

the Hippo

AUGUST 17 - 23, 2023

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SHOW P. 22

WE ARE ONE FEST
P. 30

LOCAL NEWS, FOOD, ARTS AND ENTERTAINMENT

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SEPT 16
SUNSET SERIES
ONCE AN OUTLAW
W. JON BUTCHER

SEPT 23
SUNSET SERIES
TOWN MEETING
W. MODERN FOOLS

SEPT 30
DOPAPOD
YAM YAM, HAYLEY JANE, LEON TROUT

SCAN FOR MORE INFORMATION

the Hippo
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ON THE COVER

10 Back! To! School!
While parents may be more excited about this season than their kids, kids likely will get excited about suiting up for ballet or soccer or karate. Or trying out art or climbing lessons. Or hanging with their buddies at an afterschool program. If you're looking for a place for your kids to find new interests or build on their existing skills, check out this week's extracurriculars spectacular!



ALSO ON THE COVER Meanwhile, the summer festivals continue. This weekend, Manchester is home to two of its tasty annual events: Mahrajan, a festival of Middle Eastern food, and We Are One, celebrating African, Caribbean and Latin American cultures. Find both stories starting on page 30. And in Nashua it's the annual Greeley Park Art Show; see page 22.

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NEWS & NOTES

Funds for schools

The Manchester School District has received a \$7.6 million federal grant to enhance its Multi-Tiered System of Support for Behavioral Health and Wellness (MTSS-B) model across all 21 schools, according to a press release. This framework is designed to provide students with social, emotional and behavioral support, thereby promoting wellness and boosting learning engagement. Over five years, the funding will enable the district to not only implement the MTSS-B framework but also set specific goals, such as bolstering student behavioral health, minimizing school violence and disciplinary exclusions and increasing the high school graduation rate. The initiative also aims to reduce stigmas tied to mental health treatment, elevate access to services and cut down on vaping among students. Community partners, including the Mental Health Center of Greater Manchester, will play a role in achieving these goals. The grant, part of Project AWARE, positions Manchester School District among 21 entities nationwide to benefit from this funding opportunity.

Home upgrades

The City of Manchester, in partnership with the U.S. Department of Housing and Urban Development (HUD), is offering residents the opportunity to apply for \$1.9 million in funds for housing-related health and safety improvements, according to a press release. This is due to Manchester receiving the Healthy

Homes Production Grant from HUD, which is aimed at addressing housing needs for low-income families. Manchester plans to utilize these funds to address health and safety issues in approximately 100 housing units over the next 45 months. The interventions range from electrical system upgrades to mold remediation and ADA upgrades for better accessibility. Each of the 100 units can receive up to \$11,000, with a mandatory 10 percent match from property owners. The funding is provided as a three-year zero-percent-interest forgivable loan. If property owners comply with conditions for three years post-project, the loan will be forgiven. Additionally, the grant will fund RRP Certification scholarships for 50 individuals, aiming to increase the number of RRP certified professionals in Manchester. To be eligible, property owners must have a residential structure in Manchester that houses individuals 62 years or older, persons with disabilities, or children younger than 6 years old. Income restrictions also apply. Application details are at leadsafemanchester.com.

Helping out

St. Mary's Bank Charitable Foundation has granted \$5,338 to Stepping Stones, Greater Nashua's sole center for homeless youth under 25. According to a press release, the funds will support two youths for six months, providing essentials like food, clothing, showers and laundry. Stepping Stones, since 2020, has aided over 130 young individuals,

offering resources and recently introduced transitional housing. To find out more about Stepping Stones, visit steppingstonesnh.org.

Want a bridge?

The State of New Hampshire's Department of Transportation is announcing the opportunity for interested parties to submit proposals for the removal and adaptive reuse of the historic General Sullivan Bridge, which connects the Town of Newington and City of Dover, according to a press release. This initiative falls under the 23 USC 144(g) Historic Bridges provision. For your proposal to be considered, ensure it is electronically sent by Aug. 29, to Bureau16@dot.nh.gov with the subject line "Proposal for Adaptive Reuse of General Sullivan Bridge." Comprehensive details about the bridge, such as location maps, bridge plans, inspection reports and historical covenants, can be found at nh.gov/dot/org/projectdevelopment/bridgedesign.

New doc

Patients in southern New Hampshire can now benefit from the expertise of fellowship-trained breast surgeon Kimberly G. Ellis, M.D., at Dartmouth Hitchcock Clinics Manchester. According to a press release, Ellis specializes in breast surgery and oncologic surgery, aiming to reduce cosmetic damage from cancer-related procedures. Notably, Dr. Ellis introduces Magtrace technology to New Hampshire, a non-radioactive liquid tracer used

The New Hampshire Department of Transportation announced in a press release that, starting Aug. 21, they will close the bridge on Oak Street in **Rollinsford** for 11 days for maintenance over the CSX railroad. A detour will be available via Broadway, Saint James Street, Chapel Street and Route 4. Local traffic can access Oak Street on either side of the bridge. For real-time updates, visit newengland511.org.

The **Nashua** Region Solid Waste Management District is hosting a Household Hazardous Waste collection on Saturday, Aug. 26, from 8 a.m. to noon at the Pelham Highway Department, 33 Newcomb Field Parkway. Residents of Pelham and 10 other local communities can dispose of specific hazardous household products for a \$15 fee per vehicle, covering up to 10 gallons or 20 pounds of waste. Accepted items include oil-based paints, solvents, and various household chemicals. Businesses interested in participating must register in advance. The collection will not accept latex paint, electronics or medications. For a comprehensive list of items and further details, visit www.nashuarpc.org/hhw or call 417-6570.

Fifteen interns from MyTurn and Kimball Jenkins Summer Placemaking internship will present "Colors of Change: West High Mural Unveiling" on Thursday, Aug. 17, from 6 to 8 p.m. at **Manchester** West High School (9 Notre Dame in Manchester). The project's goal is to have more than 2,000 square feet of mural segments at West, according to a press release. The event will feature live music from a local string trio starring Nicholas So and food for sale by Don Quijotes, the release said. Find Kimball Jenkins on Facebook for more.

to trace the possible spread of cancer within the lymphatic system, learned during her fellowship at the University of California San Francisco. Ellis highlights that residents now have access to state-of-the-art cancer care without needing to travel to major cities. For appointments, call 695-2840.

Federal grant

The New Hampshire congressional delegation, comprising U.S. Sens. Jeanne Shaheen and Maggie Hassan and U.S. Reps.

Annie Kuster and Chris Pappas, announced a federal grant of \$500,000 from the U.S. Department of Health and Human Services for the Lakes Region Mental Health Center (LRMHC). According to a press release, this grant aims to enhance mental health and substance use disorder (SUD) outreach services for the homeless. Specifically, it will fund a dedicated staff role at LRMHC to help homeless individuals with mental health and SUD issues find treatment.

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14097

Art, music, bees
 Wildflower Festival celebrates pollinators

The inaugural Wildflower Festival, set for Saturday, Aug. 19, at Keyes Field on Elm Street, Milford, aims to bring together art, music and nature while highlighting the importance of pollinators and urban green spaces. Event organizer Griff Comtois discussed the festival's origins, mission and planned activities. See Eventbrite for details and tickets.

Q: *Tell us about the festival and its activities.*

There's going to be an art market from 11 a.m. to 5 p.m. The venue is this large wooden and stone amphitheater near a river. There's a field in front of it. In the field and the parking lot, there will be around 30 art vendors and a food truck.

The food truck The Sleazy Vegan will be selling all vegan food. We'll also have burgers and hot dogs available. During this time, people can come, walk around, see the artists and just hang out. From 6 to 9 p.m., we have a concert. This requires tickets for entry. We'll have three bands playing, all local to New Hampshire, from the Seacoast area and down to southern New Hampshire. The bands are Sneaky Miles, Watson Park and Five Feet. Also, during the day, the New Hampshire Beekeepers Association will be there. They'll have an educational booth about pollinators and will bring observation hives.

What inspired this initiative, and what is the mission behind it?

There are two primary sources of inspiration. First, I've always been a big fan of the outdoors. Recently, my interest in urban development grew, especially in integrating nature into urban settings. I believe in creating spaces where people can connect with nature, enjoy their surroundings and just relax. ... Art and music, to me, are closely linked. They're ways for people to express themselves and understand the world. Nature ties into this as well, being a part of the world we live in. Many, especially myself, draw inspiration from nature. Second, I love concerts and festivals. A



Griff Comtois. Courtesy photo.

few years ago, our town built a new amphitheater. While some events have taken place there, I hadn't seen any major festivals. I felt it would be an ideal location for such an event and believed it would be great for our community, bringing everyone together. Over time, this evolved into a mission to enhance the parks where the events take place.

Why dedicate the proceeds to pollinator gardens and pollinator hotels?

Native plants play a vital role in our cities, and supporting pollinators is crucial for producing food and maintaining a vibrant ecosystem. By enhancing the gardens in the park, we not only provide visitors with a beautiful view but also offer an educational opportunity. It's essential for everyone to understand the significance of pollinators.

After the festival, how can people continue to support the initiative?

Depending on the funds we gather from the festival, we might need to host more fundraisers to reach our targets. Apart from that, I'm likely to need some volunteer help for the garden installations. I've been in touch with Petals in the Pines [a local pollinator garden and conservancy]. They provided some advice about the criteria to make a garden officially recognized as pollinator-friendly. I'm planning at least one major garden installation, followed by a few of the pollinator hotels. Depending on the money we have or continue to raise, we'll determine the scale. We've also identified a location that could potentially be turned into a full wildflower meadow.

What insights about the natural world do you hope attendees gain from the festival?

I hope that they get a glimpse into the intricacies of even the smallest elements of nature, like a garden or the plants they pass by daily. ... Beyond bees, there are hundreds of pollinating insects playing their role in these mini ecosystems. It's fascinating to see how much effort goes into sustaining such small entities.

— Angie Sykeny

Wildflower Festival

Where: Keyes Field, Elm Street in Milford
When: Saturday, Aug. 19
 11 a.m. to 5 p.m. — free Arts Market with more than 20 vendors
 6 to 9 p.m. — Ticketed concert with Watson Park, Five Feet and Sneaky Miles; tickets cost \$14.98 plus fees for general admission, \$5 plus fees for children ages 2 to 10.
 Find tickets on EventBrite.com

The week that was



The Big Story – Reinforcements Arrive: Those poo-pooing the idea that **Chaim Bloom** didn't do much at the trade deadline because of what he had returning from injuries didn't look so smart

during two wins over Detroit last weekend. **Trevor Story** was 7 for 10 with six doubles, **Garrett Whitlock** got Sunday's win with two shutout innings, and **Chris Sale** pitched 4.2 strong innings on Friday. And **Tanner Houck** should be back this week. All of which will give them their most complete roster of the year, just in time for the stretch run, where they start the week three behind Toronto for the final wild card slot.

Sports 101: Name the six teams to never win a World Series.

News Item – Pats Awful in Pre-season Opener: So much for those glowing reports out of camp. Yes, it was the pre-season opener, so it didn't mean anything. But the Patriots were awful in Thursday's 20-9 loss to 3-13-1-a-year-ago Texas. And the two worst things were very familiar: (1) offensive line, which opened few holes for the backs and gave **Bailey Zappe** no time to throw down field, and (2) the play-calling — with a steady diet of bubble screens, regular screens and few throws downfield, it looked like **Matty P** never left.

News Item – Eye-Opening Stat: Since I hate the yellow City Connect uniforms the Sox occasionally wear to juice merchandise sales I'm reluctant to repeat what **Julian McWilliams** just reported in the Boston Globe. But after two weekend wins over Detroit they're 11-2 wearing yellow and blue in 2023. Overall it's 26-6 in them, when they somehow have outscored the bad guys 155-91.

The Numbers:

37 – years in jail for the brother of former Patriot **Aqib Talib** after **Yagub Talib** pleaded guilty to the murder of a man he shot to death during an argument at a youth football game last August.

... Of the Week Awards:

Why Can't We Get Guys Like That – Ryan Brasier: After being released by Boston with a 7.29 ERA, 1.53 WHIP and a .286 batting against, Brasier has turned into **Mariano Rivera** out west. With the Dodgers the ERA is 1.20, WHIP 0.86 and BA against is .149 in 22 games.

Play – Pablo Reyes Grand Slam Walk-Off: If you didn't imagine doing what Reyes did last week as a kid, you weren't a baseball fan as a kid. Everyone has pretended to

hit a walk-off slam to win a game as Reyes did vs. KC in a 6-2 win. Though for me, it was a little more grandiose — it was to win the World Series.

Random Thoughts:

Is anyone ever on base when **Triston Casas** hits a home run? Well, OK, there was for Friday's three-run bomb. But he has 19 homers and just 45 RBI. Haven't seen an RBI-to-homer ratio that low since **Aurelio Rodriguez** had 15 homers and 39 RBI for the Tigers in 1971.

Pat Riley said upon his Hall of Fame induction last weekend that **Dwayne Wade** is the greatest ever Miami Heat player. Hard to argue with that for long-time sustained greatness. But I'd say **LeBron James** was better than Wade during the four years they played together after LBJ took his talents to South Beach.

Sports 101 Answer: The six teams that have never won a World Series are the Colorado Rockies, Milwaukee Brewers/Seattle Pilots, San Diego Padres, Seattle Mariners, Tampa Bay D-Rays, Texas/Washington Senators.

Final Thought: There's trouble in River City and it starts at the offensive line, a problem the Patriots brass basically ignored in the off-season. It starts at left tackle, where **Trent Brown** is coming off his injury-plagued, penalty-strewn awful 2022 performance, one that begged for him being replaced. And right tackle was an even bigger disaster. I bring it up again because in light of the wretched performance of the back-ups used vs. Texas on Thursday it shows depth is a real issue on the O-line. It gives them a slim margin of error when it comes to injuries. And guess what? Along with starting guards **Michael Onwenu** and **Cole Strange**, Brown is already hurt and ominously saying he is "hoping" to be back for the opener vs. Philly. Meanwhile the QB's are running for their lives in practice as their defenders dominate the lineman that are left.

Not a promising beginning to what many have said is a rejuvenated team. Unless the line can protect **Mac Jones** and open holes for their very thin running back corps there will be many days ahead for the offense like Thursday night. And I'll add after **Damien Harris** was foolishly allowed to leave before signing for the veterans minimum with Buffalo, it's a running game that totally will be upended by a big injury to **Rhamondre Stevenson**. Both potential disasters are totally on Bill the GM if a solution isn't found in a hurry. And dithering with USFL cast-offs as he did last week ain't gonna do that.

Email Dave Long at dlong@hippopress.com. 🐼

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NEWS & NOTES

QUALITY OF LIFE INDEX

Seek replacement scoops

The New Hampshire Department of Health and Human Services (DHHS) has issued a press release warning against consuming any flavor of “Soft Serve On The Go” ice cream cups produced by Real Kosher Ice Cream of Brooklyn, N.Y., following a national listeriosis outbreak linked to these products. Although no related illnesses have been reported in New Hampshire, other states have identified cases. The US FDA, in partnership with the CDC, is investigating these *Listeria monocytogenes* infections. Real Kosher Ice Cream has cooperated with the FDA by recalling all 8-ounce cup flavors distributed across multiple states and halting production temporarily. *Listeria* is particularly harmful to young children, the elderly, and those with compromised immune systems. It can cause symptoms ranging from fever and muscle aches to severe neurological effects but is treatable with antibiotics. The DHHS advises consumers to either discard the product or return it for a refund.

QOL score: -1

Comment: *According to the U.S. Centers for Disease Control and Prevention (CDC), *Listeria monocytogenes* can survive and even grow in colder temperatures.*

Explaining with comics

The Preservation Alliance has unveiled a new comic book centered on the Concord, N.H., Gasholder, drawing extensively from the architectural illustrations present in the Historic American Engineering Record (HAER). According to a press release and the Preservation Alliance website, this dual-purpose publication serves as an informative tool and a coloring book. Within its pages, readers can explore the intricate workings of the Gasholder, delve into its historical roots in Concord, and ponder potential future plans for the expansive two-acre gasworks site. Additionally, the comic provides insights like the reason behind the tilted cupola on the Gasholder’s roof. By disseminating this material, the Preservation Alliance seeks to educate the public on the relevance and story of this architectural gem.

QOL score: +1

Comment: *The Gasholder recently received international recognition when experts from Europe congregated at the Industrial Gas Museum in Athens, discussing gasholder preservation and reuse.*

More scholar athletes

The University of New Hampshire (UNH) showcased academic excellence in sports during 2022-23, according to a number of press releases. The women’s cross-country team reported that 88 percent of its members made the America East Academic Honor Roll, with three achieving a 4.0 GPA. Similarly, the UNH men’s basketball and women’s basketball teams had members achieving high academic distinctions, with Jon Willeman and Aina Roque Sucarrats each recording a perfect 4.0 GPA. The men’s soccer team saw 23 of its members being recognized, with 79 percent of the team earning academic honors. Furthermore, the women’s lacrosse team had 26 members recognized, of which three recorded a 4.0 GPA. Across all America East-sponsored sports, 77 percent of student-athletes achieved Honor Roll recognition, with 2,694 making the Academic Honor Roll in 2022-23, marking the 18th year the student-athletes averaged a GPA of at least 3.0.

QOL score: +1

Comment: *The 2023-24 UNH men’s basketball season is set to begin on Nov. 6 with an away game at Syracuse University.*

QOL score: 82

Net change: +1

QOL this week: 83

What’s affecting your Quality of Life here in New Hampshire? Let us know at news@hippopress.com.

75

50

THIS WEEK

BIG EVENTS

AUGUST 17 AND BEYOND

Saturday, Aug. 19

The Aviation Museum of New Hampshire (27 Navigator Road in Londonderry; aviationmuseum-mofnh.org, 669-4877) will hold **PlaneFest!** today from 10 a.m. to 2 p.m. outside of the museum. The day will include cake at 1 p.m. to celebrate Orville Wright's birthday, flight- and airplane-related activities and crafts (geared at elementary and middle school-age kids), an opportunity to meet aviation-related professionals, airplanes on display and more. Admission to the fest is free; admission to the museum costs



A vintage PT-23 training plane will be on display by the New England Wing of the Commemorative Air Force during this year's PlaneFest! Courtesy photo.

\$10 per person, \$5 for ages 6 to 13 and seniors and veterans (free for children 5 and under). Rain date is Saturday, Aug. 26.

Thursday, Aug. 17

Enjoy a little "yes, and" at the **Queen City Improv** performance today at 7:30 p.m. at the Hatbox Theatre (Steeplegate Mall, 270 Loudon Road in Concord; hatboxnh.com). Tickets cost \$22 for adults, \$19 for seniors and stu-

dents. The event is byob or w, according to the website. Find more places to do some serious chuckling in the Comedy This Week listing on page 41.

Saturday, Aug. 19

Arts Alive invites local artists

and art enthusiasts to the renovated mill building at 71 Main St. in Harrisville to learn about the history of the town and the building from local history experts and artists in an event that runs from 10:30 a.m. to 1:30 p.m. The cost is \$10 per person. See monadnockartsalive.org/artist-field-trips to register.

Saturday, Aug. 19

So good! So good! Catch **Cherry Cherry, a Neil Diamond tribute band**, today at 8 p.m. at Tupelo Music Hall (10 A St. in Derry; tupelomusichall.com). Tickets cost \$35. Find more concerts this weekend and beyond in the Concert listings on page 42.

Tuesday, Aug. 22

A six-day stretch of games between the **New Hampshire Fisher Cats** and the **Binghamton Rumble Ponies** starts today at Northeast Delta Dental Sta-

dium in downtown Manchester with a 7:05 p.m. game. Games on Thursday, Aug. 24, and Saturday, Aug. 26, will feature post-game fireworks. Friday, Aug. 25, will feature a free hat giveaway, and the game on Sunday, Aug. 27, at 1:35 p.m. will feature a pencil pouch giveaway and a Princess Brunch at 10 a.m. for \$26.

See milb.com/new-hampshire.

Save the date for monsters:

Saturday, Aug. 26

Studio 550 Community Art Center (550 Elm St. in Manchester; 550arts.com, 232-5597) will hold its 11th annual **Monster Hunt** in downtown Manchester on Saturday, Aug. 26, starting at 11 a.m. until the monsters are found — which happens pretty quickly, according to a press release. Studio 550 makes and hides 100 monster medallions in the downtown with each monster finder asked to keep only one monster to spread the monster-finding fun to as many people as possible, the release said. Bring the medallion to Studio 550 to trade in for a red clay monster. From 11 a.m. to 1 p.m. Studio 550 will also host several low-cost hands-on activities, the release said. There will also be a kids-only hunt at DoubleTree Hotel at 10:30 a.m. for kids 5 and under with 25 monsters available and monster stickers for all kids who search, the release said. See 550arts.com/about/monsterhunt. Photo courtesy of Studio 550.



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Friday, August 18, 7:00pm

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COME HEAR
MARIANNE WILLIAMSON
IN NASHUA, NH



Friday, August 18, 3:00pm

featuring recording artist Andrea Paquin

FREE EVENT! ALL ARE WELCOME!

JAJABELLES

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THE AFTER SCHOOL ISSUE

YOUR GUIDE TO MARTIAL ARTS, SPORTS, DANCE, MUSIC AND MORE SPECTACULAR EXTRACURRICULARS



Soccer practice, theater rehearsals, painting class, guitar lessons, pointe — fall can present a packed schedule. As kids go back to school, their after-school activities also kick off a new season. Looking for something new to get your kid excited about the new school year? Or a place to build on skills? Or a sport to keep them active? Here are several area after-school activity offerings. Information is according to the organizations' websites and social media. Registration has already begun or will begin shortly for many of these activities. Know of some fall fun not mentioned here? Let us know at adiaz@hippypress.com.

ART

- **Creative Ventures Gallery** (411 Nashua St., Milford, 672-2500, creativeventuresfineart.com) has an after-school class for the 8-to-12 age group called "Painting Fun for Children and Tweens"; the class meets on Thursdays from 4:30 to 6:30 p.m. See the website for details.
- **Currier Museum Art Center** (180 Pearl St., Manchester, 518-4922, currier.org) offers weekly classes for kids and teens Wednesdays afterschool and Saturdays. The first fall session starts Sept. 20; registration opens Monday, Aug. 21.
- **Kimball Jenkins School of Art** (266 N. Main St., Concord, 225-3932, kimball-jenkins.com) offers youth classes and teen classes in various art forms.
- **Let's Play Music!** (145 Hampstead Road, Derry, 425-7575; letsplaymusic.com) offers art classes (grouped by age)

for kids ages 6 through 12 as well as classes for teens. Classes have open enrollment for students to join any time there are openings in a class.

- **Paint pARTy** (135 N. Broadway, Salem, 898-8800, paintpartynh.com) A stop-motion animation film class for ages 8 to 16 will run Tuesdays, 4 to 5:30 p.m., from Sept. 12 through Oct. 24. The cost is \$140. Other classes in painting, drawing and art lessons in other media run continuously (for children as well as for teens and adults). Home-school and toddler-and-me classes are also available.
- **Studio 550 Art Center** (550 Elm St., Manchester, 232-5597, 550arts.com) The 10-week fall session begins Tuesday, Sept. 5. Clay classes for kids 9 to 12 years old run Monday or Tuesday afternoons at 4 p.m. (the cost is \$175 for a nine-week session on Mondays or \$185 for a 10-week Tuesday session); a teen (ages 13 to 18) clay class runs Thursdays at 4 p.m. and costs \$200. Classes for home-school students can also be scheduled (for six or more students); contact the studio.

DANCE

Note on dance classes: In addition to monthly tuition, many dance classes also have registration, performance and costume fees. Many studios also offer discounts for siblings and for taking multiple classes per month.

- **Alicia's School of Dance** (Fox Pond Plaza, 58 Route 129, Suite 201, Loudon, 406-0416, aliciasschoolofdance.com) The new season of classes begins Tuesday, Sept. 5. Offerings include a creative dance class for 2- to 3-year-olds, tap/jazz/ballet combo classes for 4- to 10-year-olds (grouped according to age), hip-hop, gymnastics and teen classes. Classes cost \$60 per month for one class a week plus \$20 per class for extra classes and \$35 per class for siblings and parents.
- **Allegro Dance Academy** (100 Factory St., Nashua, 886-7989, allegrodancen.com) offers a variety of classes for several age groups, starting with ages 1.5 to 2.5 and up to ages 14 and older. Classes must have a minimum of six dancers to run. Classes include ballet, tap, hip-hop,

tumbling, boys' intro to hip-hop, acro, jazz, lyrical & contemporary, and performance team & technique. Pricing is per family; preschool registration is \$69 per month, other pricing is tiered, depending on number of classes per week, and there is an annual registration and recital fee of \$65 per student or \$80 per family.

