experience" while the cookie tracks every moronic thing I look for on the internet. Does anyone not just click the little "X-close" button when presented with that kind of junk, or should I really just spend an entire afternoon searching Google for "best free spamblocker"? (I won't do that. I spend a lot of time on the internet, yes, but going to such trouble seems a little obsessive.) Where was I? Right, albums. Most of these look kind of dumb and boring, like the only one I'm actually drawn to is *Goons Be Gone*, the new album from Los Angeles-based duo **No Age!** They make noise-rock, which you all know makes me smile, and... oh, come on, the release date changed to last week, according to Amazon! See why I hate using new systems? See why I didn't want to use Pause and Play? Whatever, I'm listening to the single "Sandalwood" anyway, because the whole rollout here is a hot mess, and maybe it's coming out on the 24th. Whatever, the tune is cool, noisy and messy, like Mick Jagger jamming with Half Japanese, and that brings us to some actual usable news, the first new album in 27 years from ancient punk band **X**, called *Alphabetland!* Ha ha, look how old they are now, like Exene looks like some random Birkenstock Karen who haggles with gift shop owners for price breaks on stinky incense. The title track is like early Ramones except with Exene singing half-heartedly. It's eh.

• **Neck Deep** is a power-pop band from Wales, in the U.K. Their fourth album, *All Distortions Are Intentional*, is on the way as we speak, led by the single "Lowlife," which is OK but sounds like the last nine billion songs you've heard that involve ripping off Weezer in Nirvana mode. So, unless anyone has questions — yes, you, in the back. No, I will never willingly listen to this song again. That it? Good, let's proceed to the next thingie.

• Country-Americana-folkie **Lori McKenna** is from Stoughton, Mass., where there are no cowboys. She once received a country Grammy nomination. Her new album, *The Balladeer*, includes the single "Good Fight," a strummy folk-pop song that you might like if you dig '70s radio-pop.

• Time for one more, and I choose Irish singer **Ronan Keating's** new album, *Twenty Twenty!* Did I choose wisely? No, unless you like shuffle-y chill-out Ed Sheeran-ish boy-band pop that would be a perfect fit on the *Ellen* show. I do not. — *Eric W. Saeger*

Local bands seeking album or EP reviews can message me on Twitter (@esaeger) or Facebook (eric.saeger.9). 🍷

CDs pg28

• John Carpenter, "Skeleton"/"Unclean Spirit" **B+**

• Peel Dream Magazine,

Moral Panics **D**

BOOKS pg29

• *Parakeet* **A**

• **Book Notes**

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FILM pg30

• *The Outpost* **B**

Retro Playlist

Eric W. Saeger recommends a couple of albums worth a second look.

As you (hopefully) just read, one signature feature of the pandemic is album release dates being canceled, changed or otherwise messed with. I've about given up the delu-

sion that a release announcement consists of reliable information, but the show must go on here.

Another bizarre thing we've witnessed is the freezing of trends. In the area of music, after several years of the 1990s being laughed off as the worst decade for music ever (which always happens just before something blows big from the same arena), sure enough, bands were starting to fess up to listening to '90s bands as



a guilty pleasure. It was becoming cool for bands to cite grunge, riot grrl, commercial ska-pop, etc. influences when BS-ing rookie rock writers from Nylon and such. It looked unstoppable.

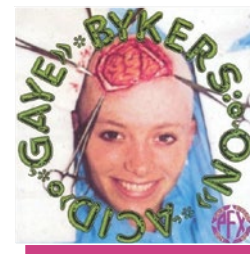
And then came Covid 19. Like I said somewhere above, at this point people are more occupied with virtue-signaling and fighting

on social media and fretting about the apocalypse than reading some hipster dummy's thoughts on Gwen Stefani's "edgy" years. It's as if every artistic rebirth and micro-renaissance that was in queue is in stasis, frozen like Ripley on *Alien*, waiting for the coast to be clear.

There were good things about the '90s, at least in my view. Nirvana of course, Rage Against The Machine, Cypress Hill, Moby,

Limp Bizkit, Korn, a bunch of other stuff, including many you've probably never heard of, bands that helped usher in the '90s-rock era by releasing albums that were clear warnings of things to come. **Transvision Vamp** may have been doomed to

obscurity from birth, but they were different in a lot of good ways, a sort of commercialized riot grrl thing that presaged sexy android-pop bands of the Aughts like **Asteroids Galaxy Tour**. In fact, Transvision Vamp peaked and declined at the decade's turn, unfairly so, because their 1991 full-length *Little Magnets Versus the Bubble of Babble* was no less sexy and vampy and kickass than their 1988 *Pop Art* debut. Another one you may have missed



was **Gaye Bykers on Acid**, which, along with a few other bands, almost squashed the grunge movement in favor of the "grebo" scene, which mashed influences from punk rock, EDM, hip-hop and psychedelia. We'd all be so much better off if their 1992 self-titled album hadn't been lost in a sea of grunge (their 1987 freak-fringe niche-hit "WW7 Blues" is still mon-

strously cool).

Yeah, a '90s revival wouldn't be the worst thing.

If you're in a local band, now's a great time to let me know about your EP, your single, whatever's on your mind. Let me know how you're holding yourself together without being able to play shows or jam with your homies. Send a recipe for keema matar. Email esaeger@cyberontix.com for fastest response. 🍷

Parakeet, by Marie-Helene Bertino (224 pages, Farrar, Straus and Giroux)

The bride, “ethnically ambiguous,” has been banished to a luxurious inn, sent there by the groom a week before the wedding to decompress.

The groom, an elementary school principal, had proposed after five dates. The bride describes him like this: “He will never lie to me and he will never make me howl with laughter.” His family is composed of academics who each look “perpetually poised to ask a question after a great deal of thought.” Of course she said yes.

At the inn on Long Island, there is ambivalence and fear, not the normal pre-wedding jitters, but weapons-grade anxiety, the sort that makes it entirely plausible that a dead grandmother will show up in the form of a bird and make demands of the bride.

She was a “a rueful bird endowed with death’s clarity,” as acerbic in death as in life. She both warbled and cussed, and she soiled the bride’s wedding dress before she left.

Such is the powerful beginning to *Parakeet* by Marie-Helene Bertino, a much-lauded writer of fiction who lives up to the hype. A former fellow at MacDowell artist community in Peterborough (no longer “Colony”), Bertino has written one other novel, 2014’s *2 A.M. at the Cat’s Pajamas*, and a collection of short stories. She’s already sold another novel, set to be published in 2022, pandemic willing.

Parakeet takes place within the span of a week, with occasional flashbacks and one poignant flash forward, to describe the trauma-pocked life of the bride and her brother. It’s astonishing to realize that the bride is never given a name (nor the groom) and this omission does not matter or even seem strange. We don’t need to know her name; we learn everything else that matters.

The “bird-shaped grandmother” that

shows up in the bride’s room knows about the impending wedding, but asks the bride to do something that has nothing to do with the ceremony. She/it wants the bride to find her estranged brother, and she makes a cryptic prophecy: “You won’t find him.”

The bride hasn’t seen her brother, Tom, for seven years. He’s a playwright who became wealthy and famous for writing about his sister’s life and then vanished.

“The last time I saw Tom was at his own wedding, where he lay bloody on a gurney, asking me to hold his hand,” the narrator-bride says.

But she loved her grandmother and so sets off to find the brother she doesn’t really want to see, all the while tending to the mundanities of a pre-wedding week, such as dealing with the florist, buying a new dress and seeing her maid of honor, her best friend from childhood, who, as it turns out, isn’t the greatest friend after all.

As the bride describes the relationship, “There’ve been several times in our friendship when Rose and I reached what I feared was its conclusion, when an important update to our subscription to each other had lapsed, and we either had to renew or face the tenuousness of our connection.”

This is typical of Bertino’s writing, which is startlingly original and frequently witty, as in her description of the woman from whom she buys a wedding dress: “Ada doesn’t wax her eyebrows or even trim them in any way I can detect. The courage this requires stuns me.”

Later, the bride describes her “smile so pale and winsome I appear floured.”

The exquisite writing and fresh turns of phrase do not exist to cover up a flan-like plot. The story is rich in its own right, thickened by pain and trauma.

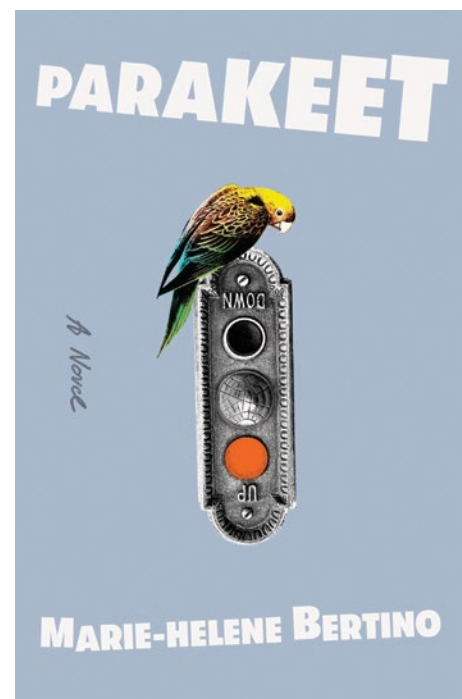
The bride works as a biographer of people who have suffered traumatic brain injuries, compiling the personal details of their lives for juries. (A vis-

it she makes to a man whose brain is so unreliable that he needs to be reminded not to pull out a hot oven rack with his hand is especially poignant.)

But she has her own injuries, too, psychological ones from her mother and physical ones from a random attack. As she navigates the week, we are not sure if what she is experiencing is even real or the desperate imaginings of a brain that is truly broken.

Parakeet is a quiet thriller in that regard, pulsing with mysteries and questions. But it’s also a deeply empathetic portrayal of a woman struggling to discern what is real and right, like a bird banging into a glass window. It’s an excellent antidote to the common vacuous beach read.

A — Jennifer Graham



BOOK NOTES

The Twitter war over J.K. Rowling and her views on transgender people has lately expanded to include other authors, including New Hampshire’s Jodi Picoult.

Picoult, who lives in Hanover on property that has views of both the Green and White Mountains, was asked by a fan to weigh in and tweeted (as did Stephen King) that trans women are women. Rowling, who does not share that view, is getting backlash from fans of her Harry Potter franchise, with some going so far as to have Potter-themed tattoos removed.

