

the Hippo

AUGUST 3 - 9, 2023

**FUN ON THE
FARM P. 24**

**MUSIC ON
DECKS P. 32**

LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

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ON THE COVER

10 Mushrooms are having a moment — specifically foraging for fungi. With an expert. Who will keep you from picking the wrong (i.e. toxic, possibly fatally so) mushroom. Which is why we are NOT recommending you take this week's issue into the woods to pick dinner. But we are offering this look at foraging for mushrooms, cooking with mushrooms (with recipes and a list of where to buy mushrooms if you'd rather not be the one doing the picking) and even making art with mushrooms. Cover photo is of chanterelles by Christine Gagnon.



ALSO ON THE COVER Fun is on the schedule at Vernon Family Farms (page 24). Find music on restaurant and brewery decks, patios, indoor stages and more in the Music This Week (page 32). And Michael Witthaus looks at the Barefoot Music & Arts Festival.

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NEWS & NOTES

Bill signing

Gov. Chris Sununu signed a number of bills into law on July 28, according to a press release, including SB 215, which aims to address the national shortage of nurses by allowing fully qualified individuals to join the workforce and contribute their nursing skills across various settings; SB 268, which allows for pre-hospital treatment and transportation for supporting K9 members of law enforcement, search and rescue and military operations, ensuring that the animals receive the necessary resources for their health and safety while serving and protecting the communities; SB 161, which aims to provide clean energy benefits to low-income families who have been particularly impacted by inflation and high energy costs, to facilitate a fair and equitable energy transition for all residents; and HB 249, which establishes regulatory standards for the pet insurance industry and allows restaurant owners to keep their companion dogs on the premises. Gov. Sununu vetoed one bill, according to the release; SB 42 would have allowed interest-free loans to be provided to individuals who received benefits they were not eligible for due to manipulating the system. In response to the veto, New Hampshire Employment Security Commissioner George Copadis and Deputy Commissioner Richard Lavers expressed appreciation for the governor's decision, stating that it is crucial to discourage such behavior and uphold honesty and integrity in the program.

Help for kids

Granite VNA is reintroducing the "Helping Heal with Others" (H2O) program, providing support for grieving children ages 6 to 18 and their families. According to a press release, the monthly program offers coping skills and peer support, aiding children in experiencing and processing grief. Led by agency staff and volunteers, the sessions incorporate age-appropriate creative activities, pet therapy and stress management techniques to encourage healing. Concurrently, the program offers supportive sessions for accompanying parents and caregivers. A drop-in information session will take place on Saturday, Aug. 5, at the Boys & Girls Club of Central NH in Concord. From Sept. 9, 2023, to June 8, 2024, H2O will run on the second Saturday of each month. The program is offered at no charge, and participants will receive lunch during each session. To register, call 224-4093, ext. 82822, or visit granitevna.org.

Consumer help

The New Hampshire Insurance Department's Consumer Services Unit has released its statistics for Fiscal Year 2023, revealing a record-breaking recovery of approximately \$6 million for New Hampshire consumers. Throughout the year, the unit processed 1,078 consumer complaint investigations, 4,086 assistance requests and 88 applications for external health review, according to a press release. The unit's mission is centered around

educating, navigating and investigating to assist residents with insurance-related issues. Consumers can contact the Consumer Services unit for assistance and guidance on insurance matters by calling 271-2261 or by email at consumerservices@ins.nh.gov.

Dental assistants

Dartmouth Health's Dartmouth Hitchcock Medical Center (DHMC) is addressing the community's dental health concerns by partnering with the Hartford Area Career and Technology Center (HACTC) to offer scholarships for their new dental assisting program. According to a press release, the program is an online certificate program that provides hands-on work experience as dental assistant trainees with participating dental offices and aims to increase the local dental workforce and improve access to dental care. Students interested in the program can contact Aron Tomlinson at tomlinsona@hartfordschools.net or calling 802-359-4752.

Firefighter grants

The New Hampshire delegation, including Sens. Jeanne Shaheen and Maggie Hassan, along with Reps. Annie Kuster and Chris Pappas, has announced more than \$700,000 in Assistance to Firefighters Grants (AFG) program funding for fire departments in rural New Hampshire towns, including Errol, New Hampton, Surry and Warren. According to a press release, the grants will be used to enhance the safety and

The Northeast Organic Farming Association of New Hampshire (NOFA-NH) has announced the return of the Collaborative Regional Alliances for Farmer Training (CRAFT) of Farming for its fifth season. According to a press release, the program features on-farm workshops in summer and early fall, aimed at building farming skills and fostering community among local growers, aspiring farmers and consumers. The 2023 CRAFT season starts at Callie's Creamery, an organic micro-dairy in **Peterborough**, on Thursday, Aug. 3, from 4 to 6 p.m. The workshop, focused on intensive rotational grazing and grassland management, is open to all, with free admission for farmers, farm workers and NOFA members, and a sliding scale fee of \$5 to \$15 for other attendees. Register at nofanh.org/craft.

The New Hampshire Department of Transportation (NHDOT) will begin work on a bridge replacement project on Route 107 in **Deerfield** at Freese's Pond on Aug. 7. According to a press release, the work will require a full closure of the section for 30 days, with detours for southbound and northbound traffic. This is part of a larger \$975,000 effort to replace the bridge, which is expected to be completed by Nov. 3, 2023.


The Upper Room in **Derry** is providing backpacks filled with school supplies for the new academic year. According to a press release, families enrolled in Upper Room programs can register to receive backpacks in late August. The organization is seeking donations of backpacks, folders, notebooks, pencils, pens, erasers, highlighters, index cards and loose-leaf paper. Around 75 to 100 children will benefit from the annual backpack distribution day. Donations can be dropped off at The Upper Room's front desk on Tsienneto Road until Aug. 21.

training of firefighters and to purchase necessary equipment, such as a tanker vehicle, firefighter turnout gear, vehicle extrication equipment and firefighter breathing apparatus.

Certification

Joshua Mann, Chief of Operations, Radio Communications Maintenance for the New Hampshire Department of Safety, Division of Emergency Services and Communications, has achieved the Certified Public-Safe-

ty Executive (CPE) designation, a prestigious initiative aimed at elevating professionalism and recognizing excellence in the public safety communications industry. According to a press release, the program, established in 2016, consists of two 12-week online courses and a 10-day capstone seminar at APCO headquarters in Daytona Beach, Florida, focused on equipping participants with essential skills to lead organizations in the complex and ever-changing environment of public safety agencies



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NEWS & NOTES Q&A

Ed with AI & VR

New tech at Manchester Community College

Peter La Monica, Department Chair and Associate Professor of Computer Science at Manchester Community College, discussed some of the innovative new programs and courses being offered at the college, as well as the cutting-edge technology shaping the future of education.

Q: *Tell us about the new programs and courses being offered.*

There are two new programs. One is the Computer Science and Artificial Intelligence Program. We've taken out some of the database stuff and focused more on artificial intelligence, machine learning, natural language programming and computer vision. ... We aim to help students make sense of vast amounts of data generated during cyber investigations and use artificial intelligence to analyze and interpret it effectively. ... Students can also complete work and get certifications from Amazon Web Services. The other program is Computer Science and Extended Reality. This is an exciting new program where students can join virtual reality classrooms using VR headsets or flat screens. We're teaching them about platforms to create virtual and augmented reality meetings, making interactions more immersive than traditional Zoom meetings.

What are some real-world applications or careers that students with these skills can pursue?

The Computer Science and Artificial Intelligence program is mainly designed for programmers and focuses on using AI in various fields like advanced manufacturing, healthcare and the cyber world. ... Many products and applications today use artificial intelligence, making programming skills highly valuable. ... The Computer Science and Extended Reality program is geared towards students who want to work in an office or contract for an office to design meeting spaces or even create virtual avatars for websites. ... It can be applied in onboarding, training, meetings and classes, to provide a more engaging and immersive experience.

How do you keep up with the rapid advancements in this field while developing the curriculum?

Staying up-to-date with technolo-



Peter La Monica. Courtesy photo.

gy is essential. We closely monitor new products and trends, especially in emerging technologies like 5G and virtual reality. We ensure our students have access to the latest technology, like 5G antennas and virtual reality headsets, to learn and explore these cutting-edge fields.

How have students responded to these new programs?

Students in the Extended Reality class loved it and said it was more engaging than anything they had ever done before. They had the option of coming to class [in person] or [attending via] the metaverse, and most of them did the metaverse. They think it's great, because this is the type of world they live in now.

Did offering these programs require any additional resources or facilities?

For the Artificial Intelligence program, we had to enhance some computing platforms. However, we had planned ahead and managed most of it progressively. As for Extended Reality, we invested in virtual reality headsets and have been preparing for this program since 2017, waiting for the technology and infrastructure to catch up.

Why did the college decide to invest in these programs for students?

We believe in providing students with opportunities to create successful careers. Technology is the future ... and extended reality and augmented reality are becoming a major transition in technology. Everything is going to start to go into this virtual world, in various industries. It's not really in the mainstream yet, but we want our students to know about it and to start using it so that they can be at the forefront of these advancements. We want to equip them with cutting-edge skills and give them an edge in the job market. — Angie Sykeny



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The week that was



The Big Story: Four months into the 2022 season the Red Sox are f-i-n-a-l-l-y the big story in town. They've won 15 of 22 in July to climb to within 2.5 games back of Toronto for the final wild

card spot to start the week, something that seemed quite unlikely even a month ago.

Better yet, the schedule is in their favor as they have three with those Blue Jays this weekend followed by 10 straight with bottom-dwelling KC, Detroit and Washington.

So if they held their own vs. the three, with wild card competitor Seattle earlier in the week, they'll have a chance to pass both current WC place-holders Toronto and Houston this week.

All of which makes for an exciting time for baseball in these parts over the next month at least.

Sports 101: The Red Sox have had 15 different guys pitch for them who have won the Cy Young Award. Four did it for them while the other 11 did it elsewhere. How many can you name?

News Item – AL Pennant Race Update: With Baltimore and Tampa Bay on top, the Yanks in last place and the Sox a game ahead of them, the AL East seems like Bizarro World. But with a 1.5-game lead on the faltering D-Rays, the Orioles are the surprise of baseball, while even with their struggles TB still looks like a lock for the first wild card. That leaves a free-for-all for the last two wild card slots between current leaders Houston and Toronto followed by the Sox, Yanks, Mariners and, after smartly committing to not trading Shohei Ohtani, the Angels bunched a few games back.

News Item – Patriots With Most On The Line: With pre-season camp underway, one interesting story line is guys who have a lot on the line. Here are the top three: **Mac Jones** – No surprise. He needs to show the brass he's the guy to build the team's future around. **Bill O'Brien** – After last year's offensive disaster, he's back in the mix to be a head coach this winter if Mac gets back to where he appeared headed as a rookie and the offense becomes reliable. **Bill Belichick** – He's 19 wins behind **Don Shula** to become the all-time winningest coach in history. So he needs at least 10 wins to be in position to do it in 2024.

Random Thoughts

What does it say about **Bruce Bochy**

that after the three-time world champion came out of retirement to manage Texas, they're on pace to win 94 games after losing 94 in 2022 with mostly the same players?

Got to think dumping a considerable chunk of **Max Scherzer's** (probable) \$57 million contract for 2024 via his weekend trade to Texas signals the Mets will be all in on the Ohtani free agent sweepstakes this winter.

... Of the Week Awards

Player: Speaking of Ohtani, he's not going into free agency quietly. He did something last week only five others in history have: pitched a shutout on the same day he hit two home runs. The shutout was a one-hit, 6-0 Game 1 win over Detroit, and the bombs came when the Angels routed them 11-4 in the nightcap. It was also his first career complete game, and the homers boosted his league-leading total to 38.

Weirdest No-Hitter: First, Portland using three pitchers is a reminder of how the powers that be don't get that a single pitcher throwing a no-no is the most suspenseful one-game moment in the game and relentless micro-management of pitchers is eliminating that.

Second, the trio of Sox prospects, all-name teamer **Wikelman Gonzalez** and relievers **Brendan Cellucci** and **Luis Guerrero**, managed to give up one run without a hit, not once, but twice, in separate innings during the 6-2 Portland win.

Triple Play: The Red Sox ran themselves into a rare triple play after **Adam Duvall** inexplicably ran to second on a routine pop-up to center, to become the second out when CF **Michael Harris II** threw to first baseman **Matt Olson**, who then threw out **Masataka Yoshida** trying to go to third. It was the first 8-3-5 triple play since the Boston Beaneaters last pulled one off in 1884!

Sports 101 Answer: The Sox' four Cy Young winners were **Jim Lonborg**, **Roger Clemens**, **Pedro Martinez** and **Rick Porcello**. The other 11 are **Sparky Lyle**, **Fergie Jenkins**, **Tom Seaver**, **Bret Saberhagen**, **The Eck**, **Frank Viola**, **Jake Peavy**, **Bartolo Colón**, **Eric Gagne**, **David Price** and **Corey Kluber**.

Final Thought – Thumbs Up, Patrice Bergeron: Tip of the cap to a great Boston sports all-timer upon his retirement after 19 years of excellence. Reliable, tough, clutch and, most of all, classy.

Bravo and thanks for the memories.

Email Dave Long at dlong@hippo-press.com.

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Directions:

1. To make the guacamole, mash together lime juice, salt and avocado in a medium bowl. Gently stir in tomato.
2. Top each wrap with guacamole, lettuce and chicken. Roll tightly and serve

Nutritional Information

Amount per serving: Calories 390; Total Carbohydrate 41 g; Fiber 8 g; Total Fat 15 g; Saturated Fat 4 g; Protein 27 g; Sodium 620 mg; Sugar 1 g; Added Sugar 0 g; Cholesterol 55 mg

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NEWS & NOTES

QUALITY OF LIFE INDEX

Weird weather

The National Weather Service (NWS) has confirmed that an EF-1 tornado touched down in Dublin, New Hampshire, on July 27 during a Tornado Warning. In a press release, the Department of Safety's Division of Homeland Security and Emergency Management emphasized the importance of preparedness as severe weather events are becoming more prevalent. HSEM provides preparedness resources for residents and visitors, available online at readynh.gov.

QOL score: -1

Comment: *This is the first tornado confirmed in the state for 2023, whereas two tornadoes occurred in 2022.*

Help for families

United Ways across New Hampshire received a donation of \$175,000 from Eversource Energy. The funding will support United Way's efforts to address pressing issues faced by local families and individuals, particularly in areas related to health, education and financial stability, and will directly benefit thousands of individuals who rely on United Way's services.

QOL score: +1

Comment: *According to a press release, the contribution was part of a larger \$2.6 million donation made by Eversource employees and the Eversource Foundation to United Way organizations in Connecticut, Massachusetts and New Hampshire.*

Getting gold, helping kids

Acadia Gelineau, an 18-year-old Girl Scout from Nashua, has achieved the prestigious Girl Scout Gold Award for her program called "Mighty Minds," according to a press release. With a focus on helping children cope with stress and anxiety, Gelineau created a patch program that teaches students from kindergarten through 12th grade about anxiety and its effects. The program includes age-appropriate steps to develop positive coping strategies, such as breathing exercises and creating coping tool boxes filled with sensory tools like fidget toys. Gelineau's program, along with the children's book she wrote, will soon be available online for Girl Scouts across the country.

QOL score: +1

Comment: *Gelineau said her own journey through Girl Scouts has been personally transformative, helping her overcome shyness and develop leadership and communication skills.*

QOL score: 81

Net change: +1

QOL this week: 82

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THIS WEEK

BIG EVENTS AUGUST 3 AND BEYOND

Saturday,

Aug. 5

The annual celebration of fine craft that is the **League of NH Craftsmen Fair** starts today and runs through Sunday, Aug. 13, at Mount Sunapee in Newbury. The fair is open daily, rain or shine, from 10 a.m. to 5 p.m. More than 200 craftsmen take part in the event, many offering demonstrations of their work, according to nhcrafts.org, the League's website, where you can purchase tickets (general admission tickets cost \$18, or \$28 for a two-day pass).



The fair also features music daily from 11 a.m. to 3 p.m. This weekend catch Decatur Creek (playing Americana, folk and bluegrass) on Saturday and Jordan Tirrell-Wysocki (pictured) with Matt Jensen playing Celtic fiddle and guitar on Sunday, the website said. The fair features a food vendor area, special daily events and workshops and a Fair Craft Clues' Scavenger Hunt for kids as well as a Kids Create tent, according to a press release (children under 12 get in free).

today at 1 p.m. at the Derry Opera House (29 W. Broadway in Derry) to celebrate William Hobdy, a ragtime musician and the first known Black business owner in Derry, according to the organization's newsletter. The day will include a pop-up museum and activities exploring Hobdy's era with music, games and history, the newsletter said. The afternoon will culminate with a walk to the Derry Rail Trail to unveil the new marker at 1:45 p.m. and participants can have some ice cream, according to blackheritagetraillnh.org/derry-historic-marker-unveiling.

Saturday, Aug. 5

NH Roller Derby holds its season closer tonight, starting at 5 p.m. at JFK Coliseum (303 Beech St. in Manchester). Doors open at 4:30 p.m. The first bout is the NH All-Stars vs. Fog City. At 7 p.m. there will be an all-gender mixed scrimmage, according to nhrollerderby.com. Tickets cost

\$12 at the door (veterans and kids under 12 get in free).

Saturday, Aug. 5

Catch comedian **Mark Scalia** tonight at 8:30 p.m. at Headliner's Comedy Club at the DoubleTree by Hilton in downtown Manchester. Tickets cost \$20; see headlinersnh.com. Find more shows in our Comedy This Week listings on page 36.



Save the Date!

Friday, Aug. 25, &

Saturday, Aug. 26

The **New Hampshire Irish Festival** will run Friday, Aug. 25, and Saturday, Aug. 26, with shows at the Palace Theatre (80 Hanover St. in Manchester) and the Rex Theatre (23 Amherst St. in Manchester) as well as outside, according to palacetheatre.org. Shows take place at the Palace at 7 p.m. on Friday and 6 p.m. on Saturday and at the Rex at 7:30 p.m. on Aug. 25 and 5 p.m. on Aug. 26. Tickets cost \$49 (for each location and day). Seamus Kennedy, Reverie Road and The Spain Brothers are slated to play the Rex; Ronan Tynan, Screaming Orphans (pictured) and Derek Warfield and the Young Wolfe Tones are scheduled to play the Palace. The outdoor lineup: on Aug. 25 Speed the Plough at 5 p.m., Pat Kelleher at 6:15 p.m. and Marty Quirk at 7:30 p.m.; on Aug. 26 Pat Kelleher at noon, Christine Morrison's Academy of Celtic Dance at 2 p.m., Matt and Shannon Heaton at 3:15 p.m. and Boston's Erin Og at 4:30 p.m., according to the website.

Saturday, Aug. 5

The **Merrimack Garden Club** will hold its annual plant sale today from 8 a.m. to noon at St. James Church (646 Daniel Webster Hwy. in Merrimack). The sale will feature perennials, house-

plants, a silent auction, a kids' table, fresh cut flowers and a free pack of wildflower seeds.

Saturday, Aug. 5

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NH MUSHROOMS

FINDING THE FUN IN FORAGING FOR FUNGI



Chanterelles. Photo courtesy of Christine Gagnon.

By Mya Blanchard
mblanchard@hippopress.com

On July 7, while walking a trail in Goffstown, mushroom forager Christine Gagnon shared with me her No. 1 piece of advice for foraging beginners.

“Don’t eat anything until you can identify it yourself. [Not] until you’re 100 percent sure,” she said. “The only way to know if a mushroom is safe to eat is if you have learned to 100 percent, confidently, identify that mushroom on your own and you’ve researched edibility. ... The only rule is to know your mushrooms before you eat them.”

With about 30,000 different species of mushrooms in New Hampshire, according to Gagnon, it’s no wonder that more and more Granite Staters are joining in on mushroom hobbies from observing, foraging and collecting, to cooking, eating and making dye.

“The interesting thing about the Northeast in general is that I think we have a greater variety of species than a lot of other parts [of the country], or at least the east in general,” she said. “So that kind of makes it exciting.”

Mushroom season

Gagnon founded Uncanoonuc Forag-

ing Co. in 2021. She led me through our walk much like she would lead her foraging classes on local trails where she looks for mushrooms and talks about the different characteristics that can help people identify them. It turns out, the rain and humidity we got in July made for perfect mushroom weather. Gagnon had returned to New Hampshire from California the day before, and told me how she couldn’t wait to get back.

“I saw here that it was exploding [with] mushrooms with all the rain and suddenly, of course, [they] decided to show themselves while I was on the other side of the country,” she said. “I got back yesterday morning ... and [by] noon I was in the truck ... to go look for mushrooms.”

According to Gagnon, as long as they have adequate rain and moisture, mushrooms can be found and foraged anywhere, from your lawn with full sun exposure, to a shady spot in the woods under a tree.

She says August through October, ending around November, is generally the ideal time for mushroom foraging, but each mushroom has its own season, with morels popping up the earliest, usually any time between April and June.

Corey Fletcher, owner and chef at Revival

Kitchen & Bar in Concord, who often cooks with mushrooms, adds that chanterelle season is typically in July and August, chicken of the woods around August and September, and hen of the woods in September and October. The seasons all depend on having the ideal weather conditions.

“A lot of times it’s related to rain,” Gagnon said. “If we have a really dry summer, we’re not going to see a lot of mushrooms until the fall when it starts to get wet again.”

Gagnon administers several groups on social media where she helps people identify mushrooms, and speaks at events where she educates people about mushrooms’ role in the ecosystem and planet.

During our walk, she told me how her fascination for mushrooms sprouted when she was in elementary school while living on her grandparents’ farm in Quebec.

“Down the road there was a log cabin in the woods that a Scandinavian family lived in and they foraged for mushrooms,” she said. “I remember going in and they had all these mushrooms on the table ... and I became immediately fascinated. Even though I never did anything with mushrooms for years, that image always stuck in my head.”

Her obsession was reignited about five years ago when hiking the Uncanoonuc

Mountains with her family.

“I saw the most bizarre mushroom I had ever seen at the time on the side of a tree. ... I got it identified as a *Hericium americanum*, which is bear’s head tooth, ... so that’s when I became obsessed again.”

What are mushrooms?

During our forage, Gagnon and I came across *Monotropa uniflora*, a plant that is often mistaken for a mushroom. While not a mushroom itself, it does rely on mushrooms to grow.

“It [doesn’t have] chlorophyll, so it can’t convert heat to energy [or] photosynthesize,” Gagnon said. “So it parasitizes the mycelium from the ground to get what it needs to grow.”

Mycelium is the organism for which mushrooms are the reproductive body. The mushrooms emit spores to propagate the organism.