- **Ameri-kids Baton & Dance** (Candia Youth Athletic Association, 27 Raymond Road, Candia, 391-2254, ameri-kids.org) offers baton-twirling and dance in recreational and competitive programs for kids ages 5 and up, September through May. Classes start at \$65 for a 45-minute session, plus an annual \$30 registration fee.
- **Bedford Dance Center** (172 Route 101, Bedford, 472-5141, bedforddancecenter.com) Classes start in September; tuition costs between \$59 and \$74 per month, based on the hours per week of class, and a \$315 per month pass allows for unlimited classes. Classes are available for ages 3 through 18 with subjects including ballet, acro, jazz, tap, modern dance and ensemble for different age and skill levels.
- **Bedford Youth Performing Company** (155 Route 101, Bedford, 472-3894, bypc.org) Classes begin the week of Aug. 28 and run through June 8, 2024. Dance classes include preschool ballet (starting at age 2) as well as ballet, acro, jazz and tap (for ages 5 through 18). Prices vary based on class and age and are charged monthly. BYPC also offers music and theater classes.
- **Broadway Bound Performing Arts Center** (501 Daniel Webster Hwy., Merrimack, 429-8844, broadwayboundpac.com) Classes start the week of Sept. 11 and include preschool classes (ages 2 through 5), ballet, hip-hop, jazz, lyrical, tap, tumbling, musical theater, theater arts and competition classes as well as special needs classes. The center also offers adult ballet and tap. Most classes are \$65 or \$70 per month.
- **The Cadouxdle Dance Studio** (297 Derry Road, Hudson, 459-4392, thecadouxdledancestudio.com) Classes start Sept. 5. Classes start at age 3 and beginner-friendly classes are available for elementary and middle school-aged kids. Cadouxdle also offers private lessons and beginner-friendly adult classes. Offerings include tap, ballet, jazz, lyrical and more.

• **Concord Dance Academy** (26 Commercial St., Concord, 226-0200, concorddanceacademy.com) Classes start Sept. 18 and include tap/ballet/jazz combo classes (for ages 2 to 4 and 5 to 7), ballet, tap, hip-hop, jazz, contemporary (for ages 13+), pointe (also age 13+, by invitation) and karate. Tuition starts at \$80. Adult classes in several subjects are also available.

• **Creative Dance Workshop of Bow** (1355 Route 3A, Unit A & B, Bow, 225-7711, nhdances.com) Classes start Sept. 11 and include Tiny Dancers (for ages 18 months through 3 years), Dance Kids (for ages 3 to 4), combo classes (tap/ballet/jazz or tap/jazz) grouped by age, and single-subject classes — ballet, tap, jazz, musical theater, acro, lyrical/contemporary and hip-hop. There are also dance teams (auditions required) and adult classes. Tuition per class is \$70 per month.

• **The Dance Company** (130 Route 101A, Amherst, 864-8374, thedancecompanyonline.com) Classes begin in September. Offerings include preschool (grouped by age, from under 3 through 5) classes (ballet, tumble, tap) as well as acro, ballet, hip-hop, jazz, tap and theater for ages 5 through 18. Lyrical/contemporary and power clinics are also offered for ages 6 and up. Monthly tuition starts at \$60 and is based on length of class.

• **Dance Connection Fitness & Performing Arts** (8 Rockingham Road, Windham, 893-4919, danceconnectionnh.com) The new season begins Sept. 18. Combo classes, grouped by age, are available for ages 2.5 through 8 (combos include ballet/tap, ballet/tap/jazz, hip-hop/gymnastics) as well as a cheerleader/gym class for ages 7 to 10. Single-subject classes include hip-hop (starting at age 5, including an all-boys class), contemporary (starting at age 8), gymnastics (starting at age 6) and company classes (which perform and compete).

• **Dance Visions Network** (699 Mast Road, Manchester, 626-7654, dancevisionsnetwork.com) Classes begin after Labor Day and are geared toward age 7 and up. Subjects include ballet, tap, jazz, contemporary, hip-hop and tumbling. Monthly tuition is based on length of class.

• **The Dancing Corner** (23 Main St., Nashua, 889-7658, dancingcorner.com)



Kids workshops at the Currier Museum. Courtesy photo.

Classes for the fall/winter/spring begin after Labor Day. Tuition is based on classes per week and charged at the beginning of five seven-week sessions. Classes range in age from 3 through adult with pre-dance classes (grouped by age) available for kids ages 3 through 6. Class subjects include ballet, jazz, tap, hip-hop, lyrical, musical theater and more.

- **Dimensions in Dance** (84 Myrtle St., Manchester, 668-4196, dimensionsindance.com) Classes begin Sept. 5. Classes are available for ages 2 through adult and focuses include ballet, acro-jazz, contemporary, jazz, hip-hop, lyrical, modern, tap, theater dance and more. Monthly tuition is based on class length and starts at \$48.

- **Happy Feet Dance School** (25 Indian Rock Road, Windham, 434-4437, happyfeetdanceschool.biz) Classes start at age 2 and are available through teens. Dance classes for ages 2 through 5 include Tiny Tots, Creative Dance and Kinder Kids classes. Offerings for ages 6 and up (grouped by age and skill level) include ballet, jazz, tap, hip-hop, contemporary and more. Monthly tuition is based on length of class and starts at \$64.

- **Highland Dance of NH Scot** (nhscot.org) is accepting new students for its classes which will run in four sessions during the 2023-2024 school year, starting with the first session on Oct. 9. Eight-week sessions take place on Monday at 25 Triangle Park Drive in Concord, divided by ages with the youngest group (ages 4 to 6) dancing from 4:30 to 5 p.m. through a beginner class for ages 16+ at 6:15 p.m.

- **Kathy Blake Dance Studios** (3 Northern Blvd., Amherst, 673-3978, kathyblakedancestudios.com) Classes begin Sept. 6. Classes are available for kids as young as 1 (walking) and classes for older preschoolers include ballet, tap & ballet and AcroDance. Classes for ages 5 through 18 (grouped by age and skill) include jazz, musical theater jazz, hip-hop, lyrical contemporary, AcroDance, ballet, tap and more. The studio also offers dance teams (grouped by age) and adult classes. Monthly tuition is based on class

length and starts at \$60.

- **Londonderry Dance Academy** (21 Buttrick Road, Londonderry, 432-0032, londonderrydance.com) Class offerings include ballet (starting at ages 2), jazz, tap, contemporary, hip-hop, acro and triple threat prep (open to ages 8 through 17). Tuition is billed every two months and is based on class length.

- **Martin School of Dance** (288 Route 101, Bedford, 488-2371, martinschoolofdance.com) Classes include ballet, hip-hop, tap, acro and jazz. Classes are available for ages 2 through 5, ages 5 to 7 and ages 7+, including a program focused solely on ballet. (Adult fitness classes are also available).

- **Melissa Hoffman Dance Center** (210 Robinson Road, Hudson, 886-7909, melissahoffmandancecenter.info) Classes begin Sept. 11 and include offerings from babies through teens. Dance focuses include ballet, tap, hip-hop, tumble, modern, lyric and jazz.

- **Miss Kelsey's Dance Studio** (2626 Brown Ave., Manchester, 606-2820, mkdance.com) Classes include acro, ballet, breakdance, lyrical/contemporary, hip-hop, jazz, tap and musical theater as well as a series of classes for preschool (as young as 1.5 years) students.

- **Nancy Chippendale's Dance Studios** (49 Range Road, Building 2, Suite A, Windham, 458-7730, chippswindham.com) The studio will have open house events on Tuesdays, Aug. 22, Aug. 29 and Sept. 5, from 4 to 6:30 p.m. The studio offers Babysteps (ages 1 to 4) programming as well as recreational (ages 2 to 19) and competitive (entering grades 3 through 12; audition required) offerings. Recreational classes (grouped by age) include combo classes featuring ballet, tap, jazz and hip-hop (the mix of styles is based by age). Monthly tuition is based on length of class/number of class hours and starts at \$80.

- **New England School of Dance** (679 Mast Road, Manchester, 935-7326, newenglandschoolofdance.com) offers a variety of classes that range from an hour

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or two per week for younger students to classes for students hoping for a career in dance or theater (students in the pre-professional track, for example, take 6 to 10 hours of dance per week). Dance styles include ballet, tap, jazz, hip-hop, lyrical and acro. Monthly tuition is based on class length/number of class hours.

• **New Hampshire Academie of Dance** (1 Action Blvd., No. 4, Londonderry, 432-4041, nhadance.com) Classes start Sept. 11 with classes that range from babies (Dance and Play With Me, starting at 8 months) through teen. Dance classes include ballet, aerial, hip-hop, jazz, acro, lyrical and tap. Monthly tuition is based on length of class/number of class hours and starts at \$57.

• **New Hampshire School of Ballet** (183 Londonderry Tpke., Hooksett, 668-5330, nhschoolofballet.com) Class offerings include ballet (for kids starting at 2.5 years), tap, jazz, tumblers and lyrical. Students perform in two shows a year. Monthly tuition is based on class level and number of classes per week.

• **N-Step Dance Center** (1134 Hooksett Road, Hooksett, 641-6787, nstepdance.com) Class offerings include preschool offerings (tiny tots for ages 1.5 as well as pre-dance), as well as multiple levels of ballet, lyrical, musical theater, jazz, hip-hop and tumbling. Monthly tuition varies by level and number of classes per month.

• **Palace Theatres Dance Studio** (palacetheatre.org) offers 11-week sessions starting in September, teaching technique and choreography in jazz, tap, contemporary and more. Classes are held at Forever Emma Studios, 516 Pine St., Manchester. Intro to Dance is for ages 3 to 5; a tap/jazz/ballet hybrid class is offered for grades 1 and 2, and for grades 3 to 5. Classes in hip-hop and contemporary dance are offered for grades 4 to 12, and for grades 6 to 12 there are three levels of classes in tap, jazz, and dance technique. Classes cost \$220 with some categories offering additional courses for \$165.



Girl Scouts of the Green and White Mountains. Courtesy photo.

• **Rise Dance Studio** (125 Northeastern Blvd., Nashua, 402-2706, risedancenh.com) Class offerings include pre-dance as well as ballet, tap, jazz, contemporary and hip-hop. The studio also features by-invitation ballet, hip-hop and contemporary companies.

• **Showcase Dance & Performing Arts Center** (5 Executive Drive, Hudson, 883-0055, showcasehudsonnh.com) offers dance classes starting at 12 months as well as cheerleading, a competitive dance team, tumbling classes and music and voice lessons. Graded technique classes include ballet, tap, acro, hip-hop and jazz.

• **Southern New Hampshire Dance Theater** (19 Harvey Road, Bedford, 637-4398, snhdt.org) Open house days are scheduled for Wednesday, Aug. 23, from 4 to 8 p.m. and Saturday, Aug. 26, from 9:30 a.m. to noon for prospective dancers ages 18 month to adults (see the website for the specific window to try out specific dance classes). Classes are offered in divisions — preschool (ages 18 months to 6 years), youth (ages 7 to 18), pre-professional (ages 10 to 18) and adult. Youth classes include ballet, modern, jazz, tap and hip-hop. There is also a student company.

• **Turning Pointe Center of Dance** (371 Pembroke St., Pembroke, 485-8710, turningpointecenterofdance.com) Monthly tuition is based on number of classes and starts at \$65. Classes include ballet, jazz, lyrical and hip-hop/tap.

• **Unbound Dance Academy** (237 Londonderry Tpke., Hooksett, 714-2821, unbounddanceacademy.com) An open house will be held Saturday, Aug. 26, from 9 a.m. to 1 p.m.; find the academy on Facebook to see a schedule of classes offered for tryout (starting with a pre-ballet class for ages 3 to 5). Classes begin Wednesday, Sept. 7. Class offerings start with parent and tot (ages 2+) through pre-dance classes (grouped by age to 6 years old). Classes for older students include ballet, jazz, lyrical, modern/contemporary, tap, hip-hop and musical theater.

GENERAL

• **Beaver Brook Association** (117 Ridge Road in Hollis; 465-7787, beaverbrook.org) offers preschool as well as home school (with a class for 1st through 6th grade and one for 7th through 9th grade) programming, beginning the weeks of Sept. 5 and Sept. 11.

• **Boys & Girls Clubs of America** (555 Union St., Manchester, 625-5031, mbgcnh.org; 1 Positive Place, Nashua, 883-0523, bgcn.com; 3 Geremonty Drive, Salem, 898-7709, salembgc.org; 56 Mont Vernon St., Milford, 672-1002, svbgc.org; 55 Bradley St., Concord, 224-1061, nh youth.org; 40 E. Derry Road, Derry, 434-6695, derrybgclub.com) offers a variety of before- and after-school programs that include homework assistance, sports

and recreation, arts and crafts, leadership development, life skills and more. Programs and costs vary at each location and based on age. The Union Street Clubhouse has a teen center (for grades 9 to 12).

• **The Culinary Playground** (16 Manning St., Suite 105, Derry, 339-1664, culinary-playground.com) offers one-time classes for mini chefs (ages 3 to 6) and older kids (6 to 10 and 10+) as well as six-week series that meet for an hour once a week. There are also one-time kid-with-adult cooking classes. See the website for upcoming classes.

• **Daniel Webster Council Scouts BSA** (625-6431, nhscouting.org) is the center of information for Scouting in New Hampshire (formerly the Boy Scouts of America). Contact them for information about joining a local pack. Packs and Dens set their own start dates, meeting days and times and meeting locations. Many Packs hold fall activities where potential new members can learn more about Scouting.

• **Franco-American Centre** (100 Saint Anselm Drive, No. 1798, Manchester, 641-7114, facnh.com) Children's Beginner French is offered for ages 6 to 11 for 10 weeks, Tuesdays, Sept. 19 through Nov. 28. The classes run from 4:15 to 5:15 p.m. and operate over Zoom. The cost is \$150 plus a French workbook.

• **Girl Scouts of the Green and White Mountains** (1 Commerce Drive, Bedford, 888-474-9686, girlscoutsgwm.org) offers programs for girls in kindergarten through grade 12, focused on leadership-building, community engagement, STEM and nature. Visit their website or call to learn how to join a local troop or join as a solo Girl Scout. Troops set their own start dates, meeting days and times, and meeting locations. The council also offers programming and events.

• **Girls at Work** (200 Bedford St., Manchester, 345-0392, girlswork.org) offers after-school workshops for ages 8 to 13 where girls can learn building skills. Some classes are specifically offered for stu-

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dents of certain Manchester schools and some are open to all schools; see the website for details.

- **Girls, Inc. of New Hampshire** (340 Varney St., Manchester, 623-1117; 27 Burke St., Nashua, 882-6256, girlsincnewhampshire.org) Girls are picked up by bus at Nashua and Manchester schools to go to a Girls, Inc. center where they can participate in a variety of classes. The program runs from 2 to 6 p.m. (or 7:30 a.m. to 6 p.m. on full days) with a snack and dinner provided. The cost is \$75 per week; financial assistance is available.

- **Granite YMCA** (30 Mechanic St., Manchester, 623-3558; 116 Goffstown Back Road, Goffstown, 497-4663; 206 Rockingham Road, Londonderry; 437-9622; 15 N. State St., Concord, 228-9622; 35 Industrial Way, Rochester, 332-7334; 550 Peverly Hill Road, Portsmouth, 431-2334; 35 Bartlett Ave. in Somersworth, 692-2081; graniteymca.org/child-care) YMCAs offer before- and after-school programs for kids and teens. Programs vary at each location; call the local branch. The Ys also offer athletic programs that can include, depending on the location, swimming, climbing, tennis, gymnastics, dances and a variety of sports. These programs run on sessions, with the first fall session running Sept. 5 through Oct. 23 (registration opens Aug. 21) and the second fall session running Oct. 30 through Dec. 17 (registration opens Oct. 16).

- **Hampshire Hills Athletic Club** (50 Emerson Road, Milford, 673-7123, hampshirehills.com) offers classes, events and activities for children as well as adults.

- **Manchester Police Athletic League** (409 Beech St., Manchester, 626-0211, manchesterpoliceathleticleague.org) offers aikido, boxing, skateboarding and wrestling, as well as occasional cooking classes. MPAL is open to kids ages 5 to 18 who are attending school; membership is free.

- **Mathnasium** (257 Daniel Webster Hwy., Nashua; 1 Bicentennial Drive, Manchester; mathnasium.com) offers math classes for kindergarten through high school as well as test prep. Students are recommended to attend Mathnasium two to three times a week.

- **YMCA of Greater Nashua** (24 Stadium Drive, Nashua, 882-2011; 6 Henry Clay Drive, Merrimack, 881-7778, nmyca.org) offers before-school programs at Amherst Middle School and at the Merrimack YMCA (with transportation to schools included) and after-school programs at Amherst Clark-Wilkins Elementary School, Merrimack YMCA, Mont Vernon Village School and Nashua YMCA. The Ys also offer swim, dance, arts, music, sports, ninja, teen classes and

more; fall programs start Sept. 5 with registration starting Aug. 28.

GYMNASTICS

- **A2 Gym & Cheer** (16B Garabedian Drive, Salem, 328-8130, a2gc.com) Classes in gymnastics and tumbling start the week of Sept. 5 and registration is open now.

- **Flipz the Gym for Kids** (Flipz Gymnastics, 14 Chenell Drive, Concord, 224-3223, flipzgymnastics.com) offers classes for ages 12 months through 5 years, with ongoing openings as space is available. Classes are 45 minutes long with tuition based on number of classes taken per week. Classes are Mondays through Wednesdays at 8:30 a.m. and 9:30 a.m. and Saturday and Sunday at 8:30 a.m. and 9 a.m. Starting Oct. 1, the schedule will also include classes Tuesday, Wednesday and Sunday at 10:30 a.m.

- **Gymnastics Village** (13 Caldwell Drive, Amherst, 889-8092, gymnasticsvillage.com) The school-year schedule begins Wednesday, Aug. 30. Gymnastics classes are offered for preschoolers and as after-school sessions (hour-long classes grouped by age). The studio also offers ninja challenge classes and boys' and girls' competitive gymnastics teams.

- **Gym-Ken Gymnastics** (184 Rockingham Road, Windham, 434-9060, gymkengymnastics.com) offers classes starting with walkers and preschoolers through a competitive girls team. Offerings include tumbling, gymnastics and parkour.

- **Impact Gymnastics** (301 River Road, Bow, 219-0343, impact-gymnastics.com) Classes start Tuesday, Sept. 5, and offerings include a preschool program (with classes for walking through 3 years old and 3 through 5 years old), a girls' recreational program, a coed home-school program, a boys' recreational program, a girls' pre-competitive program and trampoline/tumbling.

- **Noha's Gymnastics Academy** (200 Perimeter Road in Manchester, 518-7660; 30 Pond St. in Nashua, 880-4927; ngacademy.us) offers recreational classes as well as a team.

- **Palaestra Gymnastics Academy** (8 Tinkham Ave., Derry, 818-4494, pgagym.com) offers preschool, recreational and team gymnastics as well as cheer/tumble. Fall classes start Sept. 5.

- **Phantom Gymnastics** (142 Route 111, Hampstead, 329-9315, phantomgymnastics.com) Fall #1 session starts Sept. 11. The studio offers gymnastics for preschool and school age as well as a competitive team. Parkour and CPR education are also offered.

- **Sky High Gymnastics** (185 Elm St.,



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No. 2, Milford, 554-1097, skyhighgym.com) offers classes and open play.

• **Southern New Hampshire Gymnastics Academy** (4 Orchard View Drive, No. 11, Londonderry, 404-6181, snhga.com) Fall session begins Aug. 28. There are classes for ages 18 months through 18 years as well as a team program.

• **Spectrum Gymnastics** (26 Buttrick Road, Londonderry, 434-8388, spectrumgymnast.com) offers preschool and school-age classes grouped by age (including boys' classes for grades 1 to 5). There are also two competitive teams.

• **Tumble Town Gymnastics** (444 E. Industrial Park Drive, No. 10, Manchester, 641-9591, tumbletownnh.com) offers preschool and school-age recreational and advanced classes as well as team programs. The new school year starts Sept. 5.

MARTIAL ARTS

• **Al Lima's Studio of Self Defense** (28 Lowell Road, Hudson, 765-5753, alssd.com) offers year-round classes for children and adults.

• **Amherst Karate Studio** (Salzburg Square, 292 Route 101, Amherst, 672-3570, amherstkaratestudio.com) offers classes for kids as young as 4 through adults.

• **Bedford Martial Arts Academy** (292 Route 101, Bedford, 626-9696, bedfordmartialartsacademy.com) offers classes for mini masters (ages 3 through 6), as well as for school-age kids and teens and adults. The academy also operates the Elite After School program at Bedford elementary schools and on site at the academy.

• **Central Tae Kwon Do Academy** (222 Central St., Suite 8, Hudson, 882-5617, central-tkd.com) offers tae kwan don and taerobics (a self-defense class).

• **Checkmate Martial Arts** (200 Elm St., Manchester, 666-5836, checkmate-selfdefense.com) offers youth martial arts for ages 5 to 13 as well as adult classes.

• **Chung's Tae Kwon Do Academy** (115 Northeastern Blvd., Nashua, 883-2577, chungs-tkd.com) offers classes for ages 4 through adults.

• **Empowering Lives Martial Arts** (542 Mast Road, No. 15, Goffstown, 978-414-5425, martialartsnewhampshire.com) has programs for ages 4 through 6 and 7 through 12 as well as teen and adult programs and special abilities programs (for children and adults). There is also a cardio kickboxing program open to teens and adults.

• **Eric Menard's Complete Martial Arts Academy** (220 Innovative Way, Suite E, Nashua, 888-0010, cma-martialarts.com) offers classes for kids and adults.

• **Family Martial Arts of Pelham** (122 Bridge St., No. 6, Pelham, 635-8323, familymartialartsofpelham.com) offers classes for tots through teens.

• **Golden Crane Traditional Martial Arts** (46 Lowell Road, No. 6, Windham, 437-2020, goldencranenh.com) offers classes grouped by age for age 5 through teens as well as a variety of adult classes.

• **Granite State American Kenpo Karate** (290 Derry Road, No. 5, Hudson, 598-5400, gsakenpo.com) offers programs for kids as well as teens and adults.

• **Inner Dragon Martial Arts** (77 Derry Road, Hudson, 864-8756, innerdragonma.com) is enrolling beginner kids' martial arts programs in August. There is also an after-school program.

• **Inspired Martial Arts** (58 Range Road, Windham, 893-7990, inspiredmartialartscenter.com) offers martial arts classes for kids as well as adults.

• **Kaizen Academy** (17 Freetown Road, No. 6, Raymond, 895-1545, raymondkarate.com) offers a juniors program for ages 6 through 12 as well as teen and adult programs.

• **Kenpo Academy of Self Defense** (40 Manchester Road, Derry, 437-9900, kenpo-academy.com) offers preschool, kid and teen programs (as well as adults).

• **Manchester Karate & Gracie Jiu Jitsu Center** (371 S. Willow St., Manchester, 625-5838, manchesterkarate.com) offers a kid program (for ages 4 to 12) and adult programs (13+) as well as self-defense programs for ages 14+.

• **The Martial Arts Zone** (31 Auburn St., Manchester, 206-5716, themartialartszone.com) Beginner kids' classes are enrolling in August. Classes (grouped by age) run for ages 5 through 15. There are also a variety of adult classes.

• **Merrimack Karate** (534 Daniel Webster Hwy., Merrimack, 424-7458, merrimackkarate.com) has kid programs for ages 5 through 12 as well as teen/adult programs for 13+.

• **Neil Stone's Karate Academy** (22 Proctor Hill Road, Hollis, 672-8933, neilstoneskarate.com) offers programs (grouped by age) for ages 2 through 12 as well as teen/adult programs for 13+. There is also a home-school program.

• **New England Brazilian Jiu-Jitsu Academy** (30 Henniker St., Unit 9, Concord, 369-4764, nebjj.com) offers a program for ages 5 to 8 and ages 9 to 13.

• **Phoenix Fire Martial Arts** (79 Plaistow Road, Plaistow, 234-8665, phnixfire.com) offers Shotokan martial arts for ages 3 and up as well as teen/adult krav maga classes.

• **Professional Martial Arts Academy** (15 E. Broadway, Derry, 434-7995, pmaderry.com; 501 Daniel Webster

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Southern NH Youth Ballet performing *Fancy Nancy and the Mermaid Ballet*. Courtesy photo.

Hwy., Merrimack, 429-0008, pmamerrimack.com; 37 Plaistow Road, Plaistow, 974-2455, pmaplaistow.com) offers kids' martial arts and jiu jitsu as well as adult programs.

- **Spero's Martial Arts Academy** (31 Westville Road, Plaistow, 275-7111, speromma.com) offers kids MMA for ages 8 to 13 and kids jiu jitsu.

- **Tiger Black Belt Academy** (11 Kimball Drive, Unit 121, Hooksett, 627-7744, tigerblackbeltacademy.com) is offering a start-up special for the fall of \$99, which includes a uniform and a month of classes. Classes start at age 3½ and are available for all ages and levels of training.

- **Tokyo Joe's Studios of Self Defense** (85A Northeastern Blvd., Nashua, 889-4165; 20 Hammond Road, Milford, 672-2100, tokyojoes.net) offers programs, grouped by age, for kids starting at age 3, including a teen group for ages 13 to 17. There are also adult classes.

- **Tokyo Joe's Studios and Team Link NH** (1338 Hooksett Road, Hooksett, 641-3444, tokyojoeshooksett.com) offers youth programs including kempo karate for ages 3 through 12, Brazilian jiu jitsu for ages 5 to 15 and kickboxing for ages 5 to 12. Adult programs start at 13 or 15, depending on the discipline.

- **The Training Station** (200 Elm St., Manchester, 505-0048, thetrainingstationnh.com) offers programs for kids, grouped by age, starting at age 3 with a teen class for ages 12 to 14 and adult and fitness programs starting at 15+.