Picoult, however, stands to benefit from her tweet, as some Twitter users suggested that people buy one of her books in solidarity. There are plenty to choose; she’s written 27, with another, *The Book of Two Ways*, coming out in September. (The prologue is on her website if you want a sneak peek.)

Meanwhile, Rowling has a new work called *The Ickabog*, which she is publishing, one chapter at a time, on a website called theickabog.com. Right now, the extended fairy tale consists of just Rowling’s words, but she is running a contest



in both the U.S. and United Kingdom to choose illustrations that will be used when the book is published in the fall. Proceeds will go toward Covid-19 assistance.

For fare less controversial, Jane Austen fans might consider a book published this week: Rachel Cohen’s *Austen Years, a Memoir in Five Novels* (Farrar, Straus and Giroux, 304 pages).

The first line: “About seven years ago, not too long before our daughter was born, and a year before my father died, Jane Austen became my only author.” Sign me up.

— Jennifer Graham

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The Outpost (R)

U.S. Army soldiers operating in a remote corner of Afghanistan find themselves under attack in *The Outpost*, which is based on a true story told, among other places, in a book called *The Outpost: An Untold Story of American Valor* written by CNN's Jake Tapper.

The movie takes place at what is eventually called Camp Keating, after Capt. Benjamin Keating (Orlando Bloom), the outpost's commander as the movie opens. It doesn't take military expertise to understand that this outpost is a bad scene — it is surrounded on three sides by mountains, putting the outpost and its personnel at the bottom of a bowl. Taliban soldiers can easily find a position on the mountains from which they can take easy shots at fighters throughout the camp. And they do, nearly every day, we're told. For a while, the tension of bullets (and later mortars) entering the camp at any moment relaxes only at night because the Taliban fighters don't have night vision.

We meet many of the soldiers who man this outpost, attempting to build relationships with the local population. What feels like oodles of people are introduced with on-screen IDs and we learn bits of information about lives back



The Outpost

home. Ultimately, the men we probably spend the most time with are Specialist Ty Carter (Caleb Landry Jones), Lt. Andrew Bundermann (Taylor John Smith) and Staff Sgt. Clint Romesha (Scott Eastwood). The camp has a series of commanding captains, whom we also meet, each of whom has a different leadership style that presents a different set of challenges; their introductions serve as sort of chapters to the story as the movie builds to what we're told from the beginning is definitely coming: the big one. That is how the soldiers refer to the inevitable attack by overwhelming numbers of

Taliban using the advantage of the mountains to attempt to overrun the camp.

By the end of *The Outpost*, I completely understood all the storytelling decisions made in this story, which runs a little more than two hours and begins the most intense action (the predicted "big one") a little more than an hour in. I feel like there was a version of this movie that could have slid in at fewer than 90 minutes and, similar to Tom Hanks' recent *Greyhound* (which *The Outpost* sort of reminded me of), confined itself to the core of the fight. But *Greyhound's* source material is a novel based

on World War II events and this is a true story featuring soldiers who are real people, alive and deceased, with still living parents and spouses and children, and I understand why the movie puts such emphasis on having the audience learn everybody's name and get at least a slice of backstory even when it feels like information overload.

The movie also stays away from having an overt point of view about the war and the larger politics involved. Instead, its criticism is pointed at military decisions made in reference to the outpost from its very existence in this (as the movie describes at the end) "obviously indefensible" location to various bad-call requests and decisions made by military officialdom elsewhere. The story's focus is on the men, their bravery in their defense of each other and their ability to think on their feet and adapt when what seems like an unwinnable fight begins. **B**

Rated R for war violence and grisly images, pervasive language, and sexual references, according to the MPA on filmratings.com. Directed by Rob Lurie with a screenplay by Eric Johnson, The Outpost is two hours and three minutes long and distributed by Screen Media Ventures. The movie is available for rent. 🍷

AT THE SOFAPLEX

***The Sunlit Night (R)**

Jenny Slate, Alex Sharp.

Frances (Slate), an artist, suffers several blows roughly at once — a harsh critique, a breakup, the breakup of her parents' marriage (which also means her impending eviction from the family's cramped apartment), the loss of an artist residency and the engagement of her younger sister (which isn't a blow, but contextually, like, is). She jumps at the chance to paint a barn yellow in rural Norway because, at least, it is away from New York and the mess she feels is her

life. The artist (Fridjov Saheim) she works for is himself working his way back from harsh art world criticism and the barn, which he hopes will be a stop along a tour of Norwegian art, is located in a living-history-style Viking Village. Frances pokes around the fake Viking village — meeting fellow visitor Yasha (Sharp) — and around the real local village (finding a muse in a local dairy-aisle worker, played by Stephanie Maren) and tries to rebuild her sense of self.

The Sunlit Night (the title refers to the fact that the sun never really goes down during the summer in this Arctic town) feels loose and "moment in time"-ish in a way that reminds me of 1990s indie movies. This isn't setting up a franchise or going for some big themes. It's a

sweet, self-contained tale, which benefits from the best use of all of Slate's acting and comic talents. And it does a good job of actually showing an artist in the middle of creative, not just personal, turmoil and how she uses art to get herself out of it. What happens after the movie ends isn't entirely clear, but that's OK. The movie has sweet moments and funny moments and moments that are lovely and it's all just sort of nice to be in. This is a quiet kind of feel-good movie. **B+** Available for rent.

The Truth (R)

Catherine Deneuve, Juliet Binoche.

Famous French actress Fabienne Dangeville (Deneuve) publishes a book about her life — or, at least, about some version of her life,

though not one that her daughter, screenwriter Lumir (Binoche), recognizes. Lumir, her young daughter Charlotte (Clementine Grenier) and her husband Hank (Ethan Hawke), an American TV actor, arrive in Paris to visit Fabienne. Fabienne initially says the visit is to celebrate her book, though Lumir is still angry about not having been allowed to read it before it hit publication and bitterly underlines passages that invent a happy childhood she never had. Fabienne is also in the middle of shooting a sci-fi movie (one that, rather on-the-nosedly, is about a woman who visits her daughter every seven years; the woman stays young but the daughter continues to grow old and Fabienne plays the daughter in her 70s and 80s). When it comes to Fabienne,

Lumir seems to be perpetually torn between anger and awe — her mother has made a mess of her own life in so many ways but Lumir cares for her deeply and appreciates that Fabienne is a great talent. It's a dynamic that she seems to have recreated, with differences, in her relationship with Hank.

In this movie about mothers and daughters, Hawke, weirdly, was one of the standout elements to me. He does a really good job bringing layers to these underwhelming middle-aged dude characters he pops up as.

Aside from that, it's Binoche who is the light of this movie. Her Lumir wrestles with conflicted feelings and with one of the movie's overriding themes, which is that you can't trust memory. **B** Available for rent.

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NITE

Music City bound

Amanda McCarthy makes her move

By Michael Witthaus
mwitthaus@hippopress.com

With a combination of innate talent and plucky determination, Amanda McCarthy has become a fixture on the regional music circuit, from the Seacoast to the White Mountains. She's recorded and released multiple albums of original songs — the latest, *Epilogue*, arrives in the fall — while performing covers to fuel her dream of being a full-time musician.

Like many before, McCarthy's time in the trenches playing bars and restaurants led to an inevitable conclusion — that it was time to try her luck in a major market.

"People like my original music in New Hampshire, but there's not really an original music industry here," she said in a recent phone interview.

So, after a few more gigs, including a farewell bash with some of her musical friends on Aug. 1 at Long Cat Brewery in Londonderry, Amanda McCarthy is moving to Nashville. The goal, she said, is to live in a milieu that makes her artistic development more possible.

"I love playing for people," she said. "Even if it's playing covers, I really, truly enjoy it. But I know in my heart I love writing songs; that's why I went into music in the first place."

In the past year, McCarthy's relationship with U.K.-based Evolved Artists has encouraged her to take the next step.

"I've been working with them as a songwriter ... sending demos that they've been sent off to their contacts," she said. "I figured if I was lucky enough to land an opportunity like that being in New Hampshire, then what else can I accomplish when I'm actually down there where things are really happening?"

"Here," a preview track from her new album that will be officially released at the Long Cat farewell show, offers insight into

the urgency McCarthy feels about testing the water in that "very big pond" now instead of later.

"All my friends are running off to chase their dreams, from Hollywood to Tennessee, oh but I'm still here," she sings. "I vow, I'll make it out of here somehow."

McCarthy is encouraged by area musicians she's met who've headed south like Tom Dixon, Sam Robbins, Morgan Clark and Stacy Kelleher, along with others she hasn't.

"I don't know Brooks Hubbard personally but I know of him," she said. "I know he's down there; I'd love to get in touch with him at some point."

As she begins to wend her way into the Nashville community, McCarthy has the valuable currency of a good story to tell — the one about her close encounter last March with New Hampshire's most well-known rock star, Steven Tyler. It's an experience she calls "the second best day of my life after having my daughter."

As she and her boyfriend drove to her gig at Salt Hill Shanty near Lake Sunapee, McCarthy mused that the Aerosmith singer, who owns a home there, might be in the crowd. The two were joking, but things got real as she finished her encore and spotted him at a table with friends.

She had a choice to make.

"I stood there for about 30 seconds," she said, "then I said into the microphone, 'I don't know if this is kosher, but if I don't do it I'm gonna hate myself,'" and proceeded to play a flawless version of "Angel" — after which she was unable to eat or drink anything.

"I was just literally dumbfounded," she said. "One, that he was there, and two, that I just did that. At some point I decided I didn't want to go bother him; I've read his autobiography and he really just values being a normal person."



Amanda McCarthy. Courtesy photo.

So she began to pack up and load out, only stopping to send a copy of her *Road Trip* CD and a note with thanks for being an inspiration over to Tyler's table.

When she heard Tyler say, "Wait, she's still here?" McCarthy knew her magical day hadn't ended yet. He came over and the two had a happy chat.

"He was so kind and down to earth, and he just talked to me; not like I was some dumb kid 40 years younger than him ... like a human," she said. "It was one of the kind of things completely above my expectations."

Asked what she'll miss most from her home state, McCarthy quickly replied, "one hundred percent the ocean" — she lived in Hampton for four years. She'll also treasure the camaraderie of the New England music community.

