

the Hippo

JULY 29 - AUGUST 4, 2021

MULCH MADNESS
P. 16

MEALS ON THE
MOVE P. 24

LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

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INSIDE: MUSIC INDOORS & OUTDOORS

Who will take their place?

The recent loss of Meri Goyette is hard to put into words — but here goes.

For anyone who grew up or lived in Nashua since about the time of the Truman administration, Meri was as much a part of the city as the Main Street Bridge or City Hall or the Nashua High School marching band playing “Our Director” every time the Purple Panthers scored a touchdown.

Meri, who passed away last week at age 95, and her late husband Charlie (who we lost a few years ago) both played a huge role in making Nashua a better place for many, many years. And while it’s important to celebrate their accomplishments, it’s also worth asking: who among us will take their place?

The answer, of course, is no one — not exactly.

I don’t think anyone, for instance, will ever match Charlie’s record of delivering more than 10,000 Nashua area babies (me included!) during his decades as a local ob-gyn practitioner.

And Meri — well, we could devote this whole issue of the Hippo to listing the many projects and initiatives she spearheaded to make Nashua a better place, especially in the arts.

That’s another area I can attest to: My first drawing lessons took place in 1972 at the then-new Arts & Science Center on Court Street, which Meri helped champion and make a reality.

Much later, Meri was a big supporter of the Hippo, and never more so when we published a separate edition for Nashua for a few years early on. She practically adopted one of our writers, Seth Hoy, making it her business to invite him to all the receptions and gatherings she frequently hosted at her home.

For decades, she and Charlie were local ambassadors for making Nashua the best place it could possibly be. In terms of the classic movie *It’s a Wonderful Life*, they both helped Nashua trend more toward Bedford Falls than Pottersville.

And who can take their place? Truly, no one. But with the Goyettes now gone, it’s up to us to try — to channel our inner Meri and Charlie, and make our own efforts to make our own communities the best they can be. Keeping in mind their stellar example, we can all make a difference.

For all their interest in the arts, and in sculpture in particular, I think that’s one monument that the Goyettes would most appreciate.

Jeff Rapsis is an associate publisher of the Hippo.



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195 McGregor St., Suite 325,
Manchester, N.H. 03102
P 603-625-1855 F 603-625-2422
hippopress.com
email: news@hippopress.com

EDITORIAL**Executive Editor**

Amy Diaz, adiaz@hippopress.com

Managing Editor

Meghan Siegler,
msiegler@hippopress.com, Ext. 113

Editorial Design

Tristan Collins
hippolayout@gmail.com

Copy Editor

Lisa Parsons, lparsons@hippopress.com

Staff Writers

Angie Sykeny
asykeny@hippopress.com, Ext. 130
Matt Ingersoll
mingersoll@hippopress.com, Ext. 152

Contributors Michelle Belliveau, John Fladd,
Jennifer Graham, Henry Homeyer, Michele Pesula
Kuegler, Dave Long, Fred Matuszewski, Jeff
Mucciarone, Eric W. Saeger, Michael Witthaus

Listings

Arts listings: arts@hippopress.com
Inside/Outside listings: listings@hippopress.com
Food & Drink listings: food@hippopress.com
Music listings: music@hippopress.com

BUSINESS**Publisher**

Jody Reese, Ext. 121
jreese@hippopress.com

Associate Publisher

Dan Szczesny

Associate Publisher

Jeff Rapsis, Ext. 123
jrapsis@hippopress.com

Production

Tristan Collins, Jennifer Gingras

Circulation Manager

Doug Ladd, Ext. 135
dladd@hippopress.com

Advertising Manager

Charlene Nichols, Ext. 126
cnichols@hippopress.com

Account Executives

Alyse Savage, 603-493-2026
asavage@hippopress.com
Roxanne Macaig, Ext. 127
rmacaig@hippopress.com
Tammie Boucher, support staff, Ext. 150

To place an ad call 625-1855, Ext. 126
For Classifieds dial Ext. 150
or e-mail classifieds@hippopress.com

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**ON THE COVER**

10 CORNHOLE! This fun-for-everyone game can be found everywhere from backyards to bars and can range from casual pick-up play to tournaments with die-hard cornhole enthusiasts. Find out why you might want to give it a try, plus where to play.

ALSO ON THE COVER, your garden could probably use some mulch, p. 16. Get your meals to go at a new spot in Hopkinton and a, p. 24. And find all kinds of concerts and shows in our Nite section, starting on p. 32.

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NEWS & NOTES

Covid-19 news

With its public health update on July 20, New Hampshire surpassed 100,000 overall cases of Covid-19 since the start of the pandemic last year. As of July 26, there were 364 active cases, 23 hospitalizations and 1,385 overall deaths that have been attributed to the virus.

On July 21, Gov. Chris Sununu responded to the federal government's extension of the non-essential travel ban between the United States and Canada through at least Aug. 21, calling the decision "absurd" to delay the border opening for another month. "It harms our small businesses and families, and does not follow the science," Sununu said in a statement.

Also on July 21, the University of New Hampshire announced in a press release that it has obtained a federal grant to perform surveillance for Covid-19 variants in the state. The \$757,000 grant from the National Institutes of Health, according to a press release, enables UNH to perform testing in its lab in partnership with New Hampshire Public Health Laboratories and the state Department of Health & Human Services.

During a July 22 press conference, state epidemiologist Dr. Benjamin Chan reported that the state has averaged about 40 new infections of Covid-19 per day over the previous week. "This is a small increase from about a month ago, when we were averaging around 20 or so new infections per day," he said. "Similarly, the test positivity rate is also showing an increase, [at] around 1.9 percent over the last week." Overall,

however, Chan added that the level of community transmission statewide has remained low. "Despite some of the increases we've seen, New Hampshire has one of the lowest rates of Covid-19 currently in the country," he said.

Dr. Beth Daly, Chief of the Bureau of Infectious Disease Control of the New Hampshire Department of Health & Human Services, also provided an update during the press conference on vaccine distributions in the state. "The number of new people getting vaccinated each day has slowed down over time, [but] we still have about 1,000 new people each week," she said. While New Hampshire is no longer allocated a weekly amount of vaccine doses from the federal government, health care providers can order them on an as-needed basis.

According to a July 23 press release, Sununu signed HB 220, known as the "medical freedom" immunization bill, into law. Under the new law, New Hampshire residents cannot be required to be vaccinated in order to access public facilities, benefits or services. It also allows mandatory immunizations in prisons and jails. The new law does not apply, however, to county nursing homes, the state psychiatric hospital or other medical facilities operated by the state.

Anti-discrimination

Guidance related to the new discriminatory practice prohibitions for public employers and government programs that were passed as part of House Bill 2 was issued last week by Attorney General John M. Formella, Department of Education

Commissioner Frank Edelblut and Commission for Human Rights Executive Director Ahni Malachi. Two frequently asked questions documents are now available at doj.nh.gov that further explain the new anti-discrimination laws, one for public employees and government programs and one for K-12 educational programs.

According to the guidance, HB2 was passed on June 25 and includes sections 297 and 298, Right to Freedom from Discrimination in Public Workplaces and Education. "There has been much discussion about this law and what prohibitions it imposes on public employers, government programs, and schools," the document reads. "The purpose of these FAQs is to provide guidance to public employers, government program administrators, and school systems as they review their compliance with this new law."

Questions address things like what public employers and government programs are prohibited from training and advocating: "In short, do not train or advocate that a person or a group is inherently oppressive, superior, inferior, racist, or sexist. Train and treat all equally and without discrimination," the document reads. In the K-12 educational programs FAQ, one question asks whether the law prohibits teachers from teaching U.S. history. "No. Nothing prohibits the teaching of historical subjects including, but not limited to: slavery, treatment of the Native American population, Jim Crow laws, segregation, treatment of women, treatment of LGBTQ+ people, treatment of people with disabilities, treatment of people

Coppal House Farm in **Lee** is hosting its annual Sunflower Festival from Saturday, July 31, through Sunday, Aug. 8, from 10 a.m. to 6 p.m. daily. According to a press release, the 4-acre field of sunflowers is only open during this festival. There will also be live music, food vendors, a wine garden, a craft fair and more. Tickets are available at the farm stand or at nhsunflower.com

On July 22 the New Hampshire Department of Environmental Services issued an advisory after observing a cyanobacteria bloom on Governors Lake in **Raymond**. The previous day it issued a cyanobacteria advisory for Marsh Pond in New Durham. According to a press release, the advisories are intended for people who use the water bodies for recreation, as the blooms can release toxins that can cause acute and chronic health problems. See updated advisories at twitter.com/NHDES_Beaches.

Peter Holland, a longtime race team coach at Pats Peak in **Henniker**, was honored with the Lifetime Achievement Award during Ski New Hampshire's annual business meeting earlier this month. According to a press release, the award was presented posthumously to his wife Roberta Holland. Peter Holland began his ski career at Pats Peak as a ski instructor in 1980 and dedicated decades to teaching and coaching skiers of all ages, the release said.

The **Merrimack** Fire Department was called to the Merrimack Premium Outlets on July 24 after employees of one store received what they thought was a suspicious package, according to a report from WMUR. The hazardous materials team in Nashua was also called in, and the package was determined to be safe, but all shoppers and employees were evacuated, and the outlets remained closed for the rest of the day, the report said.

based on their religion, or the Civil Rights movement. Nor does anything prohibit discussions related to current events including, but not limited to: the Black Lives Matter movement, efforts to promote equality and inclusion, or other contemporary events that impact certain identified groups."

The documents note that the term "divisive concepts" is not found anywhere in the new law, and that nothing in the new law prohibits these entities from examining issues related to equity, diversity, inclusion, equality and other related topics. They also recognize that such topics may make people uncomfortable, but that does not mean that the training has violated New Hampshire's anti-discrimination laws and does not give employees or participants the license to refuse to participate in the training without consequence.

Auto insurance

The New Hampshire Insurance Department has issued a reminder to consumers to notify their auto insurance company immediately after getting a new vehicle. "Recent complaint investigations have shown that not all consumers are notifying their carriers when they are purchasing used or new vehicles," Keith Nyhan, Director of Consumer Services at NHID, said in a press release. "The failure to notify their carrier has created situations where consumers are unknowingly uninsured." According to the release, people typically have only a short grace period to notify their carrier. If they miss that window and the vehicle is not insured, they could be held financially responsible for injury and property damage caused while driving that vehicle.

Covid-19 update	As of July 19	As of July 26
Total cases statewide	99,966	100,286
Total current infections statewide	224	364
Total deaths statewide	1,382	1,385
New cases	196 (July 13 to July 19)	320 (July 20 to July 26)
Current infections: Hillsborough County	69	92
Current infections: Merrimack County	27	44
Current infections: Rockingham County	40	85

Information from the New Hampshire Department of Health and Human Services

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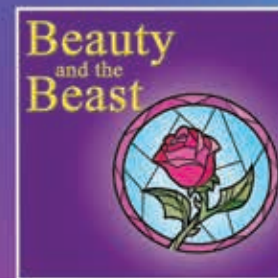


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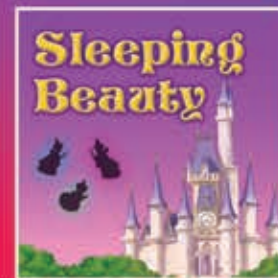
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Still growing

Local farmers contend with heavy rain, dip in demand

Shawn Jasper, Commissioner of the New Hampshire Department of Agriculture, Markets & Food, gave an update on the current growing season and how local farms are doing.

Q: *How is the summer growing season going so far?*

It's sort of a mixed bag as to what's going on out there. ... Things started out very dry for much of the state. There was enough moisture that many of the farms, particularly the ones that were growing hay for forage, had a very good first crop, but then they were very concerned about the second crop. To a large degree, in the areas where a lot of the hay is grown, we never really got into a drought, but we were in dry conditions. Now the problem for most of our farms is that things are too wet. ... We're getting a lot of rain and just enough sunshine that the corn is shooting up like crazy, but for some of the other crops in some areas, like tomatoes, it's not enough sunshine. ... The other problem is we're not having three days of dry weather to really be able to get out into the field. That's a concern at this point, because second cutting should be well underway and almost wrapped up in most areas, but farmers can't [work]. I've heard of some farmers who are out in the field trying to do various things and getting stuck, and that's never a good thing. ... Still, it's certainly a lot better than where we were last year, when everyone was running out of water or their irrigation ponds were going dry and it was just one thing after another.

What conditions would be ideal for farmers for the rest of the season?

We're praying for some sunshine at this point, for an extended period of time. Four or five days without any rain would really allow the vegetables and crops to take advantage of the moisture that's in the soil. We could be poised for a very good remainder of the year, and all the fruits and vegetables are probably going to do pretty well if things dry out and don't just immediately go back into another drought. Ideally, we should have a rainstorm about once a week, not once every other day.

How are local farms doing business-wise?

During the pandemic, our farmers markets and farm stands did very well. I hoped that people would continue to buy from our local farms, but that's one case



Shawn Jasper. Courtesy photo.

where things have gone back to normal. We need more people to buy more local products if agriculture is going to expand in New Hampshire. We're all a lot healthier when we're eating local food and getting those fresher products into our systems. It's going to be a little bit more expensive, but as we're seeing, [food] is getting more expensive anyhow, even at the grocery store.

What are farmers doing to protect their livelihood?

There's no question [farming] is a challenge in New Hampshire, and it probably always will be, but New Hampshire farmers are smart. We're seeing a lot more innovative farming methods. A lot more people are using high tunnel greenhouses; they don't require any heat because they allow natural heat to be trapped within the greenhouse, which means farmers can start their seasons earlier. We had local corn on the Fourth of July because [the crops] were started under black plastic, which, again, traps heat and allows the corn to get a great start. Farmers are trying all the methods that are out there.

What is the best thing people can do for their home gardens right now?

Be aware of their soil conditions. A lot of the nutrients are leaching out of the soil with this large amount of rain, so putting in some extra fertilizer is going to be helpful. — *Angie Sykeny* 🌱

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Greek was a Freak in Game 6



A really good NBA Finals came to an exciting conclusion right before our last edition hit the streets, so today is the first chance I have to gush over it. It was pretty good salvo for local hoop-ers burned by a sickening, under-achieving Celtics season. But that's a gripe for another day.

Today I want to talk about **Giannis Antetokounmpo** in Game 6. It was a "climb on my back, boys, I'm taking us home" inspirational effort that brought to mind Yaz in the final two weeks of 1967, when he closed out the greatest pennant race ever by going 7 for 8 and knocking in the winning runs in the final two games to drag the Sox over the finish line to their first pennant in 21 years. Which is exactly what the Greek Freak did.

I'm mixing my sports and eras, but that's the point. I spent the next day trying to decide where his incredible 50-point, 14-rebound, five-block game ranks among the best championship-winning and season-ending closeout games I personally have seen. Which, among others, leaves out **Tommy Heinsohn's** 36-point, 23-rebound Game 7 vs. the St. Louis Hawks as the Celtics won their first title in 1957, and **Bob Pettit's** 50 and 19 game when the Hawks' returned serve on the Cs in Game 7 the next year.

It's easier than you think, because most jump to mind. Though, probably because their greatest seemed so routine, none oddly do for **Michael Jordan** or **Tiger Woods**, whose best closeout games muster just honorable mention.

Here are the guidelines for consideration. We're looking for an individual in a game that clinches the championship and meets two of the following criteria: (1) not judged just on stats, (2) helps the team overcome being outmanned or fills a hole for an injured star, (3) completely dominates the game with a spectacular flair, (4) the effort strongly answers critics who've been yakking at them all series or all year, and (5) an "it's me against the entire other team" effort that brings to mind **King Kong** hanging onto the flagpole on the Empire State Building while trying to fight off the squadron planes buzzing around him with the other hand. And the winners are:

Magic Johnson – 1980 NBA Finals: MVP **Kareem Abdul-Jabbar** is out for Game 6 with L.A. up on Philly three games to two. So who in the name of **George Mikan** plays center? Rookie **Magic Johnson** does and goes for 42 points, 15 rebounds and 7 assists in a 123-107 rout to give the Lakers their first of five titles in the 1980s.

Bill Walton – 1973 NCAA Finals: Walton shreds the hopes of my at-the-game friend **Jeff Eisenberg** and his hometown Memphis State Tigers with an unstoppable 21-for-22 effort from the field in a 44-point, 13-rebound night to

lead UCLA to its seventh straight NCAA title.

Jack Nicklaus – 1986 Masters: He hadn't won a major since 1980 and at 46 was never in contention until the back 9 hole on Sunday. But then he shoots a record-breaking 30 to grab the sixth green jacket no one ever thought he'd get.

Sandy Koufax – 1965 World Series: Throwing 130 pitches in a three-hit, 10-strike-out Game 7 shutout on two days, after shutting Minnesota down with a four-hit, 10k, 135-pitch gem in Game 5.

Tom Brady – Super Bowl 51: Down 28-3 deep in the third quarter, he hits **James White** for a five-yard TD to start a 25-0 run that gives the signature win of the dynasty, 34-28 in OT as Brady goes 43-62 for 466 yards and two TDs.

Reggie Jackson – 1977 World Series: His manager hated him and so did just about everyone else, it seemed, as they waited for him to fail. But he didn't, and after the Yanks charged into the World Series he hit five homers vs. L.A., including three in Game 6 with the exclamation point to his critics being a titanic blast into the center field bleachers to clinch the series.

Secretariat – 1973 Belmont Stakes: The only one of these I saw in person and I picked a doozy. In becoming the first Triple Crown winner since Citation in 1947, he delivered a performance for the ages when the lead coming down the stretch was so big not even **Dave Wottle** could have caught him.

Vince Young – 2006 Rose Bowl: In the best football game I've ever seen, Young passed for 269 yards, ran for another 200, scored three times and led the pulsating final drive to give Texas a 41-37 win in the national title game. It was King Kong on the ESB.

Phil Esposito – Canada-U.S.S.R. Summit of 1972: It was just an exhibition series. But it really wasn't. It's too hard to comprehend the magnitude of what this series meant if you didn't live then. Nothing today is remotely close. Canada was in deep trouble after going down 3-1-1 in the eight-game series. Especially with the last being played back in the U.S.S.R. But they got back to 3-3-1 to set up a winner-take-all final in the shadow of the (gulp) Kremlin. Big trouble again as they went down 5-3 late in the final period, before Espo scored and then assisted on the final two, including **Paul Henderson's** game-winner with 34 seconds left for a tension-ridden 6-5 win. With a four-point game Espo was immense to give him the best closeout game I've seen anyone ever have.

So where does that leave Giannas? He was Kong holding off the planes with clutch play after clutch play on O and D. And by going 18 for 20 from the foul he also told all the count-down mockers to stuff it, pal!

That puts him third best overall.

Nice job, big fella.

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NEWS & NOTES

QUALITY OF LIFE INDEX

Smoke in the air

Earlier this week — and for the second time in two weeks — the New Hampshire Department of Environmental Services issued a statewide advisory due to high concentrations of fine particle air pollution. Officials called for an Air Quality Action Day on July 26 and July 27 and advised children and older adults, people with lung disease such as asthma, emphysema and bronchitis, and people who are active outdoors to limit prolonged outdoor exertion. According to a press release, the air pollution is being caused by the wildfires in the western U.S. and central and western Canada. The air quality was expected to improve on Wednesday, with winds pushing smoke plumes out of the area, but as of Tuesday morning the wildfires were still burning, which could mean more Air Quality Action Days for New Hampshire.

Score: -1

Comment: *Even healthy individuals are encouraged to limit outdoor activity, as particle pollution exposure may cause chest pain, palpitations, shortness of breath and difficulty breathing, the release said.*

Mission accomplished

With much fewer Covid-19 cases than at the height of the pandemic, and with strong vaccination rates throughout the state, the Senior Support Team of New Hampshire has ended its operations supporting senior residential facilities. According to a press release, the fully remote, all-volunteer organization was formed in April 2020 to support assisted living facilities and other senior residential facilities in New Hampshire through the pandemic. Covid Response Liaisons were available every day to communicate with senior facilities, providing facility leaders with guidance, and a statewide team advocated for supplies or services to help make outbreaks in senior facilities less likely. About 55 senior residential facilities participated in the Covid Response Liaison program, the release said.

Score: +1

Comment: *The rapid organization of this all-volunteer group, and its work throughout the pandemic, is impressive, but the real positive here is the fact that it's no longer needed.*

Beware of Child Tax Credit scams

Advance payments of the Child Tax Credit from the Internal Revenue Service are now being delivered to families, and along with them are new scams that criminals are using to steal money and personal information. According to a press release, any families that are eligible for the credit should be on the lookout for phone, email, text message and social media scams, specifically communication offering assistance to sign up for the Child Tax Credit or to speed up the monthly payments. When receiving unsolicited calls or messages, taxpayers should not provide personal information, click on links or open attachments, the release said.

Score: -1

Comment: *If you are eligible for advance payments of the Child Tax Credit, the IRS will use information from your 2020 or 2019 tax return to automatically enroll you for advance payments, and there is nothing further that you need to do, the release said.*

Thriving school systems

New Hampshire has the fifth best school system in the country, according to a recent study released by personal finance website WalletHub, which compiled data of 32 key measures of quality and safety. According to the study, New Hampshire ranks No. 1 in Median ACT Scores and in Existence of Digital Learning Plan. Other Top 10 ratings include No. 3 in Pupil-Teacher Ratio, No. 4 in Reading Test Scores and No. 6 in Math Test Scores.

Score: +1

Comment: *Overall, we ranked fourth for quality and 12th for safety. Massachusetts ranked first overall, snagging the top spot for both quality and safety.*

QOL score: 82

Net change: 0

QOL this week: 82

What's affecting your Quality of Life here in New Hampshire? Let us know at news@hippopress.com.

75

50

THIS WEEK

BIG EVENTS JULY 29, 2021 AND BEYOND

Saturday, July 31

Lucas Gallo plays Fletcher-Murphy Park (28 Fayette St. in Concord) today at 6 p.m. as part of the Bank of New Hampshire Stage's Music in the Park Series. Gallo released his newest EP, *Time*, last week. Tickets cost \$12 plus a \$3 fee; see banknhstage.com.



Lucas Gallo. Photo by Sid Ceaser.

and drink for sale in the Winter Garden Cafe. Today, the live musical performance is by Charlie Chronopoulos and the tours are of the exhibits "Tomie dePaola at the Currier" (at 5:30 p.m.) and "Roberto Lugo: Te traigo mi le lo lai — I bring you my joy" (at 6:30 p.m.). Advance online registration is recommended, according to the website.

Friday, July 30

The Nashua Silver Knights will play the Westfield Starfires today at 6 p.m. with fireworks to follow the game at Holman Stadium (67 Amherst St. in Nashua). The Silver Knights will face Westfield again on Sunday, Aug. 1, in a doubleheader, the first game of which starts at 3 p.m. Tickets to games start at \$8 for adults, \$6 for kids. See nashuasilverknights.com.

Saturday, July 31

Olympic competition continues this week, as does the competition at the **Doggy Olympics**, a series of

activities held by the New Hampshire Dog Walking Club. Today at 10 a.m. it's the Canine Fitness Challenge at Canine Strong in Concord. Or perhaps the Bubble Catching Game on Monday, Aug. 2, 6:30 p.m. at Friendly Pets Dog Park in Lee is more your dog's speed. Find information on all the events and how to register your four-legged competitor at nhdogwalkingclub.com/2021-doggy-olympics-events.

Saturday, July 31

Take the kids to Greeley Park in Nashua for a **Fairy Tale Concert** with Party Pal-

ace, which starts at 11 a.m. The event is part of the city's SummerFun programming (see nashuanh.gov) and kids are invited to dress up as their favorite fairy tale characters, according to the brochure, which also said the event will feature princesses interacting with the kids for singing, dancing and more. 🍌



Save the Date! Friday, Aug. 6

Catch **Recycled Percussion** Aug. 6 and Aug. 7 at 8 p.m. at Lakeport Opera House (781 Union Ave. in Laconia; 519-7506, lakeportopera.com). Tickets start at \$25.