- **USA Ninja Challenge** (locations at Gymnastics Village, 13 Caldwell Drive, Amherst, 889-8902, gymnasticsvillage.com; Flipz Gymnastics, 14 Chenell Drive, Concord, 224-3223, ninjaconcordnh.com; 17 Friars Drive, Unit 18, Hudson, 417-6820, ninjahudson.com; and 444 E. Industrial Park Drive, Manchester, 935-7100, ninjamanchesternh.com) offers ninja classes starting at age 4. The Concord location offers a teen fitness class and a class for 13- to 17-year-olds. Hudson's classes start at 2½, as do Manchester's. There are also team programs for ages 6 and up.

- **World Class Martial Arts** (25 Nashua Road, Unit D3, Londonderry, 845-6115, londonderrymartialarts.com) offers classes for ages 3½ and up.

- **Zenith Martial Arts** (40 Thorndike St., Concord, 513-9993, zenithmartialarts.net) offers kung fu classes grouped by age, starting at age 3, as well as kickboxing for ages 14+. An after-school program for 6+ is offered, with transportation from some Concord schools.

MUSIC

- **Amy Conley Music** (102 Elm St., Milford, 249-9560, amyconleymusic.com) offers programs for families/early childhood and special needs; ukulele classes for teens and adults, and private guitar, ukulele, piano and banjo classes for ages 7 and up. Early fall classes start Sept. 12.

- **Bedford Youth Performing Company** (155 Route 101, Bedford, 472-3894, bypc.org) offers musical programs for as young as infants and toddlers as well as lessons for older kids in guitar, voice, piano, drums and percussion. BYPC also offers musical ensembles, including rock bands (by audition) for ages 10+. Fall lessons start Aug. 28.

- **Concord Community Music School** (23 Wall St., Concord, 228-1196, ccmusicsschool.org) offers private lessons for voice, banjo, bass, bassoon, cello, clarinet, composition, double bass, fiddle, flute, French horn, guitar, mandolin, oboe, percussion, piano, recorder, saxophone, trombone, trumpet, tuba, ukulele, viola and violin. There are also group classes and ensembles for kids and teens (including, for teens, folk, rock and jazz bands). Tuition is based on a 16-week semester; financial aid is available. The fall semester for private lessons and choral ensembles begins Sept. 11 and two weeks later for all non-choral classes and ensembles.

- **Let's Play Music!** (2626 Brown Ave., Unit A2, Manchester, 218-3089; 145 Hampstead Road, Derry, 425-7575; 136 Lowell Road, Hudson, 882-8940; letsplaymusic.com) has choral groups and musical theater programs and rock bands as well

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- **Lidman Music Studio** (419 Amherst St., Nashua, 913-5314, lidmanmusic.com) offers lessons in piano, violin and viola, with individual instruction and yearly recitals, for children as well as adults.

- **Manchester Community Music School** (2291 Elm St., Manchester, 644-4548, mcmusicschool.org) offers group programs, including a jazz ensemble, orchestras and choirs. Private lessons are offered in woodwind, brass, percussion, strings, voice, music theory, composition, piano, guitar, harp, ukulele, mandolin and more. Early childhood classes are also available.

- **Manchester Music Mill** (329 Elm St., Manchester, 623-8022, manchester-musicmill.com) See mmmlessons.com for the lessons-related landing page. Lessons include guitar, bass, drums, saxophone, clarinet, flute, trumpet, trombone, piano and voice.

- **Merrimack Music Academy** (1 Bryce Drive in Merrimack; merrimack-musicacademy.com, 493-9214) offers customized private music (including guitar, bass guitar and piano) and voice lesson for children and adults, according to their Facebook post.

- **Nashua Community Music School** (2 Lock St., Nashua, 881-7030, nashuacms.org) offers private lessons in piano, guitar, voice, violin, cello, flute, clarinet, saxophone, trumpet, French horn, trombone and percussion. Fall session starts Sept. 11. The school also offers musical therapy for all ages, a group music class and ensembles including a rock band for current students. Introductory classes for kids include Mini Musicians (for ages 4 to 7) and Broadway Star Search (ages 7 to 10). Take a free trial lesson or try out a group

class demo at the open house on Tuesday, Sept. 19, at 5 p.m.

- **NH Tunes** (250 Commercial St., No. 2017, Manchester, 660-2208, nhtunes.biz) offers lessons in voice, guitar, piano, ukulele, drum, banjo/mandolin and band instruments. There are also music discovery lessons (where a student can try multiple instruments) and music production.

- **Palace Theatre Voice Studio** (palacetheatre.org) offers private vocal coaching each month, in person at Forever Emma studios in Manchester and via Zoom with professional performers from around the country, for grades 2 through 12, \$30 per half hour. Email meganalves@palacetheatre.org for information.

- **Ted Herbert Music School** (Majestic Studio Theatre, 880 Page St. in Manchester; majestictheatre.net, tedherbert.com) offers lessons in brass, drums, guitar/bass, piano/keyboard, strings, theater/dance, voice and woodwind. Instrument rentals available. The school also holds open mic nights for musicians of all levels; the next one is scheduled for Nov. 9.

SPORTS

- **Amherst Soccer Club** (amherstsoccerclub.com) Programs include tots (birth year 2019 to 2021), non-travel (birth year 2014 to 2018) and travel (birth year 2005 to 2015). In addition to a fall season, there is also winter skill training and a spring season.

- **Bedford Athletic Club** (bedfordac.com) Registration for fall is open now with recreational programs for pre-K and kindergarten (which start Sept. 9) and 1st through 6th grade (starting Aug. 28). (Grades 1 through 4 has separate girls' and boys' teams.) An adaptive program is also listed. Tryouts for the travel program (open to birth years 2009 through 2016) were in the spring; the travel program runs in the fall with a spring option.

- **Bedford Cannons Youth Lacrosse**

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Tri-Town Ice Arena. Courtesy photo.

(bedfordcannons.org) offers teams for boys, 1st-graders through 8th-graders, and girls, 1st-graders through 6th-graders. Registration for lacrosse opens toward the end of the year (usually in early December). In previous years, indoor skills clinics take place starting in January with outdoor team practices and games beginning in April. Lacrosse for pre-K and kindergarten is outdoors only and starts in April.

- **Bedford Little League** (bedfordll.com) Fall baseball runs Sept. 5 through Oct. 30 with one game per week for five weeks and two weeks of playoffs. Teams are open for ages 12-13, 10-12 and 8-10. A six-week clinic is open for ages 5 to 7. The Challenger Division (adaptive baseball) runs for ages 4 to 18 (or up to 22 if the player is still in school).

- **Cannons Baseball Club** (Concord, cannonsbaseballclub.com) offers year-round baseball and softball. A fall baseball season runs Sept. 9 through Oct. 29 for 9U-12U, middle school and high school.

- **Conway Arena** (5 Stadium Drive, Nashua, 595-2400, conwayarena.com) Registration for fall skating opened Aug. 9; there are two eight-week fall sessions, one starting Sept. 6 and the other starting Nov. 1 open to ages 4 and up. A fall "Learn to Play Hockey" session for ages 5 to 9 runs from Sept. 26 through Dec. 19, and a winter session runs Jan. 2 through March 24. Registration is also open now for the Junior Hawks Hockey 2023-2024 season.

- **Derry Diamond Athletic Association** (derryll.org) offers baseball (ages 6 through 13) and softball (ages 6 through 14) fall programs; registration closes Aug. 25.

- **Derry Soccer Club** (derrysoccerclub.org) offers recreation, intertown and travel leagues. Recreational programs are open for ages 2.5 and up with fall and spring seasons. The fall season begins in September.

- **Girls on the Run New Hampshire** (137 Water St., No. 3, Exeter, 778-1389, girlsontherunnh.org) is offered for girls in 3rd grade through 8th grade. Registration for the lottery for a spot in Girls on the Run NH opened Aug. 7. See the website

for locations, which set their own weekly meet-up and run schedules, or to start a team. The fall season culminates in a 5K on Nov. 18 in Concord.

- **Granite Base Camp** (300 Blondin Road, Manchester, 617-615-0004, experiencebasecamp.org) offers programming in archery, STEM, fishing, hiking, arts and crafts, environmental studies and more for ages 6 to 17.

- **Granite State Kids N.H. Junior Team Tennis** (granitestatekids.com) offers fall and spring programs in Bedford and winter junior team events at the YMCA in Goffstown. Fall tennis meets Mondays and Wednesdaydays and begins Wednesday, Sept. 6. Classes are available for kids as young as 5 through kids 11+, with beginner, advanced beginner and intermediate levels.

- **The Icenter** (60 Lowell Road, Salem, 893-4448, icentersalem.com) offers competitive and recreational figure skating, learn to skate and learn to play hockey programs (which start Sept. 16) and Top Gun Hockey.

- **Londonderry Soccer Club** (londonderrysc.org) offers fall and spring recreational programs as well as a travel program. Recreation programs are available for ages 2.5 through 18. There is also a Unified Top Soccer program for grades K through 8 for "athletes who need physical or emotional assistance in order to participate," open to kids in Londonderry, Litchfield and Hudson.

- **Longfellow New Hampshire Tennis & Swim Club** (140 Lock St., Nashua, 883-0153, longfellownh.com) offers junior tennis clinics for ages 5 through 18 of all abilities, starting Wednesday, Sept. 6, through Sunday, Oct. 29.

- **Manchester East Soccer League** (mesl.org) offers soccer for ages 4 through 18 (with interleague play for ages 12 through 18). Registration for fall costs \$60 per player, \$140 max per family.

- **Manchester North Soccer League** (mnsll.org) offers recreational soccer for kids ages 5 through 19 (\$90 per kid for the season) and for younger kids (\$55 per player).

- **My Gym Children's Fitness Center** (410 S. River Road, Bedford, 668-7196,




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mygym.com/bedford) offers classes for infants starting at 3 months old through preschool with a few classes for older kids (up to 10 years old according to the website) including ninja training and gymnastics.

• **Nashua Cal Ripken Baseball** (multiple field locations in Nashua and surrounding towns, nashuacalripen.org) offers fall ball for ages 4 through 12 (with ages 4 through 6 playing tee-ball). The fall season starts in September and runs through October.

• **NE Inferno Baseball** (norealstersbaseball.com) operates in regional facilities including in Nashua (3 Progress Ave.) for 10U to 16U.

• **NH Climbing and Fitness** (10 Langdon Ave. in Concord; 715-9171, nhclimbinggym.com) The 10-week fall session begins Sept. 11 with climbing classes for ages 3 to 5, 6 to 8 and 9+.

• **New Hampshire Junior Roller Derby** (nhjuniorrollerderby.com) teaches roller derby to any gender ages 8 to 17. See the website for future sessions and events.

• **New Hampshire Spartans Youth Basketball** (nhspartans.com) offers three tryout dates for Seacoast and Derry AAU teams starting Aug. 20 for grades 2 through high school for a season that starts Sept. 18.

• **New Hampshire Sportsplex** (68 Technology Drive, Bedford, 641-1313, nhsportsplex.com) offers youth flag football (grouped by ages) for ages 5 through high school and youth recreational soccer. During the past summer, the Sportsplex also offered 3X3 basketball leagues for high school and adults. An 8-week session of soccer for ages 18 months through 7 years begins Sept. 16. A Lil Dribblers basketball session for ages 3 to 12 starts Sept. 12. Tee-ball/baseball for ages 3 through 7 begins on Sept. 6. An introductory lacrosse program for ages 4 to 8 begins Sept. 9.

• **Salem Youth Baseball** (salemyouthbaseball.net) has a fall ball season that opens Sept. 9 and runs through Oct. 28. Tee-ball is available for 4- to 6-year-olds; baseball is available for ages 7 to 14. A challenger division (adaptive baseball for children of all abilities) may also be open for fall 2023, based on player interest, and would be open to ages 4 through 22 (for players enrolled in school).

• **Seacoast Fencing Club** (271 Wilson St., Manchester; 261 N. Main St., Rochester, 428-7040, seacoastfencingclub.org) offers group lessons for as young as 7, as well as competitive training starting at ages 7 and private lessons.

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Cats. Photo courtesy of Majestic Theatre.

Road in Hooksett; tri-townicearena.com, 270-1024) is accepting registrations for its learn to skate, learn hockey and hockey league programs. The hockey league season begins Sept. 23; the Mini Mountain Kings/Wildcat Cubs program (for ages 4 to 10) begins its first 2023/2024 session Sept. 6.

- **Vertical Dreams** (250 Commercial St. in Manchester, 625-6919; 25 E. Otterson St. in Nashua, 943-7571; verticaldreams.com) offers a Youth Climbing Club, a 10-week session for kids aged 6 to 12 who are beginning climbers. The session starts on Sept. 26 in Manchester and Sept. 27 in Nashua, both running from 4 to 6 p.m. A Youth Climbing Teams is for experienced climbers ages 12 to 18 at both locations (starting Sept. 27 in Nashua; Sept. 28 in Manchester). The 10-week sessions run from 5:30 to 8 p.m. on either Wednesdays or Thursdays (depending on location). For either age group, the cost is \$285.

THEATER

- **Actorsingers** (Nashua, actorsingers.org) amateur community theater group holds auditions for Teen Actorsingers productions in spring with show dates in summer.

- **Bedford Youth Performing Company** (155 Route 101, Bedford, 472-3894, bypc.org) Classes begin the week of Aug. 28 and run through June 8, 2024. BYPC offers several classes in performance and acting starting at age 4 through high school as well as by-invitation musical theater classes. Students can also participate in fall, Christmas and spring productions.

- **The Community Players of Concord** (communityplayersofconcord.org) offer winter and summer vacation camps and workshops as well as audition opportunities through their Children's Theatre Project. The current show being auditioned is *The Sound of Music*, with auditions Sunday, Aug. 13, and Monday, Aug. 14, for 16+ and Sunday, Aug. 20, and Monday, Aug. 21, for 15 and under. See the website for details and requirements.

- **Kids Coop Theatre** (Londonderry, admin@kids-coop-theatre.org, kids-coop-theatre.org)

theatre.org) is open to kids ages 8 to 18. To audition for a show, membership to Kids Coop costs \$30. The next show is the *SpongeBob Musical*, with auditions Aug. 20 and performances Nov. 17 through Nov. 19. See details about auditions and rehearsals on the website.

- **The Majestic Academy of Dramatic Arts** (880 Page St., Manchester, 669-7469, majestictheatre.net) provides performing opportunities in community theatre productions year-round. The fall youth production is *Zombie Night*; see website for audition dates.

- **Palace Youth Theatre** (Forever Emma Studios, 516 Pine St., Manchester, 688-5588, palacetheatre.org) The Palace Youth Theatre is open to performers in 2nd grade through 12th grade. The Palace Teen Company and the Palace Teen Apprentice Company are open to students ages 12 through 18 interested in pursuing theater beyond high school. Dance classes are offered (grouped by age) for ages 3 through 18+ beginning Sept. 10 and running for 11 weeks, culminating in a student showcase at the Palace Theatre on Sunday, Nov. 26. There will also be acting classes this fall. There are also several upcoming auditions for shows and for the teen companies; see palacetheatre.org/pyt/pyt-auditions.

- **Peacock Players** (14 Court St., Nashua, 886-7000, peacockplayers.org) offers vacation camps as well as productions for youth (ages 6 to 14), teens (ages 14 to 18), crossover (ages 6 to 18) and all ages. Upcoming auditions include *James and the Giant Peach Jr.* on Aug. 23 and Aug. 24 (for ages 6 to 14) and *Beauty and the Beast* on Aug. 27 and Aug. 28 (for ages 14 through 18).

- **Riverbend Youth Company** (Boys & Girls Club of Souhegan Valley, The Amato Center for the Performing Arts, 56 Mont Vernon St. in Milford, amatocenter.org/riverbend-youth-company) presents mainstage plays and musicals with performers ages 6 to 18. The Company will hold auditions for *High School Musical* on Aug. 21 and Aug. 22. 🍌

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Artistic creations in Greeley

This art show is a walk in the park

By Deborah Viapiana-Ricci
arts@hippopress.com

The Nashua Area Artists' Association presents the Greeley Park Art Show in Nashua on Saturday, Aug. 19, and Sunday, Aug. 20, from 10 a.m. to 4 p.m. with this year's event marking the show's 70th anniversary.

Each year thousands of visitors attend the show. Here is a sampling of some of the talented artists who will be exhibiting this year under tents in the park.

• **Tina Gagnon** uses colored pencils to make vivid drawings. It started about 16 years ago when she unearthed a long-forgotten box of colored pencils in a desk drawer and decided to try her hand at using them. She has a penchant for detail, she said, and the pencils can deliver the outcome she desires.

Greeley Park Art Show

Where: Greeley Park, 100 Concord St. in Nashua

When: Saturday, Aug. 19, and Sunday, Aug. 20, 10 a.m. to 4 p.m.

Admission: Free

More info: nashuaarts.org

Although Gagnon's art is extremely time-consuming, taking approximately one hour to cover an inch of space, she loves the results. She has dubbed herself a "hyper-realistic artist" and one could surely attest to that after viewing some of her pieces, especially two of her patrons' favorites, her owls and onions. They have been quoted as saying her work evokes emotions of wonder. Gagnon will be doing "Art in Action" at the show, so visitors can watch her work.

• **Tracy Levesque** is passionate about her lifelong journey of creating luminous works of art that echo a kind of stained glass look. She enjoys integrating texture with color to produce what she calls "fairy tale realism." She gains a lot of her inspiration from "nature, itself ... the changing light, the sparkling water" and calls nature "purely a gift." She said that "when we open our eyes, and use our senses, there is an endless fountain of inspiration to draw from." She enjoys using acrylics with a pallet knife or brush to create texture that enhances her work.

Levesque has participated in the Greeley Show for approximately 10 years and has shown her work up and down the East

Coast for more than 20 years.

• **Lisa Ciaccia** has the ability to take what we think of as fall décor and transform it into a variety of incredible creations. Yes, we are talking about gourds! Growing them on a friend's land, she harvests her Apple, Martin and Bottleneck gourds, and takes them back to her studio. They sit in her space until they speak to her with their wish for what they would like to be turned into, she said. Ciaccia renders them into vases, birdhouses or bowls. She hollows them out, saving the seeds for another year of planting, and gets to work on the final product.

She has participated at the Greeley four times and has been an artist since she was 8 years old. Her claim to fame was in September 2021, when a good friend who was part of the SpaceX Inspiration4 orbital space flight took along one of Ciaccia's pieces with her. Stop by Ciaccia's booth to see her piece floating in space.

• **Sandra Peters**, a mixed media artist, will tell you that the more materials she uses the more inspiration she gains. Her work can have a kind of "collage" effect that comes from an emotional exchange and could perhaps be the result of being given a beautiful bouquet of flowers from



"Gus" by Sandra Peters. Courtesy photo.

her special friends. Peters spoke of her first time participating at the Greeley Show in the mid 1970s, when she sold her first work of art. She has been active in the fundraising aspect of the show and enjoys connecting with local patrons to gain support that ultimately benefits high school students who are pursuing art education.

The show also features an art competition — one for adults and one for ages 6 to 18 — as well as a raffle and silent auctions that raise funds for scholarships for local high schools, according to the event's website. The day will also feature a coloring tent, instrument petting zoo and more kid-friendly activities, the website said.

Art

Events

• **DRAWING NIGHT** Two Villages Art Society's gallery (846 Main St. in Contoocook; two-villagesart.org) offers a series of free monthly drawing nights. Hosted by local artists Ty Meier and Jo Gubman, the events allow artists to work alongside peers and receive feedback if desired, according to the website. Bring your own art supplies. Upcoming dates are Thursdays Aug. 17, Sept. 21, Oct. 19, Nov. 17 and Dec. 21. Register online.

• **CONCORD ARTS MAR-**

KET, an outdoor artisan and fine art market, will run one Saturday a month from June through October, from 10 a.m. to 3 p.m. in Rollins Park (33 Bow St., Concord). Market dates are Aug. 19, Sept. 16 and Oct. 21. Visit concordartsmarket.net.

Exhibits

• **"OCEAN GEMS,"** a show featuring works by Sandra Kavanaugh, is on display at Sullivan Framing and Fine Art Gallery (15 N. Amherst Road in Bedford; sullivanframing.com). The gallery is open Tuesdays through Fridays

from 11 a.m. to 5 p.m. and Saturdays from 11 a.m. to 3 p.m. The exhibit will run through Saturday, Aug. 26.

• **"THE COMPLEXITIES OF PRESENTATION"** Kimball Jenkins (266 N. Main St. in Concord; kimballjenkins.com, 225-3932) has partnered with the Greater Manchester Chamber (54 Hanover St. in Manchester; manchester-chamber.org) to present the show "The Complexities of Presentation" at the Harvard Pilgrim Health Care Boardroom at the Chamber offices, running through the end of August,

according to a press release. The show will feature the works of artists Sylvan Dustin and Leaf Comstock, the release said. The gallery is open Tuesday through Thursday from 9 a.m. to 4 p.m.

• **"IN FULL BLOOM: FLOREAL STILL LIFE & GARDEN PAINTINGS FROM THE 19th CENTURY TO THE PRESENT"** is on display at the New Hampshire Antique Co-op (323 Elm St. in Milford; nhantiquecoop.com, 673-8499) through Thursday, Aug. 31. The gallery is open Tuesdays through Sundays from 10 a.m. to 5 p.m.

• **"NEST"** exhibition at Twiggs Gallery (254 King St., Boscaawen), on view through Sept. 1. Juried by Pam Tarbell, this showcase features the works of New Hampshire artists exploring the literal and metaphorical dimensions of the concept of "NEST." The gallery is open Thursday through Saturday from 11 a.m. to 4 p.m. and Sunday from noon to 4 p.m. Call 975-0015 or visit twigsgallery.org.

• **"CHEF'S KISS"** Kimball Jenkins (266 N. Main St. in Concord; kimballjenkins.com, 225-3932) will present a multi-artist summer show that will run through Tues-

day, Sept. 12, with gallery hours Monday through Wednesday from 9:30 a.m. to 4:30 p.m. and Fridays 9:30 a.m. to 4:30 p.m.

Theater

Shows

• **EDUCATING RITA** at the Hatbox Theatre (270 Loudon Road, Concord, hatboxnh.com) runs through Sunday, Aug. 20. The show will be on Fridays and Saturdays at 7:30 p.m., and Sundays at 2 p.m. Ticket prices start at \$16.

• **FROZEN KIDS** at The Palace (80 Hanover St., Manchester, palacetheatre.org) through Aug. 18 with shows Tuesday through Thursday at 10 a.m. and 6:30 p.m., and Friday at 10 a.m. Tickets cost \$10.

• **HIGH SCHOOL MUSICAL JR.** Palace Youth Theatre presents *High School Musical Jr.* at the Palace Theatre (80 Hanover St., Manchester, palacetheatre.org) on Friday, Aug. 18, and Saturday, Aug. 19, at 7 p.m. Tickets start at \$12.

• **GUYS & DOLLS** Amato Center for the Performing Arts' (56 Mont Vernon St. in Milford, amatocenter.org/riverbend-youth-company) presents the Friends of the Amato Center production of *Guys & Dolls* on Friday, Aug. 18, at 7:30

p.m.; Saturday, Aug. 19, at 2:30 and 7:30 p.m., and Sunday, Aug. 20, at 2:30 p.m. Tickets cost \$15 for adults, \$12 for seniors and students.

• **FINDING NEMO JR.** at The Palace (80 Hanover St., Manchester, palacetheatre.org) Aug. 22 through Aug. 25 with shows Tuesday through Thursday at 10 a.m. and 6:30 p.m., and Friday at 10 a.m. Tickets cost \$10.

• **MASKED** For three days only, Hatbox Theatre (270 Loudon Road, Concord, hatboxnh.com) will be showing performances of *Masked*. The show will run Friday, Aug. 25, and Saturday, Aug. 26, at 7:30 p.m. and Sunday, Aug. 27, at 2 p.m. Ticket prices begin at \$16.

Classical

• **PIANO CONCERT** Pianists Abigail Charbeneau and Susan Cobb will present a four hands piano concert at the Concord Community Music School (23 Wall St. in Concord; ccmusic-school.org, 228-1196) on Friday, Aug. 18, from 4 to 5 p.m. in the school's Community Room. Admission is free but donations are appreciated.

'SALON DE CINQ, SO LONG'

"Salon de Cinq, So Long," a show paying tribute to a 20-year gathering of a group of artists, is at Two Villages Art Society (846 Main St. in Hopkinton; twovillagesart.org) through Saturday, Sept. 2. "Salon de Cinq" was started by Pat Palson, a nationally famous weaver and fashion designer. Joining in the exhibit are her husband, realist painter Eric Palson; polymer clay artist Kathleen Dustin; textile artist Annie Frye; wood turner Steven Frye; and potter Nancy Brown.

The original members all lived in Hopkinton and met in Palson's studio," according to a press release. The gallery is open Thursdays through Sundays, noon to 4 p.m. *Work by Annie Frye. Courtesy photo.*



THE ROUNDUP

The latest from NH's theater, arts and literary communities



Screen printing class with William Mitchell. Courtesy photo.