"From Day 1, when I was 19 years old and didn't know what I was doing, they gave me a shot and made me feel welcome. Between Penuche's and people like Paul Costley, they allowed me to be a full-time musician, which was all I really wanted. I'm going to miss being able to do that down there ... but I'm hoping it'll be worth it in the long run." 🍷

Amanda McCarthy & Friends

When: Saturday, Aug 1, 6 p.m.

Where: Long Cat Brewing, 298 Rockingham Road, Londonderry

More: amandamccarthy.com

THE ROUND UP

Local music news & events

By Michael Witthaus
mwitthaus@hippopress.com

• **One-man band:** When all the pieces are engaged, **Lee Ross** delivers a bold, brassy sound that definitely seems like it's coming from a crowded stage, not a Boston-based solo performer with a boatload of musical chops. Ross tricks out his keyboards to mimic a rhythm section, plays saxophone and flute, sings and loops it all to amazing effect — the magic of a big band, no social distancing needed. Thursday, July 23, 7 p.m., Penuche's Music Hall, 1087 Elm St., Manchester. See facebook.com/leerossmusic.

• **Salt the rim:** Kenny Chesney doppelganger **Dan Wray**, who's also front man for No Shoes Nation, a Chesney tribute act now in its fourth year, helps celebrate National Tequila Day. Yes, that's a thing, and no, it's not a legal holiday even if it should be. Hits like "Guitars and Tiki Bars" will rev things up, with a giveaway of a Charbroil Smoker, essential equipment for backyard parties, adding to the fun. Friday, July 24, 6 p.m., Village Trestle, 35 Main St., Goffstown. See facebook.com/NoShoesNationBand.

• **Join in blues:** Bring a guitar, harmonica or voice to a jam hosted by blues band **Catfish Howl**. The afternoon confab happens outdoors under the tent, with proper space between the players. The Manchester group features Zydeco aficionado Glenn Robertson, and its name comes in part from Professor Catfish Bill, who sings and plays percussive instruments like the washboard. Saturday, July 25, 2 p.m., Area 223, 254 N. State St. (Smokestack Center), Concord. See catfishhowl.com.

• **Shell it out:** Enjoy al fresco music in the local bandshell with **Lunch at the Dump**, an inventively named roots band that's closing in on 50 years together. They began in the spring of 1972 as a loose group of pickers learning to play their guitars, fiddles, banjos and mandolin. Reportedly, a "chance encounter with a carrot cake at the local landfill" prompted their moniker. Tuesday, July 28, 6:30 p.m., Angela Robinson Band Stand, Community Park, Henniker. See facebook.com/Lunch-at-the-Dump. 🍷

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MUSIC THIS WEEK

Auburn
Auburn Pitts
 167 Rockingham Road
 622-6564

T-Bones
 169 S. River Road
 623-7699

Cheers
 17 Depot St.
 228-0180

Epping
The Community Oven
 24 Calef Hwy.
 734-4543

Auburn Tavern
 346 Hooksett Road
 587-2057

Brookline
Averill House Winery
 21 Averill Road
 371-2296

Concord Craft Brew-
ing
 117 Storrs St.
 856-7625

Holy Grail
 64 Main St.
 679-9559

Bedford
Copper Door
 15 Leavy Dr.
 488-2677

Canterbury
Canterbury Shaker
Village
 288 Shaker Road
 783-9511

Lithermans
 126 Hall St., Unit B

Railpenny Tavern
 8 Exeter Road
 734-2609

Murphy's
House
 393 Route 101
 488-5875

Carriage

Concord
Area 23
 State Street
 881-9060

Derry
T-Bones
 39 Crystal Ave.
 434-3200

Telly's Restaurant &
Pizzeria
 235 Calef Hwy.
 679-8225

Exeter
Sawbelly Brewing
 156 Epping Road
 583-5080

Gilford
Patrick's
 18 Weirs Road
 293-0841

Goffstown
Village Trestle
 25 Main St.
 497-8230

Greenfield
The Hungry Goats Eat-
ery
 4 Slip Road
 547-3240

Riverhouse Cafe
 4 Slip Road
 547-8710

Hampton
Ashworth by the Sea
 295 Ocean Blvd.
 926-6762

Bernie's Beach Bar
 73 Ocean Blvd.
 926-5050

Community Oven
 845 Lafayette Road
 601-6311

The Goat
 20 L St.
 601-6928

Instabar
 61 High St.
 @instabar.nh

Sea Ketch
 127 Ocean Blvd.
 926-0324

Smuttynose Brewing
 105 Towle Farm Road
Wally's Pub
 144 Ashworth Ave.
 926-6954

WHYM Craft Pub &
Brewery
 853 Lafayette Road
 601-2801

Henniker
Pats Peak Sled Pub
 24 Flanders Road
 888-728-7732

Hollis
Alpine Grove
 19 S. Depot Road
 882-9051
 alpinegrove.com

Hudson
Fat Katz
 76 Derry St.
 298-5900

Luk's Bar & Grill
 142 Lowell Road
 889-9900

T-Bones
 77 Lowell Road
 882-6677

Kingston
Saddle Up Saloon
 92 Route 125
 369-6962

Laconia
Broken Spoke Saloon
 1072 Watson Road
 866-754-2526

Cactus Jack's
 1182 Union Ave.
 528-7800

Thursday, July 23

Bedford
Copper Door: Pete Peterson, 6 p.m.
Murphy's: Clint LaPointe, 5:30 p.m.
T-Bones: Bob Pratte, 6 p.m.

Derry
T-Bones: Phil Jacques, 6 p.m.

Epping
Railpenny: The Bulkheadz, 6 p.m.
Telly's: Chris Powers, 7 p.m.

Exeter
Sawbelly: Alan Roux, 5 p.m.

Goffstown
Village Trestle: Maven Jamz, 6 p.m.

Hampton
Bernie's: Soul Rebel Project, 8 p.m.; Joe Sambo, 7 p.m.
The Goat: Isaiah Bennett, 8:30 p.m.
Instabar: Emily Rae, 6 p.m. (pop covers)
Sea Ketch: Rick Lauria, 1 p.m.
Smuttynose: open mic with Max Sullivan, 6 p.m.
Wally's: Chris Toler, 7 p.m.

Henniker
Pat's Peak: Hometown Eulogy, 5 p.m.

Hudson
Fat Katz: Social Distance Karaoke, 6:30 p.m.
T-Bones: Ray Zerkle, 6 p.m.

Kingston
Saddle Up Saloon: Karaoke with DJ Jason Whitney, 7 p.m.

Laconia
Cactus Jack's/T-Bones: Gabby Martin, 6 p.m.

Londonderry
Stumble Inn: Dave Ayotte Duo, 5 p.m.

Manchester
CJ's: Amanda McCarthy, 6 p.m.
Derryfield: Austin & Justin, 7 p.m.
Firefly: April Cushman, 5 p.m.
Fratello's: Justin Jordan, 6 p.m.
Murphy's: MB Padfield, 6:30 p.m.

Merrimack
Homestead: Jeff Morzeck, 6 p.m.

Nashua
Fratello's: Chris Lester, 6 p.m.

Portsmouth
Gas Light: Matt Luneau, 8 p.m.
The Goat: Sheldon Benton & K-RuSh, 3 p.m.

Rochester
Governor's Inn: Emma Gelinas & The Thursday Afternoon, 6 p.m.

Salem
Copper Door: Marc Apostolidis, 6 p.m.
T-Bones: Jodee Frawlee, 6 p.m.

Windham
Castleton: Nicole Knox Murphy, 5:30 p.m. (country)
Old School: Corey McLane, 6 p.m.

Friday, July 24

Bedford
Copper Door: Marc Apostolidis, 6 p.m.
Murphy's: Austin McCarthy, 7:30 p.m.
T-Bones: Phil Jacques, 6 p.m.

Concord
Area 23: Steve, Matt & Ross, 5:37 p.m.

Derry
T-Bones: Lewis Goodwin, 6 p.m.

Epping
Community Oven: Brad Bosse, 6 p.m.
Telly's: Troy & Luneau, 8 p.m.

Exeter
Sawbelly Brewing: Dean Harlem, 2 p.m. (singer-songwriter)

Gilford
Patrick's: Kevin & Josh, 4 p.m.

Goffstown
Village Trestle: Dan Wray, 6 p.m.

Greenfield
The Hungry Goats: Skip & Jarvis Duo, 7 p.m.

Hampton
Bernie's: Chris Toler, 1 p.m.; Sheldon Benton, 3 p.m.; Alex Anthony Band, 8 p.m.
The Goat: Rob Pagnano, 8:30 p.m.
Wally's: Mike Spaulding, 8 p.m.

Henniker
Pat's Peak: Bob Millard, 5 p.m.

Hollis
Alpine Grove: Mike Ordway, 5:30 p.m. (acoustic)

Hudson
Fat Katz: Karaoke, 7 p.m.
T-Bones: Malcolm Salls, 6 p.m.

Laconia
Cactus Jack's/T-Bones: Rebecca Turmel, 6 p.m.
Fratello's: Paul Warnick, 6 p.m.

Londonderry
7-20-4: Dyer Holiday, 5 p.m. (acoustic rock/pop covers)
Stumble Inn: Max Sullivan, 6 p.m.

Manchester
Backyard Brewery: Ken Budka, 5 p.m.
Bonfire: Eric Grant Band, 9 p.m.
CJ's: Joe Winslow, 6 p.m.

Derryfield: Rob & Jody, 7 p.m.
Firefly: Chris Powers, p.m.
Fratello's: Paul Luff, 6 p.m.
Murphy's: Jonny Friday, 9:30 p.m.
Foundry: Ryan Williamson, 7 p.m.

Meredith
Hart's: The Sweetbloods, 6 p.m.

Merrimack
Homestead: Dave Zangri, 6:30 p.m.

Moultonborough
Buckey's: April Cushman, 5:30 p.m.

Nashua
American Social Club: Chad LaMarsh, 7 p.m. (solo acoustic)
Fratello's: Chris Perkins, 6 p.m.

New Boston
Molly's: Matt Bergeron, 5 p.m.

Pittsfield
Main Street Grill and Bar: Nicole Knox Murphy, 6 p.m. (country)

Plaistow
Crow's Nest: Swipe Right, 9 p.m.