Thursday, July 29

The Merrimack Valley Military Vehicle Collectors Club will hold its annual Weare Rally today through Saturday, July 31. The event includes vendors (including food vendors), demonstrations, military vehicle displays and more. On Saturday, admission will cost \$5 and the rally will be open from 7

a.m. to 4 p.m., according to mvmvc.org.

Thursday, July 29

At the Currier Museum of Art's (150 Ash St. in Manchester; currier.org, 669-6144) weekly **Art After Work**, admission is free on Thursdays from 5 to 8 p.m. and you can enjoy live music, free tours and food

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Cornhole!

*The friendly game
that's fun for everyone*

603 Cornhole hosts a cornhole fundraising event at the fields at Epsom Central School. Courtesy photo.

By Angie Sykeny
asykeny@hippopress.com

When local cornhole enthusiasts Shon Haley and Brian Fletcher started the 603 Cornhole league in 2014, they started it out of necessity; at that time, there were few opportunities for New Hampshire's small but fervent cornhole community to get together for organized games and events.

"We figured there are leagues for bowling and pool and all that type of stuff," Haley said, "so why shouldn't we have a league for cornhole?"

Now, not only does New Hampshire have opportunities to play — it's a nationwide hotspot for the game. With 78 teams, 603 Cornhole is one of the largest cornhole leagues in the country; Londonderry is home to Game Changer, the country's only cornhole-specific sports bar; and American Cornhole League Pro Sheila Roy hails from Hooksett.

"I go to events across the country, and I will say that the folks here [in New Hampshire] have so much passion for the game," Roy said. "That's not to say people aren't passionate about it elsewhere, but the people who play here locally love not just the game, but the whole scene of it."

Phil Parker, a cornhole boardmaker from Deerfield and early member of 603

Cornhole, moved to New Hampshire from Virginia around 13 years ago. Cornhole has always been popular in the South, he said, so its absence in New Hampshire came as a surprise.

"I brought my boards up with me [during the move] and could not find anyone who knew anything about cornhole, so I would just play by myself in my yard," he said.

Parker said he remembers when the sport really started "taking off" after 603 Cornhole was formed and in the years that followed.

"It grew from [being] just me, Shon [Haley], Brian [Fletcher] and a couple other friends, to six new people the next week, then eight new people, then 20 new people," he said.

If you still have no idea what cornhole is or how it's played, here's the abbreviated version, based on the American Cornhole Association rules: Two teams of two players compete. There are two smooth plywood boards measuring four feet long and two feet wide, with a hole 6 inches in diameter positioned at the far end of the board, which is elevated one foot above the ground so that it sits at a slant. The boards face each other 27 feet apart, with one player from each team standing on either side of each board. From there, players take a series of turns underhand-throwing 6-by-6-inch square bags, traditionally filled with feed corn, at the board across from them.

A bag that lands and stays anywhere on the board is worth one point. A bag that is thrown into the hole or pushed into the hole by another bag — theirs or their opponent's — is worth three points. The first team to reach 21 points wins.

There are a couple different approaches to the game: You could focus all of your energy on getting the bag in the hole and scoring points for your team — and that's a perfectly valid way to play, Haley said — or you could employ a bit more strategy to try to keep your opponent from scoring points.

"Sometimes it's better to throw a bag right in front of the hole on purpose," Haley said. "That tends to make your opponent not throw as good of a throw, or [they] throw their bag over the top [of the board] because they're trying not to knock your bag in the hole."

There are a number of cornhole leagues in New Hampshire with different formats. Some are more casual, with games held on an ongoing basis that are open to drop-ins and will even pair single players with a partner. Others, including 603 Cornhole, run more formal seasons and tournaments.

"Pretty much any night of the week, whether you're a beginner or a more advanced player, you can find something somewhere within New Hampshire involving cornhole," Haley said.

In May 2020, brothers Bob and Rod-



ACL Pro Sheila Roy of Hooksett. Courtesy photo.

ney Carrier opened Game Changer, a 6,000-square-foot facility with a bar and eight indoor regulation cornhole courts. The venue is used by organized cornhole leagues and groups for weekly games and tournaments; private parties, charity fundraisers and corporate events; and people just looking to have a fun night out.

CONTINUED ON PG 12 ►

Play cornhole



Cornhole courts at Game Changer Sports Bar and Grill in Londonderry. Courtesy photo.

Leagues and groups

- **603 Cornhole** All skill levels are welcome. League seasons are September through November; January through March; and April through June. The cost is \$100 per team for a league session. Drop-ins looking to try it out or play a one-night game can usually be accommodated. Non-league games continue in July and August every Thursday. 603 Cornhole also hosts official ACL events. Visit facebook.com/603cornhole.

- **Cornstars Cornhole** All skill levels are welcome, with opportunities for both social and competitive play. Blind draw/round robin drop-in tournaments are held most Fridays at 7 p.m. at Game Changer Sports Bar and Grill (4 Orchard View Drive, Londonderry), and every Tuesday at 7 p.m. during the summer outdoors at Town Cabin Deli & Pub (285 Old Candia Road, Candia). Bring your own bags. Entry costs \$15, \$10 for first-timers. Visit facebook.com/cornstarscornhole.

- **Franklin Cornhole League** All skill levels are welcome. League season starts in the fall; information on the 2021-2022 season TBA. Visit facebook.com/franklincornholeleague.

- **Lakes Region Baggerz Cornhole** All skill levels are welcome, with social and competitive divisions. Blind draw/round robin games held every Wednesday at 7 p.m. at Lakes Region Casino (1265 Laconia Road, Belmont). Entry costs \$15. League games are held on Saturdays. Visit facebook.com/Lakesregionbaggerz.

- **Skull It Cornhole** All skill levels are welcome. Blind draw/round robin games every Wednesday night at AJ's Sports Bar & Grill (11 Tracy Lane, Hudson). Players accumulate points, with playoffs held for top players. Entry costs \$15. Visit facebook.com/skullitcornhole.

Special events

- Raymond High School students will have a charity **Cornhole Tournament** for Special Olympics NH and Big Brothers Big Sisters

of New Hampshire in the upper fields at Iber Holmes Gove Middle School (1 Stephen K. Batchelder Parkway, Raymond) on Saturday, July 31, with registration at 9 a.m. and the tournament starting at 10 a.m. The cost is \$30 for single players and \$60 for teams of two. The tournament is open to ages 14 and up. Visit bbbsnh.org.

- Less Leg More Heart will host its first annual **Cornhole Tournament** on Saturday, Aug. 7, from noon to 6 p.m. at White Birch Brewing (460 Amherst St., Nashua). The cost is \$100 for competitive teams and \$50 for social teams. Cash prizes will be awarded. Tickets are available on Eventbrite. Visit lesslegmoreheart.com.

- **The Bags on the Beach Cornhole Tournament** takes place at Hampton Beach on Saturday, Sept. 11, with check-in from 11 to 11:30 a.m., and the first tournament at noon. Signups for a second tournament to be held later that day will be available after the first tournament, estimated to begin around 3 p.m. There will be cash prizes for the top three winning teams. Registration costs \$50 per team. Visit seafoodfestivalnh.com/cornhole-tournament.

Anytime play

These venues have open-play cornhole boards and host various cornhole events throughout the year. (Availability and fees may vary depending on demand and when in use for organized events).

- **AJ's Sports Bar & Grill** (11 Tracy Lane, Hudson, 718-1102, ajs-sportsbar.com)

- **Block Party Social**, 51 Zapora Drive, Hooksett, 621-5150, blockpartysocial.com

- **Bonfire Country Bar** (950 Elm St., Manchester, 217-5600, bonfire.country)

- **Game Changer Sports Bar and Grill** (4 Orchard View Drive, Londonderry, 216-1396, gamechangersportsbar.com)

- **Revolution Taproom & Grill** (61 N. Main St., Rochester, 244-3022, revolutiontaproomandgrill.com)

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Courtesy of 603 Cornhole.

“We didn’t have to build up a clientele or anything; the cornhole community came right in and hit it hard right from the start,” Carrier said. “We had tournaments going every night almost right away.”

The vision for Game Changer, Carrier said, was to create a sports bar that is also a “family-oriented place,” and having cornhole as the focal point has facilitated that atmosphere.

“We don’t get people coming in here to do a bunch of shots,” he said. “We get families with babies; people in their 50s, 60s, 70s; husbands and wives; fathers and sons; mothers and daughters — cornhole brings everyone together because anyone of any age can play.”

Roy can attest to that; she’s 56 and was accepted for her first season as an ACL Pro this year.

“It doesn’t have a barrier like other sports,” she said. “There’s no advantage to being tall or fast or strong or a certain age. It’s a level playing field for everyone, so I always felt like I could do this, and keep competing at a higher and higher level.”

To anyone who is hesitant about playing due to their athletic ability, Roy said don’t be; she had never played or even heard of cornhole until around seven years ago.

“There are folks who just pick it up really quickly, some who would totally surprise you,” she said. “You just can’t know until you throw a bag.”

◀ CONTINUED FROM PG 10

“We started playing with some of these [local] cornhole groups, and we realized that they didn’t have any place to play during the winter. They just kind of stopped,” Bob Carrier said. “We saw an opportunity.”

Game Changer was an instant success.

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MEET PHIL PARKER

Phil Parker is the owner of Kustom Woodz, where he builds custom cornhole boards out of his home wood shop in Deerfield.

Parker became interested in making cornhole boards around 15 years ago while living in Virginia, not long after being introduced to the game. It started as a hobby, making boards for his family and friends. The first board he ever made was one with a Budweiser/Bud Light logo.

“I was basically just taking a piece of plywood and two-by-fours, painting them and putting a sticker on it,” he said. “It has evolved from that into making league-quality boards with the best materials.”

There wasn’t much demand for cornhole boards in New Hampshire, he said, until around four years ago. That’s when he turned his hobby into an official business. He started working with a local print shop using a UV flatbed printer to transfer the custom designs - which can be personal photos, business logos or any other kind of image - onto the boards.

“The technology with UV printing has really taken off, so I jumped on that,” he said. “It’s much better having the image printed directly onto the wood itself, as opposed to a sticker, which is going to end up peeling or getting pulled off.”

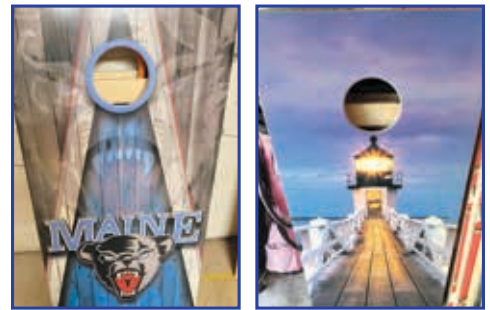
All Kustom Woodz boards are made to ACL specifications and are sealed in three coats of a water-based polyurethane, giving them a glossy, water-resistant finish. This not only protects the custom image, Parker said, but also ensures that the boards have the surface texture that regulation boards are supposed to have.

“Pretty much all of the cornhole leagues around here order their boards through me,” he said. “If you go to a cornhole tournament, you’re expecting your bag to [move across the board] at a certain speed, according to the ACL specs that you’re used to.”

Parker said he expects to make and sell between 1,000 and 1,200 boards this year, for leagues as well as for individuals and families who want cornhole boards for their personal use.

“You can give me a picture of your son or your daughter, or your dog or your horse, or your boat or your Harley-Davidson, whatever, and we’ll personalize a board for you,” he said. “People like to have that to take camping or put in their yard.”

See “Kustom Woodz” on Facebook or email kustomwoodz603@gmail.com.



Custom cornhole board made by Phil Parker of Kustom Woodz. Courtesy photo.

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ARTS

Art by all

Creative Union bringing Nashua community together

By Meghan Siegler
msiegler@hippopress.com

Nashua's arts scene is expanding in the coming months as the whole community teams up for Creative Union, an art project designed to bring people together and showcase all of the programs the city has to offer.

"We're amplifying and highlighting Nashua's diverse community and the history of the city and the spirit of the city," said Samantha Cataldo, Curator of Contemporary Art at the Currier Museum of Art, which co-organized the project as part of the museum's Nashua Endowment, created to support Currier-organized arts programming for Nashua. "Everything about the project is in and for the communities of Nashua."

Creative Union got underway in June, and the free workshops have been a success so far, Cataldo said. There are still five public workshops left, and anyone in the city can come create festive paper sculptures and handmade decorations.

"The theme of the work is this idea of a community garden, so people have been making things like large-scale flowers that are made out of papier-mache," Cataldo said.

The first workshop took place during the Black Lives Matter Nashua Juneteenth Celebration. Cataldo said that more than 100 people made paper freedom flowers and leaves.

Everything created during these workshops, which are Phase 1 of Creative Union, will be part of a final celebration happening this fall.

"By the end of the summer a downtown space that will have been [vacated] will be filled with all of these sculptures that the community has made, from the freedom flowers to the growing vines that

people made at the farmers market," Cataldo said. "It will be an explosion of color, of these really fun paper sculptures and decorations."

That final installation is part of Phase 2, which will also feature nine days of community programming that may include performances, dance parties, community dinners, artmaking workshops and more. Cataldo said the exact location of the final art installation can't be revealed just yet, and the exact dates are still being determined as well, though it will likely be sometime in October.

For now, the focus is still on getting the community together to create these paper works of art. Along with the public workshops, Cataldo said the Currier has been working with specific community groups, like kids' camps, to create the paper flowers and decorations. The kids at Nashua Community Music School's summer camp, for example, made bigger flowers on which they wrote the things they like about living in Nashua, and then made a smaller flower to write about what they think the community needs more of.

"It's art-making, but everything has kind of a conversation piece," Cataldo said. "It's sort of encouraging ... people to think about what's special about their community and also be more engaged with what's going on and what's impacting them."

For anyone who can't attend any of the remaining five workshops, there are take-home kits for making triangular bunting, with special markers, blank shapes and instructions. Cataldo said so far about 150 kits have been given out.

The Currier is co-organizing Creative Union with the City of Nashua as well as Elisa Hamilton, a multimedia artist from the



Community members make paper art at recent Creative Union workshop held at Nashua's farmers market. Courtesy photo.

Boston area who was brought on to develop the project.

"Whenever I'm working with a new community it's incredibly important to me to learn about that community before developing a project idea," Hamilton wrote in an email.

Hamilton has worked closely with the Mayor's Office throughout the process.

"Early on, I learned so much about vibrant arts initiatives already happening in Nashua, as well as other great public programs such as the Sunday Farmer's Market ... [and] the many fantastic nonprofits for Nashua doing

such terrific things," she wrote. "My work is very much about bringing people together, so the idea of a 'Creative Union' — a joyful, creative centerpoint that would bring all of these groups together, along with the broader Nashua community — was really the foundational inspiration for this project."

Cataldo encourages anyone of any age to come participate in the remaining workshops.

"It's a really fun way to come together, be part of a whole," she said. "Everything is provided, and no experience is necessary." 🍃

Upcoming Creative Union workshops

**Nashua Farmers Market,
Great American Downtown**
City Hall Plaza

Sunday, Aug. 8, and Sunday, Aug. 29, 10 a.m. to 2 p.m.

YMCA of Greater Nashua
24 Stadium Drive

Thursday, Aug. 5, 4 to 7 p.m. and Saturday, Aug. 7, 10 a.m. to 1 p.m.

Grow Nashua

Community Garden on Spring Street
Thursday, Aug. 12, 6 to 8 p.m.

You can pick up the take-home artmaking kit at Arlington Street Community Center (36 Arlington St.) or at YMCA Greater Nashua (24 Stadium Drive in Nashua or 6 Henry Clay Drive in Merrimack). Art should be completed and returned by Aug. 6.

Art

Exhibits

• **"FASHION FORWARD: AFRICANA STYLE"** Exhibit showcases Black fashion and explores connections between African American and African design aesthetics from past to present. The Seacoast African American Cultural Center (located inside the Portsmouth Historical Society, 10 Middle St., Portsmouth). On view now through Sept. 1. Gallery hours are Monday through Sunday, from 10 a.m. to 4 p.m.; visitors must reserve a 45-minute time slot in advance. Walk-in guests will be accommodated as space permits. Tickets cost \$10 for the general public and \$5 for His-

torical Society members and are available through eventbrite.com. Visit saacc-nh.org.

• **"THE BODY IN ART: FROM THE SPIRITUAL TO THE SENSUAL"** Exhibit provides a look at how artists through the ages have used the human body as a means of creative expression. On view now through Sept. 1. Currier Museum of Art, 150 Ash St., Manchester. Museum admission tickets cost \$15, \$13 for seniors age 65 and up, and must be booked online. Call 669-6144 or visit currier.org.

• **"TWILIGHT OF AMERICAN IMPRESSIONISM"** Exhibit showcases New England painters and masters of impressionism Alice Ruggles Sohler

and Frederick A. Bosley. On view now through Sept. 12. Portsmouth Historical Society (10 Middle St., Portsmouth). Gallery hours are daily, from 10 a.m. to 5 p.m. Admission costs \$7.50 for adults and is free for kids under age 18, seniors age 70 and older and active and retired military. Admission is free for all on the first Friday of every month. Visit portsmouthhistory.org.

• **"ROBERTO LUGO: TE TRAIGO MI LE LO LAI - I BRING YOU MY JOY"** Philadelphia-based potter reimagines traditional forms and techniques with inspiration from urban graffiti and hip-hop culture, paying homage to his Puerto Rican heritage and exploring his cul-

tural identity and its connection to family, place and legacy. The Currier Museum of Art (150 Ash St., Manchester). On view now through Sept. 26. On view now. Currier Museum of Art, 150 Ash St., Manchester. Museum admission tickets cost \$15, \$13 for seniors age 65 and up, and must be booked online. Call 669-6144 or visit currier.org.

• **"TENSION: PROCESS IN THE MAKING"** The Surface Design Association's (SDA) New Hampshire Group presents an exhibit featuring fiber art and textiles by New Hampshire artists. July 24 through Sept. 4. Twiggs Gallery (254 King St., Boscawen). Visit twigsgallery.wordpress.com or call 975-0015.

• **"SUMMER HAZE"** Concord artist and gallery owner Jess Barnett hosts her first group art exhibit. Gallery located in the Patriot Investment building, 4 Park St., Suite 216, Concord. On view Aug. 6 through Sept. 3. Visit jessbarnett.com.

Fairs and markets

• **CONCORD ARTS MARKET** Outdoor artisan and fine art market. Every third Saturday, 10 a.m. to 3 p.m. Now through October. Rollins Park (33 Bow St., Concord). Visit concordartsmarket.net.

• **CRAFTSMEN'S FAIR** Nine-day craft fair featuring work by hundreds of juried League of NH Craftsmen members. Sat., Aug.

7, through Sun., Aug. 15. Mount Sunapee Resort (1398 Route 103, Newbury). Visit nhcrafts.org.

Theater

Shows

• **THE LITTLE MERMAID** The 2021 Bank of New Hampshire Children's Summer Series presents. Palace Theatre (80 Hanover St., Manchester). Wed., July 28, through Thurs., July 29, 10 a.m. and 6:30 p.m. Tickets cost \$10. Visit palacetheatre.org.

• **TELL ME ON A SUNDAY** The Winnepesaukee Playhouse presents. 33 Footlight Circle, Meredith. July 28 through Aug. 14, with showtimes Tuesday through Saturday, at 7:30 p.m., plus matinees on Tuesday, Aug. 3, and

THE ROUNDUP

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"Looking for Seashells," a painting by Maryclare Heffernan. Courtesy photo.

• **Outdoor Shakespeare:** The Dana Center (Saint Anselm College, 100 Saint Anselm Drive, Manchester) presents a Shakespeare on the Green production of *A Midsummer Night's Dream* on Friday, July 30, and Saturday, July 31, at 7:30 p.m. The play will be performed outside on Founder's Green in front of the theater. Bring your own lawn chair or blanket. General admission tickets cost \$25. Visit anselm.edu/dana-center-humanities or call 641-7000.

• **NH antique art:** The New Hampshire Antique Co-op (323 Elm St., Milford) has an exhibit and sale, "Fresh Perspectives," on view in the Co-op's Tower Gallery now through Aug. 31. It features works by New Hampshire artists Peter Milton, Varujan Boghosian, Robert Hughes, Robert Hauser and others, including paintings, prints, sculptures, assemblages and collages. Visit nhantiquecoop.com or call 673-8499.

• **A memoir on grief:** The Toadstool Bookstore in Nashua and Peterborough presents a virtual author event with Cathleen Elle on Thursday, July 29, at 6 p.m. Elle will discuss *Shattered Together: A Mother's Journey From Grief to Belief. A Guide to Help You Through Sudden Loss*. The memoir documents the author's 10-year journey of finding healing, meaning and forgiveness after the unexpected death of her son. Register online for the free event, which will be held over Zoom. Visit toadbooks.com or call 673-1734.

• **NHAA artists in Manchester:** The New Hampshire Art Association will feature work by two of its artist members at its new exhibit venue, Creative Framing Solutions, located across from the Palace Theatre at 89 Hanover St. in Manchester,

during August. Joe Flaherty of Portsmouth is an oil painter whose paintings "aim at being curious, mysterious and peculiar before they aim at being representational or affirmative," he said in a press release. Maryclare Heffernan of Candia will present a series of paintings titled "A Spray of Sea Salt." "This body of work is about the essence of the ocean, of the feelings that arise in us when we're near the sea," Heffernan said in the release. An opening reception will be held on Friday, Aug. 13, from 5 to 8 p.m. Gallery hours are Tuesday through Friday, from 10 a.m. to 5 p.m., and Saturday, from 10 a.m. to 3 p.m. Call 320-5988 or visit nhartassociation.org.

• **Small town tale:** The Peterborough Players (55 Hadley Road, Peterborough) returns with a production of *Our Town* Aug. 4 through Aug. 15, with showtimes Wednesday through Sunday, at 5:30 p.m. Performances will take place at the Players' outdoor theater space, located off Phoenix Mill Lane in downtown Peterborough. The 1938 play by Thornton Wilder tells of love, life and death in the fictional small New Hampshire town of Grover's Corners. According to the Players' website, the company first produced the play in 1940 with consultation from Wilder himself. It has since become the Players' most produced play to date. There will be a talkback immediately following the show on Sunday, Aug. 8. Tickets cost \$47. Visit peterboroughplayers.org or call 924-7585.

— Angie Sykeny 🍀

Thursday, Aug. 5, at 2 p.m. Tickets cost \$20 to \$39. Visit winnepesaukeeplayhouse.org.

• **DANI GIRL** The Winnepesaukee Playhouse presents. 33 Footlight Circle, Meredith. Now through July 31, with showtimes Tuesday through Saturday, at 4 p.m. Tickets cost \$29 to \$39. Visit winnepesaukeeplayhouse.org.

• **YOU'RE A GOOD MAN, CHARLIE BROWN** Prescott Park Arts Festival (105 Marcy St., Portsmouth). Now through Aug. 15, with shows daily at 7 p.m. More information is TBA. Visit prescottpark.org.

• **CABARET** The Seacoast Repertory Theatre presents. 125 Bow St., Portsmouth. Now through

Sept. 5. Visit seacoastrep.org or call 433-4472.

• **BEAUTY AND THE BEAST** The 2021 Bank of New Hampshire Children's Summer Series presents. Palace Theatre (80 Hanover St., Manchester). Tues., Aug. 3, through Thurs., Aug. 5, 10 a.m. and 6:30 p.m. Tickets cost \$10. Visit palacetheatre.org.

• **RAPUNZEL** The 2021 Bank of New Hampshire Children's Summer Series presents. Palace Theatre (80 Hanover St., Manchester). Tues., Aug. 10, through Thurs., Aug. 12, 10 a.m. and 6:30 p.m. Tickets cost \$10. Visit palacetheatre.org.