As Eric Milligan puts it, the fruit body we pick, the mushroom, is like the apple on a tree. Milligan is the manager of New Hampshire Mushroom Co. in Tamworth, through which he leads forages and identification sessions. While existing underground, mycelium has a white, cotton-like appearance that he says can be found in the woods underneath logs. According to Milligan, the role of mycelium in ecosystems is critical.

“You could say mycelium is sort of like Mother Nature’s internet,” he said. “If we had four pictures next to each other of mycelium underground, ... a picture of the internet and how that sends out information, a picture of the human brain and how that sends out electrical impulses and then a picture of the universe, all four pictures are exactly the same. How they operate are exactly the same.”

Mushrooms, he says, keep ecosystems all over the planet balanced, mycelium being an agent for bioremediation, the process through which biological organisms break down pollutants. He notes that mushrooms have been used to clean up oil spills, a species exists that blocks radiation, and some could potentially be used to digest plastic by turning petroleum-based hydrocarbons into biodegradable hydrocarbons.

“There isn’t an aspect of our lives right now that fungi could not benefit,” Milligan said.

Mushroom foraging classes and events

• **Mushroom Walk** Join Christine Gagnon of Uncanoonuc Foraging Company for a two hour introduction to all things mushrooms and foraging in Dunbarton on Saturday, Aug. 5 at 4 p.m. The cost is \$30 and \$10 for ages 10 to 13. Children 9 years old and under are free. Email christine@uncforaging@gmail.com to reserve your spot, arrange payment and for the exact location. Find Uncanoonuc Foraging Company on Facebook.

• **Friday Night Forage** Join New Hampshire Mushroom Co. (153 Gardner Hill Road, Tamworth; nhmushrooms.com) for their Friday Night Forage this month on Aug. 4, Aug. 18 and Aug. 24, from 5 to 7 p.m. Attendees will walk or carpool to a nearby trail to collect, observe and identify mushrooms using proper techniques. Tickets are \$20.

• **Sunday ID Session** New Hampshire Mushroom Co. (153 Gardner Hill Road, Tamworth; nhmushrooms.com) will hold their Sunday ID Session on Aug. 6 and Aug. 20, from 1 to 3 p.m. Everyone is invited to bring mushrooms they have found to lay out on a picnic table for Eric to go around and identify.

The cost is \$15.

• **Can you Eat it? Mushroom ID Session** - New Hampshire Mushroom Co.’s next Can you Eat it? Mushroom ID session is on Sunday, Aug. 13, from noon to 4 p.m. starting at the farm (153 Gardner Hill Road, Tamworth; nhmushrooms.com). The class begins at the farm with a brief introduction to mushroom hunting before going to the woods to gather some. Students will enjoy a meal at the farm and discuss their findings.

• **Mushroom Walk** Join Eric Milligan of New Hampshire Mushroom for a mushroom walk at Weeks State Park (200 Week’s State Park Road, Lancaster) on Saturday, Aug. 19, from 1 to 4 p.m. to observe, collect and learn about mushrooms and their role in the ecosystem. Participants will meet on the porch of the Summit Lodge before the start time. Visit weeksstateparkassociation.org.

• **Foraging: Wild Mushroom Walk: Beginner** Prescott Farm Environmental Education Center (928 White Oaks Road, Laconia) is holding a wild mushroom foraging walk on Saturday, Aug. 26, from 10 a.m.

to noon. New Hampshire Mushroom Foraging Co. will guide you along the trails to collect, identify and learn about the different species of mushroom. The event is recommended for adults and costs \$30. Visit prescottfarm.org.

• **Mushroom Meander with the Morel Quandary Club in Walpole** Naturalist John Benjamin and mushroom enthusiast George Caughey lead this walk through Distant Hill Gardens (507 March Hill Road) in Walpole from 4 to 5 p.m. on Thursday, Aug. 31. Register at harriscenter.org.

• **Women in the Woods: Fun Fungi Foray Society** for the Protection of NH Forests mushroom enthusiast Carrie Deegan leads this foray through the Merrimack River Outdoor Education & Conservation Area in Concord (54 Portsmouth St.) on Sept. 28, from 1 to 4 p.m. Learn about mushroom biology and how to collect and identify mushrooms before putting this into practice on the Merrimack River floodplain. Make sure to bring a basket to collect your findings. This event is limited to 25 participants. Register at extension.unh.edu.



Hen of the Woods. Photo courtesy of Christine Gagnon.



Chicken of the Woods. Photo courtesy of Christine Gagnon.

Identifying

When you spot a mushroom, you will notice many characteristics, such as its size, the color of the stem, its cap, gills, and spores, and the location where it is found. Some mushrooms even have distinct scents, like candy caps, which Gagnon says smell like burned sugar or maple syrup. There are various factors to consider, making the identification process very tedious. While people often try to make generalizations on how to identify them, Gagnon says there is no one way to identify any mushroom. The description of one mushroom could match that of a totally different one.

“A lot of mushroom books have a key where you start by saying, ‘Does it have gills, pores, tubes or teeth?’” she said. “Does it have a stem or does it not have one? Are there decorations on it?’ There are so many things to look at when identifying and the rules aren’t across the board, so you really have to learn each mushroom or least genus of each mushroom.”

While it’s important to be confident in the identity of a mushroom, confidence can be a killer.

“Sometimes when people are new they start to get a little confident,” Gagnon said. “Deadly mushrooms I think make up 0.2 percent of all the mushrooms in the world, so it sounds very small, but they occur a lot. They’re here all the time. There’s a mushroom called *Galerina marginata*, also called funeral bells or deadly *Galerina*, and it looks very much like some more edible mushrooms.”

Gagnon cited a time when someone post-

ed a picture on social media announcing that she found what she thought was wild enoki and was going to cook with them for Thanksgiving. Come to find out, it was actually *Galerina*.

“I [was] desperately trying to reach her and message her not to eat those,” Gagnon said.

Luckily she saw Gagnon’s message before it was too late.

Common edible mushrooms

According to Gagnon, some of the most common edible types in the state are chicken of the woods, hen of the woods, chanterelles and black trumpets. The following descriptions come from Michael Kuo at mushroomexpert.com.

• *Chicken of the woods (Laetiporus sulphureus and Laetiporus cincinnatus)*

Characteristics: Perhaps the most obvious characteristic for this mushroom (*Laetiporus sulphureus*) is its yellow and orange colors, but the suede-textured caps eventually become dull, sometimes almost white as they age. They can grow to be 90 centimeters across with overlapping clusters and no stem. Their flesh is thick, watery and soft when they are young, but becomes tougher with age.

Where they grow: Chicken of the woods (*Laetiporus sulphureus*) is a saprobic mushroom found living on oak trees, dead or live ones, and sometimes on other hardwoods as well. Gagnon adds that *Laetiporus cincinnatus* has a white pore spore surface with rose and peach colors, and this mushroom appears to grow near hardwoods from the ground.

Where to buy local mushrooms

Dunk’s Mushrooms Products and Foraging

- Benedikt Dairy (97 Shirley Hill Road, Goffstown)
- Dowie Farm (2 Collettes Grove Road, Derry)
- Johnson Golden Harvest (412 W. River Road, Hooksett)
- Sunnycrest Farm (59 High Range Road, Londonderry)
- Trombly Gardens (150 N. River Road, Milford)

New Hampshire Mushroom Co.

- Brasen Hill Farm (71 Warren Road,

Barrington)

- Seaport Fish (13 Sagamore Road, Raymond)
- Concord Farmers Market (Capitol Street., Concord) Saturdays, 8:30 a.m. to noon

Joyberry Farms

- Bedford Farmers Market (393 Route 101, Bedford) Tuesdays, 3 to 6 p.m.
- Nashua Farmers Market (6 Hartshorn Ave., Nashua) Sundays, 10 a.m. to 2 p.m.
- Salem NH Farmers Market (1 Mall Road, Salem) Sundays, 10 a.m. to 2 p.m.
- Devriendt Farm (178 S Mast St., Goffstown)



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MAGIC BY GEORGE
THURSDAY, AUGUST 17



Chanterelles. Photo courtesy of Christine Gagnon.

• *Hen of the woods (Grifola frondosa)*

Characteristics: Hen of the woods has clusters of brown caps spanning 15 to 40 centimeters across and 10 to 30 centimeters high. Each individual cap is around 3 to 14 centimeters across, can be dark to a pale gray-brown and are usually fan-like in shape.

Where they grow: These mushrooms can be found near the base of oak and hardwood trees.

• *Chanterelles*

Characteristics: There is an unknown number of chanterelle species, and not all will match any given description. In general, they are usually recognized as being medium or large-sized mushrooms ranging from yellow to orange in color. They are known for their fruity aroma, similar to the smell of apricots.

Where they grow: Chanterelles do not tend to have any specific mycorrhizal relationships. They are usually found in hardwood forests.

• *Black trumpets (Craterellus fallax)*

Characteristics: The cap and stem of black trumpets are not as clearly defined as in other mushrooms. While they are black, their outer surfaces can turn yellow or orangeish as the spores mature. They stand about 3 to 9 centimeters high and 1 to 5 centimeters wide with smooth, sometimes slightly wrinkled outer surfaces and have thin, brittle flesh.

Where they grow: Black trumpets are mycorrhizal with oaks and possibly other hardwoods as well and are usually found in mossy areas.

According to Gagnon, they can also be found in dead oak leaves. She says they grow in small clusters or scattered loosely down embankments and slopes where water travels after rainfall.

Common toxic mushrooms

These descriptions also come from Michael Kuo at mushroomexpert.com.

• *Jack O'Lanterns (Omphalotus illudens)*

Characteristics: Jack O'Lanterns, often confused with chanterelles, are bright orange mushrooms with gills that run down the stem and spores that are white or pale yellow.

Where they grow: You will find these mushrooms often growing in large clusters on buried roots or stumps.

• *Deadly Galerina or funeral bells (Galerina marginata)*



Black trumpets. Photo courtesy of Christine Gagnon.

Characteristics: Deadly Galerina are fairly small mushrooms with brown or tawny colored caps

Where they grow: They grow on rotting hardwoods and conifers.

Gagnon adds that they can also be found in mulch.

Cooking with mushrooms

From broth to tea, the possibilities are endless when it comes to cooking with mushrooms. Each mushroom has its own flavor, which is something you likely have not experienced if you've only ever had mushrooms from the grocery store.

"In the grocery store, if you buy a button mushroom, a baby bella or a portobello, those are all the exact same mushroom at different stages of growth, so they're not going to taste much different," Gagnon said. "If you don't like mushrooms and that's all you've ever had, I would always suggest trying wild mushrooms because ... each mushroom has a completely different flavor."

One of Gagnon's favorite mushrooms to eat is chicken of the woods. When it's young, she says, it has a moist, meaty texture with a hint of lemon flavor, and as the name suggests, can be prepared the same way you would prepare chicken for many dishes.

"Hen of the woods [is] very similar but they have the tendency to be more flaky," Fletcher said. "They have more of a grain to them so you can almost shred them. Some people will make a pulled mushroom dish with them depending on the size. I'm simpler in my preparation of them [as] I just want the natural mushroom flavor, look and texture to be there, so I'll just do a quick sauté with oil or butter, salt [and] maybe a little ... garlic and let them speak for themselves."

Gagnon adds that hen of the woods, which she says has an earthy umami flavor, is very versatile, makes for a great chicken marsala, and can be pickled and made into jerky.

Chanterelles, on the other hand, have a fruity aroma according to Kuo. Fletcher, who says their texture is soft and meaty, loves to pair them with corn as the earthiness of the mushroom pairs well with the sweetness of the corn.

According to Fletcher, there are some classic Italian recipes that call for mushrooms. Black trumpets, which have a strong, sweet aroma and nutty, smoky taste accord-



Jack O'Lanterns. Photo courtesy of Christine Gagnon.

ing to Gagnon, are often the one of choice for risotto. Mushrooms also offer nutritional value, according to Milligan. He gives the example of king oyster mushrooms, which have five grams of protein, fresh weight, and all 11 essential amino acids.

In order to reap the nutritional benefits, he says almost all mushrooms need to be cooked, as humans do not have enough of the necessary enzymes to break down the mushroom's cell structure. In fact, some mushrooms are toxic if eaten raw. Button mushrooms, brown mushrooms, baby bellas and portobellos, which are all the same species, contain chemicals that do not flush out of your system but instead build up in your liver when consumed raw. Heat is required to cook these chemicals away.

Buying fresh mushrooms

Two mushroom varieties that you are likely to find at local farmers markets this season are chestnut mushrooms and black oyster mushrooms. These mushrooms are listed on Joyberry Farm's website as seasonal mushrooms as well as on New Hampshire Mushroom Co.'s website as mushrooms that they cultivate. Joyberry Farms attends the Bedford, Nashua and Salem farmers markets, and New Hampshire Mushroom Co.'s products can be found at the Concord farmers market.

Once you get them home, Fletcher says, it is best to keep them in a cool, dry place, ideally the refrigerator. As far as when to eat them, he says the fresher the better.

"You want to try to eat them as soon as possible because the quality of them is just going to diminish [and] you're not going to get as much flavor out of them," he said.

According to New Hampshire Mushroom Co., phoenix oyster mushrooms have a

Mushroom farms

• **Cindy's Mushroom Farm** 189 Route 302, Glen, cindymushroomfarm.com, 733-7012

• **Dunk's Mushrooms Products and Foraging** 313 Route 125, Brentwood, dunksmushrooms.com, 952-7411

• **Joyberry Farms** 369 Briggs Road, Mason, Joyberryfarms.com, 577-0578

• **New Hampshire Mushroom Co.** 153 Gardner Hill Road, Tamworth, nhmushrooms.com, 323-0097



Deadly galerina. Photo courtesy of Christine Gagnon.

mild flavor that makes for a great addition in creamy soups, over pasta, with eggs or other lighter dishes. This fluffy, woodsy-flavored mushroom, as reported by Joyberry Farms, is very versatile and is also great when sautéed with butter or olive oil, onions and garlic.

Chestnut mushrooms have a nutty flavor that goes well in gravy, stuffing, stir-frys and roasted with chicken, according to New Hampshire Mushroom Co.

Dyeing with mushrooms

One of the things I was most surprised to learn during my walk with Gagnon was that mushrooms can be used to make dye. According to Alissa Allen, this is a fairly new phenomenon.

“The earliest publication on using mushrooms to get a rainbow of color is from the 1970s from Miriam Rice out of Mendocino, California,” she said. “She was a natural dyer and was drawn to experimentation with it ... found mushrooms and threw them into a pot of boiling water, simmered them with wool and, lo and behold, she started getting really promising results of color. We’re still in our infancy of discovery with what fungi can do as far as getting color.”

Mushroom Turnovers

6-8 servings. 30 minutes.

- 1 sheet of puff pastry, thawed according to the package instructions
- 8 ounces black pearl oyster mushrooms, roughly chopped
- 1 Tablespoon butter
- 1 shallot, finely chopped
- 2 cloves garlic, minced
- 1 Tablespoon fresh thyme leaves
- Salt and pepper to taste
- 2 Tablespoons truffle oil
- 3 Tablespoons balsamic glaze
- ¼ cup grated Parmesan cheese
- 1 egg, beaten (for egg wash)

Preheat your oven to the temperature indicated on the puff pastry package instructions.

Add the oyster mushrooms to the skillet and cook for about 5 to 7 minutes, stirring occasionally, until they are tender and lightly browned. Season with salt, pepper, and fresh thyme leaves. Cook for an additional 2 to 3 minutes to allow the flavors to meld together. Remove the skillet from the heat and let the mushroom mixture cool slightly.

Allen started her business, Mycopigments, a term she coined back when she started dyeing with mushrooms in 1998, in 2011. From Seattle, Washington, Allen travels where she is requested to hold workshops. Having formerly lived in Massachusetts right on the New Hampshire border, she would often forage mushrooms in New Hampshire, and still comes back to the Granite State to collect mushrooms for dyeing.

“It’s a pretty simple process ... and there are some nuances to testing mushrooms for color that I teach in my workshops,” Allen said. “Basically, you boil the mushrooms and you add the fiber and then that mushroom imparts color into that fiber and it’s permanent ... brilliant dye.”

When choosing what fiber you want to work with, Allen says that wool, or other protein, animal-based fibers like silk, work best. In some instances you can even add mordant, mineral salts such as aluminum sulfate or ferrous sulfate, to intensify, brighten or darken the colors. For efficiency, Allen prefers to dry her mushrooms before using them for dye due to their high water content.

“It takes away the guessing game of how much mushroom you have to dye your wool,” she said. “When you’re dyeing wool you use one part mushroom to one part fiber by dry weight, so if you have an ounce of wool, you’re going to need an ounce of dry mushroom, which is actually a lot of mushrooms. But if you had an ounce of freshly picked mushrooms, depending on where you are with the rain cycle, they could be 99 percent water and so that ounce isn’t very much mushroom dye material. It’s just water so you can miscalculate and get disappoint-

In a skillet, heat the olive oil over medium heat. Add the chopped onion and minced garlic, and sauté until the onion becomes translucent and the garlic is fragrant.

On a lightly floured surface, unfold the thawed puff pastry sheet. Roll it out slightly to smooth the creases and create an even thickness. Cut the puff pastry sheet into squares or rectangles of your desired size.

Drizzle a little truffle oil and balsamic glaze over a baking sheet lined with parchment paper and sprinkle grated Parmesan cheese on top. Place a spoonful of the mushroom mixture a few inches apart.

Bake the mushroom puff pastries in the preheated oven according to the package instructions for the puff pastry, usually around 15 to 20 minutes, or until they turn golden brown and flaky.

Once baked, remove the puff pastries from the oven and let them cool slightly before serving.

Recipes from New Hampshire Mushroom Co.’s forthcoming cookbook, Mycophile’s Kitchen: The Culinary Kingdom Fungi

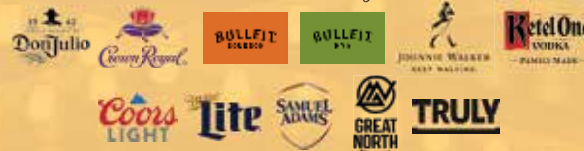
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5TH - DERRY	Yoga at the Vineyard
AUG 7TH - AUG 10TH DERRY	Kids Summer Golf Camp (Mon-Thurs.)
9TH - AMHERST	Decorative Focaccia Bread: Cooking Techniques Class
9TH - AMHERST	Decorative Focaccia Bread: Teen Cooking Techniques Class
10TH - DERRY	Lawn and Disorder Comedy Show
10TH - AMHERST	No Shoes Nation Band: Kenny Chesney Tribute Concert
12TH - AMHERST	Yoga at the Vineyard
12TH - DERRY	Yoga at the Vineyard
10TH - AMHERST	‘Walks in the Vineyard’ Outdoor Wine Class
AUG 14TH - AUG 17TH DERRY	Kids Summer Golf Camp (Mon-Thurs.)
16TH - DERRY	Cooking with Wine Class: BBQ Recipes
16TH - AMHERST	New Moon: Guided Outdoor Meditation Class
17TH - DERRY	Accidentally on Purpose - Improv Troupe Comedy Show
19TH - AMHERST	Yoga at the Vineyard
19TH - DERRY	Yoga at the Vineyard
24TH - AMHERST	Comedians Kelly MacFarland and Carolyn Plummer
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ing results, so by dehydrating them you take away that guessing part."

One New Hampshire mushroom that is suitable for dyeing is *Cortinarius semisanaguineus*. These are small mushrooms, about 2 inches across with a mustard-colored cap and blood-red gills and result in a bold red when used with aluminum sulfate mordant. Red dye, according to Allen, is historically considered one of the most precious.

Dyer's Polypore is a fairly common mushroom in New Hampshire that grows with conifers and pine.

"It is one of the strongest dye-makers in the fungal world, so a little bit goes a long way for that mushroom," Allen said. "If I find it fresh and young ... [I] can get away with using one part fungus to five parts fiber. ... It will make a brilliant yellow and a deep gold and a nice olive green depending on how you extract the dye and what mordants you add."

It is fairly simple to achieve yellow according to Allen. She breaks up the fungus into smaller pieces and adds a splash of vinegar to the mix. If you're more advanced, you can add mordants to get the yellows to come out, but vinegar does the trick just fine, she says.

To get a green hue, add iron by using ferrous sulfate power. You can even use iron vitamins, Allen says, after washing off the coating.

The most complicated color to achieve from dyeing with mushrooms is blue. To get a dye this color from mushrooms, Allen says you need identification skills, as very few mushrooms have the potential to make blue, access to pristine forests and a little bit of

open-mindedness on the definition of blue.

"Blue is really hard to achieve in the mushroom dye world, especially as a beginner," Allen said. "You have to have the right mushroom, you have to pre-mordant your fiber ... then you have to monitor the pH of the extraction and then you can get, if you're lucky and the temperature didn't get too hot, some blue-green shades."

Mushrooms in New Hampshire that have this potential belong to the *Hydnellum*, *Sarcodon* and *Feldon* genera.

A mushroom that proves that what you see isn't necessarily what you're going to get for dye is *Tapinella atrotomentosa*, a suede brown-colored mushroom with tan gills that makes purple without any mordants and a deep forest green when iron is added.

According to Allen, the most prized dye species in New Hampshire is the *Hapalopilus*.

"This mushroom makes a purple dye that is dark and deep and really permanently binds to the fiber, so in that way I think it's one of the most precious purple dye makers in the world because other purple sources tend to have some fading and some trouble with sticking around."

According to Allen, mushroom dyeing is a very approachable mushroom hobby.

"You go out and you forage them and you don't have to worry about if they're edible or poisonous or anything," Allen said. "It's a really accessible way to get your hands on mushroom hunting without taking any risks at all. It's a way to get engaged with nature and access these colors." 🍄

Blueberry and Black Trumpet Mushroom Upside-Down Cake

2 servings. 15 minutes.

Ingredients for the topping:

- ½ cup unsalted butter
- ½ cup packed brown sugar
- 1 cup fresh blueberries
- 4 to 6 black trumpet mushrooms, sliced

Ingredients for the cake:

- 1¾ cups all-purpose flour
- 1½ teaspoons baking powder
- ¼ teaspoon salt
- ½ cup unsalted butter, softened
- 1 cup granulated sugar
- 2 large eggs
- 1 teaspoon vanilla extract
- ½ cup milk
- zest of 1 lemon (optional)

Preheat oven to 350°F (175°C). Grease a 9-inch round cake pan and line the bottom.

In a small saucepan, melt the butter over medium heat. Stir in the brown sugar until it dissolves.

Pour the butter and brown sugar mix-

ture into the prepared cake pan, spreading it evenly. Sprinkle in blueberries and sliced black trumpet mushrooms.