Portsmouth
Gas Light: Matt Langley, 12:30 p.m.
The Goat: MB Padfield, 8:30 p.m.

Rochester
Governor's Inn: Rob & Jody, 7 p.m. (acoustic duo)

Salem
Copper Door: Corinna Salven, 6 p.m.
T-Bones: Bob Pratte, 6 p.m.

Seabrook
Chop Shop: Down Cellah, 6:30 p.m.

Stratham
Tailgate Tavern: Alan Roux, 7 p.m. (Seacoast bluesman)

Saturday, July 25

Bedford
Copper Door: Chris Lester, 6 p.m.
Murphy's: Malcolm Salls, 7:30 p.m.
T-Bones: Joe Winslow, 6 p.m.

Concord
Area 23: Catfish Howl Blues Jam, 2 p.m.; 12 oz Soul, 5:36 p.m.
Concord Craft Brewing: Ken Budka, 4 p.m.

Derry
T-Bones: Justin Cohn, 6 p.m.

Epping
Community Oven: Amanda McCarthy, 5 p.m.
Telly's: Max Sullivan Duo, 8 p.m.

Gilford
Patrick's: Henry Laliberte, 4 p.m.

Goffstown
Village Trestle: 2 of Us, 6 p.m. (Beatles tribute)

Greenfield
The Hungry Goats: Decatur Creek Band, 7 p.m.

Hampton
Bernie's: MB Padfield, 1 p.m.; Shelton Benton, 3 p.m.; LuFFKid, 8 p.m.
Community Oven: Brad Bosse, 6 p.m.
The Goat: Mike Spaulding, 2 p.m.; Alex Anthony, 8:30 p.m.
Sea Ketch: Justin Jordan, 1 p.m.
Wally's: Chris Toler, 2 & 8 p.m.
WHYM: Rebecca Turmel, 1 p.m.

Henniker
Pats Peak: Ryan Williamson, 5 p.m.

Hudson
Fat Katz: karaoke, 7 p.m.
T-Bones: Phil Jacques, 6 p.m.

Laconia
Broken Spoke: Ghost Riderz, 6 p.m.
Cactus Jack's/T-Bones: Chris Powers, 6 p.m.

Fratello's: Sean Coleman, 6 p.m.

Londonderry
7-20-4: Chuck Alaimo, 3 p.m. (acoustic rock/pop covers/chill)
Stumble Inn: Another Shot, 6 p.m.

Manchester
Backyard Brewery: Walker Smith, 5 p.m.
Bonfire: Nick Drouin, 9 p.m.
CJ's: Jae Mannion, 6 p.m.
Derryfield: J-Lo, 7 p.m.
Firefly: Clint Lapointe, 6 p.m.
Foundry: Dwayne Haggins, 7 p.m.
Fratello's: Chris Perkins, 6 p.m.
Moe Joe's: Nicole Knox Murphy, 7 p.m. (country)
Murphy's: Erika Van Pelt Duo, 9:30 p.m.

Meredith
Twin Barns: Rory Scott, 3 p.m.

Merrimack
Homestead: Jodee Frawlee, 6:30 p.m.

Milford
Riverhouse: April Cushman, 6 p.m.

Nashua
American Social Club: Joe Medonald, 7 p.m.
Fratello's: Tim Kierstead, 6 p.m.

New Boston
Molly's: The Incidentals, 5 p.m.

Northwood
Umami: Scott Solsky/Lynne Taylor, noon; open mic with Island Mike, 5 p.m.

Portsmouth
Goat: Jonny Friday Duo, 8:30 p.m.
The Striker: Double Take, 9 p.m.

Rochester
Governor's Inn: Dancing Madly Backwards, 7 p.m. (classic rock)

Salem
Copper Door: Caroline Portu, 6 p.m.

The music returns

These listings are compiled from press releases, plus artists' and restaurants' websites and social media. Call venue to check on special rules and reservation instructions. Are you a musician or do you work at a restaurant or other venue with live music? Let us know about upcoming shows at music@hippopress.com.

NITE MUSIC THIS WEEK

Fratello's 799 Union Ave. 528-2022	Loudon Hungry Buffalo 58 Route 129 798-3737	Firefly 21 Concord St. 935-9740	Mason Marty's Driving Range 96 Old Turnpike Road 878-1324	Milford The Riverhouse Cafe 167 Union Square 249-5556	Northwood Umami 284 First NH Turnpike 942-6427	The Goat 142 Congress St. 590-4628	Stratham Tailgate Tavern 28 Portsmouth Ave. 580-2294
Naswa Resort 1086 Weirs Blvd. 366-4341	Manchester Backyard Brewery 1211 S. Mammoth Road, 623-3545	The Foundry 50 Commercial St. 836-1925	Meredith Hart's Turkey Farm 223 DW Highway 279-6212	Moultonborough Buckey's 240 Governor Wentworth Hwy., 476-5485	Pittsfield Main Street Grill & Bar 32 Main St. 435-0005	Rochester Governors Inn 78 Wakefield St. 332-0107	Temple The Birchwood Inn 340 Route 45 878-3285
T-Bones 1182 Union Ave. 528-7800	Bonfire 950 Elm St., 663-7678	Fratello's 155 Dow St. 624-2022	Town Docks 289 DW Highway 279-3445	Nashua American Social Club 166 DW Highway 255-8272	Plaistow The Crow's Nest 181 Plaistow Road 431-5222	Salem Copper Door 41 S. Broadway 458-2033	Windham Castleton 92 Indian Rock Road 800-688-5644
Londonderry 7-20-4 Lounge at Twins Smokeshop 80 Perkins Road 421-0242	Candia Road Brewing 840 Candia Road 935-8123	KC's Rib Shack 837 Second St. 627-RIBS	Twin Barns Brewing 194 DW Highway 279-0876	Fratello's Italian Grille 194 Main St., 889-2022	Portsmouth Dolphin Striker 15 Bow St. 431-5222	T-Bones 311 S. Broadway 893-3444	Old School Bar & Grill 49 Range Road 458-6051
Moonlight Meadery 23 Londonderry Road, 216-2162	CJ's 782 S. Willow St. 627-8600	Moe Joe's Family Restaurant 2175 Candia Road 668-0131	Merrimack Homestead 641 DW Highway 429-2022	New Boston Molly's Tavern & 35 Mont Vernon Rd. 487-1362	The Gas Light 64 Market St. 430-9122	Seabrook Chop Shop Pub 920 Lafayette Road 760-7706	Town common 4 N. Lowell Road
Stumble Inn 20 Rockingham Road 432-3210	Derryfield Country Club 625 Mammoth Road 623-2880	Murphy's Taproom 494 Elm St. 644-3535		Newmarket Stone Church 5 Granite St., 659-7700			

T-Bones: Pete Peterson, 6 p.m.

Seabrook
Chop Shop: DoubleShot, 7 p.m.

Stratham
Tailgate Tavern: Bria Ansara, 7 p.m.

Sunday, July 26
Bedford
Murphy's: Ryan Williamson, 4 p.m.

Canterbury
Shaker Village: Concert on the Green with cellist Jan Fuller, 4 p.m.

Concord
Cheers: Frenchie Unplugged, 4 p.m.
Litherman's: DJ Ras1, noon (reggae)

Epping
Community Oven: Max Sullivan Duo, 5 p.m.

Exeter
Sawbelly Brewing: Max Sullivan, noon (singer-songwriter-bluesman); Quill, 3 p.m. (singer-songwriter)

Gilford
Patrick's: Kevin & Josh, 4 p.m.

Hampton
Bernie's: Joe Sambo, 8 p.m.
The Goat: Isaiah Bennett, 8:30 p.m.
Instabar: King Kyote, 6 p.m.
Smuttynose: 21st and 1st Duo, 1 p.m.; April Cushman, 5:30 p.m.
Wally's: MB Padfield, 2 p.m.; Mike Spaulding, 7 p.m.

Hudson
Fat Katz: J-Lo, 2 p.m. (acoustic duo)

Kingston
Saddle Up Saloon: Christie Leigh, 5 p.m. (classic rock & country)

Londonderry
7-20-4: Alan Roux, 4 p.m. (blues/blues rock covers)
Stumble Inn: Erika Van Pelt Duo, 5 p.m.

Manchester
Candia Road Brewing Co.: Nick Slik, 5 p.m. (bluegrass folk acoustic)
Derryfield: The 603, 5 p.m.
Firefly: Chris Perkins, 4 p.m.

Mason
Marty's: Town Meeting, 3 p.m.

New Boston
Molly's Tavern: Joey Clark, 2 p.m.

Newmarket
Stone Church: Open mic with Dave Ogden, 5 p.m.

Northwood
Umami: Bluegrass brunch with Cecil Ables, 11 a.m.

Portsmouth
The Goat: Rob Pagnano, 9 p.m.
The Striker: Double Take, 7 p.m.

Windham
Old School: Jah Spirit, 3 p.m.

Monday, July 27
Bedford
Murphy's: Jonny Friday, 5:30 p.m.

Hampton
Bernie's: Reggae nights with Green Lion Crew, 7 p.m.
The Goat: Shawn Theriault, 8:30 p.m.
Wally's: LuFFKid, 7 p.m.

Londonderry
Stumble Inn: Lisa Guyer, 5 p.m.

Manchester
Fratello's: Matt Luneau, 6 p.m.

Merrimack
Homestead: Chris Powers, 6 p.m.

Nashua
Fratello's: Max Sullivan, 6 p.m.

Portsmouth
The Goat: Musical Bingo, 7 p.m.; Alex Anthony, 9 p.m. (singer-songwriter; covers with indie/folk/rock twist)

Tuesday, July 28
Bedford
Murphy's: Lewis Goodwin, 5:30 p.m.

Hampton
The Goat: Rob Pagnano, 8:30 p.m.
Sea Ketch: Max Sullivan, 1 p.m.
Wally's: Chris Toler, 7 p.m.

Hudson
Fat Katz: open mic, 7 p.m.

Londonderry
Stumble Inn: Joanie Ciatelli, 5 p.m.

Manchester
Fratello's: Malcolm Salls, 6 p.m.
KC's: Paul & Nate open mic 8 p.m. (featured artist at 7 p.m.)

Merrimack
Homestead: Henry Laliberte, 6 p.m.

Nashua
Fratello's: Ralph Allen, 6 p.m.