• **After work and outdoors:** The Currier Museum of Art (150 Ash St. in Manchester; currier.org, 669-6144) is taking its live music during its Thursday Art After Work (5 to 8 p.m.) outside for the next few weeks, weather permitting. Bring chairs or a blanket to enjoy the performance, which this week is slated to feature Luna Trio, according to the website. Art After Work programming is free.

If you're interested in spending more time at the museum, the Currier is currently holding a sale on its household-level membership (which gives members unlimited free admission for two adult cardholders and all family members under 18, two additional free general admissions for accompanying guests with each visit and other perks). Usually listed as \$80, household level currently costs \$60 through Thursday, Aug. 31, according to the Currier newsletter.

• **Final weekend of *Educating Rita*:** A production of the new professional theater company Creative Ambitions Performance Studio of NH, *Educating Rita*, a comedy-drama set in early 1980s Liverpool, will run through Sunday, Aug. 20, at the Hatbox Theatre (Steeplegate Mall, 270 Loudon Road in Concord; hatboxnh.com) with show times on Friday, Aug. 18, and Saturday, Aug. 19, at 7:30 p.m. and Sunday, Aug. 20, at 2 p.m. Tickets cost \$22 for adults, \$19 for seniors and students.

• **Show opening:** Concord-based painter Pamela R. Tarbell will have her works exhibited in the show "Reflections," which also features the works of sculptors Andy Moerlein and John Weidman and opens at the Jaffrey Civic Center (40 Main St. in Jaffrey; jaffreyciviccenter.com) Friday, Aug. 18, and runs through Saturday, Sept. 23, with an opening reception on Thursday, Aug. 17, from 5 to 7 p.m. See pamtarbell.com for more on the artist.

• **A weekend about poetry:** The Frost Farm Poetry Conference will take place Friday, Aug. 18, through Sunday, Aug. 20, at the Robert Frost Farm (122 Rockingham Road in Derry; 432-3091, frostfarmpoetry.org). The weekend features keynote speaker Alfred Nicol, a choice of workshops on poetry, a one-on-one meeting with an instructor, poetry readings, breakfast and lunch on Saturday and Sunday plus dinner on Saturday and networking with other poetry lovers, according to the website. The cost for the weekend is \$435; register online in advance.

• **Screen printing:** Learn about screen printing from Dover artist William Mitchell at the League of NH Craftsmen Meredith Fine Craft Gallery (279 Daniel Webster Hwy. in Meredith; nhcrafts.org, 279-7920) on Sunday, Aug. 27, from 10 a.m. to 3 p.m. Tuition costs \$110 with a materials fee of \$10. Call or go online to register.



OLD HOME WEEK AT TWIGGS GALLERY

Twiggs Gallery (254 King St. in Boscawen, TwiggsGallery.org, 975-0015) will celebrate Boscawen's Old Home Week with free events. On Saturday, Aug. 19, check out the community art project "Flashy Flock" celebrating Boscawen's agricultural roots with residents decorating and presenting on Saturday 55 blank chicken shapes; find a link to the map of the chickens on Twiggs' website, according to a press release. Also on Aug. 19, from 1 to 3 p.m., the gallery will host a free make and take activity with wooden eggs, the release said. On Sunday, Aug. 20, from 10 a.m. to 3 p.m., the Granite State Draft Horse & Pony Association will do plowing demos and competitions outside next to Twiggs, the release said, with wagon rides offered. The day will also feature hot dogs sold as a fundraiser and another make-and-take at the gallery from 1 to 3 p.m., the release said.

On Wednesday, Aug. 23, from 6:30 to 7:30 p.m. catch a performance of "The New Consort" by a vocal chamber ensemble from the Avaloch Music Farm Institute.

On Sunday, Aug. 27, from 1 to 3 p.m. catch the poetry reading Poetry & Pie featuring the Percheon Poets on the theme of "NEST," the gallery's current exhibit. After the reading, there will be pie, the release said. *Chicken created by Kathy Kimball Dykeman. Photo by Kathy Kimball Dykeman*

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FRI 8	Comedy at the Rex with Tony Deyo	7:30PM
SAT 9	American Elton	7:30PM
WED 13	Lauren Rainbow & Cindy Kaza: An Evening with Spirit	7:30PM
THUR 14	An Evening with Michael Glabicki of Rusted Root and Dirk Miller	7:30PM
FRI 15	Comedy at the Rex with Tony V and Friends	7:30PM
SAT 16	A Celebration of the Allman Brothers Band with Idlewild	7:30PM
FRI 22	Comedy at the Rex with Brian Glowacki and Friends	7:30PM
SAT 23	Marshall Crenshaws 40 years in Showbiz Tour	7:30PM
WED 27	Silent Film with Live Music: SEVEN CHANCES	7:00PM
FRI 29	Robert Dubac's THE BOOK OF MORON	7:30PM
SAT 30	An Evening With The Mallett Brothers Band	7:30PM

GET YOUR TICKETS AT REXTHEATRE.ORG

Window boxes: something everyone can have

Did you know those little styrofoam-looking beads in potting soil are actually volcanic glass?

By Henry Homeyer
listings@hippopress.com

— THE GARDENING GUY —

You may not have the time and energy to weed and maintain lovely perennial flower beds, or even to grow a few tomatoes, carrots and beans. But if you love flowers you can have a window box or a big pot of flowers on your deck. They can add a punch of color all summer long. And it's not too late to start now.

Before you get too excited about planting flowers at this time of year, visit your local garden center, farm stand or other source for plants. Some places sell out by the end of June. Others keep nice annual flowers coming all summer long. And some are already selling chrysanthemums and fall asters, which will provide nice color for the weeks ahead.

I recently visited Caroline Storrs of Cornish, New Hampshire, to look at her window boxes as she told me hers were in their full glory now. Her husband, Peter, is a retired building contractor who built her window boxes for her. He used a synthetic material made from PVC plastic for the window boxes. That material is more expensive than wood but does not rot, warp or splinter. There are several brands available, and from what I can see synthetic wood costs from \$10 to \$15 per square foot of material.

Caroline explained that their window boxes were made wider and deeper than most commercially made window boxes. She said the more space there is available to the plant roots, the bigger the plants will grow, whether in pots or window boxes. She also pointed out that window boxes

should be mounted so that there is an air space behind the boxes to prevent rotting of the wood siding or clapboards.

The potting mix is also important. Caroline's boxes run all the way across the garage beneath upstairs windows — for perhaps 30 feet. They are about 10 inches deep and 8 inches across, which means that a huge amount of potting mix is needed to fill them all. She makes her own potting mix instead of buying it in bags, which would be more expensive.

Caroline makes a planting mix of one third peat moss, one third perlite and one third compost (which she gets by the pickup truck load), mixing it in a big wheelbarrow. She also adds a slow-release fertilizer as the basic ingredients of the mix do not provide enough of the needed nutrients to sustain the plants all summer.

Not all annuals do well with high-nitrogen mixes, as they can grow tall but delay flowering. Plants grown for their foliage do well with lots of nitrogen but may need pinching back to control size. If you do not use a slow-release fertilizer, you may need to use a liquid fertilizer every week or two to keep your plants happy.

Perlite is the white fluffy stuff in potting mixes that looks like bits of Styrofoam but is actually volcanic glass that is superheated until it pops like popcorn. It helps keep a planting mix from compacting. And although it does retain some water in its nooks and crannies, it does not absorb water.

Vermiculite is another material used in some potting mixes, and this does absorb water and holds it much better than perlite. It holds on to minerals, too, which perlite does not do. That's important if you use liquid fertilizers, which can wash away quickly.

I've read that too much vermiculite can lead to a constantly wet mix, leading to root



Caroline Storrs waters her window boxes every day. Photo by Henry Homeyer.



This small cedar window box is fine for a few morning glories. Photo by Henry Homeyer.

rot. From my experience a mix of perlite and vermiculite is good, particularly in dry summers. Perhaps one part vermiculite and two parts perlite would be good. Vermiculite is mica that has been heated to a high temperature. Both products have a neutral pH.

In each window box Caroline planted geraniums, chartreuse-colored sweet potato vines and coleus, a foliage plant. Coleus now comes in both sun and shade varieties, and some that will grow in either sun or shade. It does not appear to bloom but has multi-colored leaves that can be striking. The sweet potato vine hangs down and out of the box, while the coleus grows up and the geraniums add bold color in the middle of each box. She repeated the pattern all the way across the front of the garage to great effect.

Watering is important. Because her plants are so big and leafy, they require lots of water. Caroline told me that she waters every day — which means they do not travel in the summer. Peter told me that he drilled lots of holes in the bottom of the boxes to prevent the soil mix from staying soggy in rainy times. The holes can leak

soil mix, so it is important to put landscape fabric or screen in the bottom.

I built a cedar window box more than 20 years ago and although it is starting to show its age it is still sturdy. I did not treat it with anything. I recently made another similar box also using 6-inch-wide cedar boards.

My new planting box is made for morning glories. I have a blank wall to which I attached a nice wood trellis and wanted to break up the tedium of the wall. And although 6-inch boards do not provide the depth of Caroline's boxes, the vines have already reached the top of the 6-foot trellis.

Gardening really is for everybody, even those with limited time, energy and space. Grow a few flowers in a window box or pot and they will reward you with their beauty — and that of the butterflies they attract.

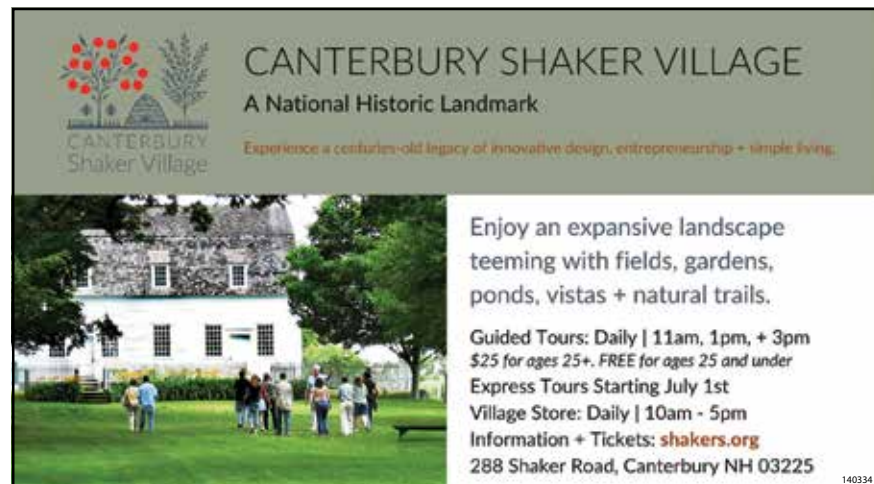
Henry lives and gardens in Cornish Flat, New Hampshire. He is a lifelong organic gardener and the author of four gardening books. You may reach him at henry.homeyer@comcast.net.



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A lift from AJ

Car show raises money for automotive students



AJ Dodge Memorial Car Show. Courtesy photo.

By Mya Blanchard
mblanchard@hippopress.com

When 23-year-old AJ Dodge passed away six years ago, friends and family created A Lift From AJ, a nonprofit that holds the annual AJ Dodge Memorial Car Show to raise scholarship money for automotive students at Nashua Community College and to support suicide prevention. This year's event will be held on Sunday, Aug. 20, from 1 to 5 p.m.

"AJ took his own life by suicide in 2017," Stacie Pitts said. "When we lost AJ, we kind of all just came together really wanting to do something to give back. ... [We] put this show on because we wanted to help in the way we could to keep AJ's memory living on. He always had that helpful personality and caring for others, so this was a great way to couple that with his love for cars."

Pitts organizes the car show along with AJ's parents, Al and Terri Dodge, Jonathan Allen, Patrick Clement and Bryan Reece.

"[AJ] had the most intense love for other human beings," Pitts said. "I mean, he would take the shirt off his back for anybody. He was always willing to help."

AJ had gone to Nashua Community College to be an automotive specialist, which Pitts said wasn't easy for him. In addition to taking out student loans, she says most automotive students don't know they also have to buy their own tools, which can be around \$3,000.

"That's kind of the story line for this car show," Pitts said. "We wanted to do something not only in his memory [and] his love for cars, he was always working on a project car, but make it a little easier for the students when they start that journey so

that they can be successful."

The free car show, which usually features anywhere from 75 to 150 vehicles, has grown a lot in its six years.

"We have some sponsors that have been with us since Day 1 of doing this car show," Pitts said. "I still get phone calls from new sponsors every year. ... We couldn't do this car without our sponsors ... and we're just very appreciative of them."

One sponsor, Axe Play of Hudson, will return this year with an ax throwing truck, and Just Chillin' Cool Treats and Beverages, Cedi's Tasty Treats and Wicked Tasty Food Truck will also be in attendance. Awards will be given out in 13 categories, from best car, motorcycle and truck, best painted, tallest and lowest in show and the Dodge family favorite chosen by Al and Terri. There will be raffles, with prizes like gift cards for Northwoods Brewing Co., Renu Salon, Enlighten Me Massage & Wellness and Papa Joe's Kitchen, who are also among the list of sponsors.

"For the first time this year we're also going to donate money to the American Foundation for Suicide Prevention," Pitts said. "Although our show is based on scholarships for automotive students, the foundation of it is suicide prevention and ... we're going to keep that alive by making a donation to a great foundation that will help."

In early years, A Lift From AJ foundation awarded one or two scholarships. Last year they were able to give out four. This year's recipients are Adam Tavarez and AJ's cousin, Cameron Dodge.

"We're actually ready to give out more scholarships — we just need the applications to come through," Pitts said. "This year's closed, but the process opens up in May. I feel like more and more people have become involved over the years and more people come back. You see more familiar faces. I think it's a great thing for the community and every year we're adding something new." 🍷

6th Annual AJ Dodge Memorial Car Show

When: Sunday, Aug. 20, 1 to 5 p.m.

Where: Nashua Community College, 505 Amherst St., Nashua

Cost: Free

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INSIDE/OUTSIDE

KIDDIE — POOL —

Family fun for whenever

Summer shows

The 2023 Bank of New Hampshire Children's Summer Series has two shows left at the Palace Theatre (80 Hanover St., Manchester, palacetheatre.org): Catch **Frozen Kids** Thursday, Aug. 17, at 10 a.m. and 6:30 p.m. and Friday, Aug. 18, at 10 a.m. The series then wraps up with **Finding Nemo Jr.** Tuesday, Aug. 22, through Friday, Aug. 25, with shows at 10 a.m. and 6:30 p.m. Tuesday through Thursday and 10 a.m. on Friday. Tickets cost \$10.

The Palace Youth Theatre also has two upcoming shows featuring young performers (campers in grades 2 through 12). On Friday, Aug. 18, and Saturday, Aug. 19, both at 7 p.m., catch **High School Musical Jr.** On Saturday, Aug. 26, at noon, see **Winnie the Pooh Jr.** Tickets for either show start at \$12.

Beach fun

The Hampton Beach Children's Festival wraps up with events Thursday, Aug. 17, and Friday, Aug. 18. On Thursday activities include a performance by magician Fran Flynn at 12:30 p.m., ice cream with the lifeguards at 1:15 p.m. and paint with Alyssa Pine at 2 p.m. On Friday, the children's costume parade will start at 11 a.m. (meet up at 10:15 a.m.) and there will be a performance by Mr. Aaron at noon. Most of the events

take place at the Hampton Beach Sea Shell stage; see hamptonbeach.org.

Also at the beach: There are four more evenings of fireworks scheduled at Hampton Beach at the top of B and C streets — Wednesdays, Aug. 23 and Aug. 30; Sunday, Sept. 3, and Saturday, Sept. 9. All fireworks start at 9:30 p.m. Monday night movies on the beach next to the playground also continue through August with **Strange World** (PG, 2022) on Monday, Aug. 21, at 7:40 p.m. and **Sing 2** (PG, 2021) on Monday, Aug. 28, at 7:30 p.m., according to hamptonbeach.org.

Audition call

The Palace Theatre (80 Hanover St. in Manchester; palacetheatre.org) is seeking an actor between the age of 8 and 18 who is able to play 12 for the role of "Young Simon" in the October-November professional production of **Kinky Boots**. Auditions are open to BIPOC talents of all genders who are 5 feet 2 inches and under, according to a press release. Virtual submissions can be sent to palacetheatre.nh@gmail.com; include a current picture, resume and short video of vocal abilities, the release said.

The Peacock Players (14 Court St. in Nashua; peacockplayers.org) have upcoming auditions for two shows. Auditions for an October production of **James & the Giant Peach Jr.** are slated for Wednesday, Aug. 23, and Thursday, Aug. 24, from 6 to 8:30 p.m. for ages 6 to 14. Auditions for a November Teen Mainstage production of **Beauty and the Beast** will be held Sunday, Aug. 27, and Monday, Aug. 28, from 6 to 8:30 p.m. Schedule an audition time and find all the details on the website.

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INSIDE/OUTSIDE TREASURE HUNT

Dear Donna,
My wife and I spotted this set of items at an estate sale in Manchester. They were in the old kitchen, where there were many types of baking molds. But we're not sure about these.

They are very heavy metal and seem to be more decorative than utilitarian. We "negotiated" and paid a couple bucks for them. They make nice candle holders on our porch table.

Thanking you in advance.
Scott
Nashua

Dear Scott,
Even though I think the form of the flower cups is sweet, I think they could be modern and you are right to say decorative. Sometimes even modern items have charm and a place in our home. That's coming from an antique enthusiast! (ha ha)



With no markings on them, appraisal can be tough. But all the pictures you sent were helpful. I do think you got a treasure for the price. As far as a modern value on them, I think that's in the eye of

the buyer. Having a purpose for them makes them priceless to you and your wife.

Thanks for sharing and keep going to those estate sales. You never know what you can find.

Donna Welch has spent more than 35 years in the antiques and collectibles field, appraising and instructing. Her new location is an Antique Art Studio located in Dunbarton, NH where she is still buying and selling. She is a member of The New Hampshire Antiques Dealer Association. If you have questions about an antique or collectible send a clear photo and information to Donna at footwdw@aol.com, or call her at 391-6550.

Why your SUV may require more visits to the car wash



By Ray Magliozzi
 Dear Car Talk:
 Your column is always mandatory reading for me, and I look for it first thing.

I own a 2016 Nissan Murano with 69,000 miles on it. It is serving my family well. My question is: What is up with its aerodynamics? I live in Phoenix, and it's very dusty in the desert here.

The rear window and lift gate get dusty after driving just a few miles down the road. Does that happen with other, similarly shaped cars? — JR

Yup. Believe it or not, there are physicists who spend their entire careers studying stuff like the flow of water and dirt onto car surfaces, JR. Who knew the car wash industry had so much influence over our nation's research agenda?

Anyway, the answer is: yes. "SUV-shaped" vehicles are prone to having dirty tailgates and rear windows. Here's why: The primary goal of aerodynamics on passenger vehicles is to let them slip through the air, rather than fight it.

If you put a billboard for Juicy Fruit gum on your roof, the air would crash into it and

make it harder for the car to move forward, lowering your fuel economy. The same is true for smaller items. The rake of the windshield, the shape of the side mirrors and the arrangement of parts underneath the car can all affect aerodynamics.

That all makes sense, right? Well, because of the shape of SUVs, the air flowing quickly over and under the car creates a vortex when it comes out the back. And that vortex, in effect, sucks up the dust and dirt being kicked up from the road and distributes it all over the back of your freshly washed SUV.

A sedan, with a more bullet-shaped profile, creates a much smaller vortex behind it. It also has less flat surface area (and no nearby window) back there for that vortex to deposit dirt on.

The solution? A rear wiper. Or, if that's not acceptable, you can fashion a giant rocket-cone that fits on the back of your Murano to make it more bullet-shaped. Then you'll be all set for the next Burning Man, too, JR.

Dear Car Talk:
 We have a 2021 Subaru Forester that we bought new, and the local dealer keeps rec-

ommending all kinds of services that aren't on the maintenance schedule.

At the second oil change, they recommended an induction fuel service. Then at 30,000 they also recommended a brake flush, front and rear differential flush, and wheel balancing. I figured that if the wheels were out of balance, that should be addressed, but declined the others.

Should I have them done? They sent me a message with the list:

- Brake flush: \$189.95
 - Fuel induction service: \$176.95
 - Differential flush — rear: \$159.95
 - Differential flush — front: \$159.95
- Thanks. — Chris

The wheel balancing may have been the thing you needed the least, Chris.

If you hit a big pothole, knocked off a wheel weight, and had a tire out of balance, you'd have noticed that. You would feel shimmying or shaking, especially at higher speeds. If that was the case, then you did need a wheel balancing. If not, well, at least you earned some points on your credit card.

For maintenance — as opposed to repairs — I'd let the owner's manual be your guide. The engineers who designed your car have made their best, very educat-

ed calculations, as to what services the car needs.

Looking at a public version of the Subaru 2021 model year maintenance schedule, they recommend "inspecting" both front and rear differential fluids every 30,000 miles. So, did they find something wrong with yours? Was it badly degraded? Do you do a lot of hot weather or off-road driving? Did the fluid smell like my late brother's living room after he took a grande-burrito-induced afternoon nap?

While it certainly can't hurt to change the differential fluid, it may not be necessary, and you'll want to know why they're recommending it now. Subaru does recommend that you change the brake fluid every 30,000 miles. Many manufacturers let it go longer than that, but Subaru may have their reasons. So, I'd go ahead and do that.

Finally, the "induction service" is complete hogwash — and especially unnecessary after two oil changes. Your fuel system shouldn't need any kind of cleaning for many more miles — if ever. That's like pro-actively replacing a hip on a 9-year-old kid.

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ON THE JOB

FRANCINE RUEL QUILT SHOP OWNER

Francine Ruel owns and runs Paradise Quilting in Concord.

Q: Explain your job and what it entails.

Our day basically involves opening up, preparing my staff and, depending on the day, activities like our usual Friday Facebook Live. Our primary focus is on ordering fabric and completing projects. Some customers come just to buy fabric, while others want us to undertake the entire project. We make everything from T-shirt quilts to picture quilts. We recently made a quilt from washable fabric photos for a gentleman's wife's 75th birthday. Most of my day is spent helping customers pick out fabrics or assisting with color choices. I usually know where everything is since

we've grown a lot and have around 4,000 to 5,000 bolts of fabric now.

How long have you had this job?
We recently celebrated our sixth anniversary.

What led you to this career field and your current job?

About 25 years ago I attended a class at a shop in Concord called Mr. Quilt. Eventually the store went up for sale. ... I couldn't buy it at that time due to personal reasons but expressed interest in the future. Years passed and life events led me back to the quilting world. ... When I learned that the

shop was closing, I reached out, and within six weeks I had the shop.

What kind of education or training did you need?

Mostly self-taught and some classes over the years. The quilting community has been invaluable in learning from each other.

What is your typical at-work uniform or attire?

Casual. Sneakers for comfort since I'm on my feet all day. I try to look professional, maybe a dress or something clean and neat.

What is the most challenging thing about your work, and how do you deal with it?

It's adapting to unique customer requests, like a recent one where a customer wanted us to create a quilt using her children's old clothes, some of which were quite bulky or unconventional. It's about collaboration and trial and error.

What do you wish you'd known at the beginning of your career?

That owning a quilt shop doesn't mean you get a lot of time to sew and take classes. Most of the time is spent on ordering, paper-



Francine Ruel. Courtesy photo.

work and management.

What do you wish other people knew about your job?

It's incredibly rewarding. We get to see remarkable talents, from beginners to seasoned quilters creating beautiful works.

What was the first job you ever had?

I've been in the restaurant business most of my life, dealing with people. My first job was at Toby's Chicken in Manchester on Maple Street.

What's the best piece of work-related advice you've ever received?

Just be you. That advice came from one of my first reps in the business. I've always kept it genuine. — Angie Sykeny

Five favorites

Favorite book: *The Block Book*
Favorite movie: *Barbie*
Favorite music: Bonnie Raitt
Favorite food: Desserts, especially ice cream
Favorite thing about NH: The changing seasons, and the beauty of the mountains and the beaches.

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News from the local food scene

By Mya Blanchard
mblanchard@hippopress.com

• **Brookford Farm's International Food Festival:** Don't miss the International Food Festival at Brookford Farm (250 West Road in Canterbury, brookfordfarm.com) on Thursday, Aug. 17, from 6 to 8 p.m. Recipes from nationalities represented by the staff at Brookford Farm will be featured, such as Sudanese, Ethiopian, German, Ugandan, Russian, Polish, Turkmen and more. The event will include live music performed by The Velvet Dirtmunchers. Tickets, which include access to sunflower fields and a barnyard, are \$60 for adults, \$30 for children ages 3 to 12 and free for children under 3 years old and must be purchased ahead of time. Visit the Farm's website or eventbrite.com to buy tickets.

• **And Brookford's Burger Night:** Burger Night returns to Brookford Farm (250 West Road in Canterbury) on Saturday, Aug. 19, from 5 to 8 p.m. Sit among the sunflowers, enjoy local food, see barn animals and watch The Artty Francoeur Band perform live. It is \$40 for an adult plate, \$20 for kids ages 3 to 12 and free for children under 3 years old. Tickets must be purchased ahead of time and can be bought through brookfordfarm.com.