• **CINDERELLA** The 2021 Bank of New Hampshire Children's

Summer Series presents. Palace Theatre (80 Hanover St., Manchester). Tues., Aug. 17, through Thurs., Aug. 19, 10 a.m. and 6:30 p.m. Tickets cost \$10. Visit palacetheatre.org.

• **MAD HAUS** The Seacoast Repertory Theatre presents. 125 Bow St., Portsmouth. Sun., Aug. 18, 8 p.m. Tickets cost \$15. The show is also available to livestream. Visit seacoastrep.org.

Classical Concerts

• **SUZUKI STRINGS** Violin students perform. Canterbury Shaker Village (288 Shaker Road, Canterbury). Sun., Aug. 15, 4 p.m. Suggested donation \$10 per person.

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INSIDE/OUTSIDE

Mulch madness

What to use and how to use it

By Henry Homeyer
listings@hippopress.com

— THE GARDENING GUY —

Mulch is commonly used to help suppress weeds and to hold in soil moisture in dry times. There are many different kinds of mulch and it is important to get the right kind, and to apply it properly if you wish to get the benefits of mulch.

The most commonly used type in flower and shrub borders is sold as bark mulch. It is sold in bags, or by the scoop at garden centers to people who have access to pick-up trucks. Bulk mulch is less expensive than bagged mulch if you have a truck or can borrow one from your brother-in-law.

I'm an organic gardener, so I avoid the orange and black mulches. Read the bag before you buy any to see what is in it. According to a report from the University of Massachusetts, the dyes themselves are probably not toxic, but the wood is usually recycled wood from pallets, old decks and scrap. Those sources are dry and accept dye more easily than fresh bark or chipped branches. Recycled pressure-treated wood, if older stuff, may contain arsenic; pallets may have been exposed to spilled toxins.

I often see deep layers of mulch to keep weeds down. However, a layer 4 inches deep will also keep a short rain shower from getting to the soil and your plants. I use an inch or two of mulch, maximum. Yes, some aggressive weeds will poke through a thin layer of mulch, so I try to do a good weeding first.

Chopped leaves are wonderful mulch. Last fall we raked up our leaves and stored them outdoors in a pile. This summer we ran that pile through a chipper/shredder

and turned it into a fine product we use as mulch. You can also use your mower to chop fall leaves before raking them. I have friends who store the chopped leaves in bags in the barn until needed. Chopped leaves rarely blow away after they have been rained on.

In addition to weed suppression, a layer of mulch keeps soils from drying out quickly in the hot summer sun. Essentially, it shades the soil, keeping it moist and cool. In the spring I do not mulch my vegetable garden until after soil temperatures have reached their summer level — say, 60 degrees or more.

In May, I want the sun to heat up the soil as my plants need warm soil to grow in, and seeds need warm soil to germinate. And yes, that means weed seeds will germinate too. But weeding or hoeing the early weeds is not bad and goes quickly — just be sure to get the weeds before they get too big.

Mulch gets broken down over time by soil microbes. That is a good thing — wood chips or leaves that break down add organic matter to your soil and encourage earthworms to aerate the soil and add their castings to the soil, and they are rich in minerals.

Some gardeners tell me that they worry about soil microbes using up nitrogen in the soil as they break down mulch. A nitrogen-starved plant has yellowish leaves, not dark green leaves. But I doubt that you've seen that occur, even in flower beds with plenty of mulch. If it has been a problem, or you worry it will occur, apply some slow-release organic fertilizer on the soil surface before mulching.

In the vegetable garden I mulch with straw or hay. Straw is sold as seed-free and is often grown and cut before seeds

are formed. Nonetheless, straw often does have seeds, much to the dismay of gardeners who have paid a premium price for it. Buy it from a source you trust!

Hay is just grass grown for animal feed that has gotten wet after cutting. Those pampered cows or horses won't eat it, so it is sold as mulch for a few bucks a bale.

I always lay down two to four layers of newspaper on the ground before applying hay or straw. This accomplishes two things: it keeps light away from any weeds that germinate even with a layer of hay, and it slowly breaks down and adds more organic matter to the soil.

In the old days newspapers used dyes with heavy metals, including lead. But now inks are made with soy products and are said to be non-toxic, or at least free of heavy metals. The newspaper itself is made from cellulose derived from trees, though some chemicals are used in producing the paper.

Black plastic will keep weeds from germinating, but it breaks down and goes into the landfill. It's also ugly, and I avoid it. There are various "landscape fabrics" to put under mulch that do help, though pernicious weeds can grow through some kinds. The woven kind is more susceptible to that.

What about papers that have been through a shredder? I don't find them easy to use or aesthetically pleasing. What about coffee grounds? These are quite acidic, and if you collect them at your local coffee shop, use them only for acid-loving plants like blueberries, hollies or azaleas.

I use no mulch in my mature flower beds. By letting perennials mature and spread, they will choke out almost any weeds, except perhaps in early spring. But by now, they shade out all but the most difficult of weeds.

Henry lives in Cornish Flat and can be reached at henry.homeyer@comcast.net. He is the author of four gardening books.



This new bed needs mulch to keep down weeds and hold in moisture. Courtesy photo.

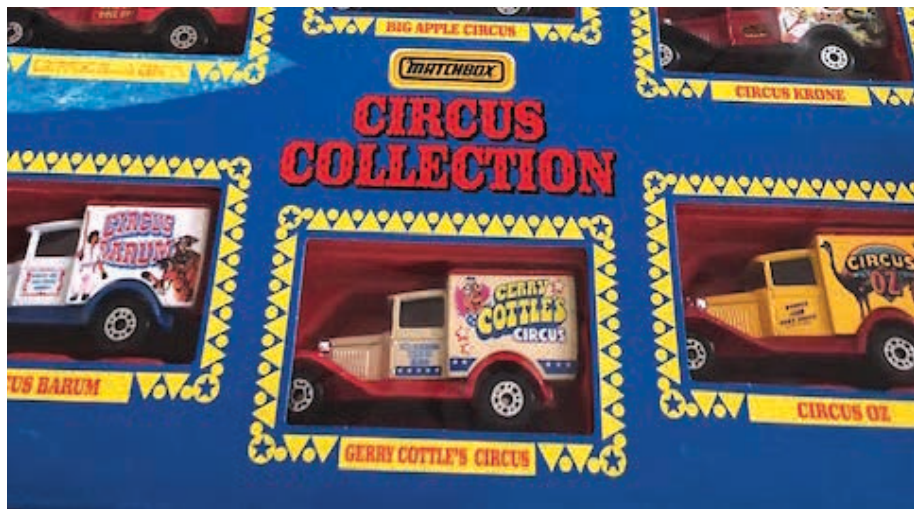


Little or no mulch is needed in a mature garden bed with plants growing shoulder to shoulder. Courtesy photo.



Newspaper around tomato plants will be covered with straw. Courtesy photo.

INSIDE/OUTSIDE TREASURE HUNT



Dear Donna,
Can you help with a current value on this set of Matchbox cars? As you can see, they are in good condition in the box.

Mindy

Dear Mindy,
Matchbox cars are a very collectible market. It all depends on age, rarity and condition.

Your Circus Comes to Town set was from the 1990s, but Matchbox goes back further than that, and you still can find many untouched and in unused condition. With Matchbox cars that's the important key to value. The higher prices

come with mint condition, in-the-original-box cars.

Your set value ranges from \$30 to \$60 in the original box and complete, so keeping it as you found it is important.

Donna Welch has spent more than 30 years in the antiques and collectibles field, appraising and instructing, and recently closed the physical location of From Out Of The Woods Antique Center (fromoutofthewoodsantiques.com) but is still doing some buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550 or 624-8668.

INSIDE/OUTSIDE
KIDDIE
— POOL —
Family fun for whenever

National Night Out

Several towns are celebrating the National Night Out, a community event featuring law enforcement, civic groups and others, on Tuesday, Aug. 3 (see natw.org). Here are some of the highlights:

- In **Bedford**, the celebration features a police department versus fire department softball game, according to the town's parks and recreation website (bedfordreonline.com). The game starts at 6 p.m. at Selvoski Field on County Road.

- In **Concord**, the event will be held at Rollins Park (33 Bow St.) from 5 to 8 p.m., according to concordnh.gov. The evening will feature music, police and fire equipment, K-9 demonstrations, touch-a-truck and food for sale, the website said. Call 225-8600, ext. 3738, with questions.

- In **Goffstown**, the event will run from 5 to 8 p.m. at Goffstown High School (27 Wallace Road) and feature food, a car show (antique and muscle cars according to a video on the police department's Facebook page), a dunk tank, a bounce house, a climbing wall, a petting zoo, tractor rides and live music, according to a July 13 post.

- In **Hollis**, the police, library and recreation commission will hold the event starting at 6 p.m. on Nichols Field behind Lawrence Barn (28 Depot St.) and will offer bounce houses, music, a cookout and a screening of *Finding Nemo* (G, 2003), according to hollisnh.org.

- **Hooksett** celebrates its fourth annual National Night Out from 5 to 7 p.m. in Donati Park (51 Main St.), according to hooksett.org. The evening will feature food, music, a bounce house, touch-a-truck, a K-9 demonstration and more, the website said.

- In **Hudson**, the police department and the Rodgers Memorial Library are partnering for the event, which will take place in the parking lot of the library (194 Derry Road) from 4:30 to 8 p.m., according to the library website. The evening will feature Frisbee dogs, a climbing wall, giant games, live music, touch-a-truck, food trucks and more, according to rogerslibrary.org.

- **Manchester's** event will be held from 5 to 8 p.m. in Arms Park (10 Arms St.) with demonstrations, activities, food, a DJ, representatives from local nonprofits and more, according to a July 13 post on the police department's Facebook page. There will be a display of emergency service vehicles, the Drone Unit, a K-9 unit demonstration and the Mounted Unit, the post said.

- In **Merrimack** at Abbie Griffin Park (6 Baboosic Lake Road in Merrimack; merrimackparksandrec.org, 882-1046) the event runs from 5:30 to 8 p.m. with games, crafts, music (DJ Mike Kelly), food (including hot

dogs, popcorn, ice cream and more) and booths from local groups, including the Merrimack Police Department. At 8 p.m. the movie *The Croods: A New Age* (PG, 2020) will screen.

- In **Nashua**, the Boys & Girls Club of Greater Nashua (1 Positive Place) will host the event from 5:30 to 7:30 p.m. The evening will feature raffles, free food, a meet and greet with local agencies, demonstrations from the Nashua Police Department and more, according to a July 17 post on the Boys & Girls Club Facebook page.

More movie fun

- This Friday's "Pics in the Park" at Greeley Park in Nashua is *Tom and Jerry* (PG, 2021), which will start screening at dusk on Friday, July 30, at the park's bandshell, 100 Concord St. The screening is part of the city's SummerFun lineup; see nashuanh.gov. (See page 9 in this issue for information about Saturday's FairyTale Concert.)

- Follow the Yellow Brick Road to a screening of *The Wizard of Oz* (G, 1939) at O'neil Cinemas at Brickyard Square in Epping (24 Calef Highway; 679-3529, oneilcinemas.com) as part of the summer kids movies series on Monday, Aug. 2, and Wednesday, Aug. 4, at 10 a.m. Tickets to the screening cost \$2 for kids ages 11 and under and \$3 for ages 13 and up. A \$5 popcorn and drink combo is also for sale.

- A movie for the retro-loving teen in your life: 1987's *Adventures in Babysitting* (PG-13) starring Elisabeth Shue. It will screen Monday, Aug. 2, at 8:30 p.m. as part of the Prescott Arts Festival's Monday Night Movie Series. Reserve a spot for this movie in Portsmouth's Prescott Park at prescottpark.org (reservations start at a \$5 general admission with other options for tables or blanket seating).

- The Rex Theatre (23 Amherst St. in Manchester; palacetheatre.org, 668-5588) will be screening some films to raise money for the Manchester Police Athletic League. On Tuesday, Aug. 3, at 7 p.m. catch Disney's *Raya and the Last Dragon* (PG, 2021). On Wednesday, Aug. 4, at 7 p.m. the theater will screen *Rock of Ages* (PG-13, 2007). Tickets to either show cost \$12.

- Another movie for the teens with a taste for retro blockbusters: *Jaws* (1975, PG-13) will begin a run of screenings at Chunky's Cinema Pubs in Manchester (707 Huse Road), Nashua (151 Coliseum Ave.) and Pelham (150 Bridge St.) on Wednesday, Aug. 4, with shows through Saturday, Aug. 7, at 7 p.m. plus screenings at 9 p.m. on Friday and Saturday. Tickets cost \$4.99 and can be purchased in advance on chunkys.com.

Showtime!

- The Palace Theatre (80 Hanover St. in Manchester; palacetheatre.org, 668-5588) continues its 2021 Bank of New Hampshire Children's Summer Series. Finishing up this week's run is *The Little Mermaid* on Thursday, July 29. Next week the production is *Beauty and the Beast*, Tuesday, Aug. 3, through Thursday, Aug. 5. Showtimes are at 10 a.m. and 6:30 p.m. and tickets cost \$10 per person.

- RB Productions presents *The Wizard of Oz*



The Croods: A New Age

(Young Performers Edition) at the Capitol Center for the Arts' Chubb Theatre (44 S. Main St. in Concord; ccanh.com, 225-1111) on Friday, July 30, and Saturday, July 31, at 7 p.m. Tickets cost \$15 for adults, \$12 for seniors and students. RB Productions is a nonprofit community theater organization founded to provide theater opportunities for youth and young theater professionals, according to the website.

- The Prescott Park Arts Festival's production of *You're a Good Man, Charlie Brown*, this year's musical in its annual outdoor musical series, continues with shows this weekend on Thursday, July 29, at 7 p.m. and Saturday, July 31, at 3 and 8 p.m. (the final matinee of the show this season, according to the group's website). Also, on Saturday, July 31, and Sunday, Aug. 1, at 10 a.m., the kids in the festival's camp program will present *Frozen Jr.* For all Prescott Park shows, go online to prescottpark.org to see the reservation options, which start at \$5 per person. Prescott Park is at 105 Marcy St. in Portsmouth.

- Kids get in for free at a Shakespeare on the Green production of *A Midsummer Nights Dream* which will be presented on the green outside the Dana Center (Saint Anselm College, 100 Saint Anselm Drive in Manchester). The production will run Friday, July 30, and Saturday, July 31, at 7 p.m. Tickets for adults cost \$25. Attendees are invited to bring a lawn chair or picnic blanket, according to anselm.edu/dana-center-humanities.

Monsters and comics

If you're looking for an indoor activity for one of these rainy days, there's still time to enter the **Summer Monster Comic Contest** being held by Studio 550 (550 Elm St. in Manchester; 550arts.com, 232-5597). Create a one-sheet comic of at least four frames with an original monster and submit it to Studio 550 by 8 p.m. on Aug. 21 (which is the day of the studio's Monster Hunt event), according to the website, where you can find all the details and guidelines.

Game time

- The next run of **New Hampshire Fisher Cats** home games at Northeast Delta Dental Stadium (1 Line Drive in downtown Manchester; nhfishercats.com) starts on Tuesday, Aug. 3, with games against the Hartford Yard Goats through Sunday, Aug. 8 (when the stadium will hold a Princesses at the Park brunch, tickets to which are \$24). Tuesday and Thursday's games start at 7:05 p.m.; Wednesday's game starts at 12:05 p.m. (For some baseball this weekend, see page 9 for information on upcoming Nashua Silver Knights games). 🍌

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A couple of options for your noisy Forester



By Ray Magliozzi

Dear Car Talk:

Our 2016 Subaru Forester is the noisiest car I've ever driven. And I've been herding cars down the road for 60 years. We hear road noise, wind noise, even cabin fan noise. It makes our ears roar on the highway. Would it help to install additional weather-stripping around the doors, rear hatch and hood? I'm willing to try anything. — William

You're willing to try anything? How about leasing a new Lexus? Additional weather-stripping won't work. It's designed to seal tightly, and if you add more material, the doors won't close. If you think it's noisy in your Forester now, try driving with the doors open. Plus, weather-stripping is only a small component in making a car quieter. There's the mass of the car — more mass absorbs noise — and the amount of sound-deadening material around the passenger compartment. There's thicker, "quiet" glass that can be used, and even noise cancellation technology that can be used through the car's audio system. Then there are the aerodynamics of the car. The more easily it "slips" through the air, the better your mileage and the less wind noise it produces. All that is done in the engineering and design process, so there's nothing you can

do now to change or add those things. What can you do? First, have your mechanic check for bad wheel bearings. These Foresters are famous for that. A bad wheel bearing will sound like there's a garbage truck following you. The noise also can sneak up on you over time, because it gets a little louder each day. Then suddenly, you notice that your wife, in the passenger seat, can no longer hear any of your crackpot ideas. Bad wheel bearings also can be dangerous.

Another thing that might help is newer, better tires. Tirerack.com has a list of tires recommended for your Forester. Under "comfort ratings," you'll find a noise rating, too. Browsing now, the Pirelli Cinturato P7 All Season Plus II gets the best noise rating. If your tires are old, good-quality new ones can make a real difference in noise. You can also remove the cross bars from the roof rack you never use. Roof racks and bicycle carriers add a lot of wind noise.

You might make an appointment with your audiologist to be sure it's not your hearing that's changed rather than your Subaru. Best-case scenario, you need hearing aids, and you can turn them off when you're driving the Forester.

Dear Car Talk:

I've always thought two-door cars, or "coupes," look great. To me, a four-door "sedan" looks like a brick on wheels. My first car, in 1965, was a 1962 Chevrolet Impala SS. A

gift from my aunt, it wasn't a muscle car, yet the overall "look" of the car was beautiful. Since then, every car I've owned has been a coupe. In 2003, it was time to turn in my Nissan Sentra coupe for a new one. To my disappointment, my dealer told me the Sentra was no longer available in a coupe. I went to a nearby Honda dealer and bought a 2003 Honda Accord coupe. Since then, I've owned three Honda Accord coupes. I always buy an extended, seven-year, 100,000-mile warranty. When the warranty is close to expiration, I buy a new car. In 2016, I went to my Honda dealer and was told that Honda also had discontinued the two-door Accord. Rather than change brands again, I decided to keep my 2009 Honda EXL Accord coupe. It only has 67,000 miles and was always well cared for. But looking ahead, are there any car manufacturers that currently offer two-door coupes in a medium to full size vehicle like the Accord? Why have most of the major car manufacturers discontinued two-door coupes? — Tom

Why have manufacturers stopped making two-door cars? Because people started having kids. It's inconvenient having to wedge your way into the back seat of a coupe, despite how much fun it is to see your mother-in-law try. So there's lack of demand; a limited universe of people will even consider two-door cars. The other problem with selling coupes is they're bought by people who value style. And style changes.

Quickly. See also: fashion industry. If a manufacturer spends half a billion dollars to develop a coupe, when it comes out, it's the hottest thing on the market. But a year later, someone else's coupe is the latest thing, and yours sits on the lot. And the automotive business is based on being able to sell the same basic car for five to eight years to recoup the cost of development and tooling. The coupes on the market now fall into two categories: small sports cars (Toyota Supra, Porsche Cayman, Mazda Miata) or luxury coupes for orthodontists who just ran off with their hygienists (Audi A5, BMW 4-Series, Infiniti Q60 coupe). The mildly good news for you is you're not the only one who likes the look of coupes. The latest trend in sedans is "four-door-coupe" styling. Yeah, the name makes no sense, but the idea is to build a four-door car with the silhouette and raked rear roofline of a coupe. Modern manufacturing has made it easier to disguise the rear doors using thinner blacked-out B-pillars.

Look online at the VW Arteon, Audi A5 Sportback or BMW 4-Series Grand Coupe, or even the current Honda Accord, and squint and you'll see what I mean. Maybe you can find one of those you like and can afford, then duct tape the rear doors closed so you don't accidentally convenience yourself. Good luck, Tom.

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ON THE JOB

HEATHER PELOQUIN

ALTERNATIVE AND HOLISTIC HEALTH SPECIALIST

As a registered nurse and certified nutrition therapist and clinical herbalist, Heather Peloquin provides alternative and holistic health services and sells all-natural health products at her business Back in Thyme Wellness and Herbs in Chester.

Q: *Explain your job.*
As a nutrition therapist and clinical herbalist, I do classes and health consultations as well as nutrition and herbal consultations. On the retail side of things, I make customized medicinal herbal tea blends for people based on their health needs, and I make all-natural products for the shop, like herbal salves and balms, all-natural lotions, magnesium oil, headache balm, beard oil, soap, bath bombs — you name it.

How long have you had this job?
I've had the business since 2018 and opened the retail part of it in April of this year.

What led you to this career field and your current job?

I'm originally a registered nurse of 35 years. I've worked in functional medicine for the past 10 years, which led me to continue my education in nutrition and herbal medicine so that I could better help clients. I opened my own business because I enjoy one-on-one interaction with clients and being able to help people with their health needs in a more natural way. Not that I wasn't doing that as a nurse, but having my own business lets me incorporate all of the different aspects of what I do in one area.

What kind of education or training did you need?

I'm a registered nurse, so I have a degree in that. I also have a diploma as a nutrition therapist and master herbalist and certifications as a therapeutic lifestyle educator, clinical weight loss practitioner and a few others.

What is your typical at-work uniform or attire?

Business casual.

What do you wish you'd known at the beginning of your career?

Conventional medicine is very different from holistic or alternative medicine, and I wish I had been exposed to the nutritional and herbal aspects [of health] long before 10 years ago.

What do you wish other people knew about your job?

I wish more people knew how useful plant-based medicine is for treating and managing health conditions, and that they can support their health through the use of natural herbal supplements and nutrition.

What was the first job you ever had?

I worked at McDonald's as a teenager.



Heather Peloquin. Courtesy photo.

What's the best piece of work-related advice you've ever received?

Progress, not perfection.
— Angie Sykeny 🍷

Five favorites

- Favorite book:** The Bible
- Favorite movie:** *O Brother, Where Art Thou?*
- Favorite music:** Bluegrass
- Favorite food:** Cookout food, anything grilled
- Favorite thing about NH:** The seasons

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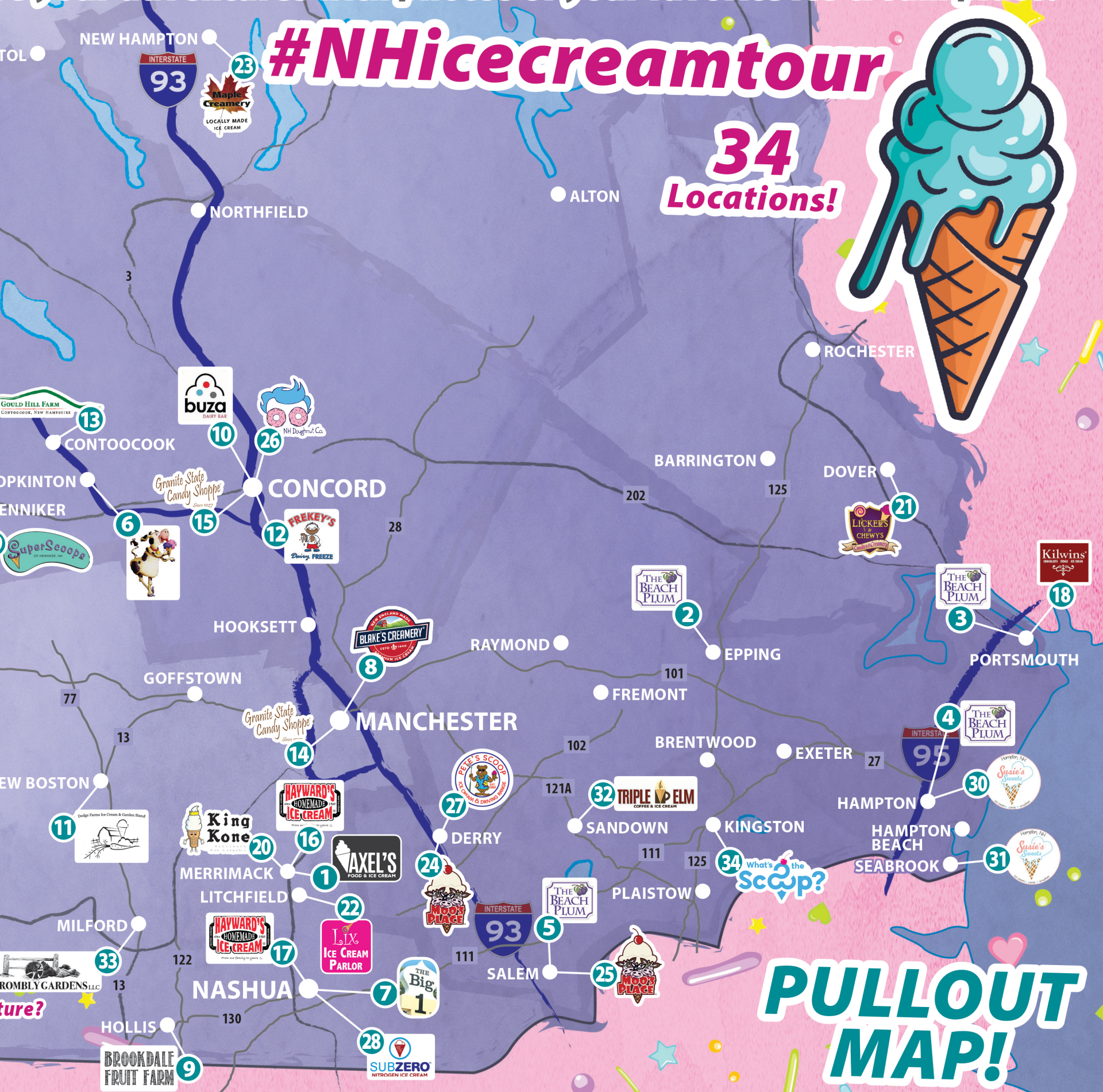


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34
Locations!