Newmarket
Stone Church: Chris Torrey, 6 p.m. (acoustic solo)

Temple
Birchwood Inn: Forged, 6 p.m. (singer-songwriter duo)

Wednesday, July 29
Bedford
Murphy's: April Cushman, 5:30 p.m.

Exeter
Sawbelly Brewing: Dan Walker, 5 p.m. (smooth soul, acoustic rock & pop)

Hampton
Ashworth by the Sea: Max Sullivan, 4 p.m.
Bernie's: Swipe Right, 7 p.m. (acoustic duo)
The Goat: Emily Rae, 8:30 p.m.
Instabar: Amanda McCarthy, 5 p.m.
Wally's: Chris Toler, 7 p.m.

Hollis
Alpine Grove: Open blues jam with River Blues Band, 5:30 p.m.

Kingston
Saddle Up Saloon: Waterman's Wednesdays with Adam Fithian, 7 p.m. (acoustic covers)

Londonderry
Stumble Inn: Pete Peterson, 5 p.m.

Manchester
Fratello's: Chris Lester, 6 p.m.
Murphy's: MP Padfield, 6:30 p.m.

Merrimack
Homestead: Clint Lapointe, 6 p.m.

Nashua
Fratello's: Sean Coleman, 6 p.m.

Newmarket
Stone Church: Sister Outlaw, 6 p.m. (folk)

Windham
Town common: Nicole Knox Murphy, 6 p.m. (country)

Thursday, July 30
Auburn
Auburn Pitts: open mic jam, 6 p.m.

Bedford
Copper Door: Justin Jordan, 6 p.m.
Murphy's: Andrew Geano, 5:30 p.m.
T-Bones: Bob Pratte, 6 p.m.

Live Music



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STEVE, MATT, & ROSS MAKE MUSIC FOR YOUR EARS - 2PM

SATURDAY JULY 25TH
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12OZ SOUL - 5:30PM
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NITE MUSIC THIS WEEK

Concord

Cheers: April Cushman, 5 p.m.

Derry

T-Bones: Pete Peterson, 6 p.m.

Epping

Telly's: Austin McCarthy, 7 p.m.

Exeter

Sawbelly Brewing: Todd Hearon, 5 p.m. (folk/bluegrass/blues singer-songwriter)

Goffstown

Village Trestle: Jim Nicoltera, 6 p.m.

Hampton

Bernie's: Supermoothing

The Goat: Isaiah Bennett, 8:30 p.m.

Smuttynose: open mic with Max Sullivan, 6 p.m.

Wally's: Chris Toler, 7 p.m.

Henniker

Pat's Peak: Mikey G, 5 p.m.

Hudson

T-Bones: Clint Lapointe, 6 p.m.

Kingston

Saddle Up Saloon: Karaoke with DJ Jason Whitney, 7 p.m.

Laconia

Cactus Jack's/T-Bones: Sean Coleman, 6 p.m.

Londonderry

Moonlight Meadery: Amanda McCarthy, 6 p.m.

Stumble Inn: Mugsy Duo, 5 p.m.

Manchester

CJ's: Phil Jacques, 6 p.m.

Firefly: Caroline Portu, 5 p.m.

Fratello's: Ralph Allen, 6 p.m.

Murphy's: The Little Kings, 8 p.m.

Meredith

Town Docks: John Irish Duo, 5 p.m.

Merrimack

Homestead: Josh Foster, 6 p.m.

Nashua

Fratello's: Malcolm Salls, 6 p.m.

Newmarket

Stone Church: Chris O'Neil, 6 p.m. (solo guitarist)

Portsmouth

Gas Light: Gabby Martin, 8 p.m.

Salem

Copper Door: Jae Mannion, 6 p.m.

T-Bones: Lewis Goodwin, 6 p.m.

Windham

Castleton: Nicole Knox Murphy, 5:30 p.m. (country)

Old School: John Plunkett, 6 p.m.

Concerts

Ticketed shows; schedule subject to change. See venues for safety procedures and information about rescheduled shows.

Venues

Bank of NH Stage in Concord

16 S. Main St., Concord

225-1111, banknhstage.com

Outdoor venue: Fletcher-Murphy Park (28 Fayette St. in Concord)

Cheshire Drive-In Live

Cheshire Fairground

247 Monadnock Hwy, Swanzey
drive-in-live.com

Hampton Beach Casino Ballroom

169 Ocean Blvd, Hampton Beach
929-4100, casinoballroom.com

Rex Theatre

23 Amherst St., Manchester

668-5588, palacetheatre.org

Stone Church

5 Granite St., Newmarket

659-7700, stonechurchrocks.com

Tupelo Music Hall

10 A St., Derry

437-5100, tupelomusichall.com

Shows

• **The Alternate Routes** Thursday, July 23, 6 p.m., Tupelo Drive-In

• **Joe Louis Walker** Friday, July 24, 6 p.m. Tupelo Drive-In

• **Almost Queen** Friday, July 24, 8 p.m., Drive-In Live in Cheshire

• **Aaron Lewis** Saturday, July 25, 2 p.m., Drive-In Live in Cheshire

• **Green Heron** Saturday, July 25, 6 p.m., Bank of NH Stage in Concord (outdoors)

• **Classic Stones Live** Saturday, July 25, & Sunday, July 26, 8 p.m. Tupelo Drive-In

• **Ana Popovic** Thursday, July 30, 6 p.m., Tupelo Drive-In

• **Dana Fuchs** Friday, July 31, 6 p.m. Tupelo Drive-In

• **Pink Talking Fish** Friday, July 31, 8 p.m., Drive-In Live in

Cheshire

• **Soulsha** Friday, July 31, 8 p.m., Bank of NH Stage in Concord (outdoors)

• **Ronnie Earl & the Broadcasters** Saturday Aug. 1, 3 & 6 p.m. Tupelo Drive-In

• **Recycled Percussion** Saturday, Aug. 1, 3 & 8 p.m., Drive-In Live in Cheshire

• **Lucas Gallo** Saturday, Aug. 1, 6 p.m., Bank of NH Stage in Concord (outdoors)

• **Members of Bearly Dead** play **Jerry's Birthday Bash** Saturday, Aug. 1, 6 p.m., Stone Church

• **Ayla Brown with special guest Rob Bellamy** Thursday, Aug. 6, 6 p.m., Tupelo Drive-In

• **The Wolff Sisters** Thursday, Aug. 6, 7:30 p.m., Rex Theatre

• **Brothers Osborne** Thursday, Aug. 6, 8 p.m., Hampton Beach Casino Ballroom

• **The Laurel Canyon Band** (Crosby, Stills, Nash & Young Tribute) Saturday, Aug. 8, and Sunday, Aug. 9, 3 & 6 p.m., Tupelo Drive-In

COMEDY THIS WEEK AND BEYOND

Some are ticketed vineyard.com

shows; schedule subject to change. See venues for safety procedures, ticket information and information about rescheduled shows.

Chunky's

707 Huse Road, Manchester; 151 Coliseum Ave., Nashua; 150 Bridge St., Pelham, chunkys.com

Venues

Alpine Grove

19 S. Depot Road, Hollis, alpinegrove.com

Amherst Country Club

72 Ponemah Rd, Amherst, playamherst.com, 673-9908

Averill House Winery

21 Averill Rd, Brookline 371-2296, averillhouse-

The Community Oven

24 Calef Hwy, Epping 734-4543, thecommunityoven.com

Rex Theatre

23 Amherst St., Manchester, 668-5588, palacetheatre.org

Friday, July 24

Amherst

Amherst Country Club:

Corey Rodrigues

Manchester

Rex Theatre: Justin McKinney, 7:30 p.m.

Saturday, July 25

Nashua

Chunky's Pub: Drew Dunn, 8 p.m.

Wednesday, July 29

Epping

Community Oven: Mike'd Up Comedy Showcase, 7 p.m.

Thursday, July 30

Hollis

Alpine Grove: Mike'd Up Comedy Showcase,

7 p.m.

Friday, July 31

Manchester

Rex Theatre: Justin McKinney, 7:30 p.m.

Saturday, July 25

Pelham

Chunky's: Will Noonan, 8 p.m.

Saturday, Aug. 1

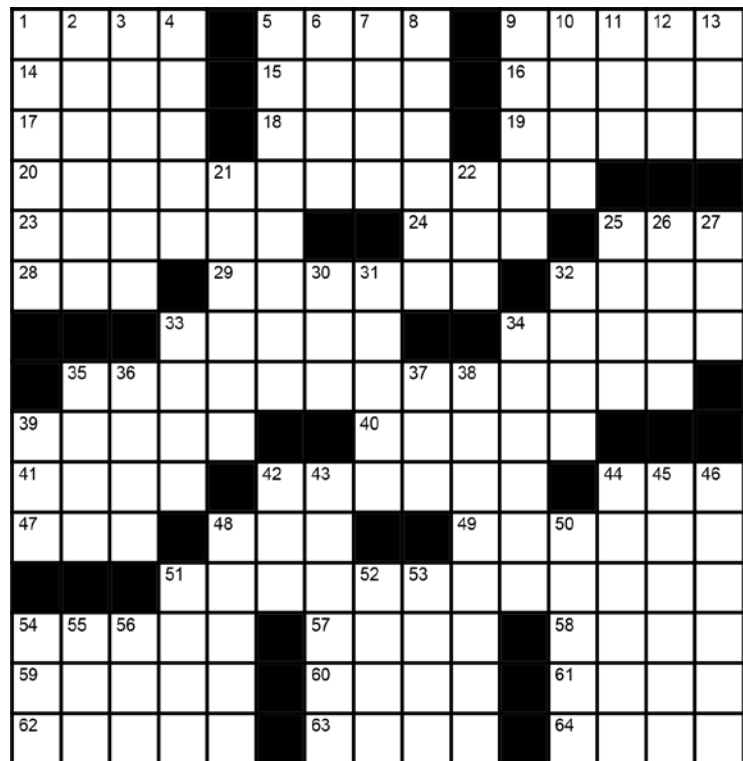
Brookline

Averill House Winery: Mike Koutobis, 6:30 p.m.

Manchester

Chunky's Pub: Mark Scalia, 8 p.m.