Whisk together the flour, baking powder and salt.

In a separate large bowl, cream the softened butter and granulated sugar until light and fluffy. Beat in the eggs, one at a time, followed by vanilla extract.

Gradually add the dry ingredient mixture to the wet ingredients, alternating with the milk. Fold in the lemon zest, if using.

Spread the batter over the topping in the cake pan, ensuring it's even.

Bake in the preheated oven for 40 to 45 minutes, or until a toothpick inserted into the center comes out clean.

Once baked, remove the cake from the oven and let it cool in the pan for 10 minutes. Then, invert the cake onto a serving platter or plate.

Recipes from *New Hampshire Mushroom Co.'s forthcoming cookbook, Mycophile's Kitchen: The Culinary Kingdom Fungi*

ARTS

Lots of singing and dancing on stage

Peacock Players present *Legally Blonde The Musical Jr.*

By Mya Blanchard
mblanchard@hippopress.com

The 2001 Reese Witherspoon classic comedy film *Legally Blonde* was reimagined into a musical stage play in 2007. Nashua-based theater company Peacock Players will be among the latest to present the youth production of this show, *Legally Blonde The Musical Jr.*, at The Janice B. Streeter Theatre (14 Court St., Nashua) from Friday, Aug. 4, through Sunday, Aug. 6.

"It's a show about a young woman who thinks her whole life revolves around [a] man," said Elle Millar, the show's director. "She finds out that her whole life is actually worth so much more than that."

Millar has been the executive director at Peacock Players for about a year. Originally from Mont Vernon, New Hampshire, Millar was involved in theater growing up and went on to study opera performance in college. She soon realized being an opera performer wasn't the lifestyle she saw for herself, and decided instead to be an English teacher.

"Over Covid, like a lot of people, I was doing a lot of soul-searching," she said. "I



Rehearsal for *Legally Blonde the Musical Jr.* Courtesy photo.

really enjoyed what I did but I didn't feel like I was fulfilling every part of myself. I was the drama director at the middle school but I just felt like, 'This isn't the best way to do the things that I love to do.'"

Over the pandemic, Millar was planning to open an arts education nonprofit when the executive director position at Peacock Players opened up.

"I had heard from some of our teens that this was the show that got canceled right before Covid," she said. "I also love the show personally ... [and] it's always been a dream of mine to direct [it] so it's really exciting to get to do it here and in this way."

Making her Peacock Players debut is Gianna Stewart-Markert. The starring role of Elle Woods is quite different from characters she is used to playing, like Carrie in *Carrie: The Musical* and the role of Matron "Mama" Morton in *Chicago* that she will play this fall.

"Elle Woods is definitely very bubbly and determined," Stewart-Markert said of her

character.

So when her Harvard-attending boyfriend breaks up with her, she uses that determination to get into the law school herself. She is then assigned to defend famous fitness guru Brooke Wydham, who is accused of murdering her husband.

"She's this fitness queen [who] makes millions of dollars with her fitness DVDs," said Lily Azevedo, who plays Wyndam. "She's kind of a girl boss. ... She is definitely strong, independent and an entrepreneur because she's making those millions."

As this was a show involving a lot of dancing, Azevedo went into auditions with an open mind, knowing that even if she ended up only being in the ensemble that she would still get the chance to dance.

"There's one dance called 'Whipped Into Shape' and it's gotten me whipped into shape," she said. "[There's] a lot of jumping and a lot of singing and high notes and belting but it's like a love-hate relationship. I really enjoy it but it's also really difficult, but the more we work on it, the turnout will be fabulous."

According to Millar, strong vocalists are a must for this show. About twice as many kids as the show requires auditioned, and while this called for tough, heartbreaking decisions, it meant the cast would consist of solid, committed members, she said.

"This is a show you don't attempt unless you think you have the voices to pull it off," Millar said. "You need a lot of strong singers in a very specific pop, belty style, so this would not be a show I would [have] picked before I got to know the kids, but we had the people we needed." 🍓

Peacock Players present *Legally Blonde The Musical Jr.*

When: Friday, Aug. 4, at 7 p.m.; Saturday, Aug. 5, at 2 and 7 p.m., and Sunday, Aug. 6, at 2 p.m.

Where: The Janice B Streeter Theatre (14 Court St., Nashua)

Cost: Tickets range from \$12 to \$18; call the box office at 886-7000 or visit peacockplayers.org

Art

Events

• UNCOMMON ART ON THE COMMON Goffstown Main Street's 15th Annual Uncommon Art on the Common is Saturday, Aug. 5, from 9 a.m. to 3 p.m. This art festival will feature the works of more than 45 area artists and artisans displayed in booths along Main Street, according to a press release. The event will include the return of Uncommon Bling (gather beads and handcrafted items at participating booths to be strung on a necklace), an art raffle, a kids' craft tent and more, the release said. See goftstownuncommonarts.org.

• MANCHESTER ARTS & CRAFTS FAIR The 2nd annual Manchester Arts & Crafts Fair will be held Saturday, Aug. 12, from 10 a.m. to 3 p.m. in Veterans Memorial Park in downtown Manchester, according to a press release. The event will

feature more than 30 booths, food trucks, the Manchester City Library Bookmobile and an interactive art wall for kids run by Unchartered Tutoring, the release said. See manchesterartsandcraftsfair.com.

Exhibits

• "A GARDEN STORY" a photography exhibit at the New Hampshire Audubon's McLane Center (84 Silk Farm Road in Concord; nhaudubon.org, 224-9909) featuring the photographs of Kate Osgood will run through Friday, Aug. 4. The McLane Center is open from 11 a.m. to 5 p.m.

• "OCEAN GEMS," a show featuring works by Sandra Kavanaugh, is on display at Sullivan Framing and Fine Art Gallery (15 N. Amherst Road in Bedford; sullivanframing.com). The gallery is open Tuesdays through Fridays from 11 a.m. to 5 p.m. and Saturdays from 11 a.m. to 3 p.m. The exhibit will run through

Saturday, Aug. 26.

• "THE COMPLEXITIES OF PRESENTATION" Kimball Jenkins (266 N. Main St. in Concord; kimballjenkins.com, 225-3932) has partnered with the Greater Manchester Chamber (54 Hanover St. in Manchester; manchester-chamber.org) to present the show "The Complexities of Presentation" at the Harvard Pilgrim Health Care Boardroom at the Chamber offices, running through the end of August, according to a press release. The show will feature the works of artists Sylvan Dustin and Leaf Comstock, the release said. The gallery is open Tuesday through Thursday from 9 a.m. to 4 p.m.

• "NEST" exhibition at Twiggs Gallery (254 King St., Boscawen), on view through Sept. 1. Juried by Pam Tarbell, this showcase features the works of New Hampshire artists exploring the literal and metaphorical dimensions of the concept of

"NEST." The gallery is open Thursday through Saturday from 11 a.m. to 4 p.m. and Sunday from noon to 4 p.m. Call 975-0015 or visit twiggs-gallery.org.

• "IN FULL BLOOM: FLORAL STILL LIFE & GARDEN PAINTINGS FROM THE 19th CENTURY TO THE PRESENT" is on display at the New Hampshire Antique Co-op (323 Elm St. in Milford; nhantiquecoop.com, 673-8499) through Thursday, Aug. 31. The gallery is open Tuesdays through Sundays from 10 a.m. to 5 p.m.

• "CHEF'S KISS" Kimball Jenkins (266 N. Main St. in Concord; kimballjenkins.com, 225-3932) will present a multi-artist summer show that will run from through Tuesday, Sept. 12, with gallery hours Monday through Wednesday from 9:30 a.m. to 4:30 p.m. and Fridays 9:30 a.m. to 4:30 p.m.

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THE ROUNDUP

The latest from NH's theater, arts and literary communities

• **Saturday of art:** Goffstown Main Street's 15th Annual Uncommon Art on the Common runs this Saturday, Aug. 5, from 9 a.m. to 3 p.m. with works of more than 45 area artists and artisans displayed in booths along Main Street, according to a press release. Meet the artists — painters, illustrators, photographers, woodworkers, jewelry artisans, metal workers, authors, crafters, potters and more — and purchase their works. The day will also feature the Uncommon Bling project, when visitors can collect beads and handcrafted items from participating booths to create a necklace (the necklace is available at the Goffstown Main Street booth), the release said. A raffle will feature items donated by local artists and businesses, and a craft tent for kids will offer an activity to make, the release said. Goffstown High School will have a tent featuring work by high school students. See goffstownuncommonarts.org.

• **Opening weekend:** Cue Zero Theatre



I Hate Shakespeare. Courtesy photo.

Company's (cztheatre.com) *Join/Empathy*, a project from the Cue Zero Laboratory Series, hits the stage on Friday, Aug. 4, and Saturday, Aug. 5, at 7:30 p.m. and Sunday, Aug. 6, at 2 p.m. at the Arts Academy of New Hampshire (19 Keewaydin Drive, No. 4, in Salem). Tickets cost \$15 per person. *Join* explores how and why people fall into cults, according to a press release. *Empathy* was created by a small group of performers looking at what "empathy" means in daily life and is set in a restaurant, the release said.

And catch the first presentation of the Nashua Theatre Guild's *I Hate Shakespeare* at Temple Beth Abraham (4 Raymond St.



Goffstown Main Street's Uncommon Art on the Common. Courtesy photo.

in Nashua) on Sunday, Aug. 6, at 2 p.m. (a second show is Sunday, Aug. 13, at 2 p.m.). The play, by Steph DeFerie, will include the classic stories of *Hamlet*, *Macbeth* and more with "talking cows, zombies and other characters [who] will give you a fast-paced intro to the riotous charm of the man himself," according to an email from the Guild. Tickets to these performances (which will be held outdoors under a tent) cost \$5 for adults and children 6 and older (children 5 and under get in free). Cash-only concessions will be available (no outside food or drink), the release said. See nashuatheatreguild.org.

• **Show for those in the know:** Catch *Namaslay: A New Puppet Musical* by Playdoh (Zah Kolo) and performances

by The Lowliest One and Birdorgan on Tuesday, Aug. 8, at 7 p.m. (doors open at 6:30 p.m.), according to an email from the show's organizer. The shows take place in a private Manchester residence and are "suitable for adults and teens who are into social justice and DIY," the email said. There is a requested donation of \$15. Contact deixhrist@gmail.com for the address. See playdohpuppetproductions.com, thelowliestone.com and birdorgan.bandcamp.com to learn more about the acts.

• **Theater kids:** The Palace Youth Theatre will hold auditions for the fall 2023 semester of Palace Teen Company and the Palace Teen Apprentice Company on Wednesday, Aug. 30, at 5 p.m. (arrive 15 to 30 minutes early to fill out paperwork), according to a press release. The companies are for performers ages 12 to 18 who want a more intensive theater experience and not all who audition will be accepted, the release said. Bring a headshot and resume; prepare 16 to 32 bars of a song of your choice, and wear or bring clothes you can move in when taught a dance combination, the release said. Auditions will be held at the Palace Theatre (80 Hanover St. in Manchester). Sign up by emailing the name and age of the student to Megan-Quinn@PalaceTheatre.org. 🟢

WINDHAM COMMUNITY BANDS



Enjoy some music and get some ice cream at the Windham Community Bands' ice cream social on Thursday, Aug. 10, at 7 p.m. at Searles School Chapel in Windham. Bring your own chairs and picnic blankets and enjoy ice cream at intermission, according to a press release, which listed the Windham Concert Band's musical plans as including parts of *Phantom of the Opera*, the theme from *Spider-Man*, highlights from *The Little Mermaid*, music from Neil Diamond and more.

On Sunday, Aug. 27, at 1:30 p.m. the Windham Concert Band will perform at LaBelle Winery in Derry (14 Route 111, Derry). The afternoon will include free appetizers and a cash bar; tickets cost \$20 per person, according to the press release. Call 425-3284 or email info@windhamcommunitybands.org. Courtesy photo.

Theater

• **SNOW WHITE AND THE SEVEN DWARFS** The 2023 Bank of New Hampshire Children's Summer Series at The Palace (80 Hanover St., Manchester, palacetheatre.org) will feature *Snow White and the Seven Dwarfs* to Aug. 4. Children's Series productions have shows Tuesday through Thursday at 10 a.m. and 6:30 p.m., and Friday at 10 a.m. Tickets cost \$10.

• **PRIVATE LIVES** opens at the Hatbox Theatre (270 Loudon Road, Concord, hatboxnh.com) on Friday, Aug. 4, and runs through Sunday, Aug. 20. The show will be on Fridays and Saturdays at

7:30 p.m., and Sundays at 2 p.m. Ticket prices start at \$16.

• **SNOW WHITE** is presented by the Palace Youth Theatre at the Palace Theatre (80 Hanover St., Manchester, palacetheatre.org) on Friday, Aug. 4, at 7 p.m. Tickets start at \$12.

• **JOIN/EMPATHY** Cue Zero Theatre Company (cztheatre.com) from the Cue Zero Laboratory Series, on Friday, Aug. 4, and Saturday, Aug. 5, at 7:30 p.m. and Sunday, Aug. 6, at 2 p.m. at the Arts Academy of New Hampshire (19 Keewaydin Drive, No. 4, in Salem). Tickets cost \$15 per person.

• **I HATE SHAKESPEARE!** from the Nashua Theatre Guild

at Temple Beth Abraham (4 Raymond St. in Nashua) on Sundays, Aug. 6 and Aug. 13, at 2 p.m. Tickets to these performances (which will be held outdoors under a tent) cost \$5 for adults and children 6 and older (children 5 and under get in free). See nashuatheatreguild.org.

• **THE LITTLE MERMAID** The 2023 Bank of New Hampshire Children's Summer Series at The Palace (80 Hanover St., Manchester, palacetheatre.org) will feature *The Little Mermaid* Aug. 8 to Aug. 11. Children's Series productions have shows Tuesday through Thursday at 10 a.m. and 6:30 p.m., and Friday at 10 a.m. Tickets cost \$10.

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INSIDE/OUTSIDE

Sal, of blueberry fame, is getting old

Pick berries, make pie

By Henry Homeyer
listings@hippypress.com

— THE GARDENING GUY —

Have you ever wondered what would happen after a story ends? I have.

The children's book

Blueberries for Sal came out in 1948 and has been a hit for 75 years. If Sal was 4 years old in the book, she must be pushing 80. I imagine she went to the University of Maine and got a degree in teaching. She probably married her college sweetie at age 24, and taught for six years before deciding to start a family. I bet she makes a mean blueberry pie.

The key to a great blueberry pie, in my opinion, is to let the blueberries dominate the flavors, not sugar. Pick a recipe, and mix the ingredients using less sugar than recommended. Maybe half, if it seems like a lot. Or if your recipe uses just a half a cup for six cups of berries, it's probably fine. Add cinnamon, but more is not better. Sometimes I like a little cardamom.

The best berries for a pie are those you picked yourself. Even better are those you

grew yourself. I'm picking blueberries now, and have some tips on how to get a good crop.

Paul Franklin and his wife, Nancy, own Riverbend Farm, a self-pick orchard with apples, pears, pumpkins and 1,600 blueberry plants in Plainfield, N.H. Paul once told me that there are just three things to get right if you want lots of blueberries: proper soil pH, proper soil pH and proper soil pH. That's right: If you don't have very acidic soil for your berries, you can still have nice bushes, but without proper soil pH, you will only get a few.

For most of us, a simple soil test done with a kit you buy at the garden center or hardware store will show that our soil is around 6.0 or 6.5 if not adjusted. But blueberries want a pH of 4.5 to 5.5 which is much, much more acidic than that. The scale is logarithmic, meaning each change in a number multiplies the acidity 10-fold. So a pH of 5.5 is 10 times more acidic than a pH of 6.5 and 4.5 is 100 times more acidic.

How do you adjust pH? Buy soil acidifier or agricultural sulfur and sprinkle it on the surface of the soil. If you have a thick layer of mulch to keep down the weeds, pull it back, then add your acidifier. Follow the directions



Blueberry bushes. Photo by Henry Homeyer.



Not all berries ripen at once, even in a cluster. Photo by Henry Homeyer.

from my brook, and they have done very well. When planting, mix in some duff from under evergreen trees because it will help acidify the soil and will also add fungi that encourage good growth. Pine needles make a great mulch if you have some.

on the bag as to how much to add once you know your soil pH. It may take two to three years to drop the soil pH to the proper level. And doing it now won't affect this year's crop.

What else should you do? Give your bushes room to grow. I did a single row and spaced the bushes 6 to 7 feet apart. But they are a little crowded now, 20-some years later. If I were doing it again, I'd space them farther apart. It's best to run your row east-west rather than north-south to avoid one plant shading another. Full sun is best, but six hours of sun is adequate.

Blueberries like moisture, but don't plant them in soggy soil. Also avoid the top of a sunny, sandy hillside. I have mine not far

Blueberries do not like weeds, so do a good job of pulling out the grasses and weeds in the place you plant your berries — before you plant. And then add a good thick layer of wood chips around the plants to discourage weeds in the future.

Blueberries are pollinated by bees. And although some varieties are labeled "self-pollinating" it's always best to plant several bushes and at least two different varieties.

There is a terrible pest that has arrived in most parts of New England, the spotted-winged drosophila. This is an Asian fruit fly that lays eggs in good fruit, as opposed to

CONTINUED ON PG 18 ▶

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INSIDE/OUTSIDE

Cherry trees & memories

Authors on Main series features Ann Patchett

By Mya Blanchard
mblanchard@hippopress.com



Ann Patchett

In the end, it is the elated, tragic and everyday moments in between that make life beautiful. This is the feeling I was left with after reading *Tom Lake*, the latest novel by award-winning author Ann Patchett, which is set partially in New Hampshire. Patchett will be at the Capitol Center for the Arts in Concord for the sold out Authors on Main series event on Tuesday, Aug. 8, at 7 p.m.

For as long as she can remember, Patchett has wanted to be a writer.

"If you had interviewed me when I was 5, seriously, I would have been like, 'Yeah, I want to be a writer,'" she said. "I don't understand where that comes from, but it's the sort of defining thing about me that even when I was a kid I always knew that was what I was going to do and I really never strayed from that, which made my life very simple."

When Patchett first read her favorite piece of American literature, *Our Town* by Thornton Wilder, in high school, it planted a seed in her mind that would blossom into her ninth novel decades later. *Our Town* follows Emily Webb and George Gibbs, two neighbors who fall in love, get married and go through the course of life together.

"Nothing really happens," Patchett said. "It's not a play of action so much as it is a play about learning to see that life is beautiful and brief and we are best advised to pay attention to it."

The same could be said about *Tom Lake*, a sentimental, heartfelt portrait of one woman's life. Lara's three daughters return to the

family cherry farm in the spring of 2020. We follow along as Lara tells her children the story of her romance with a famous actor in the summer of 1988 during her time at Tom Lake, a theater company in Michigan.

Lara's story begins in New Hampshire, where her spontaneous involvement in the community theater production of *Our Town* as Emily sets the ball rolling.

At the Authors on Main event, Patchett will discuss her new book with her longtime friend, author and editor Katrina Kennison, and will take part in a Q&A hosted by NHPR *Morning Edition* host Rick Ganley.

"We are old friends ... and she was somebody who I talked to a lot about this book early on in the process, so she feels like she's really a part of the story," Patchett said of Kennison. "I like to go see somebody that I know while I'm on book tours. It's just really helpful to have somebody who's kind of an anchor for me in every place, so the fact that Katrina lives nearby and that we will be doing this event together makes it a very happy thought."

When asked where she draws inspiration from for her stories, Patchett said, "Life itself is inspiration. It's just a matter of being an observant person and an interested person and a good listener."

"I think that appreciating what you have is maybe a good thing to take away from this book," Patchett said. "It's a lot about what we want [when we're young] versus what we want when we're older, [and] also telling the story of your life to the people that you love." 🍷

◀ CONTINUED FROM PG 18

cover my bushes with netting — I found too many birds got caught in the mesh, so now we just share. And unless you get a flock of cedar waxwings (which are voracious berry eaters), most birds don't seem to be greedy. Last summer I enjoyed watching bluebirds feeding their second set of chicks with my berries.

I bet Sal (who had a close encounter with a mother bear in that wonderful book) had three kids, two girls and a boy. By now those kids would range in age 43 to 48, so her grandkids are either teenagers or in college. But I bet they all visit her in blueberry season for her wonderful pie. Her mother's recipe, no doubt. Pie is always a good lure for grandkids, especially blueberry pie.

Henry is the author of four gardening books and is a lifelong organic gardener. Reach him by e-mail at henry.homeyer@comcast.net. 🍷

Birds can be a problem, too. I no longer

140659

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Make it a museum day

• The **SEE Science Center** (200 Bedford St. in Manchester; see-sciencecenter.org, 669-0400) is open daily through Labor Day — 10 a.m. to 4 p.m. Monday through Friday and 10 a.m. to 5 p.m. on Saturday and Sunday. Admission costs \$12 for ages 3 and up. .



Teddy Bear Clinic & Picnic at The Children's Museum of NH.

• Check out the new Science Playground at the **McAuliffe-Shepard Discovery Center** (2 Institute Drive in Concord; starhop.com, 271-7827). The playground can be accessed from inside the Discovery Center through October from 11 a.m. to 3:30 p.m. and is included in admission to the center, which cost \$12 for adults, \$9 for ages 3 to 12 and \$11 for ages 13 through college and for seniors, according to the website. Planetarium shows cost an additional \$6 per person. The center is open daily from 10:30 a.m. to 4 p.m. through Sept. 3.

• The **Aviation Museum of New Hampshire** (27 Navigator Road in Londonderry; nhahs.org, 669-4820) is open Friday and Saturday from 10 a.m. to 4 p.m. and Sunday from 1 to 4 p.m. Admission costs \$10 for ages 13 and up, \$5 for ages 6 to 12 and ages 65 and up, and \$30 for a family, according to the website.

Save the date for the museum's **PlaneFest** on Saturday, Aug. 19, from 10 a.m. to 2 p.m. The day's activities are held outdoors and are free to families, with a focus on elementary and middle school-age kids, according to a press release.

• The **Children's Museum of New Hampshire** (6 Washington St. in Dover; childrens-museum.org, 742-2002) continues its **Wacky Art Wednesdays**, **Learning Garden Fun** on Thursdays and **Science Fridays** with programming at 10:30 a.m. and 2:30 p.m. The museum is open Tuesdays through Saturdays with sessions from 9 a.m. to noon or 1 to 4 p.m. and on Sundays from 9 a.m. to noon. Admission costs \$12.50 (\$10.50 for seniors).