• **Bottle Your Own:** Averill House Vineyard (21 Averill Road in Brookline) invites you to a Bottle Your Own experience, on Sunday, Aug. 20. The event will start with a tour of the vineyard, winery and wine cellar covering the Waite family's history with wine and the vineyard as well as the history of Brookline's Ice District. Guests will then enjoy a flight of four wines and a charcuterie board with cheese, chocolate, nuts and meat. The vintner will choose a wine for you to bottle (one bottle is included and additional bottles can be purchased). You will also take home an Averill House Vineyard Wine glass. The first session will be held at noon and the second session will be at 2 p.m. It is advised you arrive 15 minutes before the scheduled time. Tickets are \$59 and can be purchased at exploretock.com. Visit averillhousevineyard.com.

• **Portsmouth Food Truck & Craft Beer Festival:** The ninth annual Portsmouth Food Truck & Craft Beer Festival will be on Sunday, Aug. 20, from noon to 5 p.m., with VIP hour being 11 a.m. to noon, at Cisco Brewers (35 Corporate Drive) in Portsmouth. Enjoy food, craft beer, music, lawn games and more. Tickets range between \$5 and \$20 and can be purchased online via eventbrite.

• **Gate City Brewfest:** Don't miss



FOOD

A wicked good time

Mahrajan returns to Our Lady of the Cedars Church

By Mya Blanchard
mblanchard@hippopress.com

With food, music, dancing, games and even a petting zoo, Our Lady of the Cedars Church's Mahrajan food festival is just what the Arabic phrase translates to: a wicked good time. This year the festival will be held Friday, Aug. 18, through Sunday, Aug. 20, at the church in Manchester.

"We have been having this festival for 50-plus years," said the church's pastor, Tom Steinmetz. "It centers really around Middle Eastern, in particular Lebanese, food and culture, so the food, the music [and] the dancing."

While the church started as a mission church in the 1950s, eventually becoming a full-sized parish in 1963, its origin dates back to the 1930s when people from Lebanon immigrated to New Hampshire,

Mahrajan: Middle Eastern food festival

When: Friday, Aug. 18, 5 to 10 p.m.; Saturday, Aug. 19, noon to 10 p.m.; Sunday, Aug. 20, noon to 5 p.m.

Where: Our Lady of the Cedars Church, 140 Mitchell St., Manchester

Cost: Free to attend. Prices for meals can be found online or at the event.

wanting to establish a church that aligned with their Melkite Catholic faith. The church has grown considerably since then, having outgrown its previous location and moved to its current one about 17 years ago.

"The makeup of the church has [also] changed," said Steinmetz. "There's a real mixture now of people ... predominantly people not of Middle Eastern origin but who love the faith and the traditions. We've continued this tradition of making this food. We get a big turnout over [the] three days."

Marlou Lazos, who has been running this event for 15 years along with her cousin, estimates that 3,000 people come over the course of the weekend.

"We don't actually count exactly how many people come through but we know what we sell and it's been about 2,000 of just the kabobs," she said.

The chicken and the lamb kabob dinners are served with rice pilaf, lubyeh, which are green beans in tomato sauce, and bread.

"Our dinner entrees are kind of what you would expect for a Middle Eastern festival," Lazos said. "The recipes that we use at mahrajan are handed down to us from members of the church."

In addition to the kabobs, which is one



Photos by Matthew Lomanno.

of the most popular meals at the festival, other traditional Middle Eastern meals include shawarma, thinly sliced seasoned meat served on a wrap with vegetables; mujaddara, which consists of rice and lentils cooked down with caramelized onions; and kibbee.

"Kibbee is pretty much the national dish of Lebanon," Lazos said via email. "It is a meatloaf made of beef burger and lamb with cracked wheat, onions and pine nuts."

Dessert options include baklava, a version of baklava, filled with hazelnuts and chocolate or walnuts. Orders can be placed online or in person at the event.

"Our church is growing. Last year we sold out of everything, so we've spent time making more food this year and I'm just so pleased that we have people that have been with the church for years and years now," Lazos said. "Now we have new crowds coming in ... and they're joining in the fun too. ... I'm just grateful for all the help that we have." 🍷

Many flavors at We Are One

Cultural fest brings food, music and dance

By Jill Lessard
food@hippopress.com

African/Caribbean and Latino cultures come together for a multi-sensory celebration featuring mouth-watering food, vibrant music and engaging entertainment at the 2023 We Are One Festival Saturday, Aug. 19, from 11 a.m. to 6 p.m. at Veterans Memorial Park in downtown Manchester.

"It's great seeing everyone in the park getting an opportunity to participate in this event," said Sudi Lett, co-chair of the We Are One Committee and a Chicago native who has lived in Manchester for most of his life. "It's one of few opportu-

2023 We Are One Festival

When: Saturday, Aug. 19, 11 a.m. to 6 p.m. (rain or shine)

Where: Veterans Memorial Park, 723 Elm St., Manchester

More info: email waofest@gmail.com



Theo Martey. Courtesy photo.

nities to directly engage with Afro-Latino culture and people and an example of what we want Manchester to be about — people helping people, people learning from each other, and celebrating everything that makes us human."

This year's We Are One Festival will

have acclaimed entertainers including drummer, dancer and New Hampshire Artist Laureate Theo Martey, founder and leader of the Akwaaba Ensemble; Boston singer-songwriter Ruby Shabazz; Zambia's JohnLu & The Band; and Ariel y Grupo Letales, among other performers. The event will also include the talents of DJ 4eign (pronounced foreign), who has worked for some of the industry greats such as French Montana, Young MA, Fabolous and Usher. Born in Kenya, "The African kid" has become a local success as an acclaimed disc jockey on Boston radio station Jam'n 94.5.

A variety of sweet and savory treats will be offered at the fair.

"For food, we are anchored by Don Quijote Restaurant, whose chicken and beef empanadas are always popular," said Lett, the Youth and Education Director with Young Organizers United (Y.O.U.), host of the event. "From Maya's Kitchen, the oxtail and rice offers tender beef, fla-

vored beautifully,” he said. “And Tokoss offers samoussas, an African dish similar to empanadas but served as a triangle with beef or chicken and veggies inside.” Cold treats will be served by Sub Zero Nitrogen Ice Cream, as well as a few new community vendors offering different versions of flavored ice.

The We Are One Festival combines the former Latinos Unidos and Ujima Collective, out of a need to create a local community with culturally appropriate offerings.

“It started out as the African Caribbean Festival and the Latino Festival, and about 10 years ago it was decided to combine efforts in a show of solidarity,” Lett said. “The success of this event goes to everyone involved, whether through attending, marketing or being a vendor.” Lett, who serves as boys basketball varsity coach at Manchester Central High School, has been attending the festival since he was a teenager and, as a legacy to his parents, Brenda and Woullard Lett, is committed to “keeping the continuity of bringing our community together.”

The We Are One legacy continues as the next generation takes up the mantle for producing the event. Sixteen-year-old Mia Rose Taylor serves on the Civic Engagement Committee for the summer

program of festival host Y.O.U. Taylor became involved because she’s passionate about bettering her community — and, also, “festivals are just fun!” she said.

Considerable work is involved in mounting such a multi-faceted production, an effort that is currently shared among the Granite State Organizing Project, Young Organizers United, Centro Latino, and SDW Communications. Lett is responsible for logistics, marketing and staffing. Taylor’s job involves contacting community figures and groups to help advertise the event.

“The We Are One Festival can be just as informative as it is entertaining. There’s bound to be something to draw you in,” said Taylor, a student at Manchester Central High School. “It’s perfect for people who are looking for something fun to do with their family and friends before summer vacation is over.”

What are Lett’s favorite aspects of the event? “I’d say the food and the community.” And what does he hope folks will get from the experience? “A full belly and a great time!”

“Immersing yourself in all these different vibrant cultures is something you don’t want to miss out on,” said Taylor. “It’s going to be a blast!” 🍷

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FOOD



DRINKS WITH JOHN FLADD

Miami Dancehall Cocktail

I think that it's fair to say that Florida doesn't have the best reputation.

Take, for example, the "Florida Man" game. If you've never tried this, your eyebrows are about to rise higher than you ever suspected was possible. Open an internet search engine, and enter the term "Florida man" and a date — your birthday is a good choice.

Feb. 9, for instance, when, according to the Florida Times-Union, a Florida man "was arrested ... and charged with assault with a deadly weapon without intent to kill after Florida Fish and Wildlife Conservation officials say he threw a 3.5-foot alligator through a Palm Beach County Wendy's drive-thru window."

But it wasn't always like this. There was a time in the 1940s and '50s when Florida was seen as a chic and even elegant place. Miami Beach was where the most beautiful and wealthy people went to be seen, to dance in the moonlight and to drink cocktails. Powerful, cigar-chomping men in good suits flashed their brightest smiles — and wads of cash — in an effort to catch the attention of beautiful women in floral dresses. White-jacketed waiters delivered drinks to wide-eyed tourists. Dance bands played, and everywhere there were flowers.

I feel like we need more of that — more white suits and fancy drinks, and fewer fast-food alligator attacks.

Miami Dancehall

2 ounces dry gin — I like Wiggly Bridge
½ ounce elderflower liqueur
½ ounce crème de violette — a violet-flavored liqueur

5 or 6 drops rose water — There is a razor's edge between being floral and delicious, and tasting like your grandmother's fancy soap. Err on the side of caution until



Dancehall cocktail. Photo by John Fladd.

you find the level of rosiness you like.

½ ounce fresh squeezed lemon juice

¼ ounce simple syrup

Combine all ingredients over ice in a cocktail shaker. Use a medicine dropper to measure out the rose water.

In the classic 1934 movie *The Thin Man* William

Powell gives a master class on cocktail shaking to a group of bartenders and waiters. According to Nick Charles, Powell's character, a well-made cocktail is all about timing: "Now, a Manhattan, you shake to a foxtrot. A Bronx, to a two-step time. But a dry martini, you always shake to waltz time." He places his properly shaken martini on a waiting tray, held by one of the waiters, who serves it back to him. He takes the cocktail and drinks it gratefully, implying that making well-mixed drinks is thirsty work. In a similar vein, tell your digital assistant to play *Miami Beach Rhumba* by Xavier Cugat. Shake your cocktail to the rhythm. Given the time of year, and our climate, feel free to keep shaking until the outside of your shaker is wet with condensation.

Strain the cocktail into the fanciest cocktail glass you own.

Drink it as you dance around the kitchen.

Gin and lemon lead in this particular rhumba, followed by hints of violets and roses. This is one of those drinks that leave you searching for more of the floral finish, which leads to another sip, and then another, until you realize that you need (a) more excuses in your life to rhumba, and (b) another cocktail.

More rhumbas, fewer alligators.

John Fladd is a veteran Hippo writer, a father, writer and cocktail enthusiast, living in New Hampshire.

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Weekly Dish

Continued from page 30

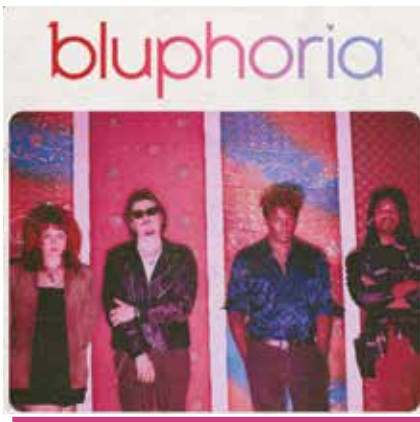
the Gate City Brewfest on Saturday, Aug. 26, from 1 to 5 p.m. (entry for VIP is at noon) at Holman Stadium (67 Amherst St. in Nashua). Over 100 vendors will be in attendance, like 603 Brewery, Citizen Cider, Canteen Spirits, and Seacoast Pretzel Co. There will be live music by Bradley Copper Kettle & Friends, Phall Roots

and Frank Viele, as well as bounce houses, games and other activities. Tickets range from \$15 to \$70 and can be purchased at nashuapal.com or via eventbrite. See gatecitybrewfest-nh.com for details including information about parking and shuttle buses.

POP CULTURE

MUSIC, BOOKS, MOVIES AND MORE

Bluphoria, Bluphoria (Edgeout Records/Ume)



I'm late to the ball by a couple of months on this one, the debut LP from this northern California-based alt-rock band, whose guitarist/frontman Reign LaFreniere is a Black dude who grew up on stuff like Hendrix, Dylan, James Brown, Pink Floyd and whatnot; he's all about retaking the hard-ish-rock genre back to its roots, and for that he should be thanked, sort of, I suppose. Produced by Mark Needham (Imagine Dragons, Mt. Joy, The 1975, others), it's a mixed bag of throwback-bar-band-microwaving. Opener "Set Me Up" is blatantly '80s, a kissin' cousin to Greg Kihn's "The Break

Up Song" with a Lenny Kravitz buzz to it (not reaching for the handiest reference there, either, it just is); "Believe in Love" is a cross between dance-floor Prince and the main theme from *Footloose*. Harmless, idiotic fun throughout. The closest they'll come to New Hampshire during their current tour is the Middle East Upstairs in Cambridge, Mass., on Nov. 9. **B** —Eric W. Saeger

James Rivera's Metal Wave, New Wave Gone Metal (Massacre Records)



In "am I the only one who thinks the '80s rebirth has overstayed its welcome" news, this is a project from former Helstar singer Rivera, 10 New Wave tunes re-rubbed as hair-metal versions, and the only really interesting thing about this, to me anyway, is the fact that no one's done it before, unless they have, not that I want to find out. OK, strike that, be nice Saeger, the concept does work in some of the tries, for instance the rub of Bauhaus's "Bela Lugosi's Dead"; I always thought the original version was kind of lumpy and dumb, and some Ozzy-style guitar definitely breathes new life into it, even if

Rivera's campy vocals border on Weird Al level. Wasn't a big fan of the version of The Ramones' "Pet Sematary," being that the original track was fine; same goes for the Cure's "Love Song." The band's take on Tears For Fears' "Everybody Wants To Rule The World" is so well-deservedly awful toward a Mercyful Fate manner that it's the best on board. A hearty "meh" to this. **B-** —Eric W. Saeger

PLAYLIST

A seriously abridged compendium of recent and future CD releases

I haven't trawled through this week's list of new CD releases that can only be found on the top-secret list we professional music journos consult when we put on our nappy fez hats and begin writing our edgy newspaper columns (psst, Amazon.com is the most reliable place, really, but we always tell readers we use Metacritic, just so you'll think we're actual wizards), so I don't yet know what rock 'n' roll albums are coming out this Friday, Aug. 18. There's a reason for my telling you all this; it's because I predict that a holiday album will be in the list, being that Christmas is so close (anyone have some liquid nitrogen I could spray on myself to get a little relief from all the insane heat?), so let's have at it, let's look at the list and see who's going to be the first dumb band/artiste to take the plunge this year and try to impress us rock journos with their polite renditions of "O Holy Night" and whatever, even though, ironically enough, said band/artiste is most famous for "having beefs" and/or getting arrested and publicly canceled for some totally Christmas-y act of sexual depravity or etc., let me go take a gander here, dum de dum — Ack! Ack! I win, and I'm not kidding, I hadn't looked at the list yet: It's actress/singer **Renee Rapp**, who plays Leighton Murray in the HBO Max series *The Sex Lives of College Girls*, with an album called *Snow Angel!* The title track has a happy-gloom-chill feel to it, like Lana Del Rey, except Rapp's singing is more gimmicky/interesting than that, sort of yodel-y. OK, it's not a hardcore Christmas tune, but it is definitely Christmas-minded, toward a calculated, corporate fashion, because the lyrics don't include words like "Christmas tree" or "Kringle," but there are references to frozen noses and boy-friends, so tough noogies, guys, I'm calling it, I win, so let's hop on Yukon Cornelius' North Pole sleigh and go be Christmas-y and independent *together!* Wahoooo!

Oh, look, the guys in the garage-punk band originally named Orinoka Crash Suite have changed the band's name again, this time to **Osees!** Actually, I'm a day late and a dollar short or something, because their new album, *Intercepted Message*, is their fourth one released under the new moniker, isn't it the best when bands change their names and you have to spend a good 10 percent of your column explaining that to your readers instead of describing their music? I sure do, and I probably went over this whole sordid story the last time I talked about them in this space, but we're almost out of room for talking about this new LP, so what say we take a listen to the new single, "Stunner!" OK, it's a cross between Flaming Lips and Primus, more or less, "boasting" a bunch of whirring space-guitar-noise and vocals that are in the Captain Beefheart realm, which means — oh, whatever, I'm not going to try to get pedagogic about this nonsense, it's a joke song, whatever, let's move this along.

The three dudes from **The Xcerts** are originally from Scotland, but now they want to be called a British band because they moved to England. Kind of sad, isn't it? They were around 13 years old when they first formed the band, and their upcoming fourth LP is *Learning How To Live And Let Go*. One of the tunes, "Blame," has some art-rock guitar to it, but the vocals are pretty Weezer-ish, if your stomach could tolerate something of that ilk.

We'll call it a wrap with New York City-based rocker **Margaret Glaspy**, whose new album, *Echo The Diamond*, is on the way, spearheaded by the single "Act Natural," which features Glaspy doing a Kate Havnevik warble over a rudimentary guitar riff. Not much to say about this one really. —Eric W. Saeger

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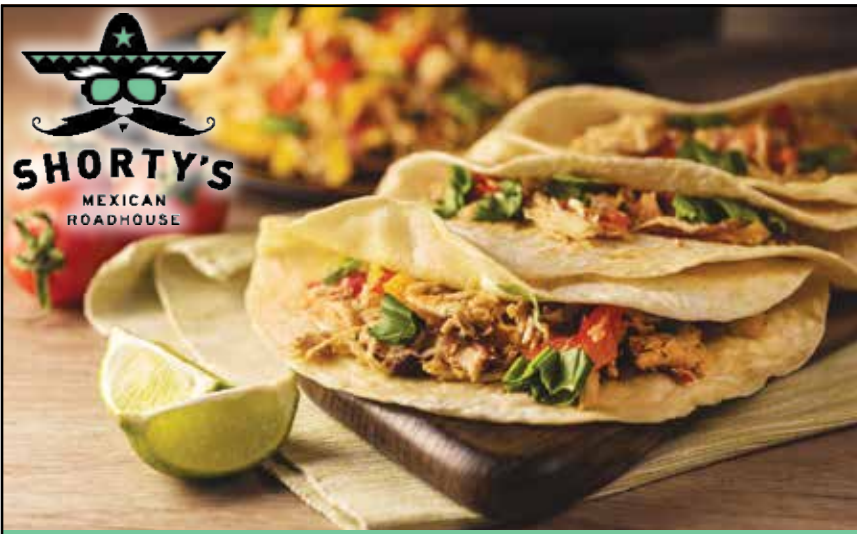
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POP CULTURE BOOKS

Ultra-Processed People, by Chris van Tulleken (W.W. Norton & Co., 313 pages)



Is there anyone on the planet who doesn't know processed food is bad for you? Probably not, but as it turns out, there's something even worse — *ultra*-processed food, which Chris van Tulleken eviscerates, along with its makers, in the aptly named *Ultra-Processed People*.

Ultra-processed food, according to van Tulleken, is not food, but “food-like substances that we’ve never encountered in our evolutionary history” but which we are now consuming in large quantities with little thought to its effect on our bodies.

Van Tulleken is a British physician who specializes in infectious diseases; his research is on how corporations affect human health, and so yes, there's a villain in *Ultra-Processed People*, and it isn't the consumer. And in van Tulleken's telling, it's unclear (and possibly unlikely) that the good guys will win, so ensnared as we are in the villain's grasp. He describes consumers as prey in the industry of ultra-processed food production, with their products the bait.

Although these pseudo-food products weren't even available 200 years ago, they now comprise about 60 percent of the diet of people in the U.S. and U.K., van Tulleken writes. And they're making us unhealthy and obese, he argues, saying that people don't overeat when they are presented with fresh, healthy meats and vegetables; they are driven to overeat when their diet lacks the fresh food and nutrients the body craves.

The idea that people are overweight or obese because they don't exercise enough and lack willpower, he says, “doesn't stand up to scrutiny.”

“For example, since 1960, the U.S. National Health Surveys have recorded an accurate picture of the nation's weight. They show that in white, Black and Hispanic men and women of *all* ages, there was a dramatic increase in obesity beginning in the 1970s. The idea that there has been a simultaneous collapse of responsibility in both men and women across age and ethnic groups is not plausible. If you're living with obesity, it isn't due to a lack of willpower; it isn't your fault,” he writes.

So what is ultra-processed food, exactly? Van Tulleken describes it as anything wrapped in plastic that has at least one ingredient that you usually wouldn't find in a typical home kitchen. That definition, taken literally, is problematic, because if 60 percent of what's in your pantry is UPF, there's probably some overlap in the ingredient list. So maybe he should have said what you

wouldn't find in a typical home kitchen in the 1940s, or ingredients we can't pronounce or don't recognize, but we get the point, which frankly isn't new. Some years ago, I read a diet book by a chemist who stopped eating processed food when she realized that her angel food cake contained an ingredient she'd used that day in a lab.

And scientists have increasingly been sounding the alarm about artificial sweeteners that we've been using for decades; van Tulleken retells the story of how saccharin was discovered in 1879 by a Johns Hopkins chemist trying to make medical compounds from coal tar. When he accidentally got some on a piece of bread at dinner, the chemist later wrote, “I had discovered or made some coal tar substance that out-sugared-sugar.”

Eating should be simple, van Tulleken argues; the human body has an internal system that tells us what and how much we need, but we have thrown it out of whack by feeding it things the body is not meant to eat. And that doesn't mean we've thrown it out of whack by eating sugar and carbs — when they are real food, not ultra-processed, they're not the problem. So to demonstrate the problem, van Tulleken commits to eating no ultra-processed food for a month, and then 80 percent ultra-processed foods for the next month, all the while being medically monitored. (He also encourages readers to do the same — to “give in — allow yourself to experience UPF's full horror” — while reading the book. Full disclosure: I did not.)

Some of what he ate is similar to products marketed as healthy in our supermarkets — for example, cereal fortified with vitamins, or high-protein granola bars. But while eating a chocolate-chip caramel bar one morning, feeling that it was certainly more healthy than a candy bar, van Tulleken investigates the ingredients and discovers that, in addition to multiple additives, one ingredient was “hydrolysed beef gelatin — cow tendons. It wasn't enjoyable after that.” As one researcher told him, “Most UPF is not food. It's an industrially produced edible substance.” Also, he argues, it's designed to be addictive.

So, how do we stop? Van Tulleken's brother, who struggled with his weight, decided that UPF was an addiction so he stopped eating it altogether. So did the author. Others may be fine eating UPF occasionally, even with the full knowledge of what it is. But knowing what you're eating is the first step in stopping.

But surprisingly, while van Tulleken backs some government policies to

improve labeling and marketing to children, he comes down on the side of freedom and says, "I sincerely don't have a moral opinion about eating UPF. ... I don't care how you feed yourself or your child. The goal should be that you live in a world where you have real choices and the freedom to make them."

Well, yes, but he just spent 300 pages telling us that UPF is killing us, so it seems a strange conclusion to draw.

While van Tulleken's credentials are

impressive, along with his willingness to offer himself up as a guinea pig of sorts, *Ultra-Processed People* is a little bit of a mess, structurally, and in its conclusions.

The best eating advice ever, it seems was, given succinctly by Michael Pollan when he wrote "Eat food. Not too much. Mostly plants." That's mostly what van Tulleken is saying, just more awkwardly. **C** —Jennifer Graham

Books

Author events

• **MELISSA MOORE** will be at Gibson's Bookstore (45 S. Main St. in Concord; 224-0562, gibsonsbookstore.com) to discuss her book *Land of Low Hills*, a history of Loudon, on Thursday, Aug. 17, at 6:30 p.m.

• **ANN BRADEN** will discuss her book *Opinions and Opossums*, a Kids' Indie Next List pick, on Saturday, Aug. 19, at 7 p.m. at the Warner Town Hall. The event is followed by a dessert reception. Tickets are \$10 and books will be available for purchase. Call Main-Street BookEnds at 456-2700 or visit mainstreetbookends.com.

• **KATEE ROBERT** will discuss her novel *Cruel Seduction (Dark Olympus)* at Gibson's Bookstore (45 S. Main St., Concord, 224-0562, gibsonsbookstore.com) on Sunday, Aug. 20, at 4:30 p.m.

History & lectures

• CRUISING NH HISTORY

presented by author Michael Bruno, exploring the state's roadside markers, at Hooksett Public Library (31 Mt. St. Mary's Way, Hooksett, 485-6092) on Friday, Aug. 18, at 11 a.m. Registration is required via hooksetlibrary.org.

• **FBI SPECIAL AGENT JULIA COWLEY** will discuss how she became an FBI profiler and some memorable cases of her career, in an online event presented by Nashua Public Library on Tuesday, Aug. 22, at 7 p.m. via Zoom. Visit nashualibrary.libcal.com to attend.

Poetry

• **MCKENDY FILS-AIME** Haitian American poet and educator (and frequent semi-finalist of the National Poetry Slam) will appear at Beat Night at the Portsmouth Book and Bar (40 Pleasant St. in

Portsmouth) on Thursday, Aug. 17, at 7 p.m., according to a social media post about the event. See bookandbar.com.

• **FROST FARM POETRY CONFERENCE** at Robert Frost Farm (122 Rockingham Road, Derry, 432-3091, roberfrostfarm.org) happens Friday, Aug. 18, through Sunday, Aug. 20, with workshops, readings, meals and a welcoming reception. Keynote speaker is Alfred Nicol. Workshop slots are extremely limited. Visit frostfarmpoetry.org for information and to register.