SHE HAS A BUILT IN ABILITY



Across

1. Dashboard Confessional 'The Places You Have Come To Fear The ___'
5. Members of Owl City?
9. Van Halen were standing on '___ The World' (3,2)
14. Piece of song is called a beginning this
15. UK indie band ___ & The Whale
16. 'Tommy' is rock one by The Who
17. Genesis "Home from work our Juliet clears her morning ___"
18. Simi Valley punks wouldn't touch you with a Ten Foot ___
19. Might grow one on your face between tours
20. 1983 Genesis song/video about an unauthorized resident (7,5)
23. 60s band Little ___ & The Romans
24. Bertelsmann Music Group (abbr)
25. Your bar one might be forgotten if you're rocking on out of the club
28. 'Opel' Barrett, formerly of Pink Floyd
29. Michael Jackson's sister that did 'If You Feel The Funk'
32. '95 Bjork album for afterwards?
33. Pretty or handsome pop star side-gig
34. 'Big House' ___ Adrenaline'
35. Simon & Garfunkel 'That Silver-___ Mine' (6,5,2)
39. 'Walk Away Renee' Left ___
40. '99 Blink-182 'Adam's Song' album '___ Of The State'
41. Genesis "Running around, staying out all night, taking it all instead of taking one ___"
42. English 'Cash Machine' band (hyph)
44. Trey Songz 'Say ___'
47. "And here's to you, ___ Robinson"
48. 'In Too Deep' ___ 41
49. 'Still In The Dark' Oklahoma rockers
51. U2 '___ Can't Make It On Your Own' (9,3)
54. Singer Dylan of The Wallflowers
57. This kind of recording might have a

hum (hyph)

58. Creed song about getting ripped?
59. '93 Van Morrison album 'Too Long In ___'
60. Bread "I would give everything ___" (1,3)
61. James "Can't catch love with ___ or a gun" (1,3)
62. Rhythmic element
63. AC/DC told us to hurry up and 'Shake

___' (1,3)

64. Patti Scialfa & Johnny Rotten, slang

Down

1. What tribute band member does to famous star
2. Beck's 2nd major release
3. What Stevie Wonder did after he 'Signed' it and before he 'Delivered' it
4. Arctic Monkeys 'Fake ___ Of San Francisco'
5. Rage Against The Machine 'Bulls ___' (2,6)
6. Circa Survive 'Dyed In The ___'
7. Crash Test Dummies were surprised and said 'Oooh ___!' on their 9th album (2,2)
8. Sing/songstress Lynne
9. Temptations 'Ain't Too Proud ___' (2,3)
10. Silverchair 'Ana's Song (___ Fire)'
11. Red Hot Chili Peppers song for a very popular green soup?
12. Skynyrd "Outlaws, renegades, rebels on the run" song (abbr)
13. Trendy genre can be called a short-lived this
21. Cure '___: The Singles 1987-1997'
22. Genesis "___ red blooded male and the book said I could not fail" (2,1)
25. Heart 'All I Want ___ Is Make Love To You' (2,2)
26. Clueless film-inspired Sara Evans song, perhaps (2,2)
27. 'You Ain't Seen Nothing Yet' band
30. Great Gonzos!: The Best Of ___ Nugent
31. What Colbie Caillat gets, as time goes on
32. Puerto Rican Ozzfest band
33. Patton of Mr Bungle & Faith No More
34. To look up to rock hero or do this

WORD★Roundup™

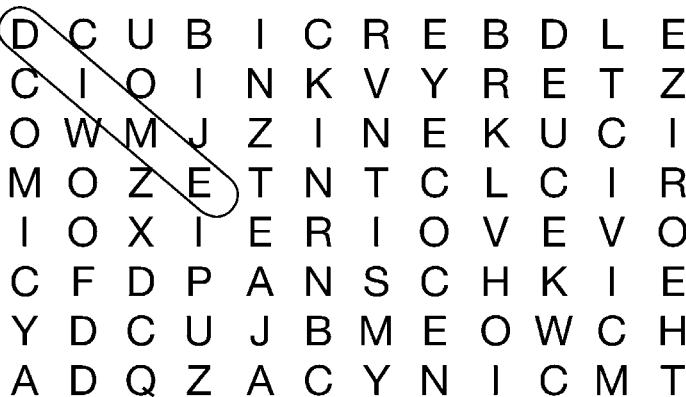
by David L. Hoyt & Jeff Knurek

Find and Circle...

- Four U.S. coins
- Four words starting and ending with C
- Three eight-letter words
- Three four-letter animal sounds
- Two of hearts, for example

Last Week's Answers: BRUSSELS BRASILIA BOGOTA BERN / ANISTON GARNER LOPEZ BEALS / LEMMING LLAMA LEMUR LION / COLOR DRYER STYLE / LANDMARK

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35. Had to have it teased up and big, in 80s
36. Who was 'Marching', to Dave Matthews
37. Trent Willmon 'Cold Beer ___ A Fish-in' Pole'
38. Slandering a famous person or doing this
39. Ginger Baker, Jack Bruce, and Gary Moore formed this band
42. Illinois band that sings w/closed lips?
43. Sing/songer Minnie Driver's birth name
44. Radiohead '___ Can Play Guitar'
45. Fans worshipped star or did this
46. Stalker does this to your dreams

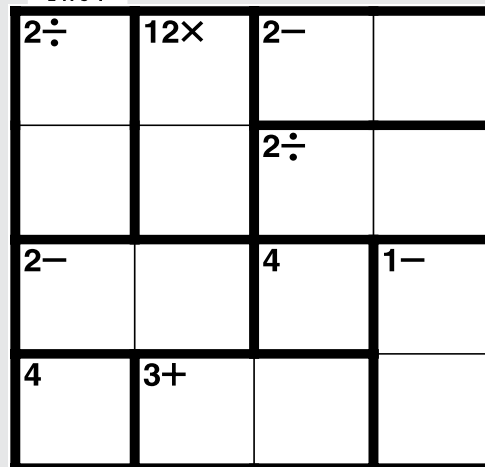
48. Elton John "Stone cold ___ as a matter of fact"
50. Lenny Kravitz 'I Don't Want To Be ___' (1,4)
51. Asia was a '___ Survivor' after everyone else vanquished
52. '10,000 Days' band that goes with a box or shed?
53. Echo & The Bunnymen 'What ___ Are?' (2,2)
54. Finer of The Pogues
55. Deftones grabbed their 'Battle ___' and headed to war
56. Richard Thompson 'The Old ___ Bag'

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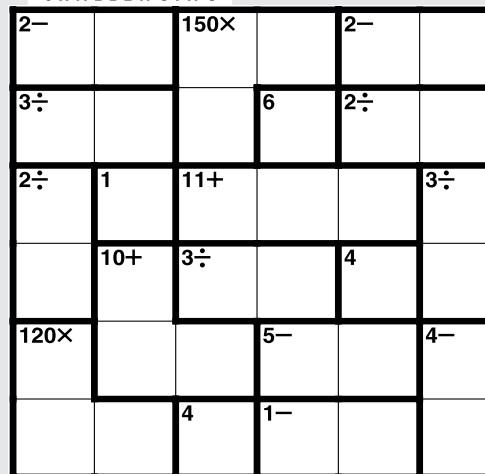
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EASY



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CHALLENGING



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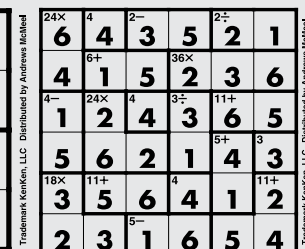
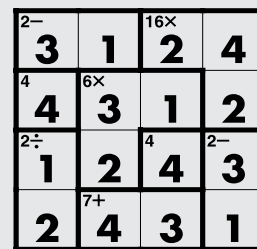
RULES

- 1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- 2 The numbers within the heavily

outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.

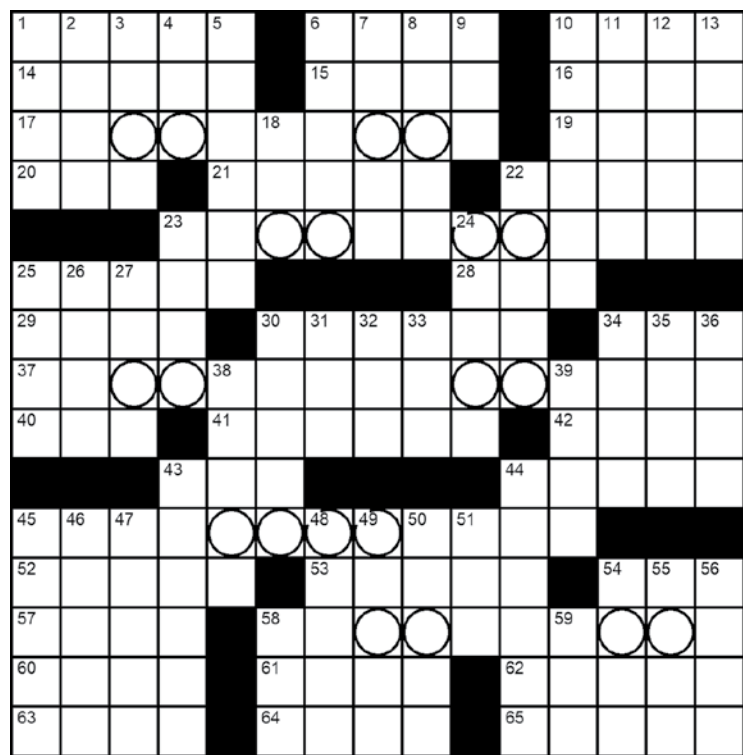
- 3 Freebies: Fill in single-box cages with the number in the top-left corner.