PULLOUT MAP!

News from the local food scene

By Matt Ingersoll
food@hippopress.com

• **Take a bite:** August is **NH Eats Local Month**, and the New Hampshire Food Alliance is kicking it off with New Hampshire's Big Bite on Sunday, Aug. 1. The campaign, according to a press release, aims to connect Granite Staters through local food by encouraging everyone to take a "big bite" out of the same local food on the same day. The theme is pancakes — participants can get involved in a variety of ways, from sourcing local ingredients and making pancakes at home with family and friends, to dining out for pancakes at their local restaurant. Several local businesses are getting in on the fun too. Diz's Cafe (860 Elm St., Manchester) will offer a pancake special on Aug. 1, while the Kearsarge Food Hub and Sweet Beet Farm (11 W. Main St., Bradford) will host a community pancake breakfast. The New Hampshire Food Alliance is encouraging everyone to share their big bites by snapping a photo and sharing it on social media with the hashtags #nheatslocalmonth and #nhsbigbite. Visit nheatslocal.com for more details and upcoming campaigns throughout the month of August.

• **New spot for Bedford market:** The **Bedford Farmers Market** has moved to a new location about a mile up the street, in the parking lot of Murphy's Taproom & Carriage House (393 Route 101, Bedford), according to a statement on its website and Facebook page. July 27 was its first date at the new spot, and the market will continue there on Tuesdays, from 3 to 6 p.m., through Oct. 12. Visit bedfordnhfarmersmarket.org or find them on Facebook @[bedfordfarmersmarketnh](https://www.facebook.com/bedfordfarmersmarketnh) for more details.

• **Greek meals to go:** Join Holy Trinity Greek Orthodox Church (68 N. State St., Concord) for its next boxed **Greek dinner to go** event on Sunday, Aug. 8, from noon to 1 p.m. Now through Aug. 4, orders are being accepted for boxed meals, featuring a Greek vegetable medley with rice pilaf, tiropita and a roll for \$15 per person. The event is drive-thru and takeout only — email ordermygreekfood@gmail.com or call 953-3051 to place your order. The church is also planning a similar takeout event for Sunday, Sept. 12, which will feature a meal of pastichio (Greek lasagna) and Greek salad to go. Visit assumptionnh.org.

• **From canning to pickling:** The Rodgers Memorial Library (194 Derry Road, Hudson) will host a virtual program on **preserving fresh fruits and vegetables** on Thursday, Aug. 5, from 6:30 to 8 p.m. Ann Hamilton, food safety field specialist for the UNH Cooperative Extension, will dis-

FOOD

Fresh and balanced

New meals each week at Hopkinton's BB Take Home Kitchen



Pork ponzu meatballs. Photo courtesy of BB Take Home Kitchen.



Tahini vegetable bowl. Photo courtesy of BB Take Home Kitchen.



Falafel wrap. Photo courtesy of BB Take Home Kitchen.

By Matt Ingersoll
mingersoll@hippopress.com

Hopkinton native Emily Knowlton and her mother Deb found success last July with the launch of BB Take Home Kitchen, also known as the Balanced Brussel, a weekly take-home meal business they operated out of a stationary food truck. A year later, the mother-daughter duo has grown out of their mobile space, selling the truck in favor of a new brick-and-mortar location.

BB Take Home Kitchen reopened earlier this month following a brief renovation period, introducing grab-and-go options for the first time, as well as an overall more streamlined ordering process for its meals. Before, pre-ordering was required and meal pickups were only available at the truck within a two-hour window every Tuesday. The new space expands the Knowltons' hours of operation to Tuesday through Friday, from 11 a.m. to 6 p.m.

"The plan will be to have the same as what we have available for pre-order on the website also available in the deli case, so if somebody was driving by they could just stop in and pick up something on their way home," Emily Knowlton

said. "You can still pre-order and you guarantee what's on the menu. But if you just walk in, you can have anything we have in the case."

A graduate of the University of New Hampshire with a degree in nutrition and dietetics, Knowlton offers a new menu each week; once it appears on the website, it's available to pre-order and pick up any time BB's is open. Certain specialty items will be available on Thursdays and Fridays each week.

"I had a lot of people who would order meals for the entire month, so I'm actually going to release them now on a rotating basis," Knowlton said. "So as one week goes away,

the next week will come up, just so that we can keep a couple of weeks in advance for people, and also for us."

Depending on an individual meal's ordering popularity, you might see it rotated out once or twice a month, or several months in between. Next week's featured menu items include ginger sesame chicken with white rice and vegetables; Buffalo chicken macaroni and cheese and a side salad with house dressing; a falafel wrap with house tzatziki sauce and hummus; and a shrimp corn chowder with a side of homemade

cornbread. The specials for later that week will be sauteed lemon chicken, and taquitos with an avocado ranch dipping sauce.

Other items that have been popular with Knowlton's clientele have been the pork ponzu meatballs, a beef enchilada casserole, and a chicken and vegetable stir-fry served over noodles. You'll also find a selection of baked goods out of the display case, from freshly baked chocolate chip and peanut butter cookies to blueberry muffins and jumbo cinnamon rolls.

BB Take Home Kitchen is closed on Saturday, Sunday and Monday to fulfill catering orders, which Knowlton said have "gone through the roof" over the past several months. The space will then reopen each Tuesday with the start of a new menu of take-home options.

"Our event business has picked up probably 300 percent since we started," Knowlton said. "I get weeks where I'll get five inquiries a week, and it probably does have something to do with Covid restrictions being lifted and people starting to plan weddings and parties again." 🍷

““
Our event business has picked up probably 300 percent since we started.”

EMILY KNOWLTON

BB Take Home Kitchen

Where: 633 Maple St., Hopkinton
Hours: Tuesday through Friday, 11 a.m. to 6 p.m. (Weekly menus are posted on a rotating basis; meals can be pre-ordered online, but some items are also available for walk-ins)
More info: Visit bbtakehomekitchen.com, or find them on Facebook and Instagram @[bbtakehomekitchen](https://www.instagram.com/bbtakehomekitchen)

IN THE KITCHEN

WITH **ASHLEY LASKIEWICZ**



Ashley “Ash” Laskiewicz of Fremont is the owner of Beauty & Beast Meals (beautyandbeastmeals.com, find her on Facebook and Instagram), which offers weekly menus of fully cooked meals available to order and pick up on the go. She originally opened a coffee shop about four years ago called the Fremont Town Market, where she started offering grab-and-go meals that would often sell out. Soon after beginning to work with a nutritionist at her gym, Laskiewicz decided to close her coffee shop to focus on serving a weekly menu of health-focused meals, preparing everything out of the same storefront at 25 Spaulding Road in Fremont. There are a few menu staples, like lunch bowls and protein doughnuts and waffles, while other recent items have included cheeseburger stuffed peppers, and a turkey wrap with raspberry chipotle barbecue sauce and mixed greens. New menus are usually posted to her website on Mondays, with orders open until 2 p.m. that Thursday and pickups on Sundays from 9 to 10:30 a.m.

What is your must-have kitchen item?

I’m going to say my metal bowl. I have this big set of metal bowls I got from my grandmother, and I always feel like I’m mixing something in one.

What would you have for your last meal?

Pizza. I literally just love the frozen cauliflower pizza from Hannaford.

What is your favorite local restaurant?

The Atkinson Country Club. They always have an excellent turkey wrap.

What celebrity would you like to see ordering one of your meals?

The first person that popped into my head was Arnold Schwarzenegger, but back during his body-building days. I just find that world to be fascinating, and I think it would be super cool to sponsor somebody like that.

What is your personal favorite menu item?

I would definitely say the protein doughnuts. Going back to my coffee shop days, I used to bake all these wacky flavors. ... I have a new doughnut that I just made that’s called “Fit” Fetti.

What is the biggest food trend in New Hampshire right now?

I think it’s grab-and-go. You see it everywhere now — I feel like even places like 7-Eleven have upped their game on it.

What is your favorite thing to cook at home?

Anything on the grill. I love grilled fish [like] haddock and scallops.

— Matt Ingersoll 🍷

Protein bites

From the kitchen of Ashley “Ash” Laskiewicz of Beauty & Beast Meals in Fremont

- ¼ cup melted coconut oil
- ¼ cup honey
- ½ cup peanut butter
- 1½ cups oats

Blend wet ingredients until smooth, then pour over the oats and mix. Roll into balls and store in the refrigerator or freezer.

Weekly Dish

Continued from page 24

cuss various methods to preserve fresh fruits and vegetables at home so you can enjoy them year-round, such as pickling, canning, freezing and drying. There is no admission fee, but registration is required. Participants will receive a link via email to the Zoom meeting. Visit events.rodgerslibrary.org.

• **Tammaro’s food:** A new local eatery offering a variety of freshly prepared Italian meals from family recipes opened this week in northern Litchfield. **Tammaro’s Cucina** (469 Charles Bancroft Hwy., Litchfield), which opened on July 27, features a diverse menu of homemade dishes cooked to order. Many of the options are named

after and use recipes from multiple family members, including owners and founders Donna Tammaro and her daughter, Lindsey Russo, as well as Donna’s mother, MaryAnn Tammaro, and several other family members from overseas in Italy. Items include salads, soups and a few Italian hot subs, but the stars of the menu are the pasta dishes, from Russo’s meat or cheese lasagna to chicken penne broccoli alfredo, shrimp scampi and five-cheese tortellini. The eatery features a small dine-in space, with takeout, delivery and catering services also available. Follow them on Facebook @tammaroscucina4 or call 377-7312. 🍷

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FOOD



TRY THIS AT HOME

Very berry smoothie bowl

Whether you have an abundance of locally picked blueberries that are stored in your freezer or you bought a bag at the grocery store, I have a terrifically healthy recipe for them. This berry smoothie bowl is my go-to breakfast at least five days a week. However, it also could be a nice, light lunch on a hot summer day or a healthier version of soft-serve ice cream.

One key part of this recipe isn't an ingredient but the equipment. I don't often mandate specific equipment, but for this recipe a food processor is essential. Because you want the final product to be fairly thick and viscous enough to be eaten with a spoon, you're going to want to use a food processor. A blender will work, kind of, but in order to get this well-blended, you're going to need to make it thinner. You possibly could use an immersion blender, but I've never tried, so I can't verify that.

As far as the ingredients go, there are a few things to consider. For the banana slices, I'd recommend making them about 1/2 inch thick. Too much smaller and they'll become soft too fast; too much bigger and they're tougher to process. For the broccoli, trust me. It'll add more nutrients, and you won't even taste it. For the peanut butter powder, you probably could substitute actual peanut



Very berry smoothie bowl. Courtesy photo.

butter with little issue. Finally, any plant- or dairy-based milk will work fine. Unsweetened almond milk just happens to be my favorite option.

Now, with a few caveats, you are ready to make the tastiest, healthiest chilled breakfast or lunch you've had in a while.

Michele Pesula Kuegler has been thinking about food her entire life. Since 2007, the New Hampshire native has been sharing these food thoughts and recipes at her blog, Think Tasty. Visit thinktasty.com to find more of her recipes.

Very berry smoothie bowl

Makes 1

1/2 cup sliced banana, frozen
1 cup frozen berries (blueberries, raspberries and sliced strawberries work)
1/4 cup frozen broccoli
1/2 to 3/4 cup unsweetened almond milk
1 Tablespoon peanut butter powder
Cereal or granola, if desired
Required equipment: food processor

Remove frozen banana from freezer, and set on the counter for 15 minutes to soften slightly or place in microwave for 5 seconds.

Place slightly defrosted banana and berries in food processor.

Place frozen broccoli in microwave-safe

bowl* and defrost in microwave for 20 to 30 seconds.

Add broccoli to food processor. Close food processor lid, leaving feed tube open.

Blend on high, adding 1/3 cup milk shortly thereafter.

After 10 seconds, stop processing. Remove lid, scrape down sides, and add peanut butter powder.

Blend on high, adding more milk to get the desired consistency.

Transfer to serving bowl.

Sprinkle with granola or other cereal to add texture, if desired.

Note

*Use the bowl you'll be eating this smoothie in to save yourself from extra cleanup!

Food & Drink

Summer farmers markets

- **Bedford Farmers Market** is Tuesdays, from 3 to 6 p.m., in a new location at 393 Route 101, Bedford (Murphy's Taproom & Carriage House parking lot), as of July 27 and through Oct. 12. Visit bedfordnhfarmersmarket.org.

- **Candia Farmers Market** is on the third Saturday of each month, from 9 a.m. to noon, outside the

Smyth Public Library (55 High St., Candia), now through October. Upcoming dates are Aug. 21, Sept. 18 and Oct. 16. Visit candia.nh.org.

- **Canterbury Community Farmers Market** is Wednesdays, from 4 to 6:30 p.m., in the parking lot of the Elkins Public Library (9 Center Road), now through Sept. 29. Visit canterburyfarmersmarket.com.

- **Cole Gardens Farmers Market** is Saturdays, from 9:30 a.m. to 1 p.m., at Cole Gardens (430 Loudon Road, Concord), now through Oct. 30. Visit colegardens.com.

- **Concord Farmers Market** is Saturdays, from 8:30 a.m. to noon, on Capitol Street in Concord (near the Statehouse), now through Oct. 30. Visit concordfarmersmarket.com.


BEER

Beer but no alcohol

Alcohol-free brews are on the rise

By Jeff Mucciarone
food@hippopress.com

My wife visited a friend a few weeks ago and came back from the excursion asking if I'd ever tried non-alcoholic beer. Her friend had been talking up Athletic Brewing Co., which is based in Connecticut and brews an array of alcohol-free beer.

While I had heard of the brand, honestly, I couldn't say that I had ever had a non-alcoholic beer in my life. I don't think I've ever even tried an O'Doul's. I suppose I always wondered — if subconsciously — what's the point? (I know what the point is.)

Not that I'm condoning drinking to get drunk as a responsible choice, but the alcohol in beer is an undeniable, perhaps critical piece of the puzzle. Still, beer does, you know, taste good. Sometimes you want to enjoy a beer but maybe not take in the alcohol, you know, like on a Tuesday. Other times, maybe you've already had a few, you're feeling pretty good and you'd like to keep enjoying the moment — but you know you need to slow down or stop altogether. That's an instance where an alcohol-free beer can help keep the good times rolling, while keeping you in a responsible frame of mind.

Beyond those instances, obviously others are choosing to live without alcohol for a variety of reasons.

According to a Boston Globe article in May, sales of nonalcoholic beer are up nearly 40 percent in both 2019 and 2020. It's probably time for me to get with the program.

I was skeptical, but the Athletic story was compelling. The founder, Bill Shufelt, notes on the company website he made the decision to cut out alcohol as a way to live a healthier lifestyle, but non-alcoholic options were limited in the marketplace.

"From the start, we've planned to offer more non-alcoholic beer variety than the world has ever known," Shufelt says on athleticbrewing.com.

I was impressed. It was time to dive in.

I started with Athletic Brewing Co.'s Upside Dawn Golden Ale, which the brewery describes as "refreshing, clean,



Courtesy photo.

balanced, light-bodied," with "aromas subtle with floral and earthy notes," and yeah, that description fits the bill. It's also gluten-free for those wondering and just 50 calories.

Do I think it's missing a little zip with no alcohol? Yes, I do, but that could also be in my head. This is a perfect brew for a screaming hot day. It's crisp, light and refreshing, and, as you might expect, very, very easy to drink. I

could have one of these at the beach or after mowing the lawn — or during since it's about time I make use of the cup holder on the riding lawnmower.

I should also note that when they say alcohol-free they mean less than 0.5 percent alcohol by volume.

Next up was Athletic's Free Wave Hazy IPA. Candidly, I don't know if this is going to satisfy New Hampshire's hop enthusiasts or "hop heads," but it does have enticing hop character featuring a citrusy burst in a well-balanced package. Athletic uses Amarillo, Citra and Mosaic hops in this brew. It's pretty impressive. I'll have this again for sure.

At the moment, Athletic also brews a stout, a second IPA, a Berliner weisse and a Mexican light lager.

Athletic isn't the only option for non-alcoholic brews, as major breweries like Brooklyn Brewery, Dogfish Head and Sam Adams are all pumping out non-alcoholic brews, so you undoubtedly have some choices at your local beer store.

Jeff Mucciarone is a senior account manager with Montagne Powers, where he provides communications support to the New Hampshire wine and spirits industry.

What's in My Fridge

Comover IPA by Schilling Beer Co. (Littleton)

It's the strawberry notes on this one that stand out for me. You're getting big citrus and pine flavors but the strawberry flavor gives this American IPA a unique twist. This is one of those IPAs that just begs for another sip. Cheers!



swing on by;-)

Summer hours

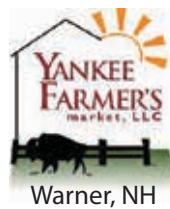
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CDs pg28

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BOOKS pg29

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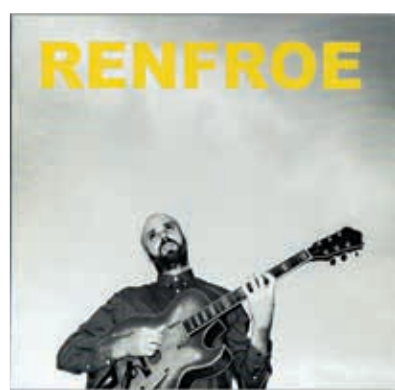
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FILM pg30

• *Old* C

• *Snake Eyes: G.I. Joe Origins* C+



I've come to know dozens of rock guitarists quite intimately over the years. They're odd, obsessed creatures, in a constant three-way battle with their instrument, their musical desires and their own abilities. I imagine that jazz players must take those conflicts to a whole other level, and when one becomes a master of their own destiny, it's got to be a sweet thing. This guy's from New York City, from where he released a Jazz Weekly-lauded EP last year (and no, I don't know if I've literally ever received a jazz EP in all the piles that've washed into this office). This is a different sort of thing than I would have anticipated, as Renfroe isn't just flashy but incredibly tasteful. Sound-wise it's Weather Channel-ready but remarkably more advanced than that; his statements tend to be highly concise, short and sweet rather than prolonged, and his interplay with sax player Braxton Cook is pure melted butter. One to investigate if your pleasures run to tightly controlled, mellow proggi-ness. A+ — *Eric W. Saeger*

James DiGirolamo, *Paper Boats* (self-released)

This Nashville-based singer-songwriter has piles of notable experience as a session musician and touring sideman, having worked with Mindy Smith, Robby Hecht and the ever-awesome Peter Bradley Adams, along with lots of others. There's a reason session guys are, you know, session guys, but DiGirolamo does have enough of a songwriting knack to please most soccer parents, his obvious target audience. His chosen niche is mainstream pop that encompasses the Paul McCartney to Simon and Garfunkel space, but he obviously picked up a pretty sweet Americana influence during his time with Adams ("Top Of The World"; elsewhere). Of course, none of that automatically spells smashing success just on face, but this is a decent effort. DiGirolamo's relaxed tenor is pretty much like Robbie Williams fitted with a certain government-issue Bob Dylan nasality; song structures lean toward more modern anti-hook arrangements. He's aware indie exists; "On Paper" sounds a bit like a Tin Pan notion of a Bon Iver rough draft, if you can imagine such a thing. B — *Eric W. Saeger*

PLAYLIST

A seriously abridged compendium of recent and future CD releases

• On July marches, to the 30th, when new albums will, like magic, appear in your stores or wherever you obtain music totally legally like the good upstanding citizen that you are. As all the pre-teens know, weird-haired **Billie Eilish** will release a new album called *Happier Than Ever*, and everyone will buy it no matter what I say in this space, so you and I would both probably be better served if I just talked about the feral hijinks of our three abandoned rescue cats, Patches, Rubysmooch and Babypuss, all of whom were lured out of their various drainpipe and rhubarb-plant landing spots because they sensed correctly that I'd overfed them. But I won't talk about that, since this is a music column and not the Cheezburger website, so let's pretend that this new Billie Eilish album will make everyone on the internet forget to cancel her for making xenophobic remarks a few years ago or whatever it was. I can understand that people were permanently damaged by someone saying idiotic things when they were an idiot teenager or early-20something, because at that age, as we all know, humans are fully developed psychologically and have the manners of an Oxford graduate in Anthropology, and never do stuff like eat anything without properly arranged knives, forks and spoons as prescribed by Emily Post. Yes, never in my life have I ever heard a teenager say something that didn't make me think to myself, "Boy, that's an important socio-political point; I'm really going to need to marinate my brain in that one for a good while." Anyway, the new single, "Your Power," is proof that Eilish has grown up the rest of the way; it's not a hyper-minimalist bloop-pop thing like all her other nonsense, it's more like Bat For Lashes doing an Americana-tinged booze ballad. So everyone can just go back to stalking your ex on Facebook and leave Billie alone, because she's never going to say or do anything stupid again, guaranteed, ever.

• Also ahead this week is proto-punk **Alan Vega**'s *Alan Vega After Dark*, which is a posthumous release. Formerly the more interesting half of the duo Suicide, he was 78 when he died in his sleep in 2016. By my count this is his third posthumous record, after two released by his attorney wife Liz Lamere. Suicide tended to cause a lot of violent incidents at the end of their shows; as Wikipedia notes, "They were among the first acts to use the phrase 'punk music' in an advertisement for a concert in 1970." And so he was awesome, like Iggy Pop, and this new album is composed of tunes cobbled together during a session with Pink Slip Daddy members Ben Vaughn, Barb Dwyer and Palmyra Delran. One of the songs, "Nothing Left," is very, very much like Stooges-era Iggy, so I'd have to like it even if I didn't, which I don't.

• Didn't I just mention a new album from **Los Lobos**, or am I insane? *Native Sons* is the new album, featuring the single "Love Special Delivery," which is awesome, because it's rockabilly and it has Tex-Mex horns. They should play that acoustic set at Tupelo again, bro.

• To close out the week we have *See Me*, the new record from R&B singing lady **Leela James**! The new single, "Put It On Me," is totally '70s soul-pop, with Four Tops-style orchestration and some super-deep singing. It's official, she's awesome.