Writer events

• **PSYCHOLOGY FOR CREATING CHARACTERS** writing workshop with Laurie Schnebly Campbell on Thursday, Aug. 24, at 6 p.m. at Manchester City Library (405 Pine St., Manchester). Go to manchesterlibrary.org to register.

Film

• *Barbie* (PG-13, 2023) will screen at Red River Theatres (11 S. Main St., Concord, 224-4600, redrivertheatres.org) on Thursday, Aug. 17, 4:15 & 7 p.m.; Friday, Aug. 18, through Sunday, Aug. 20, at 1:30, 4:15 & 7 p.m.; Monday, Aug. 21, through Thursday, Aug. 24, at 4:15 & 7 p.m.

• *Oppenheimer* (R, 2023) will screen at Red River Theatres (11 S. Main St., Concord, 224-4600, redrivertheatres.org) on Thursday, Aug. 17, at 3 & 6:45 p.m.; Friday, Aug. 18, and Saturday, Aug. 19, at 2 & 6:30 p.m.; Sunday, Aug. 20, at 12:30 and 4:30 p.m.; Monday, Aug. 21, through Wednesday,

Aug. 23, at 3 and 6:45 p.m.; Thursday, Aug. 24, at 3 p.m.

• *Porco Rosso* (PG, 1992) will screen as part of Studio Ghibli Fest 2023 at Cinemark Rockingham Park in Salem and Regal Fox Run in Newington Sunday, Aug. 20, at 4 p.m. (dubbed) and Tuesday, Aug. 22, at 7 p.m. (subtitled). See fathomevents.com.

• *Beau Brummel* (1924) a silent film presented with live musical accompaniment by Jeff Rapsis will screen on Sunday, Aug. 20, at 2 p.m. at Wilton Town Hall Theatre (40 Main St., Wilton, wiltontownhalltheatre.com, 654-3456).

• *The Wind Rises - 10th Anniversary* (PG, 1992) will screen as

part of Studio Ghibli Fest 2023 at Cinemark Rockingham Park in Salem and Regal Fox Run in Newington Monday, Aug. 21, at 7 p.m. (dubbed) and Wednesday, Aug. 23, at 7 p.m. (subtitled). See fathomevents.com.

• *Golda* (PG-13, 2023) will screen at Red River Theatres (11 S. Main St., Concord, 224-4600, redrivertheatres.org) on Thursday, Aug. 24, at 7 p.m.

• **Summer Movie Express Series**, at Regal Cinemas in (282 Loudon Road, Concord, regmovies.com) on Tuesdays and Wednesdays for \$2 per ticket, often at 2 p.m. *Shrek* and *Kung Fu Panda* on Aug. 22 and Aug. 23.

ATTENTION MIYAZAKI FANS

The 2013 film *The Wind Rises*, written and directed by Hayao Miyazaki, will screen at area theaters as part of a 10th anniversary celebration. Catch the movie on Monday, Aug. 21, at Cinemark Rockingham Park in Salem and Regal Fox Run in Newington as well as the AMCs in Methuen and Tyngsboro — all at 7 p.m., the dubbed version. On Wednesday, Aug. 23, at 7 p.m., catch the subtitled version at those same theaters. See fathomevents.com. The movie is also slated to screen at O'neil Cinemas in Epping on Wednesday, Aug. 23, at 7 p.m. See oneilcinemas.com for tickets.



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By Michael Witthaus
mwitthaus@hippopress.com

• **Active rock:** A triple bill in Concord is topped by **Any Given Sin**, a Maryland quartet that can't be pegged down to any single rock genre, though "Dynamite," the track that helped them on SiriusXM's Octane Test Drive a while back, lines up with any Motley Crüe power ballad. They're joined by Alabama alt rockers **Shallow Side**. Thursday, Aug. 17, 8 p.m., Bank of NH Stage, 16 S. Main St., Concord, \$23.75 at ccanh.com.

• **Alfresco country:** Since debuting with the 2002 heartstring-tugger "The Impossible," **Joe Nichols** has steadily topped the country charts." His latest album, *Good Day for Living* is highlighted by a title track celebrating life's small pleasures. He performs at a driving range that's also a music venue; local musician April Cushman opens. Friday, Aug. 18, 7 p.m., The Range, 96 Old Turnpike Road, Mason, \$48 and up at etix.com.

• **Twang 'n' roll:** Before finding their cowpunk form, the **Supersuckers** followed the lead of the Ramones and Stooges; 30 years on, sole founding member Eddie Spaghetti is nostalgic, and the title cut of the new *Play That Rock N' Roll* name checks some of his punk and metal inspirations. The rest of the disc celebrates fast living, loose morals and hard partying with irreverence and bashing bravado. Saturday, Aug. 19, 8 pm., Jewel Music Venue 61 Canal St., Manchester, \$15 and up at eventbrite.com.

• **Americana master:** In the early 1990s **Mary Chapin Carpenter**'s star rose on country radio, but un-Nashville songs like "This Shirt" and "He Thinks He'll Keep Her" soon found her in a niche occupied by rootsier artists like Shawn Colvin and Marc Cohn. Her latest, *One Night Lonely (Live)*, got a Grammy nomination for Best Folk Album. Brandy Clark opens her area show. Sunday, Aug. 20, 7:30 p.m., Nashua Center for the Arts, 201 Main St., Nashua, \$73 and up at ticketmaster.com.

• **Downunderful:** Named after their small Australian hometown, **Seaforth** is the duo of lifelong friends Tom Jordan and Mitch Thompson, now in Nashville. Their love of country music was inspired by fellow Aussie Keith Urban, whom they jokingly call "Uncle Keith." Songs like "Good Beer," a collaboration with Jordan Davis, go down as easy as the brewing company sponsoring their area show. Monday, Aug. 21, 7 p.m., The Goat, 50 Old Granite St., Manchester. See weaareseaforth.com. 🍷

NITE

Looking forward

No More Blue Tomorrows celebrates debut LP

By Michael Witthaus
mwitthaus@hippopress.com

Anyone searching for hope in the regional music scene will be heartened by No More Blue Tomorrows. The Nashua trio's eponymous first album covers a bevy of bases, all of them well. The opening track, "It's Kind of a Funny Story," pulses with power, recalling a young, hungry Green Day. It's followed by the cowpunk rave-up "Lonely."

This scorching one-two punch continues with a masterpiece of symphonic pop. "If You're Around" is a lost-love power ballad that builds to a roaring crescendo recalling the Goo Goo Dolls' '90s hit "Iris." With cello, violin and layered harmonies, the song improves with each listen.

Lead singer and principal lyricist Connor Coburn co-wrote it with Cameron Gilhooly, his former bandmate in Hunter. Coburn left the group, along with NMBT bass player Peter Davis, in 2019. The way it came to be is, to continue a theme, something of a funny story, Coburn explained in a recent phone interview.

"Me and Zak [Lombard, NMBT guitarist] started recording it at the studio one night, really late," he said. "We're drinking, smoking cigarettes. Peter was out partying somewhere, and he came back. It's like two in the morning, and I say, 'Hey, Peter, record your guitar parts, record your drum parts.' We're doing all this recording at three in the morning when we're all kind of drunk, and it just works."

The band's moniker references a line from the David Lynch movie *Inland Empire*. Its cool sound is the main reason Coburn and his mates chose it, but also because picking a name can be harder than writing a song, and they were exhausted by the process. "It's the worst part of being in a band," he said, adding that maybe there is a bit more to it.

"If you want a deeper ... *fake* explanation, it's in a very dark scene in the movie, but it has kind of a positive sound to it. So it has this kind of duality.... I

No More Blue Tomorrows

When: Thursday, Aug. 17, 6 p.m.
Where: Penuche's, 4 Canal St., Nashua
More: nomorebluetomorrows.com
Album release show on Saturday, Aug. 25, 9:30 p.m., Peddler's Daughter, 48 Main St., Nashua



No More Blue Tomorrows. Courtesy photo.

think our music kind of has that too. It's a little dark and a little somber and a little edgy, but also kind of upbeat and fun."

They do get playful, on "For Forever," an Americana romp with honey-sweet pedal steel guitar that's another of many album highlights. Another gem is "Real as a Heart Attack," a country punk car chase of a song that draws from many of Coburn's biggest inspirations.

"Whiskey Town is a big influence of mine, and Ryan Adams," he said. "Rhett Miller, obviously Old 97s is a huge influence, but also old-school '70s punk and '80s punk. It's a lot of different things, but we managed to bring it together."

Many of the songs came out of Coburn leaving Hunter after five years with the NEMA-winning group. He and Davis quit on the same night.

"We were both feeling like we had outgrown the band in a sense," he said. "It just kind of stopped working at a certain point. I needed to do my own thing and have a little bit more freedom."

There aren't any hard feelings, he continued; it was simply time to move on.

"We all still talk, there's no animosity, but things had gotten kind of rocky at the end. I was like, yeah, I'm already writing songs with them and for them, I may as well just do this for myself with more creative leeway. Peter was like, 'Yeah,

let's do that.'"

The first song completed in the wake of Hunter's dissolution was "Chaperone," which Coburn began while still in the band. "I wrote it in the van while we were on tour," he said. "We had even started playing bits of it in shows. Me and Cam would sound check with it, play a verse or two. That was kind of the first song that really got me out of that band. ... Musically, it signified a pretty big shift for me. It's kind of a punky, anti-conformity song."

NMBT first played live in mid-2021 and have gigged "relentlessly" all over New England. They have four area appearances to close out the month. They're in Nashua at Penuche's Aug. 17, San Francisco Kitchen Aug. 24 and Peddler's Daughter on Aug. 25 — the latter is a release show, then Labelle Winery in Amherst on Aug. 31.

With an album finally out, they're ready to take the next step and tour nationally, but for now will savor the achievement.

"We listened to the final mix [and] the whole time, we were like, holy crap, did we create this?" Coburn said. "It's funny when it goes from the stage of a dive bar to a record that sounds really good and you're really happy with." 🍷

MUSIC THIS WEEK

Alton Bay Docks Restaurant 6 East Side Drive, 855-2222	found Lake Inn 1030 Mayhew Tpk., 744-9111	11 Hills Ave., 224-5669	Fody's Tavern 187 Rockingham Road, 404-6946	Farmington Hawg's Pen 1114 Route 11, 755-3301	Hampton Beach Sea Shell Stage Events are on southern stage	9 Riverside St., 485-7761	Bernini Pizzeria and Wine Bar 1135 Union Ave., 527-8028
Foster's Tavern 403 Main St., 875-1234	Brookline The Alamo Texas Barbecue & Tequila Bar 99 Route 13, 721-5000	Lithermans 126 Hall St., Unit B	Dover Cara Irish Pub & Restaurant 11 Fourth St., 343-4390	Francestown Old Meetinghouse 1 New Boston Road, 731-5119	L Street Tavern 603 17 L St., 967-4777	Hudson The Bar 2B Burnham Road	Fratello's 799 Union Ave., 528-2022
Auburn Auburn Pitts 167 Rockingham Road, 622-6564	Averill House Winery 21 Averill Road, 371-2296	T-Bones 404 S. Main St., 715-1999	Epping Holy Grail 64 Main St., 679-9559	Gilford Beans and Greens 245 Intervale Road, 293-2853	Sea Ketch 127 Ocean Blvd., 926-0324	Luk's Bar & Grill 142 Lowell Road, 889-9900	Naswa Resort 1086 Weirs Blvd., 366-4341
Bedford Copper Door 15 Leavy Dr., 488-2677	Canterbury Farmers Market 9 Center Road	Uno Pizzeria 15 Fort Eddy Road, 226-8667	Railpenny Tavern 8 Exeter Road, 734-2609	Patrick's 18 Weirs Road, 293-0841	Shane's Texas Pit 61 High St., 601-7091	Lynn's 102 Tavern 76 Derry Road, 943-7832	T-Bones 1182 Union Ave., 528-7800
Murphy's Carriage House 393 Route 101, 488-5875	Canterbury Shaker Village 288 Shaker Road, 783-9511	Contoocook Farmers Market 896 Main St., 746-3018	Telly's Restaurant & Pizzeria 235 Calef Hwy., 679-8225	Goffstown Stonebridge Country Club 181 Gorham Pond Road, 497-8633	Smuttynose Brewing 105 Towle Farm Road	T-Bones 77 Lowell Road, 882-6677	Tower Hill Tavern 264 Lakeside Ave., 366-9100
T-Bones 169 S. River Road, 623-7699	Concord Area 23 State Street, 881-9060	Gould Hill Farm & Contoocook Cider Co. 656 Gould Hill Road, 746-3811	Epsom Hill Top Pizzeria 1724 Dover Road, 736-0027	Village Trestle 25 Main St., 497-8230	Wally's Pub 144 Ashworth Ave., 926-6954	Jaffrey Park Theatre 19 Main St., 532-9300	The Wreck Yard 322 Lakeside Ave.
Boscawen Avaloch Farm 16 Hardy Ln., 796-2270	Cheers 17 Depot St., 228-0180	Deerfield The Lazy Lion 4 North Road, 463-7374	Exeter Sea Dog Brewing Co. 5 Water St., 793-5116	Hampton Bernie's Beach Bar 73 Ocean Blvd., 926-5050	Whym Craft Pub & Brewery 853 Lafayette Road, 601-2801	Kensington The Farm at Eastman's Corner 224 Amesbury Road, 347-1909	Litchfield Day of the Dead Mexican Taqueria Mel's Funway Park 454 Charles Bancroft Highway, 377-7664
Bow Chen Yang Li 520 S. Bow St., 228-8508	Courtyard by Marriott Concord 70 Constitution Ave.	Derry Amphora 55 Crystal Ave., 537-0111	Shooters Pub 6 Columbus Ave., 772-3856	Bogie's 32 Depot Square, 601-2319	Henniker Angela Robinson Bandstand Community Park, Main Street	Kingston Saddle Up Saloon 92 Route 125, 369-6962	Londonderry Coach Stop Restaurant & Tavern 176 Mammoth Road, 437-2022
Bridgewater Sal's Birch Bar, New-	Hermanos Cocina Mexicana			CR's The Restaurant 287 Exeter Road, 929-7972	Hillsboro Main Street Grill and Bar 126 W. Main St., 290-4887	Laconia Anthony's Pier 263 Lakeside Ave., 527-8345	Stumble Inn 20 Rockingham Road, 432-3210
				The Goat 20 L St., 601-6928	Hooksett Robie's Country Store	Belknap Mill 25 Beacon St. E., No. 1, 524-8813	

Thursday, Aug. 17

Auburn Auburn Pitts: open jam, 7 p.m.	Epping Railpenny: Brian Walker, 6 p.m. Telly's: Gypsy Wild, 7 p.m.	Lewis Goodwin, 8:30 p.m. Sea Shell: Martin and Kelly, 7 p.m. Smuttynose: Rob & Jody, 6:30 p.m. Whym: music bingo, 6 p.m.	Firefly: Ryan Williamson, 5 p.m. Foundry: Paul Driscoll, 5 p.m. Fratello's: Chris Cavanaugh, 6 p.m. Goat: Cox Karaoke, 8 p.m. KC's Rib Shack: Jonny Friday, 6 p.m. Murphy's: Chris Perkins, 5:30 p.m. Shaskeen: Christen Newell, 9 p.m. Strange Brew: Town & Country, 8 p.m.	Mason The Range: Sheepdip, 5 p.m.	musical bingo, 6:30 p.m. Riley's Place: open mic, 7 p.m.
Bedford Copper Door: Charlie Chronopoulos, 6 p.m. Murphy's: Pete Peterson, 5:30 p.m. T-Bones: Johnny Angel, 6 p.m.	Epsom Hill Top: music bingo w/ Jennifer Mitchell, 7 p.m.	Hudson Luk's: Chris Cyrus, 7 p.m. Lynn's 102: karaoke w/George Bisson, 8 p.m. T-Bones: Chris Taylor, 6 p.m.	Kingston Saddle Up Saloon: karaoke w/DJ Jason, 7 p.m.	Meredith Giuseppe's: Joel Cage, 5:45 p.m.	Nashua Fody's: DJ Rich Karaoke, 9:30 p.m. San Francisco Kitchen: Brad Myrick, 6:30 p.m. Shorty's: Chad LaMarsh, 6 p.m.
Brookline Alamo: open mic with Travis Rollo, 6 p.m.	Farmington Hawg's Pen: open mic, 7 p.m.	Kingston Saddle Up Saloon: karaoke w/DJ Jason, 7 p.m.	Laconia Anthony's Pier: Blackout Summers, 6 p.m. Fratello's: Casey Roop, 6 p.m. Naswa: Mackenzie Lee Clement, 5:30 p.m. Tower Hill: karaoke w/ Luke Skyrocker, 8 p.m.	Merrimack Homestead: Lou Antonucci, 6 p.m. Tortilla Flat: Sam Hammerman, 6 p.m.	Portsmouth Gas Light: Mitch Alden, 2 p.m.; Dana Brearley Duo, 7 p.m.
Concord Area 23: karaoke, 6 p.m. Cheers: Ralph Allen, 6 p.m. Hermanos: Scott Solsky, 6:30 p.m. Lithermans: Andrea Paquin, 5:30 p.m. T-Bones: Doug Thompson, 6 p.m.	Gilford Beans and Greens: Kimayo, 5 p.m.	Manchester Cactus Jack's: Chris Lester, 6 p.m. City Hall Pub: The Latchkey Gang Band, 7 p.m. Currier: Luna Trio, 5 p.m. Derryfield: D-Comp, 6 p.m.		Milford Pasta Loft: Justin Cohn, 6 p.m.;	

Music, live and in person

These listings for live music are compiled from press releases, restaurants' websites and social media and artists' websites and social media. Call the venue to check on special rules and reservation instructions. Get your gigs listed by sending information to adiazz@hippypress.com.



BLUES FEST

It's an afternoon of blues on Saturday, Aug. 26, from noon to 4 p.m. at the Londonderry town common during the 9th Annual Blues Festival. The festival is free and is slated to feature Rik-Sha Blues Band (noon), Kan-Tu Blues Band (1:15 p.m.) and Dr. Harp's Blues Revue Band (2:30 p.m.), according to a press release. The day will feature a 50/50 raffle, local vendors, crafters, food and more, with proceeds from the raffle and vendors benefiting the Combat Vets Association, which provides assistance to veterans, veteran care facilities and other veteran organizations and registered charities throughout New England, the release said.

Manchester Backyard Brewery 1211 S. Mammoth Road, 623-3545	The Goat 50 Old Granite St.	Stark Park Bandstand River Road	Tomahawk Tavern 454 Daniel Webster Hwy., 365-4960	44 Gusabel Ave., 864-8348	Northfield Boonedoxz Pub 95 Park St., 717-8267	Field of Dreams Community Park 48 Geremonty Drive	760-7706
Bonfire 950 Elm St., 663-7678	The Hill Bar & Grille McIntyre Ski Area 50 Chalet Ct., 622-6159	Strange Brew 88 Market St., 666-4292	Tortilla Flat 595 Daniel Webster Hwy., 424-4479	Millyard Brewery 125 E. Otterson St., 722-0104	Penacook American Legion Post 31 11 Charles St., 753-9372	Luna Bistro 254 N. Broadway, 458-2162	Red's Kitchen + Tavern 530 Lafayette Road, 760-0030
CJ's 782 S. Willow St., 627-8600	KC's Rib Shack 837 Second St., 627-RIBS	To Share Brewing 720 Union St., 836-6947	Milford The Pasta Loft 241 Union Square, 672-2270	Pressed Cafe 108 Spit Brook Road, 718-1250	Portsmouth The Gas Light 64 Market St., 430-9122	T-Bones 311 South Broadway, 893-3444	Somersworth Earth Eagle North 350 Route 108, 841-5421
City Hall Pub 8 Hanover St., 232-3751	Olympus Pizza 506 Valley St., 644-5559	Wild Rover 21 Kosciuszko St., 669-7722	Riley's Place 29 Mont Vernon St., 380-3480	San Francisco Kitchen 133 Main St., 886-8833	The Gas Light 64 Market St., 430-9122	Tuscan Village 9 Via Toscana, 212-9650	Strafford Independence Inn 6 Drake Hill Road, 718-3334
Currier Museum of Art 150 Ash St., 669-6144	Murphy's Taproom 494 Elm St., 644-3535	Mason The Range 96 Old Turnpike Road, 878-1324	Stonecutters Pub 63 Union Square, 213-5979	Shorty's Mexican Roadhouse 48 Gusabel Ave., 882-4070	The Goat 142 Congress St., 590-4628	Salisbury Black Bear Vineyard & Winery 289 New Road, 648-2811	Sunapee The Livery in Sunapee Harbor 58 Main St., thelivery.org
Derryfield Country Club 625 Mammoth Road, 623-2880	Pizza Man 850 E. Industrial Park Drive, 623-5550	Meredith Giuseppe's 312 Daniel Webster Hwy., 279-3313	Moultonborough Buckey's 240 Governor Wentworth Hwy., 476-5485	Sky Meadow Country Club 6 Mountain Laurels Dr., 888-9000	Mojo's West End Tavern 95 Brewery Lane, 436-6656	Seabrook Backyard Burgers & Wings 5 Provident Way, 760-2581	Tilton Pour Decisions 500 Laconia Road, 527-8066
Firefly 21 Concord St., 935-9740	Salona Bar & Grill 128 Maple St., 624-4020	Lakeview Tavern 7 Main St., 677-7099	Nashua Fody's Tavern 9 Clinton St., 577-9015	New Boston Common 7 Meetinghouse Hill Road	Press Room 77 Daniel St., 431-5186	Beach Deck Bar & Grill 207 Ocean Blvd., 814-1562	Windham Old School Bar & Grill 49 Range Road, 458-6051
The Foundry 50 Commercial St., 836-1925	Shaskeen Pub 909 Elm St., 625-0246	Twin Barns Brewing 194 Daniel Webster Hwy., 279-0876	Greeley Park Bandshell 100 Concord St.	Molly's Tavern & Restaurant 35 Mont Vernon Road, 487-1362	Rochester Porter's 19 Hanson St., 330-1964	Salem Copper Door 41 S. Broadway, 458-2033	Chop Shop Pub 920 Lafayette Road,
Fratello's 155 Dow St., 624-2022	South Side Tavern 1279 S. Willow St., 935-9947	Merrimack Homestead 641 Daniel Webster Hwy., 429-2022	Haluwa				

The Goat: Isaiah Bennett, 9 p.m.	Friday, Aug. 18	Epping Holy Grail: Peter Pappas, 6:30 p.m.	CR's: Bob Tirelli, 6 p.m.	The Wreck Yard: live music, 8 p.m.
Salem Copper Door: Bella Perrotta, 5 p.m.	Bedford Murphy's: Sam Hammerman, 6 p.m.	Railpenny: The Petty Thieves, 6 p.m.	The Goat: Alex Anthony, 8 p.m.	Litchfield Day of the Dead Taqueria: karaoke with DJ Brian, 7 p.m.
Field of Dreams: B-Street Bombers, 6:30 p.m.	Boscawen Avaloch: Dither Electric Guitar Quartet, Aventure Piano Duo, Suore Piano Trio, Sxip Shirey and Coco Karol, 7:30 p.m.	Telly's: Tim Theriault, 8 p.m.	L Street: Craig Lagrassa, 3:30 p.m.; Chris Powers, 8 p.m.	Manchester Backyard Brewery: Ryan Williamson, 6 p.m.
T-Bones: Dave Zangri, 6 p.m.	Brookline Alamo: Matt Borrello, 6 p.m.	Exeter Shooters: John Given & Mercenaries, 6 p.m.	Sea Ketch: Clint Lapointe, 1 p.m.; Ray Zerkle, 8:30 p.m.	Londonderry Coach Stop: Joanie Cicatelli, 6 p.m.
Tuscan: Darren Bessette Band, 6 p.m.	Concord Area 23: Gardner Berry, 8 p.m.	Gilford Beans and Greens: Jack Ancora, 6 p.m.	Sea Shell: Mr. Aaron, 11 a.m.; Mattson & Love Rocket, 7 p.m.	Stumble Inn: Jonny Friday, 3:30 p.m.; Mt. Pleasant, 8 p.m.
Seabrook Backyard Burgers: Jennifer Mitchell, 6 p.m.	Hermanos: Tim Hazelton, 6:30 p.m.	Patrick's Pub: Tiki Thom Starkey, 6 p.m.	Wally's: Chris Toler, 3 p.m.	Manchesteer Derryfield: Swipe Right Duo, 6 p.m.; Off the Record, 8 p.m.
Red's: Mockingbird, 8 p.m.	Concoocook Cider Co.: Kimayo, 5 p.m.	Hampton Bernie's: Stefanie Jasmine Band, 8 p.m.	Why: Travis Rollo, 6:30 p.m.	Firefly: Chris Gardner, 6 p.m.
Somersworth Earth Eagle: open mic w/Dave Ogden, 6 p.m.			Hillsboro Main Street: Tequila Jim, 6 p.m.	Lynn's 102: karaoke w/George Bisson, 8 p.m.
Tilton Pour Decisions: music bingo, 7 p.m.			Hudson Luk's: Jenni Lynn Duo, 7 p.m.	Laconia Anthony's Pier: D-Comp, 6 p.m.