PREVIOUS ANSWERS



5-26-20

"Double Negatives" — it's one way to double up



Across

- 1 Maker of Musk cologne and perfume
- 6 1990 World Series MVP Jose
- 10 Ruler of Iran, once
- 14 "Legend of a Cowgirl" singer Coppola
- 15 No longer a fan of
- 16 Sagacious
- 17 Subject of library censorship
- 19 Like many vaccines
- 20 Before, to Byron
- 21 ___ terrier (Toto's breed)
- 22 Fantasy sports option
- 23 Bandleader known as "The King of Swing"
- 25 Orchard measures
- 28 Basis of the game Ticket to Ride, for short
- 29 "Dawn" author Wiesel
- 30 Awards show hosts
- 34 Twaddle
- 37 In fine order
- 40 Multi-vol. reference set
- 41 Lets pass
- 42 Fridge problem
- 43 Life story

- 44 Basil and pine nut topping
- 45 Cheap bowlful, maybe
- 52 "Magpie and the Dandelion" band The ___ Brothers
- 53 Prepare for baking, as challah dough
- 54 "The Racer's Edge"
- 57 Coin-shaped Hanukkah candy
- 58 Pet owner's alternative to kibble
- 60 Kathryn of "Law & Order: Criminal Intent"
- 61 One way to run
- 62 Actress Dreyfuss of "Dear Evan Hansen"
- 63 Yelp rating unit
- 64 Past the due date
- 65 Canadian ballplayers, once

- 30 ___ a high note
 - 31 "2001" studio
 - 32 CBS show with many spinoffs
 - 33 911 responder
 - 34 High degrees
 - 35 Enormously
 - 36 One who believes that one hand makes light work?
 - 38 "___ Mad At Cha" (Tupac Shakur song)
 - 39 Little piggies, perhaps
 - 43 Recovering
 - 44 Hawk
 - 45 Goes ballistic
 - 46 Deflect
 - 47 Peach ___ (Escoffier creation)
 - 48 Appointer of Justice Kagan
 - 49 "Ready ___, here I come!"
 - 50 Thanks, to Jürgen
 - 51 "Where's the ___?"
 - 54 Stock option?
 - 55 Lawnmower brand that means "bull" in Spanish
 - 56 BlackBerries and Palm Pilots, e.g.
 - 58 Schenkel who designed many Zappa album covers
 - 59 Not-entirely-secure method of sending documents
- © 2020 Matt Jones

Down

- 1 Agree (with)
- 2 Epps of "House M.D."
- 3 Barn attachment
- 4 "Barbara ___" (Beach Boys hit)
- 5 Family tree members
- 6 Batman's sidekick
- 7 Soap that floats, per old slogans
- 8 "The Masked Singer" panelist Ken 9 1978-82 sitcom planet
- 10 Suit in a tarot deck
- 11 U.S. Grant's original first name
- 12 Carne ___ fries
- 13 "Hobbs & Shaw" actress Mirren
- 18 Rather prominent on the internet these days
- 22 Many a museum marble
- 23 Served as
- 24 108-year-old cookies that thankfully have a bunch of varieties to keep things fresh
- 25 Prefix with plane or dynamics
- 26 You're reading it
- 27 What a tangelo is tangled up in?

R&R answer from pg 33 of 7/16



Jonesin' answer from pg 36 of 7/16



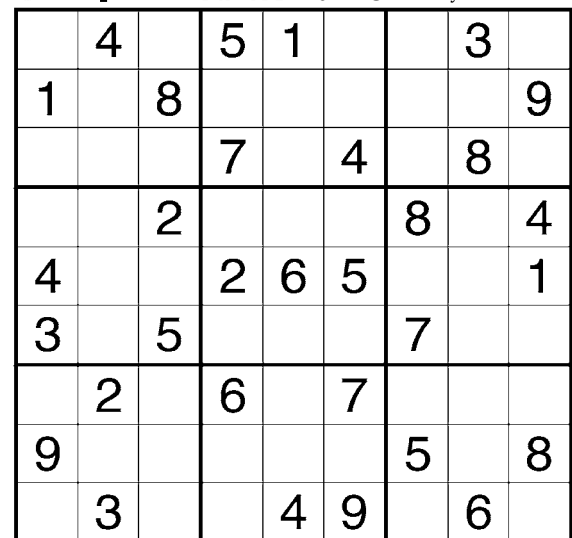
Jonesin' Classic answer from pg 38 of 7/16



NITE SUDOKU

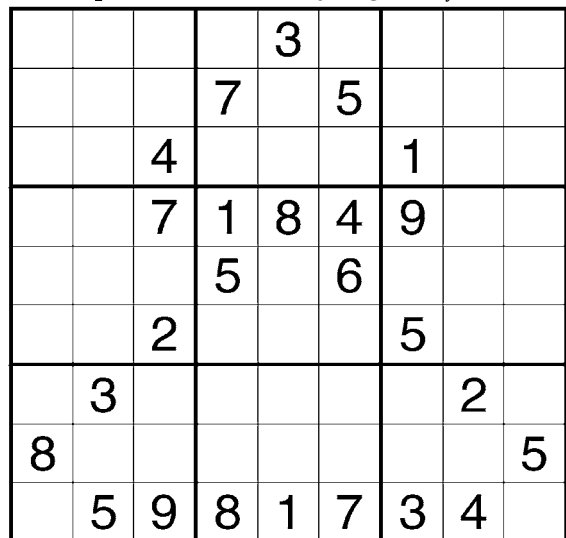
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week's puzzle answers on pg 37.

Conceptis Sudoku Puzzle A By Dave Green



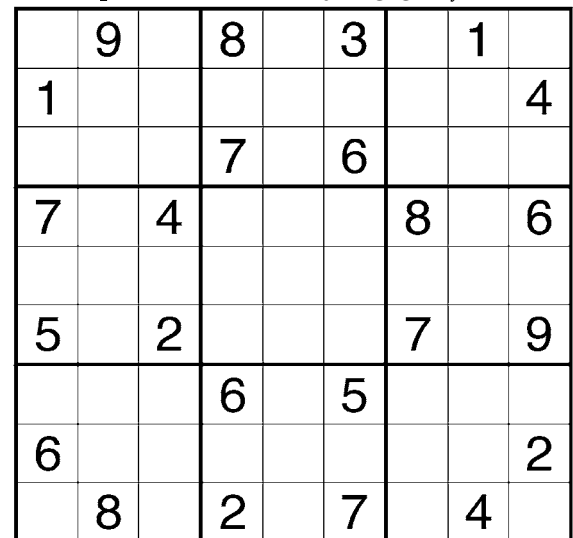
Difficulty Level ★

Conceptis Sudoku Puzzle B By Dave Green



Difficulty Level ★★★

Conceptis Sudoku Puzzle C By Dave Green



Difficulty Level ★★★★★

All quotes are from *The Flame Trees of Thika*, by Elspeth Huxley, born July 23, 1907.

Leo (July 23 – Aug. 22) *The prospect of a party, even if it consisted only of one guest with nothing beyond a clean pair of socks in his saddle-bag, always gave Tilly's eye a sparkle and her laugh a new contagious gaiety. Party time!*

Virgo (Aug. 23 – Sept. 22) *A simple grass hut could be built in a couple of days, but this needed organization.... You can't just throw grass in a heap and expect a hut.*

Libra (Sept. 23 – Oct. 22) *'... And when the coffee's made a fortune for you, what will you do with it?' 'I don't know what comes first,' Tilly answered. 'Robin wants a castle in Scotland, and I should like a safari across the Northern Frontier into Abyssinia and home by the Nile. And then I'd like to own a balloon, and to breed New Forest ponies, and to get to China on the trans-Siberian railway, and to have a model poultry farm, and buy a Daimler, and fish in Norway — oh, and lots of other things.' Yeah, sure, just snap your fingers and it's yours.*

Scorpio (Oct. 23 – Nov. 21) *So that was why she was upset He did not know the reason, and went off thinking her careless and touchy. Avoid misunderstandings.*

Sagittarius (Nov. 22 – Dec. 21) *My reply caused the sort of laughter any child dislikes, because it has a ring of patronage; but Juma had made a meringue-crust pudding with which I was able to console myself.... There is pudding for you.*

Capricorn (Dec. 22 – Jan. 19) *I became friends with Sammy. To the Kikuyu he was stern and often arrogant, but to us he was always polite and dignified. Spread kindness to everyone.*

Aquarius (Jan. 20 – Feb. 18) *I discovered gradually that a legend existed to fit every bird and beast ... they were for women and old men to repeat to children in the smoky, firelit evenings.*

Pay attention at story time.

Pisces (Feb. 19 – March 20) *'But what will I do for the dinner,' she cried in deep dis-*

ress, 'when there's no prime beef to be had in the country, and no decent turkeys either, and the fowls the size of starlings, and the mutton tough as old boots?' Cereal. Or salad.

Aries (March 21 – April 19) *In our circle of cool shade ... we inhabited a different world from the sun-soaked Kikuyu ridges that stretched to meet a far, enormous sky.... It was as if we sat in a small, darkened auditorium gazing out at a stage which took in most of the world. All you need is one good tree.*

Taurus (April 20 – May 20) *An ant carrying a speck of food hurried across the dusty plain under Lettice's eye. With a twig, she gently pushed it aside to change its direction, but each time it turned back to resume the course on which it was set. Ant beats twig.*

Gemini (May 21 – June 20) *... I was allowed to help scoop moist earth round the seedlings, and press it in with my fingers, which had all the delight of making mud pies with the added pleasure of utility.... Got mud? Make pie!*

Cancer (June 21 – July 22) *She disapproved of romantics, but of course was one herself, though she concealed it like a guilty secret. Self-acceptance is important. 🍷*

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 people in a peanut gallery (8)	_____
2 crowded together (11)	_____
3 bauble (6)	_____
4 hodgepodge (8)	_____
5 nonsense (8)	_____
6 pull a con game on (8)	_____
7 cheerleader accessory (6)	_____

CH	LAM	OCK	FRA	OCK
HMA	GEW	FF	SH	IMF
GAW	FL	ABL	CLA	MIS
POM	AP	POM	RIF	PTR

7/19
Last Week's Answers: 1. HOTELIER 2. COLDCOCK 3. HOTHOUSES 4. GOLDNESS 5. HOTCAKES 6. COLDFLAY 7. HOTLINE

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8/1 • 3PM & 8PM



G. Love & Special Sauce
8/14 • 8PM



Guster
8/15 • 3PM & 8PM



Badfish: A Tribute to Sublime
8/21 • 8PM



The Allman Betts Band
8/22 • 3PM & 8PM



Martin Sexton
8/28 • 8PM



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Sudoku Answers from pg 36 of June 16th

Puzzle A

9	1	4	5	8	7	6	3	2
3	7	5	6	2	1	8	9	4
2	6	8	4	3	9	5	7	1
4	2	6	7	1	3	9	5	8
5	9	3	8	4	6	2	1	7
7	8	1	9	5	2	4	6	3
6	3	9	2	7	8	1	4	5
1	4	2	3	6	5	7	8	9
8	5	7	1	9	4	3	2	6