— *Eric W. Saeger*

Retro Playlist

Twelve years ago it was 2009, just saving you the math, being that math should be abolished. This time that year there were a couple of big things going on in the music world. One was the 40th anniversary of Woodstock, from which sprang a six-CD set called *Woodstock: 40 Years on: Back to Yasgur's Farm*, which included 38 previously unreleased tunes "from such crazed drug-heads as the **Grateful Dead**, **The Who**, **Tim Hardin**, **Jefferson Airplane** and one-hit joke-band **Country Joe & The Fish**, who ended the Vietnam War." But wait a minute, you know what else was in the news? That's right, **Michael Jack-**



son had just died, so anyone who had survived the 2008 stock market crash with a car, a chicken coop to live in and \$200 in Monopoly money had, at the time, "so many new Jacko releases that Amazon isn't even bothering anymore to include song lists or explanatory blurbs in the listings, and all you can really do is hope you're not accidentally buying old Wham! albums disguised as *Thriller* remixes." I focused my Jacko-related coverage on an unidentified DVD called *Moonwalking - The True Story of Michael Jackson*, which may or may not have been a bunch of unauthorized shaky-cam bootlegs released by unemployed accoun-

tant-hobos who had simply taped a bunch of *ET* segments off their TV and spliced them together.

The two focus albums under review that week comprised a mixed bag. I appear to have rather liked *Horehound* from **Dead Weather**, the '70s-hard-rock collaboration between hamburger addict **Jack White** and **Kills** sing-

er **Alison Mosshart**, but looking back, I now know that the more that band released albums, the more I realized they weren't really doing anything interesting, and have scribbled my thoughts accordingly once or twice since.

There was also *Take Off Your Colours*, an album from English punk-pop throwaways



You Me At Six. The songs, I thought, were decidedly 'meh,' viz: "Though they're too hooky and mature to be lumped in with all the hand-me-down **Hoobastank** chaff, they're not 100 percent wheat either." They sound exactly like every other emo band ever, which we now know has become mandatory for all of them.

If you're in a local band, now's a great time to let me know about your EP, your single, whatever's on your mind. Let me know how you're holding yourself together without being able to play shows or jam with your homies. Send a recipe for keema matar.

The Lost Boys of Montauk, by Amanda M. Fairbanks (Gallery Books, 295 pages)

The Lost Boys of Montauk is not exactly a feel-good book. It is the true account of a 1984 fishing trip where all four crewmembers were lost in a horrific storm off the shores of Long Island. The easiest way to describe this is to say that it is another version of *The Perfect Storm*. However, while the outcomes are similar, the differences in the stories lie in the details and decisions that got each crew to a specific point where tragedy happens.

In the first chapter we are told that all souls on board the *Wind Blown* from Montauk were lost at sea. Of course this makes reading the rest of the book a little difficult as we then learn about each of the sailors on board, their roles in the community, and their plans for the future. We try to keep ourselves from becoming attached because we know what the future holds for them.

However, it's tough to stop turning the pages. Fairbanks does an amazing job of essentially reconstructing the "crime" scene and soon you realize that, as in the story *The Perfect Storm*, it took a series of seemingly unconnected events coming perfectly together to cause this tragedy.

Much research and many interviews went into this book; it reads more as a detailed journalistic article than it does a thrilling story. One is absolutely amazed at the level of information the author was able to unearth.

Montauk is an old fishing community whose residents live and die by the sea and their craft. The old hands talk about boats the same way more affluent people talk about their beloved cars. Boats are given names and personalities; they are respected and coddled, for without them there is no income and no livelihood.

Young men (and occasionally women) who are born into the fishing village and others who show up for the summer acknowledge the hard work that is required on a commercial fishing trip. This book takes a look at the relationships between the "old-timers" and the "elites" who coexist on the island. Sometimes they work well together, sometimes they don't. But it turns out they all respect a sea that can turn on



you at any moment.

There are four on the ship. Mike, the captain and father of three young boys, is the leader of the pack, which includes Dave, a young son of money who would rather work on a boat than in a wealthy profession. Another crew member, Michael, not quite 20, is the son of a fisherman and had planned to work his way up to his own crew someday. Then there's Scott; raised by a single mom, he's the youngest of

the crew but he always carried his full weight of work.

They are all so darn likeable.

In her research Fairbanks uncovers discussions that sting when read in hindsight, like this one Mike and his wife Mary had when making the decision to buy the *Wind Blown*:

"I'm going to die on that boat," Mike repeatedly said to Mary. "I need my own boat." Mary didn't disagree. It wasn't that she didn't want her husband to own his own boat. It was the next logical step. But Mary, who is a deeply intuitive person (several people described her to me as "witchy"), had a bad feeling about the *Wind Blown* from the very start. She felt a heavy, sinking feeling, a knowing in the pit of her stomach."

Through Fairbanks' interviews we get to know the families of these crew members. We hear their struggles with loss, grief and a certain amount of acceptance that "the boys died doing the job they so loved."

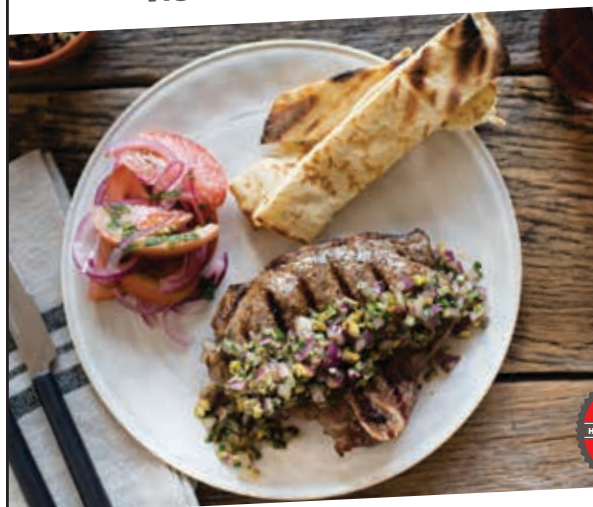
The story is filled with so many "if they had only gone down another path or made another decision, then the ending would have been different" moments. One crew member who was not able to be on the boat due to a travel delay was replaced with another at the last moment. What if travel had not been delayed? What if Mary had been able to talk Mike out of buying that particular boat?

We will never know what might have happened and that's part of what makes this a compelling read. Again, this is not a feel-good, inspirational story, but it is a fascinating look at the age-old brotherhood of fishermen, the dynamics at play, and the families who literally live and die within the sight of water. A — Wendy E. N. Thomas



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Books

Author events

- **CATHLEEN ELLE** Author presents *Shattered Together*. Virtual event, hosted by Toadstool Bookstores, located in Nashua, Peterborough and Keene. Thurs., July 29, 6 p.m. Visit toadbooks.com or call 673-1734.
- **SHAWNA-LEE PERRIN** Author presents *Radio Waves*. Virtual event, hosted by Toadstool Bookstores, located in Nashua, Peterborough and

Keene. Sun., Aug. 1, 2 p.m. Visit toadbooks.com or call 673-1734.

- **JOYCE MAYNARD** Author presents her new novel *Count the Ways*. Phenix Hall, 38 N. Main St., Concord. Thurs., Aug. 5, 7 p.m. Visit gibsonsbookstore.com or call 224-0562.
- **SADIE & CORBIN RAYMOND** Authors present *121 Days: The Corbin Raymond Story of Fighting for Life and Surviving a Traumatic Brain Injury*. Gibson's Bookstore, 45

S. Main St., Concord. Tues., Aug. 10, 6 p.m. Visit gibsonsbookstore.com or call 224-0562.

- **KATE SHAFFER & DEREK BISSONNETTE** Authors present *The Maine Farm Table Cookbook*. Outside the Music Hall Historic Theater, 28 Chestnut St., Portsmouth. Thurs., Aug. 12, 6 p.m. Tickets cost \$60 for a small table (two people), \$120 for a medium table (four people), \$180 for a large table (six people). Visit themusic-hall.org or call 436-2400.

Old (PG-13)

A family has a pretty terrible day at the beach in *Old*, the latest, I don't know, not horror really, thriller or something, from M. Night Shyamalan.

Married couple Guy (Gael Garcia Bernal) and Prisca (Vicky Krieps) were probably always going to have a lousy holiday at some resort on an unnamed island. Sure, their kids, 11-year-old Maddox (Alexa Swinton) and 6-year-old Trent (Nolan Rivera), seemed pretty excited about a resort with a candy buffet bar and a beach, but Guy and Prisca both seem to be barely keeping a lid on some misery, with a medical thing, a near-future separation and the concept of a “last family holiday” mentioned. Perhaps this is why Prisca jumped at the suggestion of the hotel manager (Gustaf Hammarsten) for a day trip to a fancy private beach as a place for her family to make some kind of lasting memory.

Though the manager told them to keep this beach a secret, theirs wasn't the only family he told about it. As Guy and Prisca and the kids pack into the hotel's van for a ride over, they're joined by tightly wound doctor Charles (Rufus Sewell), his wife, Chrystal (Abbey Lee), their 6-year-old daughter Kara (Kyle Bailey) and his mother (Kathleen Chalfant). When they arrive at the beach (dropped off by a driver played by Shyamalan himself, which, sigh, really guy?), they find famous rapper Mid Sized Sedan (Aaron Pierre) already there and are soon joined by another couple, Jarin (Ken Leung) and Patricia (Nikki Amuka-Bird).

By the time Jarin and Patricia show up, the day has already started to head south, with young Trent having spotted the body of a woman floating in the water and Charles having accused Sedan, who is sort of stunned and has a non-stop nosebleed, of causing her death. In the confusion of the moment, the group realizes that (1) their cell phones get no reception, (2) they can't go back through the cave that brought them to the beach because it causes everyone who heads back to get a crushing headache and then black out and, perhaps most disturbingly, (3) something weird is happening with their kids.

After first having to ditch his swim trunks because they don't fit, Trent (Luca Faustino Rodriguez and later Alex Wolff) is suddenly taller and older, something like 11, Jarin guesses, with Maddox (Thomasin McKenzie, who plays her for a significant part of the movie) at more like 16 and Kara (Mikaya Fisher) also 11. The kids are freaked out at suddenly being bigger and the adults are freaked out about everything, including the increasingly erratic behavior of Charles and the sudden illness of his mother. They eventually guess that they are all, not just the kids, aging and that all of the families were



Old

dealing with some kind of illness when they arrived at the island.

I can't decide if it's cleverly efficient or over-the-top hokey how this movie delivers the basic biographical information and a bunch of backstory about the characters. We learn names and occupations almost immediately because Trent directly asks everybody about them in a way that is I think supposed to read as a cute kid quirk but comes off as very “hey audience, take notes.” There is also a point when Patricia, therapist, basically gathers everyone on the beach together to have them explain their backstories. It's not that this action is so weird in the context of the story, it's that it comes across as clunky and inartful, which then starts to border on silly. There are a lot of things like that here, such as a stretch (spoiled in the trailers) when one character becomes very quickly pregnant and then delivers a baby. Sure, there is something of a horror element to it (also an ick factor) but it also comes across as sort of ridiculous.

I basically went with the first, oh, 45 minutes or so of *Old*. This isn't the most solidly constructed plot (or set of characters or dialogue) but it's an interesting concept, there are a bunch of interesting ideas banging around. The terror of the family, the children changing so fast, the adults watching their children change and realizing what it all means for everybody's lives, is relatively well developed. But, not unlike some other Shyamalan films, it all seems to unravel and deflate in its back half. I don't know how I wanted this story to resolve but I do know that how it all comes together feels unsatisfying, both unfinished and overly literal.

There are some decent performances here: The core family — it's Bernal, Krieps, McKenzie and Wolff who are together for I think the longest stretch — work well together and the actors playing the older incarnations of very-recent kids do a good job of giving us both grown-up people and people whose life references are still child-based. Bernal and Krieps have some nice

scenes together; they believably play out a long marriage over a short period of time. But there are also times (many of Sewell's scenes, for example) when the movie-ness of the movie just can not get out of an actor's way enough for them to give a compelling, and not silly, performance.

Old isn't terrible but it's ultimately more frustrating than anything else. C

Rated PG-13 for strong violence, disturbing images, suggestive content, partial nudity and brief strong language, according to the MPA at filmratings.com. Directed by M. Night Shyamalan (who also wrote the screenplay, which is based on a graphic novel called Sandcastle by Pierre-Oscar Levy and Frederik Peeters), Old is an hour and 48 minutes long and distributed by Universal Studios. It is playing in theaters.

Snake Eyes: G.I. Joe Origins (PG-13)

How charismatic is Henry Golding? So charismatic that I basically, on balance, enjoyed *Snake Eyes: G.I. Joe Origins*, an origin story for a character in the G.I. Joe universe.

Once upon a time, kid Snake Eyes (Max Archibald; the character may have had a name at some point but I didn't catch it) watched in horror as baddies murdered his dad (Steven Allerick). Left to grow up on the streets, Snake Eyes (Golding) has become a bare-knuckle fighter who drifts from town to town as an adult. A Yakuza tough guy hires Snake Eyes to become one of his worker-bee tough guys. Snake Eyes initially turns him down but then agrees to join up because they offer to find the man who murdered Snake Eyes' father.

While working for the Yakuza, Snake Eyes becomes friends with Tommy (Andrew Koji), a guy who seems to be a little higher up in the gang's corporate organizational chart. When Tommy is revealed to be a spy for the Arashikage clan, the gang tries to order Snake Eyes to kill him but instead Snake Eyes saves Tommy, who in turn takes

him to his family's palatial estate in Japan and offers Snake Eyes the chance to train with the ninja of the Arashikage, whose head is Tommy's grandmother, Sen (Eri Ishida). Akiko (Haruka Abe), the head of Arashikage security, is not so sure about this Snake Eyes fella and doesn't like the plan to let him join the clan.

Eventually, the international bad guy operation known as Cobra makes an appearance, with Baroness (Ursula Corbero) working with Kenta (Takehiro Hira), the movie's central bad guy. We also get talk of the “Joes,” presented here as kind of an international good guy organization, in the form of Scarlett (Samara Weaving).

There's more G.I. Joe mythology, but my memories of the cartoon are vague — enough that I remembered a bit of “hey, isn't that guy going to become that guy” type character beats but not enough that I found myself super invested in all the backstory. Nor do I think you need to be to enjoy what's best about this movie, which is its basically talented, if not always well-served by the movie, cast, in particular Golding. More Golding in any form, is my general feeling and he makes for an engaging action hero here. The movie gives him about a quarter inch of character development but he's able to stretch that just a little farther through the power of his presence. In my fantasy casting of the next generation of James Bond, Golding has been one of my contenders for a while — he's suave and handsome and believably bad-ass and capable. This movie doesn't have that much humor or that many emotional beats, but Golding definitely makes the most that he can of what often feels like just a live-action version of the cartoon I remember from my childhood.

The movie also shines in some of its fight scenes, many of which are sword-based. The choreography makes what you know are likely to be fights to the draw none the less energetic and they're often situated in some pretty settings (the Arashikage training grounds, a rainy cityscape).

Snake Eyes isn't particularly great, it's not one of those popcorn movies that transcends form in some way. I wish more had gone into making this cinematic world a little richer, especially since it feels like we're going to be here a while. But for what it is, it does OK, with Golding largely saving the day. C+

Rated PG-13 for sequences of strong violence and brief strong language, according to the MPA on filmratings.com. Directed by Robert Schwentke with a screenplay by Evan Spiliotopoulos and Joe Shrapnel & Anna Waterhouse, Snake Eyes: G.I. Joe Origins is two hours and one minute long and is distributed by Paramount Pictures. The movie is currently in theaters only; according to IndieWire and Wikipedia, Snake Eyes will stream on Paramount+ on Sept. 6. 🍷

AT THE SOFAPLEX

Rita Moreno: Just A Girl Who Decided To Go For It (PG-13)

National treasure Rita Moreno tells the story of her life and her career in this charming documentary.

This movie is full of Latino performers who talk about how Rita was their role model, particularly for actresses like Eva Longoria, Karen Olivo and Justina Machado (who costarred with Rita on the recent remake of the series *One Day at a Time*). Rita talks about what the lack of diverse parts for Latina actors meant for her and how she was able to slowly break free of a career of playing “spicy” temptresses (her commentary on things like the direction to be more “spicy” is a delight). She also discusses the added yuckiness of gender dynamics in Hollywood, the many times she felt she had to just grin and bear it to keep working. Despite all this struggle, Moreno also expresses her joy with her career, how much she loves performing and how she’s been able to wrestle with personal demons to be in what appears to be a very good place, with a supporting role in the upcoming remake of *West Side Story* (the 1961 movie being where she earned that O in her EGOT).

At 89 (90 later this year), she seems to be having an absolute blast, whether she’s chatting up Jimmy Kimmel or hanging out backstage at *One Day at a Time* or calling BS on some aspect of the politics of the movie’s present (2018, as far as I can tell). This 90-minute movie is a warm, energetic visit with your funny, sarcastic aunt. **A Available for rent or purchase and coming to PBS at some point in the future. The**

first three seasons of *One Day at a Time* are available on Netflix. Some of the fourth season episodes are available on Paramount+ and one more is available on Hulu. The animated “The Politics Episode” from Season 4 doesn’t seem to be available anywhere? But the 1961 *West Side Story* is available for rent or purchase, as is 1952’s *Singin’ in the Rain*, another musical featuring Moreno.

No Sudden Move (R)

Don Cheadle, Benicio Del Toro.

A simple job that will earn everyone a good chunk of cash for a few hours of work goes all kinds of wrong in this new cops and crooks movie set in the 1950s from director Steven Soderbergh.

Curt Goynes (Cheadle) doesn’t trust the mysterious Mr. Jones (Brendan Fraser) who hires him or the two men, Ron Russo (Del Toro) and Charley (Kieran Culkin), who join him on what he’s told will be three hours of work earning him \$6,000. That job: babysit the family of Matt Wertz (David Harbour), a man who has access to an important document. If he’ll go to his office and take the document out of his boss’s safe, his wife Mary (Amy Seimetz) and his children Matthew (Noah Jupe) and Peggy (Lucy Holt) will be fine — at least, so the men who hold them at gunpoint say. The men wear masks and assure the Wertz family, as they themselves have been told, that nobody will get hurt.

Of course, even a “simple” job can go awry, with all sorts of layers and unseen alliances. The movie has some nice small roles for the likes of Ray Liotta, Matt Damon and Jon Hamm. This isn’t the bouncy fun of the *Ocean’s* movies but it is a very Soderberghian cool crisp cocktail of capering and doublecross with just a dash of dry humor. **B+ Available on HBO Max.**

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The Flying Monkey
39 Main St., Plymouth
536-2551, flyingmonkeynh.com

O'neil Cinemas at Brickyard Square
24 Calef Highway, Epping
679-3529, oneilcinemas.com

Red River Theatres
11 S. Main St., Concord
224-4600, redrivertheatres.org

Rex Theatre
23 Amherst St., Manchester
668-5588, palacetheatre.org

Wilton Town Hall Theatre
40 Main St., Wilton
wiltontownhalltheatre.com, 654-
3456

Shows

• **Jaws 21+** trivia night at Chunky's in Manchester on Thursday, July 29, at 7:30 p.m. Admission costs \$5, which is a food voucher.

• **Roadrunner: A Film About Anthony Bourdain** (R, 2021) will screen at Red River Theatres in Concord Friday, July 30, through Sunday, Aug. 1, at 12:30 p.m., 3:30 p.m. and 6:30 p.m.

• **Pig** (R, 2021) will screen at Red River Theatres in Concord Friday, July 30, through Sunday, Aug. 1, at 4:45 and 7:30 p.m.

• **In the Heights** (PG-13, 2021) will screen at Red River Theatres in Concord Friday, July 30, through Sunday, Aug. 1, at 1:15 p.m.

• **Jungle Cruise** (PG-13, 2021) a sensory friendly flix screening, with sound lowered and lights up, on Saturday, July 31, 10 a.m. at O'neil Cinema in Epping.

• **The Wizard of Oz** (1939) at the O'neil Cinema in Epping on Monday, Aug. 2, and Wednesday, Aug. 4, at 10 a.m. as part of the summer kids series. Tickets to the screening cost \$2 for kids ages 11 and under and \$3 for ages 13 and up. A \$5 popcorn and drink combo is also for sale.

• **Raya and the Last Dragon** (PG, 2021) at the Rex Theatre on Tuesday, Aug. 3, at 7 p.m. with a portion of the proceeds going to Manchester Police Athletic League. Tickets cost \$12.

• **Jaws** (1975, PG-13) screenings at Chunky's in Manchester, Nashua and Pelham Wednesday, Aug. 4, through Saturday, Aug. 7, at 7 p.m. plus screenings at 9 p.m. on Friday and Saturday. Tickets cost \$4.99.

• **Rock of Ages** (PG-13, 2012) screening at the Rex Theatre in Manchester on Wednesday, Aug. 4, at 7 p.m. with a portion of the proceeds going to the Manchester Police Athletic League. Tickets cost \$12.

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By Michael Witthaus
mwitthaus@hippopress.com

• **Maine man:** His finger on the pulse of New England's zeitgeist, comedian **Bob Marley** points out obvious truths, like that the correct name for grandparents here is Grammy and Grampy, Meme and Pepe for French Canadian families, and that children shouldn't be allowed to choose something like "Poopy" because they can't pronounce the correct one. Thursday, July 29, 7:30 p.m.; Friday, July 30, and Saturday, July 31, 6 and 8:30 p.m.; Sunday, Aug 1, 5 and 7:30 p.m., Colonial Theatre, 609 Main St., Laconia, \$36.50 at coloniallaconia.com.

• **Rock show:** A double shot of regional talent, prog rockers **Mindset X** play downtown with support from Blindspot. For the latter, it's their first time in front of an audience in over a year; they'll also open for Alanis Morissette and Garbage on Meadowbrook's side stage in early September. Mindset X is working on a follow-up to their 2015 LP *Oceans*, and the preview tracks on the band's Facebook page are very promising. Saturday, July 31, 9 p.m., Shaskeen Pub, 909 Elm St., Manchester, tickets \$10 at the door; 21+.

• **Release party:** With a name reflecting a balance between hippie rock and SoCal reggae, **Slack Tide** is a disciplined jam band that includes three Berklee grads. They'll celebrate their first studio effort, *Sea Rat Red*, at an area micro-brewery that regularly welcomes them. Over the summer the Seacoast-based group has been working the new album throughout the region, with a few more shows slated. Saturday, July 31, 6:30 p.m., Pipe Dream Brewing, 49 Harvey Road, Londonderry, slacktideofficial.com.

• **Summer sound:** With a set list drawing from a range of sources, **Woodland Protocol** is always a reliable party-starting band, whether it's a sing-along to "Zombie" or a call to dance on Gloria Gaynor's "I Will Survive." Usually, they're playing in places with age restrictions, but an upcoming Henniker appearance is family-friendly, so grab the lawn chairs and hope for dry skies. Tuesday, Aug. 3, 6:30 p.m., Community Park, 18 Depot Hill Road, Henniker, henniker.org.

NITE

In the right place

Jonathan Edwards brings new album to Tupelo

By Michael Witthaus
mwitthaus@hippopress.com

Like many in his profession, Jonathan Edwards spent the past several months working on new music, due to a pandemic-induced break from live performing. The result is the wonderful *Right Where I Am*. His first studio album since 2015, it's at turns reflective, introspective and celebratory, the latter best represented by "50 Years," a thank-you note to fans written for a 2017 anniversary show.

"I figured going in I better write a song for this event," Edwards said in a recent phone interview, "because it was turning out to be a big one. So I did, and the first time I played it was that night at the party."

He was joined by Livingston Taylor and Jon Pousette-Dart, two friends from his early days on the New England music scene.