And, save the date: The museum will hold its **Teddy Bear Clinic** from 9 to 11 a.m., with teddy bear snacks from 11 to 11:30 a.m. The event, which is sponsored by Portsmouth Regional Hospital, features a check-up for a teddy bear or other stuffie kids bring with them, and ends with the "patient" getting a certificate of wellness, according to a press release. The clinic is part of morning admission to the museum.

Also in August, the Children's Museum will hold a **Kick Off to Kindergarten** on Sunday, Aug. 13, from 1 to 3 p.m. The event is free for kids entering kindergarten and their families; register by Monday, Aug. 7, according to the website. The event will include a craft, a scavenger hunt, *Biscuit the Dog* reading *Biscuit Goes to School* and more, the website said. 🍪

INSIDE/OUTSIDE TREASURE HUNT

Dear Donna,
Is this pizza cutting board old? I recently picked this up at a flea market and I'm wondering. Thanks so much for any information.
Sandy



little large treasure. The values run in the range of \$100 to \$200. Older ones are preferred, but even modern ones have high values too.

Thanks for sharing with us, Sandy, and enjoy your find. They look great hung on a wall when not in use.

Dear Sandy,
First let's tell you what this is: a German bread board. Sometimes you can pick up some that are old. Most, though, are still being used, in Germany and other countries. They aren't used for cutting pizza at all. Pizza paddles can be wood but a totally different shape. That's why you probably don't see any cut marks on it.

They are sweet and still useful decorative pieces. Very collectible, so depending on what you spent for it you could have a

Donna Welch has spent more than 35 years in the antiques and collectibles field, appraising and instructing. Her new location is an Antique Art Studio located in Dumbarton, NH where she is still buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footdw@aol.com, or call her at 391-6550. 🍪

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Chill out while installing freeze plugs



By Ray Magliozzi
(ad nauseum, as you'd say) on your radio show.

Recently, I finally finished reassembling the car and took it on the road. In 75 total miles of driving, I have blown two freeze plugs. I chalked it up to poor installation until I talked with a professional MG mechanic, who admitted to having the same problem.

Did your late brother have this problem with his MG TD? And if so, what did he do to solve the issue? — Larry

Wow, you set a new record, Larry. My brother never got more than 60 miles between major repairs.

It certainly could be installation error on your part. But since you've managed to track down one of the last professional MG mechanics still roaming the earth, I'd ask him to install the next set of freeze plugs for you.

Dear Car Talk:

Twenty-two years ago, I bought a completely disassembled 1953 MG TD. The same car your late brother used to own,

and wax poetic about

By the way, I'm assuming he's 93 years old, and answers to "Nigel."

If they blew out that quickly, my guess is that the holes are too big. That can happen if someone was overzealous in trying to install them sometime (or several times) over the past 70 years.

Freeze plugs are driven into pre-existing holes in the engine block. And if they're forced in too violently, or if the holes are aggressively sanded out, the holes can become too big. And if that happens, obviously, the plugs can get blown out under pressure.

Nigel can probably figure out if that's your problem. And if the holes have gotten too big, he can get you some rubber expanding freeze plugs — designed to address just such a problem. And then, if you're lucky, you'll get 90 miles before you need to replace them again. Good luck, Larry.

Dear Car Talk:

Around 2015, the power-window controls on my Dodge Durango stopped letting me control the front passenger window. I can move the other windows up and down, but not that one.

The problem is my dog likes to rest her

paws on the passenger armrest while I'm driving, opening the window when it's 100-plus degrees or when it's raining.

Do none of the Dodge engineers have a dog that likes to stick its head out the window? Is there any way to change the controls?

This is a safety issue also, because I'm reaching to pull her out of the window so I can close it while driving around a curve. — Greg

OK, so your dog is able to open the passenger window, because it involved pushing the switch down. But because she hasn't developed opposable thumbs yet, she can't reach under the switch to pull it up to close the window. Have you considered a pet monkey instead, Greg?

Actually, I'll give you two solutions. I believe the problem is in the master window switch, which is on the driver's armrest.

There's obviously power getting to it, since it works the other windows. But that one switch — for the front passenger window — has failed. Probably when you spilled a quart of kombucha on it. It could be a broken wire to the passenger window, too, but that's easy to test: You disconnect the old window switch, plug in the new one and try

it before you put everything back together.

If it works, you're all set — you needed a new switch. If it still doesn't work, then you have a wiring problem and you'll have to track it down.

If that's too expensive for you (and since you've been living with this since the Obama Administration, that might be the case) I'll give you the solution my late brother, Tom, an inveterate cheapskate, would have suggested.

Find a small, sturdy box that fits over the passenger window switch. Maybe the bottom of an Altoids box or something. Then, use the box to cover up the window switch and secure it with a piece of duct tape. They make duct tape in black, so you can match the car's interior, which I'm sure is very important to you. That'll block the dog from stepping on the switch and opening the window.

You can even open the window a few inches when you get in the car, and then cover up the switch so it'll stay the way you set it. Your dog won't be happy, Greg. But, hey, you're the one buying the kibble in this family, right?

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ON THE JOB

MAGGIE VERRETTE SPIN INSTRUCTOR

Maggie Verrette owns her own indoor cycling business called VibeCo Cycle (458-7652 info@vibecocycle.com, vibecocycle.com) in Salem where she also works as a spin instructor.

Q: Explain your job and what it entails.

I am the owner of VibeCo. I am also an instructor there, and I manage the entire studio, and I basically wear a bunch of different hats. I dabble in a lot of different aspects of running the business, as well as instructing and leading. I started VibeCo on my own, and it's the only one, not a franchise.

How long have you had this job?

We opened in 2021, so we just celebrated two years.

What led you to this career field?

I was an athlete growing up, so I've always been super into fitness, team aspects and leading. When I graduated from college, I started instructing at a small studio, and I wanted to find a way to make it a bigger part of my life and make it my career path. When there was an opportunity to start my own business and open my own studio, I thought it was a perfect way to pursue that.

What kind of education or training did you need?

I went to Ithaca College and was a business major with a concentration in management, and I was also on the gymnastics team. I studied business for four years, and that was very helpful to what I ended up doing.



Maggie Verrette. Courtesy photo.

What is your typical at-work uniform or attire?

Since it's physical activity, I'm usually just in leggings and a sports top.

What is the most challenging thing about your work, and how do you deal with it?

I'd say one of the most challenging things is finding the perfect people to work for you, and since I'm so involved in the business and it's so important to me as a small business owner, it can be difficult to find people who are as committed and dedicated to helping. I have been very lucky with the people that I do have, but it's always hard to find more people to add to this team.

What do you wish you had known at the beginning of your career?

I wish I had known how much I was going to love it. I was super nervous to go for it, so if I had known that it was going to be as fun and successful as it is, then may-

be I would've been more eager when it started.

What do you wish other people knew about your job?

I wish other people knew that I put everything into it 24/7, so I am always doing work for the business and for my team and making sure people are happy all the time and that everything runs smoothly.

What was the first job you ever had?

The first real job I ever had was teaching spin classes, but I taught gymnastic classes in high school once a week.

What is the best piece of work-related advice you have ever received?

To always make sure that your customers were happy and everything else would follow through after that. —*Maya Puma*

Five favorites

Favorite book: *Ugly Love* by Colleen Hoover

Favorite movie: *The Wolf of Wall Street*

Favorite music: Hip-hop

Favorite food: Macaroni and cheese

Favorite thing about NH: Being so close to the beach and the city at the same time

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FOOD

Friends and family on the farm

Vernon Family Farm hosts agritourism events

By Mya Blanchard

mblanchard@hippopress.com

News from the local food scene

By Mya Blanchard

mblanchard@hippopress.com

For the past nine years, Vernon Family Farm, a livestock farm in Newfields, has been supplying the community with fresh meat, farm-to-table meals and agritourism events like live music and outdoor classes hosted by other organizations. Their next event will be on Friday, Aug. 4, from 4 to 8 p.m. with dinner and live music by New Hampshire Grateful Dead tribute band Not Fade Away.

Having grown up in New London in a family that raised and processed animals for consumption, Jeremiah Vernon developed a love for the farming lifestyle. This interest was reinforced while attending college in Maine.

“There was a big dairy farm near the school and the dairy farm had a restaurant ... and I just became enamored with the whole farm scene they had going on over there,” he said. “That was sort of my start of production farming and basically I’d been farming for other people for about 10 years and then in 2014 we bought our own property and started our one farm.”

What started out as Jeremiah’s passion has turned into a family affair, his wife Nicole Vernon, a Spanish teacher at Exeter High School, co-owning the farm with him.

“It’s what I wanted to do having worked on farms for so long. This is who I am and what I want to do,” he said. “Nicole at the time [was] on the outside looking in as far as her farming experience, but now 10 years in



Above: Event at Vernon Family Farm. Right top: Chef Matt Jones. Bottom right: Salad. Photos courtesy of Vernon Family Farm.

she’s as deep in it as I am. ... Now it’s definitely a shared passion and shared career.”

The farm has come a long way since growing 1,200 broiler chickens on leased land in 2012. They now annually produce about 15,000 to 20,000 chickens as well as other livestock, like pigs and sheep and a small amount of vegetables, such as cherry tomatoes and sugar snap peas, on their 33-acre property. They have a farm store open daily from 9 a.m. to 6 p.m., host dinners on Thursdays and Saturdays from 4 to 8 p.m. and Sunday brunch from 10 a.m. to 2 p.m. and have even created a second business, Vernon Kitchen. While the catering company used to be a part of Vernon Family Farm, it made more sense to have it be its own entity that the Vernons could hire to cater events.

“[It] means that we can do more events more often and we also have more resources available to us,” Jeremiah said. “It is also the highest-profit market aspect of our business, so having a customer buy a ticket and sit down for a fried chicken dinner,



that’s the most profitable way we can get that chicken to you.”

On average, about 50 to 100 people attend these events, with upward of 300 on nights when there is live music. Tickets can be purchased on their website ahead of time or upon arrival for music events. For non-music events, a \$5 cover is charged that is donated to various nonprofits.

In addition to dinners, entertainment and tours, the farm also functions as a space for other businesses to use for classes on yoga and meditation, cooking and art.

“Our farm is very beautiful, like many in New Hampshire,” Jeremiah said. “We have a big wildflower meadow, nice seating, there’s animals everywhere [and] ample parking. It’s a nice ... creative space to occupy.”

Upcoming events at Vernon Family Farm

Kids Art Classes: Treehouse Construction

When: Friday, Aug. 4, 10 a.m. to noon

Where: 301 Piscassic Road, Newfields

Visit: vernonfamilyfarm.com

Not Fade Away

When: Friday, Aug. 4, 4 to 8 p.m.

Where: 301 Piscassic Road, Newfields

Visit: vernonfamilyfarm.com

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IN THE KITCHEN

WITH **LINDSEY BANGS**



Lindsey Bangs. Courtesy photo.

Lindsey Bangs has always had a passion for baking. Her mom taught her how to bake, buying her her first cookbook when she was just 2 or 3 years old. A few months ago, she decided to step away from her job as a medical receptionist to focus on I Whisked It full time. She specializes in custom cakes, cupcakes and cake jars as well as hot chocolate bombs with homemade marshmallows and French chocolate during the winter. You can find I Whisked It at the Bedford farmers market every Tuesday from 3 to 6 p.m. through Oct. 17, and the Candia farmers market the third Saturday of every month through Oct. 21 from 9 a.m. to noon.

What is your must-have kitchen item?

I would have to say my small offset spatula. I reach for it for everything from smoothing brownie batter in pans to decorating cakes.

What would you have for your last meal?

I would start with a croissant with apricot or raspberry jam, Rhode Island-style calamari, halibut tacos and cheesecake with a traditional graham cracker crust and raspberry coulis.

What is your favorite local eatery?

I love Tuckaway Tavern in Raymond.

Name a celebrity you would like to see eating in your restaurant?

I would love to have any of my favorite musicians, like Dave Matthews or Chris

Carrabba, buy a cake from me just so I could thank them for the music and lyrics that so often keep me going. Or one of the cast members from *Friends* or *The Office*. They're all responsible for delivering so many laughs in my house.

What is your favorite thing on your menu?

I love my Pina Colada cake jar. It's layers of light coconut cake, coconut cream buttercream and a pineapple coconut filling. It's so good.

What is the biggest food trend in New Hampshire right now?

I've noticed a lot of food, drink and even ice cream flight options, so it's not just beer anymore. It's great because I love being able to try a little bit of everything.

Banana bread

From the kitchen of I Whisked It

- ¾ cup sugar
- 1½ cups mashed bananas (three large)
- ¾ cup vegetable oil
- 2 eggs
- 2 cups all-purpose flour
- ½ cup chopped walnuts (optional)
- 1 teaspoon baking soda
- 2 teaspoons vanilla
- 1 teaspoon of cinnamon
- ½ teaspoon baking powder
- ½ teaspoon salt

Heat oven to 325 degrees.

Grease a loaf pan with shortening, butter or non-stick spray.

Mix sugar, bananas, oil and eggs in a large bowl. Add in remaining ingredients and stir until just combined.

Pour into the greased loaf pan. Bake until a toothpick inserted in the center of the bread comes out clean (60 to 70 minutes). Let cool in the pan on a cooling rack with the pan on its side for 10 minutes, then remove the loaf from the pan. Let cool completely before slicing. Makes 1 loaf.

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Mango daiquiri

Days like this call for something cold, boozy and tropical, something with a lot of crushed ice.

Mango Rum

Unsweetened dry mango
White or silver rum

With a heavy knife, chop the dried mango into a small dice — very small pieces. Add the chopped mango to a large, wide-mouthed jar, one with a lid. It's best to look around and find a lid to fit the jar you are using before you get up to your elbows in mangoes.

Add white rum to the same jar — three times (by weight) as much as the mango you just chopped. Could you use vodka, or even blanco tequila, instead of rum? You could, but you would be heading off on a different adventure than the one we are on today.

Seal the jar with a tight-fitting lid, shake it well, then store it someplace cool and dark — maybe in that cabinet above the refrigerator that you always forget about — and shake it once or twice per day, for a week.

Strain with a fine-mesh strainer. Bottle and label it. You will be surprised at how much rum has been absorbed by the dried fruit, but also how much color and flavor the rum has taken on. This rum should keep indefinitely.

Guava Syrup

Fresh guava (Available in international markets, and at Walmart, guava is one of those fruits that you are probably pretty sure you've never had before, but you probably have. It's one of the perfumy background flavors in "tropical" juice mixes.)

White sugar
Juice of half a lemon

Chop fresh guavas into medium-sized pieces, then freeze them for several hours. This is to let the ice crystals poke holes in all the fruit's cell walls and make it oozy when it's time to cook with it.

Cook the frozen guava over medium heat in a small saucepan, with an equal amount — by weight — of white sugar. Stir occasionally. As it thaws, the frozen guava will give off a surprising amount of liquid. If you wanted to help it along



Mango daiquiri. Photo by John Fladd.

its way, you could encourage it with a potato masher.

Bring the mixture to a boil. Swirl it around the saucepan to make sure that all the sugar has been dissolved into the syrup.

Remove the mixture from heat, stir in the lemon juice, then strain the syrup with the same fine-mesh strainer that you used for the mango rum

(see above). This syrup will keep for several weeks in your refrigerator.

Mango Daiquiri

3 ounces mango rum
½ ounce guava syrup
1 ounce fresh squeezed lime juice, which isn't discussed above but you can probably figure out
Lots of crushed ice

Wrap several handfuls of ice cubes in a kitchen towel, and beat viciously with a rolling pin or some sort of martial arts weapon that you find lying around, until well-crushed. I like to leave a mixture of different sizes of ice. Fill a large rocks glass with the crushed ice.

Add the mango rum, guava syrup and lime juice to a cocktail shaker, and shake it over ice, until it is very cold. Feel free to shake it longer than you normally would; this is a strong, sweet drink that will benefit from the cold and the melted ice.

Strain the shaken daiquiri over the crushed ice. Call up footage of a beach view of Bora Bora on your laptop. Watch it through half-closed eyes as you drink this daiquiri. If small children try to disturb you while you do this, tell them that you are listening for secret messages that you have to be very, very quiet to hear.

It's no secret that rum plays well with sweet fruit, which in turn plays well with acidic citrus like lime juice. The first sip of this daiquiri will be sweet, then a little sour, which will make your mouth water, which prepares you perfectly for another sip.

John Fladd is a veteran Hippo writer, a father, writer and cocktail enthusiast, living in New Hampshire. 🍷

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Babychaos, “Guilty Hands (I Bleed)” (self-released)



Initial single heralding a fast-forthcoming EP from this eye-rollingly edgy goth chick, who, like Poppy (and you’ve already forgotten how awesome Poppy is, or at least *was*, I’ll bet), is Boston-based (this girl won the Metal Artist of the Year award at the 2022 Boston Music Awards), has a lot of gross slasher-movie stuff in her videos (Poppy wanted to be a one-woman Meshuggah before she foolishly abandoned that ship in a rush), has a lot of tattoos (I think Poppy’s are fake) and is a big social media influencer. Does that automatically make her interesting or important? No, it does not, but it might

inspire some to become entranced by her siren song (she’s from Salem, Mass., by the way!), because — at least going by this single — her trip is part Marilyn Manson and part Evanescence — my stars, look at how edgy she is on this video! OK, may I go now? **B** —Eric W. Saeger 🍷

The Mystical Hot Chocolate Endeavors, A Clock Without A Craftsman (Massacre Records)



So I’d just finished up the Babychaos review (somewhere else on this page), and funnily enough Poppy has an album coming out as well, but the only advance I had in hand was a single, but even funnier-ly enough, this prog-rock band is from Boston as well, so let’s give this a whirl. This count-’em 98-minute double album from the four-piece group professed to enjoy dabbling in “everything from ’70s progressive rock, ’90s alternative rock/shoegaze, ’80s New Wave” to blah blah blah, this was a pleasant surprise. It’s tough to nail them down, not because they’re unfocused but because they really are

good. A lot of this stuff really soars, toward a middle-of-the-road, aughts-indie-radio fashion: try to picture Nile with a Minus The Bear fetish, or just Minus The Bear, period, but 10 times more technically busy, and that’d be this. Seriously, if you’d be down with a more tech-metal Foo Fighters, this’d fit the bill for you. It’s already on my short list for Underrated Record Of The Year. **A+** —Eric W. Saeger 🍷

PLAYLIST

A seriously abridged compendium of recent and future CD releases

• Oh, no, it’s August already, I am not ready for the summer to end, are you? Of course not, especially because you can be sure that Mother Nature will make up for the limp winter she sent us last year, remember? Yup, I only used the snowblower once, and since all the “snow” was actually just lemon slushie goop that was already half-melted, my indestructible 30-year-old snowblower was all like, “right, you know all I’m going to do is clog and stall, let’s just bag it and take a nap, there, buckaroo, it’ll be melted by morning, relax.” And it was, and what that means is that this winter will be a vengeance-wreaking hellscape of horizontally blowing ice-doom and Abominable Bumble monsters chasing Yukon Cornelius around and eating cars — oh, just tell me when it’s over and I can go have fish on the beach again, won’t you? Where was I, oh, yes, the new albums that are hitting the streets on Aug. 4, that was it. **Art School Girlfriend** is the pseudonym of Polly Mackey, a producer, multi-instrumentalist and vocalist from Wrexham, North Wales, and her new LP, *Soft Landing*, is headed this way right now. I just checked out the latest single, “Real Life,” from this music album, and it’s pretty cool if you like a little Portishead vibe with your Goldfrapp-style bedroom techno. It’s pretty somber and depressing overall, but her samples and grooves are quite nice indeed.

• **Girl Ray** is an all-female indie-rock trio from London, U.K., and look over there, their new album, *Prestige*, is on the way for delivery to stores this Friday, if there are indeed any record stores still in existence other than the Newbury Comics in Manchvegas, unless even that place stopped selling records and got into the vitamin supplements market. Anyway, this album is quite fascinating, or at least the tire-kicker single “Love Is Enough” certainly is; it leans heavily to a funky, almost progressive vibe a la Red Hot Chili Peppers, but with Lana Del Ray-ish vocals. Hard to picture, I know, right, but trust me on this, it’s impressive.

• Hey, Zoomers, did you know that once upon a time there was a TV show called *General Hospital*, and it starred this guy **Rick Springfield** as one of the doctor/model dudes or whatever they are? No, I can see you don’t, and I don’t blame you at all, just suffice to say he was basically the prototype for the Kardashians, except he didn’t know how to apply press-on fingernails, which is, admittedly, an essential survival skill. But whatnot, anyway, Springfield’s new “platter” is *Automatic*, I’ll bet it sucks beyond belief, let’s go listen to the title track, shaaaall we? Ack, it has a sample composed of unplugged guitar, and it moves really fast; the song sort of rips off Robert Palmer’s “Simply Irresistible.” You’d have to hear it for yourself, let’s move on.

• And finally we have **Mammoth WVH**, with their new album, *Mammoth II*. Guess what “WVH” stands for, I’ll bet you’ll never get it, it’s Wolfgang Van Halen, gawd, I miss his dad Eddie so bad, don’t you? Wolfgang plays almost all the instruments on this album, and the first single, “Take A Bow,” sounds like Creed trying to be the Foo Fighters, but take heart, maybe there are other songs on this album that will save the day and preserve Eddie’s legacy, I am not sure at this writing. —Eric W. Saeger 🍷

NOTE: Local (NH) bands seeking album or EP reviews can message me on Twitter (@esaeger) or Facebook (eric.saeger.9).

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***The Heat Will Kill You First*, by Jeff Goodell** (Little, Brown and Co., 385 pages)

The effects of a warming planet seem less obvious in New England than in, say, Phoenix, Arizona, where it is 115 degrees Fahrenheit as I write. Except, of course, for the recently flooded towns in Vermont. And the hazy smoke that keeps drifting down here from Canada.

We can argue until the cows come home about whether we sit on the precipice of weather-driven, man-made calamity, but Jeff Goodell's mind is made up. Heat, he says, is "an extinction force that takes the universe back to its messy beginnings. Before there was light, there was heat. It is the origin of all things and the end of all things." And he is 100 percent certain about what is driving recent extreme weather: "250 years of hell-bent fuel consumption, which has filled the atmosphere with heat-trapping carbon dioxide."

Goodell is a journalist who has been writing about climate for more than a decade. The cover of his 2017 book *The Water Will Come* looks like a still from a dystopian movie, with a trio of skyscrapers nearly submerged in seawater. Now Goodell is back with the equally alarming title *The Heat Will Kill You First*. His timing is impeccable.

Smart people on either side of the debate can disagree about whether recent record-setting heat waves are blips in time or a uniquely dangerous threat to humankind. But there's no disputing that Goodell is an engaging writer at the top of his game. He's like the love child of Ed Yong and James Patterson, with a little bit of Rachel Carson thrown in, which is to say he writes science-based, dystopian thrillers.