SMOOTH SAILING

If you miss the days when Christopher Cross, Steely Dan and the Doobie Brothers ruled the radio, you'll want to check out **AM Gold Yacht Rock**. This soft rock ensemble is keeping the easygoing genre alive with their entertaining live sets. They dock at Lakeport Opera House (781 Union Ave., Laconia, 519-7506, lakeportopera.com) on Friday, Aug. 18, at 8 p.m. Tickets range from \$25 to \$320, plus fees.



CHRON COMEDY

You've heard him on Marc Maron's podcast and seen him on *Last Comic Standing*. Catch local comedy legend **Dan Crohn** at Headliners (DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedyclub.com) on Saturday, Aug. 19, at 8:30 p.m. Tickets cost \$20, plus fees.

Milford
Pasta Loft: Two Drink Minimum, 8 p.m.
Stonecutters Pub: DJ Dave O karaoke, 9 p.m.

Moultonborough
Buckey's: April Cushman, 7 p.m.

Nashua
Haluwa: Terminal Velocity, 8:30 p.m.
Millyard: Ted Solovicos, 6:30 p.m.
San Francisco Kitchen: Tyler Levs, 6:30 p.m.
Sky Meadow: Jamie Caine, 4 p.m.

New Boston
Molly's: Chad Verbeck Duo, 7 p.m.

Northfield
Boonedoxz Pub: karaoke night, 7 p.m.

Penacook
American Legion Post 31: Jennifer Mitchell, 7 p.m.

Portsmouth
Gas Light: Chris Powers, 2 p.m.; Blue Matter, 7 p.m.; Krystian Beal, 9:30 p.m.
The Goat: Chris Toler, 9 p.m.

Salem
Luna Bistro: Phil Jakes, 7 p.m.
Tuscan: Souled Out Show Band, 7 p.m.

Seabrook
Chop Shop: Casual Gravity Rocks, 7:30 p.m.
Red's: Key Elements, 9 p.m.

Tilton
Pour Decisions: Brooks Young, 7 p.m.

Saturday, Aug. 19
Bedford
Murphy's: Paul Gormley, 6 p.m.

Brookline
Alamo: The Incidentals, 6 p.m.
Averill House: Andrea Paquin, 1:30 p.m.

Bow
Chen Yang Li: Josh Foster, 7 p.m.

Concord
Area 23: Acoustic Circle with Sam McKenna, 2 p.m.; Magical Mystery Tour, 8 p.m.
Hermanos: live music, 6:30 p.m.
Lithermans: Andrew North & The Rangers, 4 p.m.
Rollins Park: Doug Farrell, 12:30 p.m.
SunFox Farm Sunflower Bloom Festival: Sam Hammerman, 10 a.m.; Slim Volume, 1 p.m.; Cat Faulkner, 4 p.m.; Justin Cohn, 5:45 p.m.

Contoocook
Cider Co.: Brad Myrick, 3 p.m.; Scott King, 4:30 p.m.
Contoocook Farmers Market: Scott Solsky, 9 a.m.

Epping
Railpenney: Common Ground Acoustic, 6 p.m.
Telly's: Sipe Right Duo, 8 p.m.

Exeter
Shooters: Tim Theriault, 6 p.m.

Gilford
Patrick's Pub: Joel Cage, 6 p.m.

Goffstown
Stonebridge: Cara Brindisi, 7 p.m.
Village Trestle: Mugshot Monday full band, 6 p.m.

Hampton
Bernie's: MB Padfield, 1 p.m.; Fighting Friday, 8 p.m.
The Goat: Russ Six Music, 9 p.m.
L Street: Bob Tirelli, 3:30 p.m.; Keith Crocker, 8 p.m.
Sea Ketch: Ryan Williamson, 1 p.m.; Freddie Catalfo, 8:30 p.m.
Sea Shell: Reggae Fest, 3 p.m.
Smuttnose: Harrison Goodell, 1 p.m.
Whym: Peter Pappas, 6:30 p.m.

Hudson
Lynn's 102: Red Line, 8:30 p.m.

Kensington
The Farm at Eastman's Corner:

Hubcap Romeo, 2 p.m.
Laconia
Fratello's: Chris Taylor, 6 p.m.
Lakeview Tavern: Nicole Knox Murphy, 6 p.m.
Naswa: Caroline Gray, 4 p.m.
Tower Hill: line dancing, 7 p.m.
The Wreck Yard: Eric Lindberg Band, 6 p.m.

Londonderry
Coach Stop: Jeff Mrozek, 6 p.m.
Stumble Inn: Luminicity Band, 8 p.m.

Manchester
Backyard Brewery: Conor & Zeb, 6 p.m.
Bonfire: Lexi James, 7 p.m.
Derryfield: Mugsy Duo, 6 p.m.; The Slakas, 8 p.m.
Firefly: Liz Ridgley, 6 p.m.
Fratello's: Sam Hammerman, 6 p.m.
Foundry: Tyler Levs, 6 p.m.
The Goat: Musical Brunch with Brooks Hubbard, 10 a.m.
The Hill: Chris Cavanaugh, 5:30 p.m.
KC's: Austin McCarthy, 6 p.m.
Murphy's: Doug Thompson, 5:30 p.m.; Mo Bounce, 9:30 p.m.
Shaskeen: Midnight Spaghetti & The Chocolate Covered G Strings, 9 p.m.
Wild Rover: Chris Gardner, 5 p.m.

Meredith
Giuseppe's: David Lockwood, 6 p.m.
Lakeview Tavern: NKM, 6 p.m.
Twin Barns: Noah Hudson, 3 p.m.

Merrimack
Homestead: Marc Apostolides, 6 p.m.
Tomahawk: Jae Mannion, 5 p.m.

Milford
Pasta Loft: The Milk Crates, 8:30 p.m.

Nashua
Haluwa: Terminal Velocity, 8:30 p.m.
Millyard: Straight Jacket, 4 p.m.
Sky Meadow: Jamie Caine, 3 p.m.

New Boston
Molly's: Diversity Duo, 7 p.m.

Portsmouth
Gas Light Pub: Dave Clark, 2 p.m.; Dis-n-Dat, 7 p.m.; Casey Roop, 9:30 p.m.
The Goat: Mike Forgetting, 9 p.m.

Salem
Luna Bistro: Lou Antonucci, 7 p.m.
Tuscan: Greg Klyma, 2 p.m.; Dwayne Haggins band, 7 p.m.

Salisbury
Black Bear: Lisa Guyer, 2 p.m.

Seabrook
Chop Shop: DoublShot, 9 p.m.
Red's: Redemption Band, 9 p.m.

Tilton
Pour Decisions: karaoke, 7:30 p.m.

Weare
Cold Springs: Neon Rodeo, 7:30 p.m.

Sunday, Aug. 20
Bedford
Copper Door: Marc Apostolides, 11 a.m.
Murphy's: Dave Zangri, 4 p.m.

Brookline
Alamo: Daniel Gay, 4 p.m.
Averill House: Matt Borrello, 1:30 p.m.

Canterbury
Shaker Village: Peabody's Cole Train, 4 p.m.

Concord
Cheers: Henry LaLiberte, 5 p.m.
Sunfox Farm: Eric Lindberg, 10 a.m.; Rebecca Turmel, 1 p.m.; Mikey G, 4 p.m.; Justin Cohn, 5:45 p.m.

Contoocook
Cider Co.: Brad Myrick, 3 p.m.

Epping
Railpenney: SuperDry, noon

Fracestown
Old Meeting House: The Ruta

Beggars, 4 p.m.
Goffstown
Village Trestle: Bob Pratte acoustic session, 3:30 p.m.

Hampton
L Street: Johnny Angel, 3:30 p.m.; Chris Powers, 8 p.m.
The Goat: Justin Jordan, 1 p.m.
Sea Ketch: Ray Zerkle, 1 p.m.; Matt Luneau, 8:30 p.m.
Sea Shell: The Little Mermen (Disney cover band), 7 p.m.
Smuttnose: Mica Peterson Duo, 1 p.m.
Wally's: MB Padfield, 2 p.m.

Hooksett
Robie's Country Store: NKM, 11 a.m.

Hudson
Lynn's 102: Two Unplugged, 4 p.m.

Kensington
The Farm at Eastman's Corner: Bitter Pill, 2 p.m.

Laconia
Bernini's: Don Severance, 5 p.m.
Fratello's: Lou Antonucci, 6 p.m.
Naswa: Stefanie Jasmine, 4 p.m.
T-Bones: Casey Roop, 4 p.m.

Londonderry
Stumble Inn: 603's, 4 p.m.

Manchester
Derryfield: Chad LaMarsh, 5 p.m.
Firefly: Chuck Alaimo, 11 a.m.
Foundry: Brad Myrick, 10 a.m.
The Goat: Mike Forgetting, 10 a.m.
KC's: Doug Mitchell, 3 p.m.
Murphy's: Ryan Williamson, 3 p.m.
Stark Park: Wolverine Jazz Band, 2 p.m.
Strange Brew: One Big Soul Jam, 7 p.m.
To Share: open mic, 4 p.m.

Mason
The Range: Tas Cru, 3 p.m.

Meredith
Giuseppe's: open mic w/ Lou Porrazzo, 5:30 p.m.

Milford
Riley's Place: open mic w/ Blues Jam, 1 p.m.

New Boston
Molly's: Jason Michelson, 1 p.m.

Northfield
Boonedoxz Pub: open mic, 4 p.m.

Portsmouth
Gas Light: Jordan Quinn, 2 p.m.; Whatsername Band, 6 p.m.
The Goat: Rob Pagnano, 9 p.m.

Salem
Copper Door: Phil Jacques, 11 a.m.
Luna Bistro: Lilly Innella, 4 p.m.
Tuscan: Jah Spirit, 2 p.m.; Rich Amorim, 6 p.m.

Seabrook
Beach Deck: Acoustic Tandem, 4 p.m.
Red's: Tim Parent & The Grim Bros, 8 p.m.

Windham
Old School: All Day Fire, 2 p.m.

Monday, Aug. 21
Bedford
Murphy's: Chris Lester, 5:30 p.m.

Dover
Cara Irish Pub: open mic, 8 p.m.

Gilford
Patrick's Pub: open mic w/John McArthur, 6 p.m.

Hampton
The Goat: Caylin Costello, 9 p.m.
L Street: Dave Clark, 2:30 p.m.; Carl Chloros, 7 p.m.
Sea Ketch: Ray Zerkle, 1 p.m.; Doug Mitchell, 8:30 p.m.
Sea Shell: The Apathetics, 7 p.m.
Wally's: Brooks Hubbard, 2 p.m.

Hudson
The Bar: karaoke with Phil, 7:30 p.m.

Laconia
Fratello's: Jordan Quinn, 6 p.m.
Mt Washington Cruise: Henry LaLiberte, 6 p.m.



COMEDY FOR A CAUSE

Want to laugh yourself silly for a good cause? New England comedians **Tony V**, **Steve Scarfo** and **Ryan Gartley** head up an evening of comedy to benefit the Franklin Animal Shelter. The show starts at 8 p.m. on Friday, Aug. 17, and tickets cost \$50 plus fees.



MIKO MARKS

Catch country and Americana singer-songwriter Miko Marks on Saturday, Aug. 19, at 8 p.m. at the Bank of NH Stage (16 S. Main St. in Concord; ccanh.com). Doors open at 7 p.m. Tickets cost \$30 general admission, \$43.75 for reserved balcony seating; \$5 more at the door. Marks released the album *Feel Like Coming Home* in 2022. See mikomarks.com.

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NITE MUSIC THIS WEEK

Londonderry

Stumble Inn: Lisa Guyer, 7 p.m.

Manchester

Fratello's: Phil Jacques, 6 p.m.

The Goat: David Campbell, 9 p.m.

Murphy's: Sean Haidaichuck, 5:30 p.m.

Salona: music bingo with Jennifer Mitchell, 6 p.m.

Merrimack

Homestead: Ralph Allen, 6 p.m.

Nashua

Fody's: karaoke night, 9:30 p.m.

Portsmouth

Gas Light: Jonny Friday, 2 p.m.; Lewis Goodwin, 7:30

The Goat: Good Thomas's musical bingo, 7 p.m.; Alex Anthony, 9 p.m.

Tuesday, Aug. 22

Bedford

Murphy's: Chris Cavanaugh, 5:30 p.m.

Concord

Hermanos: Paul Bourgelais, 6:30 p.m.

Tandy's: open mic, 8 p.m.

Hampstead

Meetinghouse Park: Martin and Kelly Band, 6 p.m.

Hampton

Bernie's: Chris Toler, 7 p.m.

The Goat: Mike Forgette, 9 p.m.

L Street: Bob Tirelli, 2:30 p.m.; Keith Crocker, 7 p.m.

Sea Ketch: Clint Lapointe, 1 p.m.; Mike Mazola, 8:30 p.m.

Sea Shell: Club Soda, 7 p.m.

Shane's: music bingo, 7 p.m.

Wally's: Mike Forgette, 3 p.m.

Henniker

Henniker Commons: Kotoko Brass, 6:30 p.m.

Laconia

Fratello's: Eric Grant, 6 p.m.

Londonderry

Stumble Inn: Jodee Frawlee, 6 p.m.

Manchester

Fratello's: Chris Lester, 6 p.m.

The Goat: Monkey Knife Fight Lite, 9 p.m.

KC's Rib Shack: Paul & Nate open mic, 7 p.m.

Murphy's: Colin Hart, 5:30 p.m.

Strange Brew: David Rousseau, 8 p.m.

Merrimack

Homestead: Jeff Mrozek, 6 p.m.

Nashua

Greeley Park: After Hours Big Band, 7 p.m.

New Boston

Common: The Island Castaways Band, 6 p.m.

Portsmouth

Earth Eagle: open mic, 6 p.m.

Gas Light: Krystian Beal, 2 p.m.; Mitch Alden, 7:30 p.m.

The Goat: Isaiah Bennett, 8 p.m.

Seabrook

Backyard Burgers: music bingo with Jennifer Mitchell, 7 p.m.

Red's: Jordan Quinn, 8 p.m.

Wednesday, Aug. 23

Bedford

Murphy's: Chris Powers, 5:30 p.m.

Canterbury

Farmers Market: 2nd Time Around - Michelle Sanborn, 4 p.m.

Concord

Courtyard Marriott: Tyler Levs, 5 p.m.

Hermanos: Jonathan Foster, 6:30 p.m.

Tandy's: karaoke, 8 p.m.

Uno Pizzeria: Brad Myrick, 6 p.m.

Derry

Amphora: Bella Perrotta, 7 p.m.
Fody's: karaoke, 7 p.m.

Hampton

Bernie's: Alex Anthony Trio, 7 p.m.

The Goat: Justin Jordan, 8 p.m.

L Street: Johnny Angel, 2:30 p.m.; Craig Lagrassa, 7 p.m.

Sea Ketch: Dave Gerard, 1 p.m.

Sea Shell: The Continentals, 7 p.m.

Wally's: Jonny Friday Duo, 3 p.m.; live band karaoke, 8 p.m.

Hudson

Lynn's 102: Triple Play, 7 p.m.

Kingston

Saddle Up Saloon: Musical Bingo Nation, 7 p.m.

Laconia

Fratello's: John Stanley Shelley, 6 p.m.

Naswa: Henry Laliberte, 4 p.m.

Londonderry

Stumble Inn: Tom Rousseau, 6 p.m.

Manchester

Derryfield: Rebecca Turmel, 6 p.m.

Fratello's: Ralph Allen, 6 p.m.

The Goat: line dancing, 7 p.m.;

Mike Forgette, 10 p.m.

Murphy's: Joe Winslow Duo, 5:30 p.m.

Stark Brewing: Cox karaoke, 8 p.m.

Strange Brew: open mic w/ Will Bemiss, 8 p.m.

Merredith

Giuseppe's: Mary Fagan, 5:45 p.m.

Merrimack

Homestead: Tim kierstead, 6 p.m.

Milfford

Stonecutters Pub: open mic, 8 p.m.



HAMPTON BEACH COMEDY FESTIVAL

The five days of laughs continues through Sunday, Aug. 20, at McGuirk's Ocean View Hotel and Restaurant (95 Ocean Blvd. in Hampton Beach). Five or six comedians, plus host Jimmy Dunn, perform each night. Tickets to each night cost \$20 plus fees. Comedian and organizer Jimmy Dunny spoke to Michael Witthaus about the festival for last week's (Aug. 10) issue of the Hippo. Go to hippypress.com to find the e-edition and check out the cover story on upcoming comedy shows starting on page 10. See hampton-beach-comedy-festival.weebly.com. Jimmy Dunn. Courtesy photo.

COMEDY THIS WEEK AND BEYOND

• **Hampton Beach Comedy Festival from Scamps Comedy Production** McGuirk's in Hampton Beach (hamp-ton-beach-comedy-festival.weebly.com), Wednesday, Aug. 16, through Sunday, Aug. 20, 8 p.m.
 • **Accidentally On Purpose Improv** LaBelle (14 Route 111, Derry, 672-9898, labellewinery.com), Thursday, Aug. 17, 8 p.m.
 • **Franklin Animal Shelter Comedy Night** Colonial Laco-nia (609 Main St., Laconia, 800-657-8774, coloniallaconia.com), Thursday, Aug. 17, 8 p.m.

• **Al Park & special guest Rex** (23 Amherst St., Manchester, 668-5588, palacetheatre.org), Friday, Aug. 18, 7:30 p.m.
 • **Mother of a Comedy Show with Kelly MacFarland, Kerri Louise & Christine Hurley** Nashua Center for the Arts (201 Main St., Nashua, 800-657-8774, nashuacenterforthearts.com), Friday, Aug. 18, at 8 p.m.
 • **Mark Riley** Averill House (21 Averill Road, Brookline, 371-2296, averillhousevineyard.com), Saturday, Aug. 19, 5:30 p.m.

• **Tim Dillon** Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoball-room.com), Saturday, Aug. 19, 7 p.m.
 • **Dan Crohn** Headliners (DoubleTree By Hilton, 700 Elm St., Manchester, headlinerscomedy-club.com), Saturday, Aug. 19, 8:30 p.m.
 • **Kelly MacFarland & Carolyn Plummer** LaBelle (345 Route 101, Amherst, 672-9898, labellewinery.com) Thursday, Aug. 24, 8 p.m.

MOTHER OF ALL COMEDY SHOWS



Motherhood. It's one of the greatest life pursuits, but it's also one of the funniest. Kelly MacFarland, Kerri Louise (who talked to Michael Witthaus for last week's story about the event; see page 10 in the Aug. 10 issue at hippopress.com) and Christine Hurley find the lighter side of raising a family at the Mother of All Comedy Shows, on Friday, Aug. 18, at 8 p.m. Tickets cost \$36, plus fees. *Kelly MacFarland.*

LaBelle WINERY

Public Events

August

- 5TH - AMHERST** Yoga at the Vineyard
- 5TH - DERRY** Yoga at the Vineyard
- AUG 7TH - AUG 10TH DERRY** Kids Summer Golf Camp (Mon-Thurs.)
- 9TH - AMHERST** Decorative Focaccia Bread: Cooking Techniques Class
- 9TH - AMHERST** Decorative Focaccia Bread: Teen Cooking Techniques Class
- 10TH - DERRY** Lawn and Disorder Comedy Show
- 10TH - AMHERST** No Shoes Nation Band: Kenny Chesney Tribute Concert
- 12TH - AMHERST** Yoga at the Vineyard
- 12TH - DERRY** Yoga at the Vineyard
- 10TH - AMHERST** 'Walks in the Vineyard' Outdoor Wine Class
- AUG 14TH - AUG 17TH DERRY** Kids Summer Golf Camp (Mon-Thurs.)
- 16TH - DERRY** Cooking with Wine Class: BBQ Recipes
- 16TH - AMHERST** New Moon: Guided Outdoor Meditation Class
- 17TH - DERRY** Accidentally on Purpose - Improv Troupe Comedy Show
- 19TH - AMHERST** Yoga at the Vineyard
- 19TH - DERRY** Yoga at the Vineyard
- 24TH - AMHERST** Comedians Kelly MacFarland and Carolyn Plummer
- 24TH - AMHERST** Crush: A Tribute to the Dave Matthews Band
- 31ST - DERRY** Fleetwood Macked: The Ultimate Fleetwood Mac Tribute

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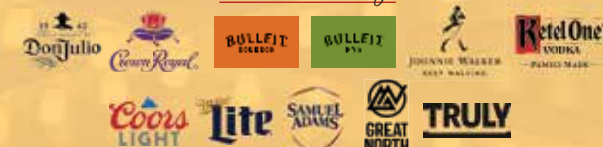
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Trivia

Events

• **90s music trivia 21+ trivia night** Thursday, Aug. 17, 7:30 p.m. at Chunky's in Manchester (707 Huse Road in Manchester; chunkys.com). Reserve a seat with a \$5 food voucher.

Weekly

• **Thursday** trivia at Station 101 (193 Union Sq., Milford, 249-5416) at 6:30 p.m.
 • **Thursday** trivia at Day of the Dead Taqueria (454 Charles

Bancroft Hwy. in Litchfield, 377-7664) at 6:30 p.m. with DJ Brian.
 • **Thursday** trivia at Great North Aleworks (1050 Holt Ave., Manchester, 858-5789, greatnorthaleworks.com) from 7 to 8 p.m.
 • **Thursday** trivia with Game Time Trivia at Hart's Turkey Farm (223 Daniel Webster Hwy., Meredith, 279-6212, hartsturkeyfarm.com) from 7 to 9:30 p.m.
 • **Thursday** trivia at Yankee Lanes (216 Maple St., Manchester, 625-9656, yankeelanesentertainment.com) at 7 p.m.

• **Thursday** Opinionation by Sporcle trivia at Uno Pizzeria & Grill (15 Fort Eddy Road in Concord; 226-8667) at 7 p.m.
 • **Thursday Kings** trivia at Game Changer Sports Bar (4 Orchard View Dr., Londonderry; 216-1396, gamechangersportsbar.com) from 8 to 10 p.m.
 • **First Thursday of every month** trivia at Fody's (9 Clinton St., Nashua; fodystavern.com) at 8 p.m.
 • **Friday Team Trivia** at Cheers (17 Depot St., Concord, 228-0180, cheersnh.com) from 8:30 to 9:30

p.m. in the lounge.
 • **Tuesday** trivia at Reed's North (2 E. Main St. in Warner, 456-2143, reedsnorth.com) from 6 to 8 p.m.
 • **Tuesday** trivia at Fody's (187 Rockingham Road, Derry, 404-6946, fodystavern.com) at 7 p.m.
 • **Tuesday** trivia at Area 23 (254 N. State St., Concord, 881-9060, thearea23.com) at 7 p.m.
 • **Tuesday** trivia at Lynn's 102 Tavern (76 Derry Road, Hudson, 943-7832, lynns102.com), at 7 p.m.
 • **Tuesday Geeks Who Drink** trivia at Peddler's Daughter (48

Main St., Nashua, 821-7535, thepeddlersdaughter.com), from 8:30 to 10:30 p.m.
 • **Wednesday** trivia at Main Street Grill and Bar (32 Main St., Pittsfield; 435-0005, mainstreetgrillandbar.com) at 6:30 p.m.
 • **Wednesday** trivia at Popovers (11 Brickyard Sq., Epping, 734-4724, popoversonthesquare.com) from 6:30 to 8 p.m.
 • **Wednesday Kings Trivia** at KC's Rib Shack (837 Second St., Manchester, 627-7427, ribshack.net), sponsored by Mi Campo, in

Manchester 7 to 9 p.m..
 • **Wednesday** trivia at Millyard Brewery (125 E. Otterson St., Nashua; 722-0104, millyardbrewery.com) at 7 p.m.
 • **Wednesday** trivia at The Bar (2b Burnham Road, Hudson, 943-5250) at 7 p.m.
 • **Wednesday** trivia at City Hall Pub (8 Hanover St.; Manchester, 232-3751, snhhg.com) at 7 p.m.
 • **Wednesday World Tavern Trivia** at Fody's Tavern (9 Clinton St. in Nashua, fodystavern.com, 577-9015) at 8 p.m.

Concerts

Shows

• **Gov't Mule** Thursday, Aug. 17, 5:30 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Joe Pug** Thursday, Aug. 17, 7 p.m., Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com)
 • **Better Than Ezra** Thursday, Aug. 17, 8 p.m., Tupelo (10 A St., Derry, 437-5100, tupelomusicall.com)
 • **Any Given Sin/Shallow Side** Thursday, Aug. 17, 8 p.m., Bank of NH Stage (16 S. Main St., Concord, 225-1111, banknhstage.com)
 • **Sam Robbins & Jesse Terry** Thursday, Aug. 17, 8 p.m., Music Hall Lounge (131 Congress St., Portsmouth, 436-2400, themusicall.org)

• **In This Moment/Motionless in White** Friday, Aug. 18, 5 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Joe Nichols with April Cushman** Friday, Aug. 18, 7 p.m., The Range (96 Old Turnpike Road, Mason, 878-1324, therangemason.com)
 • **Jake Blount** Friday, Aug. 18, 7 p.m., Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com)
 • **Patty Griffin** Friday, Aug. 18, 7:30 p.m., Flying Monkey (39 Main St., Plymouth, 536-2551, flyingmonkeynh.com)
 • **Blue Light Rain/Sans Souci** (Grateful Dead tribute) Friday, Aug. 18, 8 p.m., Bank of NH Stage (16 S. Main St., Concord, 225-1111, banknhstage.com)
 • **AM Gold Yacht Rock** Friday,



Gov't Mule.