The party-hearty groover "Drop and Roll" is one of two co-writes on the LP with Edwards' son-in-law Jerome Degey. Its sentiments will be familiar to anyone who sang along to "Shanty" from his debut album, when Edwards exhorted listeners to "put a good buzz on."

This time, he sings "roll over and burn one down" on a tune written in the middle of the night. "It's kind of a stream-of-consciousness," he said. "I'm very proud of that song in that it's kind of subtle but... 'roll me up a fatty, Bob Marley be proud.' You know, come on!"

The title track is a statement of purpose. "I've got a lot of songs within me still, stories left to tell," he sings.

"It's part of my DNA. I've always been a creative sort," he said, quoting another line from the song. "I've always built stuff out of other stuff. I went to art school and four years of college and eventually the guitar and rock 'n' roll took over. Since then, I have many, many outlets for my creativity,



Jonathan Edwards. Courtesy photo.

and it's hard to focus often, but I think the introspection that we had during lockdown was really conducive to more creativity, and appreciation for being able to express oneself." He also states boldly in the song, "I'm not afraid to take a stand and bleed upon the stage ... pay the price to tell the truth."

"Perhaps [that image is] maybe a little too colorful, but that's what it feels like," Edwards said, adding that as he approaches his 75th year, "my challenge now is mostly physical."

He co-produced the new record with longtime friend and accompanist Don Campbell, with help from Todd Hutchinson at his Acadia Recording studio in Portland, Maine.

"I loved it there. ... It looks like a yard sale, with all these vintage amps and guitars everywhere ... a very creative place," Edwards said, and it made the work easier. "It's a corny thing to say, but we followed the songs where they led us, and I'm really, really happy with that destination."

He's also pleased with the positive response *Right Where I Am* is receiving.

"It's great, because you never know," he

said. "You put [these songs] out there as children, and you never know how they're going to be accepted by society," he said.

Edwards was scheduled to return to the stage on his birthday, July 28, at Jonathan's in Ogunquit, Maine. Two nights later, he'll play one of the final shows at Tupelo Drive-In, as the venue prepares to return indoors in mid-August.

"I miss the crowd for sure, and I miss the energy that only they can provide," he said. "I can sit around and play with my friends, which is also really nice, but boy, getting out in front of a crowd..."

He nods to the al fresco event in Derry. "In this case, and it's really apt, that's where the rubber meets the parking lot," he said.

Jonathan Edwards

When: Friday, July 30, 6 p.m.

Where: Tupelo Drive-In, 10 A St., Derry

Tickets: \$22 per person, \$75 per car at tupelohall.com

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MUSIC THIS WEEK

<p>Alton Bay Dockside Restaurant 6 East Side Drive 855-2222</p> <p>Auburn Auburn Pitts 167 Rockingham Road 622-6564</p> <p>Bedford Copper Door 15 Leavy Dr. 488-2677</p> <p>Murphy's Carriage House 393 Route 101 488-5875</p> <p>T-Bones 169 S. River Road 623-7699</p> <p>Village Common Park Gazebo Bell Hill Road</p> <p>Bow Chen Yang Li 520 S. Bow St. 228-8508</p> <p>Brookline The Alamo Texas Barbecue & Tequila Bar 99 Route 13 721-5000</p> <p>Averill House Winery 21 Averill Road 371-2296</p> <p>Candia Smyth Public Library Gazebo 55 High St. 483-8245</p>	<p>Canterbury Canterbury Shaker Village 288 Shaker Road 783-9511</p> <p>Chichester Flannel Tavern 345 Suncook Valley Road 406-1196</p> <p>Concord Area 23 State Street 881-9060</p> <p>Cheers 17 Depot St. 228-0180</p> <p>Concord Craft Brewing 117 Storrs St. 856-7625</p> <p>Courtyard by Marriott Concord 70 Constitution Ave.</p> <p>Hermanos Cocina Mexicana 11 Hills Ave. 224-5669</p> <p>Lithermans 126 Hall St., Unit B 228-9833</p> <p>Shara Vineyards 82 Currier Road</p> <p>T-Bones 404 S. Main St. 715-1999</p>	<p>Tandy's Pub & Grille 1 Eagle Square 856-7614</p> <p>Contoocook Gould Hill Farm & Contoocook Cider Co. 656 Gould Hill Road 746-3811</p> <p>Deerfield The Lazy Lion 4 North Road</p> <p>Derry LaBelle Winery 14 Route 111 672-9898</p> <p>Sabatino's North Italian Restaurant 1 East Broadway 432-7999</p> <p>T-Bones 39 Crystal Ave. 434-3200</p> <p>Dover SmuttLabs 47 Washington St. 343-1782</p> <p>Epping Popovers at Brickyard Square 11 Brickyard Square 734-4724</p> <p>Railpenny Tavern 8 Exeter Road 734-2609</p> <p>Telly's Restaurant & Pizzeria 235 Calef Hwy. 679-8225</p>	<p>Exeter Exeter Elms Camp-ground 190 Court St. 778-7631</p> <p>Sawbelly Brewing 156 Epping Road 583-5080</p> <p>Sea Dog Brewery 9 Water St.</p> <p>Swasey Parkway 316 Water St.</p> <p>Farmington Hawgs Pen 1114 Route 11 755-3301</p> <p>Gilford Patrick's 18 Weirs Road 293-0841</p> <p>Goffstown Village Trestle 25 Main St. 497-8230</p> <p>Hampton Bernie's Beach Bar 73 Ocean Blvd. 926-5050</p> <p>Bogie's 32 Depot Square 601-2319</p> <p>Community Oven 845 Lafayette Road 601-6311</p> <p>CR's The Restaurant 287 Exeter Road 929-7972</p>	<p>The Goat 20 L St. 601-6928</p> <p>Hampton Beach Sea Shell Stage Events are on southern stage</p> <p>L Street Tavern 603 17 L St. 967-4777</p> <p>McGuirk's Ocean View Restaurant & Lounge 95 Ocean Blvd.</p> <p>Sea Ketch 127 Ocean Blvd. 926-0324</p> <p>Shane's BBQ 61 High St. 601-7091</p> <p>Smuttynose Brewing 105 Towle Farm Road</p> <p>Wally's Pub 144 Ashworth Ave. 926-6954</p> <p>WHYM Craft Pub & Brewery 853 Lafayette Road 601-2801</p> <p>Henniker Angela Robinson Bandstand Community Park, Main Street</p> <p>Colby Hill Inn 33 The Oaks 428-3281</p> <p>Pats Peak Sled Pub 24 Flanders Road 888-728-7732</p> <p>Hollis Alpine Grove 19 S. Depot Road 882-9051 alpinegrove.com</p>	<p>Hooksett Big Kahunas Smoke-house 1158 Hooksett Road 935-7500</p> <p>Hudson Backstreet Bar and Grill 76 Derry Road 578-1811</p> <p>The Bar 2B Burnham Road</p> <p>T-Bones 77 Lowell Road 882-6677</p> <p>Kingston Saddle Up Saloon 92 Route 125 369-6962</p> <p>Laconia Belknap Mill 25 Beacon St. E No. 1 524-8813</p> <p>Cactus Jack's 1182 Union Ave. 528-7800</p> <p>Fratello's 799 Union Ave. 528-2022</p> <p>High Octane Saloon 1072 Watson Road 527-8116</p> <p>Naswa Resort 1086 Weirs Blvd. 366-4341</p> <p>T-Bones 1182 Union Ave. 528-7800</p> <p>Tower Hill Tavern 264 Lakeside Ave. 366-9100</p>	<p>Londonderry Coach Stop Restaurant & Tavern 176 Mammoth Road 437-2022</p> <p>The Common 265 Mammoth Road</p> <p>Game Changer Bar & Grill 4 Orchard View 216-1396</p> <p>7-20-4 Lounge at Twins Smokeshop 80 Perkins Road 421-0242</p> <p>Stumble Inn 20 Rockingham Road 432-3210</p> <p>Manchester Backyard Brewery 1211 S. Mammoth Road 623-3545</p> <p>Bonfire 950 Elm St. 663-7678</p> <p>CJ's 782 S. Willow St. 627-8600</p> <p>Cercle National Club 550 Rockland Ave. 623-8243</p> <p>Crown Tavern 99 Hanover St. 218-3132</p> <p>Currier Museum of Art 150 Ash St. 669-6144</p> <p>Derryfield Country Club 625 Mammoth Road 623-2880</p> <p>Firefly 21 Concord St. 935-9740</p>	<p>The Foundry 50 Commercial St. 836-1925</p> <p>Fratello's 155 Dow St. 624-2022</p> <p>The Goat 50 Old Granite St.</p> <p>Jewel Music Venue 61 Canal St. 819-9336</p> <p>KC's Rib Shack 837 Second St. 627-RIBS</p> <p>McIntyre Ski Area 50 Chalet Ct. 622-6159</p> <p>Murphy's Taproom 494 Elm St. 644-3535</p> <p>South Side Tavern 1279 S. Willow St. 935-9947</p> <p>Stark Brewing Co. 500 Commercial St. 625-4444</p> <p>Stark Park Bandstand River Road</p> <p>Strange Brew 88 Market St. 666-4292</p> <p>Mason Marty's Driving Range 96 Old Turnpike Road 878-1324</p> <p>Meredith Hart's Turkey Farm 223 Daniel Webster Hwy. 279-6212</p>
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Thursday, July 29

Auburn
Auburn Pitts: open mic jam, 6:30 p.m.

Bedford
Copper Door: Sean Coleman, 7 p.m.
Murphy's: Chad LaMarsh, 5:30 p.m.
T-Bones: Bob Pratte, 6 p.m.

Brookline
Alamo: Matt Borrello, 4:30 p.m.

Concord
Area 23: DJ Lance, 7 p.m.

Cheers: Gabby Martin, 6 p.m.
Penuche's: open mic night w/ Brian Burnout, 8 p.m.
T-Bones: David Corson, 6 p.m.

Derry
LaBelle: No Shoes Nation Band, 7 p.m.
T-Bones: Chris Powers, 6 p.m.

Epping
Telly's: Justin Cohn, 7 p.m.

Exeter
Sawbelly: David Drouin, 5 p.m.
Sea Dogs: Todd Hearon, 5 p.m.

Swasey Parkway: Club Soda, 6 p.m. (hits of the 1950s through today)

Goffstown
Village Trestle: Malcolm Salls, 6 p.m.

Hampton
Bernie's: Zach Lovering, 7 p.m.
Bogie's: Troy and Luneau, 8 p.m.
CR's: The Last Duo, 6 p.m.
The Goat: Mike Forgette, 9 p.m.
Sea Ketch: Paul Lussier, 1 p.m.; Alex Roy, 8 p.m.
Sea Shell Stage: Houston Bernard, 7 & 8:30 p.m.
Smuttynose: Jonny Friday Duo, 6:30 p.m.
WHYM: Music Bingo, 6 p.m.

Henniker
Pats Peak: Marc Wydom, 5 p.m.

Hudson
T-Bones: Joe Winslow, 6 p.m.

Kingston
Saddle Up Saloon: karaoke with DJ Jason, 7 p.m.
Laconia
Fratello's: Matt Langley, 6 p.m.
T-Bones: Eric Grant, 6 p.m.

Londonderry
Stumble Inn: MB Padfield, 7 p.m.

Manchester
Cactus Jack's: Dave Zangri, 6 p.m.
Crown Tavern: live music, 5 p.m.
Currier: Charlie Chronopoulos, 5 p.m.
Derryfield: Mugsy Duo, 6 p.m.
Firefly: Jordan Quinn, 6 p.m.
Fratello's: Austin McCarthy, 5:30 p.m.

KC's: Doug Mitchell, 5:30 p.m.
Murphy's: Chuck A Duo, 5:30 p.m.
Stark Brewing: open mic, 7 p.m.
Stark Park Bandstand: Manchester Community Music School, 6 p.m.
Meredith
Hart's: Game Time trivia, 7 p.m.

Merrimack
Homestead: Ralph Allen, 6 p.m.

Milford
Fuel: Ryan Williamson, 6 p.m.
The Hills: Justin Jordan, 5:30 p.m.
Riverhouse Café: Ryan Williamson, 6 p.m.
Stonecutters Pub: Blues Therapy, 8 p.m.

Nashua
Fratello's: Johnny Angel, 5:30 p.m.

Newmarket
Stone Church: The North Mississippi AllStars, 6 p.m.

Northfield
Boondox Pub: trivia night, 6:30 p.m.
Portsmouth
The Gas Light: Jessica Olson, 7:30 p.m.

Rochester
Mitchell BBQ: Game Time trivia, 6 p.m.

Salem
Copper Door: Chis Lester, 7 p.m.
Field of Dreams: Brandy, 6:30 p.m. (variety with '40s, '50s, '60s and '70s)
Smuttynose: Dan Walker Trio, 6 p.m.

Seabrook
Red's: Max Sullivan, 7 p.m.

Music plays on

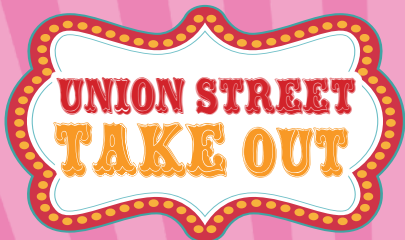
These listings for live music are compiled from press releases, restaurants' websites and social media and artists' websites and social media. Call the venue to check on special rules and reservation instructions. Get your gigs listed by sending information to music@hippopress.com.

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NITE MUSIC THIS WEEK

Twin Barns Brewing 194 Daniel Webster Hwy. 279-0876	Greeley Park Band-shell 100 Concord St.	Pittsfield Main Street Grill & Bar 32 Main St. 435-0005	Copper Door 41 S. Broadway 458-2033
Merrimack Abbie Griffin Park 6 Baboosic Lake Road	Liquid Therapy 14 Court St. 402-9391	Plaistow The Crow's Nest 181 Plaistow Road	Field of Dreams Community Park 48 Geremonty Drive
Homestead 641 Daniel Webster Hwy. 429-2022	Millyard Brewery 25 E Otterson St. 722-0104	PARC 51 Old County Road	Jocelyn's Lounge 355 South Broadway 870-0045
Milford Fuel 167 Union Square 554-0646	Peddler's Daughter 48 Main St. 821-7535	Portsmouth The Gas Light 64 Market St. 430-9122	T-Bones 311 South Broadway 893-3444
The Hills 50 Emerson Road 673-7123	Stella Blu 70 E. Pearl St. 578-5557	Gibb's Garage Bar 3612 Lafayette Road	Seabrook Chop Shop Pub 920 Lafayette Road 760-7706
The Riverhouse Cafe 167 Union Square 249-5556	New Boston Common 7 Meetinghouse Hill Road	The Goat 142 Congress St. 590-4628	Red's Kitchen + Tavern 530 Lafayette Road 760-0030
The Pasta Loft 241 Union Square 672-2270	Molly's Tavern & Restaurant 35 Mont Vernon Road 487-1362	Thirsty Moose Tap-house 21 Congress St. 427-8645	Somersworth The SpeakEasy Bar 2 Main St.
Stonecutters Pub 63 Union Square 213-5979	Newmarket Schanda Park Off Creighton Street	Rochester 110 Grill 136 Marketplace Blvd. 948-1270	Stratham 110 Grill 19 Portsmouth Ave. 777-5110
Moultonborough Buckley's 240 Governor Wentworth Hwy. 476-5485	Stone Church 5 Granite St. 659-7700	Governor's Inn 78 Wakefield St. 332-0107	Tailgate Tavern 28 Portsmouth Ave. 580-2294
Nashua Boston Billiards 55 Northeastern Blvd. 943-5630	Northfield Boonedoxz Pub 95 Park St. 717-8267	Mitchell Hill Grill & Brew 50 N. Main St. 332-2537	Warner Cafe One East 1 E. Main St.
Fratello's Italian Grille 194 Main St. 889-2022	Pelham Village Green in front of Pelham Public Library at 24 Village Green	Porter's Pub 19 Hanson St. 330-1964	Windham Castleton 92 Indian Rock Road 800-688-5644
		Salem The Colosseum Restaurant 264 N. Broadway 898-1190	Old School Bar & Grill 49 Range Road 458-6051

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Windham Castleton's Waterfront: Dwyane Haggins, 5:30 p.m.	T-Bones: Chris Perkins, 6 p.m.	Smuttynose: Dancing Madly Backwards, 6:30 p.m.
Old School: Maddi Ryan, 6 p.m.	Epping Telly's: Rob & Jody, 8 p.m.	Wally's: Diezel, 9 p.m.
		Whym: Andrew Polokow, 6:30 p.m.
Friday, July 30	Exeter Sawbelly: Elijah Clark, 5 p.m.	Henniker Pats Peak: Mikey G, 6 p.m.
Auburn Auburn Pitts: Randy & Brad Duo, 7 p.m.	Gilford Patrick's: Colin Hart, 4 p.m.	Hooksett Big Kahunas: Tim Kierstead, 5 p.m.
Bedford Copper Door: Chris Lester, 7 p.m.	Goffstown Village Trestle: Jonny Friday, 6 p.m.	Hudson The Bar: Maddie Ryan Trio, 7 p.m.
Murphy's: Ryan Williamson, 7:30 p.m.		T-Bones: Josh Foster, 6 p.m.
T-Bones: Chris Powers, 6 p.m.	Hampton Bernie's: Zach Lovering, 7 p.m.	Kingston Saddle Up Saloon: The EXP Band, 7 p.m.
Concord Area 23: Lost Dogs Review, 8 p.m.	Bogie's: Darla D, 5 p.m. ' Jordan Quinn, 8 p.m.	Laconia Belknap Mill: Green Heron, 6 p.m.
Cheers: team trivia, 8:30 p.m.	CR's: The Last Duo, 6 p.m.	Fratello's: Paul Warnick, 6 p.m.
Shara Vineyards: Gary Hodges, 6 p.m.	The Goat: Rob Pagnano, 8:30 p.m.	Naswa: Marlena Phillips, 6 p.m.
T-Bones: Sean Coleman, 6 p.m.	Sea Ketch: Austin McCarthy, 1 p.m.	T-Bones: Mitch Alden, 6 p.m.
Derry Sabatino's North: Justin Jordan, 7 p.m.	Sea Shell Stage: The Brandy Band, 7 & 8:30 p.m.	

NITE MUSIC THIS WEEK

Londonderry
Coach Stop: Ted Solovicos, 6 p.m.
Stumble Inn: Erika Van Pelt Duo, 7 p.m.

Manchester
Backyard Brewery: Karen Grenier, 6 p.m.
Bonfire: Cashwood, 8 p.m.
Cactus Jack's: Joanie Cicatelli, 6 p.m.
Derryfield: Dave Ayotte Duo, 7 p.m.; Mike & John, 9 p.m.
Firefly: Marc Apostolides, 6 p.m.
The Foundry: Ryan Williamson, 6 p.m.

Fratello's: Jeff Mrozek, 5:30 p.m.
KC's: Lisa Guyer, 6 p.m.
McIntyre Ski Area: Pete Massa, 5:30 p.m.
Murphy's: Steve Haidaichuk, 5 p.m., Blue Matter, 9:30 p.m.
South Side Tavern: karaoke with George Cox, 9 p.m.
Stark Brewing: karaoke with DJ Paul Roy, 7 p.m.
Strange Brew: Soup du Jour

Mason
Marty's: Roots of Creation, 6 p.m.

Meredith
Twin Barns: Justin Cohn, 6 p.m.

Merrimack
Homestead: Rick Watson, 6 p.m.
Milford
Fuel: Alex Cohen, 6 p.m.
Pasta Loft: Acoustic Tandem, 8 p.m.
Riverhouse Café: Alex Cohen, 6 p.m.

Nashua
Boston Billiards: Wooden Soul, 5 p.m.
Fratello's: Doug Thompson, 5:30 p.m.
Peddler's Daughter: ODB Project, 9 p.m.

Newmarket
Stone Church: Wolfman Jack, 6 p.m.

Northfield
Boondox Pub: karaoke night, 7 p.m.

Portsmouth
Gas Light: Alex Roy, 7:30 p.m.
Gibb's Garage Bar: trivia, 8 p.m.
The Goat: Chris Toler, 9 p.m.
Thirsty Moose: Stevey Burke, 9 p.m.; Tenderheads, 9 p.m.

Salem
Copper Door: Joe Winslow, 7 p.m.

Jocelyn's: Brian Walker, 7 p.m.
Smuttynose: Jim Devlin Band, 6 p.m.

Stratham
Tailgate Tavern: Alan Roux, 7 p.m.

Suncook
Suncook Family Resort: Nicole Knox Murphy, 7 p.m.

Windham
Old School Bar: Poproks, 6 p.m.

Saturday, July 31
Alton Bay
Dockside: Mike Laughlin, 8 p.m.

Bedford
Copper Door: Jodee Frawlee, 7 p.m.
Murphy's: D-Comp Duo, 7:30 p.m.

Bow
Chen Yang Li: Karen Grenier, 7 p.m.

Brookline
Alamo: live music, 4:30 p.m.
Averill House: Brian McGravey, 1 p.m.

Concord
Area 23: Jam with Ross, 2 p.m.; The Undaunted Professor Harp, 8 p.m.

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COMEDY THIS WEEK AND BEYOND

Venues
Castle in the Clouds
 455 Old Mountain Road, Moultonborough, 476-5900

McCue's Comedy Club at the Roundabout Diner
 580 Portsmouth Traffic Circle, Portsmouth
 mccuescomedyclub.com

Chunky's
 707 Huse Road, Manchester; 151 Coliseum Ave., Nashua; 150 Bridge St., Pelham, chunkys.com

Rex Theatre
 23 Amherst St., Manchester, 668-5588, palace-theatre.org

Tupelo Music Hall
 10 A St., Derry, 437-5100, tupelomusic-hall.com

The Word Barn
 66 Newfields Road, Exeter, 244-0202, the-wordbarn.com

Hatbox Theatre
 Steeplegate Mall, 270 Loudon Road, Concord 715-2315, hatboxnh.com

Shows

Kathleen Irish Pub
 90 Lake St., Bristol 744-6336, kathleensirish-pub.com

LaBelle Winery Derry
 14 Route 111, Derry 672-9898, labellewinery.com

Lakeport Opera House
 781 Union Ave., Laco-
 nia, 519-7506
 lakeportopera.com

• Sebastian Maniscalco Casino Ballroom, Thursday, July 29, 7 & 9 p.m.; Sunday, Aug. 1, 5 & 8 p.m.; Sunday, Aug. 8, 5 & 8 p.m.

• Comedy Out of the Box Hatbox, Thursday, July 29, 7:30 p.m.

• Lenny Clarke Rex Theatre, Friday, July 30, and Saturday, July 31, at 7:30 p.m.

• Word Barn Comedy Night with Kelly Macfarland, Reena Calm,



Lenny Clarke. Courtesy photo.

Chris D., Matt Barry Word Barn, Friday, July 30, 8 p.m.

• Dan Crohn McCue's, Friday, July 30, 8 p.m.

• Corey Rodrigues McCue's, Saturday, July 31, 8 p.m.

• Mark Riccadonna Chunky's Manchester, Saturday, July 31, 8:30 p.m.

• James Dorsey Chunky's Nashua, Saturday, July 31, 8:30 p.m.

• Sebastian Maniscalco Casino Ballroom, Saturday, Aug. 1, 8 p.m.

• Steve Sweeney Lakeport, Thursday, Aug. 5, 8 p.m.

• Frank Santorelli Rex Theatre, Friday, Aug. 6, 7:30 p.m.

• Juston McKinney Castle in the Clouds, Friday, Aug. 6, 7:30 p.m.

• Cottage Comedy with Pete Andrews and more, Kathleen's Irish Pub, Saturday, Aug. 7, 7 p.m.

• Brad Mastrangelo McCue's, Saturday, Aug. 7, 8 p.m.

• Ace Aceto Chunky's Manchester, Saturday, Aug. 7, 8:30 p.m.

• Discovering Magic with Andrew Pinard Hatbox, Wednesday, Aug. 11, 7:30 p.m.