He acknowledges that small changes in global temperatures in recent centuries (overall, we're up 2.2 degrees) don't seem particularly scary. "Who can tell the difference between a 77-degree day and an 81-degree day?" he asks. ... "Even the phrase 'global warming' sounds gentle and soothing, as if the most notable impact of burning fossil fuels will be better beach weather."

But heat is deadlier than most of us think, he says. The human body is generally a well-regulated heat-generating machine, but it doesn't take a whole lot of excess heat to kill us. Internally, there's less than 10 degrees difference

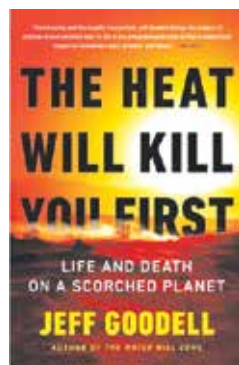
between our normal, everything's-fine temperature of 98 degrees and the catastrophic cell death and organ failure that can occur at 107 degrees. And tragically, we get new examples of this almost every year when another fit athlete dies from heat stroke that occurs during a run or a football practice.

To drive this point home, Goodell recounts the story of the California couple who died with their baby and dog on an otherwise unremarkable day hike close to their home. The deaths, which made national news because they were originally so puzzling, were eventually determined to be from hyperthermia and dehydration. It had been in the 70s when they started the hike going downhill, but temperatures exceeded 100 on their way back up, and all appeared to have died of heat stroke.

"Just being alive generates heat. But if your body gets too hot too fast — it doesn't matter if that heat comes from the outside on a hot day or the inside from a raging fever — you are in big trouble," he writes. As our internal temperature rises past 103 degrees, blood pressure falls and people pass out. Interestingly, "This is in fact an involuntary survival mechanism, a way for your brain to get your body horizontal and get some blood to your head. At this point, if you get help and can cool down quickly, you can recover with little permanent damage." But if you fall in a hot place and there is no one to help, you may never wake up.

Of course, people freeze to death when they fall unintended in cold places; falling and extreme temperatures are bad generally. But heat, Goodell says, is an "extinction force" and "the engine of planetary chaos, the invisible force that melts the ice sheets that will flood coastal cities around the world. It dries out the soil and sucks the moisture out of trees until they are ready to ignite. It revs up the bugs that eat the crops and thaws the permafrost that contains bacteria from the last ice age." The next pandemic, he predicts, may come from some recently thawed ancient bacteria.

It's not just humans at risk in extremely hot temperatures; others struggle in ways we normally wouldn't think about. In the heat wave that hit Portland in 2021, for example, people



were finding an unusually high number of injured baby birds on the ground. They weren't dehydrated. They were leaving their hot, crowded nests before they were old enough to fly. And yes, dogs pant in heat since they can't sweat like humans or plants, but some dogs fare better in heat than others, and not just because of differences in their fur. "Dogs

with flat faces and wide skulls, such as English bulldogs, are twice as likely to succumb to heat as beagles, border collies and other breeds with more pronounced snouts."

There is hardly a page without an odd, memorable fact like that, and a beautifully crafted paragraph that, as an added bonus, kindles a vapor of fear. Goodell, a longtime writer for *Rolling Stone*, is a pro at the dialogue-rich narrative style that keeps readers turning pages. Also, he's really, really worried about us. From the sea creatures dying in warming oceans to deliverymen and farm workers passing out from heat stroke, he sounds the alarm on every page: you don't know what is coming, you don't know what is here.

In air-conditioned offices and homes, it can seem a bit overwrought, but, as he points out, there is a big divide between "the cool and the damned." The affluent have central air conditioning while the poor swelter in homes without AC, or with old, inefficient units they can hardly afford to turn on. The disparity is worse in poorer countries. "Two hundred and twenty million people live in Pakistan, but there are fewer than a million air conditioners in the country," Goodell writes. Economic inequality will be manifest in a "thermal gap," he said, in which some people will fare better than others.

Goodell seems doubtful that things will improve; he notes that, were carbon emissions to cease today, carbon dioxide remains in the atmosphere for hundreds of years, but also acknowledges that human beings are adaptable and are already coming up with new ways to live; some cities, for example, are painting streets white to deflect heat. In other words, most of us can probably survive this — if the heat doesn't kill us first. **A** — Jennifer Graham

BOOKS

Author events

- **MICHAEL TOUGIAS** will discuss his book *The Finest Hours* (the basis for a 2016 movie starring Chris Pine and Casey Affleck) and his new book *Extreme Survival: Lessons From Those Who Have Triumphed Against All Odds* at the Epsom Public Library (1606 Dover Road in Epsom; epsomlibrary.com) on Saturday, Aug. 5, at 10 a.m.
- **KIM VARNEY CHANDLER** will

discuss her book *Covered Bridges of New Hampshire* on Saturday, Aug. 5, at 7 p.m. at the Warner Town Hall. The event is followed by a dessert reception. Tickets are \$10 and books will be available for purchase. Call MainStreet BookEnds at 456-2700 or visit mainstreetbookends.com.

• **ANN PATCHETT** will discuss her new novel *Tom Lake* at the Bank of NH Stage (16 S. Main St., Concord, 224-0562, gibsonsbookstore.com) on Tuesday, Aug. 8, at 7 p.m. Tickets

are available at ccanh.com, general admission; single tickets are \$40 including one signed copy of book; two tickets for \$50 includes one signed copy.

History, stories & lectures

• **WILLIAM HOBODY** There will be a Black Heritage Trail of New Hampshire marker unveiling event on Saturday, Aug. 5, at 1 p.m. at the Derry Opera House (29 W. Broadway in Derry) to celebrate William Hobody, a

ragtime musician and the first known Black business owner in Derry. See blackheritagetrailnh.org/derry-historic-marker-unveiling.

• **NEW HAMPSHIRE'S ONE-ROOM RURAL SCHOOLS: THE ROMANCE AND THE REALITY** presented by Stephen Taylor on Tuesday, Aug. 8, at 6 p.m. at Plaistow Public Library (85 Main St., Plaistow). Hosted by the Plaistow Historical Society (832-8273). See nhhumanities.org.

Haunted Mansion (PG-13)
LaKeith Stanfield, Rosario Dawson, Owen Wilson and Tiffany Haddish all board *Haunted Mansion*, a particularly strong ride-to-movie translation.

This is basically the ride — all wacky paintings and expanding rooms and floating candelabras — with the story serving as the car on a track that takes us from the murderous ghost bride to the head (Jamie Lee Curtis) in the crystal ball.

Doctor Gabbie (Dawson) and her son Travis (Chase W. Dillon) move to an old house outside of New Orleans to make a fresh start after some unspecified difficulty in New York. Sure, the house is a fixer-way-upper, but, Gabbie tries to reassure Travis as spooky things happen behind her, a vanilla-scented Yankee Candle and a little work and this mansion will feel like home. And then a spooky thing appears behind Travis and Gabbie says oh heck no, grabs him and runs out of the house.

When Father Kent (Wilson), an alleged priest with a real “surfside cabana bartender” vibe (i.e. an Owen Wilson vibe) seeks out New Orleans tour guide Ben (Stanfield), we pretty quickly figure out that just running out of the house did not solve Travis and Gabbie’s issues with ghosts. Before he was the depressed leader of a historic walk-



Haunted Mansion.

ing tour, Ben was an astrophysicist working on a camera that could capture “ghost particles,” which for the purposes of this movie pretty much just means “ghosts.” Kent offers Ben a nice payday to go to Gabbie’s house and photograph the spooky stuff floating through her would-be bed and breakfast. Ben thinks this whole endeavor is goofy — so goofy that he goes ahead with it, making “click” noises at the appropriate time, even though his camera is out of batteries — but he shows up and takes the money. And then he leaves and puts it all behind him.

So he thinks.

As Gabbie and Father Kent know and Ben quickly learns, the house’s ghosts are, as Gabbie describes, like bedbugs — once

you step in the house they cling to you and you can’t get rid of them. Ben, having actually captured a photo of a ghost in his own living room, decides to take photographing them seriously. Eventually psychic medium Harriet (Haddish) and historian Bruce (Danny DeVito) also end up at the house, making for a Scooby Gang that decides to investigate the house’s history in an attempt to rid it of its most malevolent of spirits.

Along the way, there’s some stuff about grief, there are some indications that some ghosts are more well-intentioned than others and there are a fair amount of “ghosts do the darnedest things” visual gags that are more ghostly visual cleverness and/or jump scares than actual horrors. Which is probably why

my 11-year-old was adequately entertained and not scared by the movie (though she wasn’t a fan of the more “feelings”-centered moments).

“Adequately entertaining” is probably the most accurate way to describe this movie overall. It is staffed with talented people (including writer Katie Dippold, who also did 2013’s buddy comedy *The Heat* and 2016’s “*Ghostbusters* but ladies” — which I enjoyed and which this feels a lot like, tonally). Stanfield brings way more to this movie than it probably deserves but he does help make this movie overall not a chore to watch. Haddish and DeVito sort of sprinkle on their individual brands of funny — the movie isn’t a laugh riot but no one element becomes so “Johnny Depp in later *Pirates of the Caribbean* movies” that it’s tiresome. It’s light, enough fun to complement the air conditioning that would be the main reason to see this in a theater and many-ages enough that you could entertain a tweens-and-up audience. **B-**

Rated PG-13 for some thematic elements and scary action, according to the MPA on filmratings.com. Directed by Justin Simien with a screenplay by Katie Dippold, Haunted Mansion is two hours and two minutes long and distributed in theaters by Walt Disney Studios Motion Pictures.

Film

• **Barbie** (PG-13, 2023) will screen at Red River Theatres (11 S. Main St., Concord, 224-4600, redrivertheatres.org) on Thursday, Aug. 3, at 4:15 & 7 p.m.; Friday, Aug. 4, through Sunday, Aug. 6, at 1:30, 4:15 & 7 p.m.; Monday, Aug. 7, through Thursday, Aug. 10, at 4:15 & 7 p.m.
 • **Oppenheimer** (R, 2023) will screen at Red River Theatres (11 S. Main St., Concord, 224-4600, redrivertheatres.org) on Thursday, Aug. 3, at 3 & 6:45 p.m.; Friday, Aug. 4, and Saturday, Aug. 5, at 2 & 6:30 p.m.; Sunday, Aug. 6, at 12:30 & 4:30

p.m.; Monday, Aug. 7, through Thursday, Aug. 10, at 3 and 6:45 p.m.
 • **Movie Night Mondays on Hampton Beach** (next to the playground) at dusk weekly through Aug. 28, and admission is free. See hamptonbeach.org.
 • **Summer Kids Series** Mondays and Wednesdays at 10 a.m. in July and August, O’neil Cinemas (24 Calef Hwy., Epping, 679-3529, oneilcinemas.com) hosts its annual summer kids series, featuring a schedule of children’s and family-friendly films for \$3 per ticket. The screenings continue with *Despi-*

cable Me on Aug. 7 and Aug. 9. The theater will be offering an \$8 popcorn-and-drink combo as well.
 • **Summer Movie Express Series**, a schedule of family-friendly movies, will screen at Regal Cinemas (282 Loudon Road, Concord, regmovies.com) on Tuesdays and Wednesdays for \$2 per ticket, often at 2 p.m., *Kung Fu Panda 3* and *Curious George* on Aug. 8 and Aug. 9.
 • **Nashua’s SummerFun “Pic in the Park”** at the Bandshell at Greeley Park (100 Concord St. in Nashua) On Friday, Aug. 4,

the film is *High School Musical* (G) and on Friday, Sept. 8, it’s *National Treasure*.
 • **Princess Mononoke** (PG-13, 1997) will screen as part of Studio Ghibli Fest 2023 at Cinemark Rockingham Park in Salem and Regal Fox Run in Newington Saturday, Aug. 5, through Wednesday, Aug. 9. Screenings are at 3 p.m. on Aug. 5; 4 p.m. on Aug. 6 (also at 7 p.m. at Regal Fox Run); at 7 p.m. on Aug. 7 through Aug. 9. See fathomevents.com.
 • **Haunted Mansion** (PG-13, 2023) there will be a sensory friendly showing (when lights

are up and sound is down) at all three area Chunky’s (707 Huse Road, Manchester; 151 Coliseum Ave., Nashua; 150 Bridge St., Pelham, chunkys.com) on Monday, Aug. 7, at 3:45 p.m.
 • **The Rescuers Down Under** (1990, G) on Wednesday, Aug. 9, at Rollins Park (116 Broadway St., Concord), starting at dusk. Admission is free and open to all ages. See redrivertheatres.org.
 • **Manchester International Film Festival** will run Thursday, Aug. 10, through Saturday, Aug. 12, at the Palace Theatre (80 Hanover St. in Manchester;

palacetheatre.org, 668-5588). Tickets are on sale now and there will be an evening with actor and comedian Kevin Pollack on Saturday, Aug. 12 (call the box office for tickets), according to a post on the event’s Instagram. Go to <https://linktr.ee/manchfilmfest> for a schedule and links to ticket pages.
 • **Jaws** (1975) will screen at all three area Chunky’s (707 Huse Road, Manchester; 151 Coliseum Ave., Nashua; 150 Bridge St., Pelham, chunkys.com) on Thursday, Aug. 10, through Sunday, Aug. 13, at 7 p.m.

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By Michael Witthaus
mwitthaus@hippopress.com

• **Hip-hop hops:** A Nashua micro-brewery marks its collaboration with **Fee the Evolutionist** on a double IPA with a release party that includes a live performance by the rapper and Harry Bosch, conveniently happening on International Beer Day. Artwork on the new cans has a QR code that links to a free download of Fee's commemorative "The Recipe," which he said was "created using all beer brewing materials." Thursday, Aug. 3, 8 p.m., Rambling House Food & Gathering, 57 Factory St., Nashua, ramblingtale.com.

• **Off stream:** On her new album *Last Days of Summer*, singer-songwriter **Lucy Kaplansky** "weaves fragile lives together, making even tenuous connections as palpable as flesh and blood," according to USA Today. Friday, Aug. 4, 7 p.m., Word Barn Meadow, 66 Newfields Road, Exeter. Tickets \$14 to \$30 at portsmouthtickets.com.

• **Guitar man:** It's easier to follow a hockey puck on television than to discern what **Jesse Cook** does on a fretboard with his fingers. The Toronto-based guitarist defies the laws of physics every time he plays Flamenco music on his nylon six-string. Since releasing his debut record, *Tempest*, in 1995, Cook has captivated audiences across the world. His 11th, studio release, *Libre* was named Album of the Year by JazzTrax in 2021. Saturday, Aug 5, 8 pm., Nashua Center for the Arts, 201 Main St., Nashua, \$39 and up at etix.com.

• **Listening room:** As her musical confidence grew, **Rebecca Turmel** joined many New England musicians by spending time in Nashville to get to the next career level. Her newest single, "Wish You Well," came out last April. Turmel plays a duo set with guitarist Jim Yeager. Sunday, Aug 6, 6 p.m., Bank of New Hampshire Stage, 16 S. Main St., Concord, \$15 at ccn.com.

• **Midweek music:** Specially priced four-ticket blocks of lawn seats are available for alt rockers **Incubus**, who perform with Badflower and famous daughter Paris Jackson. Now in its 30th year, the SoCal headliner draws from nu-metal, hip-hop and jazz tributaries for its unique sound. While Ben Kenney recovers from brain surgery, Nicole Row (Panic! at the Disco, Miley Cyrus) joins the band on bass. Wednesday, Aug. 9, 8 p.m., Bank of New Hampshire Pavilion, 72 Meadowbrook Lane, Gilford, \$35 and up at ticketmaster.com. 🍷

NITE

Natural good time

Festival mixes music, yoga and art

By Michael Witthaus
mwitthaus@hippopress.com

An impromptu party a couple of summers ago is the impetus for a two-day event blending live music, movement, camping, inclusion and environmental responsibility. The Barefoot Music & Arts Festival happens at a yoga center in the woods of Hillsboro that's popular for healing retreats and farm-to-table community dinners. It's not the first place that comes to mind for a mini-Woodstock, and that's part of the inspiration.

The Evocatives, an eclectic, electric reggae sextet, played an evening show at Bethel Farm Yoga and Living Art Center that was closed out with a DJ set by the son of farm owner Steve Bethel. The vibe was infectious, as revelers danced late into the night.

"It put a little bug in our brains," Evocatives singer Jennifer Bakalar said by phone recently. "Maybe we want to turn this into something that we could do again ... share it with more people."

Fifteen performers are booked to perform over two nights, but this is no simple rock show, Bakalar said.

"We really wanted to have a clear intention, so we decided on two founding principles," she said. "Whatever we did needed to live up to the names 'Leave No Trace' and 'Radical Inclusion.'"

The first principle is easy to understand and is detailed in a National Park Service article linked on the festival website. The second is less concrete. "It's just about being the kind of human that you'd want to run into at a festival," Bakalar said, "and a willingness to tolerate ambiguity or open-endedness. Maybe not necessarily understand but be OK with it."

It begins with a varied musical lineup that includes singer-songwriters Tyler Allgood, Caylin Costello, Jon Stephens and Ian Galipeau doing sets, Cajun and zydeco dance music from Bayou X, led by New Orleans



Evocatives. Courtesy photo.

native Peter Simoneaux, along with the jammy Modern Fools. Electronica duo Deep Seize blends hand pans with hip-hop and funky grooves; psychedelic folk band Party of the Sun and indie rockers Hug the Dog are some of the other acts.

In addition to leading his eponymous jazz trio, Ben Jennings will help in a community kitchen. "We expect people to bring a lot of their own food because they're camping," Bakalar said, "but we also want to offer something for the crew and the volunteers, and for people that might not have packed enough. He has a great chili recipe, so he's going to do a huge batch."

Such collective spirit is the underlying ethos of the festival. All musicians are donating their time, but any profits beyond production costs will be split.

"Anyone who had a stake, who was really invested and involved" will share, Bakalar said, adding, "it's been amazing how things have kind of fallen into place; any time there's been a real significant need, someone has stepped up and found a way for us to fill it."

When onstage performances are over, the festival crowd will provide the music.

"We have a drum circle planned around

a fire," Bakalar said. "Bring your drums, sit around the fire, and drum until it's time for bed."

There's plenty beyond music; everyone is encouraged to participate.

"It's going to be whatever people make it to be," Bakalar said. "If you don't try a class or ... explore the art, you're only going to have a limited experience of the festival."

Bakalar is an art teacher and enjoys giving her brethren a platform.

"I don't think they get that opportunity often enough in a way that really does them justice," she said. "We have two visual artists that are coming to do an installation and make their work on site, [and] we have a vendor village full of artists making things and selling things that they've made, artwork, face painting, temporary tattoo, artwork, that kind of stuff."

The living arts aspect is particularly unique. "Yoga, breathwork classes, movement workshops, self-massage, things that I've never even tried I'm really excited about," Bakalar said, adding that all yoga classes are complimentary. "Really, if you were a yoga fan, coming for all the free workshops that we're offering would be well worth the value of the ticket."

When attendees leave their tidy campsites, carrying anything non-recyclable in a compostable trash bag provided by the festival organizers, Bakalar wants no one to feel exhausted.

"It's a festival where you're not walking away from it feeling like you need a few days to recover before you can go back to work; it'll feel inspiring and rejuvenating and creative," she said. "It's not just a crazy music festival. It's about community and really building something that's sustainable that we could do again and keep doing in years to come." 🍷

Barefoot Music & Arts Festival

When: Friday, Aug. 4, at 5 p.m. through Saturday Aug 5, at 10 p.m.