Aug. 18, 8 p.m., Lakeport Opera House (781 Union Ave., Laconia, 519-7506, lakeportopera.com)
 • **Kat Wright Quartet** Friday, Aug. 18, 8 p.m., Stone Church (5 Granite St., Newmarket, 659-7700, stonechurchcrocks.com)
 • **The Guess Who** Friday, Aug. 18, 8 p.m., Tupelo (10 A St., Derry, 437-5100, tupelomusicall.com)
 • **Andrea Paquin** Saturday, Aug. 19, 1:30 p.m., Averill House (21 Averill Road, Brookline, 371-

2296, averillhousevineyard.com)
 • **Boston Pops & Amos Lee** Saturday, Aug. 19, 6:30 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Classic Albums Live: Creedence Clearwater Revival** Saturday, Aug. 19, 7:30 p.m., Castle in the Clouds (455 Old Mountain Road, Moultonborough, 476-5900)
 • **Fortune: A Classic Rock Experience** Saturday, Aug. 19, 8 p.m., Lakeport (781 Union Ave., Laconia, 519-7506, lakeportopera.com)
 • **Messer Chups/Los Tiki Phantoms** Saturday, Aug. 19, 8 p.m., Stone Church (5 Granite St., Newmarket, 659-7700, stonechurchcrocks.com)
 • **Buffalo Nichols** Saturday, Aug. 19, 8 p.m., Music Hall (28

Chestnut St., Portsmouth, 436-2400, themusicall.org)
 • **Cherry Cherry** (Neil Diamond tribute) Saturday, Aug. 19, 8 p.m., Tupelo (10 A St., Derry, 437-5100, tupelomusicall.com)
 • **Miko Marks** Saturday, Aug. 19, 8 p.m., Bank of NH Stage (16 S. Main St., Concord, 225-1111, banknhstage.com)
 • **Matt Borrello** Sunday, Aug. 20, 1:30 p.m., Averill House (21 Averill Road, Brookline, 371-2296, averillhousevineyard.com)
 • **Rockspring** Sunday, Aug. 20, 3 p.m., Crows' Feat Farm (178 Drinkwater Road, Kensington, crowsfeatfarm.org)
 • **Jordan TW Trio** Sunday, Aug. 20, 6 p.m., Word Barn (66 Newfields Road, Exeter, 244-0202, thewordbarn.com)
 • **Led Zeppelin 2** Sunday, Aug. 20, 7:30 p.m., Flying Monkey

(39 Main St., Plymouth, 536-2551, flyingmonkeynh.com)
 • **Mary Chapin Carpenter** Sunday, Aug. 20, 7:30 p.m., Nashua Center for the Arts (201 Main St., Nashua, 800-657-8774, nashuacenterforthearts.com)
 • **Disturbed** Wednesday, Aug. 23, 5:30 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)
 • **Piano Men** (Elton John/Billy Joel tribute) Wednesday, Aug. 23, 7:30 p.m., Colonial Laconia
 • **Ann Wilson & Tripsitter** Wednesday, Aug. 23, 8 p.m., Casino Ballroom (169 Ocean Blvd., Hampton Beach, 929-4100, casinoballroom.com)
 • **Slightly Stoopid** Thursday, Aug. 24, 5:30 p.m., Bank of NH Pavilion (72 Meadowbrook Lane, Gilford, 293-4700, banknhpavilion.com)

BETTER THAN EZRA

Better Than Ezra, performers of omnipresent 1990s song "Good," will perform at Tupelo Music Hall (10 A St. in Derry; 437-5100, tupelomusicall.com) on Thursday, Aug. 17, at 8 p.m. Tickets cost \$40 to \$45. See betterthanezra.com to listen to more from the band.



AYLA BROWN

After placing as a finalist on *American Idol*, Ayla Brown has had a fascinating career across all media. She's released two full-length albums, played the Grand Ole Opry and the Orange Bowl, and currently hosts the morning show on WKLB radio. Don't miss her appearance at the Park Theatre (19 Main St., Jaffrey, 532-9300, theparktheatre.org) on Saturday, Aug. 19, at 7:15 p.m. Tickets cost \$20, plus fees.



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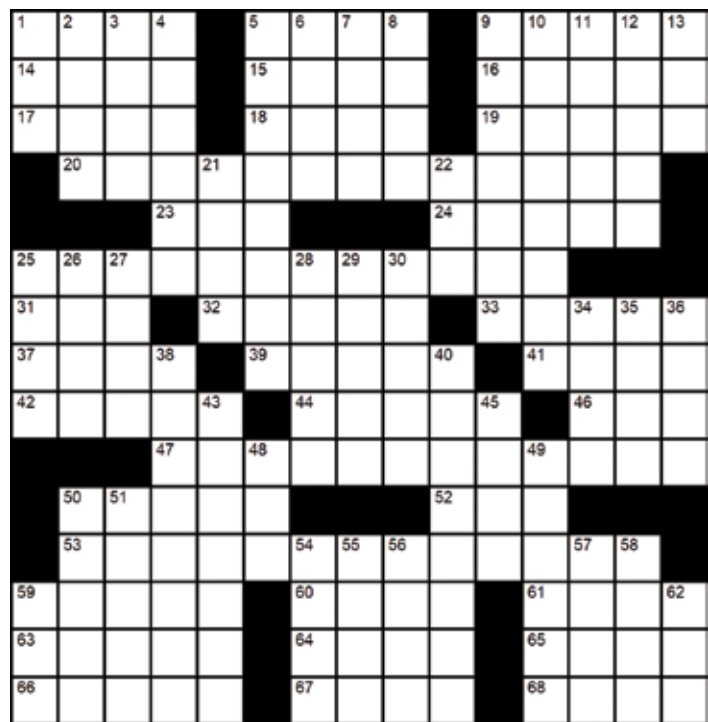
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"A Lack of Publicity"—two key letters are missing.



4. Make an appearance
5. 1989 Prince song for a movie soundtrack
6. Key of Beethoven's Symphony No. 7, briefly
7. In ___ (as found)
8. Black, Red, and Yellow, among others
9. Call to court
10. Genealogical discovery
11. Time on a job
12. Clues
13. Math subj.
21. Alamo competitor
22. Not just any
25. Bypass
26. Creeping plant
27. Go offstage
28. Given a title
29. Bartender's garnish
30. Symbol above the 6
34. Island nation near Tonga
35. Nile biters
36. Bylaws, briefly
38. Commercial forest area
40. Alaskan entree
43. "That too"
45. Dash gadget
48. Weird Al's first movie
49. Angola's unit of currency (the holiday ends in the double letter)
50. Discussion group
51. "Blood Wedding" playwright

- Federico Garcia ___
54. 12-point type
 55. "Industry" state
 56. Painter Bonheur
 57. Any time now
 58. King's Scholars institution
 59. Boxing champion Laila
 62. Music genre for Fall Out Boy

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Across

1. Amorphous shape
5. Sound system setting
9. Malia Obama's sister
14. Clue weapon
15. Friend, in France
16. Up to
17. God with a war chariot
18. "Cheerio!"
19. Job for 24-Across
20. Emptying and refilling freezer trays, perhaps?
23. Longoria of "Desperate Housewives"
24. Game show figures
25. Headline about an exonerated kitchen appliance?
31. Kool-Aid, e.g.
32. La ___ Opera House
33. Up to now
37. "What's ___ for me?"
39. Abu Dhabi dignitaries
41. Get up
42. Aquarium fish
44. Heptathlon unit
46. Image file extension
47. Run away, but end up locking lips?
50. Blood partner?
52. Former WWE rival
53. Buyer's remorse sound?
59. Impressive layout
60. "Believe ___ Not"
61. Staff member?
63. "Filthy" riches
64. House of Havana
65. Meeting method

66. Islamic scholars
67. Literary whaler
68. A as in A.D.

Down

1. Maidenform product
2. "Footloose" actress Singer
3. Oil org.

WORD★Roundup™

by David L. Hoyt & Jeff Knurek

Find and Circle...

- Four European capitals
- Three golf shots
- Three five-letter musical instruments
- Three two-syllable languages
- Two Hawaiian islands

Last Week's Answers: LIBERIA LEBANON LATVIA LIBYA LAOS / EAGLE ROBIN MACAW EGRET / MOUSE MOOSE MOLE / SLEET RAIN SNOW / WEEK YEAR

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6/20

R	C	H	I	P	C	E	L	L	O	K	S
V	O	P	U	T	T	R	H	H	N	H	N
N	O	M	C	N	O	S	S	I	D	H	E
D	A	Q	E	J	I	I	L	M	I	S	H
R	H	Z	N	N	L	R	W	A	R	I	T
I	U	A	A	G	E	C	V	U	D	L	A
V	B	P	N	B	B	R	L	I	A	O	M
E	S	E	J	P	I	A	N	O	M	P	H

KENKEN

THE LOGIC PUZZLE THAT MAKES YOU SMARTER.

EASY

2÷	2-		12×
	2÷		
3	3-		2÷
7+		2	

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CHALLENGING

6×	3+	12+	11+		4
			2-	5-	
6+				5+	
15×		6	10+		3+
2-	2÷		3		
	6	1-		15×	

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RULES

- 1 Each row and each column must contain the numbers 1 through 4 (easy) or 1 through 6 (challenging) without repeating.
- 2 The numbers within the heavily outlined boxes, called cages, must combine using the given operation (in any order) to produce the target numbers in the top-left corners.
- 3 Freebies: Fill in single-box cages with the number in the top-left corner.

PREVIOUS ANSWERS

24×	4	2÷	3
2	4	1	3
2-	1	3	2
3	2	4	1
4	6+		2
4	1	3	2

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Subterranean homesick puzzles

Across

- 1. A long way off, as seats
- 5. Garth Brooks 'Two ___ Coladas'
- 9. Shudder '___ To Arms'
- 14. Welfare a starving artist might need (w/'the')
- 15. R&Ber Benet
- 16. Kiss "I'm the lord of the wastelands, a modern day ___ steel"
- 17. Dead Milkmen go to sea on 'Fillet Of ___'
- 18. Scorpions original guitarist Uli Jon
- 19. Beginning of song
- 20. Joe Walsh "I have a mansion, forget
- the price" hit
- 23. Usher/Alicia Keys sang 'My ___' for their love
- 24. Marie Osmond's bro
- 25. Jack White/Brendan Benson band
- 30. Fall Out Boy's 'She's My ___' for actress Ryder
- 31. British singer Winehouse
- 32. Will Smith's wife
- 36. Doors 'Love Her ___'
- 37. Dylan "I'll sell it to ya ___ reduced price"
- 38. Dylan song for a Louisiana sandwich
- 39. Sarah McLachlan "We are born

innocent" song

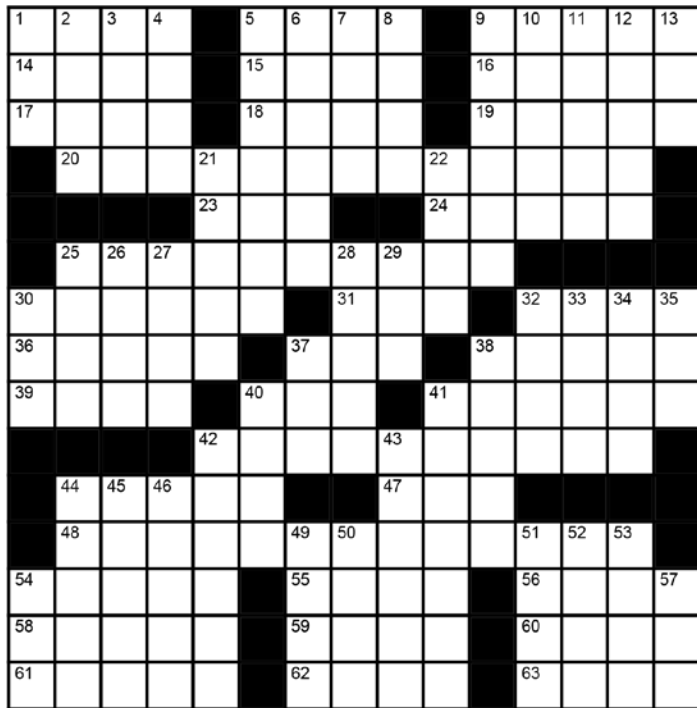
- 40. Foo Fighter song that didn't make it to the ER?
- 41. Edit
- 42. '03 Josh Kelley album '___ Home'
- 44. Royalty distribution company
- 47. Adam/Jack/Ryan Met acronymous band
- 48. George Thorogood's band
- 54. Billy Paul '___ Mrs Jones'
- 55. CCR classic about California town
- 56. Country singer Chelsea
- 58. Cars 'Why ___ Have You?'
- 59. Like Dave and Ray Davies
- 60. Country artist Tracy
- 61. Dressing room rule: "Don't make ___!"
- 62. Backstage room?
- 63. Kansas "Here I am, I'm sure to ___ sign"

ican ___'

- 3. ___ Have To Do Is Dream
- 4. 'Consideration' UK band
- 5. Onstage image
- 6. '77 Isaac Asimov-inspired Alan Parsons album
- 7. Strokes misspell 'Last ___' due to hangover, perhaps
- 8. Rosanne Cash 'Seven Year ___'
- 9. The Ramones 'Adios ___!'
- 10. Imitative vocal overlapping
- 11. Actor/guitarist Yelchin
- 12. Buddy Moss 'Oh ___ Mama'
- 13. 'Summer Girls' popsters
- 21. Goes with Wonder/McCartney 'Ivory'
- 22. '81 Def Leppard album 'High ___'
- 25. Guns N' Roses '___ N' The Bedouins'
- 26. Medina 'You ___'
- 27. Dylan "Oh, to be back in the land of Coca-___"
- 28. '00 Everlast album '___ Whitey's'
- 29. Actress Thurman Fall Out Boy likes
- 30. A proprietary audio container

format of Microsoft (abbr)

- 32. 'Born To Be My Baby' Bon ___
- 33. Placed on Ebay for rare axe
- 34. Replacements took two tablets or this 'Of Thunder'
- 35. Word of support on band decision
- 37. FM radio format (abbr)
- 38. 'Teenage Dream' Katy
- 40. Kind of Marilyn Manson 'Show'
- 41. Joins band again
- 42. Jazz trumpeter Jon
- 43. Original 'Reason To Believe' guy Tim
- 44. Ed Sheeran's "They say she's in the class ___"
- 45. Embury of Napalm Death
- 46. Radiohead 'Dollars & ___'
- 49. Kind of dance at hardcore punk show
- 50. Tesla got mellow w/' ___ About It'l
- 51. Falls back, as song on charts
- 52. 'Big Mouth' Martha
- 53. Ramones 70s label
- 54. One-time Krokus label
- 57. Non-disclosure agreement (abbr)



Down

- 1. Marketing write-ups
- 2. John Cougar hit '82 album 'Amer-

R&R answer from pg 40 of 8/10



Jonesin' answer from pg 39 of 8/10



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Todd's new book Rock and Roll Crosswords Vol. 1 is available now on Amazon.

NITE SUDOKU

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. See last week's puzzle answers on pg 45.

King Classic Sudoku

7				1	3			
9		1	6		4			7
2		4	8		3			9
			7	4		8	3	
8		7			2	4		6
4	1	3				7		
1	8	2	9	3				6
	4					9	7	
		9			6			3

Puzzle A

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Difficulty: ★

King Classic Sudoku

4				8	2	6		
								8
		8			5		1	9
				3		9		
1		3		5	7			
	7	9			1			5
8				7				4
				2			3	
5	3					8		7

Puzzle B

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Difficulty: ★★★

King Classic Sudoku

5				9				7
	4					5		
				4	3			
			1					6
9						1		8
		2				8	7	1
	1			5				4
	4					6		5
9				8	4			6

Puzzle C

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Difficulty: ★★★★★

SIGNS OF LIFE

All quotes are from *I'll Show Myself Out*, by Jessi Klein, born Aug. 18, 1975.

Leo (July 23 – Aug. 22) I was born in 1975, and in 1975 all knowledge was contained in a set of twelve red encyclopedias that sat on the bottom bookshelf of my parents' bedroom. And now some if it is in your mind.

Virgo (Aug. 23 – Sept. 22) When people refer to fancy clothes as 'pieces' I always feel like throwing a chair. Keep your energies directed toward positive pursuits.

Libra (Sept. 23 – Oct. 22) I'm driving the three-minute scooter to the supermarket to pick up a few boxes of very safe, instantly dissolving toddler cookies called Nom-Noms, which is really what all cookies should be called (and, while we're at it, all food). Nom-nom is just a scoot away.

Scorpio (Oct. 23 – Nov. 21) I pull into the Party City parking lot to find I'm the only car here, the only person here. At first I'm annoyed ... but after half a second ... I remember the one thing every new mother learns, which is that any alone time is a gift, no matter where and when it is granted to you. Enjoy.

Sagittarius (Nov. 22 – Dec. 21) She didn't seem to be yelling at her dog for not eating, or for sniffing the grass, or for anything. In fact, they seemed to get along great. I wanted so badly to be her. Her, or the dog. Either would have been fine. Woof.

Capricorn (Dec. 22 – Jan. 19) Why did I ever wait on line for brunch? Yes, why?

Aquarius (Jan. 20 – Feb. 18) I'm supposed to be busy too, writing, and yet the paradox of being busy writing is that so much of writing feels dangerously similar to doing nothing. Similar but not the same.

Pisces (Feb. 19 – March 20) Grow your own caterpillar into a butterfly at home. This seems like a wonderful idea. A wholesome idea. Science and learning all wrapped up in a brief experience with a low-maintenance, beautiful

pet. Ha ha ha ha ha!

Aries (March 21 – April 19) So I have been thinking and thinking about this. Is it really possible that my trip to buy Nom-Noms is part of a meaningful narrative, a hero's journey? Yes!

Taurus (April 20 – May 20) I receive the email from Kidspace, the local children's museum ... to which we have a membership because when you become a parent you will end up getting memberships to a million places you go about three times. Unsubscribe.

Gemini (May 21 – June 20) ... there isn't really enough time to go back to my hotel and nap, so I decide instead to go to the Museum of Modern Art and walk around and be the person who is sitting alone having lunch at a museum in the middle of the day and just EMBRACE IT. Great idea!

Cancer (June 21 – July 22) But then ... they made a TV show called Nate & Jeremiah by Design, where they helped people deal with stalled home renovations.... They knocked out walls and opened up windows. They pulled up carpets and put down little kilim rugs. They threw ugly ... light fixtures in the ... trash and replaced them with Spanish chandeliers. And you can too. 🍷

7 LITTLE WORDS

Find the 7 words to match the 7 clues. The numbers in parentheses represent the number of letters in each solution. Each letter combination can be used only once, but all letter combinations will be necessary to complete the puzzle.

CLUES	SOLUTIONS
1 right up one's alley (5)	_____
2 place with a food court (4)	_____
3 Picabo Street's sport (6)	_____
4 bottle drive, for one (10)	_____
5 "Ventura Highway" band (7)	_____
6 "Sunset Boulevard" director (6)	_____
7 Penny Lane's city (9)	_____

LL	LIV	SKI	EAL	FU
ER	ND	MA	AM	ER
RA	LD	ING	ER	IS
ERP	WI	OOL	ID	ICA

Last Week's Answers: 1. TEASED 2. STEAKS 3. GATEAU 4. NESTEA 5. ASTUTE 6. EAGLET 7. TEAMED

Sudoku Answers from pg 40 of 8/10

Puzzle A

3	1	8	2	9	6	7	5	4
6	4	9	7	5	8	1	2	3
5	2	7	1	4	3	8	6	9
2	7	5	8	1	9	3	4	6
9	6	4	5	3	7	2	8	1
1	8	3	6	2	4	9	7	5
8	9	6	3	7	5	4	1	2
4	5	1	9	8	2	6	3	7
7	3	2	4	6	1	5	9	8

Difficulty: ★ 7/24

Puzzle B

8	1	9	5	7	3	2	4	6
7	5	6	4	2	1	3	8	9
2	4	3	6	9	8	1	5	7
9	7	8	1	6	5	4	3	2
5	2	4	8	3	9	6	7	1
6	3	1	2	4	7	5	9	8
1	9	7	3	5	6	8	2	4
4	8	5	7	1	2	9	6	3
3	6	2	9	8	4	7	1	5

Difficulty: ★★★ 7/26

Puzzle C

4	6	9	1	5	7	8	2	3
5	7	3	6	2	8	9	4	1
2	1	8	4	9	3	6	5	7
9	5	1	8	7	2	3	6	4
3	2	6	5	1	4	7	8	9
7	8	4	3	6	9	2	1	5
8	3	2	9	4	1	5	7	6
6	4	7	2	3	5	1	9	8
1	9	5	7	8	6	4	3	2

Difficulty: ★★★★★ 7/28

**OH YES WE DID!
ROCKY PEAK
WITH CREAM!**

**FIND IT IN THE
CREAM ISLE AT
YOUR NH LIQUOR
AND WINE OUTLET
NH CODE 7997**

**BOLD
CINNAMON
+ SILKY
CREAM**



Unclear on the Concept

Pinellas County (Florida) deputies are pleading with the public to stop calling them about manatees in canals and shorelines along the Gulf Coast, Fox13-TV reported on Aug. 1. People think the manatees are in distress because they're swimming in herds and thrashing about, but officials stress that the sea cows are only mating. "IF YOU SEE THIS ... DON'T CALL US," the sheriff's office warned via Facebook post. "We can assure you they are more than fine. Manatees actually mate in herds like these and often they are near the shore. ... There's no need to call, they are a-okay!" *Fox 13, Aug. 1*

The Entrepreneurial Spirit

In a stunning stroke of genius, the Alpha and Omega Funeral Home in Ahuachapan, El Salvador, started offering Barbie-themed coffins last year, the New York Post reported. With the movie's summer success, undertaker Isaac Villegas said they've been swamped with orders and have sold out of the hot pink caskets. "We wanted to promote the pink coffin as it has become a trend," Villegas said. "Of the 40 people who inquired about it, we have already closed a contract with at least 10 new clients." Similarly, in Guayaquil, Ecuador, funeral home

Funeraria Olivares is offering a "Barbie House" coffin, "so you can rest like a Barbie." One manufacturer gushed about their product: "This coffin, with its striking bright pink color, represents the spark and energy of those unforgettable moments they lived." One El Salvadoran commenter conceded, "Eternal rest doesn't look so bad anymore." *NY Post, Aug. 1*

Bright Idea

Pinecrest, Florida, has a peculiar problem: peacocks. The New York Times reported on Aug. 9 that the city has been overrun with the large, loud, destructive birds, which peck at roofs and cars and relieve themselves all over driveways. The solution? Peacock vasectomies. Dr. Don J. Harris, the veterinarian who will snip the feisty birds, said they're "bona fide polygamists. We're going to catch one peacock and probably stop seven females from reproducing. It's going to have an exponential benefit." County commissioners approved the plan, and city officials designated \$7,500 a month to cover trapping and surgery. *New York Times, Aug. 9*

Nature Gone Wild

Peggy Jones, 64, of Silsbee, Texas, got a little too close to nature for comfort on July

25 as she and her husband did yard work on their property. The New York Times reported that out of the blue, a snake fell from the sky, wrapped itself around Jones' forearm and started to squeeze. "I immediately screamed and started swinging my arm to shake the snake off," she said. "I was screaming, 'Jesus, help me, please, Jesus, help me!'" But the snake hissed and struck at her face, sometimes hitting her glasses. Then, as Jones struggled, a hawk swooped down and tried to grab the snake, which it had dropped from on high, from her arm. As it wrestled with the snake, its talons slashed into Jones' arm. Finally, the hawk got hold of the snake and flew off. She said the whole incident probably took only 15 or 20 seconds, but afterward, "I looked down at my arm and it was totally covered in blood." Jones' husband, Wendell, saw his wife screaming and running in a zigzag pattern: "By the time I got to her, she was pretty hysterical," he said. Doctors said most of her wounds were caused by the hawk rather than the snake. Jones says that she is healing physically but is still having nightmares about the incident. *New York Times, Aug. 9*

Irony

An instructor at a driving school in Lake-wood, Colorado, won't be getting a passing

grade after crashing a car into the school's front window on Aug. 8 — just under a sign that says "Learn To Drive." KDFW-TV reported that the driver, who was trying to park a Hyundai Tucson in front of the Community Driving School, was cited for a traffic violation. Police said there was only one minor injury. *KDFW, Aug. 9*

Field Report

Divers Ken Fleming and Doug Bishop were searching for clues in missing persons cold cases on Aug. 6 in Doral, Florida, when they stumbled upon an investigatory treasure chest, WSVN-TV reported. "We realized we had 32 cars underwater," Fleming said. The divers work as volunteers and have a huge database of missing persons. "We have 40 that we're targeting right now of folks that disappeared, anywhere from two or three months ago to 30, 40 years ago," he said. Statewide, Fleming said they have found 60 submerged cars that may be linked to crimes. They'll work with the county to get the vehicles removed and collect and deliver any pertinent information from them. *WSVN, Aug. 6*

Sources according to uexpress.com. From the editors at Andrews McMeel Syndication. See uexpress.com/contact

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