Puzzle B

1	8	9	4	6	2	3	5	7
6	5	4	3	9	7	8	1	2
2	7	3	1	5	8	4	6	9
9	4	1	7	2	5	6	8	3
5	6	8	9	1	3	7	2	4
7	3	2	6	8	4	1	9	5
3	9	6	5	7	1	2	4	8
4	2	5	8	3	6	9	7	1
8	1	7	2	4	9	5	3	6

Puzzle C

2	5	7	4	3	8	9	6	1
8	6	4	9	1	7	3	2	5
3	9	1	6	2	5	4	7	8
4	2	9	5	6	1	7	8	3
5	7	3	8	9	4	6	1	2
1	8	6	2	7	3	5	9	4
6	3	8	7	4	2	1	5	9
7	1	2	3	5	9	8	4	6
9	4	5	1	8	6	2	3	7

Sign of the times

A perfect storm may be brewing to strike down the long-maligned one-cent coin, the penny. Earlier this year, the U.S. Mint cut back on coin production to keep its workers safe amid the Covid-19 pandemic, reported NPR's *Planet Money*. At the same time, people stopped spending, especially with cash, and word of a coin shortage spread, prompting some stores, such as Kroger, to start rounding their prices to avoid making coin change. Last year, the mint made more than 7 billion pennies, almost 60 percent of its total coin production, and each one-cent coin cost TWO cents to produce, putting the loss at more than \$72 million. Still, the mint has no plans to eliminate the coin. It's been up and running at full capacity since mid-June, and according to spokesman Michael White, about 40 percent of the coins it has produced since then have been pennies.

Angry animals

• At Lassen Volcanic National Park in Northern California, five acres around Manzanita Lake were shut down after a man was attacked by an otter on June 25. Park Superintendent Jim Richardson told the Redding Record Searchlight the unnamed man was swimming in the river and came too close to the otter's offspring, known as kittens. "It is significant anytime an animal attacks a human," Richardson said. He did not believe the man was seriously injured, and he said the otter would not be relocated. "It's the protective momma

(doing her job), and the attack came as a surprise," he said.

• Neighbors on Occidental Street in a North Oakland, California, are at odds over the presence of Bruce, aka Paco, aka Peter, aka Pierre, aka Abraham ... a peacock. While some residents are happy to welcome him, SFGate.com reported on July 15, others want him to move on and have lodged a complaint with the city. "For the past 15 weeks or so he has screamed relentlessly, every day," Jesse T. wrote on the Nextdoor app. "It literally feels like he is inside my house." The peacock is believed by Animal Control to be feral. But Dennis Fett of the Peacock Information Center in Minden, Iowa, thinks Bruce/Paco/Peter is providing a service. "They're like a watchdog," Fett said. "They have keen hearing. (The neighbors) should count their blessings."

Chutzpah!

Amber Gilles made news in San Diego, California, in June when she posted a photo of Starbucks barista Lenin Gutierrez, complaining that he "refused to serve me cause I'm not wearing a mask. Next time I will wait for cops and bring a medical exemption." In response, KGTV reported, Matt Cowan of Irvine started a GoFundMe page to collect tips for the barista who "faced ... a Karen in the wild," and soon raised more than \$100,000, which Gilles now claims she should get half of. "I've been discriminated against," Gilles said, noting that hiring a lawyer to help her get her half was too

expensive, so she has started her own GoFundMe page to raise money. Gutierrez said he plans to use the money to further his education and follow his dream of being a dancer.

Latest religious message

Maintenance workers pruning trees in Itaquiraí, Brazil, on July 9 discovered a compelling image in a fresh cut from a willow tree. Some of them were convinced that Jesus Christ was depicted in the wood grain of the branch. Oddity Central reports Odimar Souza, who was overseeing the work, posted the image online and explained that just before the image was discovered, the chain on the worker's chainsaw broke and had to be replaced. Back at work, "we cut this same trunk in two pieces and that was when this perfection appeared," Souza wrote.

Inexplicable

An unnamed 37-year-old man driving along a Lincoln, Nebraska, street on July 14 came upon Dominic Kinser, 20, beating a car with a shovel, KOLN reported. After the man pulled over and got out of his car, Kinser turned his anger on him, according to police, yelling at the man and then going into his garage, where he grabbed a rifle, which he pointed at the passerby. Kinser, who police determined owned the car, was charged with making terroristic threats and possession of a deadly weapon in the commission of a felony.

Animal lovers in Maine

• At the Inn Town Motel in Norway, Maine, manager Andrew Coombs was not happy when he entered the room rented by Sean Schoomaker and his girlfriend July 11, hoping to collect payment, and discovered more than 50 large spiders, most of them tarantulas, in plastic boxes. "I booted him," Coombs told the Sun Journal. "He must have snuck them all in at night. We never would have allowed that in our motel." Animal Control officer Robert Larabee responded to the motel, and the Maine Warden Service confiscated the arachnids, taking them to a facility for exotic animals in Lewiston. Schoomaker was cited for possession of three tarantulas that are illegal in the state.

• Officers from the Somerset County (Maine) Sheriff's Department and the Maine Drug Enforcement Agency searched the apartment of Jessica Hutchins, 36, looking for drugs on July 13, which they found, according to Sheriff Dale Lancaster. "We also got an alligator out of her home," he told the Morning Sentinel. The 2-foot-long gator was being kept in Rubbermaid tubs, but, Lancaster said, having an alligator in Maine is illegal without proper permits. Officers seized a total of \$12,000 worth of drugs along with the alligator, and Hutchins and several accomplices were charged with a number of drug-related crimes. The gator was removed by the Maine Warden Service.

Visit newsftheweird.com.

JONESIN' CROSSWORDS BY MATT JONES

"Metal on Metal" — what's that sound?

Enjoy this Jonesin' Crossword, originally printed in 2012!

Across

- 1 Scrooge McDuck's is great
- 7 Big ___, Calif.

- 10 Boss Hogg's deputy
- 14 Full
- 15 Prefix for terrorism or tourism
- 16 542-year-old Smurf
- 17 Does some comic book work
- 18 With 61-across, baking item
- 20 Court figure?
- 21 Stumped
- 22 Peccadillo
- 23 Talk incessantly
- 26 Words exchanged at the altar
- 27 Classic Christmas song sung by Burl Ives
- 34 Drink of choice for Chelsea Handler
- 36 Lymph ___
- 37 Go out with
- 38 Steinbeck extras
- 39 Stat in an airport terminal
- 40 Parrot's relative
- 42 Green Day drummer ___ Cool
- 43 Goes quickly, old-school
- 44 Egg producer
- 45 Typical line from a gangster movie bad guy
- 49 "___ was saying..."
- 50 It goes boom
- 51 Calendar pgs.
- 54 Lines on a weather map
- 58 Woolly beast

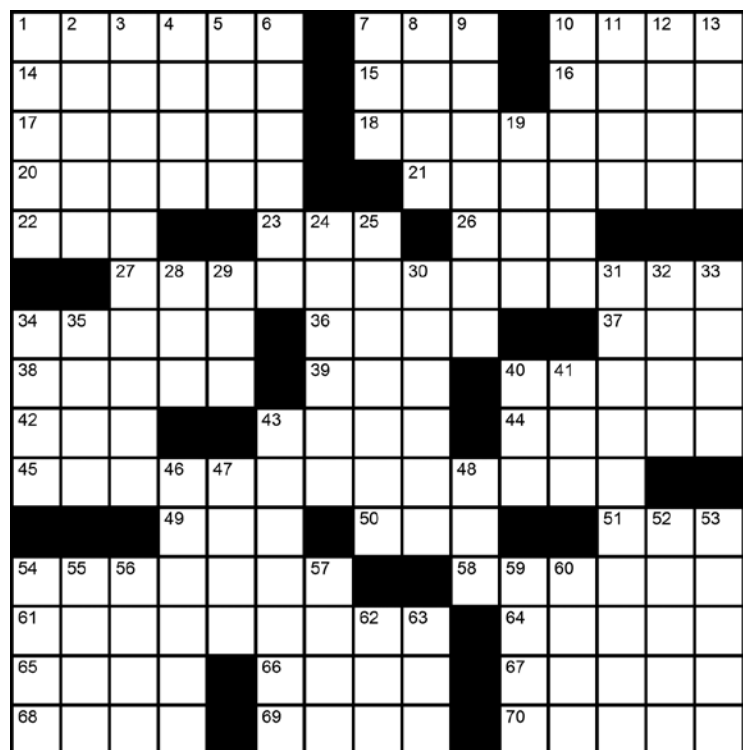
- 61 See 18-across
- 64 "I just remembered..."
- 65 "That's ___ and you know it!"
- 66 Slippery and snaky
- 67 Nobel Prize-winning physicist Bohr
- 68 Precious
- 69 Way too precious
- 70 George and Jane's son

Down

- 1 "The Rocky Horror Picture Show" character Janet ___
- 2 Boredom, to Beaumarchais
- 3 Plan to lose
- 4 It may be a big to-do
- 5 Small jazz combo
- 6 Shakespearean play with the phrase "The game's afoot"
- 7 Irish or North
- 8 College home to Joe Bruin
- 9 Well-worn comedy bit
- 10 Postscript
- 11 iPod variety
- 12 ___ Dei ("The Da Vinci Code" group)
- 13 ___ Club
- 19 Anti-drunk driving org.
- 24 Epic that tells of the Trojan Horse

- 25 Shield
- 28 "South Park" kid
- 29 "Viva ___ Vegas"
- 30 Includes
- 31 Brand known for its first and second name
- 32 Goneril's father
- 33 Like morning grass
- 34 Take to the polls
- 35 Gumbo ingredient
- 40 Custodian's tool
- 41 5th or Madison
- 43 Required wear for some food servers
- 46 Chemistry class payment
- 47 Morales of "NYPD Blue"
- 48 Bake sale organizer, maybe
- 52 Sponge by 3M
- 53 Full of lip
- 54 Computer debut of 1998
- 55 George Takei character
- 56 "What ___?"
- 57 Dish that simmers
- 59 Like some wolves or gunmen
- 60 "The Amazing Race" host Keoghan
- 62 ___-de-France
- 63 "Science Guy" Bill

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