Where: Bethel Farm & Yoga Studio, 34 Bethel Road, Hillsboro

Tickets: Two-day passes \$90.57, Friday only \$43.61, Saturday only \$54.92 at theticketing.co

Friday lineup:
Tyler Allgood
Caylin Costello
Lord Magnolia
Bayou X

Superbug
Evocatives
Saturday lineup:
Jon Stephens
Ian Galipeau
Party of the Sun
Deep Seize
Modern Fools
The Ben Jennings Trio
Evocatives
Hug the Dog
DJ Flex

MUSIC THIS WEEK

Alton Bay Dockside Restaurant 6 East Side Drive, 855-2222	Brookline The Alamo Texas Bar-becue & Tequila Bar 99 Route 13, 721-5000	Mexicana 11 Hills Ave., 224-5669	Dover Cara Irish Pub & Restaurant 11 Fourth St., 343-4390	1114 Route 11, 755-3301	Sea Ketch 127 Ocean Blvd., 926-0324	Luk's Bar & Grill 142 Lowell Road, 889-9900	1182 Union Ave., 528-7800
Foster's Tavern 403 Main St., 875-1234	Averill House Winery 21 Averill Road, 371-2296	Lithermans 126 Hall St., Unit B	Epping Holy Grail 64 Main St., 679-9559	Francestown Old Meetinghouse 1 New Boston Road, 731-5119	Shane's Texas Pit 61 High St., 601-7091	Lynn's 102 Tavern 76 Derry Road, 943-7832	Tower Hill Tavern 264 Lakeside Ave., 366-9100
Auburn Auburn Pitts 167 Rockingham Road, 622-6564	Candia Smyth Public Library Gazebo 55 High St., 483-8245	T-Bones 404 S. Main St., 715-1999	Railpenny Tavern 8 Exeter Road, 734-2609	Gilford Patrick's 18 Weirs Road, 293-0841	Smuttynose Brewing 105 Towle Farm Road	T-Bones 77 Lowell Road, 882-6677	The Wreck Yard 322 Lakeside Ave.
Bedford Copper Door 15 Leavy Dr., 488-2677	Canterbury Canterbury Farmers Market 9 Center Road	Uno Pizzeria 15 Fort Eddy Road, 226-8667	Telly's Restaurant & Pizzeria 235 Calef Hwy., 679-8225	Goffstown Village Trestle 25 Main St., 497-8230	Wally's Pub 144 Ashworth Ave., 926-6954	Jaffrey Park Theatre 19 Main St., 532-9300	Litchfield Day of the Dead Mexican Taqueria Mel's Funway Park 454 Charles Bancroft Highway, 377-7664
Murphy's Carriage House 393 Route 101, 488-5875	Canterbury Shaker Village 288 Shaker Road, 783-9511	White Park 1 White St., concordnh.gov	Epsom Hill Top Pizzeria 1724 Dover Road, 736-0027	Hampton Bernie's Beach Bar 73 Ocean Blvd., 926-5050	Whym Craft Pub & Brewery 853 Lafayette Road, 601-2801	Kensington The Farm at Eastman's Corner 224 Amesbury Road, 347-1909	Londonderry Coach Stop Restaurant & Tavern 176 Mammoth Road, 437-2022
T-Bones 169 S. River Road, 623-7699	Concord Area 23 State Street, 881-9060	Gould Hill Farm & Contoocook Cider Co. 656 Gould Hill Road, 746-3811	Exeter Sea Dog Brewing Co. 5 Water St., 793-5116	Bogie's 32 Depot Square, 601-2319	Henniker Angela Robinson Bandstand Community Park, Main Street	Kingston Saddle Up Saloon 92 Route 125, 369-6962	The Common 265 Mammoth Road
Bow Chen Yang Li 520 S. Bow St., 228-8508	Cheers 17 Depot St., 228-0180	Shooters Pub 6 Columbus Ave., 772-3856	Swasey Parkway 316 Water St.	CR's The Restaurant 287 Exeter Road, 929-7972	Hillsboro Main Street Grill and Bar 126 W. Main St., 290-4887	Laconia Bernini Pizzeria and Wine Bar 1135 Union Ave., 527-8028	Stumble Inn 20 Rockingham Road, 432-3210
Bristol The Purple Pit Coffee Lounge 28 Central Square, 744-7800	Courtyard by Marriott Concord 70 Constitution Ave.	Derry Amphora 55 Crystal Ave., 537-0111	Farmington Hawg's Pen	The Goat 20 L St., 601-6928	Hooksett Big Kahunas Smokehouse 1158 Hooksett Road, 935-7500	Fratello's 799 Union Ave., 528-2022	Manchester Backyard Brewery 1211 S. Mammoth Road, 623-3545
	Hermanos Cocina					Naswa Resort 1086 Weirs Blvd., 366-4341	BluAqua 930 Elm St., 836-3970
						T-Bones	Bonfire 950 Elm St., 663-7678

Thursday, Aug. 3

Auburn Auburn Pitts: open jam, 7 p.m.	Derry Fody's: music bingo, 8 p.m.	p.m. L Street: Chris Powers, 4:30 p.m.	Londonderry Stumble Inn: Mugsy Duo, 7 p.m.	KC's Rib Shack: Chris Fraga, 6 p.m.
Bedford Copper Door: Ken Budka, 6 p.m. Murphy's: Steve Haidaichuk, 5:30 p.m. T-Bones: Doug Thompson, 6 p.m.	Epping Railpenny: Liz Ridgely, 6 p.m. Telly's: Tim Theriault, 7 p.m.	Sea Ketch: Clint Lapointe, 3 p.m.; Lewis Goodwin, 8:30 p.m. Sea Shell: Nashville Line Dance, 6 p.m.; Derek Lersch, 7 p.m. Smuttynose: 21st & 1st, 6:30 p.m. Wally's: Russ Six, 3 p.m.; NightTrain (Guns N' Roses tribute), 7 p.m. Whym: music bingo, 6 p.m.	Manchester Cactus Jack's: Johnny Angel, 5 p.m. City Hall Pub: The Latchkey Gang Band, 7 p.m. Currier: Songwriter Round with Alli Beaudry, 5 p.m. Derryfield: Erika Van Pelt Duo, 6 p.m.; Diversity Duo, 6 p.m. Firefly: Taylor Marie, 5 p.m. Foundry: Andrea Paquin, 5 p.m. Fratello's: Chris Gardner, 5:30 p.m. Goat: Cox Karaoke, 8 p.m.	Milford Riley's Place: open mic, 7 p.m.
Brookline Alamo: open mic with Travis Rollo, 6 p.m.	Exeter Swasey Parkway: High Range, 6 p.m.	Hillsboro Butler Park: April Cushman Duo, 7 p.m.		Nashua Fody's: DJ Rich karaoke, 9:30 p.m. Nashua Public Library: Koliba Afro-pop, 6 p.m. Pressed Café: Halley Neal, 6 p.m. San Francisco Kitchen: live music, 6:30 p.m. Shorty's: Peter Pappas, 6 p.m.
Concord Area 23: karaoke, 6 p.m. Cheers: Jodee Frawlee, 6 p.m. Eagle Square: Freeze Brothers Big Band, 7 p.m. Hermanos: Ken Clark, 6:30 p.m. Lithermans: Tyler Levs, 5:30 p.m. T-Bones: Jake Bartolin, 6 p.m.	Farmington Hawg's Pen: open mic, 7 p.m.	Hudson Luk's: live music, 7 p.m. Lynn's 102: karaoke w/George Bisson, 8 p.m. T-Bones: Jess Olson, 6 p.m.		Merrimack Homestead: Tim Kierstead, 5:30 p.m. Tortilla Flat: Freddie Catalfo, 6 p.m.
	Goffstown Village Trestle: Ralph Allen, 6 p.m.	Kingston Saddle Up Saloon: karaoke w/DJ Jason, 7 p.m.		
	Hampton Bernie's: Adam Luffkin, 7 p.m. Bogie's: Michael Troy, 7 p.m. CR's: Dog Fathers, 6 p.m. The Goat: Taylor Hughes, 8			

Music, live and in person

These listings for live music are compiled from press releases, restaurants' websites and social media and artists' websites and social media. Call the venue to check on special rules and reservation instructions. Get your gigs listed by sending information to adiatz@hippypress.com.



BLUES NEWS

Over the past 50 years, Roomful of Blues has brought a joyful take on boogie-woogie, soul and, yes, jump blues to enthusiastic audiences in New England and the world. Their tour to support their 2020 album *In a Roomful of Blues* takes them to the Park Theatre (19 Main St., Jaffrey, 532-9300, theparktheatre.org) on Saturday, Aug. 5, at 8 p.m. Tickets cost \$35, plus fees.

Bookery 844 Elm St., 836-6600	KC's Rib Shack 837 Second St., 627-RIBS	21 Kosciuszko St., 669-7722	Milford The Pasta Loft 241 Union Square, 672-2270	San Francisco Kitchen 133 Main St., 886-8833	Pittsfield Over the Moon 1253 Upper City Road, 216-2162	2033	760-7706
CJ's 782 S. Willow St., 627-8600	Olympus Pizza 506 Valley St., 644-5559	Mason The Range 96 Old Turnpike Road, 878-1324	Riley's Place 29 Mont Vernon St., 380-3480	Shorty's Mexican Roadhouse 48 Gusabel Ave., 882-4070	Plaistow PARC 51 Old County Road	Field of Dreams Community Park 48 Geremonty Drive	Red's Kitchen + Tavern 530 Lafayette Road, 760-0030
City Hall Pub 8 Hanover St., 232-3751	Murphy's Taproom 494 Elm St., 644-3535	Meredith Giuseppe's 312 Daniel Webster Hwy., 279-3313	Stonecutters Pub 63 Union Square, 213-5979	Sky Meadow Country Club 6 Mountain Laurels Dr., 888-9000	Portsmouth Cisco Brewers 35 Corporate Dr., 380-7575	Luna Bistro 254 N. Broadway, 458-2162	Somersworth Earth Eagle North 350 Route 108, 841-5421
Currier Museum of Art 150 Ash St., 669-6144	Salona Bar & Grill 128 Maple St., 624-4020	Lakeview Tavern 7 Main St., 677-7099	Moultonborough Buckey's 240 Governor Wentworth Hwy., 476-5485	Stella Blu 70 E. Pearl St., 578-5557	The Gas Light 64 Market St., 430-9122	T-Bones 311 South Broadway, 893-3444	Stafford Independence Inn 6 Drake Hill Road, 718-3334
Derryfield Country Club 625 Mammoth Road, 623-2880	Shaskeen Pub 909 Elm St., 625-0246	Twin Barns Brewing 194 Daniel Webster Hwy., 279-0876	Nashua Casey Magee's Irish Pub 8 Temple St., 484-7400	New Boston Common 7 Meetinghouse Hill Road	The Goat 142 Congress St., 590-4628	Tuscan Village 9 Via Toscana, 212-9650	Sunapee The Livery in Sunapee Harbor 58 Main St., thelivery.org
Firefly 21 Concord St., 935-9740	Stark Brewing Co. 500 Commercial St., 625-4444	Merrimack Abbie Griffin Park 6 Baboosic Lake Road	Fody's Tavern 9 Clinton St., 577-9015	Molly's Tavern & Restaurant 35 Mont Vernon Road, 487-1362	Mojo's West End Tavern 95 Brewery Lane, 436-6656	Salisbury Black Bear Vineyard & Winery 289 New Road, 648-2811	Tilton Pour Decisions 500 Laconia Road, 527-8066
The Foundry 50 Commercial St., 836-1925	Stark Park Bandstand River Road	Homestead 641 Daniel Webster Hwy., 429-2022	Greeley Park Bandshell 100 Concord St.	Northfield Boonedoxz Pub 95 Park St., 717-8267	Press Room 77 Daniel St., 431-5186	Seabrook Backyard Burgers & Wings 5 Provident Way, 760-2581	Windham Old School Bar & Grill 49 Range Road, 458-6051
Fratello's 155 Dow St., 624-2022	Strange Brew 88 Market St., 666-4292	Tomahawk Tavern 454 Daniel Webster Hwy., 365-4960	Millyard Brewery 125 E. Otterson St., 722-0104	Penacook American Legion Post 31 11 Charles St., 753-9372	Rochester Porter's 19 Hanson St., 330-1964	Beach Deck Bar & Grill 207 Ocean Blvd., 814-1562	
The Goat 50 Old Granite St.	To Share Brewing 720 Union St., 836-6947	Tortilla Flat 595 Daniel Webster Hwy., 424-4479	Pressed Cafe 108 Spit Brook Road, 718-1250		Salem Copper Door 41 S. Broadway, 458-	Chop Shop Pub 920 Lafayette Road,	

Portsmouth Gas Light: Chris Powers, 2 p.m.; Dave Ayotte Duo, 7 p.m. The Goat: Isaiah Bennett, 9 p.m.	Somersworth Earth Eagle: open mic w/Dave Ogden, 6 p.m.	Brookline Alamo: Jason Michelson, 6 p.m.	Telly's: MB Padfield, 8 p.m.	L Street: live music, 8 p.m.	Litchfield Day of the Dead Taqueria: karaoke with DJ Brian, 7 p.m.
Salem Copper Door: Jon Paul Royer, 5 p.m. Field of Dreams: North River Music, 6:30 p.m. T-Bones: Chris Taylor, 6 p.m. Tuscan: Andrew McManus, 6 p.m.	Tilton Pour Decisions: music bingo, 7 p.m.	Concord Area 23: Joey Clark & The Big Hearts, 8 p.m.; Decatur Creek, 9:30 p.m. Hermanos: Scott Solsky, 6:30 p.m.	Epsom Hill Top: David Graham, 7 p.m.	Sea Ketch: Paul Lussier, 1 p.m.; Ray Zerkle, 8:30 p.m. Sea Shell: Hijacked, 7 p.m. Smuttnose: The Crab Shack Band, 6 p.m. Wally's: Chris Toler, 3 p.m. Whym: Jamie Martin, 6:30 p.m.	Londonderry Coach Stop: Dave Zangri, 6 p.m. Stumble Inn: Mostly '90s Band, 8 p.m.
Seabrook Backyard Burgers: Jennifer Mitchell, 6 p.m.	Friday, Aug. 4 Alton Bay Dockside: music bingo, 7 p.m. Foster's Tavern: Dakota Smart, 7 p.m.	Contoocook Contoocook Cider Co.: Alex Cohen, 1 p.m.	Gilford Patrick's Pub: John Irish, 6 p.m.	Hudson Lynn's 102: karaoke w/George Bisson, 8 p.m.	Manchester Backyard Brewery: Malcolm Salls, 6 p.m. BluAqua: Jae Mannion, 9 p.m. Bonfire: FatBunny, 7 p.m. Derryfield: Rob & Jody, 6 p.m.; Neon Rodeo, 8 p.m. Firefly: Sam Hammerman, 6 p.m. Fratello's: Jeff Mrozek, 6 p.m.
	Bedford Murphy's: Sean Coleman, 6 p.m.	Epping Holy Grail: Acoustic Duo, 7 p.m. Railpenny: Dayes, 6 p.m.	Goffstown Village Trestle: Rose Kula, 6 p.m.	Laconia Fratello's: John Stanley Shelley, 6 p.m. Naswa: Mix 94.1, 4 p.m.; DJ Terry, 5 p.m. The Wreck Yard: Young Guns Band, 6 p.m.	
			Hampton Bernie's: Luffkid, 8 p.m. CR's: Dog Fathers, 6 p.m. The Goat: Alex Anthony, 8 p.m.		

OLD HAT, NEW TRADITION



The Americana trio Old Hat Stringband blends traditional bluegrass and folk with a contemporary sense of urgency and melody. Seacoast-area fans of traditional music have two opportunities to see them: They share a bill with Todd Heaton at the Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusicall.org) on Saturday, Aug. 5, at 8 p.m.; tickets range from \$31 to \$41, plus fees. They also play a 3 p.m. show on Sunday, Aug. 6, at Crows' Feat Farm (178 Drinkwater Road, Kensington, crowsfeatfarm.org); tickets range from \$10 to

\$20, plus fees.



JESSE COOK

Canadian guitarist Jesse Cook, who described his music as a multicultural fusion of styles including flamenco, will perform at the Nashua Center for the Arts (201 Main St. in Nashua; nashuacenterforthearts.com, 800-657-8774) on Saturday, Aug. 5, at 8 p.m. Tickets cost \$39 through \$69. His most recent albums include *Libre*, released in 2021, and *Love in a Time of Covid*, released in April. See jessecook.com for more on his music.

NITE MUSIC THIS WEEK

The Foundry: Chris Lester, 6 p.m.
The Hill: Lou Antonucci, 5:30 p.m.

KC's Rib Shack: J-Lo Duo, 6 p.m.
Murphy's: Doug Thompson, 5:30 p.m.; Rob Randlett Exp, 9:30 p.m.

Olympus Pizza: Chris Gardner, 7 p.m.
Shaskeen: Joe Lapiana & David Smitty, 9 p.m.
South Side Tavern: Cox Karaoke, 9 p.m.
Strange Brew: River Sang Wild, 9 p.m.

Meredith

Giuseppe's: Bob Kroepel, 5:45 p.m.
Twin Barns: Andrea Paquin, 6 p.m.

Merrimack

Homestead: Chris Taylor, 6 p.m.

Milford

Pasta Loft: Truffle, 8 p.m.
Stonecutters Pub: DJ Dave O karaoke, 9 p.m.

Moultonborough

Buckey's: Russell James, 7 p.m.

Nashua

Millyard: Connor Coburn, 6:30 p.m.
Sky Meadow: Justin Jordan, 4 p.m.

New Boston

Molly's: Travis Rollo, 7 p.m.

Newbury

Mount Sunapee Resort: Justin Cohn, 5 p.m.

Northfield

Boonedoxz Pub: karaoke night, 7 p.m.

Penacook

American Legion Post 31: Jennifer Mitchell, 7 p.m.

Portsmouth

Cisco: Wellfleet, 4 p.m.
Gas Light: Dave Clark, 2 p.m.;

Whatsername Band, 7 p.m.; Patrick Synan, 9:30 p.m.
The Goat: Chris Toler, 9 p.m.

Salem

Luna Bistro: Dani Sven, 7 p.m.
Tuscan: Ward Hayden Band, 7 p.m.

Saturday, Aug. 5

Alton Bay

Foster's Tavern: Andrea Paquin, 6 p.m.

Barnstead

Parade Grounds: Green Heron, 6 p.m.

Bedford

Murphy's: Mark Lapointe, 6 p.m.

Bow

Chen Yang Li: Conor & Zeb, 7 p.m.

Bristol

Purple Pit: Russ Ryan, 7 p.m.

Brookline

Alamo: Travis Rollo, 6 p.m.
Averill House: Jackie Therrien, 1:30 p.m.

Concord

Hermanos: live music, 6:30 p.m.

Contoocook

Cider Co.: Justin Cohn, 4 :30 p.m.
Contoocook Farmers Market: Miner & Ryan, 9 a.m.

Epping

Holy Grail: Peter Pappas, 6:30 p.m.
Railpenny: Cormac McCarthy, 6 p.m.
Telly's: Mark & Jay Duo, 8 p.m.

Epsom

Hill Top: Lisa Guyer/Nate Comp, 7 p.m.

Exeter

Shooters: Jonas Grumby, 6 p.m.

Gilford

Patrick's Pub: Holy Cow!, 6

p.m.

Goffstown

Village Trestle: Gardner Berry, 6 p.m.

Hampton

Bernie's: MB Padfield, 1 p.m.; Pulse, 8 p.m.
L Street: Chris Powers, 8 p.m.
Sea Ketch: Ryan Williamson, 1 p.m.; Sam Hammerman, 8:30 p.m.
Sea Shell: The Reminisants, 7 p.m.
Smuttynose: Tim Threiault, 1 p.m.
Whym: Joe Winslow, 6:30 p.m.

Hillsboro

Main Street: Mikey G, 6 p.m.

Jaffrey

Park Theatre: Bernie & Louise Watson, 5:30 p.m.; Roomful of Blue, 7:30 p.m.

Kensington

The Farm at Eastman's Corner: Heavy Necker, 2 p.m.

Laconia

Fratello's: Freddie Catalfo, 6 p.m.
Lakeview Tavern: Nicole Knox Murphy, 6 p.m.
Naswa: Boys Gone Wild, 8 a.m.; Marlena Phillips, 5:30 p.m.
Tower Hill: line dancing, 7 p.m.
Wreck Yard: karaoke, 6 p.m.

Londonderry

Coach Stop: Joe McDonald, 6 p.m.
Stumble Inn: Dancing Madly Backwards, 8 p.m.

Manchester

Backyard Brewery: Hank Osborne, 6 p.m.
Bonfire: Maddi Ryan, 8 p.m.
Bookery: The Ukeladies, 3 p.m.
Derryfield: Red Duo, 6 p.m.; Chad LaMarsh, 8 p.m.
Executive Health Club: Johnny Angel, 6 p.m.
Firefly: Chris Cavanaugh, 6 p.m.
Fratello's: Chris Taylor, 6 p.m.
Foundry: Scott King, 6 p.m.

The Goat: musical brunch with Brooks Hubbard, 10 a.m.

The Hill: Ramez Mataz, 5:30 p.m.

KC's: Dave Zangri, 6 p.m.

Murphy's: Casey Roop, 5:30 p.m.; Stone Free, 9:30 p.m.

Shaskeen: Polkadot Cadaver, Inverter, 8 p.m.

Strange Brew: Wiki 3, 9 p.m.

To Share: Matt Litzinger, 5 p.m.

Wild Rover: Alex Cormier, 5 p.m.

Mason

The Range: Blues on the Range, noon

Meredith

Twin Barns: Karen Grenier, 3 p.m.

Merrimack

Homestead: Doug Thompson, 6 p.m.

Milford

Pasta Loft: Acoustically Speaking, 8 p.m.

Nashua

Casey Magee's: Acoustic Tandem, 8 p.m.
Millyard: ODB, 4 p.m.
Sky Meadow: Joe Birch, 3 p.m.

New Boston

Molly's: Acoustic BS, 7 p.m.

Newbury

Mount Sunapee Resort: Decatur Creek, 11 a.m.

Portsmouth

Cisco: Free Ballin', 4 p.m.
Gas Light: Paul Warnick, 2 p.m.; Jamsterdam, 7 p.m.; Andrew Kavanagh, 9:30 p.m.
The Goat: Mike Forgette, 9 p.m.

Raymond

Pine Acres: NKM, 7 p.m.

Salem

Luna Bistro: Chris Gardner, 7 p.m.
Tuscan: Mix Up-Mix Up, 12:30 p.m.; Bonus Cat Band, 7 p.m.

Salisbury

Black Bear: Rebecca Turmel, 2 p.m.

Seabrook

Chop Shop: Fast Times (80s Tribute)

Tilton

Pour Decisions: karaoke, 7:30 p.m.

Sunday, Aug. 6

Bedford

Copper Door: Nate Comp, 11 a.m.
Murphy's: Tim Kierstead, 4 p.m.

Brookline

Alamo: Jadyn Arpin, 4 p.m.

Canterbury

Shaker Village: The Fretbenders, 4 p.m.

Concord

Cheers: Clint Lapointe, 5 p.m.
White Park: Hometown Eulogy, 10 a.m.

Contoocook

Cider Co.: Chris Lester, 3 p.m.

Epping

Railpenny: SuperDry, noon

Francestown

Old Meeting House: Book-match Band, 4 p.m.

Goffstown

Village Trestle: Bob Pratte acoustic session, 3:30 p.m.

Hampton

Bernie's: Don Severance, 5 p.m.
Bogie's: Steppin Stones, 4 p.m.
The Goat: Justin Jordan, 1 p.m.
Sea Ketch: Ray Zerkle, 1 p.m.; Doug Mitchell, 8:30 p.m.
Sea Shell: Tru Diamond (Neil Diamond tribute), 7 p.m.
Wally's: MB Padfield, 2 p.m.

Kensington

The Farm at Eastman's Corner: Red Tail Hawk, 2 p.m.

Laconia

Fratello's: Chris Gardner, 6 p.m.
Naswa: The Flock, 4 p.m.
T-Bones: Taylor Hughes, 4 p.m.

Londonderry

Stumble Inn: Triple Play, 4 p.m.

Manchester

Derryfield: Chad LaMarsh, 5 p.m.
Firefly: Chuck Alaimo, 11 a.m.
Foundry: Brad Myrick, 10 a.m.
The Goat: Mike Forgette, 10 a.m.
KC's: Matt Bergeron, 3 p.m.
Murphy's: Austin McCarthy, 3 p.m.
Stark Park: Reminisants, 2 p.m.
Strange Brew: One Big Soul Jam, 7 p.m.
To Share: Paul Driscoll, 4 p.m.

Mason

The Range: Cheryl Arena, 3 p.m.

Milford

Pasta Lost: J-Lo, 4 p.m.
Riley's Place: open mic w/ Blues Jam, 1 p.m.

Nashua

Stella Blu: Casey Roop, 3 p.m.

New Boston

Molly's: Ralph Allen, 1 p.m.

Northfield

Boonedoxz Pub: open mic, 4 p.m.

Portsmouth

Gas Light: Doug Thompson, 2 p.m.; Dapper Gents Trio, 6 p.m.
The Goat: Rob Pagnano, 9 p.m.

Salem

Copper Door: Steve Aubert, 11 a.m.
Luna Bistro: Steve Baker, 4 p.m.
Tuscan: Mix Up - Mix Up, 2 p.m.; Bella Perrotta, 6 p.m.

Seabrook

Beach Deck: Joey Canzano, 4 p.m.

Stratford

Independence Inn: Sam Ham-

FOLK DOCTOR

Lucy Kaplansky is known for her ruminative, sharply observed songs and lush vocal harmonies. She returns to the Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com) on Friday, Aug. 4, at 7 p.m. Tickets range from \$14 to \$30, plus fees.