MOVIES For A CAUSE

Raya and the Last Dragon

TUE. AUG. 3RD 7:00PM

MOVIES For A CAUSE

Rock of Ages

WED. AUG. 4TH 7:00PM

Lauren Rainbow
 Spirit - Healing - Love

THUR. AUG. 5TH 7:30PM

FRIDAY NIGHT COMEDY AT THE REX

FRANK SANTORELLI

FRI. AUG. 6TH 7:30PM

MOVIES For A CAUSE

Matilda

TUE. AUG. 10TH 7:00PM

MOVIES For A CAUSE

Back to the Future

WED. AUG. 11TH 7:00PM

FRIDAY NIGHT COMEDY AT THE REX

DREW DUNN

FRI. AUG. 13TH 7:30PM

MOVIES For A CAUSE

Tangled

TUE. AUG. 17TH 7:00PM

MOVIES For A CAUSE

Frozen

WED. AUG. 18TH 7:00PM

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NITE MUSIC THIS WEEK

Concord Craft Brewing: Ryan Williamson, 4 p.m.
Fletcher-Murphy Park: Lucas Gallo, 6 p.m.
Hermanos: Paul Speidel, 6:30 p.m.
T-Bones: Josh Foster, 6 p.m.

Derry
T-Bones: Chris Lester, 6 p.m.

Epping
Telly's: Austin McCarthy, 7 p.m.

Exeter
Sawbelly: Max Sullivan, 1 p.m., Dean Harlem, 5 p.m.

Gilford
Lake Shore Park: Dave Ayotte Band, 7 p.m.
Patrick's: George & Louise Belli, 4 p.m.

Goffstown
Village Trestle: Jennifer Mitchell, 6 p.m.

Hampton
Bernie's Beach Bar: Chris Toler, 1 p.m.; Zach Lovering, 7 p.m.
Bogie's: Reggae Redemption, 3 p.m.; Kastro and Then, 8 p.m.
Sea Ketch: Matt Jackson, 1 p.m., Justin Jordan, 8 p.m.
Sea Shell Stage: Rico Barr Jump 'n' Jive, 7 & 8:30 p.m.
Smuttynose: Tim Theriault, 1 p.m., Wally's: Zoso, 9 p.m.
WHYM: Ralph Allen, 5:30 p.m.

Henniker
Pats Peak: Alex Cohen, 5:30 p.m.

Hooksett
Big Kahunas: Pete Massa, 5 p.m.

Hudson
The Bar: Crave, 7 p.m.
T-Bones: Jessica Olson, 6 p.m.

Kingston
Saddle Up Saloon: Money Kat, 8 p.m.

Laconia
Fratello's: Henry LaLiberte, 6 p.m.
High Octane Saloon: Deja Voodoo, 7 p.m.
T-Bones: Rebecca Turmel, 6 p.m.

Londonderry
7-20-4 Lounge: The Garrett Partridge Acoustic Triune, 5 p.m.
Coach Stop: Doug Thompson, 6 p.m.
Stumble Inn: J-Lo, 7 p.m.

Manchester
Backyard Brewery: Justin Cohn, 6 p.m.
Bonfire: Martin & Kelly, 8 p.m.
Cactus Jack's: Phil Jakes, 6 p.m.
Cercle National Club: Stolen Mojo, 6 p.m.
Derryfield: Jonny Friday, 7 p.m., The Drift, 9 p.m.
Firefly: Chris Lapointe, 6 p.m.
The Foundry: Andrew Geano, 6 p.m.
Fratello's: Tom Rousseau, 5:30 p.m.
Great North Aleworks: Dog Days Summer, 11 a.m.
KC's: Matt Bergeron, 6 p.m.
Mcintyre Ski Area: Paul Lussier, 5:30 p.m.
Murphy's: Craig LaGrassa, 5 p.m., Casual Gravity, 9:30 p.m.
South Side Tavern: Chris Perkins, 8 p.m.
Strange Brew: Econoclasts

Merrimack
Homestead: Chris Cavanaugh, 6 p.m.

Milford
Fuel: Klaylee Federmann, 6 p.m.
Pasta Loft: Travis Rollo, 8 p.m.
Riverhouse Café: Kaylee Federmann, 6 p.m.

Nashua
Fratello's: Rick Watson, 5:30 p.m.
Millyard Brewery: Wooden Soul, 4 p.m.

Newmarket
Stone Church: The Green Sisters, 6 p.m.

North Conway
Sea Dog Brewing: Brian Walker

Newmarket
Gas Light: Paul Warnick, 2 p.m.; Max Sullivan, 7:30 p.m.
The Goat: Jon Hollywood, 9 p.m.; Nate Bash Band, 9 p.m.
Summer in the Streets: The Seacoast Wind Ensemble, 5:30 p.m.
Thirsty Moose: Jon Hollywood, 9 p.m.; Nate Bash Band, 9 p.m.

Salem
Copper Door: Sean Coleman, 7 p.m.
Smuttynose: Troy & Luneau, 6 p.m.

Seabrook
Chop Shop: American Who, 7 p.m.

Somersworth
Speakeasy: karaoke, 7 p.m.

Weare
Cold Springs: Annie & the Orphans, 7:30 p.m.

Windham
Old School: Amsterdams Waiting, 6 p.m.

Sunday, Aug. 1

Alton Bay
Dockside: Jon Wheatley, 4 p.m.

Bedford
Copper Door: Phil Jakes, 11 a.m.
Murphy's: Gabby Martin, 4 p.m.

Brookline
Alamo: live music, 4:30 p.m.

Canterbury
Shaker Village: The Wholly Rollers, 4 p.m.




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PIZZASTOCK 5



It's a day of music at **Pizzastock 5**, an event featuring 12 bands on two stages at the Boys & Girls Club of Greater Derry (40 E. Derry Road) on Saturday, July 31, from noon to 7 p.m. The event will also feature booths with community resources including mental health and suicide prevention information, and pizza, according to pizzastock.org, where you can find more information about the Jason R. Flood Memorial, which puts on the event, and its mission of suicide prevention. The lineup includes Cozy Throne, Sunday Ave., 2nd to Last Minute, More Than Jake, Fourth Degree, Bored Soul, True Levellers, Dylan Wetherbee, Rock Bottom, Tals and Pals and Express Mail, according to the website. Pizzastock 5 is the main event of a three-event series of concerts the Jason R. Flood Memorial is holding this summer. The final event is on Saturday, Aug. 7, from noon to 4 p.m. at Kendall Pond Pizza Restaurant (7 Mammoth Road in Windham). See the website or the event's Facebook page for more. *Pictured: Fourth Degree.*

NITE MUSIC THIS WEEK

Concord
Cheers: Joanie Cicatelli, 5 p.m.

Contoocook
Contoocook Cider Co: Amanda Adams, 5 p.m.

Exeter
Sawbelly: Michael Wingate, 11 a.m.; Elijah & The Profitz, 3 p.m.

Gilford
Patrick's: Jeff Lines, 4 p.m.

Goffstown
Village Trestle: Bob Pratte w/ David Papa, 3:30 p.m.

Hampton
Bernie's: Jimmy Kenny & the Pirate Beach Band, 8 p.m.
Bogie's: Darla D & Friends, 5 p.m.
CR's: Steve Swart, 4 p.m.
The Goat: Isaiah Bennett, 9 p.m.
Sea Ketch: live music, 1 p.m.
Sea Shell Stage: Talent Auditions, 1 p.m.; The Belairs, 7 & 8:30 p.m.
Smuttynose: Brett Wilson, 1 p.m.; 21st & 1st, 5:30 p.m.
Wally's: Over the Bridge Duo, 8 p.m.
WHYM: Max Sullivan, noon

Henniker
Colby Hill Inn: Tanya Dutt & Brad Myrick, 4:30 p.m.

Kingston
Saddle Up Saloon: video music bingo, 5 p.m.

Laconia
Fratello's: Rebecca Turmel, 6 p.m.

Londonderry
Stumble Inn: Dave Mitchell Duo, 5 p.m.

Manchester
Cercle National Club: Lewis Goodwin, 2:30 p.m.
Derryfield: 603's, 5 p.m.
Great North Aleworks: Alli Beaudry, 1 p.m.
KC's: Joe McDonald, 3 p.m.
Murphy's: Abrielle Scharff, noon, Jonny Friday, 5:30 p.m.
Stark Park Bandstand: Dan Gabel & the Abletones, 2 p.m.
Strange Brew: jam

Mason
Marty's: The Mighty King Snakes, 3 p.m.

Milford
Riverhouse Café: Amanda Adams, 11 a.m.

Nashua
Millyard Brewery: Dan Carter ('70s, '80s, '90s and today)
Stella Blu: April Cushman, 3 p.m.

Newmarket
The Stone Church: Sans Souci JGB, 1 p.m.

Northfield
Boondoz Pub: open mic, 4 p.m.

Portsmouth
Gas Light: Henry LaLiberte, 12:30 p.m.; Pete Peterson, 6 p.m.
The Goat: Rob Pagnano, 9 p.m.

Rochester
Grill 110: Tom Boisse, 3 p.m.

Salem
Copper Door: Marc Apostolides, 11 a.m.
Smuttynose: Jah Spirit, noon; Mica Peterson Duo, 4 p.m.

Warner
Cafe One East: Eric Marcs, 1 p.m.

Windham
Old School Bar: Bite the Bullet, 3 p.m.

Monday, Aug. 2
Bedford
Murphy's: Austin McCarthy, 5:30 p.m.

Concord
Tandy's: trivia night, 7 p.m.

Deerfield
Lazy Lion: trivia night, 7 p.m.

Hampton
Bernie's: Trevor Hall w/ Cas Haley, 8 p.m.
The Goat: Maddie Ryan, 9 p.m.
Sea Shell Stage: The Reminisants, 7 & 8:30 p.m.

Gilford
Patrick's Pub: open mic w/ Paul Luff, 6 p.m.

Laconia
Fratello's: Paul Warnick, 6 p.m.

Londonderry
Stumble Inn: Lisa Guyer Duo, 5 p.m.

Manchester
Fratello's: Phil Jakes, 5:30 p.m.
Murphy's: April Scharff, 5:30 p.m.

Merrimack
Homestead: live music, 6 p.m.

Nashua
Fratello's: Ryan Williamson, 5:30 p.m.

Plaistow
Crow's Nest: trivia night, 8 p.m.

Portsmouth
Gas Light Deck: Tim Theriault, 7:30 p.m.
The Goat: Musical Bingo Nation, 7 p.m.; Alex Anthony, 9 p.m.

Seabrook
Red's: trivia w/ DJ Zati, 9 p.m.

Tuesday, Aug. 3
Bedford
Murphy's: Jodee Frawlee, 5:30 p.m.

Concord
Area 23: trivia, 7 p.m.
Hermanos: live music, 6:30 p.m.
Tandy's: open mic night, 8 p.m.

Hampton
The Goat: Zach Lovering, 9 p.m.
Sea Shell Stage: Liv N' Brilliant (bluesy rock 'n' roll), 7 & 8:30 p.m.
Shane's: music bingo, 7 p.m.
Wally's: Musical Bingo Nation, 7:30 p.m.

Hampstead
Town Hall: Soggy Po Boys, 6 p.m.

Henniker
Angela Robinson Bandstand: Woodland Protocol, 6:30 p.m.

Laconia
Fratello's: Tim Dion, 6 p.m.

Londonderry
Stumble Inn: Justin Cohn, 5 p.m.

Manchester
Fratello's: Chris Cavanaugh, 6 p.m.
Murphy's: Craig LaGrassa, 5:30 p.m.
Stark Brewing: open mic w/ Brian M & Chad Verbeck, 7 p.m.

Merrimack
Homestead: live music, 6 p.m.

Nashua
Fratello's: Phil Jakes, 5:30 p.m.
Greeley Park Bandshell: B Street Bombers, 7 p.m.
Peddler's Daughter: trivia night, 8:30 p.m.

Newmarket
Schanda Park: Jake Davis & the Whiskey Stones, 6 p.m.

Portsmouth
Gas Light: Lewis Goodwin, 7:30 p.m.
The Goat: Isaiah Bennett, 9 p.m.

Stratham
Tailgate Tavern: Musical Bingo Nation, 6 p.m.

Wednesday, Aug. 4
Bedford
Murphy's: April Cushman, 5:30 p.m.
Village Common Park: Windham Swing Band, 6:30 p.m. (family-friendly show)

Brookline
Alamo: live music, 4:30 p.m.

Candia
Smyth Public Library Gazebo: Dean Richardson, 6:30 p.m.

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NITE MUSIC THIS WEEK

Concord
Area 23: open mic night, 7 p.m.
Courtyard by Marriott: Ryan Williamson, 6 p.m.
Hermans: live music, 6:30 p.m.
Tandy's: karaoke, 8 p.m.

Epping
Popovers: team trivia night, 6:30 p.m.

Exeter
Sawbelly: Qwill, 5 p.m.

Hampton
Bogie's: Tequila Jim and open mic
Community Oven: Game Time trivia, 6 p.m.
The Goat: MB Padfield, 9 p.m.
Sea Ketch: Lewis Goodwin, 1 p.m.
Sea Shell Stage: The Continentals, 7 & 8:30 p.m.

The Smuttynose: trivia, 6 p.m.;
 Max Sullivan, 6 p.m.
Wally's: Live Band karaoke, 8:30 p.m.

Kingston
Saddle Up Saloon: Musical Bingo Nation, 7 p.m.

Laconia
Fratello's: Mitch Alden, 6 p.m.

Londonderry
The Common: Martin & Kelly, 7 p.m.
Stumble Inn: Pete Peterson, 5 p.m.

Manchester
Derryfield: Austin McCarthy, 6 p.m.
Fratello's: Tom Rousseau, 5:30 p.m.

Murphy's: Jodee Frawlee, 5:30 p.m.
Stark Brewing: karaoke with Cox Karaoke, 8 p.m.
Strange Brew: open mic w/ Howard & Mike

Merrimack
Abbie Griffin Park: North River Music, 6 p.m.
Homestead: live music, 6 p.m.

Milford
Stonecutters Pub: open mic, 8 p.m.

Nashua
Fratello's: Chris Cavanaugh, 5:30 p.m.

Newmarket
Stone Church: Eleanor Elektra w/ Liz Ridgely, 7 p.m.

Pelham
Village Green: 4EverFab, 6 p.m.

Pittsfield
Main Street Grill & Bar: trivia, 6:30 p.m.

Plaistow
PARC: Timberlane Dixie Land Band, 6 p.m.

Portsmouth
Gas Light: Matt Luneau, 7:30 p.m.
The Goat: Alex Anthony, 9 p.m.
Thirsty Moose: Game Time trivia, 7 p.m.

Rochester
Porter's: karaoke night, 6:30 p.m.

Somerset
Speakeasy: open mic night, 7 p.m.

Thursday, Aug. 5
Auburn
Auburn Pitts: open mic jam, 6:30 p.m.

Bedford
Copper Door: Chad LaMarsh, 7 p.m.
Murphy's: Justin Jordan, 5:30 p.m.
T-Bones: Phil Jakes, 6 p.m.

Brookline
Alamo: live music, 4:30 p.m.

Concord
Cheers: Chris Perkins, 6 p.m.
Penuche's: open mic night w/ Brian Burnout, 8 p.m.
T-Bones: Sean Coleman, 6 p.m.

Derry
T-Bones: Jodee Frawlee, 6 p.m.

Epping
Telly's: Alex Roy, 7 p.m.

Exeter
Sea Dogs: Artty Francoeur, 5 p.m.
Swasey Parkway: Whiskey Horse, 6 p.m. (country)

Goffstown
Village Trestle: Harpo and Frankie, 6 p.m.

Hampton
Bernie's: Zach Deputy, 8 p.m.
Bogie's: Troy and Luneau, 8 p.m.
CR's: Don Severance (guitar), 6 p.m.
The Goat: Zach Lovering, 9 p.m.
Sea Ketch: Paul Lussier, 1 p.m.; Chris Lapointe, 8 p.m.
Sea Shell Stage: Mic David (Country), 7 & 8:30 p.m.

Concerts

Venues
Bank of New Hampshire Pavilion
 72 Meadowbrook Lane, Gilford
 293-4700, banknhpavilion.com

Capitol Center for the Arts
 44 S. Main St., Concord
 225-1111, ccanh.com
 Outdoor venue: Fletcher-Murphy Park (28 Fayette St. in Concord)

Castle in the Clouds
 455 Old Mountain Road, Moultonborough, 476-5900

The Flying Monkey
 39 Main St., Plymouth
 536-2551, flyingmonkeynh.com

Fulchino Vineyard
 187 Pine Hill Road, Hollis
 438-5984, fulchinovineyard.com

Jewel Music Venue
 61 Canal St., Manchester
 819-9336, jewelmusicvenue.com

LaBelle Winery Derry
 14 Route 111, Derry
 672-9898, labellewinery.com

Lakeport Opera House
 781 Union Ave., Laconia
 519-7506, lakeportopera.com

The Music Hall
 28 Chestnut St., Portsmouth
 436-2400, themusichall.org

Northlands
 247 Monadnock Hwy., Swanzey
 northlandslive.com

Stone Church
 5 Granite St., Newmarket
 659-7700, stonechurchrocks.com

Tupelo Music Hall
 10 A St., Derry
 437-5100, tupelomusichall.com

The Word Barn
 66 Newfields Road, Exeter
 244-0202, thewordbarn.com

Shows
 • **Chris Stapleton with Elle King and Nikki Lane** Wednesday, July 28, and Thursday, July 29, 7 p.m., Bank of NH Pavilion
 • **No Shoes Nation Band: A Tribute to Kenny Chesney** Thursday, July 29, 7:30 p.m., LaBelle Winery Derry
 • **Jonathan Edwards** Friday, July 30, 6 p.m., Tupelo Drive-In
 • **Wolfman Jack** Friday, July 30, 6 p.m., Stone Church
 • **The Machine performs Pink Floyd** Friday, July 30, 6:30 p.m., Northlands

• **Tapestry: Carole King Tribute** Friday, July 30, 7:30 p.m., Flying Monkey
 • **Fab Four: Ultimate Beatles Tribute** Friday, July 30, 8 p.m., Casino Ballroom
 • **Prophet with Rez, ekomsdub, Crypto featuring Hennessy Sound by 767 Audio** Friday, July 30, 8 p.m., Jewel
 • **An Evening with Sinatra** Friday, July 30, 8 p.m., Lakeport
 • **Franco Corso** Saturday, July 31, 5 p.m., Fulchino
 • **Lucas Gallo** Saturday, July 31, 6 p.m., Cap Center Music in the Park Series at Fletcher-Murphy Park (livestream also available)
 • **The Green Sisters** Saturday, July 31, 6 p.m., Stone Church
 • **Get the Led Out** Saturday, July 31, 6:30 p.m., Northlands
 • **Billy Strings** Saturday, July 31, and Sunday, Aug. 1, 7:30 p.m., Bank of New Hampshire Pavilion
 • **Classic Album Live Presents: The Eagles Hotel California** Saturday, July 31, 7:30 p.m., Castle in the Clouds
 • **Sammy Rae & Friends** Saturday, July 31, 8 p.m., Word Barn
 • **David Clark's Songs in the Attic (The Music of Billy Joel)** Saturday, July 31, 8 p.m., Lakeport

• **Beginnings** Sunday, Aug. 1, at 3 & 6 p.m., Tupelo Drive-In
 • **San Souci (Tribute to Jerry Garcia Band)** Sunday, Aug. 1, 3 p.m., Stone Church
 • **Daniel Rodriguez** Sunday, Aug. 1, 5 & 7 p.m., Music Hall
 • **Dead Archer presents** Wednesday, Aug. 4, 7 p.m., Stone Church
 • **Senie Hunt** Thursday, Aug. 5, 7 p.m., Stone Church
 • **Isaiah Sharkey & Leslie Mendelson** Thursday, Aug. 5, 7:30 p.m., Music Hall
 • **Manchester Masquerade Party** (with top 40, dance, EDM and house, hip-hop and reggae-



The Green Sisters. Courtesy photo.

ton) Thursday, Aug. 5, 9 p.m., Jewel
 • **Dar Williams** Friday, Aug. 6, 5 & 8 p.m., Word Barn
 • **Dueling Pianos** Friday, Aug. 6, 6 p.m., Tupelo Drive-In
 • **Luke Bryan with Morgan Wallen and Runaway June** Friday, Aug. 6, and Saturday, Aug. 7, 7 p.m., Bank of NH Pavilion



KT TUNSTALL

Catch **KT Tunstall** at the Tupelo Drive-In (10 A St. in Derry; 437-5100, tupelomusichall.com) on Sunday, Aug. 8, when she will play shows at 3 p.m. and 6 p.m. Drive-in and restaurant seating is available. The Tupelo Drive-In is slated to continue the outside shows through Sunday, Aug. 15, with shows after Aug. 16 scheduled to return to inside the Tupelo Music Hall, according to the website.

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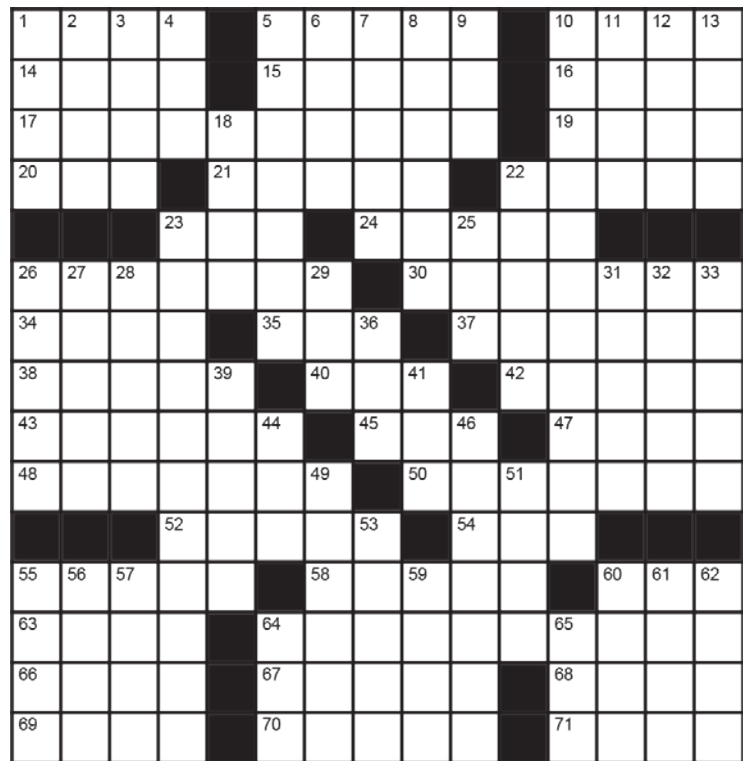
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Across

- 1. '96 Chris Isaak album '___ Sessions'
- 5. Dance Travalta did in Pulp Fiction
- 10. Jazz/fusion mainstays Spyro ___
- 14. Jimmy Buffett got his leash singing 'You're better off with ___' (1,3)
- 15. Finnish 'Twelve Shots On The Rocks' glamsters ___ Rocks
- 16. Death metal belt out might be considered this
- 17. Three Days Grace 'Animal I ___' (4,6)
- 19. 'Springsteen' Church
- 20. Angels '___ Ever Gonna See Your Face Again' (2,1)
- 21. Killswitch Engage had a singular 'Element ___' (2,3)
- 22. Ensembles playing onstage are called these
- 23. Jeff Lynne 'Sweet Talkin' Woman' band (abbr)
- 24. '00 Everlast album '___ Whitey's' (3,2)
- 26. Paul Stanley musical '___ Of The Opera'
- 30. 'New Distances' band of small widths?
- 34. Cheech & Chong 'Born In ___ LA'
- 35. British indie label formed in science setting?
- 37. Three Dog Night were using all limbs w/'___ Band' (3,3)
- 38. You need a ticket, a seat and ___ (1,4)
- 40. Boston rockers ___ De Sac
- 42. '97 Motley Crue album 'Generation ___'
- 43. Killer show you missed might cause this
- 45. 80s dance music singer Peeples
- 47. Swedish Ternheim
- 48. Icon Carlos
- 50. Chic's 'C'est chic' disco song (2,5)
- 52. Like some posters

- 54. Minor Threat were cool or this to skaters in the 80s
- 55. "With no loving in our souls and no money in our coats" Stones song
- 58. Mischievous Steve Taylor asked 'Whatever Happened ___?' (2,3)
- 60. Joe Walsh 'One Day ___ Time' (2,1)
- 63. You'll throw one in a busker's cup
- 64. 'Runaway Train' band (4,6)

- 66. Nirvana's Grohl
- 67. 'Metal On Metal' band
- 68. Beatles "There will be an answer, let ___" (2,2)
- 69. Sonny Bono sidekick
- 70. While My Guitar Gently ___
- 71. Reaction to bad band

Down

- 1. Bahamian 'You All Dat' group ___ Men
- 2. Schlesinger of Fountains Of Wayne
- 3. 'Keep The Faith' Bon ___
- 4. Sarah Brightman 'As I Came Of ___'
- 5. "Everybody plays ___ sometime, there's no exception to the rule" (3,4)
- 6. '16 Violent Soho album about '93 Texas siege?
- 7. Cage The Elephant '___ Ear' (2,3)
- 8. '12 Matchbox 20 'North' hit 'She's ___' (2,4)
- 9. 2 winners at battle of bands is called this
- 10. '84 Depeche Mode album 'Some ___' (5,6)
- 11. 'For Nancy ('Cos It Already Is)' Pete
- 12. Surprise police hotel bust
- 13. Bows in career
- 18. After show band might hightail it or do this
- 22. Where country bands start?
- 23. Billy Joel "I am the ___ and I know just where I stand"
- 25. '85 Rick Springfield album about Chinese ideal, perhaps
- 26. What Presidents Of The United States Of America eat besides 'Peaches'?
- 27. '99 Roxette album told us to '___ Nice Day' (4,1)
- 28. Petula Clark '___ Of The Times' (1,4)
- 29. Laptop w/Garageband

WORD★Roundup™

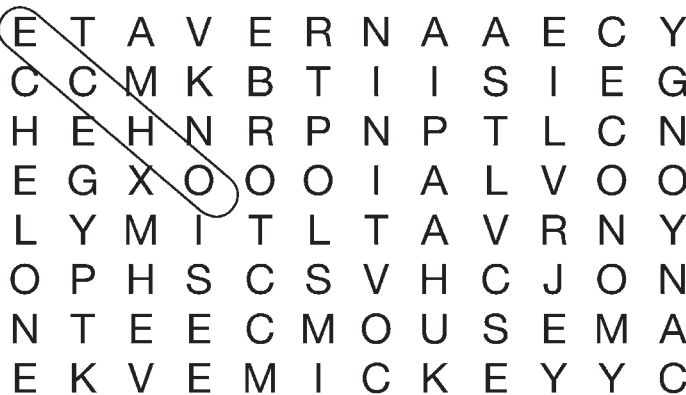
by David L. Hoyt & Jeff Knurek

Find and Circle...

- Five words starting with EC
- Three countries starting with E
- Two land formations
- Iconic Disney character: _____
- Pub or bar

Last Week's Answers: CRIMSON MAROON PURPLE SILVER YELLOW CYAN / ALPHA BETA GAMMA DELTA EPSILON / NOON / NEVER / ALASKA

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3/19

- 31. 'Friends ___' Bowling For Soup (1,4)
- 32. Sheryl Crow 'All I ___ Do'
- 33. How Robert Palmer will get 'Sally Through The Alley'
- 36. Sir Mix-A-Lot might want a cinnamon one
- 39. "Here ___ now, entertain us!" (2,3)
- 41. 'Meet The Girl Next Door' ___ Mo
- 44. 'Tell No Tales' Norwegians that exploded?
- 46. '02 System Of A Down 'Toxicity' hit
- 49. '03 Audioslave hit 'Like ___' (1,5)
- 51. They buy your albums
- 53. ___ Lost That Lovin' Feelin'

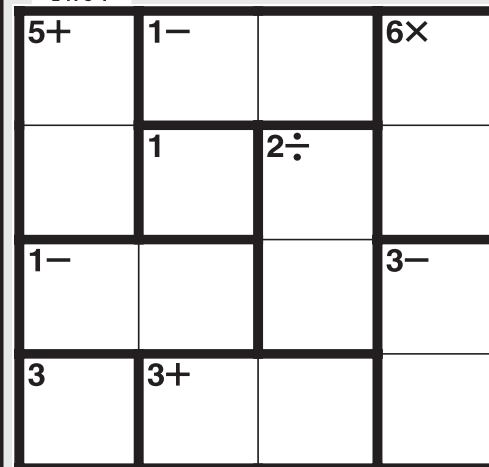
- 55. Angus Young 'Powerage' band
- 56. Lennox of Animal Collective
- 57. Tesla "It's not what you got it's what you ___"
- 59. '97 Phish live album '___, Stitch, And Pass'
- 60. Kind of clef
- 61. Lowest-pitched brass member
- 62. '99 Paula Cole album you say at the end of grace?
- 64. Pink Floyd goes up & down a 'See-___'
- 65. Yames of Monsters Of Folk/My Morning Jacket

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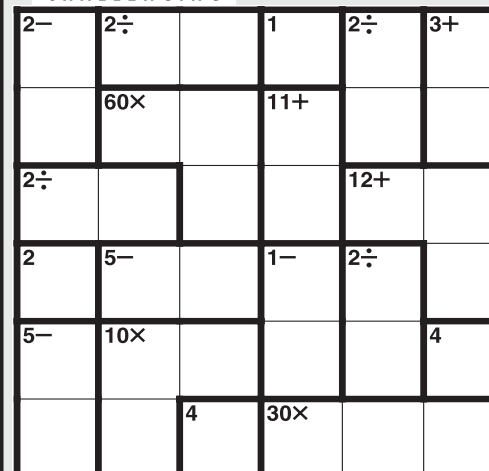
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EASY



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CHALLENGING



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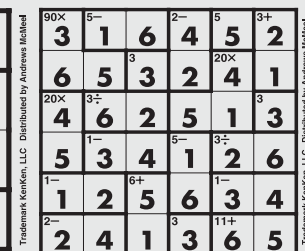
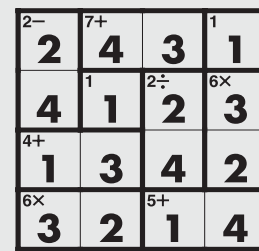
RULES

- 1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- 2 The numbers within the heavily

outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.

- 3 Freebies: Fill in single-box cages with the number in the top-left corner.

PREVIOUS ANSWERS



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“Free Up Space” — another themeless, for these times

Across

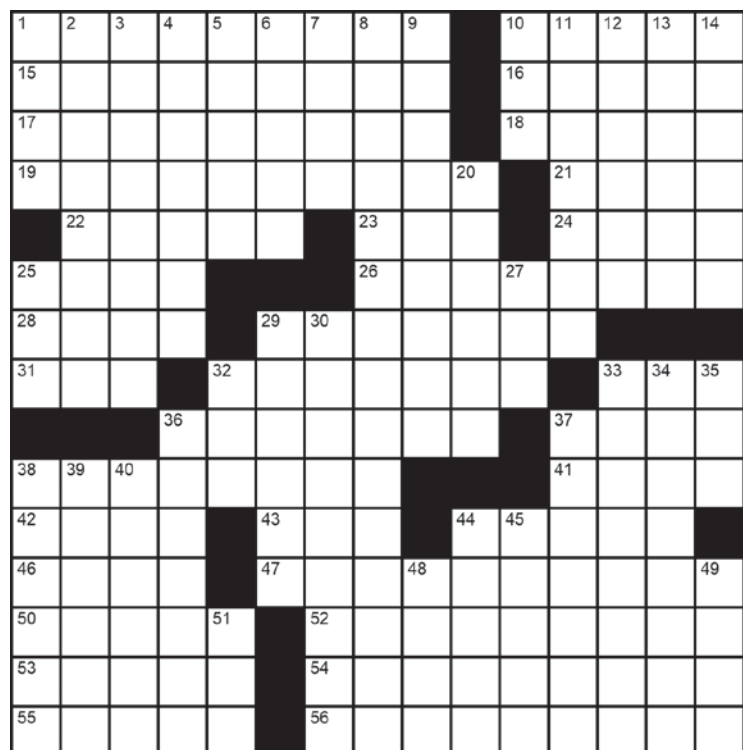
- 1 Skids laterally
- 10 Indifferent individual
- 15 1968 album whose first single was “Think”/“You Send Me”
- 16 Decoy customer
- 17 Comic commentator on both the U.S. and Australian versions of “Holey Moley”
- 18 “O Pioneers!” author Cather
- 19 Anna Mill/Luke Jones 2018 graphic novel about robotic cities
- 21 Room 204, at the Roman Holiday Inn?
- 22 Lying beneath
- 23 Gp. that supports summer reading

- 24 ___ kama (imitation crab used in California rolls)
- 25 One-liner, e.g.
- 26 Drive out on the prairie?
- 28 San Francisco Bay structure
- 29 “Percy Jackson: The Battle of the Labyrinth” author Rick
- 31 “The Electric Kool-Aid Acid Test” stuff
- 32 “Right?”
- 33 Culatello or Black Forest, e.g.
- 36 Sponge cake seen on “The Great British Bake-Off” (and named for an Italian city)
- 37 Streaming service that sounds like a Haitian religion

- 38 Microsoft hybrid product announced in 2001
- 41 30-miles-per-hour runners
- 42 Regional butter substitute (I swear nobody calls it this on the West Coast)
- 43 “___ Poetica” (Horace work)
- 44 Lesson at the end
- 46 Imperfection
- 47 Leaders of the bunch?
- 50 Paleontologist’s big find
- 52 Fake (like with lip-synching or air guitar)
- 53 Flee, in a way
- 54 Embarrassed acknowledgement
- 55 Small, but cute
- 56 PBS series of programs for at-home education

- peoples
- 3 Explained as false
- 4 Web-based stock follower, maybe
- 5 Hobbits’ home, with “The”
- 6 Red Stripe is one
- 7 “Splendor in the Grass” Oscar winner William
- 8 With “The,” Dallas indie-pop group that often has up to 27 members
- 9 Tiny candy brand with the slogan “Be Both”
- 10 London-to-Madrid dir.
- 11 Get set
- 12 Early carrier tank on the tracks
- 13 “Fighting” NCAA team
- 14 His Final Jeopardy response was “Who are three people who’ve never been in my kitchen?”
- 20 Shaw who sang “Puppet on a String” for the U.K. at Eurovision 1967
- 25 Research ctr. that co-manufactured the Curiosity Rover

- 27 2021 role for Mayim
- 29 Go off on
- 30 Rubbing alcohol variety
- 32 Small, but cute
- 33 Focus of much genetic research
- 34 Flatterer
- 35 Letters before nus
- 36 Well-rounded positive makeovers
- 37 Supervillain who’s queen of the Skrull Empire, in the Marvel Universe
- 38 Heath bar ingredient
- 39 Alternative form of a gene
- 40 Long jump gold medalist Bob
- 44 Skill demonstrated on the U.K.’s “Countdown” (that isn’t seen much on U.S. game shows)
- 45 “Teenage Mutant Ninja Turtles” reporter April
- 48 Reporter’s assignment
- 49 Scattered, as seed
- 51 WWE wrestler Mysterio



Down

- 1 ___-CoV-2 (virus that causes COVID-19)
- 2 “Confederacy” of Native American

R&R answer from pg 43 of 7/22



Jonesin’ answer from pg 44 of 7/22



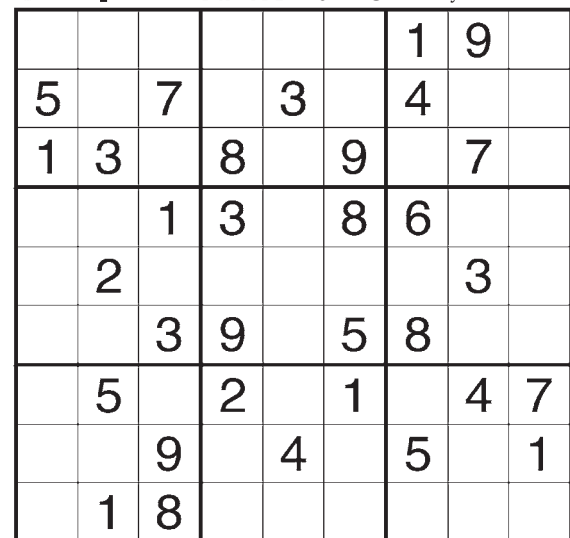
Jonesin’ Classic answer from pg 46 of 7/22



NITE SUDOKU

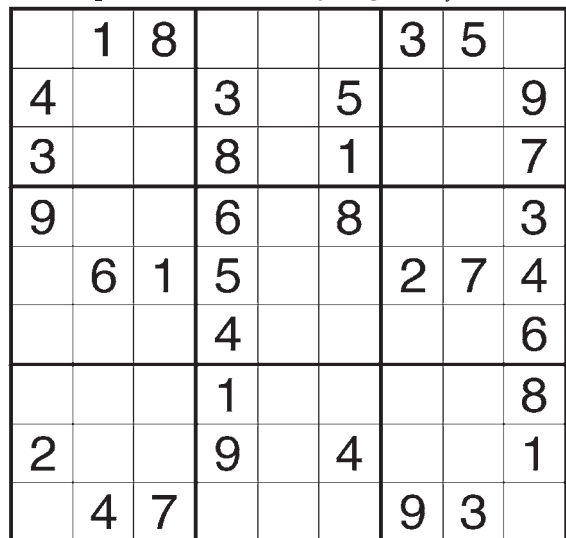
Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week’s puzzle answers on pg 41.

Conceptis Sudoku Puzzle A By Dave Green



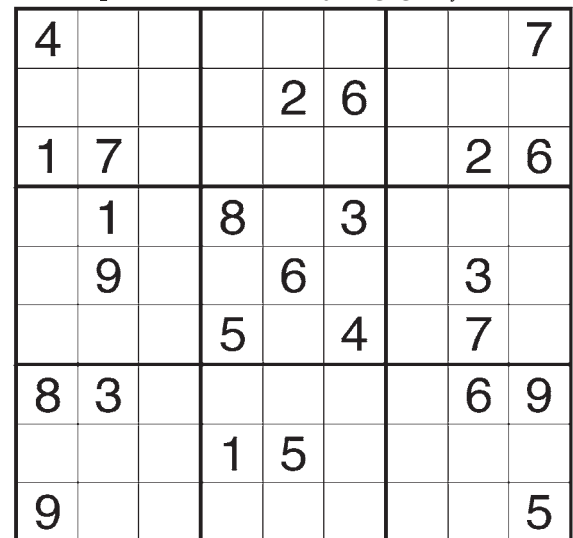
Difficulty Level ★

Conceptis Sudoku Puzzle B By Dave Green



Difficulty Level ★★★

Conceptis Sudoku Puzzle C By Dave Green



Difficulty Level ★★★★★

All quotes are from *Martha Stewart's Very Good Things*, by Martha Stewart, born Aug. 3, 1941.

Leo (July 23 – Aug. 22) You might not think to hang a wreath in the bathroom. It's time for innovation.

Virgo (Aug. 23 – Sept. 22) I clearly recall when 'It's a good thing' became my personal catchphrase, back in the early nineties. I had just painted the handles of my gardening hand tools a bright orange, so they could not possibly be lost in the chaos of the garden, and the phrase just came to me. Good things are good things.

Libra (Sept. 23 – Oct. 22) Your living space and belongings should bring you pleasure — not weigh you down. Keep it light.

Scorpio (Oct. 23 – Nov. 21) A label that says 'dry-clean only' doesn't always mean you can't safely clean the item at home. ... Max out your air-drying space by installing a ceiling-mounted rack. Just a little weekend project you could try.

Sagittarius (Nov. 22 – Dec. 21) Watering the lawn — and your garden beds — deeply as needed is better than daily light soaks. Keep an eye on drought conditions in your area.

Capricorn (Dec. 22 – Jan. 19) Give kids a low-enough kitchen drawer, and they'll be more likely to do for themselves come snack- or mealtime. People will help if they can reach.

Aquarius (Jan. 20 – Feb. 18) If you have a soft spot for pretty quilts and printed sheets, don't just tuck them away between uses. Enlist a side chair to hold a curated selection, where it can be seen and enjoyed, swapping it out as the seasons change. You'll want neat folds.... Get going on your neat folds.

Pisces (Feb. 19 – March 20) If you tend to reach for dried, fresh oregano will be a revelation. It works wonders in a vinaigrette.... Freshness works wonders.

Aries (March 21 – April

19) An elevated ledge makes eating more comfortable for your dog — and it looks better too. ... Mount with anchors and screws at a height that equals your dog's 'armpits.' Place filled bowls in designated spots for chow time. Be nice to the dogs!

Taurus (April 20 – May 20) Being a canny home cook boils down to making the most of what you have. ... Efficiency also counts, and hints like the best way to strip kale, chop onions, and cook one-pan suppers will save you time. You can do a lot with what you have.

Gemini (May 21 – June 20) And create an assigned space for everything, to encourage kids to put things back too. And yourself.

Cancer (June 21 – July 22) Ironing is still the only way to achieve ultra-crisp results, but here's a nifty workaround that comes close: Toss a few ice cubes into the dryer with your bedsheets; the ice will melt during the cycle and create steam. Take the sheets out when just dry, hang them up, and snap the fabric a few times until remaining wrinkles release. Treat yourself to crisp sheets. 🌸

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES

- 1 party (7)
- 2 party (4)
- 3 party (7)
- 4 party (4)
- 5 party (4)
- 6 party (6)
- 7 party (11)

SOLUTIONS

WO	LA	IR	GA	EE
SH	TE	FE	DIG	TI
BLO	IN	SO	LE	SH
UT	BRA	ON	BA	CE

7/25
Last Week's Answers: 1. MOZZARELLA 2. MEZZANINE 3. FRAZZLED 4. FUZZY 5. HAZZMATAZZ 6. BUZZER 7. EMBEZZLED

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Sudoku Answers from pg44 of 7/22

Puzzle A

8	5	9	2	1	4	3	6	7
4	3	6	7	5	8	2	9	1
7	2	1	9	3	6	5	4	8
2	9	8	5	6	7	4	1	3
5	6	3	8	4	1	7	2	9
1	7	4	3	2	9	6	8	5
9	1	2	6	7	5	8	3	4
6	8	5	4	9	3	1	7	2
3	4	7	1	8	2	9	5	6

Puzzle B

7	4	5	2	9	8	6	3	1
8	3	6	4	1	7	9	5	2
1	2	9	5	6	3	7	8	4
3	5	7	1	8	2	4	9	6
4	6	1	9	3	5	8	2	7
9	8	2	6	7	4	3	1	5
2	1	8	7	4	9	5	6	3
5	9	4	3	2	6	1	7	8
6	7	3	8	5	1	2	4	9

Puzzle C

8	7	6	1	4	5	3	2	9
5	4	3	2	6	9	7	8	1
2	9	1	3	8	7	5	4	6
6	3	7	5	1	8	2	9	4
4	8	9	6	3	2	1	5	7
1	5	2	9	7	4	8	6	3
7	6	5	8	9	1	4	3	2
9	1	8	4	2	3	6	7	5
3	2	4	7	5	6	9	1	8

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Awesome!

Delray Beach, Florida, has a new addition to its fleet of police vehicles: an ice cream truck. Police Chief Javaro Sims told WPBF-TV that he's been thinking about getting an ice cream truck for some time. "We must continue to find ways to break down those invisible barriers we continue to deal with on a daily basis within our communities," Sims said. He hopes the public will grab some free ice cream and stay for some conversation, getting to know the officers and building relationships.

Bright ideas

- California Highway Patrol officers were called to a spot on I-80 near the Nevada border on July 15 because of a car on fire, SFGate reported. When they got there, they discovered a man yelling about "the bears," Officer Carlos Perez said. After talking with him, they determined that the man had set his car on fire to ward off bears. "Listen, we have bears in the area," Perez said, "but there were no bears nearby. ... You can't light a fire on the hood of your vehicle to 'keep the bears away.'"
- Jimmy Jennings of Lafayette, Louisiana, doesn't like being stuck in traffic. But on July 9, as he sat in a jam on the Atchafalaya Basin Bridge, he was struck with a dubious notion: He would jump off the interstate bridge into the river below. "When I hit the water, my shoulder went up, I kind of hurt my shoulder, but I started swimming," Jennings said, accord-

ing to WABC-TV. "I couldn't get back to the bank because the current was way too strong. I thought I was going to die, but God saved me." Eventually, Jennings found his way to land, where he rode around on an ATV for a while -- only to discover he was on an island. Finally, he found a boat and was met by police, who charged him with criminal mischief and trespassing. Jennings later admitted on Facebook that his leap of faith was a bad idea.

But why?

A Reno, Nevada, woman was charged on July 14 in a break-in incident at a dental practice where she worked, the New York Daily News reported. Laurel Eich allegedly broke into the practice in May and stole \$23,000 worth of checks and cash. In the course of the investigation, Eich also admitted to extracting 13 teeth from a sedated patient after using anesthetic discarded by the practice — even though she is not licensed to perform such procedures. Eich was charged with multiple felonies, including performing surgery on another without a license.

Questionable judgment

An unnamed 31-year-old woman in Beachwood, Ohio, went on a spectacular joyride on June 15, crashing into another car at more than 100 mph before spinning into a utility pole, another car and a house, WJW reported. Surprisingly, no one was hurt in the series of

crashes, including the driver and her 11-year-old daughter, who was sitting in the front seat with her. Officers didn't detect any evidence of drug or alcohol use. Instead, the driver told police that she's been going through some "trials and tribulations" and was recently fired from her job, so she "let go and let God take the wheel." She went on to say that she believed she had done the right thing. She now faces charges of felony assault, endangering a child and driving under suspension.

Smooth reaction

When Fort Worth, Texas, code compliance officers arrived at a home at around 8:30 a.m. on July 16 to issue a violation for too-high grass, the homeowner did not answer the door. But when mowers hired by the city showed up and started cutting the grass, the person inside began shooting at them, KDFW-TV reported. The police officers who had accompanied the compliance team took cover and waited for backup; the person inside continued shooting until SWAT units arrived and shot tear gas into the home. The shooter was taken into custody at about 1 p.m.; the citation was his seventh in two years. "Being shot at for trying to make the community look better?" said Fort Worth officer Jimmy Pollozani. "That just proves the dangers of this job." The man was charged with aggravated assault with a deadly weapon.

Say what?

The Guardian reported on July 19 about a phenomenon among American preschoolers called the Peppa Effect. The hypothesis is that children who watched a lot of "Peppa Pig" during the pandemic lockdown have developed British accents and started using British terms like "mummy" (mommy), "give it a go" (try it) and "satnav" (GPS). Wall Street Journal reporter Preetika Rana tweeted that her niece "had an American accent before the pandemic. Now she has a posh English accent." One responder agreed: "And for Christmas I had to put out a freaking mince pie for Father Christmas, or, as we call him here in the States, Santa Claus."

Least competent criminal

Robert Perez, 53, was pulled over in Iowa City, Iowa, on July 15 for erratically driving a stolen Kawasaki motorcycle, The Smoking Gun reported. He told police that he had borrowed the bike from "a fellow meth user," but he couldn't provide the name or address of that friend. Perez admitted that he had injected meth five hours earlier; while in police custody, he was caught Googling "how long meth stays in your system after initial consumption," Officer Daniel Boesen said. Investigators obtained a blood sample from Perez and sent it to the crime lab; he was booked for theft, DUI and driving with a suspended license.

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