FUNNY FOSTER

Cindy Foster knows a thing or two about going viral. The standup comedian has made a series of video shorts that have 65 million views and rising. Catch her in person at the Press Room (77 Daniel St., Portsmouth, 431-5186, pressroomnh.com) on Saturday, Aug. 5, at 7 p.m. Tickets cost \$20, plus fees.



NITE MUSIC THIS WEEK

merman, 10:30 a.m.

Myrick, 11 a.m.

Lite, 9 p.m.

KC's Rib Shack: Paul & Nate open mic, 7 p.m.

Murphy's: Krystian Beal, 5:30 p.m.

Strange Brew: David Rousseau, 8 p.m.

Mason

The Range: Rebecca Turmel, 5 p.m.

Merrimack

Homestead: Jordan Quinn, 6 p.m.

Nashua

Greeley Park: Tru Diamond, 7 p.m.

New Boston

Common: Tattoo, 6 p.m.

Newbury

Mount Sunapee Resort: Eric Lindberg, 11 a.m.

Portsmouth

Gas Light: Ralph Allen, 2 p.m.; Mitch Alden, 7:30 p.m.

The Goat: Isaiah Bennett, 9 p.m.

Seabrook

Backyard Burgers: music bingo with Jennifer Mitchell, 7 p.m.

Red's: country night, 7 p.m.

Wednesday, Aug. 9

Bedford

Murphy's: Ralph Allen, 5:30 p.m.

Candia

Smyth Library: Bedford Big Band, 6:30 p.m.

Canterbury

Farmers Market: Audrey Drake & Jarrod, 4 p.m.

Concord

Courtyard Marriott: Kimayo, 5 p.m.

Hermanos: State Street Combo, 6:30 p.m.

Tandy's: karaoke, 8 p.m.

Uno Pizzeria: Josh Foster, 6 p.m.

Windham

Old School: Mo Bounce, 2 p.m.

Monday, Aug. 7

Bedford

Murphy's: Chris Powers, 5:30 p.m.

Dover

Cara Irish Pub: open mic, 8 p.m.

Gilford

Patrick's Pub: open mic w/ John McArthur, 6 p.m.

Hampton

Bernie's: Pat Dowling, 7 p.m.

The Goat: Caylin Costello, 9 p.m.

L Street: Chris Powers, 4 p.m.

Sea Ketch: Ralph Allen, 8:30 p.m.

Sea Shell: All Summer Long (Beach Boys tribute), 7 p.m.

Wally's: Brooks Hubbard, 2 p.m.; TJ Swan, 2 p.m.

Hudson

The Bar: karaoke with Phil, 7:30 p.m.

Jaffrey

Park Theatre: open mic, 6:30 p.m.

Londonderry

Stumble Inn: Lisa Guyer, 7 p.m.

Manchester

Fratello's: Phil Jacques, 6 p.m.

The Goat: David Campbell, 9 p.m.

Murphy's: Jonny Friday, 5:30 p.m.

Salona: music bingo with Jennifer Mitchell, 6 p.m.

Merrimack

Homestead: Clint Lapointe, 5:30 p.m.

Nashua

Fody's: karaoke night, 9:30 p.m.

Newbury

Mount Sunapee Resort: Brad

Portsmouth

Gas Light: Casey Roop, 2 p.m.; Peter Peterson, 7:30 p.m.

The Goat: Good Thomas's musical bingo, 7 p.m.; Alex Anthony, 9 p.m.

Seabrook

Red's: music bingo, 7 p.m.

Tuesday, Aug. 8

Bedford

Murphy's: Chris Lester, 5:30 p.m.

Concord

Hermanos: State Street Combo, 6:30 p.m.

Riverfront Park: Nevers Band, 7 p.m.

Tandy's: open mic, 8 p.m.

Derry

MacGregor Park: Pizzastock with Second to Last Minute and the Glue Band, 7 p.m.

Hampstead

Meetinghouse Park: North River Music, 6 p.m.

Hampton

Bernie's: Adam Luffkin, 7 p.m.

The Goat: Mike Forgette, 9 p.m.

Sea Ketch: Lewis Goodwin, 1 p.m.

Sea Shell: Avco Unplugged, 7 p.m.

Shane's: music bingo, 7 p.m.

Wally's: Mike Forgette, 3 p.m.; musical bingo, 7 p.m.

Henniker

Henniker Commons: Emily's Garage Band, 6:30 p.m.

Laconia

Fratello's: Don Severance, 6 p.m.

Londonderry

Stumble Inn: Jamie Hughes, 6 p.m.

Manchester

Fratello's: Dave Zangri, 5:30 p.m.

The Goat: Mokey Knife Fight



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COMEDY FOR YOU

Rust Belt-raised standup comedian **Joe Pera** is best-known for his reassuring Adult Swim series *Joe Pera Talks With You* and the podcast *Drifting Off with Joe Pera*. He makes his Granite State debut at the Colonial Theatre (609 Main St., Laconia, 800-657-8774, coloniallaconia.com) on Saturday, Aug. 5, at 8 p.m. Tickets cost \$39, plus fees.



Derry
Amphora: Darlene Bosell, 7 p.m.
Fody's: karaoke, 7 p.m.

Hampton
Bernie's: Luffkid Trio, 7 p.m.
Bogie's: open mic, 7 p.m.
The Goat: Justin Jordan
L Street: live music, 4:30 p.m.
Sea Ketch: Dave Clark, 8:30 p.m.
Sea Shell: Mark 209, 7 p.m.

Kingston
Saddle Up Saloon: Musical Bingo Nation, 7 p.m.

Laconia
Bernini: Michael Vincent Band, 5 p.m.
Fratello's: Taylor Huges, 6 p.m.
Naswa: MacKenzie Lee, 4 p.m.

Londonderry
Londonderry Common: Foreigners Journey, 7 p.m.
Stumble Inn: Munk Duane, 6

p.m.
Manchester
Derryfield: Sam Hammerman, 6 p.m.
Fratello's: Clint Lapointe, 6 p.m.
The Goat: line dancing, 7 p.m.; Mike Forgette, 10 p.m.
Murphy's: Alex Cormier, 5:30 p.m.
Stark Brewing: Cox karaoke, 8 p.m.
Strange Brew: open mic w/

Will Bemiss, 8 p.m.
Merrimack
Abbie Griffin Park: The Slak-
 as, 6 p.m.
Homestead: Joanie Cicatelli, 6 p.m.
Milford
Stonecutters Pub: open mic, 8 p.m.
Nashua
Pressed Café: Jordan Quinn, 6

p.m.
Newbury
Mount Sunapee Resort: April Cushman, 11 a.m.
Plaistow
Bandstand: North River Music, 6 p.m.
Portsmouth
Gas Light: Krystian Beal, 2 p.m.; Johnny Angel, 7:30 p.m.
Press Room: open mic, 5:30

p.m.
Rochester
Concerts on the Common: Southern NH Ukulele Group, 6 p.m.
Seabrook
Chop Shop: DJ Manny awesome DJ event, 7:30 p.m.

THE MARVELOUS MR. POLLAK

If you've got withdrawal from the end of *The Marvelous Mrs. Maisel*, head to the Palace Theatre (80 Hanover St., Manchester, 668-5588, palacetheatre.org) on Saturday, Aug. 12. **Kevin Pollak**, who played the hilarious voice of reason Moishe Maisel, will be bringing his signature wit and wisdom to the Palace stage. Tickets range from \$59 to \$79, plus fees.

INXS-ISH

Catch Kick — The INXS Experience at the Tupelo Music Hall (10 A St. in Derry; tupelomusic hall.com) on Thursday, Aug. 10, at 8 p.m. Tickets cost \$35.



COMEDY THIS WEEK AND BEYOND

Ken Rogerson & Jeff Koen Rex (23 Amherst St., Manchester, 668-5588, palacetheatre.org), Friday, Aug. 4, 7:30 p.m.
Tom Papa Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com), Friday, Aug. 4, 7:30 p.m.
Pete Andrews and Cottage Comedy Kathleen's Irish Pub (90 Lake St., Bristol, 744-6336, kathleensirishpub.com), Saturday, Aug. 5, 7 p.m.
Cindy Foster Press Room (77 Daniel St., Portsmouth, 431-5186, pressroomnh.com), Saturday, Aug. 5, 7 p.m.
Joe Pera Colonial (609 Main St., Laconia, 800-657-8774, coloniallaconia.com), Saturday, Aug. 5, 8 p.m.
Dave Lamb Murphy's Tap-

room (494 Elm St., Manchester, scampscome.com/shows), Saturday, Aug. 5, 8 p.m.
Ken Rogerson Headliners (DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com), Saturday, Aug. 5, 8:30 p.m.
Lawn & Disorder Comedy Show: Karen Morgan & Jim Colliton LaBelle Derry (14 Route 111, Derry, 672-9898, labellewinery.com), Thursday, Aug. 10, 8 p.m.
Kevin Pollak Palace Theatre (80 Hanover St., Manchester, 668-5588, palacetheatre.org), Saturday, Aug. 12, 7:30 p.m.
Lenny Clarke Tupelo (10 A St., Derry, 437-5100, tupelomusic hall.com), Saturday, Aug. 12, 8 p.m.
Will Smalley & Janet McNamara Murphy's Tap-

room (494 Elm St., Manchester, scampscome.com/shows), Saturday, Aug. 12, 8 p.m.
Jody Sloane Headliners DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com), Saturday, Aug. 12, 8:30 p.m.
Hampton Beach Comedy Festival from Scamps Comedy Production McGuirk's, Wednesday, Aug. 16, through Sunday, Aug. 20, 8 p.m.
Accidentally On Purpose Improv LaBelle Derry (14 Route 111, Derry, 672-9898, labellewinery.com), Thursday, Aug. 17, 8 p.m.
Al Park & special guest, Rex (23 Amherst St., Manchester, 668-5588, palacetheatre.org), Friday, Aug. 18, 7:30 p.m.
Mother of a Comedy Show with Kelly MacFarland, Kerri



Karen Morgan.

Louise & Christine Hurley Nashua Center for the Arts (201 Main St., Nashua, 800-657-8774, nashuacenterforthearts.com), Friday, Aug. 18, at 8 p.m.
Tim Dillon Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com), Saturday, Aug. 19, 7 p.m.
Dan Crohn Headliners (DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com), Saturday, Aug. 19, 8:30 p.m.

Kelly MacFarland & Carolyn Plummer LaBelle Amherst (345 Route 101, Amherst, 672-9898, labellewinery.com), Thursday, Aug. 24, 8 p.m.
Jimmy Tingle Park Theatre (19 Main St., Jaffrey, 532-9300, theparktheatre.org), Saturday, Aug. 26, 7:30 p.m.
Jimmy Dunn Bank of NH Stage Concord (16 S. Main St., Concord, 225-1111, banknhstage.com), Saturday, Aug. 26, 8 p.m.
Jen Kober Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusic hall.org), Saturday, Aug. 26, 8 p.m.
Steve Bjork Headliners (DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com), Saturday, Aug. 26, 8:30 p.m.
Pete Andrews and Cottage Comedy Kathleen's Irish Pub

(DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com), Saturday, Sept. 2, 7 p.m.
Tony V & Friends Rex (23 Amherst St., Manchester, 668-5588, palacetheatre.org), Sept. 15, at 7:30 p.m.
Demetri Martin Chubb Theatre (44 S. Main St., Concord, 225-1111, ccanh.com), Saturday, Sept. 16, 7:30 p.m.
Lenny Clarke Park Theatre (19 Main St., Jaffrey, 532-9300, theparktheatre.org), Saturday, Sept. 16, 8 p.m.
Colin & Brad: Scared Scriptless Rex (23 Amherst St., Manchester, 668-5588, palacetheatre.org), Sunday, Sept. 17, 7 p.m.
Pinky Patel Music Hall (28 Chestnut St., Portsmouth, 436-2400, themusic hall.org), Thursday, Sept. 21, 7:30 p.m.

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NITE MUSIC & EVENTS

Trivia

Events

• **80s music 21+ trivia night** Thursday, Aug. 3, 7:30 p.m. at Chunky's in Manchester (707 Huse Road in Manchester; chunkys.com). Reserve a seat with a \$5 food voucher.

Weekly

• **Thursday** trivia at Station 101 (193 Union Sq., Milford, 249-5416) at 6:30 p.m.
 • **Thursday** trivia at Day of the Dead Taqueria (454 Charles Bancroft Hwy. in Litchfield, 377-7664)

Concerts

• **Darlingside** Thursday, Aug. 3, 5 & 8 p.m., Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com)
 • **Soulive** Thursday, Aug. 3, 7 p.m. & 9:30 p.m., Jimmy's (135 Congress St., Portsmouth, 888-603-JAZZ, jimmysoncongress.com)
 • **All Fired Up** (Pat Benatar tribute) Thursday, Aug. 3, 7:15 p.m., LaBelle Amherst (345 Route 101, Amherst, 672-9898, labellewinery.com)
 • **Jay White Is Neil Diamond** Thursday, Aug. 3, 7:30 p.m., and Friday, Aug. 4, 8 p.m., Lakeport Opera House (781 Union Ave., Laconia, 519-7506, lakeportopera.com)
 • **Walk That Walk** Thursday, Aug. 3, 8 p.m., Press Room (77 Daniel St., Portsmouth, 431-

at 6:30 p.m. with DJ Brian.
 • **Thursday** trivia at Great North Aleworks (1050 Holt Ave., Manchester, 858-5789, greatnorthaleworks.com) from 7 to 8 p.m.
 • **Thursday** trivia with Game Time Trivia at Hart's Turkey Farm (223 Daniel Webster Hwy., Meredith, 279-6212, hartsturkeyfarm.com) from 7 to 9:30 p.m.
 • **Thursday** trivia at Yankee Lanes (216 Maple St., Manchester, 625-9656, yankeelanesentertainment.com) at 7 p.m.
 • **Thursday** Opinionation by Spor-

1586, pressroomnh.com)
 • **Lucy Kaplansky** Friday, Aug. 4, 7 p.m., Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com)
 • **Kimayo** Friday, Aug. 4, 7 p.m., 3S Artspace (319 Vaughan St., Portsmouth, 766-3330, 3sarts.org)
 • **Foreigner/Loverboy** Friday, Aug. 4, 7 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Marc McElroy/Seth Warner & the Seldom Playwrights Present Everybody Knows This Is Nowhere** Friday, Aug. 4, 7 p.m., Press Room (77 Daniel St., Portsmouth, 431-5186, pressroomnh.com)
 • **Blues Beatles** Friday, Aug. 4, 7:30 p.m., Jimmy's (135 Con-

gress St., Portsmouth, 888-603-JAZZ, jimmysoncongress.com)
 • **Zach Nugent's Dead Set** Friday, Aug. 4, 8 p.m., Tupelo (10 A St., Derry, 437-5100, tupelomusicall.com)
 • **Pointless Culture** Friday, Aug. 4, 8 p.m., Bank of NH Stage (16 S. Main St., Concord, 225-1111, banknhstage.com)
 • **Erick Baker** Friday, Aug. 4, 8 p.m., Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusichall.org)
 • **Blues on the Range with The Willie J. Laws Band** featuring Roberto Morbioli, Misty Blues Band, Franke Boy & the Blues Express, Downtown Dave & the Deep Pockets, Erin Harpe Country Blues Duo, Saturday, Aug. 5, noon, The Range (96 Old Turnpike Road, Mason, 878-1324,

therangemason.com)
 • **Jackie Therrien** Saturday, Aug. 5, 1:30 p.m., Averill House Winery (21 Averill Road, Brookline, 371-2296, averillhousevineyard.com)
 • **The Chicks** Saturday, Aug. 5, 5:30 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Jesse Cook** Saturday, Aug. 5, 8 p.m., Nashua Center for the Arts (201 Main St., Nashua, 800-657-8774, nashuacenterforthearts.com)
 • **Roomful of Blues** Saturday, Aug. 5, 7:30 p.m., Park Theatre (19 Main St., Jaffrey, 532-9300, theparktheatre.org)
 • **The Midtown Men** Saturday, Aug. 5, 7:30 p.m., Castle in the Clouds (455 Old Mountain Road, Moultonborough, 476-5900)
 • **Catherine Russell** Saturday, Aug. 5, 7:30 p.m., Jimmy's (135 Congress St., Portsmouth, 888-603-JAZZ, jimmysoncongress.com)
 • **Joe Russo's Almost Dead** Saturday, Aug. 5, 8 p.m., Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com)
 • **Changes in Latitudes** (Jimmy Buffet tribute) Saturday, Aug. 5, 8 p.m., and Sunday, Aug. 6, 4 p.m., Lakeport Opera House (781 Union Ave., Laconia, 519-7506, lakeportopera.com)
 • **Todd Hearon & Old Hat**

daughter.com), from 8:30 to 10:30 p.m.
 • **Wednesday** trivia at Main Street Grill and Bar (32 Main St., Pittsfield; 435-0005, mainstreetgrillandbar.com) at 6:30 p.m.
 • **Wednesday** trivia at Popovers (11 Brickyard Sq., Epping, 734-4724, popoversonthesquare.com) from 6:30 to 8 p.m.
 • **Wednesday Kings Trivia** at KC's Rib Shack (837 Second St., Manchester, 627-7427, ribshack.net), sponsored by Mi Campo, in Manchester 7 to 9 p.m..

• **Wednesday** trivia at Millard Brewery (125 E. Otterson St., Nashua; 722-0104, millyardbrewery.com) at 7 p.m.
 • **Wednesday** trivia at The Bar (2b Burnham Road, Hudson, 943-5250) at 7 p.m.
 • **Wednesday** trivia at City Hall Pub (8 Hanover St.; 232-3751, snhhg.com) at 7 p.m.
 • **Wednesday World Tavern Trivia** at Fody's Tavern (9 Clinton St. in Nashua, fodystavern.com, 577-9015) at 8 p.m.

Stringband Saturday, Aug. 5, 8 p.m., Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusichall.org)
 • **Old Hat String Band** Sunday, Aug. 6, 3 p.m., Crows' Feat Farm (178 Drinkwater Road, Kensington, crowsfeatfarm.org)
 • **Rebecca Turmel Duo** Sunday, Aug. 6, 6 p.m., Bank of NH Stage (16 S. Main St., Concord, 225-1111, banknhstage.com)
 • **The Huntertones** Sunday, Aug. 6, 7:30 p.m., Jimmy's (135 Congress St., Portsmouth, 888-603-JAZZ, jimmysoncongress.com)
 • **Scotty McCreery** Sunday, Aug. 6, 8 p.m., Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com)
 • **Maddie Poppe** Monday, Aug. 7, 6 p.m. & 8:30 p.m., Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusichall.org)
 • **Margo Price** Monday, Aug. 7, 7:30 p.m., Music Hall (28 Chestnut St., Portsmouth, 436-2400, themusichall.org)
 • **Jelly Roll** Tuesday, Aug. 8, 6 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Marc Cohn** Tuesday, Aug. 8, 7:30 p.m., Jimmy's (135 Congress St., Portsmouth, 888-603-JAZZ, jimmysoncongress.com)
 • **Devon Allman & Donovan Frankenreiter** Tuesday, Aug. 8, 7:30 p.m., Flying Monkey (39



The Chicks.

Main St., Plymouth, 536-2551, flyingmonkeynh.com)
 • **Ryan Adams & The Cardinals** Tuesday, Aug. 8, and Wednesday, Aug. 9, 8 p.m., Music Hall (28 Chestnut St., Portsmouth, 436-2400, themusichall.org)
 • **Marcus King** Tuesday, Aug. 8, 8 p.m., Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com)
 • **Disq/Graham Hunt** Wednesday, Aug. 9, 8 p.m., Press Room (77 Daniel St., Portsmouth, 431-5186, pressroomnh.com)
 • **Melissa Etheridge** Wednesday, Aug. 9, 8 p.m., Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com)
 • **Incubus** Wednesday, Aug. 9, 6 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Chris Stapleton** Thursday, Aug. 10, and Friday, Aug. 11, 5:30 p.m., Bank of NH Pavilion, (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)

REBECCA TURMEL



Catch singer-songwriter Rebecca Turmel this weekend at Black Bear Vineyard (289 New Road in Salisbury; blackbearvineyard.com) on Saturday, Aug. 5, when she plays the tasting room from 2 to 4 p.m. Or see her Sunday, Aug. 6, at 6 p.m. at the Cantin Room at the Bank of NH Stage (16 S. Main St. in Concord; ccanh.com); tickets cost \$18.75 for this show, which is part of the NH Music Collective Sunday Sessions. Hear her music at rebeccaturmel.com. *Photo by Anthony Riso Photography*

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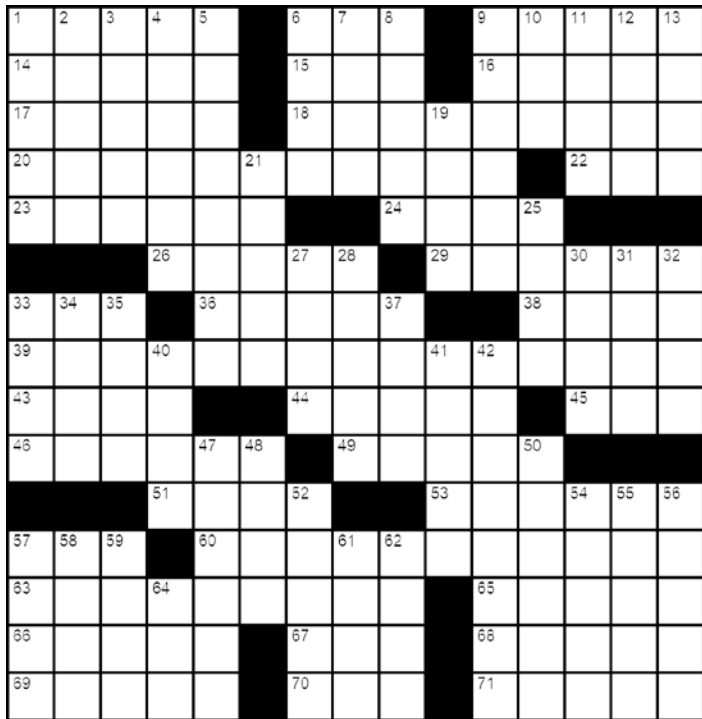
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“Must Be”—I know it’s early.



Across

- 1. Garden crawlers
- 6. Slangy pet name
- 9. Big girder
- 14. Eyelashes, scientifically
- 15. “Blue Rondo ___ Turk” (Dave Brubeck song)
- 16. Auli’i Cravalho role of 2016
- 17. Time away from work, for short
- 18. She inspired a boycott
- 20. “SNL” alum who starred in the recently canceled “American Auto”
- 22. Muscle below a delt
- 23. Madrid money, before the euro
- 24. Presley’s middle name
- 26. Copier powder
- 29. Go too far with
- 33. Pro at CPR
- 36. Board
- 38. Barnyard noises
- 39. Her Modernist sculptures include “Contrapuntal Forms” and “Rock Form (Porthurno)”
- 43. Cheese with Buffalo wings
- 44. Comedian Silverman
- 45. One in favor
- 46. Vacillate
- 49. Behavioral boo-boos
- 51. Eagerly repetitive greeting
- 53. Give
- 57. Word after meal or sewing
- 60. Big name in 1990s tennis
- 63. Tag on some holiday presents--or where the beginnings of each theme entry derive?

- 65. Lucky Charms charm
- 66. Chick who was once keyboardist for Miles Davis
- 67. Thoughtful ability?
- 68. Online mag, outdatedly
- 69. Stifled laugh
- 70. Hearty bread
- 71. Heavy, like bread

Down

- 1. Old metal
- 2. Former “Weekend Edition” host Hansen
- 3. Bones in forearms
- 4. Sally Field TV title character
- 5. Upstate N.Y. battle site of 1777
- 6. S.F. area transit system
- 7. Plant for balms
- 8. Breezy class
- 9. Acting on the spot
- 10. Fabulous neckwear
- 11. Sandwich rank
- 12. Lyricist for Sinatra’s “My Way”
- 13. Schooner part
- 19. Prefix with dynamic
- 21. Comparatively sound
- 25. Verne’s captain
- 27. Delayed flight stats
- 28. Kingdom in Tolkien’s “The Lord of the Rings”
- 30. Actor Kinnear
- 31. Lavish attention (on)
- 32. Labor Dept. div.
- 33. Points of decline
- 34. “The ___ gaze” (early card in the Cards Against Humanity starter pack)
- 35. Sloth’s hangout
- 37. Late pianist Peter
- 40. #43
- 41. Tibetan mammal
- 42. Rushed (by)
- 47. Sets as a goal
- 48. “Hold on there!” (this is the cor-

- rect spelling, and I will be taking no further questions)
- 50. Hay fever symptom
- 52. Sanctum or circle preceder
- 54. Four-time Formula One champ ___ Prost
- 55. Beach birds
- 56. Lauder with an empire
- 57. Some red-and-white fast food outlets
- 58. Multivitamin additive
- 59. Symbol in el zodiaco
- 61. “The ___ Bitsy Spider”
- 62. Superhero accessory
- 64. “La ___” (Debussy opus)

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Across

- 1. Garden crawlers
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- 9. Big girder
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- 60. Big name in 1990s tennis
- 63. Tag on some holiday presents--or where the beginnings of each theme entry derive?

WORD★Roundup™

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Six land formations □□□□□
- Four units of volume □□□□
- Four four-letter fruits □□□□
- Two mammals with EA in the middle □□
- Six-letter deli meat □

Last Week’s Answers: STRAIGHT FLUSH PAIR / SNEAKER SLIPPER SANDAL / NAIROBI TRIPOLI CAIRO / FIELD COACH PITCH / CANADA MEXICO

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EASY

3	6×	2÷	3-
3-			
		3	1-
7+			

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CHALLENGING

3-		2-		6+	
2÷	2÷	5	180×	1-	
		2÷			1
3÷	4		1-	8+	
	1-			3÷	
5	5-		9+		

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RULES

- 1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- 2 The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.
- 3 Freebies: Fill in single-box cages with the number in the top-left corner.

PREVIOUS ANSWERS

3	2÷	2-
3	4	2
1	2	4
3-		2÷
4	1	3
6×		1
2	3	1

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Here it is

Across

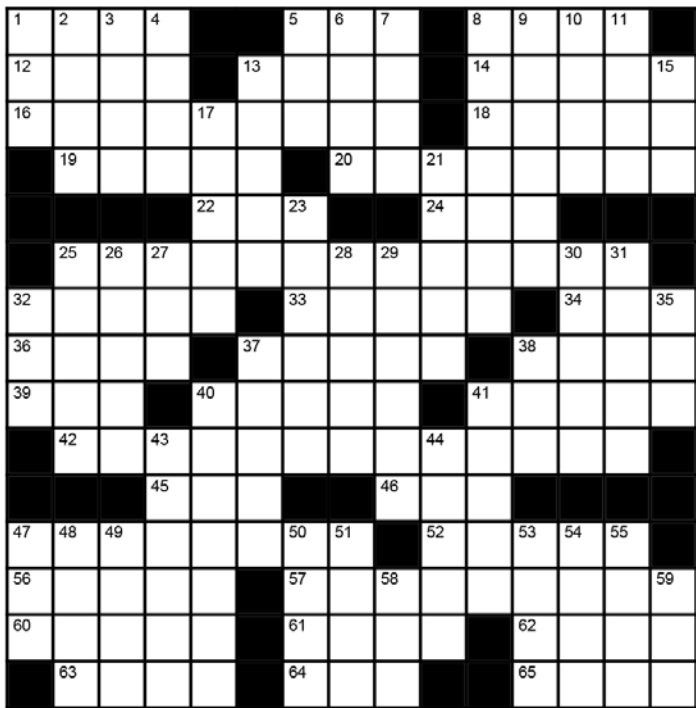
1. Brutal "dance" at punk shows
5. 'King Of Rock' Run-__
8. '03 311 video 'Creatures (__ While)'
12. "You don't have __ home but you can't stay here"
13. '90 Slaughter album 'Stick It __'
14. 'Calm Like __' Rage Against The Machine
16. Paul Stanley musical ' __ The Opera'
18. Madonna said 'She's __' to the subpar wax figure
19. Dionne Warwick "Before I put on my makeup __ little prayer for

20. Glenn Frey '84 Beverly Hills Cop hit 'The __'
22. "Enhances" psychedelic shows
24. Musical notes
25. Marilyn McCoo & Billy Davis Jr 'You Don't __'
32. The Damned are ' __ Miss'
33. Motown's Berry
34. Teenage Fanclub live on a 'Cul De __'
36. Peter Koppes song for a chapel 'Take __'
37. 70s Chapin
38. Kenny Chesney 'Ten With __'
39. Iconic 'Popular Problems' sing/

- singer Cohen (abbr)
40. Joe 'I __ Know'
41. Ronan Keating 'When You Say Nothing __'
42. Jared Leto band 30 __
45. Lav, to English rocker
46. A Fire Inside band (abbr)
47. Neil Diamond's classic 'Sweet girl
52. Kristian Matsson or The Tallest __ Earth
56. Guns N' Roses 'Sweet Child __'
57. '11 Dream Theater album ' __ Turn Of Events'
60. Amps '95 album
61. '13 Hillsong United album about Utah Nat'l Park?
62. 'Misirlou' Dale on Pulp Fiction soundtrack
63. Like gossip-hungry fans
64. "Everything __, I don't think so" Bush
65. Coldplay ' __ Full Of Stars'

- higher
3. T Rex 'Life's __'
4. Seal digs the ' __ Lisa' painting
5. Beach Boys add a space w/'Radio King __'
6. David Gray sings ' __ My' at Yellowstone, perhaps
7. Eagles have lunch in a 'Sad' one
8. Kinks 'A Rock 'N Roll __'
9. Double-reed player
10. Cheap acoustic's wood goes bad or does this
11. Great producer for album?
13. Neko Case 'A Widow's __'
15. 1/3 'Brick' band, w/Folds Five
17. 'It's A Heartache' Bonnie
21. "If you got __ and you want her gone but you ain't got the guts"
23. Marcy Playground saw a ' __ His Master' at the park
25. 'Tick Tick Boom' Swedes
26. A quality of sound
27. Debut Garbage song
28. 'Electric Love' guy
29. 'Nightlife' band Erase __
30. Bon Jovi "Everyone's a hero, everyone's __"

31. 'Love Is a Hurtin' Thing' Lou
32. Wrecking Crew drum legend Blaine
35. __ Bruce Hampton & The Aquarium Rescue Unit
37. Finnish 'Twelve Shots On The Rocks' glamsters __ Rocks
38. '70 Joan Baez album 'One Day __ Time'
40. Musician and Love Connection host Chuck
41. STP "I am, I __, __, I said I wanna get next to you"
43. Look-alike tribute band members
44. Neil Young "No one wins, it's a war __"
47. Parking lot bluecoat
48. Damien Rice 'Woman Like __'
49. He wasn't too 'Suave'
50. Yardbirds 'The __ Are Blue'
51. Sedgwick Etienne Daho sang of
53. 'Popular' band __ Surf
54. 'I've Been Loving You Too Long' Redding
55. 'Hot Child In The City' Gilder
58. Isley that sang w/Rod on 'This Old Heart Of Mine'
59. Jackass theme is played by this band



Down

1. 'Wicked Garden' rockers (abbr)
2. Black Keys '19 hit for lower and

R&R answer from pg 40 of 7/27



Jonesin' answer from pg 39 of 7/27



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Todd's new book Rock and Roll Crosswords Vol. 1 is available now on Amazon.

NITE SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week's puzzle answers on pg 41.

King Classic Sudoku

Puzzle A

			9				6	3
		2		8	3		4	
	3	6		1	5	7		
	6	1		9			8	
		5	2				6	1
4			1		8			9
6		3	5		1	2	9	4
2		4	8		6			
	1			4			5	

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Difficulty: ★

King Classic Sudoku

Puzzle B

5		2					6	9
				7	4			
		6				2		
	5	4		6		8	2	
	6							
2			4		9	5		
	7		3				1	
6	3		5					
			1	7			4	

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Difficulty: ★★★

King Classic Sudoku

Puzzle C

			9					5
4	8				6			
			5	8	2			
	3		2		5	4		
2		9					5	1
8				3				2
	1	2	3					6
		3	6	8				
		8		4			7	5

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Difficulty: ★★★

SIGNS OF LIFE

All quotes are from *Home Comforts*, by Cheryl Mendelson, born Aug. 6, 1946.

Leo (July 23 – Aug. 22) Watch out for glossy, expensive cookbooks with lots of colored photographs and few recipes. They take up room on the shelf, and you will not use them very often. But they're so pretty!

Virgo (Aug. 23 – Sept. 22) If your apartment or house is small and you must use each room for several functions, you can still make distinctions. When playtime is over, put the Legos away.

Libra (Sept. 23 – Oct. 22) Home is the place where children today get acquainted with the great movie classics, and every family enjoys this part of their education. Make a plan and make popcorn.

Scorpio (Oct. 23 – Nov. 21) Vacuum mattresses and pillows too. If you do this, your pillows will smell like vacuum cleaner.

Sagittarius (Nov. 22 – Dec. 21) Most people have never worn well-made, well-fitting clothes, made to taste, in their lives. It is a heady experience. Make sure your flip-flops fit.

Capricorn (Dec. 22 – Jan. 19) Sewing itself is more fun, more satisfying, and more challenging than many people would believe without trying it. If you do not know how, there are classes everywhere, and friends are almost always willing to help. Help a friend with their sewing.

Aquarius (Jan. 20 – Feb. 18) Irresponsible merchandising seems to have bred a generation of people who expend time and money on sheets that are much more trouble than they need to be. Avoid troublesome sheets.

Pisces (Feb. 19 – March 20) When arranging a home office, start by thinking about its layout and lighting. You will need enough desk space to lay out all the papers you need for your work.... Try a

Google image search for inspiration.

Aries (March 21 – April 19) In the age of the automatic dishwasher it is just as easy to have an attractive table as a spartan one. The extra dishes take no longer to wash afterward when the machine does it for you. They do, however, take longer to put away.

Taurus (April 20 – May 20) You can launder more efficiently and effectively if you understand what goes on under the lid of your automatic washing machine when you close it. Don't overload.

Gemini (May 21 – June 20) No one should buy everyday bedding that must be dry-cleaned. Well, at least we agree on that.

Cancer (June 21 – July 22) Many families benefit from establishing a holding station for children's letters from school, artwork, graded homework, announcements, and so forth. ... Every temporary holding station has to go along with a day of reckoning, a time when you actually do sort the mail or the school papers, shelve the books, wash the laundry, and recycle the old newspapers. Give your holding station a break. 🍷

Legal Notice

THE STATE OF NEW HAMPSHIRE JUDICIAL BRANCH NH CIRCUIT COURT

**9th Circuit - Family Division - Nashua
30 Spring St., Suite 102, Nashua, NH 03060**

Telephone: 1-855-212-1234
TTY/TDD Relay: (800) 735-2964
https://www.courts.nh.gov

CITATION BY PUBLICATION - Termination of Parental Rights

**TO: Mallory Levesque
L/K/A 3 Kennedy Dr. Apt 1, Nashua, NH, 03060**
formerly of and now parts unkown
Case Number: **659-2023-TR-00009 659-2022-JV-00043; 659-2023-TR-00010**

Preliminary Hearing: A petition to terminate parental rights over your minor child(ren) has been filed in this Court. You are hereby cited to appear at a Court to respond to this petition as follows:

**Date: September 07, 2023
Time: 11:00 AM**

**Time Allotted: 30 Minutes
30 Spring St., Nashua, NH 03060
Courtroom 9 - 9th Circuit Court - Nashua**

CAUTION TO RESPONDENT: It is very important that you personally appear in this Court on the date, time and place provided in this notice. If you fail to personally appear, you may be defaulted and your parental rights may be terminated even if you are represented by an attorney who has filed a written appearance and/or personally appears at this hearing.

IMPORTANT RIGHTS OF PARENTS: THIS PETITION IS TO DETERMINE WHETHER OR NOT YOUR PARENTAL RIGHTS OVER YOUR CHILD(REN) SHALL BE TERMINATED. TERMINATION OF THE PARENT/CHILD RELATIONSHIP MEANS THE TERMINATION SHALL DIVEST YOU OF ALL LEGAL RIGHTS, PRIVILEGES, DUTIES AND OBLIGATIONS, INCLUDING BUT NOT LIMITED TO THE LOSS OF ALL RIGHTS TO CUSTODY, VISITATION AND COMMUNICATION WITH YOUR CHILD(REN). IF TERMINATION IS GRANTED, YOU WILL RECEIVE NO NOTICE OF FUTURE LEGAL PROCEEDINGS CONCERNING YOUR CHILD(REN).

You are hereby notified that you have a right to be represented by an attorney. You also have the right to oppose the proceedings, to attend the hearing and to present evidence. If you desire an attorney, you may notify this Court within ten (10) days of receiving this notice and upon a finding of indigency, the Court will appoint an attorney without cost to you. If you enter an appearance, notice of any future hearings regarding this child(ren) will be by first class mail to you, your attorney and all other interested parties not less than ten (10) days prior to any scheduled hearing. Additional information may be obtained from the Family Division Court identified in the heading of this Order of Notice.

If you will need an interpreter or other accommodations for this hearing, please contact the court immediately. Please be advised (and/or advise clients, witnesses, and others) that it is a Class B felony to carry a firearm or other deadly weapon as defined in RSA 625:11, V in a courtroom or area used by a court.

BY ORDER OF THE COURT

Sherry L. Blisson
Sherry L. Blisson, Clerk of Court

July 24, 2023

(888) C: Mallory J Levesque; Kathy Ann Cellamare, ESQ; Darin Hood-Tucker, ESQ

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 Edmonton's province (7)	_____
2 the land down under (9)	_____
3 African republic (6)	_____
4 largest continent (4)	_____
5 capital of Ghana (5)	_____
6 Montgomery's state (7)	_____
7 home to Hawks and Falcons (7)	_____

ST	LA	IA	AT	TA
AB	LA	ALB	IA	AS
GO	AMA	AU	ACC	RA
RAL	ER	NTA	AL	AN

Last Week's Answers: 1. PICCOLO 2. DISHEVELED 3. BREEZE 4. HURRIED 5. MOTORMOUTH 6. SGR 7. BREATHLESS

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Sudoku Answers from pg 40 of 7/27

Puzzle A

3	4	1	5	2	8	7	9	6
5	2	7	9	6	1	4	3	8
8	6	9	7	3	4	2	5	1
9	3	2	4	8	7	6	1	5
6	8	4	1	5	2	9	7	3
1	7	5	6	9	3	8	2	4
4	1	6	2	7	5	3	8	9
7	5	8	3	4	9	1	6	2
2	9	3	8	1	6	5	4	7

Difficulty: ★ 7/10

Puzzle B

3	2	4	5	9	1	7	6	8
5	8	9	4	6	7	3	1	2
1	6	7	3	2	8	5	4	9
8	5	2	7	1	9	6	3	4
7	1	3	2	4	6	8	9	5
9	4	6	8	3	5	1	2	7
2	7	1	6	5	4	9	8	3
6	3	5	9	8	2	4	7	1
4	9	8	1	7	3	2	5	6

Difficulty: ★★ 7/12

Puzzle C

8	1	3	5	7	4	9	6	2
5	9	7	1	2	6	4	8	3
2	4	6	3	9	8	7	5	1
6	8	1	2	4	7	5	3	9
3	2	4	8	5	9	1	7	6
7	5	9	6	1	3	8	2	4
9	3	2	4	8	5	6	1	7
4	6	5	7	3	1	2	9	8
1	7	8	9	6	2	3	4	5

Difficulty: ★★★ 7/14

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It's a Girl!

Zookeepers at the Columbus Zoo in Ohio were taken aback on July 20 when Sully, an 8-year-old western lowland gorilla whom they had assumed to be male, gave birth. Sully has lived at the zoo since 2019, United Press International reported. "It's hard to tell the sex of younger gorillas," the zoo said in a statement. "They don't have prominent sex organs." They said Sully had been healthy and did not need any procedures or medical care that would have clued them in to her gender. "Sully is taking good care of (the baby)," zookeepers said, adding that eventually they'll do a DNA test to find out which of three males is the father. *UPI, July 22*

Nature Gone Wild

A bird rarely seen in the Northern Hemisphere dropped into Pebble Beach, California, on July 21, KSBW-TV reported. The Nazca Booby, which at this time of year is usually living and breeding in the Galapagos Islands, was delivered to the SPCA of Monterey County; officials there said it was emaciated, cold and injured. Beth Brookhouser said the bird had to be kept in an incubator and fed through a tube while it recovered. It had wounds on its back that appeared to be from fishing hooks. Once the bird has healed, the SPCA hopes to reintro-

duce it to the wild. *KSBW, July 22*

Peer Pressure

Hong Kong's health minister, professor Lo Chung-mau, is urging public shaming as a remedy to unlawful tobacco use, Sky News reported. "Cigarettes can harm the health of all of us," Lo told a meeting of the Legislative Council's health service panel on July 14. "When members of the public see people smoking in nonsmoking areas ... we can stare at the smokers. Everyone on the premises can stare at that person." He believes this behavior would help create a nonsmoking culture in the city. He also said authorities would use surveillance footage to crack down on smokers flouting the rules. *Sky News, July 15*

Marketing! Part I

You might not have it on your calendar, but Aug. 5 is National Mustard Day! Rather than celebrating with a hot dog or a burger smothered in the yellow condiment, the French's company wants you to try Mustard Skittles, NBC New York reported on July 25. "Skittles is always looking to inspire moments of everyday happiness and deliver unexpected ways for fans to experience the brand," said Ro Cheng,

marketing director at Mars. The new flavor "combines their tangy mustard flavor with our iconic chewy texture to deliver this unique summer treat." Adventurous mustard-lovers can try to win a bag of the candy through an online sweepstakes. *NBC New York, July*

Marketing! Part II

Barbie mania has taken the world by storm — including in Brazil, where Burger King is selling a sandwich with a bright pink sauce that looks like "chewed bubble-gum" and has a "smoky" flavor, according to Burger King. CNBC reported on July 13 that the BK Barbie Combo comes with a cheeseburger, a pink vanilla-flavored milkshake, a doughnut sprinkled with pink frosting and an order of Ken's potatoes (also known as fries). The combo is not expected to be offered in the United States. *CNBC, July 13*

News You Can Use

Trader Joe's announced on July 21 that it is recalling two types of cookies that may have rocks in them, National Public Radio reported. The Almond Windmill Cookies and Dark Chocolate Chunk and Almond cookies have been removed from

the grocery chain's stores and destroyed, the company said, but those who had previously bought them can return them for a refund. "Please do not eat them," they urged customers. The company didn't specify how the rocks came to be in the cookies. *NPR, July 24*

Awesome!

On July 22 at Tracouet, Switzerland, 100 alphorn players gathered for the 22nd International Alphorn Festival, Yahoo! News reported. (You know alphorns: Think Ricola commercials.) The competitors are judged on interpretation, musicality, accuracy and rhythm, said festival founder Antoine Devenes. "It's easy to play but difficult to play it well," said Marcel Henchoz, 85, one of the participants. He was joined by players from France, Germany, America and Canada. The youngest competitor was 11 years old. Adolf Zobrist, 58, from Brienz, Switzerland, took the title for the fourth time. "It's my hobby and it's my passion. I've been playing since I was 12," Zobrist said. "It's the sound of the mountains." *Yahoo! News, July 24*

Sources according to uexpress.com. From the editors at Andrews McMeel Syndication. See uexpress.com/contact

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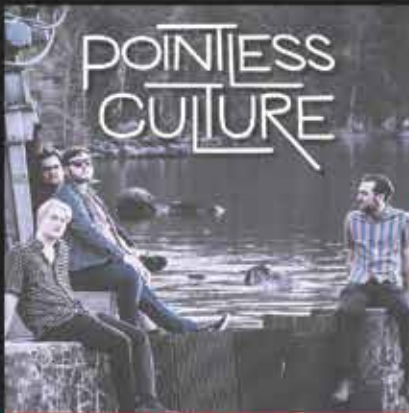


TIGIRLILY
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Thursday, Aug 3

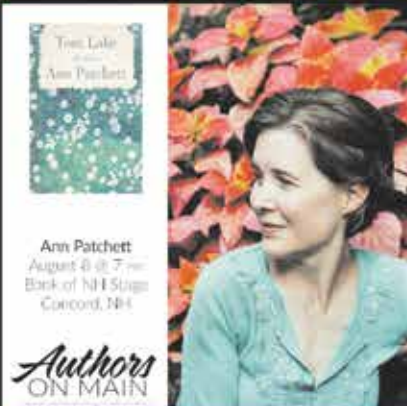


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THURSDAY, AUGUST 10



LENNY CLARKE

SATURDAY, AUGUST 12



BIG BAD VOODOO DADDY

SUNDAY, AUGUST 13



BETTER THAN EZRA

THURSDAY, AUGUST 17



THE GUESS WHO

FRIDAY, AUGUST 18



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SATURDAY, AUGUST 26

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